



PUTTING PREVENTION TO WORK 2013
ALASKAN COMMUNITIES IN ACTION
PREVENTION SUMMIT



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Introduction to Data Collection



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Presentation Overview



- Teens Acting Against Violence (TAAV) Program
- Data Collection Framework
- Doing Data Collection:
 - Why?
 - What?
 - When?
 - Who?
 - How?
- Key Findings from TAAV Evaluation



Teens Acting Against Violence



Teens Acting Against Violence (TAAV) is a violence prevention and youth empowerment program at the Tundra Women's Coalition for teenagers living in Bethel.

Focused on peer education and outreach, TAAV members speak out to engage peers about issues such as violence, abuse, and suicide through discussions, activities and the experiences and wisdom of other members.



TAAV Prevention Philosophy



Services to Teens is a Critical Piece of TWC and What We Do Every Day...

Leadership Development

Cultural Relevance

Work Experience

Outdoor Recreation

Skill Building

Peer Education

Healthy Activities

Crisis & Family Work

Teen Empowerment

Community Awareness



Philosophy: Peer Education



Healthy Relationships

Expect Respect



Talk the talk & walk the walk!



Philosophy: Work Experience



Thrift Store!



Child Care!

- TWC regularly hires teens as part-time staff.
- Benefits
 - work experience
 - new level of understanding issues



Philosophy: Healthy Activities



Alternatives to
At-Risk Behaviors



Dances, Movie Nights,
Sleepovers, Basketball,
Fun Nights, Games, ...



Philosophy: Outdoor Education



- Our group needs opportunities to succeed at challenges!!
- Self-esteem building, skill-building and motivating trips



Annual Outward Bound trip!



Philosophy: Cultural Relevance



Our program must relate to
rural, Alaska Native teens





Philosophy: Teen Empowerment



Speaking Up & Speaking Out!

- Public Service Announcements
- Radio Interviews
- Poetry
- Community Performances
- Commercials!

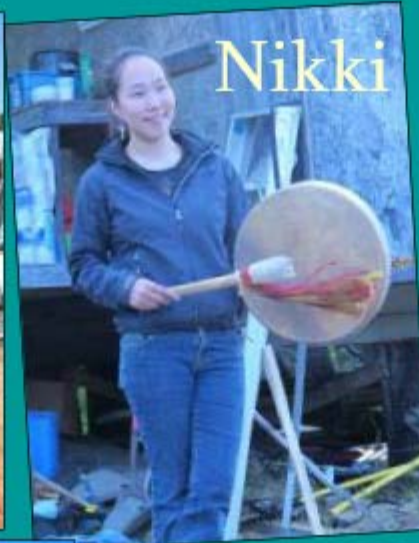




Teens Lead Ahead



Learning to cut fish.



Nikki



Kwethluk Teens



Our Story Teller!



Walking Along the River



Outward Bound



Annual Outward Bound trips build skills
and self-esteem





Local Outdoor Activities



Moose Hunting



Ice fishing





Steps in Data Collection



Why?

What?

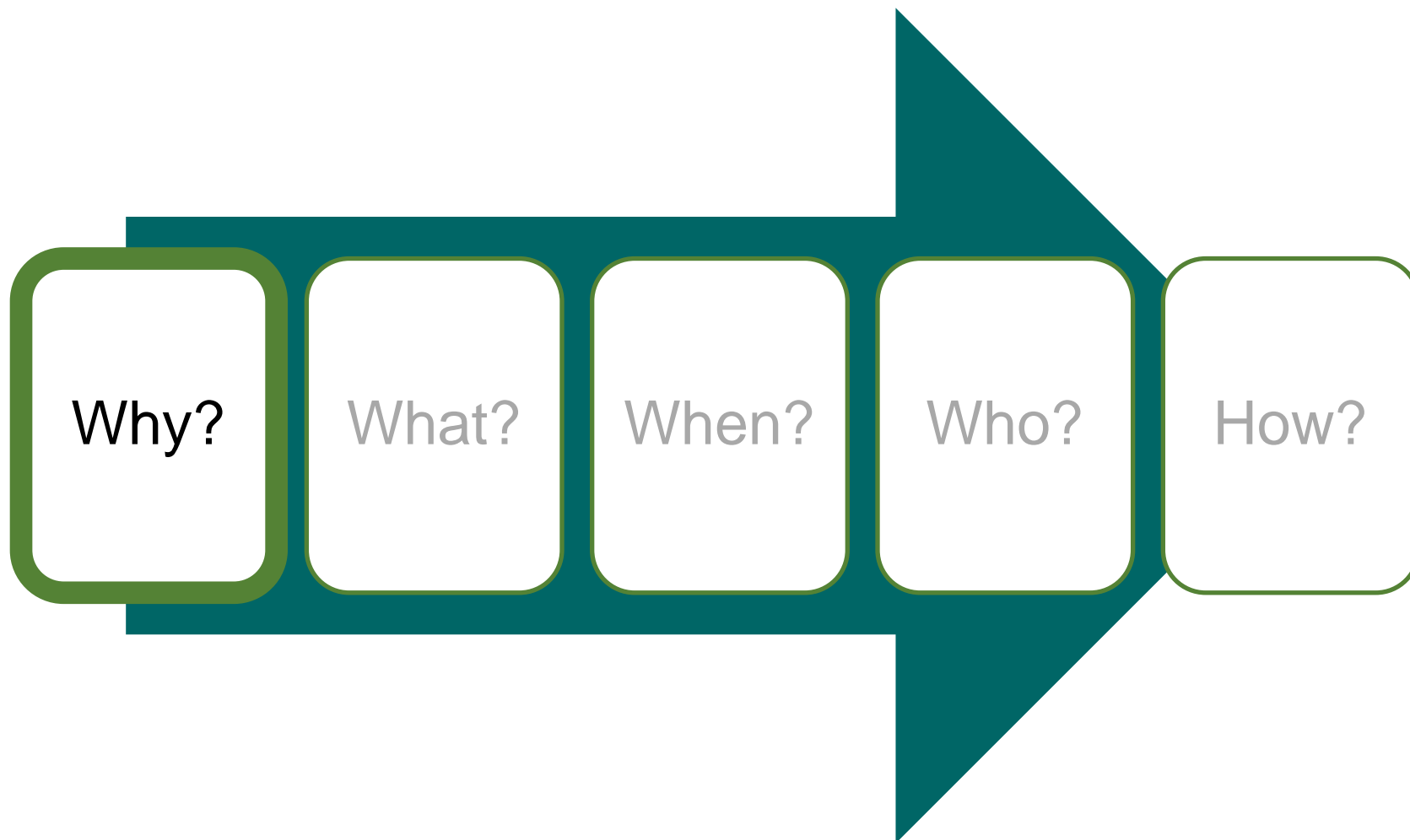
When?

Who?

How?



Steps in Data Collection





Data Collection Frameworks



- **Population Indicators:**
 - Data on whole populations
 - Example: 2013 Alaska Dashboard on Key Issues Impacting Domestic Violence and Sexual Assault (<http://dps.Alaska.gov/CDVSA/dashboard.aspx>)
- **Performance Measures:**
 - Data on client populations
 - Example: CDVSA Performance Details (<http://omb.Alaska.gov/html/performance.html>)
- **Key Questions:**
 - Do you want data about everyone?
 - Do you want data about clients only?
 - Answer depends on why you want to collect data!



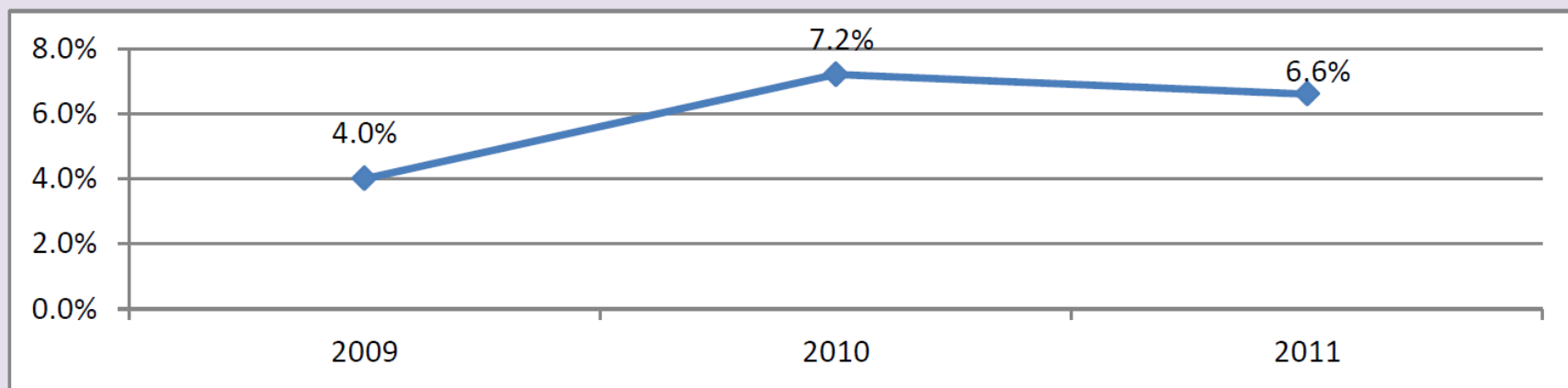
Example



Childhood Exposure to Domestic Violence

2. Percent of mothers whose 3 year old child saw violence or physical abuse

Childhood Understanding Behaviors Survey (CUBS). Each year, over 1,000 mothers of three year old children are asked “Has your child ever experienced seeing violence or physical abuse in person?” Most current Alaska data is from 2011 and starting Alaska data is from 2009.



Progress needs improvement ● because while there has been a small decline from the previous year, the violence exposure levels appear to be greater than they had been in 2009.

- Population indicator or performance measure?
- Why?

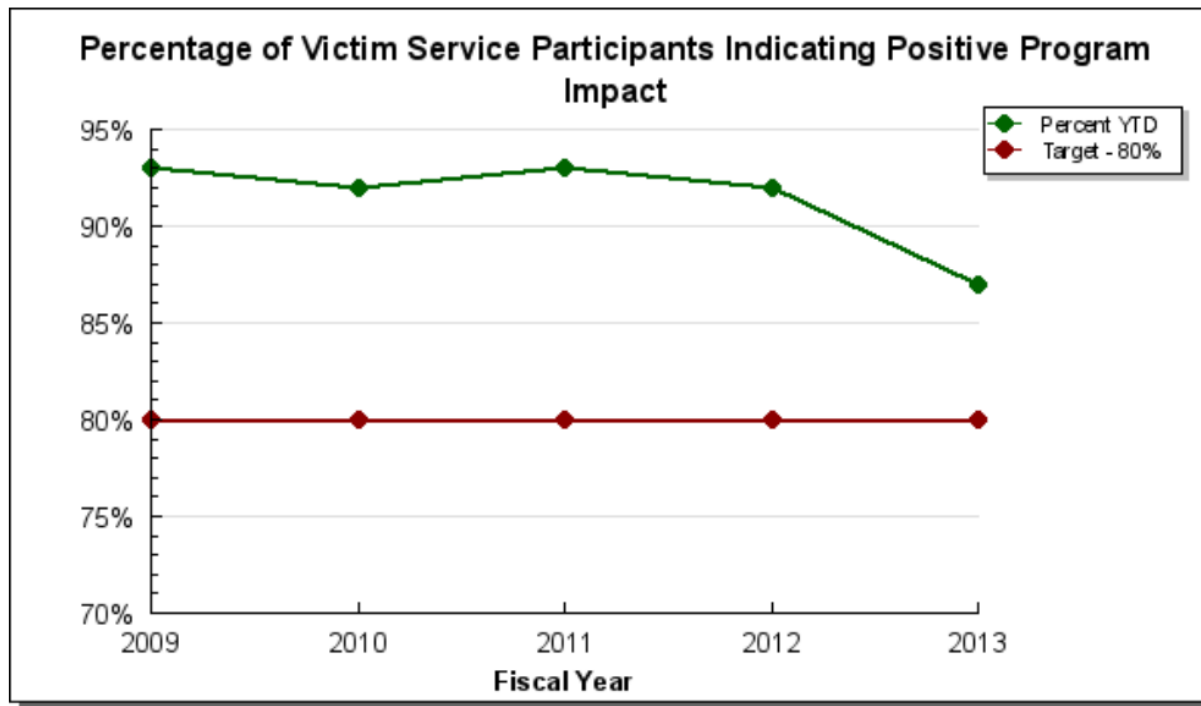


Example



A1: Core Service - Safety - Victims are equipped to further access program services for safety, information, and protection when needed

Target #1: As a result of contact with a victim service program, 80% of participants know more ways to plan for their safety



- Population indicator or performance measure?
- Why?

Source: <http://omb.Alaska.gov/html/performance.html>



Example

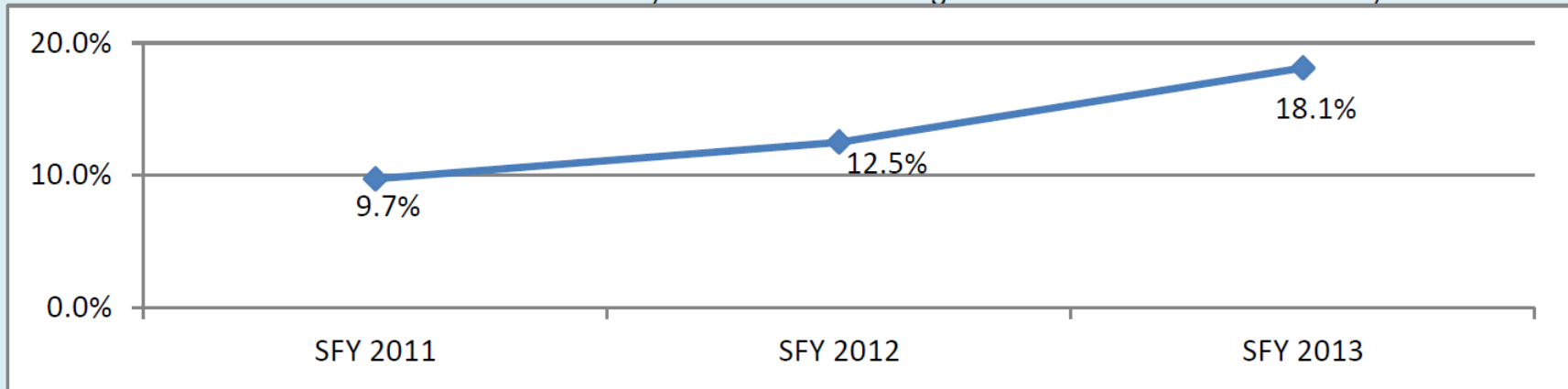


Primary Prevention and Protective Factors

Primary prevention includes approaches before violence has occurred to prevent initial perpetration or victimization

14. Percent of schools implementing Fourth R healthy relationship curriculum

Department of Education & Early Development (DEED). Percentage of public secondary schools that have teachers trained in the Fourth R healthy relationship curriculum. Secondary schools include public high schools, middle schools, and alternative schools. Most current Alaska data is from state fiscal year 2013 and starting Alaska data is from state fiscal year 2011.



Progress is satisfactory ● because this indicator is increasing steadily.

- Population indicator or performance measure?
- Why?

Source: <http://dps.Alaska.gov/CDVSA/dashboard.aspx>



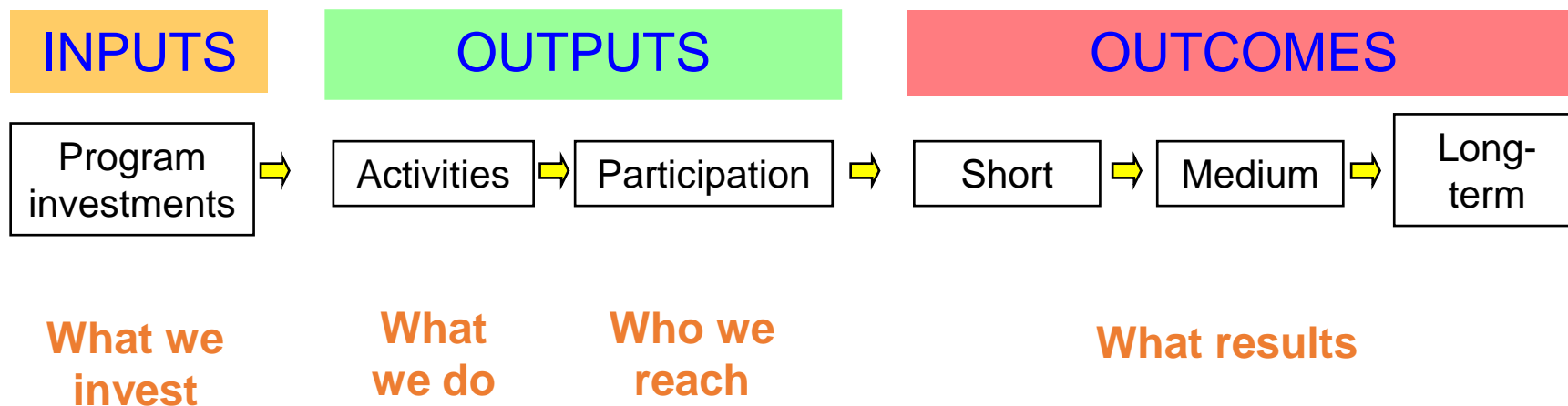
Exercise: Why Evaluate TAAV?



- **Why collect data about impact of TAAV on population?**
 -
 -
 -
- **Population Indicators:**
 -
 -
 -
- **Why collect data about impact of TAAV on participants?**
 -
 -
 -
- **Performance Measures:**
 -
 -
 -



Another Framework: Logic Models



- In its simplest form, logic models examine:
 - Inputs,
 - Outputs, and
 - Outcomes.

Source: <http://www.uwex.edu/ces/pdande/progdev/>

See also: <http://dhss.alaska.gov/Commissioner/Grantees/Pages/logicmodel.aspx>



Steps in Data Collection



Why?

What?

When?

Who?

How?



Focus on Performance Measures



- **Basic qualities of good performance measures:**
 - They are reliable (they provide consistent data)
 - They are valid (they provide the right data)
- **Did crisis counseling promote safety?**
 - Unreliable and invalid:
 - I rarely don't feel good
 - More reliable, but invalid:
 - Since I came to the program, I feel better
 - More reliable and more valid:
 - Since I came to the program, I feel safer



ABC's of Question Construction



- Use simple language
- Ask only about things that the respondents can be expected to know
- Make the question specific
- Define terms that are in any way unclear
- Avoid yes-no questions
- Avoid double negatives
- Don't ask double-barreled questions
- Use wording that has been adopted in validated surveys
- Include enough information to jog people's memories
- Emphasize information so people don't overlook parts of a question
- Use second-hand opinions only if first-hand information is not available
- Be sensitive to cultural differences
- Use questions that work well with different types of respondents



Exercise: What to Measure?



Make these questions more reliable and more valid:

- Does it seem possible or does it seem impossible to you that TAAV cannot prevent rape?
- Now that you've learned about healthy relationships, are you against unhealthy relationships?
- Don't you think that TAAV should receive financial assistance from OVC, OVW, or OJJDP through TLOA?
- TAAV is a culturally relevant program. Were you culturally sensitive?
- Since participating in TAAV, have you been a victim of sexual violence?



TAAV

Performance Measures



- Three types of measures from TAAV participants:
 - How much did the TAAV program do?
 - How well did it do it?
 - What impact did it have?
- Program participation
- Program satisfaction
- Impact of program activities



Program Participation



- Frequency and length of participation
- Participation in TAAV program activities, such as:
 - Outward Bound
 - Meetings
 - Village travel
 - Helping with TWC events
 - Making commercials / videos
 - Lead On! conference
 - Berry picking
 - Camping
 - Community presentations
 - And many more!



Program Satisfaction



- Overall opinion and satisfaction
- Cultural resonance
- TAAV staff members:
 - Provided positive support
 - Were knowledgeable
 - Were respectful
- Favorite program activities
- Reasons for liking program activities
- Least favorite program activities
- Reasons for disliking program activities



Impact of Program Activities



- Developing healthy relationships
- Resisting peer pressure
- Recognizing and avoiding abusive relationships
- Showing respect to others
- Openly expressing emotions and needs
- Using open communication skills
- Managing negativity
- Increasing honest communication



Steps in Data Collection



Why?

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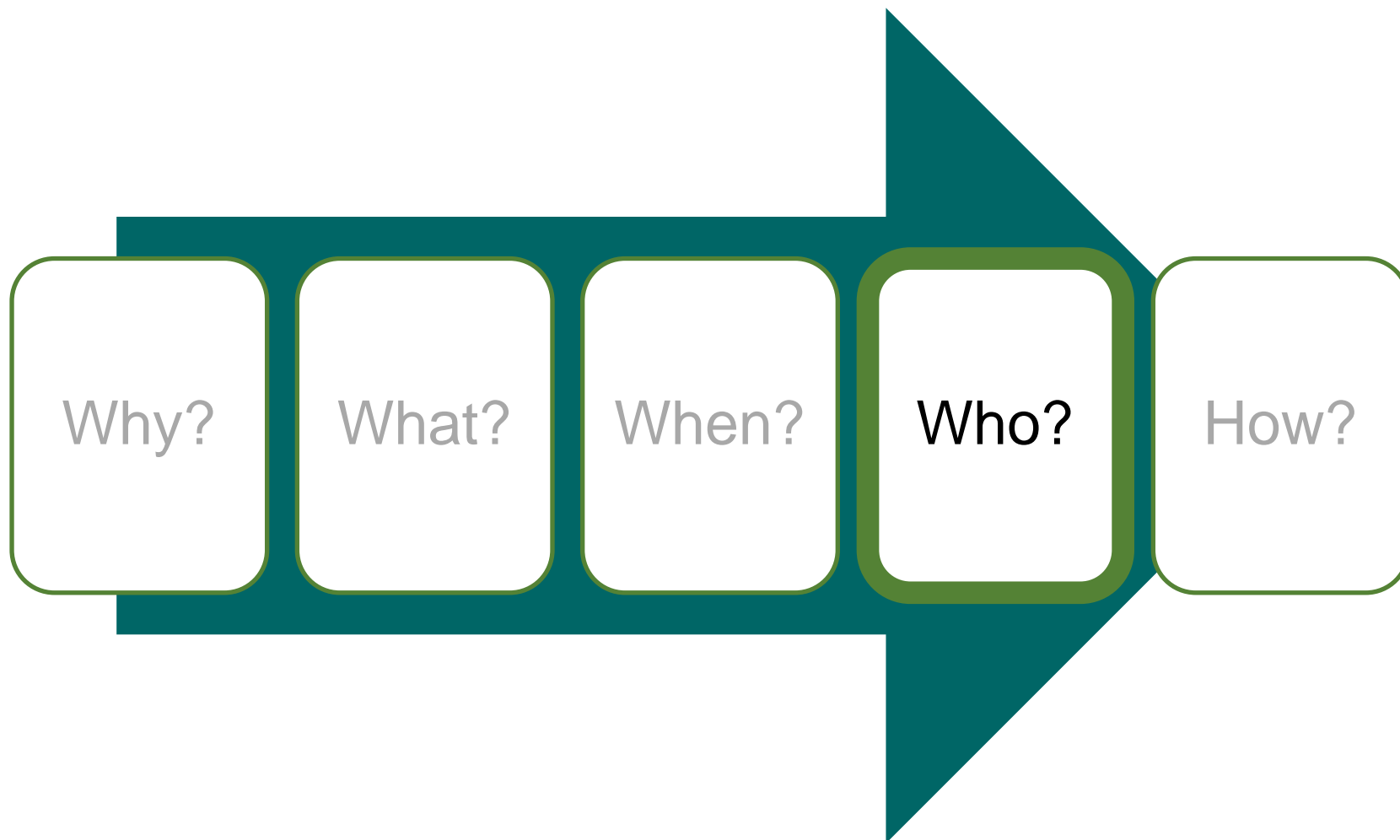
When to Collect Data?



- Obviously collect data after the program
 - How long after the program?
 - How many times after the program?
- Should you collect data before the program?
 - Helpful to establish a baseline
 - Helpful to document individual change over time
 - But change cannot be attributed to program
- Should you collect data during the program?
 - Helpful to document progress
 - More helpful as a process measure than an outcome measure



Steps in Data Collection





Who to Collect Data From?



- Obviously collect data from participants
- Should you collect data from non-participants?
 - Useful to create a comparison group
 - Improves internal validity – our ability to establish that the observed impact was caused by the program, not by other things
 - Works only when people in the comparison group are similar to participants (or when very fancy statistical models are used)
 - Ideally, people are randomly selected to be participants or non-participants



Special Considerations



- Informed consent
- For youth: assent and parental consent
- Tribal authorization
- Selection and recruitment
- Use of incentives and compensation
- Voluntary participation
- Respondent safety and confidentiality
- Mandatory reporting
- Data storage and retention



TAAV Participants



- **Population:** 86 TAAV members over the age of 18
- **Sample:** everyone included in population (85 participated)
- **Criteria for participation:**
 - Must have participated in TAAV
 - Must be 18 years old or older
 - Must consent to participate in the survey
- **Compensation:**
 - \$20 VISA gift card
 - Five \$200 gift certificates to Alaska Airlines
- **Recruitment:** Social media (e.g., Facebook)



Steps in Data Collection



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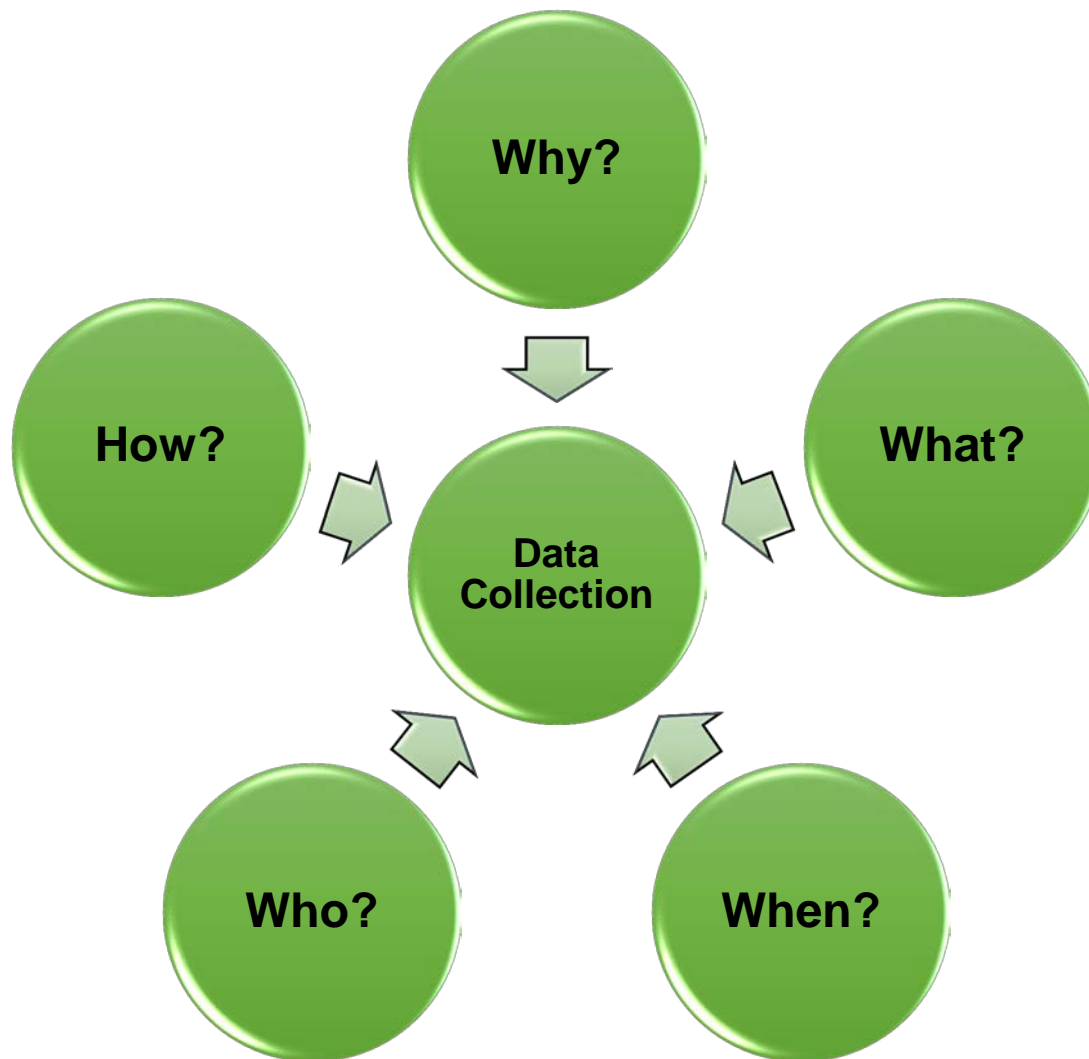
Common Methods of Data Collection



- Records, documents, and data files review
- Written questionnaires, surveys, and checklists
- Face-to-face interviews
- Telephone interviews
- Other collection methods:
 - Observations
 - Case studies
 - Focus groups



The Secret to Successful Data Collection





Key Results: Impact of TAAV



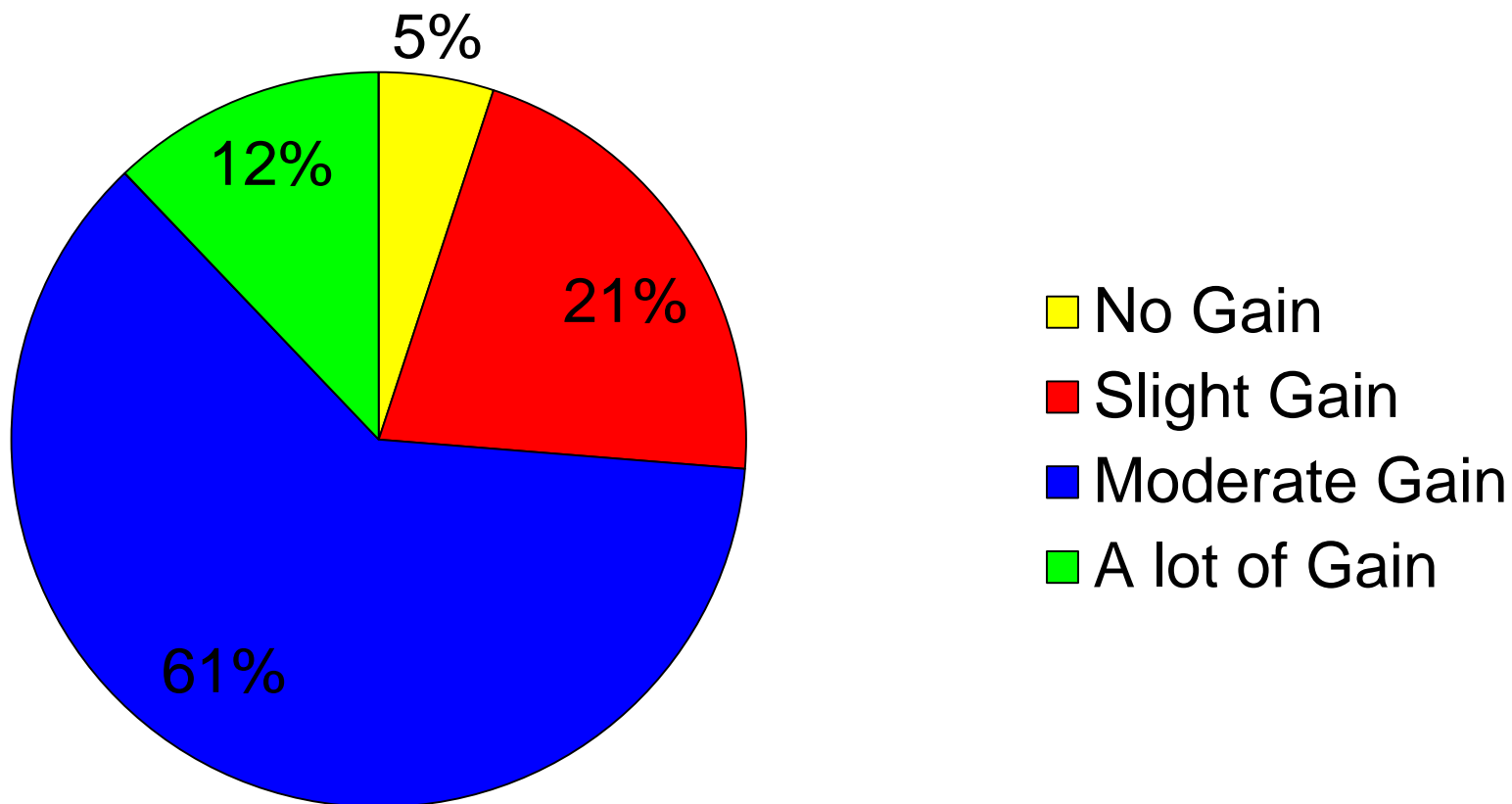
- Did TAAV increase ability to:
 - Develop healthy relationships?
 - Resist peer pressure?
 - Recognize and avoid abusive relationships?
 - Show respect to others?
- Did TAAV increase ability to intervene when witnessing:
 - Controlling behaviors?
 - Stalking behaviors?
 - Bullying behaviors?



Key Results: Impact of TAAV



Ability to develop healthy relationships

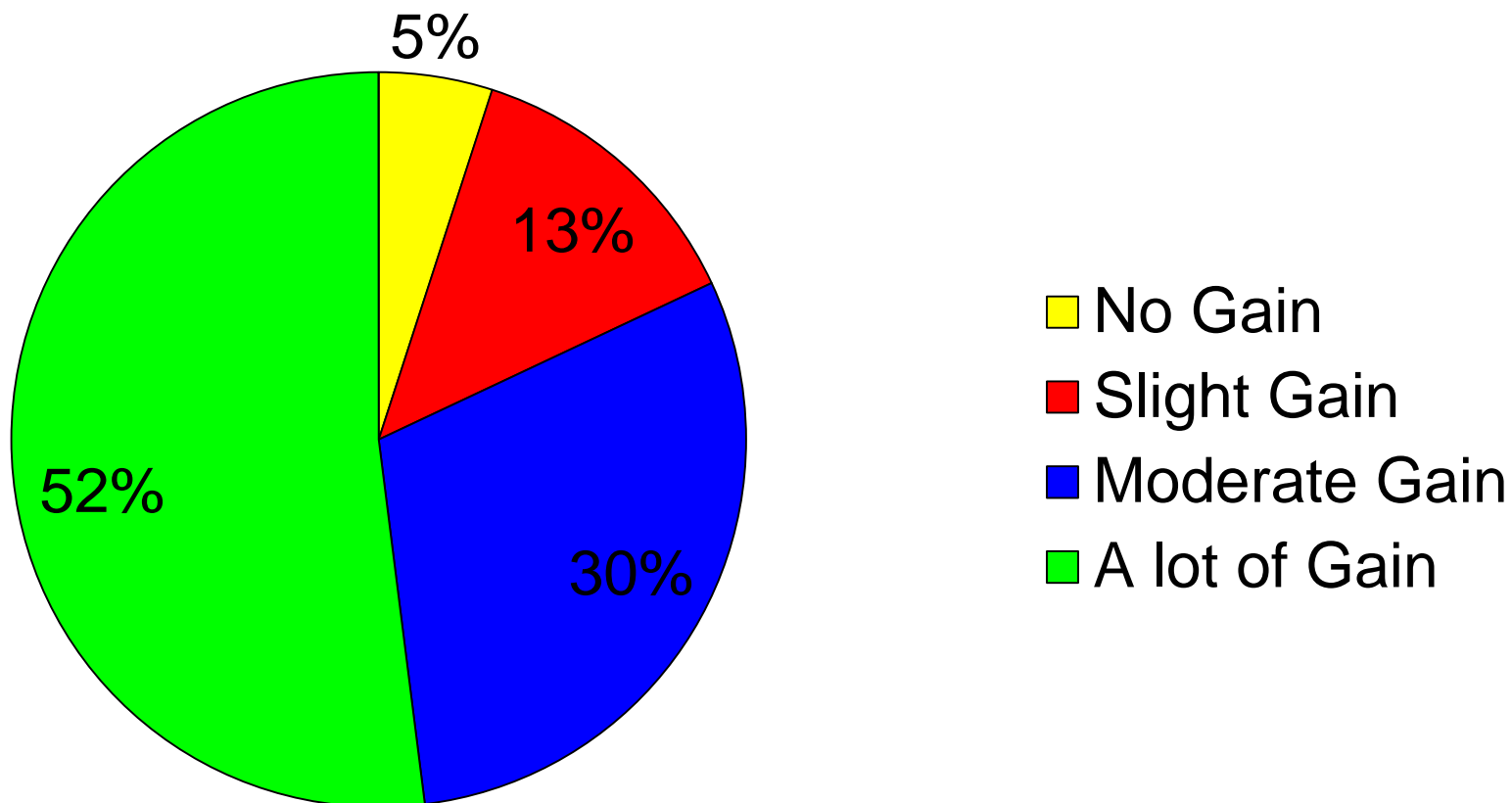




Key Results: Impact of TAAV



Ability to resist peer pressure

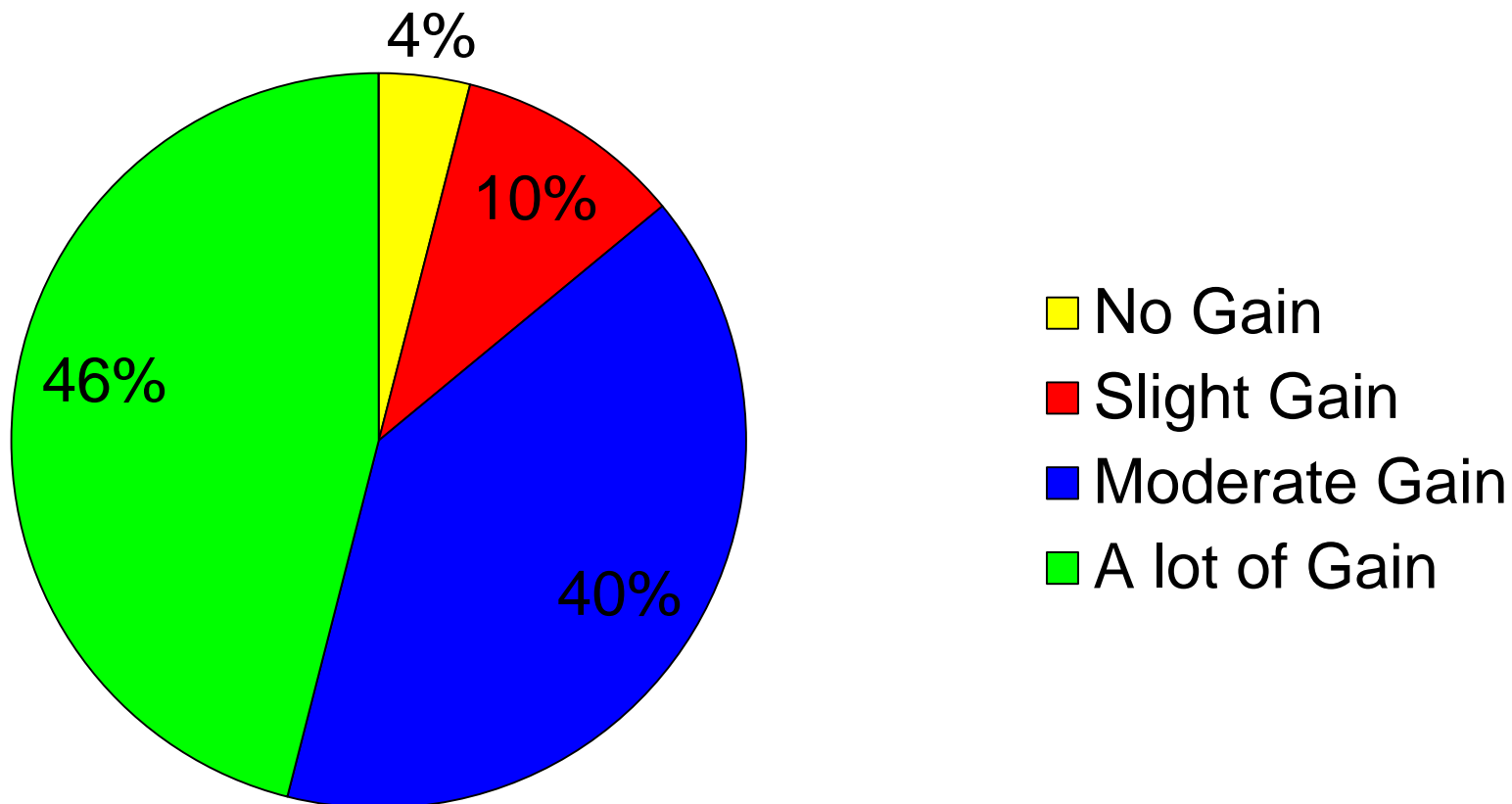




Key Results: Impact of TAAV



Ability to recognize and avoid abusive relationships

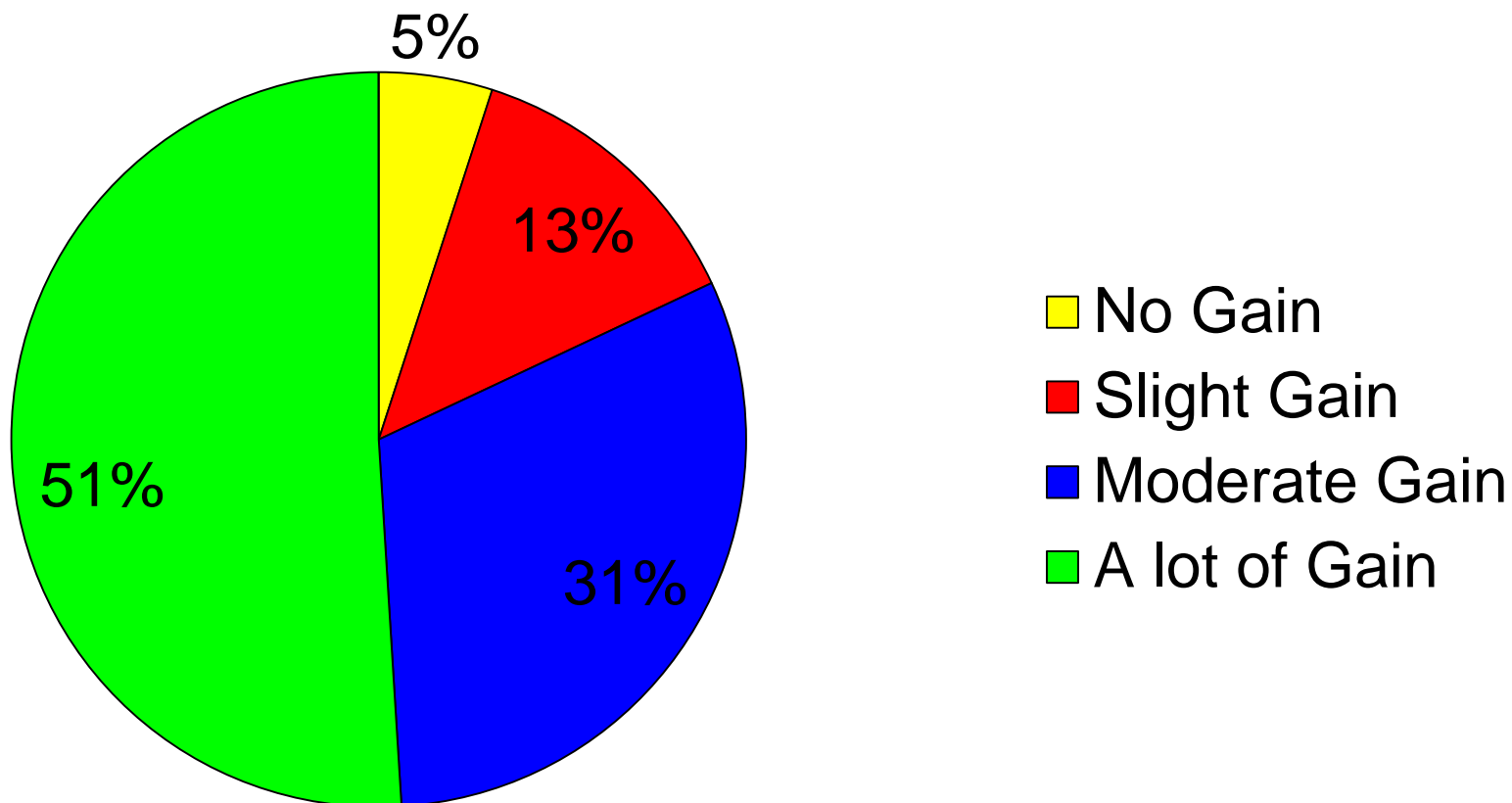




Key Results: Impact of TAAV



Ability to show respect to others

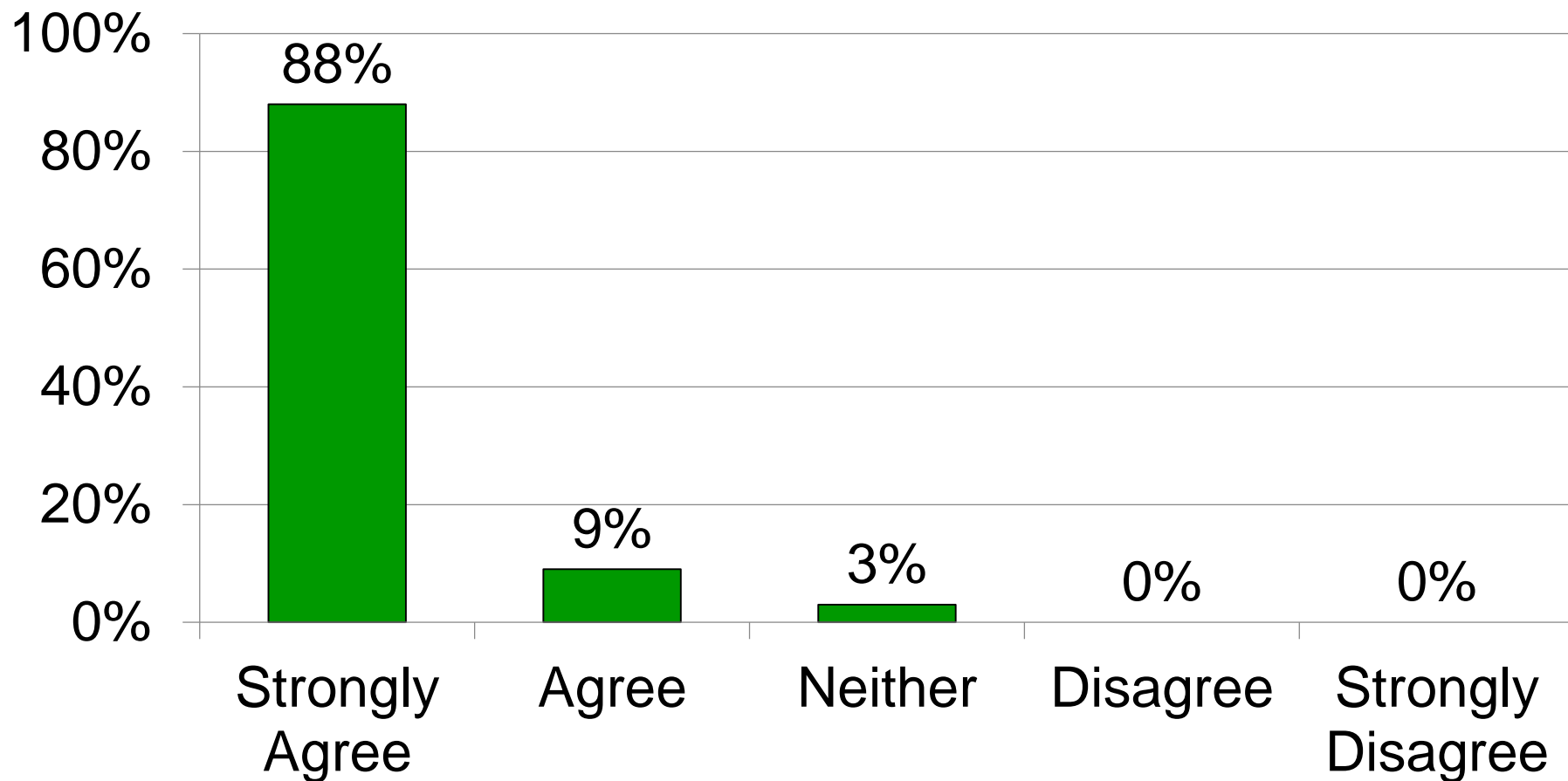




Key Results: Impact of TAAV



Ability to intervene when witnessing controlling behaviors

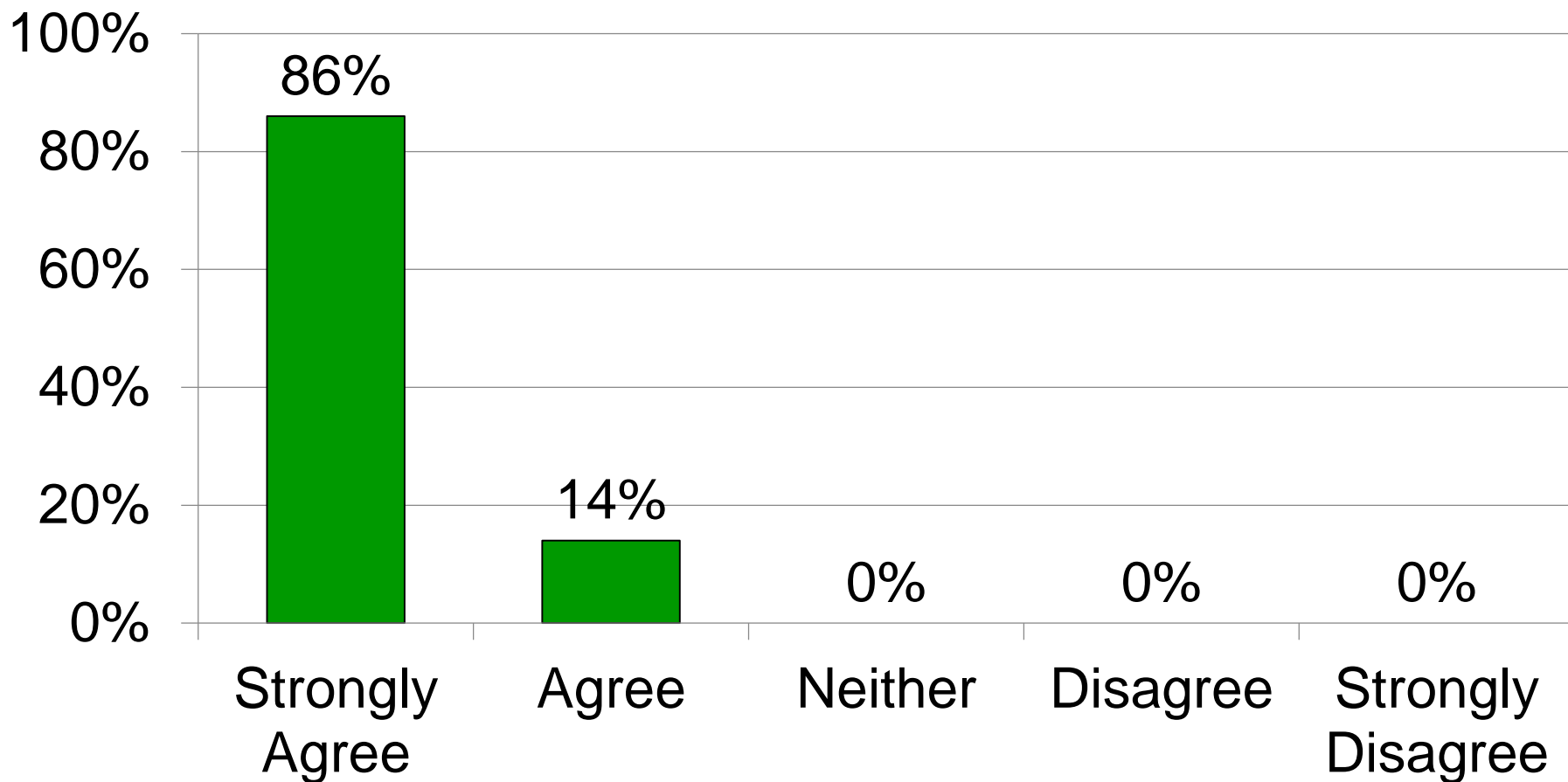




Key Results: Impact of TAAV



Ability to intervene when witnessing stalking behavior

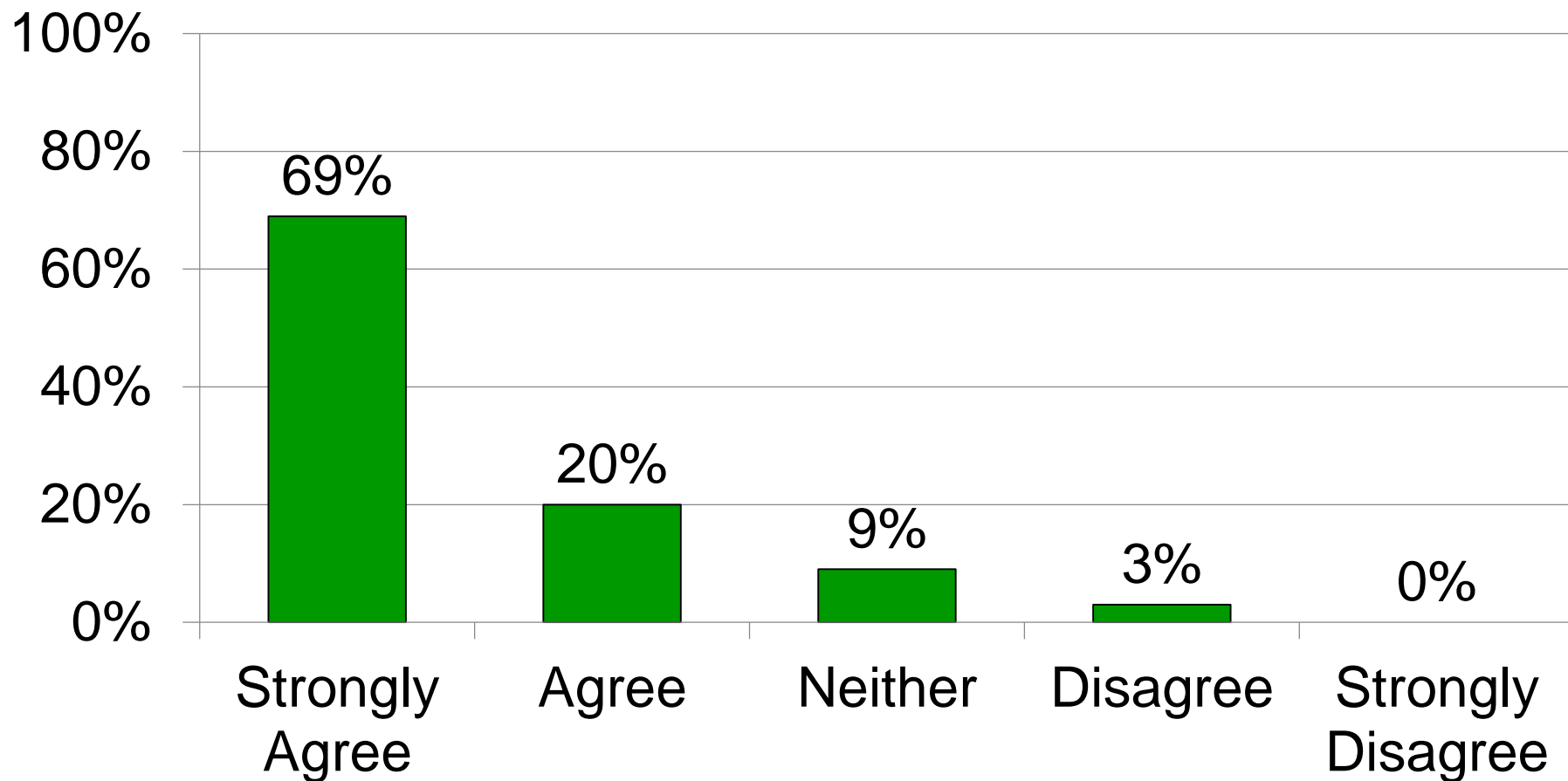




Key Results: Impact of TAAV



Ability to intervene when witnessing bullying behavior





Key Results: Impact of TAAV



- **Overall, TAAV increased ability to:**
 - Develop healthy relationships,
 - Resist peer pressure,
 - Recognize and avoid abusive relationships,
 - Show respect to others,
 - Intervene when witnessing controlling behaviors,
 - Intervene when witnessing stalking behaviors, and
 - Intervene when witnessing bullying behaviors.
- **Lots of other positive results!**
- **Also have important limitations:**
 - Only collected data after the program (no baseline)
 - Only collected data from participants (no comparison group)



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