

Teens Acting Against Violence (TAAV) Program Evaluation





Prepared for the
Teens Acting Against Violence (TAAV) Program
Tundra Women's Coalition

by

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Executive Summary

Teens Acting Against Violence (TAAV) is a student-led anti-violence education group that was formed in 1996 by Tundra Women's Coalition (TWC) in Bethel, Alaska, and made possible by a grant from the Alaska Division of Juvenile Justice (DJJ). The initial goals of the program were to recruit youth who were already peer leaders and have them promote messages aimed at reducing teen dating violence and promoting healthy relationships to their peers. This was accomplished through skits performed as peer education, public service announcements, and video/commercial spots. As TWC grew, experience with the needs of, and awareness of gaps in service to, youth increased. This led to the development of TAAV's key strategies of working with youth: leadership development, work experience, skill building, healthy activities, teen empowerment, cultural relevance, outdoor education, peer education, crisis and family work, and community awareness. Over time, TAAV naturally evolved to include any teen who voluntarily selected to be part of the group. It is no longer a group of youth leaders specifically identified and recruited by TWC staff.

Currently, TAAV is primarily member-driven, open to any youth in middle and high school. TAAV has a yearly membership of approximately 60 to 100 youth participating in education and outreach activities. Although the program is open to all, program administrators report that nearly all participants are Alaska Native youth. The central focus of TAAV is for youth to engage in community and regional outreach activities meant to discourage interpersonal violence and to promote healthy relationships, healthy choices, and healthy lifestyles. Outreach efforts reach up to 1,000 Alaska youth annually.

TWC and TAAV partnered with the University of Alaska Anchorage (UAA) Justice Center to conduct an evaluation of the TAAV program through a one-time survey of former and current adult members (over 18 years of age) of TAAV. Pursuant to TAAV objectives, the focus of the evaluation was placed on examining efforts in the areas of domestic violence and sexual assault prevention, building healthy relationships, encouraging sobriety, and suicide prevention.

This evaluation was two-pronged, focusing on the program effectiveness itself, and the short- and long-term benefits experienced by teen participants up to 10 years post-participation.

TAAV staff identified 86 former or current TAAV members over the age of 18 years as a convenience sample of potential respondents. The majority of TAAV members identified for this evaluation were alumni, rather than current program members. TAAV staff used Facebook and email to invite these 86 individuals to complete the survey. Eighty-five members of the sample participated in the survey, for an overall response rate of 98.8 percent.

Program Satisfaction

Attendance patterns reported by respondents indicate long-term, consistent commitment to the TAAV program — a strong indicator of program satisfaction. Respondents indicated long-term participation in the program that ranged from one (16.4%), two (28.8%), three (32.9%), to four

(21.9%) years of active participation in TAAV. On average, the majority of respondents attended TAAV two (39.4%), three (21.1%), or four days (19.7%) per week.

Overwhelmingly, TAAV members reported satisfaction with the TAAV experience. Specifically, TAAV participants reported that they felt accepted and supported in the program. Additionally, respondents reported that they had made friends in the program and learned new skills to help build a healthier life. Overall, the majority of respondents reported that their behavior had changed (89.7%), the way they make choices had changed (87.9%), and the choices they make had changed (86.2%).

Ninety-four percent of respondents reported that TAAV members were engaged and respectful in the program activities, which helped increase overall satisfaction. Overall, TAAV members had an overwhelmingly positive opinion of the TAAV program, with only one member indicating that it is somewhat unlikely they would recommend TAAV to teens they know.

TAAV Staff

Ninety-six percent of current and former TAAV members reported satisfaction with the job performance of TAAV staff. Additionally, respondents reported that staff were conscientious and kind (97.9%), and agreed that staff served as resources for leadership and support (98.0%). Further, 96 percent of respondents reported that staff provided leadership opportunities to TAAV members.

Cultural Considerations

Connections to cultural beliefs and experiences are an important asset that can lead to increased resiliency. Alaska Native tradition and culture serve an important role in developing personal values or beliefs of TAAV members. The majority of respondents indicated that having traditional Alaska Native values and practices was important in their lives (95.9%). Respondents reported that following traditional Alaska Native culture (91.8%) and traditional Christian beliefs (87.8%) was important for developing their personal values and beliefs. Nearly 90 percent of respondents reported that following traditional Alaska Native beliefs was an important factor in their personal values and beliefs.

Exposure to cultural experiences is important to the continuation of cultural traditions and activities. Overall, the majority of respondents reported that they had taken part in Alaska Native cultural activities at least once in their lifetime. The four most common cultural experiences respondents reported participating in at least once in their lifetime were berry picking and taking a steam (tied at 95.9%), traditional dancing or drumming (93.7%), and fishing or checking a set net (91.8%). The three least common cultural experiences respondents reported participating in at least once in their lifetime were sewing —such as sewing a *malaqi* (79.6%); hunting for big game like caribou, moose, or seal (73.5%); and carving or net mending (49.0%).

Eighty-six percent of respondents reported that they agreed or strongly agreed that TAAV activities/programs were culturally relevant. Fourteen percent of respondents reported that they were neutral about the cultural relevance of the TAAV program.

TAAV Activities

TAAV activities have evolved over the years, and not all activities have been offered every year. Survey respondents reported that the three most-liked program activities were Outward Bound trips, TAAV meetings, and travel to villages for outreach. Overall, respondents indicated that they preferred these activities because they enjoyed traveling to neighboring villages as well as outside Alaska, they enjoyed educating others, and they enjoyed working toward a common goal with others (teamwork).

Although respondents indicated that cultural activities are important to them, overall, only six percent of respondents said that they enjoyed learning/practicing cultural activities while they were actively participating in TAAV. The four least-liked program activities were boating the Kuskokwim River; kayaking local lakes; *manaqing* (ice fishing trips); and traditional crafts like sewing, making a storyknife, and carving. Possibly, these activities were less enjoyable to TAAV members because they were familiar activities that were already a part of their lives in Bethel. Cultural activities were not available to TAAV members until the early 2000s, so smaller groups of youth have engaged in those.

Fundraising activities are an important part of the TAAV experience because they help pay for program activities — such as Outward Bound which is a favorite activity of TAAV members. The majority of TAAV participants reported having worked on fundraisers. Over 94 percent of those respondents reported that it felt good to be a part of a group effort, and nearly 73 percent felt proud to contribute toward a common goal. More than half of all respondents reported that participating in fundraisers was a good use of their time.

TAAV Impacts

Overall, TAAV was perceived by respondents to have been a positive to very positive influence on developing life skills necessary for healthy relationships and lives. Respondents reported that they had increased their skills and knowledge the most about domestic violence (81.8%), healthy relationships (77.3%), and sexual assault/abuse (71.2%). Further, respondents agreed that they had been positively impacted by their time in TAAV. Overall, TAAV participants experienced positive impact on how they live their lives today, their personal importance and impact on the community, and on the new opportunities afforded them by their participation in the TAAV program.

TAAV has also impacted participant lives by sharing knowledge about how to make healthy life choices, how to avoid or end unhealthy relationships, how to practice healthy communication skills, how to nurture healthy relationships, and how to resist peer pressure. Over 90 percent of

respondents reported that their participation in TAAV resulted in positive impacts on these areas of personal development and empowerment.

A key aspect of TAAV's approach to individual and collective empowerment of youth is encouraging members to embrace outdoor activities. This is especially true with respect to the program's efforts to link its activities and programs to traditional cultural practices. Nearly 90 percent of respondents agreed or strongly agreed that they experienced positive impact from participation in outdoor activities at TAAV. Respondents reported that TAAV's outdoor programming and activities had the highest impact on the following three areas: increased their skills and knowledge (80.4%), helped to build pride of self and place (66.7%), and increased self-esteem (64.7%). About one-third of respondents reported that they had discovered cultural traditions and learned traditional ways of doing things through TAAV's outdoor activities.

Life Skills

The TAAV program strives to instill healthy life skills in all TAAV participants. Healthy life skills are associated with managing and living a better quality of life. Overall, more than 90 percent of respondents reported that they experienced positive outcomes from their participation in the TAAV program. Nearly 80 percent of respondents reported that they had definitely come away from TAAV with a better connection to at least one adult, increased knowledge about healthy relationships and domestic violence, and respect for themselves and their bodies. Further, they reported that they would be sharing the knowledge and skills they developed in TAAV with their community.

This section reported the positive or negative impact of TAAV participation, as well as the lasting impact of TAAV on current life skills. Ninety-seven percent of respondents reported that TAAV had a positive impact on their interpersonal skills, with 25 percent of respondents reporting that they had mastered this skill set. Ninety-two percent of respondents reported that TAAV had a positive impact on their healthy self-care skills, with 28 percent of respondents reporting that they had mastered this skill set. Eighty-eight percent of respondents reported that TAAV had a positive impact on their abilities to deal with adversity, with 21 percent reporting that they had mastered this skill set.

Self-perceptions

When participants leave TAAV, the intent is that they should leave with a better understanding of themselves, the ability to have healthy relationships, and a stronger connection with the community. We measured respondent level of agreement about their individual value, support networks, self-esteem, and value to the community of TAAV members. Just under 94 percent of respondents reported that they had individual value and healthy self-esteem. Ninety-four percent of respondents reported that they had developed strong support networks. Ninety percent of respondents reported that they were valuable members of the community. Ninety-seven percent of respondents reported that they were considered role models in their community.

Interpersonal Relationships

The importance of healthy relationships is a focus in the TAAV program. Developing healthy relationships free of controlling behaviors and other abuse is a key part of the program. Overall responses were positive, indicating that TAAV was successful in developing interpersonal relationship skills in former and current TAAV members.

Respondents indicated their agreement with questions measuring respect, trust, and communication in their relationships. One hundred percent of respondents who reported having been in a relationship since TAAV agreed or strongly agreed that they enjoyed respect in their current relationship. Ninety-seven percent of respondents agreed or strongly agreed that they had trust and good communication in their relationship.

Bystander Intervention

Part of TAAV's mission is to help participants be able to identify domestic violence and sexual violence outside of their own relationships. This may apply to interactions among family members, friends, peers, or strangers in the community. Part of being a healthy member of the community is feeling empowered to speak up about inappropriate behaviors that one may witness.

Current and former TAAV members reported that they were more likely to intervene if they witnessed behavior that is inappropriate and potentially illegal, rather than do nothing. TAAV members were slightly more likely to intervene if the involved parties were friends of the member rather than strangers (95.4% and 93.7%, respectively). Additionally, 80 percent of TAAV members were likely to speak in public about the issues of domestic and sexual violence.

High-risk Behaviors

Following participation in TAAV, it is hoped that illegal behavior by TAAV members will cease or decrease. When asked about alcohol and drug use in the preceding month, 100 percent of the adult respondents had not used methamphetamines, LSD, cocaine, heroin, or other illegal drugs, or inhalants for the high. Ninety-eight percent of current and former adult TAAV members reported not using non-prescription, over-the-counter drugs for the high or prescription drugs without doctor's orders in the past month. Seventy-two percent of adult respondents had not used marijuana in the preceding month, while only 41 percent of the adult respondents (over 18 years of age) had not drunk alcohol or homebrew.

Further, 100 percent of respondents had not carried a handgun for a purpose other than hunting or protection from wildlife, while 98 percent of respondents had not carried another weapon (such as a knife) for a purpose other than hunting or protection from wildlife. Ninety-eight percent of current and former TAAV members had not sold illegal drugs, stolen or tried to steal a motor vehicle, or committed acts of vandalism in the past year. Ninety-six percent of respondents had not stolen something other than a car or other motor vehicle; and 92 percent had not threatened,

bullied, or harassed someone in their community in the prior year. Finally, 82 percent of TAAV members had not been arrested and 80 percent had not been in a fight (20% had been in a fight the prior year).

The prevalence of these high-risk behaviors by TAAV members prior to participation in TAAV is unknown. However, the low prevalence of high-risk behaviors in former TAAV members suggests a remarkably positive outcome following participation in TAAV.

Member Feedback

The TAAV experience has left current and former members with many avenues through which they can put what they have learned into practice, such as sharing the knowledge and having the ability to help others in need. The majority of respondents would like to remain active in TAAV social events and activities.

Respondents shared their ideas for improving TAAV. The top three ideas for improving TAAV were to expand program availability to more youth (including beyond Bethel) (n = 6), to increase the presence of male participants as staff and role models (n = 2), and to establish an alumni program (n = 2).

Conclusion and Recommendations

Overall, TAAV was a positive experience for the majority of the current and former TAAV members. TAAV is poised to remain a model for prevention, intervention, and education of middle and high school students in Alaska, if not the country.

Future evaluations would be helped by obtaining base-level data from TAAV members as they enter the program. These data could then be used to ascertain more accurate levels of improvement in knowledge domains. In addition, annual surveys would be helpful in attempting to objectively identify the level of improvement experienced by individual TAAV members, as well as the group as a whole.

Expansion of the TAAV program to other communities in the Yukon-Kuskokwim Delta would provide maximum impact in the region, while increasing the number of male participants and adult role models within TAAV may encourage more male youth to participate in TAAV activities. Additionally, TAAV should continue to take note of program activities that resonate most strongly with TAAV members and continue to make those activities available regularly. Some of these activities include Outward Bound trips, traveling to neighboring villages, attending TAAV meetings, fundraising efforts, and helping with TWC events. TAAV should also further develop their community partnerships to allow for more opportunities for job skill development of TAAV members. Finally, establishing an alumni program may provide an avenue through which former TAAV members can give back to not only the program, but to the current TAAV members.

Note to Readers

Because of the sampling procedure used and the intentional limiting of the sample to adults (over 18 years of age) only, the results presented cannot be extrapolated to the entire population of youth who participated in TAAV since 1996. Instead, they can be extrapolated to TAAV members who regularly participated in TAAV programs.

Section I. Introduction and Background

Origins

In 1996, the Tundra Women's Coalition (TWC) received a grant from the State of Alaska, Division of Juvenile Justice to start a youth program aimed at reducing youth violence in Bethel. The initial goals of the program were to recruit youth who were already peer leaders and have them promote messages aimed at reducing teen dating violence and promoting healthy relationships to their peers. Over time, TAAV evolved to include any middle and high school youth who voluntarily selected to be part of the group. In addition, the scope of the program expanded to include leadership development, work experience, skill building, healthy activities, teen empowerment, cultural relevance, outdoor education, peer education, crisis and family work, and community awareness.

Although the program is open to any interested teen, program staff report that participants are overwhelmingly Alaska Natives. TAAV members currently meet three days each week during the school year and intermittently in the summer time. Summer meetings and activities are generally scheduled to coincide with, and expose teens to, subsistence activities.

Funding

Funding for the TAAV program is received primarily via grants and fundraising efforts. As of 2015, TAAV has two full-time staff positions — a full-time volunteer from the Jesuit Volunteer Corps, and a full-time position funded by a grant from the Alaska Network on Domestic Violence and Sexual Assault (ANDVSA). TAAV's subsistence activities are funded by an Engaging Men and Boys grant provided by ANDVSA. Teens Lead Ahead Camp is currently funded by many small grants. Outreach activities are funded by the Council on Domestic Violence and Sexual Assault (CDVSA). Outward Bound trips, among other activities, are funded through the fundraising events organized by TAAV.

Program Membership and Objectives

Originally, participants consisted of student leaders. Over time, the program has shifted to primarily serving youth exposed to various types of substance abuse, physical abuse, poverty, and/or mental health issues. Participation is voluntary and open to interested middle and high school students. TAAV does not have an attendance requirement for members; members attend based on their personal schedules, interest, and motivation. TAAV typically has as many as 60 to 100 participants throughout the year, with a core group of about 20 members who attend meetings on a regular basis. Outreach efforts expose an additional 500 to 1,000 Alaska youth annually to TAAV's awareness campaigns, school presentations, and events like Teens Lead Ahead Camp.

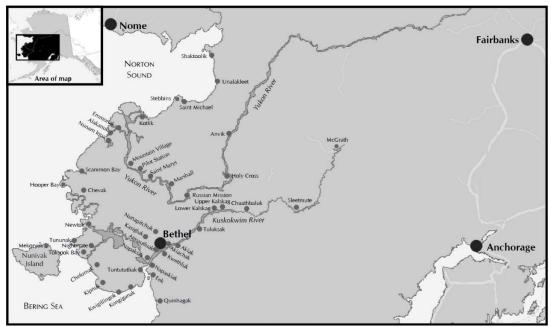
Programs and education at TAAV are member-driven and consist primarily of hands-on activities, usually based on presentations by guest speakers. For example, if members show an interest in

education about suicide, TAAV will attempt to have an expert in the field present information to the group; the presentations will often be followed by activities to reinforce the lessons learned. The curriculum is variable and somewhat dependent on the interests of the current TAAV members. TAAV members also engage in recreational, community-based activities, fund-raising activities, and activities grounded in traditional Yup'ik culture, such as subsistence hunting or fishing, and traditional crafts such as beading or sewing a *malaqi* (fur hat). Ultimately, TAAV strives to create a supportive, positive, and fun community for TAAV members to return to on a regular basis.

In addition to providing educational opportunities for members, a central focus of TAAV is engaging teens in community and regional outreach activities. TAAV members speak to peer and community groups about issues such as domestic violence, teen dating violence, sexual assault, types of abuse, suicide, and substance abuse. Members use discussions, activities, and the experiences and wisdom of other members to communicate their message. An important part of TAAV is sharing knowledge with peers and communities throughout the Yukon-Kuskokwim (Y-K) Delta. TAAV members travel to village classrooms, perform skits or facilitate presentations at conferences and events, record public service announcements on TV or radio, sponsor healthy activities for local youth, and conduct various community awareness campaigns. Furthermore, TAAV provides inspirational violence prevention education to the whole Y-K Delta through peer education and community awareness building. TAAV members reach up to 1,000 Alaska youth annually through their outreach efforts.

Bethel

The TAAV program is located in Bethel, a remote city on the Kuskokwim River in the Yukon-Kuskokwim Delta region of Southwest Alaska. Approximately 400 miles west of Anchorage and



Source: Justice Center, University of Alaska Anchorage

40 miles east of the Bering Sea, Bethel is accessible by river or air only. It is the biggest Kuskokwim River port, and is a transportation and administrative hub for more than 50 rural villages in the region.

Bethel is the largest city in southwest Alaska, with an estimated population of 6,080 people (U.S. Census Bureau, 2015). According to the most recent census, the vast majority of the population is Alaska Native/American Indian (65%), followed by White (23%), and multiracial (7%). As of 2010, 33 percent of the population was under 18 years of age. In Bethel, approximately 12 percent of the population lives below the poverty level (3-year average, 2009–2013; U.S. Census Bureau, 2015), while approximately 10 percent statewide and 15 percent nationwide live below the poverty level. In nearly 44 percent of Bethel homes, a language other than English is spoken in the home (U.S. Census Bureau, 2015).

According to the Alaska Victimization Survey (Rosay, 2012), 45 out of 100 adult women who reside in the Y–K Delta have experienced intimate partner violence (IPV) and 25 out of 100 adult women have experienced sexual violence (SV). Fifty-one out of 100 adult women have experienced IPV, SV, or both in their lifetimes. Due to the limitations of the data collection methods used in the survey, results represent conservative estimates. The survey excluded non-English speaking women, women without phone access, and women not living in a residence (e.g., shelters, hospitals, homeless, prisons, etc.). Estimates may be significantly higher among women excluded from the survey. Further, the survey did not measure all forms of intimate partner violence or sexual violence, therefore estimates are conservative. Estimates may also be impacted by the continuing stigma of reporting IPV and SV.

Section II. Methodology

Purpose

TWC and TAAV administrators partnered with the University of Alaska Anchorage (UAA) Justice Center to conduct an evaluation study of the TAAV program through a one-time survey of former and current adult TAAV members (over 18 years of age). The majority of TAAV members identified for this evaluation were alumni, rather than current program members. Pursuant to TAAV's objectives, the evaluation focused on domestic violence and sexual assault prevention, building healthy relationships, encouraging sobriety, and suicide prevention efforts.

This evaluation is two-pronged, focusing on the program itself, and the short- and long-term benefits experienced by teen participants up to 10 years post-participation. Following are the questions this evaluation strives to answer:

Program Focus

- Which program activities were liked most? Why?
- Which program activities were disliked, or ineffectual? Why?
- What was missing from the program? What should be added for the future?
- Was the program culturally sensitive and appropriate?
- Were TAAV staff supportive and helpful?
- Were TAAV staff respectful and appropriate?
- Were TAAV staff liked by participants?

Short- and Long-term Benefits

- What, if any, impact did participation in TAAV have on the members?
- Did participants experience short-term benefits? If so, what?
- Did participants experience long-term benefits? If so, what?
- Did participants incorporate lessons learned at TAAV into their life?
- Did participants' attitudes, beliefs, actions, and/or behaviors change because of their TAAV experience?
- Did participants' knowledge, skill, and/or ability levels improve because of their TAAV experience?
- Did participants have greater self-esteem after TAAV?
- Did participants leave TAAV with a better understanding of traditional Yup'ik customs?
- Did participants leave the TAAV program empowered?

Survey Instrument

The survey instrument (see Appendix A: TAAV Survey) was modeled after several existing survey instruments. Questions appropriate to the project were adapted from these existing surveys into the final TAAV survey (see Appendix B: List of Survey Resources).

Previously created questionnaires were sought for use in this evaluation. Due to the broad array of topics explored in TAAV, we were unable to locate a satisfactory instrument. Working with TWC staff, a questionnaire was created through the identification of program-specific topic areas and the adaptation of other surveys.

Sampling

The results reported here were obtained using a convenience sampling procedure because a fully enumerated sampling frame of current and former TAAV participants could not be obtained. TAAV staffers (several of whom were TAAV alumni) identified 86 potential survey participants who were classified as *regular attendees*. All of those who were identified by TAAV staff were *adults* (age 18 and over). Current and former TAAV members under the age of 18 were not included in the sample and were not contacted for the purposes of this evaluation.

After TAAV staff identified the sample pool, respondents were recruited through social media outlets by TAAV staff (Facebook was the primary method of recruitment). Sample members who could not be contacted via social media outlets were reached through alternate methods such as email messages and telephone calls. Survey participation reminders were sent to sample members up to four times prior to the close of data collection. The data collection period was March 15, 2013 through May 20, 2013.

Due to the sampling protocol used (convenience sampling, limited to adults only), the findings reported here cannot be extrapolated to all previous participants. Instead, they can be extrapolated to TAAV members who regularly participated in TAAV programs.

Compensation

Survey respondents were provided compensation approved by the UAA Institutional Review Board (IRB). Each respondent was eligible to receive a \$20 VISATM gift card as an incentive for completing the survey, and was eligible to win one of five \$200 Alaska Airlines vouchers by providing their name and mailing address at the end of the survey.

Response Rate

Of the 86 current and former (adult) TAAV members identified, 85 accepted the invitation to participate, for an overall response rate of 98.8 percent.

Survey Administration

The survey was made available to sample members via a secure, web-based survey tool called Qualtrics. (Readers can find out more about Qualtrics capabilities at http://qualtrics.com/.) Each respondent was provided the web address of the TAAV survey, as well as login information, through direct social media messaging, by email, or over the phone. By adopting this mode of survey administration, TAAV survey participants were able to complete the survey at their convenience using a computer or a cell phone with Internet browsing capabilities.

Data Presentation

Because participants' responses to some items were highly correlated with each other, and in order to simplify presentation of the data, we calculated composite measures. (By "highly correlated," we mean that participants who responded in a specific way to one item tended to respond the same way to other items as well.) The composite measures were calculated as the sum total of the correlated items identified. Each sum total was then divided by the total number of items included in the composite so that the results could be interpreted according to the original scale of measurement. Each composite measure is clearly marked. The original and composite data tables are available in Appendix C: Data Tables.

Not all respondents answered all questions. Tables and figures are clearly marked with the total number of respondents (N=x) who answered a given question.

Section III. Program Satisfaction

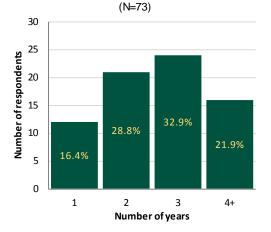
Participant satisfaction is a significant indicator of program satisfaction. We asked several questions of respondents in order to gauge their level of satisfaction with the TAAV program.

In this section, we report on the attendance patterns of TAAV members, the impact of the TAAV experience on TAAV members, opinions of TAAV peers by former and current TAAV members, and overall program satisfaction by TAAV members.

Attendance Patterns

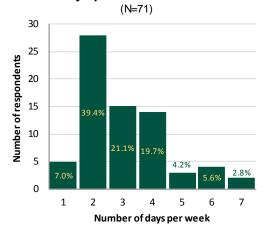
On average, survey respondents participated in TAAV for three years. More than 20 percent of respondents reported committing to TAAV for at least four years. Figure 1 shows the overall TAAV participation of survey respondents.

Figure 1. Years of Participation in TAAV



Source of data: TAAV Participant Survey, 2013

Figure 2. Program Attendance by Number of Days per Week Attended



Source of data: TAAV Participant Survey, 2013

Weekly attendance at TAAV meetings, as reported by survey respondents, is shown in Figure 2. Respondents were most likely to attend TAAV meetings two times each week. More than half of those who responded reported attending three or more TAAV meetings each week.

The TAAV Experience

Current and former TAAV members were asked to answer yes or no to a list of questions about their experiences at TAAV (Table 1). An affirmative response indicates a positive experience in the program. Overall, TAAV members responded positively about their experiences at TAAV.

The most favorable responses show that 98 percent of respondents felt accepted and supported in the TAAV program, while 97 percent of respondents felt safe in the program and felt that TAAV

program staff really cared about them. In addition, 97 percent of current and former TAAV members said that they had made friends in the program.

The least favorable responses still reflected positive reactions from over 70 percent of TAAV members. Seventy-eight percent of respondents felt that TAAV helped them build job skills and 71 percent of respondents felt that TAAV helped create work opportunities for them. In addition, 78 percent of TAAV members believed that their experience in the TAAV program led them to become role models for youth in their community.

Perhaps more significantly related to the goals of the program, respondents said that their behavior had changed (89.7%), the way they make choices had changed (87.9%), and the choices they make have changed (86.2%). Respondents also reported feeling like they belonged (93.1%), that there were staff members available to help solve problems (91.4%), and that they were a part of their community (89.7%). Further, involvement in stimulating and engaging activities proved to be a positive experience for 91 percent of current and former TAAV members.

These results suggest that the TAAV program provided an overall positive, healthy environment for TAAV members to participate in TAAV programs.

Table 1. The TAAV Experience

Row percentages

_		Yes		No	
Please answer the following questions about your experience in TAAV.	N	%	N	%	Total
Did you feel accepted and supported in the program?	57	98.3 %	1	1.7 %	58
Did you make friends in the program?	56	96.6	2	3.4	58
Did you feel safe in the program?	56	96.6	2	3.4	58
Did you feel like the staff really cared about you?	56	96.6	2	3.4	58
Did you feel like you belonged?	54	93.1	4	6.9	58
Were you involved in stimulating and engaging activities?	53	91.4	5	8.6	58
Was there a staff person who helped you solve your problems?	53	91.4	5	8.6	58
Did you feel like part of a community?	52	89.7	6	10.3	58
Did your participation in TAAV change your behavior?	52	89.7	6	10.3	58
Did your participation in TAAV change the way you make choices?	51	87.9	7	12.1	58
Did your participation in TAAV change the choices you make?	50	86.2	8	13.8	58
Did TAAV help you build job skills?	45	77.6	13	22.4	58
Has your time at TAAV led you to become a role model to youth in your community?	45	77.6	13	22.4	58
Did TAAV help create work opportunities for you?	41	70.7	17	29.3	58

Source of data: TAAV Participant Survey, 2013

TAAV Peers

Interactions among program participants can shape overall satisfaction. We asked current and former TAAV members to share their level of agreement with statements about their TAAV peers. A composite measure was created from the responses, effectively measuring the engaged and respectful nature of TAAV peers.

Members were Engaged and Respectful

Respondents were asked to share their perceptions of their TAAV peers by indicating their level of agreement with each of the following seven statements:

- TAAV group members helped each other, even if not friends.
- TAAV group members treated each other with respect.
- TAAV group members were respectful of everyone's culture/background.
- TAAV group members shared their ideas with the group.
- TAAV group members treated staff with respect.
- TAAV group members followed the program rules and met expectations.
- TAAV group members turned to adult staff for help with problems.

The results presented in Figure 3 show that current and former TAAV members overwhelmingly agreed (93.6%) that their peers were engaged and respectful of each other and the program. Fifty-seven percent of respondents strongly agreed and 36 percent agreed that their peers were engaged and respectful (2.1% had a neutral opinion). Four percent of respondents strongly disagreed that TAAV members were engaged and respectful to their peers and program staff.

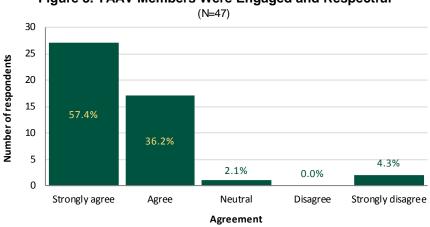


Figure 3. TAAV Members Were Engaged and Respectful

Source of data: TAAV Participant Survey, 2013

"Thank you for the chance to experience the best times of my life." - TAAV respondent

"I wish we could go back and relive those days in TAAV!" – TAAV respondent

"I wish I could experience it all over again!" - TAAV respondent

Overall Satisfaction

Satisfaction ratings are important indicators of program success. Overall, 91 percent of respondents expressed satisfaction with the program (Table 2), while no current or former TAAV members expressed dissatisfaction with the TAAV program. Overall opinions of the TAAV program were also positive, with only one TAAV member indicating that TAAV was OK, and no TAAV members indicating that the program was poor or terrible (Table 3). Ninety-nine percent of current and former TAAV members hold a good or excellent opinion of the TAAV program (28.8% and 69.9%, respectively).

Table 2. Overall Satisfaction with the TAAV Program

How would you rate your overall satisfaction with the program? % Completely satisfied 42 75.0 % Somewhat satisfied 9 16.1 8.9 Neutral Somewhat dissatisfied 0 0.0 Completely dissatisfied 0 0.0 Total 56

Source of data: TAAV Participant Survey, 2013

Table 3. Overall Opinion of the TAAV Program

Overall, I think the TAAV program is	N	%
Excellent	51	69.9 %
Good	21	28.8
OK	1	1.4
Poor	0	0.0
Terrible	0	0.0
Total	73	

Source of data: TAAV Participant Survey, 2013

Ninety-six percent of respondents reported that the program had fair rules and expectations (Appendix C: Data Tables: Table 26).

One of the best indicators of a successful program is the likelihood of past and current participants recommending the program to others. We asked current and former TAAV members if they would recommend TAAV to teens that they know, and 98 percent said that they would be very likely or somewhat likely (74% and 24%, respectively) to make such a recommendation (Table 4). Further, 100 percent of respondents reported that they liked their time at TAAV (data not shown).

Table 4. Likelihood of Recommending TAAV to Other Teenagers

How likely would you be to recommend TAAV to teens that you know? % Very likely 37 74.0 % Somewhat likely 12 24.0 Somewhat unlikely 1 2.0 Very unlikely Ω 0.0 Total 50

Source of data: TAAV Participant Survey, 2013

"Great experience! Strongly recommend the youth to attend the program." – TAAV respondent

"I encourage youth to join the group." - TAAV respondent

Section IV. TAAV Staff

To facilitate the mission of TAAV, staff are available to provide support to, and to help direct the activities of, TAAV members. The effectiveness of staff is integral to the success of any program. For TAAV, the ability to build relationships with TAAV members through earned trust and respect is an important factor when considering the effectiveness of staff.

In an effort to determine the effectiveness of TAAV staff, we asked current and former members of TAAV to rate their program leader(s) on 24 statements (Appendix C: Data Tables: Table 25 and Appendix C: Data Tables: Table 26). Participants were instructed to answer the questions, concentrating on the program leader with whom they had the most contact.

Through data reduction strategies and factor analysis, four composites, measuring TAAV staff job performance, conscientiousness and kindness, leadership and support, and provision of leadership opportunities to TAAV members, were identified for ease of data presentation.

TAAV Staff Job Performance

Respondents provided their assessment for six specific items measuring whether TAAV members thought TAAV staff did a good job leading the group:

- TAAV staff understood what they taught.
- TAAV staff communicated clearly.
- TAAV staff helped facilitate a positive experience within the TAAV group.
- My TAAV staff leader did a good job.
- TAAV staff goals and expectations were clear.
- TAAV staff made good decisions.

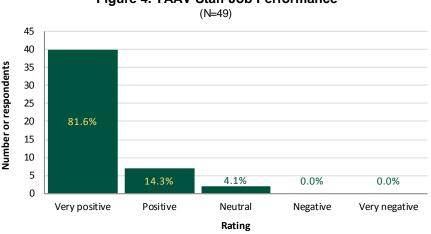


Figure 4. TAAV Staff Job Performance

Source of data: TAAV Participant Survey, 2013

The results presented in Figure 4 show that current and former TAAV members overwhelmingly rated TAAV staff job performance positively. Eighty-two percent of respondents had very positive opinions about the job performance of TAAV staff, 14 percent of respondents had positive opinions, and 4 percent of respondents had neutral opinions about TAAV staff job performance. None of the respondents had negative or very negative opinions of TAAV staff job performance.

"They did a great job on what they did and how they told everyone great and awesome ways on how to cope with many different things" - TAAV respondent

TAAV Staff Were Conscientious and Kind

Respondents reported their assessment for five specific items measuring whether they believed that TAAV staff were conscientious and kind in their behavior toward TAAV members:

- TAAV staff made decisions based on what was best for the group.
- TAAV staff treated me with respect.
- TAAV staff were respectful of my culture/background.
- TAAV staff treated group members fairly.
- TAAV staff were nice people.

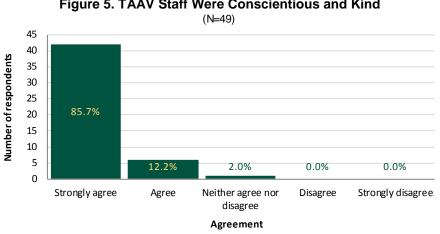


Figure 5. TAAV Staff Were Conscientious and Kind

Source of data: TAAV Participant Survey, 2013

The results presented in Figure 5 show that current and former TAAV members overwhelmingly agreed that staff were conscientious and kind. Eighty-six percent of respondents strongly agreed, 12 percent of TAAV members agreed, and 2 percent of respondents neither agreed nor disagreed about staff acting in a kind and conscientious manner with TAAV members. None of the

respondents disagreed about staff exhibiting conscientiousness and kindness toward TAAV members.

TAAV Staff Provided Leadership and Support

Respondents reported their assessment with eight specific items measuring whether they agreed that TAAV staff provided leadership and support to TAAV members:

- TAAV staff were available and I could go to them with questions and problems.
- TAAV staff were a good support system.
- TAAV staff provided an adult to help me when/if I really needed it.
- TAAV staff provided an adult that I could turn to for guidance in times of stress.
- TAAV staff provided a trustworthy adult I could turn to for advice if I was having problems.
- TAAV staff provided someone I could depend on for help if I really needed it.
- TAAV staff provided an adult I felt comfortable talking to about my problems.
- TAAV staff provided people I could count on in an emergency.

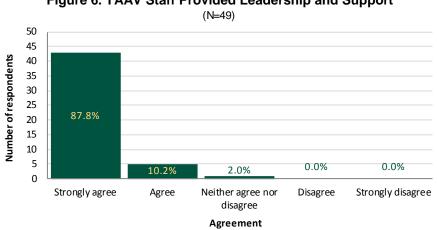


Figure 6. TAAV Staff Provided Leadership and Support

Source of data: TAAV Participant Survey, 2013

The results presented in Figure 6 show that current and former TAAV members overwhelmingly agreed that TAAV staff exhibited leadership and support. Eighty-eight percent of current and former TAAV members strongly agreed, 10 percent of respondents agreed, and 2 percent of respondents had a neutral opinion about the leadership and support provided by TAAV staff. None of the respondents disagreed about the levels of leadership and support offered by TAAV staff to TAAV members.

"Looking back, I'm impressed with the help and support some staff members were willing to offer." - TAAV respondent

TAAV Staff Provided Leadership Opportunities

Respondents reported their assessments with four specific items measuring whether they agreed that TAAV staff provided leadership opportunities for TAAV members:

- TAAV staff gave TAAV members chances to lead the group.
- TAAV staff gave TAAV members the chance to help make decisions.
- TAAV staff gave TAAV members the opportunity to help solve problems.
- TAAV staff asked TAAV members to share their ideas with the group.

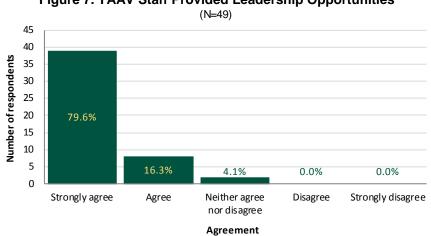


Figure 7. TAAV Staff Provided Leadership Opportunities

Source of data: TAAV Participant Survey, 2013

The results presented in Figure 7 show that current and former TAAV members overwhelmingly agreed that TAAV staff afforded members leadership opportunities within the constraints of the TAAV program. Eighty percent of respondents strongly agreed, 16 percent of respondents agreed, and 4 percent of respondents had neutral opinions about whether leadership opportunities for TAAV members were provided by TAAV staff. None of the respondents disagreed that leadership opportunities were provided to TAAV members by TAAV staff.

Section V. Cultural Considerations

Getting in touch with Alaska Native traditional culture is an important element of the TAAV program. Historically, Yup'ik culture has created strong bonds between families and the community as a whole. Maintaining, or regaining, these cultural practices is important to the youth in the region. In this section, we look at the importance of Yup'ik culture to TAAV members, their level of involvement in cultural activities, and how culturally relevant TAAV programs seemed to TAAV members. The TAAV program views cultural connectedness as an asset that leads to increased resiliency.

Personal Values and Beliefs

When asked about the importance of personal values and beliefs, 96 percent reported that following Native values and practices was important, 90 percent of respondents reported that following traditional Alaska Native beliefs was important; 92 percent reported that following traditional Alaska Native culture was important; and 88 percent reported that following Christian beliefs was important (Table 5). Addressing these personal values and beliefs was relevant to the current and former TAAV members who responded, and may be significant to future TAAV participants.

Table 5. Personal Values and Beliefs

Row percentages

_	Not at all important						,		•				- *		- *		- •		Total
	N	%	N	%	N	%	N	%	N										
How important is it to you to have Native values and practices, such as respect for elders or sharing/generosity?	2	4.1 %	0	0.0 %	3	6.1 %	44	89.8 %	49										
How important is it to you to follow the religious or spiritual beliefs which are based upon:																			
Traditional Alaska Native beliefs	2	4.1 %	3	6.1 %	16	32.7 %	28	57.1 %	49										
Traditional Alaska Native culture	2	4.1	2	4.1	12	24.5	33	67.3	49										
Christian beliefs such as Catholic, Moravian, Russian Orthodox, etc.	3	6.1	3	6.1	12	24.5	31	63.3	49										

Source of data: TAAV Participant Survey, 2013

Cultural Experiences

Cultural experiences are important to the ability of future generations to continue cultural traditions and activities. Respondents told us how often they had participated in cultural activities in their lifetime (inclusive and exclusive of TAAV participation), ranging from never to more than once or twice per year (Table 6). Almost all respondents had picked berries (95.9%), taken a steam

(95.9%), engaged in traditional dancing (93.7%), or gone fishing or checked a set net (91.8%). An overwhelming majority of current and former TAAV members had engaged in learning their Native language (89.8%), gone *manaqing* (ice fishing) (87.8%), and gone on the tundra to collect food (87.8%). Eighty-five percent of respondents had engaged in beading, while 80 percent had done traditional sewing, and 74 percent had gone hunting for big game like caribou, moose, or seal. Less than half of the respondents had engaged in carving or net mending. Although most current and former TAAV members had participated in the listed cultural experiences and think that cultural experiences are important, fewer regularly (more than one time per year) engaged in these cultural activities.

Table 6. Cultural Experiences

Row percentages

On average, how often have you	1	Never		or twice my life		v times in ny life		or twice er year	once	ore than or twice er year	Total
done the following:	N	%	N	%	N	%	N	%	N	%	N
Gone hunting for big game such as caribou, moose, ${\sf or seal}$	13	26.5 %	10	20.4 %	12	24.5 %	7	14.3 %	7	14.3 %	49
Gone fishing or checked a set net	4	8.2	2	4.1	14	28.6	7	14.3	22	44.9	49
Gone managing (ice fishing)	6	12.2	7	14.3	14	28.6	8	16.3	14	28.6	49
Gone on the tundra to collect eggs, plants, grasses,	6	12.2	4	8.2	11	22.4	12	24.5	16	32.7	49
Picked berries	2	4.1	0	0.0	10	20.4	11	22.4	26	53.1	49
Beading	7	14.9	4	8.5	18	38.3	7	14.9	11	23.4	47
Sewing, such as sewing a malaqi	10	20.4	10	20.4	20	40.8	2	4.1	7	14.3	49
Taken a steam	2	4.1	1	2.0	16	32.7	11	22.4	19	38.8	49
Engaged in learning or speaking your Native language, either formally or informally	5	10.2	3	6.1	9	18.4	7	14.3	25	51.0	49
Engaged in traditional dancing such as Yup'ik dancing or drumming	3	6.3	4	8.3	22	45.8	4	8.3	15	31.3	48
Engaged in carving or net mending	25	51.0	1	2.0	16	32.7	1	2.0	6	12.2	49

Source of data: TAAV Participant Survey, 2013

"I think TAAV should continue what they're doing. When I was in TAAV, we never had any type of Outward Bound or subsistence activities. I think that it helps to connect to the culture — but at the same time it's with friends." – TAAV respondent

Cultural Relevance

Respondents were asked to evaluate the cultural relevance of TAAV activities/programs by indicating their level of agreement with each of the following five statements:

- TAAV was appropriate for my cultural background.
- TAAV made me feel good about my cultural background.
- TAAV members participated in activities that are important in their culture or community.

- TAAV members learned about activities that are important in their culture or community.
- TAAV members felt more connected to their culture or community following outdoor activities.

As shown in Figure 8, respondents provided an overwhelmingly positive assessment with respect to the cultural relevance of TAAV activities/programs. Eighty-six percent of respondents strongly agreed or agreed that TAAV positively represented Yup'ik culture and provided activities that were both relevant and important to the culture of TAAV members. Fourteen percent of respondents had neutral opinions about the cultural relevance of the TAAV program.

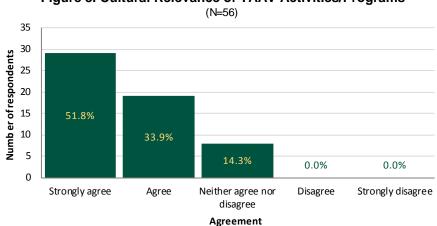


Figure 8. Cultural Relevance of TAAV Activities/Programs

Source of data: TAAV Participant Survey, 2013

"I would like TAAV to learn more about how to preserve our culture through generations to pass down." – TAAV respondent

Section VI. TAAV Activities

TAAV members engage in a wide variety of programs and activities, including participation in Outward Bound and Teens Lead Ahead Camp. Since its inception in 1996, TAAV has evolved, offering more and different activities to TAAV members. Some activities have been offered from the beginning of the program (public service announcements, videos, and commercials), while others are more recent additions to the TAAV program (for example, Teens Lead Ahead began in 2011). Therefore, not all current and former TAAV members had the same experience at TAAV due to the program activities available at different times.

Outward Bound is a non-profit, educational organization based in Colorado that has worked closely with TWC staff to coordinate trips for TAAV members for over ten years. Professional staff from Outward Bound guide outdoor education expeditions designed to foster the personal growth and social skills of TAAV members. Annual Outward Bound trips provide TAAV participants with immensely important opportunities for leadership development. Through their Outward Bound experiences TAAV members learn increased self-awareness, healthy decision-making skills, and how to foster communal trust and cohesion that, in turn, make them far more prepared and empowered to participate in peer education and prevention activities.

Teens Lead Ahead is a leadership and empowerment camp for youth (grades 7–12) living in the Y–K Delta. Teens Lead Ahead is based on the model developed by Lead On: For Peace and Equality in Alaska, an annual statewide leadership conference for youth developed by the Alaska Network on Domestic Violence and Sexual Assault (ANDVSA). TAAV members not only participate in the Teens Lead Ahead Camp, they spearhead planning and organizing the camp. Topical themes for the camp include respect towards others, subsistence culture, youth leadership, community planning, and suicide prevention. Teens Lead Ahead Camp takes place during the summer over a period of four days and three nights, with one full day and night spent at fish camp. There are also guest speakers, youth presentations, and just-for-fun activities. Teens Lead Ahead is a collaborative effort by TAAV members, TWC staff, community partners, and volunteers.

Preferred Activities

TAAV members engage in many other activities in addition to Outward Bound and Teens Lead Ahead, such as participating in fundraising events, giving community presentations, performing skits, developing public service announcements, and traveling to neighboring villages. Respondents were asked about their participation in 22 TAAV activities, and were asked to indicate which activities they would consider as one of their favorites. Results are presented in Table 7.

At least one-third of respondents reported participating no less than once in one of the following seven TAAV activities: attending TAAV meetings (62.4%), participating in fundraising activities (62.4%), assisting with TWC events (52.9%), traveling on an Outward Bound trip (50.6%), performing in skits (48.2%), traveling to neighboring villages (47.1%), and giving community

presentations (37.6%). Survey respondents ranked six of these seven TAAV activities highly. By far the most popular activity among respondents was going on an Outward Bound trip (53.7% of respondents indicated that this was one of their favorite activities). Among the TAAV activities with the lowest respondent ratings were fishing trips, berry picking, and kayaking on the Kuskokwim River (all tied for 16th), as well as boating on the Kuskokwim River, making traditional crafts, *managing*/ice fishing trips, and kayaking local lakes (all tied for 19th).

Clearly, activities that represent new experiences were more popular with TAAV respondents. This should not be interpreted as a rejection of traditional Native crafts, subsistence activities, or other cultural activities, as respondents indicated that Native beliefs and culture are important parts of their lives. Further, some activities had very limited access — kayaking the Kuskokwim (offered once) and Kisaralik camping trip (offered twice) — while activities like Outward Bound and Teens Lead Ahead Camp have been offered each year since 2004 and 2011, respectively.

Table 7. TAAV Activity Participation and Ranking of "Favorite" Activity

In which of the following program activities did you participate? Please check all that apply. Which three program activities did you like the MOST? Please choose only those activities in which you participated.	Percent who participated (N=85)	Percent who identified activity as a favorite (N=67)	Ranking
Attending [TAAV] meetings	62.4 %	41.8 %	2
Fundraising efforts	62.4	38.8	4
Helping with TWC events	52.9	22.4	5
Outward Bound trip	50.6	53.7	1
Skits	48.2	20.9	6
Village travel	47.1	40.3	3
Community presentations	37.6	4.5	12 (tie)
Recording PSAs	32.9	9.0	8
Making commercials or videos/movies	31.8	10.4	7
Classroom presentations	28.2	7.5	9 (tie)
Boating on the Kuskokwim	21.2	0.0	19 (tie)
Lead On Conference	20.0	7.5	9 (tie)
Hunting by snow machine	16.5	7.5	9 (tie)
Fishingtrips	15.3	1.5	16 (tie)
Berry picking	15.3	1.5	16 (tie)
Teens Lead Ahead Camp	14.1	4.5	12 (tie)
Hunting by boat	14.1	3.0	15
Sewing/story knife making/carving	10.6	0.0	19 (tie)
Manaqing/ice fishing trips	7.1	0.0	19 (tie)
Kisaralik camping trip	5.9	4.5	12 (tie)
Kayaking the Kuskokwim	5.9	1.5	16 (tie)
Kayaking local lakes	3.5	0.0	19 (tie)

Note: Respondents could mark multiple items so percentages do not sum to 100.

Source of data: TAAV Participant Survey, 2013

"I really liked the awareness 'peace walks' and sleepovers." – TAAV respondent

In addition to asking respondents to identify which TAAV activities were their favorites, the survey also asked them for the reason(s) their participation in TAAV programs/activities was enjoyable (Table 8). An important factor of respondent enjoyment of TAAV activities was the opportunity to travel outside their home community to other villages and the Lower 48. Roughly one-third of respondents indicated that traveling to villages (35.8%) and traveling outside Alaska (31.3%) were particularly enjoyable. Respondents also indicated that activities requiring teamwork, that provided opportunities to educate/inform others, and that allowed them to spend time with friends were very rewarding. Respondents also reported that they derived enjoyment from helping the TAAV program and/or their community (20.9%) and increasing their own level of community involvement (17.9%).

Table 8. Reasons TAAV Programs/Activities Were Liked (N=67)

	•	dents who this reason
	N	%
Enjoyed traveling to neighboring villages	24	35.8 %
Enjoyed working toward a common goal/teamwork	23	34.3
Enjoyed traveling outside Alaska	21	31.3
Enjoyed educating others/outreach	21	31.3
It was fun!	17	25.4
Enjoyed spending time with friends	17	25.4
Enjoyed helping TAAV/community	14	20.9
Increased level of community involvement	12	17.9
Enjoyed exposure to new experiences/trying new things	11	16.4
Enhanced self-awareness/self-worth	10	14.9
Enjoyed meeting new people	9	13.4
Provided opportunity to express thoughts/feelings	8	11.9
Enjoyed making new friends	7	10.4
Enjoyed learning/practicing cultural activities	4	6.0
Kept me out of trouble	4	6.0
Enjoyed the challenge	3	4.5
Provided a safe/healthy environment	3	4.5
Enjoyed the adventure	1	1.5

Note: Respondents could mark multiple items so numbers do not sum to 67 and percentages do not sum to 100.

Source of data: TAAV Participant Survey, 2013

"I enjoyed everything — being in a healthy good environment all the time, working positive, doing good for all. I liked attending meetings. We all always worked together to resolve issues — always choosing ways to do good. I liked being involved with fundraising. It was nice to help provide funds - it makes me feel good to achieve earnings. I liked Outward Bound because it helped me better understand the world and its existence. What a big difference we all can make. I feel like being a part of this all made me choose to be a better, good, nice person. I appreciate all that do good things." — TAAV respondent

"I liked attending the meetings because it gave me something to do with my friends right after school. The meetings were fun and interactive and it incorporated things that helped better develop interpersonal relationships. The village travel was another perk, because not only did it get me out of school for a bit but it also made me feel a sense of accomplishment because I got to present my finished product to a group of new people. I remember feeling proud of myself because I did believe in what I was teaching to the students I was presenting to, and I felt like a contributing person to the TAAV program. I LOVED the Outward Bound program because it's a foreign experience to go out of state for things like whitewater rafting and they always found beautiful places to go. It's also something I looked forward to because the TAAV members would work all year [fundraising] to go on it and they were all fun. Also, the couple days at the end reserved for shopping, eating out, and enjoying a city contrasts greatly with what Bethel has to offer for a day out on the town. At the end of the trips, I felt rejuvenated and worked hard at fundraising the following year so that I could do it again." – TAAV respondent

Fundraising Activities

Fundraising is an important part of the TAAV experience. Funds are raised to pay for program activities like Outward Bound — which is a favorite activity of TAAV members. We asked respondents to tell us about their experience helping with fundraising efforts (Table 9). Overall, 60 percent of respondents participated in fundraising events at TWC/TAAV. Of those, 94 percent said that it felt good to be part of a group effort, and 73 percent felt proud to contribute to a common goal. More than half felt that the fundraising efforts were a good use of their time (51%). Only one respondent reported that fundraising was embarrassing or intimidating. These data suggest that participants want to feel wanted and important to the mission of the program, and take pride in working together toward a common goal that will benefit the group.

Table 9. Responses to Fundraising Activities at TAAV

Row percentages

How did you feel about the fundraising activities you		Yes		No	
were involved in at TAAV? (Choose all that aply.)		%	N	%	Total
Felt good to be part of a group effort	48	94.1 %	3	5.9 %	51
Felt proud to help contribute to a common goal	37	72.5	14	27.5	51
Was fulfilling to me/a good use of my time	26	51.0	25	49.0	51
Was embarrassing to me	1	2.0	50	98.0	51
Was intimidating or scary to me	1	2.0	50	98.0	51
I didn't like it	0	0.0	51	100.0	51

Note: Data are from respondents who participated in fundraising activities.

Source of data: TAAV Participant Survey, 2013

"I liked helping raise money for the TWC. My friends and I were involved a lot back in the day. We did a bunch of stuff from washing cars to bake sales, and everything in between. It was always fun." – TAAV respondent

Section VII. TAAV Impacts

The effectiveness of a program is also measured by outcomes. Outcomes in the TAAV program are measured through the impact of the TAAV program on individual respondents. In this section, we present data on the impacts of the TAAV program — specifically, the impact of TAAV on respondent skill and knowledge levels, ability to cultivate healthy relationships and behaviors, and the impact of TAAV's outdoor activities.

Impact on Skills and Knowledge

Participants were asked to assess the impact of activities in the TAAV program on their skill or knowledge levels surrounding topics upon which TAAV focuses resources. Table 10 shows responses provided by respondents, indicating which skill and/or knowledge area was improved through participation in TAAV activities.

Table 10. Respondents' Skills and Knowledge Domains Impacted by TAAV Programs/Activities (N=66)

Through your activities in TAAV, you increased your skills or knowledge the	Respond experience imp	ed positive
most in (check all that apply):	N	%
Domestic violence	54	81.8 %
Healthy relationships	51	77.3
Sexual assault/abuse	47	71.2
Listening skills	46	69.7
Relating to peers	43	65.2
Suicide prevention	42	63.6
Substance abuse	41	62.1
Problem-solving skills	38	57.6
Public speaking skills	36	54.5
Decision-making skills	36	54.5
Healthy sexuality choices	35	53.0
Job skills/employment opportunities	21	31.8
Feeling more connected to my culture	19	28.8
Identifying with my culture	18	27.3

Note: Respondents could mark multiple items so numbers do not sum to 66 and percentages do not sum to 100.

Source of data: TAAV Participant Survey, 2013

Over three-quarters of respondents reported that the most significantly impacted area of skill or knowledge was domestic violence (81.8%). Seventy-seven percent of all respondents indicated that they had increased their knowledge about and developed healthy relationship skills. More than sixty percent of respondents increased their knowledge about sexual assaults and sexual abuse (71.2%), developed better listening skills (69.7%), developed the ability to relate to their peers (65.2%), and increased their knowledge about suicide prevention (63.6%) and about substance abuse (62.1%). More than half of all respondents reported that they had experienced positive

impact on their problem-solving skills (57.6%), public speaking skills (54.5%), and decision-making skills (54.5%). Further, fifty-three percent of respondents reported that they experienced positive impacts on their ability to make healthy sexuality choices.

In addition, over one-quarter of respondents reported developing stronger connections to their culture (28.8%) or identifying with their culture (27.3%) through increasing their cultural knowledge at TAAV. Almost 32 percent of all respondents indicated that they increased their job skills or skills related to obtaining employment.

In an effort to ascertain lasting effects of the TAAV program on TAAV members' lives, we asked them to indicate how strongly they agreed with statements about the impact TAAV has had on their current lives (Table 11). Eighty-eight percent of respondents reported that TAAV had taught them that they could make a difference in their community, and eighty-seven percent of respondents reported that TAAV had impacted how they live their lives today. Seventy-eight percent of respondents reported that being involved with TAAV inspired them to be more active in helping TWC or similar organizations, while 73 percent said that they actively promote TAAV in their community. Finally, 66 percent said that TAAV inspired them to volunteer or to be a role model in their community, and 63 percent said that being involved with TAAV opened up new employment opportunities for them.

Clearly, TAAV has had a lasting impact on the majority of participants who responded to this survey.

Table 11. Impact of TAAV on Current Life Skills and Knowledge

Row percentages

Please indicate how much you agree with		rongly agree		Agree		her agree disagree	Dis	sagree		ongly agree	Total
each of the following statements.	N	%	N	%	N	%	N	%	N	%	N
TAAV has impacted how I live my life today.	27	45.8 %	24	40.7 %	8	13.6 %	0	0.0 %	0	0.0 %	59
TAAV has shown me that I can make a difference in my community.	31	53.4	20	34.5	7	12.1	0	0.0	0	0.0	58
I actively promote TAAV in my community.	24	40.7	19	32.2	15	25.4	1	1.7	0	0.0	59
I miss the programs and opportunities TAAV provided.	40	67.8	11	18.6	7	11.9	1	1.7	0	0.0	59
Being involved with TAAV opened up new employment opportunities.	21	35.6	16	27.1	20	33.9	2	3.4	0	0.0	59
Being involved with TAAV inspired me to volunteer or	21	35.6	18	30.5	18	30.5	2	3.4	0	0.0	59
Being involved with TAAV has inspired me to help Tundra Women's Coalition or similar organizations.	27	45.8	19	32.2	10	16.9	3	5.1	0	0.0	59

Source of data: TAAV Participant Survey, 2013

Impact on Healthy Relationships and Behaviors

Through its diverse portfolio of educational programs and activities, and its focus on memberdriven peer education, TAAV introduces Y–K Delta youth to healthy alternatives to violence and substance abuse, as well as healthy ways of interacting with others. TAAV challenges its members to alter the way they view themselves and those with whom they routinely interact: family members, friends and fellow students, and other members of their community. TAAV's programs emphasize a two-pronged approach to healthy behaviors and relationships: (1) recognizing healthy relationships and taking steps to nurture and sustain them and, at the same time, (2) recognizing and avoiding relationships and modes of social interaction that are harmful.

Survey participants were asked to estimate their gains/improvement in knowledge about healthy life choices, avoiding/ending unhealthy relationships, using healthy communication skills, nurturing healthy relationships, and resisting peer pressure (Appendix C: Data Tables: Table 28). For each survey item, respondents indicated that participation in TAAV resulted in: 1 = No gain/improvement, 2 = Slight gain/improvement, 3 = Moderate gain/improvement, or 4 = A lot of gain/improvement. The specific measures included in each composite measure are listed below.

"Yes, I strongly agree that in many ways participating in the TAAV group activities helped me to be more confident and to be aware of the violence in the community. I feel that it helped me to make friends in school and helped me to recognize how rewarding volunteering can be." – TAAV respondent

Knowledge about Healthy Life Choices

Respondents reported their estimated gains/improvement for nine specific items measuring their knowledge about healthy life choices:

- Identifying healthy relationships.
- Knowledge about family violence.
- Knowledge about depression and suicide prevention.
- Knowledge about how to support someone who is depressed or suicidal.
- Knowledge about who to contact for shelter or help because of violence or abuse issues.
- Knowledge about alcohol and substance abuse.
- Knowledge about sexual assault/sexual abuse.
- Identifying the warning signs of abuse.
- Knowledge about where and how to get help if I experience abuse.

The results presented in Figure 9 show that current and former TAAV members overwhelmingly thought that participation in TAAV activities/programs resulted in measurable improvement in their knowledge about healthy life choices, when and where to find help for victims of abuse, identifying and supporting someone experiencing depression or suicidal tendencies, and identifying signs of abuse. Seventy-eight percent of respondents reported that their participation in TAAV resulted in moderate or a lot of improvement in their

knowledge about healthy life choices, and 19 percent stated that they experienced slight gains in this area. Very few survey respondents — about three percent — indicated that their participation in TAAV resulted in no improvement or gain in this area.

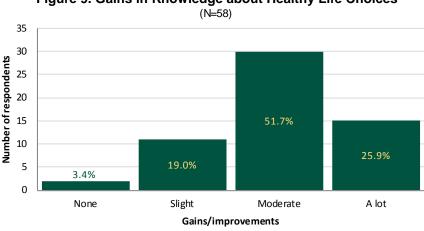


Figure 9. Gains in Knowledge about Healthy Life Choices

Source of data: TAAV Participant Survey, 2013

"It [TAAV] has helped me have better relationships with my parents and peers [and] helped me make healthier decisions in my life. Gave me knowledge on abuse and healthy relationships - that way I know warning signs and can get out of an unhealthy relationship and help others [in unhealthy relationships]." – TAAV respondent

Avoiding/Ending Unhealthy Relationships

Respondents reported their estimated gains/improvement for three specific items measuring their ability to avoid and/or end unhealthy relationships:

- How to avoid unhealthy relationships.
- Avoiding abusive relationships.
- Ability to end unhealthy relationships and remove myself from risky situations.

The results presented in Figure 10 show that current and former TAAV members overwhelmingly thought that participation in TAAV activities/programs resulted in measurable improvement in their capacity to avoid and/or end unhealthy relationships. Seventy-eight percent of respondents reported that their participation in TAAV resulted in moderate or a lot of improvement in their ability to avoid and/or end unhealthy relationships. Nineteen percent of respondents reported that they had made slight gains while very few respondents — slightly more than three percent — indicated that their participation in TAAV resulted in no improvement or gain.

(N=59)25 Number of respondents 20 15 45.8% 10 32.2% 18.6% 5 3.4% 0 Slight None Moderate A lot Gains/improvements

Figure 10. Gains in Avoiding and Ending Unhealthy Relationships

Source of data: TAAV Participant Survey, 2013

"I've been told in my romantic relationships that I'm very strong when it comes to how I expect to be treated, that I have a very 'be good or be gone' attitude." – TAAV respondent

Healthy Communication Skills

Respondents reported their estimated gains/improvement for four specific items measuring healthy communication skills:

- Expressing my feelings in a healthy way.
- Thinking of healthy ways of dealing with tough situations.
- Choosing healthy alternatives to deal with difficult situations.
- Handling mistakes in a healthy way.

The results presented in Figure 11 show that current and former TAAV members overwhelmingly thought that participation in TAAV activities/programs resulted in measurable improvement in their healthy communication skills. Seventy-seven percent of respondents reported that their participation in TAAV resulted in moderate or a lot of improvements in their healthy communication skills. Eighteen percent of respondents stated that they experienced at least slight gains in this area, while five percent of respondents reported no gains or improvements in their healthy communication skills.

Figure 11. Gains in Healthy Communication Skills (N=60) 35 30 Number of respondents 25 20 53.3% 15 10 23.3% 18.3% 5 5.0% 0 None Slight Moderate A lot Gains/improvements

Nurturing Healthy Relationships

Respondents reported their estimated gains/improvement for five specific items measuring their ability to nurture healthy relationships:

Source of data: TAAV Participant Survey, 2013

- Being honest with others.
- Using information to solve personal problems.
- Listening effectively.
- Respecting others.
- Trusting other people.

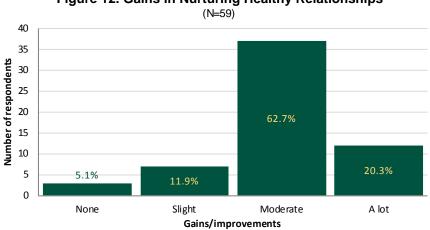


Figure 12. Gains in Nurturing Healthy Relationships

Source of data: TAAV Participant Survey, 2013

The results presented in Figure 12 show that current and former TAAV members overwhelmingly thought that participation in TAAV activities/programs resulted in measurable improvement in nurturing healthy relationships. Eighty-three percent of respondents reported that their participation in TAAV resulted in moderate or a lot of improvement in nurturing healthy relationships. Twelve percent of respondents stated that they experienced slight gains in this area, while five percent indicated that their participation in TAAV resulted in no gains or improvements in their abilities to nurture healthy relationships.

Resisting Peer Pressure

Respondents reported their estimated gains/improvement for two specific items measuring resistance to peer pressure:

- Resisting peer pressure when it comes to using alcohol in an unhealthy way.
- Resisting peer pressure when it comes to using illegal drugs.

The results presented in Figure 13 show that current and former TAAV members overwhelmingly thought that participation in TAAV activities/programs resulted in measurable improvement in their ability to resist peer pressure about alcohol and drug use. Eighty-two percent of respondents reported that their participation in TAAV resulted in moderate or a lot of improvement in their resistance to peer pressure. More than 13 percent of respondents reported that they experienced slight gains in this area and 5 percent reported no gains or improvements.

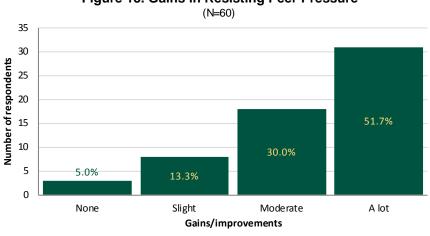


Figure 13. Gains in Resisting Peer Pressure

Source of data: TAAV Participant Survey, 2013

"Taught me to work with others to build relationships." - TAAV respondent

Impact of Outdoor Activities

A key aspect of TAAV's approach to the individual and collective empowerment of youth is encouraging members to embrace outdoor activities. This is especially true with respect to the program's efforts to link its activities and programs to traditional cultural practices (e.g., hunting, fishing, kayaking, and crafts). TAAV's commitment to outdoor activities — both recreational and educational — was reflected in survey participants' responses when asked if they had participated in one or more outdoor activities. Of the 85 former and current TAAV members who completed the survey, 58 (68.2%) reported that they participated in one or more outdoor activities or events. TAAV members that participated in outdoor activities felt positive connections with facilitators and people who helped with the activities.

Respondents were asked to share their feelings about the impact of outdoor activities in the TAAV program. Due to similarities in answers (Appendix C: Data Tables: Table 27), a composite measure was created for ease of presentation in this report. Figure 14 presents the distribution of the outdoor activities composite for those who provided responses to two relevant items. Respondents indicated their level of agreement to each item using the following scale: 1 = Strongly agree, 2 = Agree, 3 = Neither agree nor disagree, 4 = Disagree, and 5 = Strongly disagree.

All survey participants were asked to give their perspective about the impact TAAV's outdoor activities had on members' self-esteem and their relationships with other TAAV members and facilitators by indicating their level of agreement with the following two statements:

- Outdoor activities helped improve my self-esteem.
- Outdoor activities helped me feel more connected to other TAAV members.

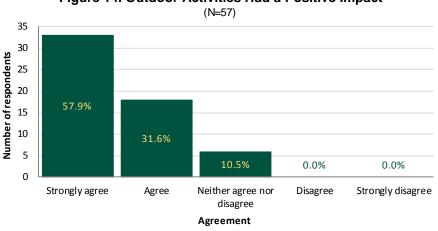


Figure 14. Outdoor Activities Had a Positive Impact

Source of data: TAAV Participant Survey, 2013

As shown in Figure 14, survey respondents agreed that TAAV's outdoor programming and activities had a strong impact. Ninety percent of respondents strongly agreed or agreed that

TAAV's outdoor activities had a positive impact on TAAV members' self-esteem, as well as strengthening their connections with their peers. Eleven percent of respondents neither agreed nor disagreed that outdoor activities had any positive impact on their lives.

More detailed information about social and emotional effects of TAAV's outdoor programming was revealed when only those respondents who reported participating in outdoor activities were asked about the specific impacts their participation had on them (see Table 12). Current and former TAAV members who participated in outdoor activities reported that they had increased their general skills (80.4%), increased their survival skills (56.9%), and increased their subsistence skills (39.2%), with more than half reporting that they had learned new ways of doing things (52.9%). Nearly two-thirds of respondents reported that outdoor activities helped them build pride in self and pride in community (66.7%), and increased self-esteem (64.7%). Nearly half of respondents felt that they had become more self-sufficient (43.1%) and 39 percent said they had less fear as a result of participation in outdoor activities with TAAV. Finally, about one-third of respondents reported that they had discovered cultural traditions (33.3%) and learned traditional ways of doing things (37.3%) through TAAV's outdoor activities.

Table 12. Impacts of TAAV on TAAV Members Who Participated in Outdoor Activities (N=51)

	Resp	ondents
If you participated in outdoor activities while in TAAV,		perienced
what kind of impact did your participation have on		d impact
your life? (Choose all that apply.)	N	%
Increased skill/knowledge	41	80.4 %
Helped me feel proud of what I am and where I live	34	66.7
Increased my self-esteem	33	64.7
Taught me survival skills	29	56.9
Taught me new methods of doing things	27	52.9
Made me more self-sufficient	22	43.1
Taught me subsistence skills	20	39.2
Reduced fear	20	39.2
Taught me traditional way of doing things	19	37.3
Helped me discover cultural traditions	17	33.3

Note: Respondents could mark multiple items so numbers do not sum to 51 and percentages do not sum to 100.

Source of data: TAAV Participant Survey, 2013

"Every summer we would experience different activities on each trip and it would let us learn different responsibilities, teamwork, and to help and support each other in any way." – TAAV respondent

Section VIII. Life Skills

The TAAV program strives to instill healthy life skills in all TAAV participants. Healthy life skills are associated with managing and living a better quality of life. Life skills help us accomplish our ambitions and live to our full potential. To help determine the effectiveness of the TAAV program, we queried TAAV members about their life skills, and the effect of TAAV activities on various life skills.

Outcomes from the TAAV Program

In order to determine the outcomes experienced by TAAV participants, we asked them to indicate their level of agreement with 17 statements that began, "I came away from TAAV with...," by choosing definitely, somewhat, just a little, or not at all (Table 13).

Table 13. Outcomes from the TAAV Program

Row percentages

	De	finitely	Son	newhat	Jus	st a little	No	ot at all	Total
I came away from TAAV with	N	%	N	%	N	%	N	%	N
Knowledge about how to become a better leader	32	54.2 %	20	33.9 %	7	11.9 %	0	0.0 %	59
More confidence	38	64.4	13	22.0	7	11.9	1	1.7	59
Better problem-solving skills	30	52.6	21	36.8	5	8.8	1	1.8	57
Stronger friendships with other TAAV participants	38	64.4	15	25.4	5	8.5	1	1.7	59
A determination to have healthy relationships	40	67.8	15	25.4	4	6.8	0	0.0	59
The ability to advocate for myself in a relationship	40	67.8	12	20.3	3	5.1	4	6.8	59
Respect for myself	45	76.3	7	11.9	4	6.8	3	5.1	59
Respect for my body	45	76.3	10	16.9	1	1.7	3	5.1	59
Awareness of my rights	44	75.9	10	17.2	2	3.4	2	3.4	58
Knowledge about domestic violence	45	76.3	11	18.6	2	3.4	1	1.7	59
Knowledge about healthy relationships	46	78.0	12	20.3	0	0.0	1	1.7	59
Knowledge about sobriety and substance abuse	43	72.9	12	20.3	4	6.8	0	0.0	59
Knowledge about depression and suicide prevention	40	69.0	13	22.4	4	6.9	1	1.7	58
The ability to help friends who enter into unhealthy relationships	40	67.8	14	23.7	4	6.8	1	1.7	59
A better connection with at least one adult	47	79.7	11	18.6	1	1.7	0	0.0	59
A stronger feeling of being connected to my culture	30	50.8	15	25.4	9	15.3	5	8.5	59
A stronger feeling of being connected to the lifestyle in Bethel	35	59.3	15	25.4	6	10.2	3	5.1	59

Source of data: TAAV Participant Survey, 2013

Respondents reported that they, at least somewhat, came away with a better connection with at least one adult (98.3%), and with knowledge about healthy relationships (98.3%) because of their time in TAAV. More than nine out of ten respondents (94.9%) reported that they, at least somewhat, experienced positive outcomes regarding knowledge about domestic violence, sobriety and substance abuse (93.2%), respect for their bodies (93.2%), and a determination to have healthy relationships (93.2%). Respondents reported that they experienced, at least somewhat, positive outcomes regarding awareness of personal rights (93.1%). In addition, nine out of ten respondents reported that they, at least somewhat, developed the ability to help friends who are in unhealthy relationships (91.5%), and obtained more knowledge about depression and suicide prevention.

Very few respondents responded that they agreed just a little, or not at all, that they had experienced positive outcomes following their participation in TAAV. Overall, more than 90 percent of respondents reported that they experienced positive outcomes from their participation in the TAAV program.

"I greatly enjoyed TAAV because of the offerings the program was supporting. I was a teen, been there, done the violence, received the violence, and was helping my community to enjoy a life that was already given them. It was a great experience because I got to learn that everyone has something to share and talk about." – TAAV respondent

Focusing specifically on skills taught at TAAV through programs and activities, we asked participants to tell us if those skills have helped in their lives. Thirty percent of respondents said that they have a better ability to help others, while 20 percent of respondents have developed better respect for themselves, and 18 percent are healthier (Table 14). Twelve percent of respondents have developed respect for others, and have the ability to speak out about unhealthy behaviors. Ten percent of respondents reported that they have stronger relationships, and are more outgoing and participative in the community. The remaining 12 of 19 skills were selected by fewer than 10 percent of the respondents as having helped in their lives.

Table 14. How Skills Learned at TAAV Have Helped in Participants' Lives (N=50)

elped you in other areas in your life?	N	%
Ability to help others	15	30.0 %
Respect for myself	10	20.0
Being healthy	9	18.0
Respect for others	6	12.0
Ability to speak out about unhealthy behaviors	6	12.0
Stronger relationships	5	10.0
More outgoing/participative in community	5	10.0
Increased confidence	4	8.0
Make safer choices	4	8.0
Motivated to volunteer	3	6.0
Consider actions more carefully	3	6.0
Being good	2	4.0
Problem-solving abilities	2	4.0
Increased empathy	2	4.0
Helped me help my community	1	2.0
Positivity	1	2.0
Teamwork	1	2.0
Better person	1	2.0
Communication skills	1	2.0

Note: Respondents could indicate multiple items so numbers do not sum to 50 and percentages do not sum to 100.

Source of data: TAAV Participant Survey, 2013

Impacts and Current Life Skills

In order to gauge the impact of participation in TAAV on life skills, respondents were asked to identify whether they had experienced positive or negative impacts on their lives based on 14 statements (Appendix C: Data Tables: Table 29). Overall responses were positive, indicating that TAAV had positive impacts on the current life skills of former and current TAAV members. Through data reduction strategies and factor analysis, composites measuring interpersonal skills, healthy self-care, and dealing with adversity were identified for ease of data presentation.

In addition, in order to gauge the lasting effects of TAAV, we asked current and former TAAV participants to tell us about their current life skills by indicating if they are still struggling with a skill, still working on a skill, or have mastered the skill (Appendix C: Data Tables: Table 30). Overall responses were positive, indicating that TAAV has had lasting effects on the current life skills of former and current TAAV members. Three composites measuring interpersonal skills, healthy self-care, and dealing with adversity were identified for ease of data presentation.

This section alternates between responses to these two sets of questions, which compares program impact (positive vs. negative) with current skill levels (still struggling, working on it, or mastered the skill).

Interpersonal Skills

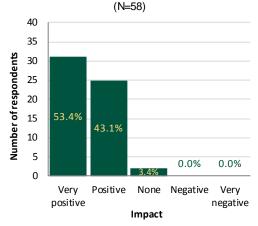
Respondents reported their assessment of seven specific items measuring their interpersonal skills:

- Stating problems or goals.
- Asking for ideas and opinions.
- Giving ideas.
- Telling others what I feel.
- Expressing respectful feelings.
- Expressing gratitude.
- How to have closeness and affection with others.

The results presented in Figure 15 show that current and former TAAV members assessed TAAV as having a positive impact on their interpersonal skills. Fifty-three percent of TAAV members experienced very positive impact on their skill level, 43 percent of respondents experienced a positive impact, and 3 percent of respondents reported no impact on their interpersonal skills from the TAAV program. None of the respondents reported a negative impact on their interpersonal skills following participation in TAAV.

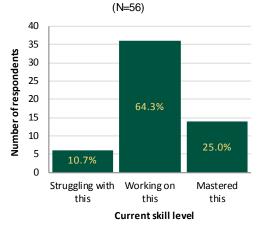
The results presented in Figure 16 show that current and former TAAV members have varying current levels of interpersonal skills. Twenty-five percent of respondents have mastered the skills, 64 percent of respondents are still working on them, and 11 percent of TAAV members are still struggling with interpersonal skills.

Figure 15. TAAV Impact: Interpersonal Skills



Source of data: TAAV Participant Survey, 2013

Figure 16. Current: Interpersonal Skills



Source of data: TAAV Participant Survey, 2013

"The greatest contribution TAAV has given to me is my interpersonal skills. It fostered an environment for personal growth and better communication." – TAAV respondent

"TAAV taught me how to express myself in a positive manner." - TAAV respondent

Exercising Healthy Self-care

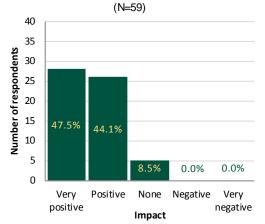
Respondents reported their assessment for three specific items measuring their ability to exercise healthy self-care in their lives:

- Making difficult choices.
- Setting boundaries.
- Making safe and healthy decisions for myself.

The results presented in Figure 17 show that current and former TAAV members experienced positive impact on their ability to exercise healthy self-care tactics. Forty-eight percent of respondents experienced very positive impact, 44 percent of TAAV members experienced positive impact, and 9 percent of respondents experienced no impact on their ability to exercise healthy self-care. None of the former and current TAAV members experienced negative impact on their ability to exercise healthy self-care following participation in the TAAV program.

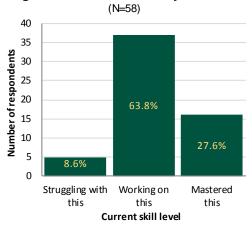
The results presented in Figure 18 show that former and current TAAV members exhibit a range of skill levels for exercising healthy self-care. Twenty-eight percent of respondents have mastered healthy self-care, 64 percent of respondents are still working on this skill, and 9 percent of TAAV members are struggling with the ability to exercise healthy self-care.

Figure 17. TAAV Impact: Healthy Self-care



Source of data: TAAV Participant Survey, 2013

Figure 18. Current: Healthy Self-care



Source of data: TAAV Participant Survey, 2013

"TAAV helped me in how I can deal with my depression and how I can maintain a healthy and non-abusive relationship. TAAV actually helped me in so many ways that I cannot think of at this very moment, but I know for sure that I am grateful for them helping me in my life." – TAAV respondent

Dealing with Adversity

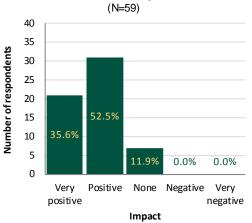
Respondents reported their assessment for four specific items measuring their ability to deal with adversity in their lives:

- Restraining my emotions.
- Facing conflict and anger.
- Facing disappointment.
- Dealing with stress.

The results presented in Figure 19 show that current and former TAAV members experienced positive impact on dealing with adversity in their lives. Thirty-six percent of respondents reported very positive impact, 53 percent of TAAV members experienced positive impact, and 12 percent of respondents experienced no impact on dealing with adversity in their lives. None of the respondents experienced negative impacts on dealing with adversity in their lives.

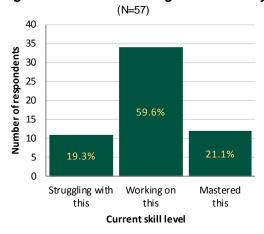
The results presented in Figure 20 show that current and former TAAV members display varying skill levels related to dealing with adversity. Twenty-one percent of respondents have mastered the skill, 60 percent of TAAV members are still working on it, and 19 percent of respondents are still struggling with dealing with adversity in their lives.

Figure 19. TAAV Impact: Dealing with Adversity



Source of data: TAAV Participant Survey, 2013

Figure 20. Current: Dealing with Adversity



Source of data: TAAV Participant Survey, 2013

"TAAV has taught me how to deal with any problem(s) — my friends, my attitude, my social life, becoming more active." – TAAV respondent

Section IX. Self-perceptions

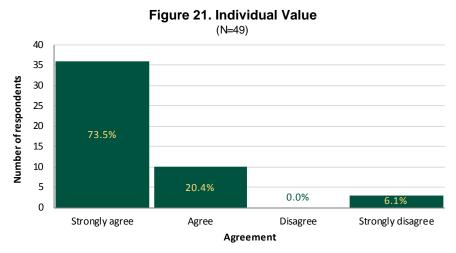
When participants leave TAAV, the intent is that they should leave with a better understanding of themselves, healthy relationships, and a stronger connection with the community. In order to gauge their self-perceptions, we asked them to indicate how strongly they agreed with certain statements (Appendix C: Data Tables: Table 31). Respondents indicated their level of agreement to each item using the following scale: 1 = Strongly agree, 2 = Agree, 3 = Disagree, and 4 = Strongly disagree. Through data reduction strategies and factor analysis, four composite measures were identified for ease of data presentation. These four composites measure the individual value, support networks, self-esteem, and value to the community of TAAV members.

Individual Value

Respondents provided their assessment for four specific items indicating their value as an individual:

- I am self-motivated.
- I have a sincere desire to help others.
- I am good at solving problems.
- I follow through with my goals.
- People can trust me.

The results presented in Figure 21 show that current and former TAAV members experienced a sense of individual value. Seventy-four percent of respondents strongly agreed and 20 percent agreed that they have value, while 6 percent strongly disagreed that they have individual value.



Source of data: TAAV Participant Survey, 2013

[&]quot;TAAV helped me to respect others and myself, including other people who need help."

⁻ TAAV respondent

Support Network

Respondents provided their assessment for two specific items indicating their creation of, and access to, support networks:

- I know who to go to if I have problems.
- I have a support network to help me deal with hard times.

The results presented in Figure 22 show that current and former TAAV members have developed support networks following their participation in the TAAV program. Overall, 94 percent of respondents agreed that they know where to go for help and have identified a support network to help them survive hard times in their lives. Six percent of respondents strongly disagreed, indicating that they did not develop a support network following participation in TAAV.

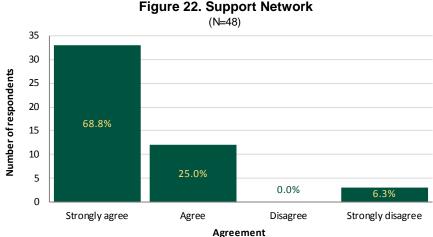


Figure 22. Support Network

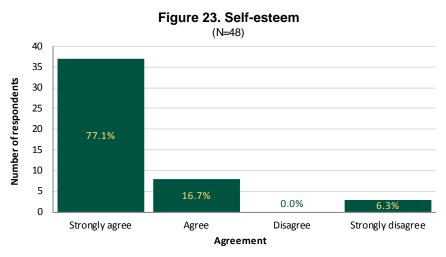
Source of data: TAAV Participant Survey, 2013

Self-esteem

Respondents provided their assessment for eight specific items measuring whether they have healthy self-esteem:

- I respect myself.
- I am a confident person.
- I think positively.
- I have control of my life.
- I have good qualities.
- I am proud of the things I do.
- I have a positive attitude about myself.
- I know my rights in a relationship.

The results presented in Figure 23 show that current and former TAAV members have healthy self-esteem. Seventy-seven percent of respondents strongly agreed and 17 percent agreed that they have a healthy self-esteem, while 6 percent strongly disagreed that they have healthy self-esteem.



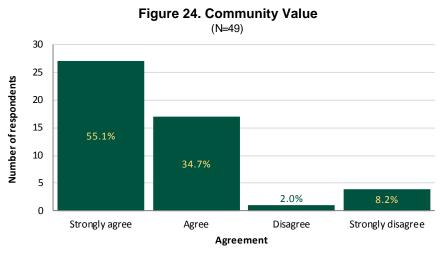
Source of data: TAAV Participant Survey, 2013

"TAAV has helped me be more confident in my job, and be more outstanding with my peers." – TAAV respondent

Community Value

Respondents provided their assessment for two specific items indicating their community value:

- People look to me for guidance.
- I am a valuable member of my community.



Source of data: TAAV Participant Survey, 2013

The results presented in Figure 24 show that current and former TAAV members feel that they have value in their community. Overall, 90 percent of respondents agreed that people look to them for guidance and that they are valuable members of their community. Ten percent of respondents disagreed (2.0% disagreed, 8.2% strongly disagreed), indicating that they did not feel like a valuable member of their community following participation in TAAV.

Further, 97 percent of all respondents felt that they are considered role models to some degree by others in their community (Table 15).

Table 15. Considered to be a Role Model in the Community

How much would you say that others in your community consider you to be a role model? Ν % 25.4 % Very much 15 Somewhat 30 50.8 20.3 Just a little 12 Not at all 2 3.4 Total 59

Source of data: TAAV Participant Survey, 2013

"TAAV made me want to do my best to encourage others that there is opportunity as long as they respect themselves and others." – TAAV respondent

Section X. Interpersonal Relationships

The importance of healthy relationships is a main topic in the TAAV program. Developing healthy relationships free of controlling behaviors and other abuse is an important part of the program. This section presents data on the interpersonal relationships of current and former TAAV members. After determining which respondents have had romantic relationships since participating in TAAV, we examined three different factors of healthy relationships — respect, trust, and communication — and how those factors have been represented in these relationships.

Relationships Since TAAV

To help discern the effect of the TAAV program's efforts in this area, we asked the respondents to tell us about their romantic relationships since being a part of TAAV. Out of the 85 respondents who began the survey, only 57 answered this question. Seventy-two percent of the respondents said that they have been in a romantic relationship since TAAV, while 28 percent said they have not been in a relationship (Table 16). It should be noted that this question was asked at the end of a quite lengthy survey, so lack of an answer should not be interpreted in any specific way. It may be assumed that the lack of an answer is because the respondent stopped answering questions and submitted the survey without answering these questions.

Table 16. Number of Participants Who Have Been in a Relationship Since TAAV

Have you been in a romantic relationship						
since participating in TAAV?		N	%			
	Yes	41	71.9 %			
	No	16	28.1			
	Total	57				

Source of data: TAAV Participant Survey, 2013

In order to gauge the long-lasting effects of TAAV, respondents were asked to share whether they exhibited certain behaviors in their most recent romantic relationship (Appendix C: Data Tables: Table 32). Respondents indicated their level of agreement to each item using the following scale: 1 = Strongly agree, 2 = Agree, 3 = Neither agree nor disagree, 4 = Disagree, and 5 = Strongly disagree. Overall responses were positive, indicating that TAAV was successful in developing interpersonal relationship skills in former and current TAAV members. Through data reduction strategies and factor analysis, three composites measuring respect, trust, and communication were identified for ease of data presentation.

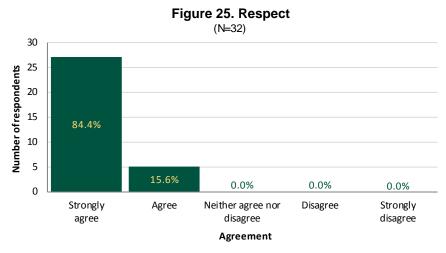
Respect

Respondents provided their assessment for 12 specific items measuring respect in relationships:

- Remember to call or meet when we say we will.
- Never push drinking or drugs on each other.

- Like each other for exactly who we are.
- Notice and celebrate special occasions.
- Enjoy being together, just ourselves, even with no special plans.
- Like to do many things together besides being physically affectionate.
- Seldom embarrass each other or put each other down.
- Keep private what we have decided to keep private.
- Never cheat on each other.
- Act like the same person whether we are alone or with others.
- Value our individual goals and interests as much as we value our relationship.
- Respect each other's decisions about sexual behaviors.

The results presented in Figure 25 show that current and former TAAV members who have been in a romantic relationship since participating in the TAAV program overwhelmingly agreed that respect is/was present in the relationship(s). Eighty-four percent of respondents strongly agreed, and 16 percent agreed that they enjoy respect in their relationships.



Source of data: TAAV Participant Survey, 2013

Trust

Respondents provided their assessment for three specific items measuring trust in their relationships:

- Feel okay about each of us having other friends of either sex.
- Try not to control each other's lives.
- Trust each other enough to go for several hours without calling, texting, or chatting.

The results presented in Figure 26 show that current and former TAAV members who have been in a romantic relationship since participating in the TAAV program agreed that their relationships

include trust. Seventy-four percent of respondents strongly agreed and 24 percent agreed that their relationships are trusting. Three percent of respondents remained neutral about the issue of trust in their relationship.

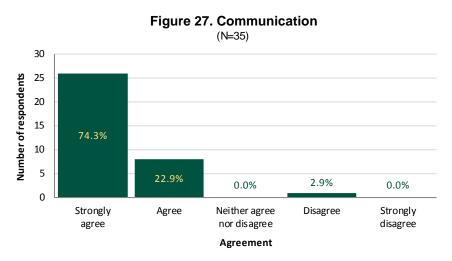
Figure 26. Trust (N=34) 30 25 Number of respondents 20 15 73.5% 10 5 23.5% 2.9% 0.0% 0.0% 0 Neither agree nor Strongly Agree Disagree Strongly disagree agree disagree Agreement

Source of data: TAAV Participant Survey, 2013

Communication

Respondents provided their assessment for four specific items measuring communication in their relationships:

- Work through our disagreements without hurting each other.
- Tell each other the truth about what we feel and think.
- Decide together what we will do.
- Talk about feelings of jealousy and try to work them out without hurting each other.



Source of data: TAAV Participant Survey, 2013

The results presented in Figure 27 show that current and former TAAV members who have been in a romantic relationship since participating in the TAAV program agreed that their current relationships include good communication. Seventy-four percent of respondents strongly agreed and 23 percent agreed that they have good communication in their relationships. Three percent disagreed that they have good communication in their relationship

"I like being able to give advice to friends and others about being in a healthy relationship and help them if they are in violent situations. TAAV inspired me to choose to want to work helping people out and wanting that to be my career no matter what kind of work it is." – TAAV respondent

Section XI. Bystander Intervention

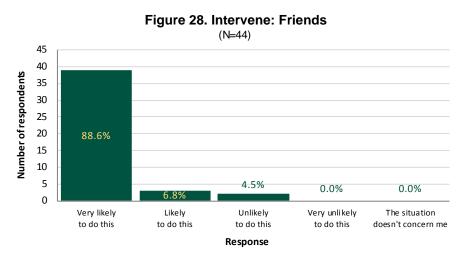
Part of TAAV's mission is to help participants identify domestic violence and sexual violence outside of their own relationships. This may apply to interactions among family members, friends, peers, or strangers in the community. Part of being a healthy member of the community is feeling empowered to speak up about inappropriate behaviors that one may witness. We asked TAAV participants how likely they would be to exhibit certain protective behaviors. The response options ranged from very likely to do this, to the situation does not concern me (definitely not going to do this). Overall, more than two-thirds of all respondents indicated that they were likely or very likely to exhibit the protective behaviors queried (Appendix C: Data Tables: Table 33). Through data reduction strategies and factor analysis, three composite measures were identified for ease of data presentation. These three composites assess whether respondents would intervene with friends, whether they would intervene with strangers, and whether they would speak in public about domestic and sexual violence.

Intervene: Friends

Respondents provided their assessment for 15 specific items measuring whether they would intervene if they witnessed behaviors that were inappropriate and potentially illegal involving friends:

- Tell a friend that you don't agree with the way they talk to their partner.
- Try to stop a friend or colleague from sexually harassing someone else.
- Say or do something if I saw a male friend being grabbed in an aggressive way by his partner.
- Say or do something if a male friend was slapped by his partner.
- Say or do something if I saw a female friend get slapped by her partner.
- Say or do something if I saw a female friend being grabbed in an aggressive way by her partner.
- Check in with a friend if I knew they had a new partner and had suddenly stopped going out with people and doing activities they usually did.
- Say or do something if I knew a friend was stalking someone.
- Say or do something if I knew a friend was being stalked by someone.
- Say or do something if I knew a friend was controlling someone else.
- Say or do something if I knew a friend was being controlled by someone.
- Say or do something if I knew a friend was isolating someone else from friends and family.
- Say or do something if I knew a friend was being isolated from friends and family by someone.
- Give advice to a friend experiencing feelings of jealousy.
- Give advice to a friend whose partner is acting out because of jealousy.

The results presented in Figure 28 show that most current and former TAAV members would intervene if they witnessed behaviors that were inappropriate and potentially illegal involving a friend. Eighty-nine percent of respondents were very likely to intervene and seven percent were likely to intervene if they witnessed behaviors that were inappropriate and potentially illegal involving a friend. Five percent of respondents were unlikely to intervene among friends if they witnessed behaviors that were inappropriate and potentially illegal.



Source of data: TAAV Participant Survey, 2013

"TAAV taught me how to help others who are in a bad situation, like in an unhealthy relationship. Help them cope with it, or try telling them that it's a bad thing to be in it & try to convince them to leave them." – TAAV respondent

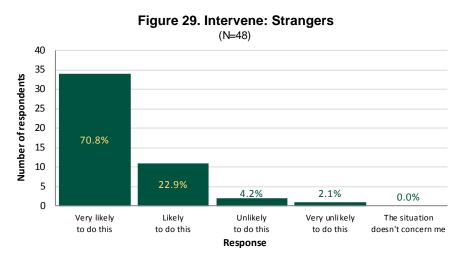
Intervene: Stranger

Respondents provided their assessment for four specific items measuring whether they would intervene if they witnessed behaviors that were inappropriate and potentially illegal involving a stranger:

- Try to stop a stranger from taking an intoxicated woman into a bedroom at a party.
- Say or do something if I saw a couple yelling at each other.
- Say or do something if I knew one partner was controlling the other.
- Say or do something if I heard people putting other people down.

The results presented in Figure 29 show that most current and former TAAV members would intervene if they witnessed behaviors that were inappropriate and potentially illegal involving a stranger. Seventy-one percent of respondents were very likely and 23 percent were likely to intervene if they witnessed behaviors that were inappropriate and potentially illegal involving a

stranger. Four percent of respondents were unlikely to intervene, and two percent of the respondents reported that they were very unlikely to intervene among strangers if they witnessed behaviors that were inappropriate and potentially illegal.



Source of data: TAAV Participant Survey, 2013

"TAAV taught me how to stand up and speak to others that are disrespectful to other people." – TAAV respondent

Speak in Public about Domestic and Sexual Violence

Respondents provided their assessment for three specific items measuring whether they would speak in public about domestic violence and sexual assault:

- Talk in public about the issue of violence against women.
- Talk in public about the issue of family or domestic violence.
- Talk in public about the issue of sexual violence.

The results presented in Figure 30 show that most current and former TAAV members would speak out in public about domestic and sexual violence. Forty-nine percent of respondents were very likely and 31 percent were likely to speak out. Twelve percent of respondents were unlikely to speak publically about domestic and sexual violence, and eight percent were very unlikely to do so.

(N=51) 30 25 Number of respondents 20 15 49.0% 10

11.8%

Unlikely

to do this

Response

Very unlikely

to do this

0.0%

The situation

doesn't concern me

Figure 30. Speak in Public about Domestic and Sexual Violence

Source of data: TAAV Participant Survey, 2013

31.4%

Likely

to do this

5

0

Very likely

to do this

"Speaking in front of large crowds helped me to build confidence." – TAAV respondent

"TAAV taught me how to stand up and speak to others that are disrespectful to other people." - TAAV respondent

"I look forward to teaching my kids what TAAV taught me." – TAAV respondent

Section XII. High-risk Behaviors

Following participation in TAAV, it is hoped that illegal behavior by TAAV members will cease or decrease. We asked these current and former adult TAAV members (over 18 years of age) about their behaviors in the past month (Table 17) and the past year (Table 18) to gauge their illegal behaviors.

High-risk Participant Behavior

When asked about alcohol and drug use in the preceding month, 100 percent of the adult respondents reported that they had not used methamphetamines, LSD, cocaine, heroin, or other illegal drugs, or inhalants for the high (including huffing household products). Ninety-eight percent of current and former adult TAAV members reported not using non-prescription, over-the-counter drugs for the high or prescription drugs without doctor's orders in the past month. Seventy-two percent of adult respondents had not used marijuana in the past month, while 41 percent of the adult respondents (over 18 years of age) had not drunk alcohol or homebrew (Table 17).

Table 17. High-risk Participant Behavior in the Past Month

Row percentages

							7 0	or more	
Please tell us how often you have done the following		None	1-	2 times	3-	6 times	1	times	Total
within the past four (4) weeks.	N	%	N	%	N	%	N	%	N
Drank alcohol or homebrew	20	40.8 %	20	40.8 %	6	12.2 %	3	6.1 %	49
Used marijuana	34	72.3	6	12.8	2	4.3	5	10.6	47
Used non-prescription over-the-counter drugs (such as cough syrup) for the feeling they cause	48	98.0	1	2.0	0	0.0	0	0.0	49
Used methamphetamines, LSD, cocaine, heroin, or other illegal drugs	49	100.0	0	0.0	0	0.0	0	0.0	49
Used inhalants/huffing household products (like gas or whipped cream) for the feeling they cause	48	100.0	0	0.0	0	0.0	0	0.0	48
Used prescription drugs without doctor's orders	48	98.0	0	0.0	1	2.0	0	0.0	49

Source of data: TAAV Participant Survey, 2013

We asked participants to tell us if they had engaged in certain behaviors in the past year (Table 18). The majority of adult respondents had not engaged in any of the queried behaviors in the previous year. Specifically, 100 percent of respondents had not carried a handgun for a purpose other than hunting or protection from wildlife, while 98 percent of respondents had not carried another weapon (such as a knife) for a purpose other than hunting or protection from wildlife. Ninety-eight percent of current and former TAAV members had not sold illegal drugs, stolen or tried to steal a motor vehicle, or committed acts of vandalism in the past year. Ninety-six percent of respondents had not stolen something other than a car or other motor vehicle; and 92 percent had not threatened, bullied, or harassed someone in their community in the prior year. Finally, 82 percent of TAAV members had not been arrested and 80 percent had not been in a fight (20% had been in a fight the prior year).

Table 18. High-risk Participant Behavior in the Past Year

Row percentages

Now po		lages							
·		· ·					7 o	r more	
lease tell us how often you have done the following within the		None	1-	2 times	3-	6 times	t	imes	Tota
ast twelve (12) months.	N	%	N	%	N	%	N	%	N
Carried a handgun for a purpose other than hunting or protection from wildlife	50	100.0 %	0	0.0 %	0	0.0 %	0	0.0 %	50
Carried another weapon, such as a knife for a purpose other than hunting	49	98.0	1	2.0	0	0.0	0	0.0	50
Sold illegal drugs	49	98.0	1	2.0	0	0.0	0	0.0	50
Stolen or tried to steal a car or other motor vehicle, such as an ATV or snow machine	48	98.0	1	2.0	0	0.0	0	0.0	49
Been arrested	41	82.0	9	18.0	0	0.0	0	0.0	50
Committed acts of vandalism	49	98.0	1	2.0	0	0.0	0	0.0	50
Been involved in a fight	40	80.0	8	16.0	2	4.0	0	0.0	50
Stolen something other than a car or other motor vehicle	47	95.9	2	4.1	0	0.0	0	0.0	49
Threatened, bullied, or harassed someone in your community	46	92.0	3	6.0	0	0.0	1	2.0	50

Source of data: TAAV Participant Survey, 2013

"I was young and I moved away but the most important skill TAAV taught me was to speak up and talk for myself. Be strong and avoid drugs and domestic violence."— TAAV respondent

58

Section XIII. Member Feedback

With all outreach and intervention programs, dissemination of information is the hoped-for outcome. The TAAV program is no different. Although the focus is on educating selected youth, the hope is that these youth will then use their experience to help affect change in the community.

Intended Uses of TAAV Experience

We asked current and former adult TAAV members how they plan to use what they have learned at TAAV. Respondents told us that they plan to use their TAAV experience mostly to help share knowledge (38.6%), and help those in need (34.1%) (Table 19). Other intended uses of information include living a healthy life (11.4%), teaching offspring about healthy relationships (9.1%), being a leader or role model in the community (6.8%), being self-confident (4.5%), and showing respect to others (4.5%). Finally, two percent said they would use their experience in TAAV to make better choices, carefully consider decisions, and build relationships.

Table 19. Intended Uses of TAAV Experience (N=44)

How do you plan to use your experiences in TAAV in the future? % 38.6 % 17 Sharing knowledge Helping those in need 15 34.1 Living a healthy life 11.4 Teaching my children about healthy relationships 9.1 Being a leader/role model 6.8 Being self-confident 4.5 Showing respect 4.5 Making better choices 2.3 Considering decisions carefully 2.3

Note: Respondents could indicate multiple items so numbers do not sum to 44 and percentages do not sum to 100.

Building relationships

2.3

Source of data: TAAV Participant Survey, 2013

"I am very thankful to have been a part of this wonderful program, it has taught me things I need to know in life & I appreciate the opportunity. Quyana TWC!" – TAAV respondent

Ideas for Improving the Program

Participants were asked to share with us their ideas for improving TAAV (Table 20). Fifty-seven percent of respondents said that there is no room for improvement. Other members think that TAAV should expand to include more youth (18.2%), have more male staff or role models (6.1%),

have an alumni program (6.1%), and expand to other communities (3.0%). Further, expanding cultural activities (3.0%), increasing interaction between youth and the community (3.0%), and increasing job skill development (3.0%) were offered by current and former TAAV members as ideas for improving TAAV.

Table 20. Ideas for Improving TAAV

(N=33)

How do you think we could improve the program?	N	%
No suggestions	19	57.6 %
Expanding availability to more kids	6	18.2
Including more male participants/staff/role models	2	6.1
Establishing an alumni program	2	6.1
Expanding to other communities	1	3.0
Expanding cultural activities	1	3.0
Interacting more between youth and community role models	1	3.0
Developing job skills	1	3.0

Source of data: TAAV Participant Survey, 2013

Continued Interest in TAAV

Participants who wish to maintain their relationship with a program are an excellent indicator of successful programs. Our survey asked respondents if they had any interest in remaining involved in activities at TAAV (Table 21). Fifty percent of respondents had a lot of interest, 30 percent of TAAV members were somewhat interested, and 16 percent of respondents were just a little interested. Four percent of current and former TAAV members indicated that they had no interest in continuing involvement in TAAV activities.

Table 21. Interest in Remaining Involved in Activities at TAAV

How much interest do you have in remaining involved in activities at TAAV, or finding ways to support TAAV:

TAAV, or finding ways to support TAAV?	N	%
Alot	25	50.0 %
Somewhat	15	30.0
Just a little	8	16.0
None	2	4.0
Total	50	

Source of data: TAAV Participant Survey, 2013

Table 22. Continued Interest in TAAV by Activity

(N=48)

What activities are you most interested in

at TAAV? (please mark all that apply.)	N	%
Social events	38	79.2 %
Outward Bound	35	72.9
Community service	24	50.0
Leadership workshop	21	43.8
Lunch/dinner	17	35.4

Note: Respondents could mark multiple items so numbers do not sum to 48 and percentages do not sum to 100.

Source of data: TAAV Participant Survey, 2013

For those who were interested in continuing activities with TAAV, we asked which activities they would be interested in participating in (Table 22). Social events such as dances were the most popular (79.2%), followed by Outward Bound (72.9%), and community service (50.0%). Forty-four percent would like to attend leadership workshops and 35 percent would be interested in attending lunches or dinners organized by TAAV.

For those who wanted to continue to participate in TAAV activities as alumni, the preferred communication method is electronic, via either Facebook (86.0%) or e-mail (46.0%) (Table 23).

Table 23. Preferred Communication Method

N=50

How would you prefer communication on TAAV activities and updates? (please mark all that apply.) Facebook or other social media 43 86.0 % E-mail 23 46.0 Website updates 14.0 Postal mail 12.0 Internet forum 6.0 Twitter 6.0 6.0 Telephone

Note: Respondents could mark multiple items so numbers do not sum to 50 and percentages do not sum to 100.

Text message

2.0

Source of data: TAAV Participant Survey, 2013

"I miss going to TAAV and talking about our highs of the day and our lows of the day." – TAAV respondent

Section XIV. Conclusion and Recommendations

With the current levels of domestic violence and sexual assault in Alaska, programs such as TAAV are important to teach youth a healthy way of life. The importance of teaching youth respect for self and others is an important goal that should not be underestimated. The 85 current and former TAAV members who participated in this survey have been exposed to the ideas of healthy relationships and may provide the impetus for changing the landscape of violence in Bethel and neighboring villages.

Perhaps what is most significant in relation to the goals of the program is that the vast majority of respondents said that their behavior has changed, the way they make choices has changed, and their choices have changed. It is likely that these impacts were partially a result of respondents feeling that they belonged, that they were a valuable part of their community, and that there were staff members available to help resolve problems.

Key Findings

Program Achievements

Overall, TAAV members had a positive experience at TAAV that continues to have impact in their current lives. From increased self-esteem and self-worth, to empowerment to stand up for themselves and others — TAAV has had a positive impact on the lives of many TAAV members.

- Nearly 99 percent of current and former TAAV members who were invited to participate in this survey responded (p. 12). This level of engagement may illustrate the impact TAAV has had on its participants.
- 98 percent of respondents felt accepted and supported in the TAAV program (p. 15).
- 90 percent of respondents reported their behavior had changed, 88 percent reported the way they make choices had changed, and 86 percent reported their choices had changed since participating in TAAV (p. 15).
- 93 percent of respondents reported that participation in TAAV provided a sense of belonging, and 90 percent reported TAAV helped them feel connected as a part of their community (p. 15).
- 99 percent of respondents had an overall positive opinion of TAAV and 91 percent of respondents were satisfied with the TAAV program (p. 17).
- 98 percent of respondents reported that TAAV staff were conscientious and kind to youth in the program (p. 19) and that staff provided leadership and support to TAAV members (p. 20). Ninety-six percent of respondents reported that staff provided leadership opportunities to TAAV members (p. 21). These responses indicate that the TAAV program is successfully providing adult role models and the opportunity for healthy relationships with adults to TAAV participants.

- 92 percent of respondents reported that traditional Alaska Native culture is important (p. 22).
- 96 percent of respondents reported that traditional Alaska Native values and practices were important to them in developing their own personal values and beliefs (p. 22).
- 86 percent of respondents reported that the TAAV program positively represented Yup'ik culture and provided activities that were both relevant and important to the culture of TAAV members (p. 24).
- 94 percent of respondents reported that they liked the fundraising activities because they liked being part of a group effort. Respondents most liked activities that represented new experiences (p. 28).
- TAAV members reported that participation in TAAV increased skills and knowledge in the following top three areas (p. 30):
 - o Domestic violence (81.8%)
 - o Healthy relationships (77.3%)
 - o Sexual assault/abuse (71.2%)
- 88 percent of respondents reported that their experience at TAAV taught them that they could make a difference in their community (p. 31).
- 87 percent of respondents reported that participation in TAAV had impacted how they live their lives today (p. 31).
- 97 percent of respondents reported gains in knowledge about avoiding and ending unhealthy relationships and making healthy life choices. Ninety-five percent of respondents reported gains in nurturing healthy relationships. Ninety-five percent of respondents reported gains in healthy communication skills and resisting peer pressure (pp. 33–36).
- 80 percent of respondents experienced increased skill/knowledge from participation in outdoor activities. Around two-thirds of respondents reported that outdoor activities at TAAV helped them build pride in self and pride in their community (66.7%), and increased self-esteem (64.7%) (pp. 37–38).
- 76 percent of respondents definitely came away from TAAV with more knowledge about domestic violence, respect for their bodies, and respect for themselves (p. 39).
- More than 90 percent of respondents reported that they experienced positive outcomes from their participation in TAAV (p. 39).
- 94 percent of respondents reported feeling that they have individual value, healthy self-esteem, and a support network for times of need. Ninety percent of respondents reported that they were valued by the community (pp. 45–47).
- 97 percent of respondents felt that they are viewed as a role model in their community because of their participation in TAAV (p. 48).
- 100 percent of respondents who had romantic relationships following TAAV reported that they had respectful relationships with their romantic partners (p. 50). Ninety-seven percent

- of respondents reported that they had relationships with trust and good communication between partners (p. 51).
- As a result of their participation in TAAV, respondents demonstrated a high likelihood of intervening in a situation where they see that someone is at risk of harm (95% friends, 94% strangers), and are more likely to speak out publicly on issues related to interpersonal violence (80%) (pp. 54–56).
- 98–100 percent of respondents had not used prescription medications, over-the-counter medications, inhalants or other household items, or methamphetamines, LSD, cocaine, or heroin, to get high in the month preceding the survey. Seventy-two percent of respondents reported that they had not used marijuana, and 41 percent of (over 18 years of age) reported that they had not used alcohol in the month prior to taking the TAAV survey (p. 57).
- At least 80 percent or more of respondents had not been arrested or involved in potentially illegal behavior in the previous year (p. 58).

Opportunities for Program Expansion and Enhancement

Although all program activities received positive feedback, some activities were more popular than others. We offer the following opportunities for program enhancement for future TAAV participants:

- TAAV members identify cultural beliefs and practices as important and report that their sense of cultural connectedness is improved because of TAAV. However, participating in those specific culturally-based activities at TAAV was ranked lower than other activities such as Outward Bound. There are many possible reasons for this preference, but it is likely that other activities were preferred because they offered an opportunity for a new experience to TAAV participants. The preference for these other activities should be noted and similar programs included in future TAAV activities offerings.
- Participation in TAAV had less impact on increasing job opportunities. If TAAV wishes
 to increase this level of opportunity, this programming aspect could be enhanced through
 business partnerships in the Bethel community and beyond.
- Of the 33 TAAV members who responded to the question on how to improve the TAAV program, half reported that they had no suggestions for improving the program. Half of the respondents provided the following top three recommendations:
 - o Expand program availability to more youth in neighboring villages (n=6).
 - o Increase presence of male staff and role models within TAAV (n=2).
 - o Establish an alumni program (n=2).

Recommendations to TAAV Staff for Future Program Evaluation

Future evaluations would be helped by obtaining base-level data from new TAAV members as they enter the program. These base levels could be used to ascertain more accurate levels of improvement in knowledge domains. In addition, annual surveys would be helpful in attempting to objectively identify the level of improvement experienced by individual TAAV members, as well as the group as a whole.

Keeping records about participants would also be helpful when creating a sampling frame for later evaluations. It is suggested that minimal records for TAAV members include the following:

- Date of entry into program
- Date of exit from program
- Dates of attendance in program and activities
- Demographic information such as birthday, gender, race, and ethnicity
- Contact information

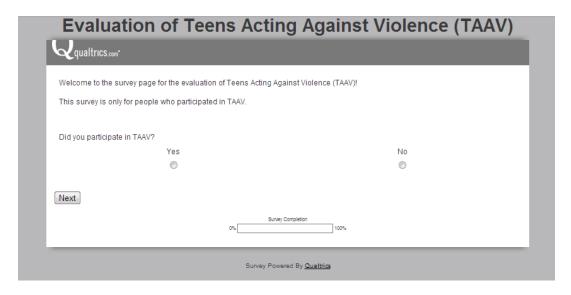
Expansion of the TAAV program to other communities in the Y–K Delta is recommended for maximum impact in the region.

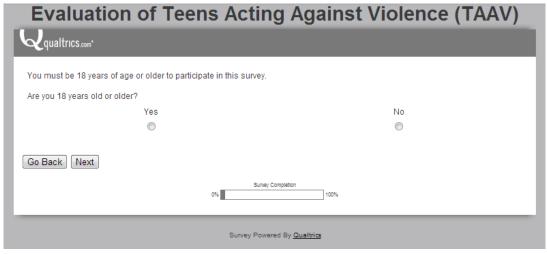
Overall, TAAV participants reported positive outcomes and lasting impacts from their time at TAAV. Based on the overall positive feedback from former and current adult TAAV members, the authors are comfortable stating that TAAV has served an important role in the lives of many Bethel teens. Further, assuming that TAAV continues to evolve and focus on serving the needs of Bethel youth, TAAV is poised to remain a model for prevention, intervention, and education of middle and high school students in Alaska, if not the country.

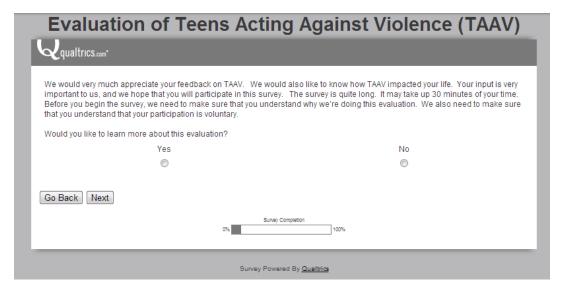
"I hope they [the TAAV program] are able to continue all that they do and I pray that they have impacted many lives the same way they have mine. Thank you, TAAV, for helping mold me into the happy person I am today." – TAAV respondent

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Appendix A: TAAV Survey







CONSENT FORM

PRINCIPAL INVESTIGATOR:

Dr. Andre Rosay Director, Justice Center University of Alaska Anchorage abrosay@uaa.alaska.edu; (907) 786-1821

DESCRIPTION:

The Tundra Women's Coalition (TWC) has partnered with the Justice Center at the University of Alaska Anchorage to conduct an evaluation of the Teens Acting Against Violence (TAAV) program. To complete this evaluation, we have a created a survey that asks your opinions of TAAV. The survey also asks questions about you, your relationships, and your life. Some of the questions ask about drugs, sexuality, and criminal activities. These questions will help us understand how TAAV impacted your life. The results of this survey will be used to improve TAAV and the services that it provides to young people in your region.

VOLUNTARY NATURE OF PARTICIPATION:

Your participation in this survey is completely voluntary. You don't have to participate. You can stop the survey at any time. You can also skip any questions that you don't want to answer. Nothing will happen to you if you don't participate, if you stop the survey, or if you skip questions.

POTENTIAL BENEFITS AND RISKS:

There will be no direct benefit to you from participating in this survey. The results of this study may benefit the TAAV program by letting TWC know what you liked, what you didn't like, and how the TAAV program impacted your life. The survey includes personal questions about you and your relationships. These questions might make you feel uncomfortable. Remember that you can skip questions that you don't want to answer. The survey is quite long. It may take up 30 minutes of your time.

COMPENSATION

In appreciation for your participation in this survey, we are offering a \$20 VISA gift card. Your name will also be entered in a drawing for one of five \$200 gift certificates to Alaska Airlines. To be eligible for this compensation, you must have participated in TAAV and must be 18 years of age or older. You will also need to provide us with your name and contact information at the end of the survey.

CONFIDENTIALITY:

Your name and contact information will only be stored by the researcher to issue the gift card. Afterward, this information will be permanently deleted. Any information from this study that is published will not identify you by name. We will send your name and contact information to TWC only if you tell us to do that. Otherwise, your name and contact information won't be shared with anyone else.

CONTACT PEOPLE:

If you have any questions about this survey, please contact the Principal Investigator listed above. If you have any questions about your rights as a research subject, please contact Dr. Claudia Lampman, Compliance Officer, at (907) 786-1099.

CONSENT

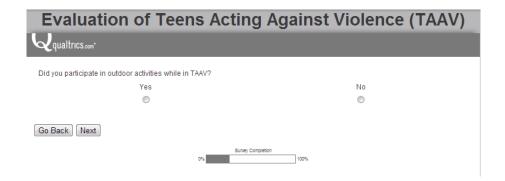
If you click YES below, it means that you fully understand this study, what is being asked of you, and that you are participating in this study voluntarily. You should print a copy of this page to keep all of this information.

Would you like to participate i	in this survey?				
	Yes				No
	©				0
Go Back Next					
		0%	Survey Completion	100%	

Evaluation of Teens Acting Against Violence (TAAV) Qualtrics.com Please share your honest opinions about the program. Your feedback will help us improve the program for future TAAV Overall, I think the TAAV program is: Terrible Poor Excellent OK Good How often did you attend TAAV meetings? If you missed TAAV meetings due to other approved activities (like NYO or basketball, school plays, etc.), please estimate how often you went to TAAV meetings when you were not involved in the other activities. One time per week Two times per week Three times per week Four or more times per week 0 Did you travel with the group for conferences, activities, or Outward Bound? Yes No How many years did you participate in TAAV? (Choose one) 1 3 5 What year(s) did you participate in TAAV? Go Back Next Survey Powered By Qualtrics

In which of the following program activities did you participate? Plea	se check all that apply.
Attending meetings	□ Village travel
Lead On conference	Outward Bound trip
Fundraising efforts	Community presentations
Helped with TWC events	Hunting by boat
Fishing trips	Hunting by snow machine
Manaqing/Ice fishing trips	Kisaralik camping trip
Boating on the Kuskokwim	Kayaking the Kuskokwim
Berry picking	Kayaking local lakes
Skits	Sewing/storyknife making/carving
Making commercials or videos/movies	Recording PSAs
Teens Lead Ahead Camp	Classroom presentations
Other (please specify):	
Which three program activities did you like the MOST? Please only of	choose activities in which you participated.
Attending meetings	☐ Village travel
Lead On conference	Outward Bound trip
Fundraising efforts	Community presentations
Helped with TWC events	Hunting by boat
Fishing trips	Hunting by snow machine
Manaqing/Ice fishing trips	Kisaralik camping trip
Boating on the Kuskokwim	Kayaking the Kuskokwim
■ Berry picking	Kayaking local lakes
Skits	Sewing/storyknife making/carving
Making commercials or videos/movies	Recording PSAs
	E Recording FoAs
Teens Lead Ahead Camp	Classroom presentations
Teens Lead Ahead Camp Other (please specify):	

Please tell us what you liked about the three programs yo	ou chose as your favorites.	
Which three program estivities did you like the LEAST? Pla	and only choose activities in which you participated	
Which three program activities did you like the LEAST? Ple Attending meetings	Sase only choose activities in which you participated.	
☐ Lead On conference	Outward Bound trip	
Fundraising efforts	Community presentations	
☐ Helped with TWC events	Hunting by boat	
Fishing trips	Hunting by snow machine	
Managing/Ice fishing trips	Kisaralik camping trip	
	Kayaking the Kuskokwim	
Boating on the Kuskokwim		
■ Berry picking	Kayaking local lakes	
Skits	Sewing/storyknife making/carving	
Making commercials or videos/movies	Recording PSAs	
Teens Lead Ahead Camp	Classroom presentations	
Other (please specify):		
Please tell us what you disliked about the three programs	s you chose as your least favorite	
Please tell as what you distinct about the three programs	s you chose as your least tavonte.	
What did you most look forward to in the TAAV program?	,	
programm		
Go Back Next		



Evaluation of Teens Acting Against Violence (TAAV)



If you participated in outdoor activities while i apply.)	n TAAV, what kind of imp	act did your particip	ation have on your life? (Choose all that
Increased skill/knowledge		Helped me feel	proud of what I am and where I live
■ Made me more self-sufficient		Reduced fear	
Taught me subsistence skills		Helped me disc	cover cultural traditions
Taught me survival skills		Increased my s	elf-esteem
Taught me traditional way of doing things	3	Taught me new	methods of doing things
Other (please specify):			
Through your activities in TAAV, you increase	d my skills or knowledge	the most in (check	all that apply):
Domestic violence	Substance abuse		Suicide prevention
Listening skills	Problem solving skill	S	Relating to peers
Public speaking skills	Decision making skil	Is	Job skills/employment opportunities
Healthy relationships	Identifying with my cu	Iture	Feeling more connected to my culture
Sexual assault/abuse	Healthy sexuality cho pregnancy prevention		
What additional topic(s) or subject(s) would	d you like the program to	o include in the futu	ire?
Go Back Next	Survey Comp 0%	iletion 100%	

Evaluation of Teens Acting Against Violence (TAAV)

Qualtrics.com

Please indicate what kind of gains/improvements you have made as a result of your TAAV experiences.

	No gain	Slight gain	Moderate gain	A lot of gain
Identifying healthy relationships	0	0	0	0
How to avoid unhealthy relationships	0	•	0	0
Expressing my feelings in a healthy way	0	0	0	0
Being honest with others	0	0	0	0
Using information to solve personal problems	0	0	0	0
Listening effectively	0	0	0	0
Respecting others	0	0	0	0
Trusting other people	0	0	0	0
Thinking healthy ways of dealing with tough situations	0	0	0	0
Choosing healthy alternatives to deal with difficult situations	0	0	0	0
Handling mistakes in a healthy way	0	0	©	0
Knowledge about family violence	0	0	0	0
Knowledge about depression and suicide prevention	0	0	0	0
How to support someone who is depressed or suicidal	0		0	0
Knowledge about who to contact or who to refer people to if they need shelter or help because of violence or abuse issues	0	0	0	0
Knowledge about alcohol and substance abuse	0	0	0	0
Knowledge about sexual assault/sexual abuse	0	0	0	0
Identifying the warning signs of abuse	0	0	0	0
Avoiding abusive relationships	0	0	0	0
Knowing where and how to get help if I experience abuse	0	0	0	0
Ability to end unhealthy relationships and remove myself from risky situations	0	0	0	0
Resisting peer pressure when it comes to using alcohol in an unhealthy way	•	•	•	•
Resisting peer pressure when it comes to using illegal drugs	0	0	0	0

The next set of questions asks about your life skills and how TAAV impacted them. For each skill listed, please indicate the kind of impact participating in TAAV had on you. You may add any skill that you developed through TAAV that you think we should know about in the blank space(s).

	Very positive	Positive	None	Negative	Very negative
Stating problems or goals	0	0	0	0	0
Asking for ideas and opinions	•	0	0	0	0
Giving ideas	©	0	0	0	
Making difficult choices	•	0	0	0	•
Telling others what I feel	©	0	0	0	©
Restraining my emotions	•	0	0	0	•
Expressing respectful feelings		0	0	0	0
Expressing gratitude	•	0	0	0	•
Facing conflict & anger	©			0	©
How to have closeness & affection with others	•	0	0	0	•
Facing disappointment	©	0		0	©
Dealing with stress	•	0	0	0	•
Setting boundaries	©	0	0	0	
Making safe and healthy decisions for myself	•	0	0	0	•
Other (please specify):	0	0	0	0	0
Other (please specify):	•	0	•	•	•
Other (please specify):	0		0		0

The next set of questions asks about your current life skills. For each skill listed, please rate how well you perform the skill. For example, if you feel that you still need to work on a skill, you may choose "I am struggling with this skill." If you feel that you are making progress, but still have room to improve, you may choose "I am still working on this skill." If you feel that you have no room for improvement, you may choose "I have mastered this skill." Please answer honestly. You may add any skill that you developed through TAAV that you think we should know about it the blank space(s).

	I am struggling with this skill	I am still working on this skill	I have mastered this skill
Stating problems or goals	0	0	0
Asking for ideas and opinions	•	0	•
Giving ideas	0	0	©
Making difficult choices	•	0	•
Telling others what I feel	©	0	©
Restraining my emotions	•	0	•
Expressing respectful feelings	©	0	©
Expressing gratitude	•	0	•
Facing conflict & anger	©	0	©
How to have closeness & affection with others	•	0	•
Facing disappointment	©	0	©
Dealing with stress	•	0	•
Setting boundaries	©	0	©
Making safe and healthy decisions for myself	•	0	•
Other (please specify):	0	0	©
Other (please specify):	•	•	•
Other (please specify):	•	0	•

How much would you say that of	thers in your community conside	r you to be a role model?	
Very much	Somewhat	Just a little	Not at all
•	•	•	0
Go Back Next			
	Survey Co	mpletion 100%	

Evaluation of Teens Acting Against Violence (TAAV)



Did you participate in fundraising activities when you were involved	n TAAV?			
Yes		No		
©		0		
Go Back Next				
Survey Co	mpletion			
0%	100%			
Evaluation of Teens Actin	a Againsi	l Violer	nce (T	AAV)
Evaluation of recho hethir	g Agamo	Violei	100 (1	, , ,
√ qualtrıcs.∞m⁺				
How did you feel about the fundraising activities you were involved	in at TAAV? (Choose a	ll that apply.)		
Felt good to be part of a group effort	Felt proud to help o	contribute to a co	mmon goal	
Was embarrassing to me	Was intimidating of	r scary to me		
Was fulfilling to me/a good use of my time	I didn't like it			
Language TANVIII				
I came away from TAAV with	Definitely	Somewhat	Just a little	Not at all
Knowledge about how to become a better leader.	*			
More confidence.	0	0	0	0
Better problem-solving skills.	•	•	•	•
Stronger friendships with other TAAV participants.	0	• •	<u> </u>	0
A determination to have healthy relationships.	0	0	0	0
The ability to advocate for myself in a relationship.				
Respect for myself.	0	0	0	0
Respect for my body.				
Awareness of my rights.	0	0	0	0
Knowledge about domestic violence.			0	0
Knowledge about healthy relationships.	0	0	0	0
Knowledge about sobriety and substance abuse.	•	0	0	0
Knowledge about depression and suicide prevention.	0	0	0	0
The ability to help friends who enter into unhealthy relationships.	•	•	0	0
A batter connection with at least one adult (facilitator)				
A better connection with at least one adult (facilitator).	0	0		
A stronger feeling of being connected to my culture.	© •	© •	© •	© •

Please indicate how much	you agree with each	of the following	statements.
--------------------------	---------------------	------------------	-------------

	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree
TAAV has impacted how I live my life today.	0	0	0	0	0
TAAV has shown me that I can make a difference in my community.	0	0	0	0	0
I actively promote TAAV in my community (i.e. talking about it with friends, recommend that young people go each year, etc.).	0	0	0	0	0
I liked my time at TAAV.	0	0	0	0	0
I miss the programs and opportunities TAAV provided.	0	0	0	0	0
Being involved with TAAV opened up new employment opportunities.	•	•	0	•	•
Being involved with TAAV inspired me to volunteer or be a role model in my community.	0	0	0	0	0
Being involved with TAAV has inspired me to help Tundra Women's Coalition or similar organizations.	•	0	0	•	•

model in my community.					
Being involved with TAAV has inspired me to help Tundra Women's Coalition or similar organizations.	•	0	0	•	0
How have the skills you learned from TAAV helped you in other areas	in your life?				
How do you plan to use your experiences in TAAV in the future?					
Go Back Next					

Survey Completion
0%

Please indicate how strongly you agree with the following statements about TAAV.

	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree
TAAV was appropriate for my culture/background.	0	0	0	0	0
TAAV made me feel good about my culture/background.		0			
I participated in activities that are important in my culture or community.	0	0	0	0	0
l learned about activities that are important in my culture or community.	•	0	•	•	•
Outdoor activities helped improve my self-esteem.	0	0	0	0	0
Outdoor activities helped me feel more connected to my culture/background/community.		•	•	•	•
Outdoor activities helped me feel more connected to other TAAV members.	0	0	0	0	0
felt a connection with facilitators and people who helped with outdoor activities or cultural activities.	•	•	•	•	

Please answer the following questions about your experience in TAAV.

©	0
•	·
0	0
	•
0	0
	•
0	0
•	•
0	0
•	•
0	0
	•
0	0
•	•
	000000000

How would you rate your overall satisfaction with the program?

Completely satisfied	Somewhat satisfied	Neutral	Somewhat dissatisfied	Completely dissatisfied
©	0		©	0
How do you think we could	d improve the program?			
Go Back Next				
		Survey Completion		



Have you been in a romantic relationship since participating in TAAV?

Yes No

Go Back Next

Survey Completion

Evaluation of Teens Acting Against Violence (TAAV)



In this relationship, we do/did...

	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
Remember to call, or meet when we say we will.	0	0	0	0	0
Never push drinking or drugs on each other.	0	0	0	0	0
Like each other for exactly who we are.	0	0	0	0	0
Notice and celebrate special occasions.	0	0	0	0	0
Enjoy being together, just ourselves, even with no special plans.	0	0	0	0	0
Work through our disagreements without hurting each other.	0		•	0	
Feel okay about each of us having other friends of either sex.	0	0	0	0	0
Tell each other the truth about what we feel and think.	0	•	•	•	0
Like to do many things together besides being physically affectionate.	0	0	0	0	0
Seldom embarrass each other or put each other down.	0	•	•	0	0
Keep private what we have decided together to keep private.	0	0	0	0	0
Never cheat on each other.	0	0	•	•	0
Try not to control each other's lives.	0	0	0	0	0
Act like the same person whether we are alone or with others.	0	0	0	0	0
Value our individual goals and interests as much as we value our relationship.	0	0	0	0	0
Decide together what we will do.	0	0	•	•	0
Respect each other's decisions about sexual behaviors.	0	0	0	0	0
Talk about feelings of jealousy and try to work them out without hurting each other.	0	•	•	•	•
Trust each other enough to go for several hours without calling, texting, or chatting.	0	0	0	0	0

Please indicate how likely it is that you would do the following things:

	Very likely to do this	Likely to do this	Unlikely to do this	Very unlikely to do this	The situation doesn't concern me
Tell a friend that you don't agree with the way they talk about their partner.	0	0	0	0	0
Try to stop a friend or colleague from sexually harassing someone else.	0	•	•	•	0
Talk in public about the issue of violence against women.	0	0	0	0	0
Talk in public about the issue of family or domestic violence.	0	0	0	0	0
Talk in public about the issue of sexual violence.	0	0	0	0	0
Try to stop a stranger from taking an intoxicated (drunk) woman into a bedroom at a party.	•	•	•	•	•

	Very likely to do this	Likely to do this	Unlikely to do this	Very unlikely to do this	The situation doesn't concern me
Say or do something if I saw a male friend being grabbed in an aggressive way by his partner.					0
Say or do something if a male friend was slapped by his partner.	0	0	0	0	0
Say or do something if I saw a couple yelling at each other.	•	0	•	0	•
Say or do something if I saw a female friend get slapped by her partner.	0	0	0	0	0
Say or do something if I saw a female friend being grabbed in an aggressive way by her partner.	•	0	•	•	0
Say or do something if I knew one partner was controlling the other.	0	0	0	0	0
	Very likely to do this	Likely to do this	Unlikely to do this	Very unlikely to do this	The situation doesn't concern me
Say or do something if I heard people putting other people down.	0	0		0	0
Check in with a friend if I knew they had a new boyfriend/girlfriend and had suddenly stopped going out with people and doing the activities they usually did.					•
Say or do something if I knew a friend was stalking someone.	0	0	0	0	©
Say or do something if I knew a friend was being stalked by someone.	•	0	•	•	0
Say or do something if I knew a friend was controlling someone else.	0	0	0	0	0
Say or do something if I knew a friend was being controlled by someone.					0
	Very likely to do this	Likely to do this	Unlikely to do this	Very unlikely to do this	The situation doesn't concern me
Say or do something if I knew a friend was isolating someone else from friends and family.	•	•	•	•	•
Say or do something if I knew a friend was being isolated from friends and family by someone.	0	0	0	0	0
Give advice to a friend experiencing feelings of jealousy	•	•	0	0	0
Give advice to a friend whose partner is acting out because of jealousy.	0	0	0	0	0

Go Back Next

Survey Completion 100%

This next section of questions is about TAAV staff and other group members/peers. Please share your honest opinions with us.

/ho was/were your TAAV leader(s)?				

Please rate your program leader(s). When answering the following, please rate the program leader with whom you had the most contact/spent the most time.

	Poor	Fair	Good	Great	Excellent
They understood what they taught.	0	0	0	0	0
They communicated clearly.	0	0	0	0	0
I felt I could go to them with questions and problems.	0	0	0	0	0
My leader did a good job.	0	0		0	0
Their goals and expectations were clear.	0	0	0	0	0
They gave me chances to lead.	0	0	0	0	0
They were a good support system.	0	0	0	0	0
They helped facilitate a positive experience with the TAAV group.	0	0	0	0	0

Please indicate how strongly you agree with the following statements about TAAV staff and leaders.

	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree
Decisions were made based on what was best for the group.	0	0	0	0	0
Staff made good decisions.	0	0	0		0
Group members were given the chance to help make decisions.	0	0	0	0	0
Group members were involved in helping solve problems.		0	0		0
Staff asked group members about their ideas.	0	0	0	0	0
Staff were nice people.	•	0	0	•	0
Staff treated me with respect.	0	0		0	0
Staff were respectful of my culture/background.	•	0	0	•	0
Staff treated group members fairly.	0	0	0	0	0
The program had fair rules and expectations.	0	0	0	0	0
There were people I could depend on to help me when/if I really needed it.	0	0	0	0	0
There was an adult that I could turn to for guidance in times of stress.		0	0		
There was a trustworthy adult I could turn to for advice if I was having problems.	0	0	0	0	0
There was someone I could depend on for help if I really needed it.	0	0	0	0	0
There was an adult I felt comfortable talking to about my problems.	0	0	0	0	0
There were people I could count on in an emergency.	0	0	0	0	0

Anything else you'd like to say about the leaders?		
Go Back Next		

Survey Completion
0% 100%

Please indicate how strongly you agree with the following statements about your peers at TAAV.					
	Strongly agree	Agree	Neither agree nor disagree	Disagree	Strongly disagree
Group members helped each other, even if not friends.	0	0	0	0	0
Group members treated each other with respect.	0	0	0	0	0
Group members were respectful of everyone's cultures/background.	0	0	0	0	0
Group members shared their ideas with the group.	0	0	0	0	0

Group members treated staff with respect.

Group members followed the program rules and met expectations.

Group members turned to adult staff for help with problems.

Anything else you'd like to say about the relationships you formed with your TAAV peers?

Is there anything else you'd like to say about your experience with TAAV?

Go Back Next

Survey Completion
0%

How likely would you be to recomme	nd TAAV to teens that you	know?			
Very likely	Somewhat likely	Somewhat unlikely	Very unlikely		
©	0	0	0		
How much interest do you have in re	maining involved in activition	es at TAAV, or finding ways to suppo	ort TAAV?		
A lot	Some	Just a little	None		
	0	0	©		
What activities are you most intereste	d in at TAAV? (please mark	all that apply.)			
Lunch/dinner		Outward Bound			
Social events		Leadership workshop			
Other (please specify):		Community service			
How would you prefer communication	on TAAV activities and upda	ates? (please mark all that apply.)			
E-mail		Internet forum			
Website news sections		Postal mail			
Facebook or other social media		■ Twitter			
Other (please specify):					
Go Back Next					

The last section of questions is about you and your activities in your life. Please be honest in your answers.

How important is it to you to follow religious or spiritual beliefs which are based upon:

	Not at all important	Not very important	Somewhat important	Very important
Traditional Alaska Native beliefs?	0	0	0	0
Traditional Alaska Native culture?	0	0	0	0
Christian beliefs such as Catholic, Moravian, Russian Orthodox, etc.	0	0	0	0
How important is it to you to have Native values and practices, such as respect for elders or sharing/generosity?	0	•	•	•
Other beliefs (please specify):	0	0	0	0

On average, how often have you done the following:

	Never	Once or twice in my life	A few times in my life	Once or twice per year	More than once or twice per year
Gone hunting for big game such as caribou, moose, or seal?	0	0	0	0	0
Gone fishing or checked a set net?	0	0	0	0	0
Gone managing (ice fishing)?	0	0	0	0	0
Gone on the tundra to collect eggs, plants, grasses, or other food/plants that the tundra provides?				•	•
Picked berries?	0	0	0	0	
Beading?	0	0	0	0	0
Sewing, such as sewing a malaqi?	0	0	0	0	©
Taken a steam?				0	0
Engage in learning or speaking your native language, either formally or informally?	0	0	0	0	0
Engage in traditional dancing such as Yup'ik dancing or drumming?	•	•	•	•	•
Engage in carving or net mending?	0	0	0	0	0

Tell us how strongly you agree with the following statements about yourself.

	Strongly disagree	Disagree	Agree	Strongly agree
I respect myself.	0	©	0	0
I know my rights in a relationship.	•	•	0	0
I know who to go to if I have problems.	0	©	0	0
I have a support network to help me deal with hard times.	•	•	0	0
I am a confident person.	0	©	0	0
I am self-motivated.	•	•	0	0
People look to me for guidance.	0	©	0	0
I think positively.			0	
I have control of my life.	0	©	0	0
I have a sincere desire to help others.				
I am good at solving problems.	0	©	0	0
I follow through with my goals.		•		
People can trust me.	0	©	0	0
I am a valuable member of my community.		•		
I have good qualities.	0	©	0	0
I am proud of the things I do.	•		0	0
I have a positive attitude about myself.	0	0	0	0

Go Back Next

0% 100%	

We would like to know about your recent behavior. Remember, your answers are private and will not be shared with anyone. It is important that you answer truthfully. However, if these questions make you uncomfortable, you may skip them. We hope you'll continue to answer honestly.

Please tell us how often you have done the following within the past four (4) weeks.

	0	1-2 times	3-6 times	7 or more times
Drank alcohol or homebrew?	0	©	0	©
Used marijuana?	0	0	0	•
Used non-prescription over-the-counter drugs (such as cough syrup) for the feeling they cause?	0	0	©	0
Used methamphetamines, LSD, cocaine, heroin, or other illegal drugs?	•	•	•	•
Used inhalants/huffing household products (like gas or whipped cream) for the feeling they cause?	0	0	0	0
Used prescription drugs without doctor's orders?	•	•	0	•

Please tell us how often you have done the following within the past twelve (12) months.

	0	1-2 times	3-6 times	7 or more times
Carried a handgun for a purpose other than hunting or protection from wildlife?	0	0	0	0
Carried another weapon, such as a knife for a purpose other than hunting or protection from wildlife?	•	•	•	•
Sold illegal drugs?	0	0	0	0
Stolen or tried to steal a car or other motor vehicle such as an ATV or snow machine?			•	•
Been arrested?	0	0	0	0
Committed acts of vandalism?	0	•	0	•
Been involved in a fight?	0	0	0	0
Stolen something other than a car or other motor vehicle?			0	•
Threatened, bullied, or harassed someone in your community?	0	0	0	0

Go Back	Next
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Survey Completion 100%

If you would like to receive a \$20 VISA gift card, please provide your name and contact information below. You will also be entered into the drawing for the Alaska Airlines gift certificates. Name Mailing Address City State Zip code Email address Phone Number Do you want us to send your name and contact information to TWC? Νo Yes Go Back Next Survey Completion **Evaluation of Teens Acting Against Violence (TAAV)** o√qualtrics.com² Thank you for your time. Go Back Next **Evaluation of Teens Acting Against Violence (TAAV)** qualtrics.com* We thank you for your time spent taking this survey.

Your response has been recorded.

Survey Completion

Appendix B: List of Survey Resources

Survey References

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- U.S. Census Bureau. (2015). *State and country Quickfacts*. Data derived from Population Estimates, American Community Survey, Census of Population and Housing, State and County Housing Unit Estimates, County Business Patterns, Nonemployer Statistics, Economic Census, Survey of Business Owners, Building Permits, retrieved from http://quickfacts.census.gov/qfd/index.html.

Appendix C: Data Tables

Table 24. Perceptions of TAAV Peers

Please indicate how strongly you agree with the		rongly agree		Agree		ner agree disagree	Dis	agree		rongly sagree	Total
following statements about your peers at TAAV.	N	%	N	%	N	%	N	%	N	%	N
Group members helped each other, even if not friends.	21	43.8 %	19	39.6 %	6	12.5 %	0	0.0 %	2	4.2 %	48
Group members treated each other with respect.	23	47.9	18	37.5	5	10.4	0	0.0	2	4.2	48
Group members were respectful of everyone's culture/background.	26	54.2	17	35.4	2	4.2	1	2.1	2	4.2	48
Group members shared their ideas with the group.	25	51.0	21	42.9	1	2.0	0	0.0	2	4.1	49
$Group\ members\ treated\ staff\ with\ respect.$	25	51.0	19	38.8	2	4.1	1	2.0	2	4.1	49
Group members followed the program rules and met expectations.	23	47.9	20	41.7	2	4.2	1	2.1	2	4.2	48
Group members turned to adult staff for help with problems.	25	51.0	17	34.7	5	10.2	0	0.0	2	4.1	49

Table 24a. Composite — Members Were Engaged and Respectful (Figure 3) (N=47)														
Please indicate how strongly you agree with the		rongly ree (1)	Aį	gree (2)		ther agree lisagree (3)	Disa	agree (4)		rongly agree (5)	Total			
following statements about your peers at TAAV.	N	%	N	%	N	%	N	%	N	%	N			
Group members helped each other, even if not friends.	21	43.8 %	19	39.6 %	6	12.5 %	0	0.0 %	2	4.2 %	48			
Group members treated each other with respect.	23	47.9	18	37.5	5	10.4	0	0.0	2	4.2	48			
Group members were respectful of everyone's culture/background.	26	54.2	17	35.4	2	4.2	1	2.1	2	4.2	48			
Group members shared their ideas with the group.	25	51.0	21	42.9	1	2.0	0	0.0	2	4.1	49			
Group members treated staff with respect.	25	51.0	19	38.8	2	4.1	1	2.0	2	4.1	49			
Group members followed the program rules and met expectations.	23	47.9	20	41.7	2	4.2	1	2.1	2	4.2	48			
Group members turned to adult staff for help with problems.	25	51.0	17	34.7	5	10.2	0	0.0	2	4.1	49			
Composite Scores	27	57.4 %	17	36.2 %	1	2.1 %	0	0.0 %	2	4.3 %	47			

Table 25. Program Leader Ratings
Row percentages

Please rate your program leader(s). When answering the following, please rate the program	Р	oor	F	air		Good	G	ireat	Exc	ellent	Total
leader with whom you had the most contact/spent the most time.	N	%	N	%	N	%	N	%	N	%	N
They understood what they taught.	0	0.0 %	1	2.0 %	4	8.0 %	15	30.0 %	30	60.0 %	50
They communicated clearly.	0	0.0	1	2.0	3	6.0	11	22.0	35	70.0	50
I felt I could go to them with questions and problems.	0	0.0	2	4.0	4	8.0	5	10.0	39	78.0	50
My leader did a good job.	0	0.0	2	4.0	2	4.0	4	8.0	42	84.0	50
Their goals and expectations were clear.	0	0.0	1	2.0	3	6.1	9	18.4	36	73.5	49
They gave me chances to lead.	0	0.0	2	4.0	7	14.0	9	18.0	32	64.0	50
They were a good support system.	1	2.0	1	2.0	3	6.0	6	12.0	39	78.0	50
They helped facilitate a positive experience with the TAAV group.	1	2.0	1	2.0	4	8.0	6	12.0	38	76.0	50

Source of data: TAAV Participant Survey, 2013

Table 26. Feelings About TAAV Staff and Leaders

Row percentages

Please indicate how strongly you agree with the		rongly	,	\ aro o		ner agree disagree	Die	sagree		rongly agree	Total
following statements about TAAV staff and leaders.	N ·	agree %	N .	Agree %	N	wisagree	N N	%	N	%	N
Decisions were made based on what was best for the group.	30	60.0 %	17	34.0 %	3	6.0 %	0	0.0 %	0	0.0 %	50
Staff made good decisions.	33	66.0	13	26.0	4	8.0	0	0.0	0	0.0	50
Group members were given the chance to help make decisions.	31	62.0	18	36.0	1	2.0	0	0.0	0	0.0	50
Group members were involved in helping solve problems.	27	55.1	20	40.8	1	2.0	1	2.0	0	0.0	49
Staff asked group members about their ideas.	36	72.0	13	26.0	1	2.0	0	0.0	0	0.0	50
Staff were nice people.	42	84.0	6	12.0	2	4.0	0	0.0	0	0.0	50
Staff treated me with respect.	42	84.0	7	14.0	1	2.0	0	0.0	0	0.0	50
Staff were respectful of my culture/background.	41	82.0	7	14.0	2	4.0	0	0.0	0	0.0	50
Staff treated group members fairly.	38	77.6	10	20.4	1	2.0	0	0.0	0	0.0	49
The program had fair rules and expectations.	38	77.6	9	18.4	2	4.1	0	0.0	0	0.0	49
There were people I could depend on to help me when/if I really needed it.	41	82.0	8	16.0	1	2.0	0	0.0	0	0.0	50
There was an adult that I could turn to for guidance in times of stress.	41	82.0	8	16.0	1	2.0	0	0.0	0	0.0	50
There was a trustworthy adult I could turn to for advice if I was having problems.	39	78.0	8	16.0	3	6.0	0	0.0	0	0.0	50
There was someone I could depend on for help if I really needed it.	38	76.0	10	20.0	2	4.0	0	0.0	0	0.0	50
There was an adult I felt comfortable talking to about my problems.	38	77.6	8	16.3	3	6.1	0	0.0	0	0.0	49
There were people I could count on in an emergency.	38	77.6	8	16.3	3	6.1	0	0.0	0	0.0	49

Composites from Tables 25 and 26:

Table 25/26a. Composite — TAAV Staff Job Performance (Figure 4)

(N=49

Please rate your program leader(s). When answering the following, please rate the program leader with whom you had the most contact/spent		/ery tive (1)	Pos	tive (2)	Neu	tral (3)	Nega	tive (4)		ery tive (5)	Total
the most time.	N	%	N	%	N	%	N	%	N	%	N
They understood what they taught.	30	60.0 %	15	30.0 %	4	8.0 %	0	0.0 %	0	0.0 %	50
They communicated clearly.	35	70.0	11	22.0	3	6.0	1	2.0	0	0.0	50
My leader did a good job.	42	84.0	4	8.0	2	4.0	2	4.0	0	0.0	50
Their goals and expectations were clear.	36	73.5	9	18.4	3	6.1	1	2.0	0	0.0	49
They helped facilitate a positive experience with the TAAV group.	38	76.0	6	12.0	4	8.0	1	2.0	0	0.0	50
Staff made good decisions.	33	66.0	13	26.0	4	8.0	0	0.0	0	0.0	50
Composite scores	40	81.6 %	7	14.3 %	2	4.1 %	0	0.0 %	0	0.0 %	49

Table 25/26b. Composite — TAAV Staff Were Conscientious and Kind (Figure 5)

(N=49)

Please rate your program leader(s). When answering the following, please rate the program leader with whom you had the most contact/spent		/ery tive (1)	Pos	tive (2)	Neu	itral (3)	Nega	tive (4)		ery tive (5)	Total
the most time.	N	%	N	%	N	%	N	%	N	%	N
Decisions were made based on what was best for the group.	30	60.0 %	17	34.0 %	3	6.0 %	0	0.0 %	0	0.0 %	50
Staff were nice people.	42	84.0	6	12.0	2	4.0	0	0.0	0	0.0	50
Staff treated me with respect.	42	84.0	7	14.0	1	2.0	0	0.0	0	0.0	50
Staff were respectful of my culture/background.	41	82.0	7	14.0	2	4.0	0	0.0	0	0.0	50
Staff treated group members fairly.	38	77.6	10	20.4	1	2.0	0	0.0	0	0.0	49
Composite scores	42	85.7 %	6	12.2 %	1	2.0 %	0	0.0 %	0	0.0 %	49

Table 25/26c. Composite — TAAV Staff Provided Leadership and Support (Figure 6)

(N=49)

Please rate your program leader(s). When answering the following, please rate the program leader with whom you had the most contact/spent _		ery tive (1)	Posi	itive (2)	Neu	tral (3)	Nega	tive (4)		ery tive (5)	Total
the most time.	N	%	N	%	N	%	N	%	N	%	N
I felt I could go to them with questions and problems.	39	78.0 %	5	10.0 %	4	8.0 %	2	4.0 %	0	0.0 %	50
They were a good support system.	39	78.0	6	12.0	3	6.0	1	2.0	0	0.0	50
There were people I could depend on to help me when/if I really needed it.	41	82.0	8	16.0	1	2.0	0	0.0	0	0.0	50
There was an adult that I could turn to for guidance in times of stress.	41	82.0	8	16.0	1	2.0	0	0.0	0	0.0	50
There was a trustworthy adult I could turn to for advice if I was having problems.	39	78.0	8	16.0	3	6.0	0	0.0	0	0.0	50
There was someone I could depend on for help if I really needed it.	38	76.0	10	20.0	2	4.0	0	0.0	0	0.0	50
There was an adult I felt comfortable talking to about my problems.	38	77.6	8	16.3	3	6.1	0	0.0	0	0.0	49
There were people I could count on in an emergency.	38	77.6	8	16.3	3	6.1	0	0.0	0	0.0	49
Composite scores	43	87.8 %	5	10.2 %	1	2.0 %	0	0.0 %	0	0.0 %	49

Table 25/26d. Compos	site —	TAAV Staf	f Prov (N=49		rship	Opportuni	ties (Fi	gure 7)			
Please rate your program leader(s). When answering the following, please rate the program leader with whom you had the most contact/spent		/ery tive (1)	Posi	itive (2)	Ne	utral (3)	Nega	tive (4)		ery tive (5)	Total
the most time.	N	%	N	%	N	%	N	%	N	%	N
They gave me chances to lead.	32	64.0 %	9	18.0 %	7	14.0 %	2	4.0 %	0	0.0 %	50
Group members were given the chance to help make decisions.	31	62.0	18	36.0	1	2.0	0	0.0	0	0.0	50
Group members were involved in helping solve problems.	27	55.1	20	40.8	1	2.0	1	2.0	0	0.0	49
Staff asked group members about their ideas.	36	72.0	13	26.0	1	2.0	0	0.0	0	0.0	50
Composite scores	39	79.6 %	8	16.3 %	2	4.1 %	0	0.0 %	0	0.0 %	49

Table 27. Feelings About TAAV

	St	rongly			Neitl	ner agree			Str	ongly	
Please indicate how strongly you agree with the	ā	gree	P	Agree	nor	disagree	Dis	agree	dis	agree	Total
following statements about TAAV.	N	%	N	%	N	%	N	%	N	%	N
TAAV was appropriate for my culture/background.	27	47.4 %	17	29.8 %	13	22.8 %	0	0.0 %	0	0.0 %	57
TAAV made me feel good about my culture/background.	26	45.6	15	26.3	16	28.1	0	0.0	0	0.0	57
I participated in activities that are important in my culture or community.	22	38.6	19	33.3	15	26.3	1	1.8	0	0.0	57
I learned about activities that are important in my culture or community.	22	39.3	20	35.7	14	25.0	0	0.0	0	0.0	56
Outdoor activities helped improve my self-esteem.	24	42.1	25	43.9	8	14.0	0	0.0	0	0.0	57
Outdoor activities helped me feel more connected to my culture/background/community.	22	38.6	21	36.8	14	24.6	0	0.0	0	0.0	57
Outdoor activities helped me feel more connected to other TAAV members.	31	54.4	18	31.6	8	14.0	0	0.0	0	0.0	57
I felt a connection with facilitators and people who helped with outdoor activities or cultural activities.	25	43.9	24	42.1	8	14.0	0	0.0	0	0.0	57

Table 27a. Composite — (Cultui		nce of =56)	TAAV Act	ivitie	s/Program	s (Fig	ure 8)			
Please indicate how strongly you agree with the		rongly ree (1)	Ag	ree (2)		ner agree disagree (3)	Disa	gree (4)		ongly gree (5)	Total
following statements about TAAV.	N	%	N	%	N	%	N	%	N	%	N
TAAV was appropriate for my culture/background.	27	47.4 %	17	29.8 %	13	22.8 %	0	0.0 %	0	0.0 %	57
TAAV made me feel good about my	26	45.6	15	26.3	16	28.1	0	0.0	0	0.0	57
I participated in activities that are important in my culture or community.	22	38.6	19	33.3	15	26.3	1	1.8	0	0.0	57
Hearned about activities that are important in my culture or community.	22	39.3	20	35.7	14	25.0	0	0.0	0	0.0	56
Outdoor activities helped me feel more connected to my culture/background/community.	22	38.6	21	36.8	14	24.6	0	0.0	0	0.0	57
Composite scores	29	51.8 %	19	33.9 %	8	14.3 %	0	0.0 %	0	0.0 %	56

Table 27b. Composite	— Οι			Had a Pos	sitive	Impact (F	igure :	L4)			
	C+	(N rongly	=57)			ner agree disagree			Str	ongly	
Please indicate how strongly you agree with the		ree (1)	Ag	ree (2)	1101	(3)	Disa	gree (4)		ree (5)	Total
following statements about TAAV.	N	%	N	%	N	%	N	%	N	%	N
Outdoor activities helped improve my self-esteem.	24	42.1 %	25	43.9 %	8	14.0 %	0	0.0 %	0	0.0 %	57
Outdoor activities helped me feel more connected to other TAAV members.	31	54.4	18	31.6	8	14.0	0	0.0	0	0.0	57
Composite scores	33	57.9 %	18	31.6 %	6	10.5 %	0	0.0 %	0	0.0	57

Table 28. Gains/Improvements Due to TAAV Participation

lease indicate what kind of gains/improvements you have made as a	No gain		Sli	ght gain	Mode	erate gain	A lo	t of gain	Total
esult of your TAAV experiences.	N	%	N	%	N	%	N	%	N
Identifying healthy relationships	2	3.3 %	4	6.6 %	21	34.4 %	34	55.7 %	61
How to avoid unhealthy relationships	2	3.3	8	13.3	22	36.7	28	46.7	60
Expressing my feelings in a healthy way	3	4.9	8	13.1	18	29.5	32	52.5	61
Being honest with others	1	1.7	7	11.9	26	44.1	25	42.4	59
Using information to solve personal problems	2	3.3	14	23.0	17	27.9	28	45.9	61
Listening effectively	3	4.9	8	13.1	18	29.5	32	52.5	61
Respecting others	2	3.3	4	6.6	9	14.8	46	75.4	61
Trusting other people	4	6.6	12	19.7	22	36.1	23	37.7	61
Thinking of healthy ways of dealing with tough situations	2	3.3	9	14.8	19	31.1	31	50.8	61
Choosing healthy alternatives to deal with difficult situations	3	5.0	7	11.7	29	48.3	21	35.0	60
Handling mistakes in a healthy way	2	3.3	9	14.8	28	45.9	22	36.1	61
Knowledge about family violence	1	1.6	7	11.5	19	31.1	34	55.7	61
Knowledge about depression and suicide prevention	2	3.3	9	15.0	17	28.3	32	53.3	60
How to support someone who is depressed or suicidal	4	6.7	11	18.3	18	30.0	27	45.0	60
Knowledge about who to contact for shelter or help because of violence or abuse issues	3	4.9	7	11.5	15	24.6	36	59.0	61
Knowledge about alcohol and substance abuse	2	3.3	7	11.5	17	27.9	35	57.4	61
Knowledge about sexual assault/sexual abuse	1	1.7	6	10.0	17	28.3	36	60.0	60
Identfying the warning signs of abuse	2	3.3	5	8.2	17	27.9	37	60.7	61
Avoiding abusive relationships	2	3.3	9	14.8	13	21.3	37	60.7	61
Knowing where and how to get help if I experience abuse	2	3.3	3	4.9	17	27.9	39	63.9	61
Ability to end unhealthy relationships and remove myself from risky situations	2	3.3	11	18.3	18	30.0	29	48.3	60
Resisting peer pressure when it comes to using alcohol in an unhealthy way	3	4.9	7	11.5	18	29.5	33	54.1	61
Resisting peer pressure when it comes to using illegal drugs	4	6.7	6	10.0	18	30.0	32	53.3	60

ease indicate what kind of gains/improvements you have made as a	No	gain	Slig	ght gain	Mode	erate gain	A lo	t of gain	Tota
sult of your TAAV experiences.	N	%	N	%	N	%	N	%	N
Identifying healthy relationships	2	3.3 %	4	6.6 %	21	34.4 %	34	55.7 %	61
Knowledge about family violence	1	1.6	7	11.5	19	31.1	34	55.7	61
Knowledge about depression and suicide prevention	2	3.3	9	15.0	17	28.3	32	53.3	60
How to support someone who is depressed or suicidal	4	6.7	11	18.3	18	30.0	27	45.0	60
Knowledge about who to contact for shelter or help because of violence or abuse issues	3	4.9	7	11.5	15	24.6	36	59.0	61
Knowledge about alcohol and substance abuse	2	3.3	7	11.5	17	27.9	35	57.4	61
Knowledge about sexual assault/sexual abuse	1	1.7	6	10.0	17	28.3	36	60.0	60
Identfying the warning signs of abuse	2	3.3	5	8.2	17	27.9	37	60.7	61
Knowing where and how to get help if I experience abuse	2	3.3	3	4.9	17	27.9	39	63.9	61
Composite scores	2	3.4 %	11	19.0 %	30	51.7 %	15	25.9 %	58

(N=5	9)								
Please indicate what kind of gains/improvements you have made as a	No	gain	Sli	ght gain	Mode	erate gain	A lo	t of gain	Total
result of your TAAV experiences.	N	%	N	%	N	%	N	%	N
How to avoid unhealthy relationships	2	3.3 %	8	13.3 %	22	36.7 %	28	46.7 %	60
Avoiding abusive relationships	2	3.3	9	14.8	13	21.3	37	60.7	61
Ability to end unhealthy relationships and remove myself from risky situations	2	3.3	11	18.3	18	30.0	29	48.3	60
Composite scores	2	3.4 %	11	18.6 %	27	45.8 %	19	32.2 %	59
Composite scores		314 /0		1010 /0		43.0 /0		J_1_ /0	<u> </u>

lo . Co		· · · · · · ·	L:II- /E:	11		_		
	mmunica	tion S	KIIIS (FIGI	ure 11	,			
No	gain	Sli	ght gain	Mod	erate gain	A lo	t of gain	Total
N	%	N	%	N	%	N	%	N
3	4.9 %	8	13.1 %	18	29.5 %	32	52.5 %	61
2	3.3	9	14.8	19	31.1	31	50.8	61
3	5.0	7	11.7	29	48.3	21	35.0	60
2	3.3	9	14.8	28	45.9	22	36.1	61
3	5.0 %	11	18.3 %	32	53.3 %	14	23.3 %	60
ing H	ealthy Re	latior	ships (Fig	gure 1	2)			
No	gain	Sli	ght gain	Mod	erate gain	A lo	t of gain	Total
N	%	N	%	N	%	N	%	N
1	1.7 %	7	11.9 %	26	44.1 %	25	42.4 %	59
2	3.3	14	23.0	17	27.9	28	45.9	61
3	4.9	8	13.1	18	29.5	32	52.5	61
2	3.3	4	6.6	9	14.8	46	75.4	61
4	6.6	12	19.7	22	36.1	23	37.7	61
3	5.1 %	7	11.9 %	37	62.7 %	12	20.3 %	59
esistir	ng Peer Pr	essur	e (Figure	13)				
0)								
No	gain	Sli	ght gain	Mod	erate gain	A lo	t of gain	Total
N	%	N	%	N	%	N	%	N
3	4.9 %	7	11.5 %	18	29.5 %	33	54.1 %	61
3	4.9 % 6.7	7 6	11.5 % 10.0	18 18	29.5 % 30.0	33 32	54.1 % 53.3	61 60
	0) No	No gain N	No gain Slig N % N 3 4.9 % 8 2 3.3 9 3 5.0 7 2 3.3 9 3 5.0 % 11 ring Healthy Relation 9) No gain Slig N % N 1 1.7 % 7 2 3.3 14 3 4.9 8 2 3.3 4 4 6.6 12 3 5.1 % 7 essisting Peer Pressure 0) No gain Slig	No gain Slight gain N % N % 3 4.9 % 8 13.1 % 2 3.3 9 14.8 3 5.0 7 11.7 2 3.3 9 14.8 3 5.0 % 11 18.3 % Fing Healthy Relationships (Fig. 9) No gain Slight gain N % N % 1 1.7 % 7 11.9 % 2 3.3 14 23.0 3 4.9 8 13.1 2 3.3 4 6.6 4 6.6 12 19.7 3 5.1 % 7 11.9 % essisting Peer Pressure (Figure 0) No gain Slight gain Slight gain	No gain Slight gain Mode N % N % N % N % N % N 3 4.9 % 8 13.1 % 18 2 3.3 9 14.8 19 3 5.0 7 11.7 29 2 3.3 9 14.8 28 3 5.0 % 11 18.3 % 32 19 19 19 10 10 10 10 10 10 10 10 10 10 10 10 10	No gain Slight gain Moderate gain N % N % N % 3 4.9 % 8 13.1 % 18 29.5 % 2 3.3 9 14.8 19 31.1 3 5.0 7 11.7 29 48.3 2 28 45.9 3 5.0 % 11 18.3 % 32 53.3 % No gain Slight gain Moderate gain Moderate gain Moderate gain Moderate gain N % N % 1 1.7 % 7 11.9 % 26 44.1 % 2 3.3 14 23.0 17 27.9 3 4.9 8 13.1 18 29.5 2 3.3 4 6.6 9 14.8 4 6.6 12 19.7 22 36.1 3 5.1 % 7 11.9 % 37 62.	No gain Slight gain Moderate gain A lo N % N % N % N % N 3 4.9 % 8 13.1 % 18 29.5 % 32 2 3.3 9 14.8 19 31.1 31 3 5.0 7 11.7 29 48.3 21 2 3.3 9 14.8 28 45.9 22 3 5.0 % 11 18.3 % 32 53.3 % 14 Pring Healthy Relationships (Figure 12) P) No gain Slight gain Moderate gain A lo N % N % N % N % N 1 1.7 % 7 11.9 % 26 44.1 % 25 2 3.3 14 23.0 17 27.9 28 3 4.9 8 13.1 18 29.5 32 2 3.3 4 6.6 9 14.8 46 4 6.6 12 19.7 22 36.1 23 3 5.1 % 7 11.9 % 37 62.7 % 12 Pesisting Peer Pressure (Figure 13) No gain Slight gain Moderate gain A lo Resisting Peer Pressure (Figure 13)	No gain Slight gain Moderate gain A lot of gain N % N % N % N % N % N % N % N % N % N

Table 29. Impact on Life Skills

Row percentages

The next set of questions asks about your life skills and how		Very							١	/ery	
TAAV impacted them. For each skill listed, please indicate	р	ositive	P	ositive	ı	None	Ne	gative	ne	gative	Total
the kind of impact participating in TAAV had on you.	N	%	N	%	N	%	N	%	N	%	N
Stating problems or goals	18	29.5 %	38	62.3 %	5	8.2 %	0	0.0 %	0	0.0 %	61
Asking for ideas and opinions	19	31.7	33	55.0	8	13.3	0	0.0	0	0.0	60
Givingideas	28	45.9	23	37.7	10	16.4	0	0.0	0	0.0	61
Making difficult choices	17	28.3	31	51.7	9	15.0	3	5.0	0	0.0	60
Telling others what I feel	21	34.4	21	34.4	17	27.9	2	3.3	0	0.0	61
Restraining my emotions	11	18.3	29	48.3	20	33.3	0	0.0	0	0.0	60
Expressing respectful feelings	25	41.0	29	47.5	6	9.8	1	1.6	0	0.0	61
Expressing gratitude	27	45.0	26	43.3	7	11.7	0	0.0	0	0.0	60
Facing conflict & anger	18	30.0	27	45.0	14	23.3	1	1.7	0	0.0	60
How to have closeness & affection with others	20	33.3	29	48.3	11	18.3	0	0.0	0	0.0	60
Facing disappointment	14	23.3	30	50.0	15	25.0	1	1.7	0	0.0	60
Dealing with stress	18	30.5	27	45.8	13	22.0	1	1.7	1	1.7	59
Setting boundaries	23	38.3	24	40.0	12	20.0	1	1.7	0	0.0	60
Making safe and healthy decisions for myself	30	49.2	24	39.3	5	8.2	2	3.3	0	0.0	61

Source of data: TAAV Participant Survey, 2013

Table 29a. Composite —	- TAAV Impact: Interpersonal Skills (Fig	gure 15)
	(N=58)	

The next set of questions asks about your life skills and how TAAV impacted them. For each skill listed, please indicate		Very ositive	•		Ne	gative	Very negative		Total		
the kind of impact participating in TAAV had on you.	N	%	N	%	N	%	N	%	N	%	N
Stating problems or goals	18	29.5 %	38	62.3 %	5	8.2 %	0	0.0 %	0	0.0 %	61
Asking for ideas and opinions	19	31.7	33	55.0	8	13.3	0	0.0	0	0.0	60
Givingideas	28	45.9	23	37.7	10	16.4	0	0.0	0	0.0	61
Telling others what I feel	21	34.4	21	34.4	17	27.9	2	3.3	0	0.0	61
Expressing respectful feelings	25	41.0	29	47.5	6	9.8	1	1.6	0	0.0	61
Expressing gratitude	27	45.0	26	43.3	7	11.7	0	0.0	0	0.0	60
How to have closeness & affection with others	20	33.3	29	48.3	11	18.3	0	0.0	0	0.0	60
Composite scores	31	53.4 %	25	43.1 %	2	3.4 %	0	0.0 %	0	0.0 %	58

Table 29b. Composite — TAAV Impact: Healthy Self-care (Figure 17) (N=59)

The next set of questions asks about your life skills and how	,	Very							١	/ery	
TAAV impacted them. For each skill listed, please indicate	рс	ositive	Po	ositive	ı	None	Ne	gative	ne	gative	Total
the kind of impact participating in TAAV had on you.	N	%	N	%	N	%	N	%	N	%	N
Making difficult choices	17	28.3 %	31	51.7 %	9	15.0 %	3	5.0 %	0	0.0 %	60
Setting boundaries	23	38.3	24	40.0	12	20.0	1	1.7	0	0.0	60
Making safe and healthy decisions for myself	30	49.2	24	39.3	5	8.2	2	3.3	0	0.0	61
Composite scores	28	47.5 %	26	44.1 %	5	8.5 %	0	0.0 %	0	0.0 %	59

Table 29c. Composite — TAAV Impact: Dealing with Adversity (Figure 19) (N=59)

The next set of questions asks about your life skills and how TAAV impacted them. For each skill listed, please indicate		Very ositive	Po	ositive		None	Ne	gative		ery gative	Total
the kind of impact participating in TAAV had on you.	N	%	N	%	N	%	N	%	N	%	N
Restraining my emotions	11	18.3 %	29	48.3 %	20	33.3 %	0	0.0 %	0	0.0 %	60
Facing conflict & anger	18	30.0	27	45.0	14	23.3	1	1.7	0	0.0	60
Facing disappointment	14	23.3	30	50.0	15	25.0	1	1.7	0	0.0	60
Dealing with stress	18	30.5	27	45.8	13	22.0	1	1.7	1	1.7	59
Composite scores	21	35.6 %	31	52.5 %	7	11.9 %	0	0.0 %	0	0.0 %	59

Table 30. Current Life Skills

he next set of questions asks about your current life kills. For each skill listed, please rate how well you		struggling this skill		ill working this skill		mastered nis skill	Total
perform the skill.	N	%	N	%	N	%	N
Stating problems or goals	5	8.3 %	29	48.3 %	26	43.3 %	60
Asking for ideas and opinions	5	8.5	23	39.0	31	52.5	59
Giving ideas	3	5.0	21	35.0	36	60.0	60
Making difficult choices	6	10.0	31	51.7	23	38.3	60
Telling others what I feel	10	16.9	16	27.1	33	55.9	59
Restraining my emotions	9	15.3	24	40.7	26	44.1	59
Expressing respectful feelings	3	5.0	12	20.0	45	75.0	60
Expressing gratitude	2	3.3	20	33.3	38	63.3	60
Facing conflict & anger	9	15.5	26	44.8	23	39.7	58
How to have closeness & affection with others	7	12.1	17	29.3	34	58.6	58
Facing disappointment	9	15.3	22	37.3	28	47.5	59
Dealing with stress	10	16.9	26	44.1	23	39.0	59
Setting boundaries	6	10.3	15	25.9	37	63.8	58
Making safe and healthy decisions for myself	2	3.4	18	30.5	39	66.1	59

Source of data: TAAV Participant Survey, 2013

Table 30a. Composite — Current: Interpersonal Skills	(Figure 16)
(N=56)	

The next set of questions asks about your current life skills. For each skill listed, please rate how well you		struggling n this skill		ill working this skill	I have	Total	
perform the skill.	N	%	N	%	N	%	N
Stating problems or goals	5	8.3 %	29	48.3 %	26	43.3 %	60
Asking for ideas and opinions	5	8.5	23	39.0	31	52.5	59
Givingideas	3	5.0	21	35.0	36	60.0	60
Telling others what I feel	10	16.9	16	27.1	33	55.9	59
Expressing respectful feelings	3	5.0	12	20.0	45	75.0	60
Expressing gratitude	2	3.3	20	33.3	38	63.3	60
How to have closeness & affection with others	7	12.1	17	29.3	34	58.6	58
Composite scores	6	10.7 %	36	64.3 %	14	25.0 %	56

Table 30b. Composite — Current: Healthy Self-care (Figure 18) (N=58)

The next set of questions asks about your current life skills. For each skill listed, please rate how well you		truggling this skill		ill working this skill		I have mastered this skill		
perform the skill.	N	%	N	%	N	%	N	
Making difficult choices	6	10.0 %	31	51.7 %	23	38.3 %	60	
Setting boundaries	6	10.3	15	25.9	37	63.8	58	
Making safe and healthy decisions for myself	2	3.4	18	30.5	39	66.1	59	
Composite scores	5	8.6 %	37	63.8 %	16	27.6 %	58	

Table 30c. Composite — Current: Dealing with Adversity (Figure 20) (N=57)

The next set of questions asks about your current life skills. For each skill listed, please rate how well you		truggling this skill		ill working his skill	I have th	Total	
perform the skill.	N	%	N	%	N	%	N
Restraining my emotions	9	15.3 %	24	40.7 %	26	44.1 %	59
Facing conflict & anger	9	15.5	26	44.8	23	39.7	58
Facing disappointment	9	15.3	22	37.3	28	47.5	59
Dealing with stress	10	16.9	26	44.1	23	39.0	59
Composite scores	11	19.3 %	34	59.6 %	12	21.1 %	57

Table 31. Self-perception

Tell us how strongly you agree with	Strong	ly agree		Agree	Dis	agree	Strongly	disagree	Total
the following statements about yourself.	N	%	N	%	N	%	N	%	N
I respect myself.	32	65.3 %	10	20.4 %	4	8.2 %	3	6.1 %	49
I know my rights in a relationship.	35	72.9	9	18.8	1	2.1	3	6.3	48
I know who to go to if I have problems.	35	71.4	11	22.4	0	0.0	3	6.1	49
I have a support network to help me deal with hard times.	30	62.5	13	27.1	2	4.2	3	6.3	48
I am a confident person.	26	53.1	17	34.7	2	4.1	4	8.2	49
I am self-motivated.	25	51.0	18	36.7	3	6.1	3	6.1	49
People look to me for guidance.	22	44.9	18	36.7	5	10.2	4	8.2	49
I think positively.	27	55.1	15	30.6	3	6.1	4	8.2	49
I have control of my life.	32	65.3	14	28.6	0	0.0	3	6.1	49
I have a sincere desire to help others.	35	71.4	11	22.4	0	0.0	3	6.1	49
I am good at solving problems.	25	51.0	19	38.8	2	4.1	3	6.1	49
I follow through with my goals.	21	42.9	21	42.9	4	8.2	3	6.1	49
People can trust me.	35	71.4	10	20.4	1	2.0	3	6.1	49
I am a valuable member of my community.	25	51.0	18	36.7	2	4.1	4	8.2	49
I have good qualities.	26	53.1	20	40.8	0	0.0	3	6.1	49
I am proud of the things I do.	29	59.2	14	28.6	3	6.1	3	6.1	49
I have a positive attitude about myself.	29	59.2	13	26.5	3	6.1	4	8.2	49

Table 31a. Composite — Individual Value (Figure 21) (N=49)										
Tell us how strongly you agree with	Stron	gly agree		Agree	Dis	agree	Strongly	disagree	Total	
the following statements about yourself.	N	%	N	%	N	%	N	%	N	
I am self-motivated.	25	51.0 %	18	36.7 %	3	6.1 %	3	6.1 %	49	
I have a sincere desire to help others.	35	71.4	11	22.4	0	0.0	3	6.1	49	
I am good at solving problems.	25	51.0	19	38.8	2	4.1	3	6.1	49	
I follow through with my goals.	21	42.9	21	42.9	4	8.2	3	6.1	49	
People can trust me.	35	71.4	10	20.4	1	2.0	3	6.1	49	
Composite scores	36	73.5 %	10	20.4 %	0	0.0 %	3	6.1 %	49	

Table 31b. Composite calculation — Support Network (Figure 22)										
		(N=48)								
Tell us how strongly you agree with	Stron	gly agree		Agree	Dis	agree	Strongly	disagree	Total	
the following statements about yourself.	N	%	N	%	N	%	N	%	N	
I know who to go to if I have problems.	35	71.4 %	11	22.4 %	0	0.0 %	3	6.1 %	49	
I have a support network to help me deal with hard times.	30	62.5	13	27.1	2	4.2	3	6.3	48	
Composite scores	33	68.8 %	12	25.0 %	0	0.0 %	3	6.3 %	48	

Table 31c. Co	mposi	te — Self-est	teem (Figure 23)					
		(N=48)							
Tell us how strongly you agree with	Strongly agree Agree				Dis	agree	Strongly	disagree	Total
the following statements about yourself.	N	%	N	%	N	%	N	%	N
I respect myself.	32	65.3 %	10	20.4 %	4	8.2 %	3	6.1 %	49
I am a confident person.	26	53.1	17	34.7	2	4.1	4	8.2	49
I think positively.	27	55.1	15	30.6	3	6.1	4	8.2	49
I have control of my life.	32	65.3	14	28.6	0	0.0	3	6.1	49
I have good qualities.	26	53.1	20	40.8	0	0.0	3	6.1	49
I am proud of the things I do.	29	59.2	14	28.6	3	6.1	3	6.1	49
I have a positive attitude about myself.	29	59.2	13	26.5	3	6.1	4	8.2	49
I know my rights in a relationship.	35	72.9	9	18.8	1	2.1	3	6.3	48
Composite scores	37	77.1 %	8	16.7 %	0	0.0 %	3	6.3 %	48

Table 31d. Composite — Community Value (Figure 24)											
(N=49)											
Tell us how strongly you agree with	Agree	Dis	agree	Strongly	disagree	Total					
the following statements about yourself.	N	%	N	%	N	%	N	%	N		
People look to me for guidance.	22	44.9 %	18	36.7 %	5	10.2 %	4	8.2 %	49		
I am a valuable member of my community.	25	51.0	18	36.7	2	4.1	4	8.2	49		
Composite scores	27	55.1 %	17	34.7 %	1	2.0 %	4	8.2 %	49		

Table 32. Relationship Factors

	St	rongly		Neither agree					Strongly				
	di	sagree	Di	sagree	nor	disagree	,	Agree	agree		Total		
this relationship we do/did	N	%	N	%	N	%	N	%	N	%	N		
Remember to call or meet when we say we will	5	13.5 %	1	2.7 %	4	10.8 %	11	29.7 %	16	43.2 %	37		
Never push drinking or drugs on each other	6	16.2	1	2.7	1	2.7	7	18.9	22	59.5	37		
Like each other for exactly who we are	7	18.9	2	5.4	1	2.7	4	10.8	23	62.2	37		
Notice and celebrate special occasions	0	0.0	7	20.0	1	2.9	6	17.1	21	60.0	35		
Enjoy being together, just ourselves, even with no special plans	7	19.4	1	2.8	0	0.0	5	13.9	23	63.9	36		
Work through our disagreements without hurting each other	8	22.2	3	8.3	4	11.1	3	8.3	18	50.0	36		
Feel okay about each of us having other friends of either sex	7	20.0	2	5.7	1	2.9	10	28.6	15	42.9	35		
Tell each other the truth about what we feel and think	6	16.7	1	2.8	2	5.6	10	27.8	17	47.2	36		
Like to do many things together besides being physically affectionate	6	17.1	0	0.0	1	2.9	4	11.4	24	68.6	35		
Seldom embarrass each other or put each other down	13	37.1	3	8.6	3	8.6	6	17.1	10	28.6	35		
Keep private what we have decided to keep private	10	28.6	2	5.7	2	5.7	5	14.3	16	45.7	35		
Never cheat on each other	6	17.6	1	2.9	2	5.9	2	5.9	23	67.6	34		
Try not to control each other's lives	7	20.0	1	2.9	2	5.7	7	20.0	18	51.4	35		
Act like the same person whether we are alone or with others	6	17.6	1	2.9	1	2.9	9	26.5	17	50.0	34		
Value our individual goals and interests as much as we value our relationship	7	20.0	0	0.0	0	0.0	9	25.7	19	54.3	35		
Decide together what we will do	6	17.1	2	5.7	2	5.7	8	22.9	17	48.6	35		
Respect each other's decisions about sexual behaviors	7	20.0	1	2.9	1	2.9	9	25.7	17	48.6	35		
Talk about feelings of jealousy and try to work them out without hurting each other	5	14.3	3	8.6	5	14.3	7	20.0	15	42.9	35		
Trust each other enough to go for several hours without calling, texting, or chatting	6	17.1	1	2.9	1	2.9	8	22.9	19	54.3	35		

Table 32a	Table 32a. Composite — Respect (Figure 25) (N=32)													
	St	rongly	Disagree		Neither agree		Agree		Strongly		Total			
In this relationship we do/did	N	%	N	%	N	%	N	%	N	%	N			
Remember to call or meet when we say we will	5	13.5 %	1	2.7 %	4	10.8 %	11	29.7 %	16	43.2 %	37			
Never push drinking or drugs on each other	6	16.2	1	2.7	1	2.7	7	18.9	22	59.5	37			
Like each other for exactly who we are	7	18.9	2	5.4	1	2.7	4	10.8	23	62.2	37			
Notice and celebrate special occasions	0	0.0	7	20.0	1	2.9	6	17.1	21	60.0	35			
Enjoy being together, just ourselves, even with no special plans	7	19.4	1	2.8	0	0.0	5	13.9	23	63.9	36			
Like to do many things together besides being physically affectionate	6	17.1	0	0.0	1	2.9	4	11.4	24	68.6	35			
Seldom embarrass each other or put each other down	13	37.1	3	8.6	3	8.6	6	17.1	10	28.6	35			
Keep private what we have decided to keep private	10	28.6	2	5.7	2	5.7	5	14.3	16	45.7	35			
Never cheat on each other	6	17.6	1	2.9	2	5.9	2	5.9	23	67.6	34			
Act like the same person whether we are alone or with others	6	17.6	1	2.9	1	2.9	9	26.5	17	50.0	34			
Value our individual goals and interests as much as we value our relationship	7	20.0	0	0.0	0	0.0	9	25.7	19	54.3	35			
Respect each other's decisions about sexual behaviors	7	20.0	1	2.9	1	2.9	9	25.7	17	48.6	35			
Composite scores	0	0.0 %	0	0.0 %	0	0.0 %	5	15.6 %	27	84.4 %	32			

Table 32	b. Cc	- omposite (N=34)		t (Figure :	26)						
	St	trongly		Neither agree						rongly	
_	disagree		Disagree		nor disagree		Agree		agree		Total
this relationship we do/did	N	%	N	%	N	%	N	%	N	%	N
Feel okay about each of us having other friends of either sex	7	20.0 %	2	5.7 %	1	2.9 %	10	28.6 %	15	42.9 %	35
Try not to control each other's lives	7	20.0	1	2.9	2	5.7	7	20.0	18	51.4	35
Trust each other enough to go for several hours without calling, texting, or chatting	6	17.1	1	2.9	1	2.9	8	22.9	19	54.3	35
· .				0.0.0/							
Composite scores Table 32c. Com	0 npos			0.0 % cation (Fig	1 gure 2	2.9 % 27)	8	23.5 %	25	73.5 %	34
·	nposi		muni		gure :		8	23.5 %		73.5 %	34
·	npos St	ite — Com (N=35)	ımuni)		gure :	27)		23.5 %	St		34 Total
Table 32c. Com	npos St	ite — Com (N=35) trongly	ımuni)	cation (Fi	gure :	27) er agree			St	rongly	
Table 32c. Com	npos St di	ite — Com (N=35) trongly sagree	munio) Dis	cation (Fi	gure : Neith	27) er agree disagree	A	ıgree	St	rongly	Total
Table 32c. Com this relationship we do/did Work through our disagreements without hurting	st di N	ite — Com (N=35) trongly sagree %	muni) Dis	cation (Fig	Neith nor	27) er agree disagree %	A N	agree %	St a	rongly agree %	Total N
Table 32c. Com this relationship we do/did Work through our disagreements without hurting each other	St di N	ite — Com (N=35) trongly sagree %	Dis	cation (Figure 1997) and the cation (Figure 1	Neith nor o	der agree disagree % 11.1 %	N 3	% 8.3 %	St 8	rongly agree % 50.0 %	Total N 36
Table 32c. Com this relationship we do/did Work through our disagreements without hurting each other Tell each other the truth about what we feel and think	St di N 8	ite — Com (N=35) trongly sagree % 22.2 %	Dis	sagree 8.3 % 2.8	Neith nor o N	der agree disagree % 11.1 % 5.6	N 3 10	8.3 % 27.8	St 8 N 18 17	rongly agree % 50.0 % 47.2	Total N 36

Table 33. Indicators of Protective Behavior: Bystander Intervention and Outreach

Please indicate how likely it is that		Very likely to do this		Likely to do this		nlikely do this	Very unlikely to do this		The situation doesn't concern me		Total
you would do the following things:	N	%	N	%	N	%	N	%	N	%	N
Tell a friend that you don't agree with the way they talk to their partner.	18	35.3 %	19	37.3 %	9	17.6 %	3	5.9 %	2	3.9 %	51
Try to stop a friend or colleague from sexually harassing someone else.	43	84.3	4	7.8	4	7.8	0	0.0	1	2.0	51
Talk in public about the issue of violence against women.	25	49.0	18	35.3	5	9.8	3	5.9	1	2.0	51
Talk in public about the issue of family or domestic violence.	23	45.1	15	29.4	8	15.7	5	9.8	0	0.0	51
Talk in public about the issue of sexual violence.	23	45.1	15	29.4	8	15.7	5	9.8	1	2.0	51
Try to stop a stranger from taking an intoxicated woman into a bedroom at a party.	38	74.5	10	19.6	2	3.9	1	2.0	1	2.0	51
Say or do something if I saw a male friend being grabbed in an aggressive way by his partner.	30	60.0	17	34.0	2	4.0	1	2.0	1	2.0	50
Say or do something if a male friend was slapped by his partner.	33	66.0	15	30.0	1	2.0	1	2.0	1	2.0	50
Say or do something if I saw a couple yelling at each other.	18	38.3	16	34.0	13	27.7	0	0.0	2	4.3	47
Say or do something if I saw a female friend get slapped by her partner.	41	83.7	7	14.3	0	0.0	1	2.0	0	0.0	49
Say or do something if I saw a female friend being grabbed in an aggressive way by her partner.	43	84.3	6	11.8	2	3.9	0	0.0	0	0.0	51
Say or do something if I knew one partner was controlling the other.	25	52.1	17	35.4	6	12.5	0	0.0	2	4.2	48
Say or do something if I heard people putting other people down.	31	59.6	17	32.7	4	7.7	0	0.0	0	0.0	52
Check in with a friend if I knew they had a new partner and had suddenly stopped going out with people and doing activities they usually did.	32	64.0	13	26.0	5	10.0	0	0.0	0	0.0	50
Say or do something if I knew a friend was stalking someone.	34	65.4	15	28.8	2	3.8	1	1.9	0	0.0	52
Say or do something if I knew a friend was being stalked by someone.	40	76.9	8	15.4	3	5.8	1	1.9	0	0.0	52
Say or do something if I knew a friend was controlling someone else.	27	54.0	19	38.0	3	6.0	1	2.0	1	2.0	50
Say or do something if I knew a friend was being controlled by someone.	35	68.6	12	23.5	3	5.9	1	2.0	0	0.0	51
Say or do something if I knew a friend was isolating someone else from friends and family.	36	70.6	9	17.6	6	11.8	0	0.0	1	2.0	51
Say or do something if I knew a friend was being isolated from friends and family by someone.	36	70.6	10	19.6	4	7.8	1	2.0	1	2.0	51
Give advice to a friend experiencing feelings of jealousy.	38	76.0	8	16.0	3	6.0	1	2.0	1	2.0	50
Give advice to a friend whose partner is acting out because of jealousy.	38	74.5	11	21.6	2	3.9	0	0.0	1	2.0	51

Table 33a. Composite — Intervene: Friends (Figure 2	3)
(N=44)	

Please indicate how likely it is that		y likely do this		ikely do this		nlikely do this	Very unlikely to do this		The situation doesn't concern me		Total
you would do the following things:	N	%	N	%	N	%	N	%	N	%	N
Tell a friend that you don't agree with the way they talk to their partner.	18	35.3 %	19	37.3 %	9	17.6 %	3	5.9 %	2	3.9 %	51
Try to stop a friend or colleague from sexually harassing someone else.	43	84.3	4	7.8	4	7.8	0	0.0	1	2.0	51
Say or do something if I saw a male friend being grabbed in an aggressive way by his partner.	30	60.0	17	34.0	2	4.0	1	2.0	1	2.0	50
Say or do something if a male friend was slapped by his partner.	33	66.0	15	30.0	1	2.0	1	2.0	1	2.0	50
Say or do something if I saw a female friend get slapped by her partner.	41	83.7	7	14.3	0	0.0	1	2.0	0	0.0	49
Say or do something if I saw a female friend being grabbed in an aggressive way by her partner.	43	84.3	6	11.8	2	3.9	0	0.0	0	0.0	51
Check in with a friend if I knew they had a new partner and had suddenly stopped going out with people and doing activities they usually did.	32	64.0	13	26.0	5	10.0	0	0.0	0	0.0	50
Say or do something if I knew a friend was stalking someone.	34	65.4	15	28.8	2	3.8	1	1.9	0	0.0	52
Say or do something if I knew a friend was being stalked by someone.	40	76.9	8	15.4	3	5.8	1	1.9	0	0.0	52
Say or do something if I knew a friend was controlling someone else.	27	54.0	19	38.0	3	6.0	1	2.0	1	2.0	50
Say or do something if I knew a friend was being controlled by someone.	35	68.6	12	23.5	3	5.9	1	2.0	0	0.0	51
Say or do something if I knew a friend was isolating someone else from friends and family.	36	70.6	9	17.6	6	11.8	0	0.0	1	2.0	51
Say or do something if I knew a friend was being isolated from friends and family by someone.	36	70.6	10	19.6	4	7.8	1	2.0	1	2.0	51
Give advice to a friend experiencing feelings of jealousy.	38	76.0	8	16.0	3	6.0	1	2.0	1	2.0	50
Give advice to a friend whose partner is acting out because of jealousy.	38	74.5	11	21.6	2	3.9	0	0.0	1	2.0	51
Composite scores	39	88.6 %	3	6.8 %	2	4.5 %	0	0.0 %	0	0.0 %	44

Table 33b. Composite — Intervene: Strangers (Figure 29) (N=48)

									The si	tuation	
	Very	Very likely		Likely		Unlikely		unlikely	doesn't concern		
Please indicate how likely it is that	to d	to do this		to do this		to do this		o this	me		Total
you would do the following things:	N	%	N	%	N	%	N	%	N	%	N
Try to stop a stranger from taking an intoxicated woman into a bedroom at a party.	38	74.5 %	10	19.6 %	2	3.9 %	1	2.0 %	1	2.0 %	51
Say or do something if I saw a couple yelling at each other.	18	38.3	16	34.0	13	27.7	0	0.0	2	4.3	47
Say or do something if I knew one partner was controlling the other.	25	52.1	17	35.4	6	12.5	0	0.0	2	4.2	48
Say or do something if I heard people putting other people down.	31	59.6	17	32.7	4	7.7	0	0.0	0	0.0	52
Composite scores	34	70.8 %	11	22.9 %	2	4.2 %	1	2.1 %	0	0.0 %	48

Table 33c. Composite — Speak in Public about Domestic and Sexual Violence (Figure 30) (N=51)

									The si	tuation	
	Very	Very likely		Likely		likely	Very unlikely		doesn't concern		
Please indicate how likely it is that	tod	lo this	to	lo this	to	do this	to d	o this	n	ne	Total
you would do the following things:	N	%	N	%	N	%	N	%	N	%	N
Talk in public about the issue of violence against women.	25	49.0 %	18	35.3 %	5	9.8 %	3	5.9 %	1	2.0 %	51
Talk in public about the issue of family or domestic violence.	23	45.1	15	29.4	8	15.7	5	9.8	0	0.0	51
Talk in public about the issue of sexual violence.	23	45.1	15	29.4	8	15.7	5	9.8	1	2.0	51
Composite scores	25	49.0 %	16	31.4 %	6	11.8 %	4	7.8 %	0	0.0 %	51

