

# Impact of environmental radiation on the health and reproductive status of fish from Chernobyl

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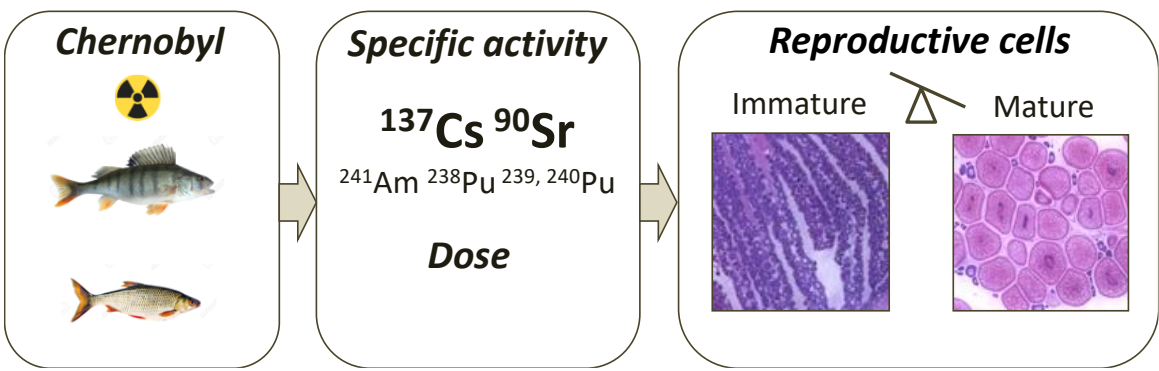
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6 **Abstract**

7 Aquatic organisms at Chernobyl have now been chronically exposed to environmental radiation  
8 for three decades. The biological effects of acute exposure to radiation are relatively well  
9 documented, but much less is known about the long-term effects of chronic exposure of  
10 organisms in their natural environment. Highly exposed fish in freshwater systems at Chernobyl  
11 showed morphological changes in their reproductive system in the years after the accident.  
12 However, the relatively limited scope of past studies did not allow robust conclusions to be  
13 drawn. Moreover, the level of the radiation dose at which significant effects on wildlife occur is  
14 still under debate. In the most comprehensive evaluation of the effects of chronic radiation on  
15 wild fish populations to date, the present study measures specific activities of  $^{137}\text{Cs}$ ,  $^{90}\text{Sr}$  and  
16 transuranium elements ( $^{238}\text{Pu}$ ,  $^{239,240}\text{Pu}$  and  $^{241}\text{Am}$ ), index conditions, distribution and size of  
17 oocytes, as well as environmental and biological confounding factors in two fish species perch  
18 (*Perca fluviatilis*) and roach (*Rutilus rutilus*) from seven lakes. In addition, relative species  
19 abundance was examined. The results showed that both fish species are, perhaps surprisingly, in  
20 good general physiological and reproductive health. Perch, however, appeared to be more  
21 sensitive to radiation than roach: in the most contaminated lakes, a delay of the maturation of the  
22 gonads and the presence of several undeveloped phenotypes were evident only for perch and not  
23 for roach.

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27     **Introduction**

28     Wildlife has been chronically exposed to environmental radiation from the Chernobyl accident  
29 for the past 30 years. The biological effects of acute exposure to radiation in laboratory settings  
30 have been relatively well studied (Frederica radiation database: [www.frederica-online.org](http://www.frederica-online.org)<sup>1</sup>), but  
31 relatively little is known about the effect of long-term chronic exposure of organisms in the  
32 natural environment. The fate of wildlife remaining in the Chernobyl Exclusion Zone (CEZ) is  
33 under debate and controversy continues on the dose rate at which significant environmental  
34 impacts occur. Previous studies found no evidence of effects of radiation on aquatic  
35 macroinvertebrate or mammal populations<sup>2,3</sup> whereas others found reduced abundance of insect,  
36 spider, bird and mammal populations<sup>4,5,6</sup> at Chernobyl and Fukushima. Environmental studies on  
37 the long-term effects of radionuclide contamination at Chernobyl are of crucial importance for  
38 refining the environmental protection regulations, underpinning the public and political debate  
39 on risks of exposure to ionizing radiation and predicting the long-term impact on the  
40 environment of the more recent nuclear accident at Fukushima.

41     Fish are considered to be the most radiosensitive aquatic organisms<sup>7</sup> and have been highly  
42 exposed in freshwater systems at Chernobyl since the accident on the 26<sup>th</sup> of April 1986. At  
43 Fukushima, both freshwater and marine fish have been exposed since the March 2011 accident.  
44 At Chernobyl, the highest dose rate to fish after the accident was estimated to be 400  $\mu\text{Gy}/\text{h}$ <sup>8</sup>.  
45 Doses rates rapidly declined after the accident due to decay of short-lived isotopes, decreased  
46 bioavailability of <sup>137</sup>Cs and its accumulation to bottom sediment<sup>9</sup>. In the first month after the  
47 accident, the <sup>137</sup>Cs activity concentration were the highest in prey fish whereas a few years later,  
48 the highest concentrations were recorded in predatory fish such as perch and pike<sup>10</sup>.

49 Bioaccumulation of  $^{137}\text{Cs}$  in fish muscles increases with size in silver carp, catfish and pike-  
50 perch from Cooling Pond<sup>11</sup> and the trophic level in the foodweb<sup>12</sup>.  $^{90}\text{Sr}$  (a  $\beta$  emitter) and  $^{137}\text{Cs}$  (a  
51  $\beta$  and  $\gamma$  emitter) are the main radionuclides of concern due to their long radioactive half-life (28  
52 and 30 years respectively), though transuranium elements  $^{238}\text{Pu}$  ( $\alpha$  emitter),  $^{239,240}\text{Pu}$  ( $\alpha$  emitters)  
53 and  $^{241}\text{Am}$  ( $\alpha$  and low energy  $\gamma$  emitter) of radioactive half-life 88, 24000, 6500 and 432 years  
54 also need to be considered.

55 In fish from lakes contaminated by the Chernobyl accident, morphological changes were most  
56 frequently recorded in the reproductive system. The occurrence of anomalies apparently  
57 remained high after several generations post-accident in different fish species<sup>13,14</sup> despite the  
58 continuing decrease of  $^{137}\text{Cs}$  specific activity<sup>15</sup>. Only one study in the literature relates the  
59 biological effects of radiation on fish after the Fukushima Dai-ichi NPP accident<sup>16</sup>. The author  
60 found a higher number of melano-macrophages centers in different tissues and a lower number  
61 of leucocytes in exposed carps from Fukushima ponds but the causative link with radiation has  
62 yet to be confirmed due to the low number of lakes studied<sup>16</sup>. Ionising radiation induces DNA  
63 damage but only a few studies have investigated DNA damage in relation to long term exposure  
64 to radionuclides in the environment. A study led on catfish from Cooling Pond did not find any  
65 positive correlation between radiation exposure level and chromosomal damage<sup>17</sup>. However,  
66 these two studies were restricted to a small number of lakes, therefore, no robust quantification  
67 of the observed effects could be achieved.

68 The present study is, to our knowledge, the largest study of radiation effects on fish in the  
69 natural environment. It assesses whether three decades of direct and multi-generational exposure  
70 to radiation from the Chernobyl accident significantly affect the physiology of freshwater fishes.

71 For this purpose, perch (*Perca fluviatilis*) and roach (*Rutilus rutilus*) were collected from 7 lakes  
72 exposed a gradient of contamination and located inside and outside the CEZ.

73 It was hypothesised that 3 decades of exposure to radiation was sufficient to negatively affect  
74 the general health and reproductive status of natural populations of perch and roach.

## 75 **Methods**

### 76 *Fish collection*

77 For the health and reproductive status assessment 124 perch and 82 roach (Table S1) of similar  
78 weight (Wb) and total length (Lt) were collected in September 2014 (Perch:  $Wb = 84 \pm 25$  g,  $Lt$   
79  $= 19 \pm 2$  cm; Roach:  $Wb = 92 \pm 20$  g,  $Lt = 20 \pm 1$  cm) (from 7 lakes in Belarus and Ukraine) and  
80 in September 2015 (Perch:  $Wb = 77 \pm 27$  g,  $Lt = 18 \pm 2$  cm; Roach:  $Wb = 91 \pm 27$  g,  $Lt = 20 \pm 2$   
81 cm) from the 4 lakes in Ukraine (Figure 1) using 3 gill nets of 20 m length and 21 mm mesh size  
82 to ensure the capture of homogenous groups of mature fish. 38 perch and 60 roach were also  
83 collected in March 2015 just before spawning. The relative abundance of fish species in each  
84 lake was evaluated by recording the number of fish caught for each species during an additional  
85 sampling session in June 2015. Perch and roach were carefully removed from the nets and kept  
86 alive into tanks containing aerated water. Fish fell unconscious by a blow to the head and were  
87 then killed by performing a concussion of the brain to limit as much as possible the suffering as  
88 recommended by the UK Home Office procedure (Animals Scientific Procedures Act, 1986<sup>18</sup>).  
89 Scales were sampled for age determination. The body weight, total length and presence of  
90 external signs of disease and macroscopic tumours were noted for each fish using methodology  
91 specified by ICES<sup>19</sup>. The presence of liver parasites was recorded. The Fulton condition index,

92 K, the hepatosomatic index, HSI, and the gonadosomatic index, GSI, were determined as  
93 described in SI.

#### 94 *Sampling sites*

95 Lake description. Seven lakes situated in Belarus and Ukraine (Figure 1) were selected  
96 according to their hydrological properties (Table S2) and the long-term exposure to a gradient of  
97 radiation doses (Table S2). The lakes are situated at distances from 1.5 to 225 km of the  
98 Chernobyl NPP. Glubokoye, Yanovsky lakes and Cooling Pond are the high (H) contaminated  
99 lakes, Svyatoye lake is a medium (M) contaminated lake, and Stoyacheye, Dvoriche and Gorova  
100 lakes are the low (L) contaminated lakes.

#### 101 *Water chemistry*

102 Multiple chemical parameters were measured to assess the presence of potential confounding  
103 abiotic factors in each lake during all sampling sessions.

104 The pH, temperature, dissolved oxygen (DO) and conductivity ( $\mu\text{S}/\text{cm}$ ) were measured (Table  
105 S2, B). Water samples were collected at three different locations within the surface waters of  
106 each lake for elemental (Na, Mg, S, K, Ca, As, Sr, Cd, Cs, Pb and U) and nutrient ( $\text{NO}_3^-$ ,  $\text{NO}_2^-$   
107 and  $\text{PO}_4^{3-}$ ) analysis in September 2014 and 2015. The methods used are described in SI.

#### 108 *Activity measurements of $^{137}\text{Cs}$ , $^{90}\text{Sr}$ , $^{238}\text{Pu}$ , $^{239,240}\text{Pu}$ and $^{241}\text{Am}$*

109 The activity concentration of  $^{137}\text{Cs}$  was measured on the whole body of 5 additional fish  
110 collected in September 2014 from each of the seven lakes using a  $\gamma$  spectrometer with lithium-  
111 drifted germanium detector (DGDK-100, Russia, detection limit: 0.6 Bq). The activity

112 concentration of  $^{90}\text{Sr}$  was measured on the whole body of 5 fish from Glubokoye (H), Cooling  
113 Pond (H) and Yanovsky (H) lakes using a radiochemical oxalate procedure with measurement of  
114 the  $^{90}\text{Y}$  radiochemistry, as daughter product, using the  $\alpha$ ,  $\beta$  radiometer (UMF-2000, Russia,  
115 detection limit on the  $\beta$  channel: 0.01 Bq).

116 The activity concentration of  $^{238}\text{Pu}$ ,  $^{239,240}\text{Pu}$  and  $^{241}\text{Am}$  were measured in liver and muscle  
117 (and skin) of 3 to 5 additional fish from Glubokoye (H), Cooling Pond (H) and Yanovsky (H)  
118 lakes as these radionuclides were mainly deposited in the vicinity of the nuclear power plant  
119 after the accident. The measurements were performed using radiochemical extraction  
120 chromatography separation on Sr-Resin and TRU-Resin (Eichrom, USA) followed by alpha-  
121 spectrometry on  $\alpha 8$  instrument (BSI, Latvia, detection limit on the  $\alpha$  channel: 0.001 Bq). The  
122 activity concentration of  $^{241}\text{Am}$  linked to  $\gamma$  emissions was measured using a  $\gamma$  spectrometer with  
123 high purity germanium detectors GMX-40 (AMETEC, Ortec, USA).

124 Uncertainties of  $^{137}\text{Cs}$ ,  $^{90}\text{Sr}$  and transuranium activity measurements didn't exceed 20%, 15%  
125 and 25% respectively at a confidence interval of 0.95.

126

### 127 *Dose calculation*

128 External doses were calculated from  $^{137}\text{Cs}$   $\gamma$  radiation, as this is the dominant contributor to  
129 external dose while external exposure to  $^{90}\text{Sr}$  and  $^{137}\text{Cs}$   $\beta$  radiation are minor as the water  
130 provides effective shielding for external  $\beta$  particles. The  $^{137}\text{Cs}$  external doses were estimated  
131 using the calculated radioactivity concentration in sediment and external dose coefficient using



132 the ERICA tool<sup>20</sup>. The average activity concentration in surface sediments was estimated from  
133 the decay-corrected deposition of <sup>137</sup>Cs (Bq/m<sup>2</sup>) to each of the lakes and assuming that the  
134 majority of the <sup>137</sup>Cs is within the 15 cm surface sediment<sup>9</sup> and that the sediment density is 1300  
135 kg/m<sup>3</sup>. External dose rates were calculated using the dose conversion factor: 1.45x10<sup>-4</sup> μGy/h per  
136 Bq/kg ww<sup>20</sup> considering an occupation factor of 0.5 at the sediment surface. Internal doses were  
137 calculated for <sup>137</sup>Cs in perch and roach from all the lakes while internal doses from <sup>90</sup>Sr, <sup>241</sup>Am,  
138 <sup>238</sup>Pu and <sup>239,240</sup>Pu, were calculated in fish collected in the vicinity of the NPP (Glubkoye (H),  
139 Yanovsky (H) and Cooling Pond (H)); <sup>90</sup>Sr, <sup>241</sup>Am, <sup>238</sup>Pu and <sup>239,240</sup>Pu activity concentrations are  
140 not significant in the lakes outside the near zone<sup>9</sup>. For the calculation of <sup>137</sup>Cs internal dose, the  
141 dose conversion coefficient factor: 4.32x10<sup>-6</sup> mGy/d per Bq/kg<sup>20</sup> and the <sup>137</sup>Cs specific activity  
142 were used. For the calculation of <sup>90</sup>Sr internal dose, the dose conversion coefficient factor:  
143 1.51x10<sup>-5</sup> mGy/d per Bq/kg<sup>20</sup> and the <sup>90</sup>Sr specific activity were used. For the calculation of  
144 <sup>241</sup>Am, <sup>238</sup>Pu and <sup>239,240</sup>Pu internal dose, the dose conversion coefficient factor: 7.61 x10<sup>-5</sup>, 7.61  
145 x10<sup>-5</sup>, 7.2 x10<sup>-5</sup> mGy/d per Bq/kg<sup>20</sup> and the specific activities were used for <sup>241</sup>Am, <sup>238</sup>Pu and  
146 <sup>239,240</sup>Pu respectively.

#### 147 *Micronucleus test*

148 The loss of genetic material from the nucleus of blood cells (erythrocytes) was investigated  
149 applying the micronucleus test to 5 fish that were also used for histological analyses using a  
150 standard procedure as described in SI.

#### 151 *Histological analyses*

152 A standardised cross section of liver and gonad were fixed and processed according to standard  
153 protocols described in SI. The liver sections were examined for microscopic pre-tumour and  
154 tumour lesions according to BEQUALM and ICES criteria<sup>18</sup>, and lesions associated to nuclear  
155 and cellular polymorphism, cell death, inflammation and regeneration. For the female gonad  
156 sections, the distribution of immature or mature oocytes was determined by counting the number  
157 of perinuclear and cortical alveolar oocytes in a defined surface area at magnification 10 using a  
158 microscope (Zeiss axiozoom), and the relative frequency of a germ cell stage was calculated as  
159 follows: (number of oocytes at a given stage/total number of oocytes) x 100. Oocyte surface was  
160 measured using Zen Pro software.

#### 161 *Statistical analyses*

162 Statistical analyses were performed using R version 3.1.2. After satisfying the assumptions of  
163 the normal distribution of the residuals, generalised linear models were used. If the normality of  
164 the residuals was not respected, a Kruskal-Wallis rank test was applied. When significant, a  
165 Wilcoxon rank test and a Bonferroni correction of the  $\alpha$  error were performed. Pearson  
166 correlation tests were performed. Further details are provided in SI.

167

## 168 **Results**

### 169 *Water chemistry*

170 Electrical conductivity varied from 120 to 318  $\mu\text{S}/\text{cm}$  and the pH from 6.3 to 8.6 at the water  
171 surface of the lakes. Dissolved oxygen varied from 48 to 125% and the temperature from 15.6 to

172 20.1°C at the water surface of the lakes (Table S2). Surface water concentrations of NO<sub>3</sub><sup>-</sup> and  
173 NO<sub>2</sub><sup>-</sup> varied from 49 to 259 µg/L and from 1.5 to 11.9 µg/L respectively across the lakes (Table  
174 S2). Surface water concentrations of PO<sub>4</sub><sup>3-</sup> varied from 1.4 to 15 µg/L across the lakes (Table  
175 S2). Concentrations of toxic trace elements (As, Cd, Pb and U) were low (< 1 µg/L) in surface  
176 waters of all lakes (Tables S3).

177 Full results are presented in SI.

178 *Significant contamination of fish from the CEZ with <sup>137</sup>Cs, <sup>90</sup>Sr, <sup>241</sup>Am, <sup>239,240</sup>Pu and <sup>238</sup>Pu*

179 Thirty years after the Chernobyl accident, fish from the lakes located in the CEZ and in  
180 Belarus (Svyatoye (M)) are still significantly contaminated with <sup>137</sup>Cs ( $p < 0.001$ ) (Figure 2A).  
181 Perch from Glubokoye (H) and Svyatoye (M) lakes have the highest activity concentrations of  
182 <sup>137</sup>Cs, reaching  $7844 \pm 899$  and  $6090 \pm 526$  Bq/kg w.w. (wet weight) respectively. Perch from  
183 Yanovsky (H) and Cooling Pond (H) are contaminated to a lesser extent with <sup>137</sup>Cs levels  
184 reaching  $2567 \pm 993$  and  $2974 \pm 501$  Bq/kg w.w. respectively. Perch from Dvoriche (L),  
185 Stoyacheye (L) and Gorova (L) lakes contained much lower <sup>137</sup>Cs levels:  $193 \pm 31$ ,  $88 \pm 20$  and  $4$   
186  $\pm 1$  Bq/kg w.w. respectively (Figure 2A). The activity concentration of <sup>137</sup>Cs is higher in perch  
187 than in roach ( $p < 0.001$ ) and by a factor 2-3 for the CEZ lakes (Figure 2A).

188 Fish from the CEZ are still significantly contaminated with <sup>90</sup>Sr (Figure 2B). Concentration  
189 levels for both species significantly differ across sites ( $p < 0.001$ ) and reached, for perch and  
190 roach respectively,  $13636 \pm 1618$  and  $12556 \pm 1536$  Bq/kg w.w. in Glubokoye (H) lake,  $3603 \pm$   
191  $2364$  and  $2572 \pm 694$  Bq/kg w.w. in Yanovsky (H) lake and  $79 \pm 16$  and  $157 \pm 23$  Bq/kg w.w. in  
192 the Cooling Pond (H) (Figure 2B). These are whole fish activity concentrations, most of the <sup>90</sup>Sr

193 is found in bony tissues<sup>21</sup>. There was no significant difference in <sup>90</sup>Sr activity concentrations  
194 between perch and roach ( $p = 0.34 > 0.05$ ) (Figure 2B).

195 Fish from the CEZ are significantly contaminated with <sup>241</sup>Am <sup>239,240</sup>Pu and <sup>238</sup>Pu (Figure S1,  
196 Table S4). Concentration levels in liver were significantly higher than in muscle for both species  
197 ( $p < 0.001$ ). For instance, <sup>241</sup>Am concentration levels in liver were 7 to 11 times higher than in  
198 muscle. Concentration levels of <sup>241</sup>Am <sup>239,240</sup>Pu and <sup>238</sup>Pu in liver and muscle of perch from  
199 Glubokoye (H) were significantly higher than in perch from Yanovsky lake and Cooling Pond ( $p$   
200  $< 0.05$ ) (Figure S1, Table S4). Concentration levels of <sup>241</sup>Am <sup>239,240</sup>Pu and <sup>238</sup>Pu in liver and  
201 muscle of roach did not vary significantly across the lakes ( $p > 0.05$ ) (Figure S1). Further details  
202 are provided in SI.

### 203 *Dose rate to fish*

204 The <sup>90</sup>Sr internal dose rates (whole body average) varied from 0.1 (Cooling Pond (H)) to 7.7  
205 (Glubokoye (H))  $\mu\text{Gy/h}$  in roach and from 0 (Cooling Pond (H)) to 8.4 (Glubokoye (H))  $\mu\text{Gy/h}$   
206 in perch (Table 1). The <sup>137</sup>Cs internal dose rates ranged from 0 (Gorova (L), Dvoriche (L) and  
207 Stoyacheye (L)) to 0.5 and 1.4 (Glubokoye (H))  $\mu\text{Gy/h}$  in roach and perch respectively. The  
208 highest <sup>137</sup>Cs external dose rates to fish were calculated in lakes from the CEZ and varied from  
209 5.9  $\mu\text{Gy/h}$  in Glubokoye (H) to 7.3  $\mu\text{Gy/h}$  in Cooling Pond (H) (Table 1). The external dose to  
210 fish from Svyatoye (M) was 10 times lower (0.7  $\mu\text{Gy/h}$ ). The external doses were very low for  
211 the three other lakes (L). The total  $\beta$  and  $\gamma$  dose rate ranged from 7.6  $\mu\text{Gy/h}$  in roach from the  
212 Cooling Pond (H) to 15.7  $\mu\text{Gy/h}$  in perch from Glubokoye (H) lake. The total  $\alpha$  dose rate in  
213 perch and roach ranged from 0.11 to 0.24 and from 0.01 to 0.02  $\mu\text{Gy/h}$  in the liver and muscle

214 respectively (Table 2). The  $^{241}\text{Am}$  internal dose rate contributes to 63% and 87% of the total  $\alpha$   
215 dose rate in liver and muscle of fish respectively. The  $^{239,240}\text{Pu}$  internal dose rate contributes to  
216 27% and 10% of the total  $\alpha$  dose rate in liver and muscle of fish respectively. The  $^{238}\text{Pu}$  internal  
217 dose rate contributes to 10% and 4% of the total  $\alpha$  dose rate in liver and muscle of fish  
218 respectively. The total  $\alpha$  dose rate contributes to 1.2-1.9% of the total ( $\alpha$ ,  $\beta$  and  $\gamma$ ) dose rate in  
219 fish from the three highly contaminated lakes.

#### 220 *Fish species abundance*

221 The relative abundance of fish species does not differ between lakes ( $p = 0.59$ ) therefore there  
222 is no evidence of negative effects of radiation exposure on fish biodiversity (Figure S2).

#### 223 *General health condition*

224 The lengths of the fish were not significantly different across lakes ( $p = 0.85$ ) (Table S4). The  
225 body weights of perch from the different lakes did not differ, except for Svyatoye (M), where the  
226 values recorded were significantly higher. The weights of the roach from Glubokoye (H) and  
227 Svyatoye (M) were the highest and there was no difference between Yanovsky (H), Cooling  
228 Pond (H) and Gorova (L). The Fulton condition (FC) index of roach from the different lakes did  
229 not significantly vary ( $p = 0.99$ ). The FC of the perch from Cooling pond (H), Yanovsky (H) and  
230 Glubokoye (H) were smaller than for perch from Stoyacheye (L) ( $p < 0.01$ ) but were similar to  
231 the FC of the perch from Svyatoye (L), Dvoriche (L) and Gorova (L) (Table S5). The  
232 hepatosomatic index (HSI) of perch did not significantly vary across sites ( $p = 0.5$ ). The HSI of  
233 roach from Glubokoye (H), Yanovsky (H) and Cooling Pond (H) were significantly higher than  
234 for roach from Svyatoye (M) ( $p < 0.05$ ) but were similar to the HSI of the roach from Dvoriche

235 (L) (Table S5). No disease nor gross tumours or malformations were recorded in any of the fish  
236 collected. Parasites were observed in liver of the perch from Yanovsky (H), Gorova (L),  
237 Stoyacheye (L) and Dvoriche (L) and the prevalence was 55%, 6%, 31% and 14% respectively.  
238 The histological analyses of the liver did not reveal any pre-tumour (Foci of cellular alterations)  
239 and tumour (Hepatocellular adenoma and carcinoma) lesions nor more lesions associated with  
240 nuclear and cellular polymorphism, cell death, inflammation, regeneration and melano-  
241 macrophage centers in exposed fish.

#### 242 *Reproductive status*

243 The gonadosomatic index (GSI) of perch and roach were significantly lower at Yanovsky (H)  
244 and Cooling Pond (H) than at Dvoriche (L) and Gorova (L) ( $p < 0.05$ ) (Figure S3). The GSI of  
245 perch from Glubokoye (H) was significantly lower than perch from Gorova (L) ( $p = 0.0004$ )  
246 (Figure 2A). No significant difference was found between GSI of perch from Glubokoye (H),  
247 Yanosvsky (H), Cooling pond (H), Svyatoye (M) and Stoyacheye (L) ( $p > 0.05$ ) (Figure S3A).  
248 No significant difference was found between GSI of roach from Glubokoye (H), Dvoriche (L)  
249 and Gorova (L) ( $p > 0.05$ ) (Figure S3B). The fish age did not significantly influence the GSI of  
250 roach ( $p = 0.11$ ) and perch ( $p = 0.15$ ).

251 The GSI of perch was inversely correlated to the percentage of immature oocytes in Yanovsky  
252 (H) (cor: -0.85,  $p < 0.001$ ), Cooling Pond (H) (cor: -0.77,  $p < 0.001$ ) and Glubokoye (H) (cor: -  
253 0.66,  $p = 0.0008$ ) but not in Gorova (L) (cor: -0.28,  $p = 0.30$ ), Dvoriche (L) (cor: 0.12,  $p = 0.80$ ),  
254 Stoyacheye (L) (cor: -0.24,  $p = 0.44$ ) and Svyatoye (M) (cor: -0.37,  $p = 0.16$ ). The correlation  
255 was significant in Cooling Pond (H) and Yanovsky (H) due to the presence of sexually immature

256 fish displaying lower GSI than maturing fish ( $p < 0.001$ ). 30% and 45% of female perch had  
257 gonads containing only immature oocytes in Cooling Pond (H) and Yanovsky (H) lake ( $p <$   
258  $0.001$ ) in September (Figure 3, A, B). This phenotype was still found in Yanovsky (H) (38%)  
259 and Cooling Pond (H) (25%) before spawning time in March (Figure 3, C) when oocytes should  
260 have been mature in all fish (Figure 3, D, F). The occurrence of the immature phenotype was  
261 positively correlated with the  $^{137}\text{Cs}$  external dose rate (cor: 0.78;  $p = 0.04$ ) but not to the  $^{90}\text{Sr}$   
262 internal (cor: -0.04;  $p = 0.9$ ) or the total (cor: 0.43;  $p = 0.3$ ) dose rates. All the female roach  
263 collected were maturing in September and mature in March (Figure 3, E, F). The GSI of roach  
264 was inversely correlated to the percentage of immature oocytes in Glubokoye (H) (cor: -0.59,  $p =$   
265  $0.02$ ), Yanovsky (H) (cor: -0.67,  $p = 0.0008$ ), Cooling Pond (H) (cor: -0.52, *only 3 observations*),  
266 Gorova (L) (cor: -0.68,  $p = 0.003$ ) but not in Svyatoye (M) (cor: -0.32,  $p = 0.4$ ) and Dvoriche (L)  
267 (cor: -0.19,  $p = 0.5$ ). The age did not influence the percentage of immature oocytes in perch ( $p =$   
268  $0.19$ ) and roach ( $p = 0.86$ ).

269 *The exposed maturing perch gonads contain a higher proportion of immature oocytes.*

270 The immature fish (100% of immature oocytes) were not included in these analyses. Maturing  
271 female perch gonads from Glubokoye (H) contained a higher percentage of immature oocytes  
272 (68%) than fish from Cooling Pond (H) (61%,  $p = 0.03$ ), Svyatoye (M) (58%,  $p = 0.046$ ),  
273 Stoyacheye (L) (57%,  $p = 0.0006$ ), Dvoriche (L) (58%,  $p = 0.03$ ) and Gorova (L) (54%,  $p =$   
274  $0.00008$ ) (Figure 4A). Female perch gonads from Yanovsky (H) (65%) contained a higher  
275 percentage of immature oocytes than fish from Stoyacheye (L) ( $p = 0.03$ ) and Gorova (L) ( $p =$   
276  $0.01$ ) (Figure 4A). Female perch gonads from Cooling Pond (H) contain a similar percentage of  
277 immature oocytes than fish from the other lakes ( $p > 0.05$ ) except for fish from Glubokoye (H)

278 (Figure 4A). The percentage of immature oocytes was positively correlated to the total (cor:  
279 0.92,  $p = 0.004$ ),  $^{90}\text{Sr}$  internal (cor: 0.78,  $p = 0.04$ ) and  $^{137}\text{Cs}$  external (cor: 0.78,  $p = 0.04$ ) dose  
280 rates.

281 *The proportion of immature oocytes in roach gonads is variable across lakes*

282 Roach from Cooling Pond (H) and Yanovsky (H) had a higher proportion of immature eggs  
283 (62% and 54% respectively) than roach from Dvoriche (L) lake (41%) ( $p < 0.01$ ) but displayed a  
284 similar proportion of immature eggs as roach from lake Gorova (L) (51%) and Svyatoye (M)  
285 (51%) ( $p > 0.05$ ) (Figure 4B). Roach from Glubokoye (H) (49%) lake displayed a similar  
286 proportion of immature eggs as roach from Dvoriche (L) (41%), Gorova (L) (51%) and Svyatoye  
287 (M) (51%) lake ( $p > 0.05$ ) (Figure 4B).

288 The female perch and roach gonads and oocytes did not display any structural damage.

289 *No chromosomal damage was evidenced in blood cells of exposed fish*

290 The number of micronuclei did not significantly vary across the sites for both species ( $p = 0.14$   
291  $> 0.05$ ) (Table S6).

## 292 **Discussion**

293 Physico-chemical values correspond to good quality waters according to the European surface  
294 water quality standards (OECD, Annex1) and nutrient concentrations are typical of oligotrophic  
295 waters (nitrate  $< 1\text{-}3$  mg/L; phosphate  $< 0.04$  mg/L, OECD, Annex1).

296  $^{137}\text{Cs}$ ,  $^{90}\text{Sr}$ ,  $^{241}\text{Am}$ ,  $^{239,240}\text{Pu}$  and  $^{238}\text{Pu}$  specific activities



297 Thirty years after the accident, the activity concentration of  $^{137}\text{Cs}$  and  $^{90}\text{Sr}$  are still higher than  
298 the EU (1250 Bq/kg for  $^{137}\text{Cs}$ ; 750 Bq/kg for  $^{90}\text{Sr}$ ), Ukrainian (150 Bq/kg for  $^{137}\text{Cs}$ ; 35 Bq/kg for  
299  $^{90}\text{Sr}$ ) and Japanese (100 Bq/kg) maximum permissible level for human consumption in some of  
300 the lakes affected by the Chernobyl nuclear accident (see SI for details).

301 Activity concentrations of  $^{137}\text{Cs}$  measured in perch from Glubokoye (H) and Svyatoye (M)  
302 lakes were the highest and reach 7844 and 6090 Bq/kg respectively. For Svyatoye (M), which is  
303 the most distant of the 7 lakes, the high values are due to the high initial amount of  $^{137}\text{Cs}$   
304 deposited in this area, as well as hydrology and hydrochemistry of the water body. This is a  
305 closed lake with a very low water exchange rate and low natural potassium concentration, which  
306 explains the slow decontamination<sup>10,22</sup>.

307 The most important pathway of  $^{137}\text{Cs}$  accumulation in fish is through the diet route<sup>23,24</sup>. The  
308 results evidenced a  $^{137}\text{Cs}$  biomagnification phenomenon. As a carnivorous fish, the perch  
309 significantly accumulates 2-3 times more  $^{137}\text{Cs}$  than its omnivorous prey, the roach. This is  
310 consistent with previous studies led on perch and non-predatory fish from Chernobyl lakes where  
311 the  $^{137}\text{Cs}$  contamination levels exceeded that of non-predatory ones by 2 in smaller fish<sup>22</sup> or 3-10  
312 times in larger<sup>12</sup>.

313 Activity concentrations of  $^{90}\text{Sr}$  were the highest in perch and roach from Glubokoye lake (H)  
314 reaching a mean of 13636 and 12556 Bq/kg, decreased significantly in fish from Yanovsky (H)  
315 and were the lowest in fish from Cooling Pond (H). The difference of activity concentrations  
316 between sites might be due to the heterogeneous deposition of burning particles just after the  
317 Chernobyl NPP accident<sup>9</sup>. The results show that, contrary to  $^{137}\text{Cs}$ ,  $^{90}\text{Sr}$  is not biomagnified

318 between roach and perch.  $^{90}\text{Sr}$  can be accumulated from the water via the gills<sup>25</sup> or through the  
319 diet<sup>26</sup>.

320 Activity concentrations of  $^{241}\text{Am}$ ,  $^{239,240}\text{Pu}$  and  $^{238}\text{Pu}$  were higher in liver than in muscle of  
321 both fish species and the liver of perch from Glubokoye (H) lake contained at least 2 times more  
322  $^{241}\text{Am}$ ,  $^{239,240}\text{Pu}$  and  $^{238}\text{Pu}$  (44, 23 and 8 Bq/kg w.w. respectively) than perch from Yanovsky (H)  
323 and Cooling Pond (H). No biomagnification of transuranium radioisotopes were evidenced  
324 between roach and perch. These results corroborate previous findings from environmental  
325 studies on fish from the Baltic sea<sup>27</sup>. The dietary route was suggested to play a major role in the  
326 plutonium intake in fish. At Chernobyl, the bioavailability of plutonium isotopes varies  
327 depending on the association with fuel particles.

328 *Doses span the lowest protection level for an ecosystem*

329 The estimation of the radiation dose is discussed in Supplementary material. In the present  
330 study, the total dose rate to roach and perch from the CEZ lakes was estimated to range from 7.6  
331 to 14.1  $\mu\text{Gy/h}$  and from 7.9 to 15.7  $\mu\text{Gy/h}$  respectively. The dose rate in fish from Glubokoye  
332 (H) lake was the highest especially due to the contribution of the high  $^{90}\text{Sr}$  internal dose rate (7.7  
333 and 8.4  $\mu\text{Gy/h}$  for roach and perch respectively). However, as a  $\beta$  emitter and mainly  
334 accumulated in calcium-rich tissues, a higher dose is expected in near bone tissues than in other  
335 tissues, more than a few millimetres distant. The total internal  $\alpha$  dose rate was estimated to range  
336 from 0.01 to 0.2  $\mu\text{Gy/h}$  in perch and roach which is approximately two orders of magnitude  
337 below the total  $\beta$  and  $\gamma$  total dose rate although the relative biological effectiveness of the  $\alpha$  dose  
338 is considered an order of magnitude higher. The doses observed in the study lakes span the

339 recommended screening level for protection of an ecosystem of 10  $\mu\text{Gy/h}$  (ERICA project<sup>20</sup>).  
340 Although we have observed subtle effects of radiation on reproduction of perch at dose rates  
341 below relevant reference levels (40-400  $\mu\text{Gy/h}$ )<sup>28</sup>, no clear evidence of population level effects  
342 was evidenced. Reference levels are usually set to protect populations of species therefore, this  
343 study does not contradict currently accepted levels.

344 *No effect on the relative abundance of fish species*

345 In the present study, the relative abundance of fish species did not vary across the sites,  
346 suggesting no negative effect of radiation on fish biodiversity, though absolute population  
347 densities were not studied. The lack of observed effect on species diversity is in agreement with  
348 previous studies on aquatic macroinvertebrate and mammal populations<sup>2,3</sup> which showed high  
349 diversity (and abundance) in the Chernobyl affected areas. Other studies, however, have found  
350 reduced abundance of insect, spider and mammal populations<sup>4,5,6</sup>. Our results show that thirty  
351 years after the accident, the fish population is in good general health. This is in accordance with  
352 the lowest protection level for an ecosystem of 10  $\mu\text{Gy/h}$  (ERICA project<sup>20</sup>) and the benchmark  
353 levels established for reference pelagic fish species (40-400  $\mu\text{Gy/h}$ )<sup>29</sup>. At the individual level, the  
354 absence of significant variation of the Fulton condition and hepatosomatic index further supports  
355 the previous finding at the population level by showing that exposure to radiation has not  
356 affected the general health and energetic status of fish. Finally, no genotoxic effect was  
357 evidenced as previously described in a previous study on catfish from the Cooling Pond (H)<sup>17</sup>.

358 *The reproductive biology of exposed fish is potentially affected by radiation*

359 Previous studies on fish from the Cooling Pond (H) of the Chernobyl NPP have reported  
360 negative effects of radiation on the reproductive system (sterility and anomalies of gonads) at a  
361 dose rate above 83-208  $\mu\text{Gy/h}$ <sup>30</sup>. Severe anomalies of the reproductive system of fish exposed to  
362 radiation have been described in carp (asymmetry, sterility, abnormal cells or absence of gonads)  
363 collected several years after the Kyshtym (21  $\mu\text{Gy/h}$  in 1972-1975) and the Chernobyl (17  $\mu\text{Gy/h}$   
364 in 1989-1992) accidents. Such abnormalities were also identified in the offspring of carp from  
365 the Chernobyl NPP Cooling Pond (H) born in 1989 and they were less pronounced in the  
366 offspring born in 1990<sup>7</sup>. Gonad abnormalities have also been recorded in post-accident  
367 generations (F<sub>2</sub>-F<sub>4</sub>) of perch (sterilisation process of male, destruction of oocytes) and roach  
368 (sterilisation process of female, destruction and resorption of oocytes, degenerations, abnormal  
369 morphology) from Cooling Pond and Glubokoye Lake<sup>13</sup> although the number of fish sampled in  
370 that study was too low to draw a robust conclusion (4 and 9 specimens in Glubokoye for perch  
371 and roach respectively in 2004). In our study, the gonads and oocytes did not display any of  
372 those abnormalities, highlighting overall a better reproductive condition of the perch and roach  
373 population, 30 years after the accident.

374 However, the results of this study provide evidence of two types of inhibitory effects on the  
375 reproductive biology of exposed female perch: the suppression of gonad development and a  
376 delay in the recruitment of mature oocytes. These effects can result from both the toxic action  
377 mode of radionuclides and the capacity of the population to adapt to contamination pressure.

378 The suppression of gonad development in fish is the result of long-term exposure to stress.  
379 Although no differences were detected in mean gonadosomatic index (GSI) of female perch  
380 between the lakes, the lowest GSI values observed in perch from Yanovsky (H) and Cooling

381 Pond (H) are due to the presence of 45% and 30% sexually immature females respectively. Such  
382 phenotypes were not found in roach. This phenotype, however, was not found in fish from  
383 Glubokoye (H) that are absorbing the highest total and internal  $^{90}\text{Sr}$  dose rate. The occurrence of  
384 this phenotype was only correlated to the  $^{137}\text{Cs}$  external dose rate ( $p < 0.05$ ). Thus, the  
385 interpretation of observed inhibition of gonad development in perch from Yanovsky lake (H) and  
386 the Cooling Pond (H) might be confounded by other factors, including food availability and  
387 social interactions since the phenotype was not observed at the equally contaminated Glubokoye  
388 lake (H). It is possible that higher selective pressure due to the ecology of the lake (such as a  
389 more highly competitive ecosystem) may have encouraged the more rapid disappearance of this  
390 disadvantageous phenotype over the several generations that have passed since the accident. To  
391 our knowledge, studies showing undeveloped phenotypes of fish gonads exposed to radiation are  
392 scarce. One study in the literature found that 30% of female Mozambique tilapia waterborne  
393 exposed during their whole life to a dose of  $1.3 \times 10^3$  to  $1.7 \times 10^3 \mu\text{Gy/h}$  of  $^{90}\text{Sr}$  under laboratory  
394 conditions had underdeveloped ovaries<sup>7</sup>. This dose rate is, however, approximately 50-100 times  
395 higher than current dose rates to fish at Chernobyl.

396 The maturing female perch from Glubokoye (H) ( $15.7 \mu\text{Gy/h}$ ) and Yanovsky (H) ( $9.8 \mu\text{Gy/h}$ )  
397 lake contained a higher proportion of immature oocytes (68% and 65% respectively) than perch  
398 from all other lakes. This is strongly correlated to the higher dose rate ( $p < 0.05$ ). The perch  
399 containing a higher percentage of immature oocytes had a lower GSI in Yanovsky (H), Cooling  
400 Pond (H) and Glubokoye (H) ( $p < 0.001$ ). Therefore, long-term exposure to radiation was found  
401 to affect the maturation of oocytes and especially the recruitment of cortical alveolar oocytes in  
402 fish absorbing the highest total dose rates. In the literature, a two weeks delay in spawning has

403 been described in the Siberian roach exposed to a dose rate of 83-333  $\mu\text{Gy/h}$ , 15-20 years after  
404 the acute contamination event of the Kyshtym accident (Mayak Production Association),  
405 Southern Ural<sup>7</sup>. Moreover, UNSCEAR reported a delay in spawning in fish exposed to very high  
406 dose rates of 500-1000  $\mu\text{Gy/h}$ <sup>31</sup>. In the present study, the inhibitory effect on oocyte development  
407 was no longer observed in the March sampling period, just before spawning, as all oocytes were  
408 mature. Therefore, the disruptions to oocyte development observed in the three most  
409 contaminated lakes will not necessarily lead to population-level effects. No disruption of the  
410 reproductive status of female roach gonads was observed. The mechanisms by which  
411 radionuclides could exert an effect on the endocrine system and subsequently alter the gonad  
412 maturation of fish are unknown. The present study shows that exposure to radionuclides affects  
413 oogenesis in the wild perch population. Further research on the molecular mechanisms involved  
414 is in progress.

415 The evidence presented here strongly suggests that 30 years after the Chernobyl accident, the  
416 reproductive status of perch is affected by chronic, low level radiation in their natural  
417 environment. A clear increase was observed in proportion of immature oocytes from 54% in fish  
418 from the reference lakes to 68% in fish from the highly contaminated lake (15.7  $\mu\text{Gy/h}$ ).  
419 Evidence for a high proportion of fish with undeveloped gonads was found in two of the most  
420 contaminated lakes, but not in the third similarly contaminated lake meaning that the effect could  
421 not unambiguously be attributed to past or current radiation. It is unknown whether effects  
422 observed here are due to three decades of multi-generational (direct) exposure to radiation and/or  
423 to trans-generational effects linked to the past history of contamination. In the Cooling Pond,  
424 dose rates to fish in the short term after the accident reached 400  $\mu\text{Gy/h}$  and external sediment

425 dose rates reached 4000  $\mu\text{Gy}/\text{h}^{32}$ . The early high dose rates are of crucial importance because, as  
426 a result of trans-generational exposure, the current dose might not be directly related to the  
427 effects observed but might rather be a result of previous higher exposure history.

428 The present study uniquely assesses the effect on fish health of a wide range of environmental  
429 radiation exposure levels from highly contaminated lakes within the 10 km Chernobyl exclusion  
430 zone in Ukraine to lakes with dose rates close to natural background. This study of multiple  
431 biological parameters, has shown that the populations of two species are generally in good  
432 physiological (including reproductive) health, but that there is evidence that a proportion of the  
433 female perch population has either a failure or delay in maturation of the gonads. It cannot be  
434 determined whether this is an effect of ongoing chronic low dose radiation or an effect of higher  
435 dose rates on previous generations. The present study does not indicate significant radiation  
436 effects on fish at the population level. It is important to note that fish have high fecundity; for  
437 example, each female perch can produce thousands of eggs per year<sup>33</sup>. Thus, although some  
438 effects on perch reproduction have been observed, it seems unlikely that these effects would  
439 significantly impact fish population density.

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444

445 **Supporting Information.** This file contains further details of the methods, results and discussion  
446 sections, figures S1 to S3 and tables S1 to S6.

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538

539 **Figure and Table Legends.**

540 **Figure 1.** Map showing the sampling sites in the Mogilev (Svyatoye lake (M)) and Gomel  
541 (Stoyacheye and Dvoriche lakes (L)) regions of Belarus, in the CEZ (Glubokoye lake, Yanovsky  
542 lake and Cooling pond (H)) and in the eastern region of Kiev in Ukraine (Gorova lake (L)).

543 **Figure 2.** Mean activity concentration of  $^{137}\text{Cs}$  (A) and  $^{90}\text{Sr}$  (B) in perch and roach ( $n = 5$ , mean  
544  $\pm$  Sd, Bq/kg, w.w.) collected in and outside the CEZ. Analysis found a significantly higher  $^{137}\text{Cs}$   
545 activity concentration in perch than in roach (A) but no difference of  $^{90}\text{Sr}$  activity concentration  
546 between the two species (B).

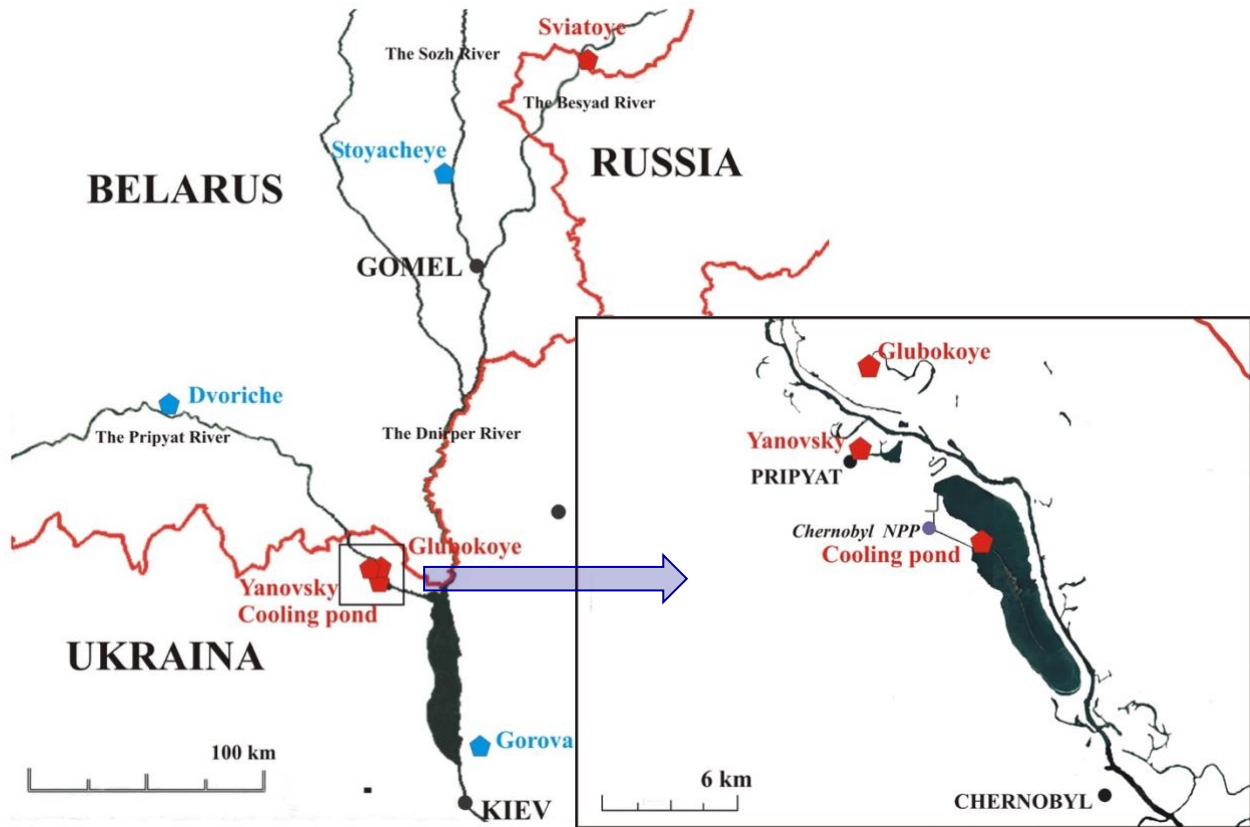
547 **Figure 3.** Pictures of tissue sections showing oocytes of female perch (A, B, C and D) and roach  
548 (E, F). A and C: perinuclear oocytes (immature) from perch collected in September and March.  
549 B and E: corticular alveolar oocytes (maturing) from perch and roach, respectively, collected in  
550 September. D and F: vitellogenic oocytes (mature) from perch and roach, respectively, collected  
551 in March.

552 **Figure 4.** Distribution of immature and mature oocytes in maturing female perch (A) and roach  
553 (B) gonads collected in the different lakes. The sexually immature perch (only containing  
554 perinuclear oocytes) were not considered.

555 **Table 1.** Table showing the calculated  $^{90}\text{Sr}$  and  $^{137}\text{Cs}$  internal dose rates,  $^{137}\text{Cs}$  external dose rates  
556 and the total dose rates. All doses were corrected to 2015.

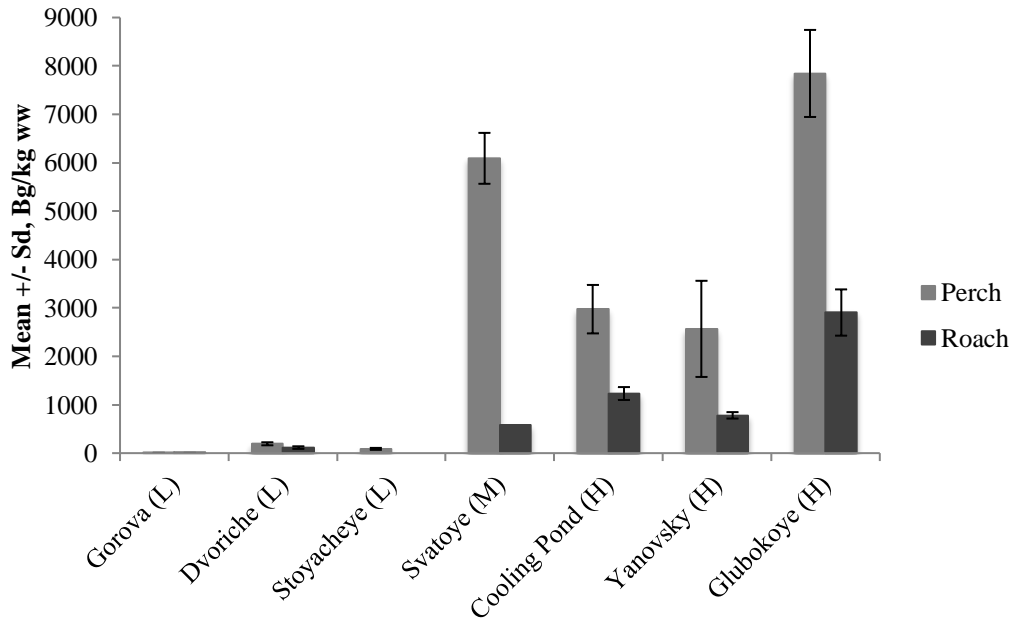
557 **Table 2.** Table showing the calculated  $^{241}\text{Am}$ ,  $^{238}\text{Pu}$  and  $^{239,240}\text{Pu}$  internal dose rates.

Figure 1.

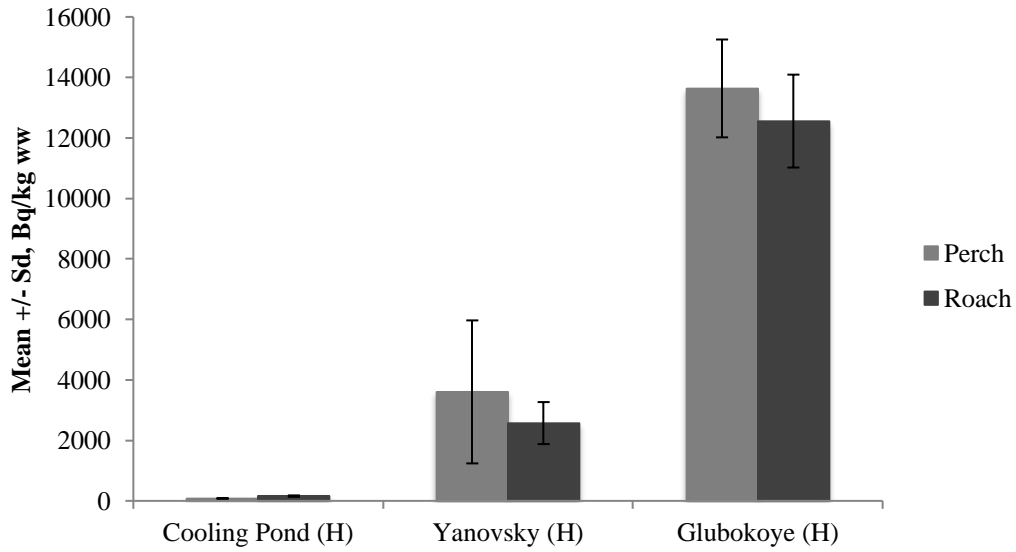


**Figure 2.**

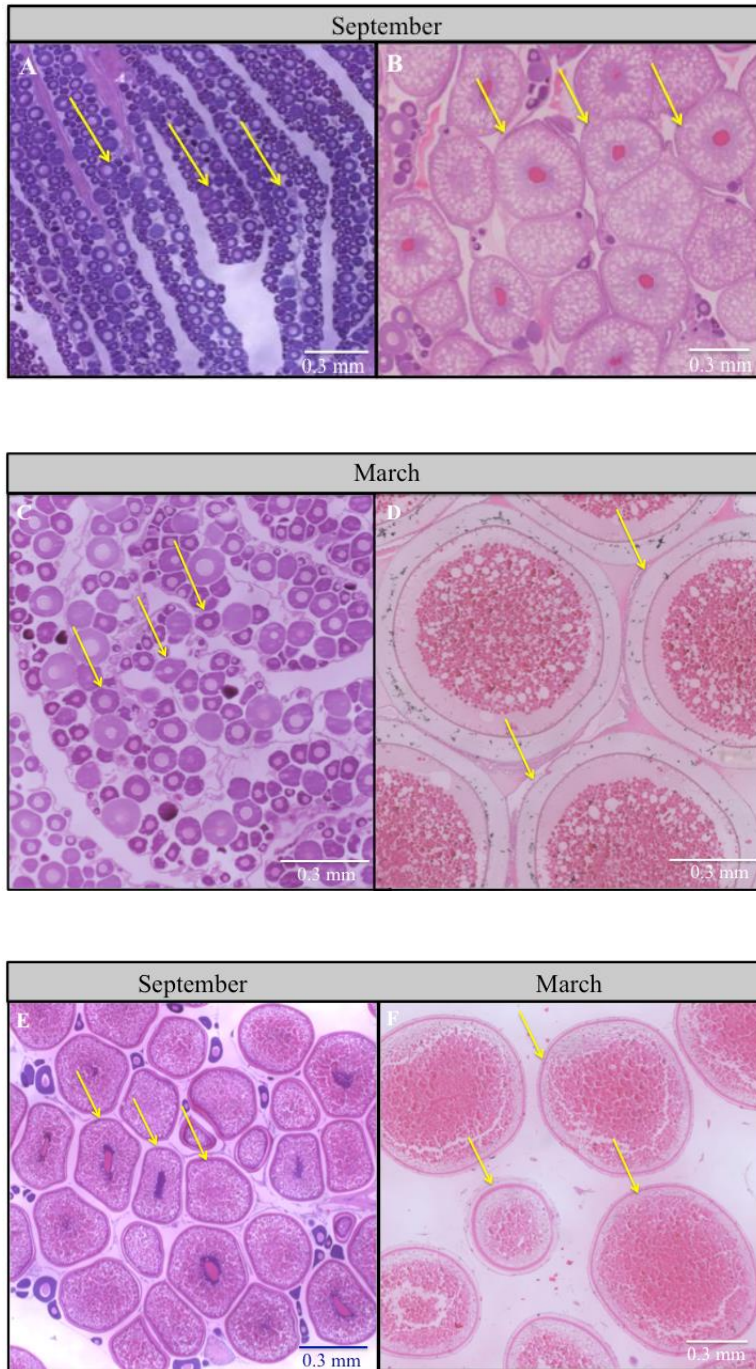
**A)**



**B)**



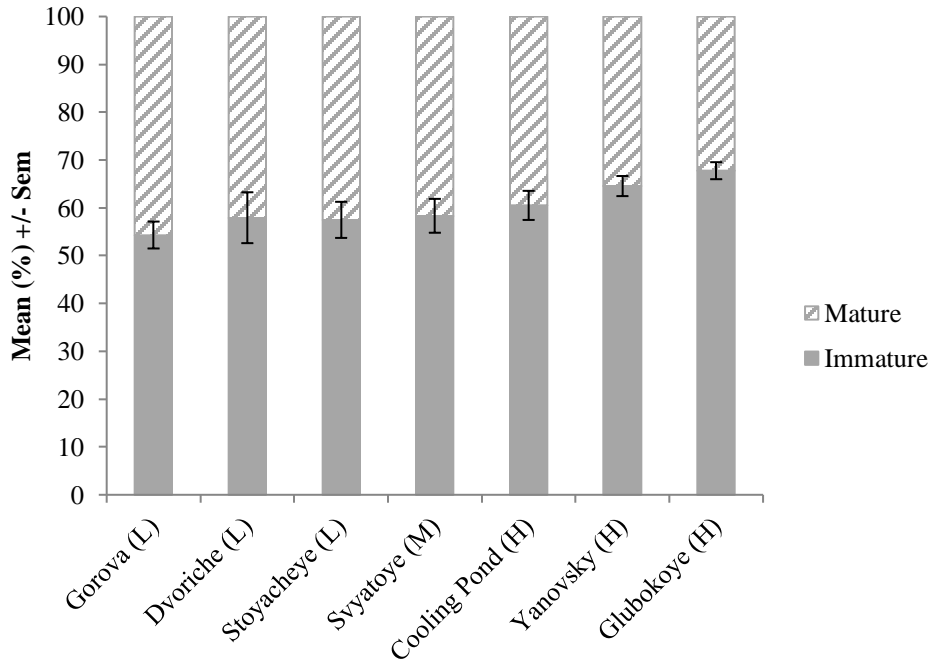
**Figure 3.**



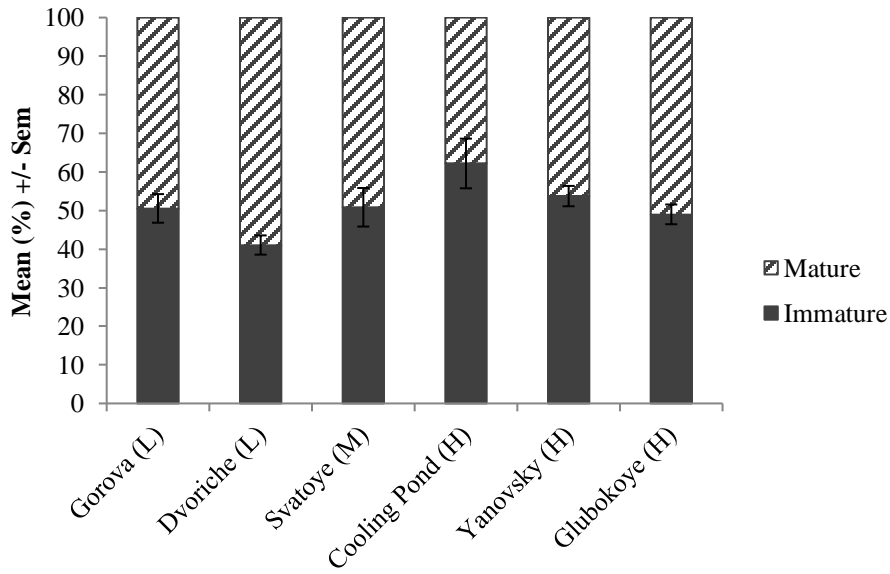


**Figure 4.**

**A)**



**B)**



**Table 1.**

Lake	<sup>137</sup> Cs internal dose rate (μGy/h) 2015		<sup>90</sup> Sr internal dose rate (μGy/h) 2015		<sup>137</sup> Cs external dose rate (μGy/h) 2015	Total dose rate (μGy/h) 2015	
	Roach	Perch	Roach	Perch		Roach	Perch
Glubokoye (H)	0.5	1.4	7.7	8.4	5.9	14.1	15.7
Yanovsky (H)	0.1	0.5	1.6	2.2	7.1	8.8	9.8
Cooling P. (H)	0.2	0.5	0.1	0.0	7.3	7.6	7.9
Svyatoye (M)	0.1	1.1	/	/	0.7	0.8	1.7
Stoyacheye (L)	nd	0.0	/	/	0.1	0.1	0.1
Dvoriche (L)	0.0	0.0	/	/	0.0	0.1	0.1
Gorova (L)	0.0	0.0	/	/	0.0	0.0	0.0

**Table 2.**

Lake (H)	<sup>241</sup> Am Internal dose rate (μGy/h) 2015				<sup>239,240</sup> Pu Internal dose rate (μGy/h) 2015				<sup>238</sup> Pu Internal dose rate (μGy/h) 2015				Total α internal dose rate (μGy/h) 2015			
	Roach		Perch		Roach		Perch		Roach		Perch		Roach		Perch	
	Liver	Muscle	Liver	Muscle	Liver	Muscle	Liver	Muscle	Liver	Muscle	Liver	Muscle	Liver	Muscle	Liver	Muscle
Glubokoye	0.10	0.01	0.14	0.01	0.05	0.01	0.07	0.0040	0.02	0.002	0.03	0.002	0.16	0.02	0.24	0.02
Yanovsky	0.11	0.01	0.07	0.01	0.04	0.0003	0.03	0.0002	0.01	0.0001	0.01	0.0001	0.16	0.01	0.11	0.01
Cooling P.	0.08	0.01	0.07	0.01	0.03	0.0002	0.03	0.0003	0.01	0.0001	0.01	0.0001	0.12	0.01	0.11	0.01