

ATTENUATION OF LIVER CANCER DEVELOPMENT BY ORAL GLYCEROL SUPPLEMENTATION IN THE RAT

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1 **Abstract**

2 Purpose: glycerol usage is increasing in food industry for human and animal nutrition. This
3 study analyzed the impact of glycerol metabolism when orally supplemented during the
4 early stage of rat liver carcinogenesis.

5 Methods: Wistar rats were subjected to a 2-phase model of hepatocarcinogenesis (initiated-
6 promoted, IP group). IP animals also received glycerol by *gavage* (200 mg/Kg body
7 weight, IPGly group).

8 Results: glycerol treatment reduced the volume of preneoplastic lesions by decreasing the
9 proliferative status of liver foci, increasing the expression of p53 and p21 proteins and
10 reducing the expression of cyclin D1 and cyclin-dependent kinase 1. Besides, apoptosis was
11 enhanced in IPGly animals, given by an increment of Bax/Bcl-2 ratio, Bad and PUMA
12 mitochondrial expression, a concomitant increase in cytochrome c release and caspase-3
13 activation. Furthermore, hepatic levels of glycerol phosphate and markers of oxidative
14 stress were increased in IPGly rats. Oxidative stress intermediates act as intracellular
15 messengers, inducing p53 activation and changes in JNK and Erk signaling pathways, with
16 JNK activation and Erk inhibition.

17 Conclusion: the present work provides novel data concerning the preventive actions of
18 glycerol during the development of liver cancer and represents an economically feasible
19 intervention to treat high-risk individuals.

20

21 **Keywords:** proliferation; apoptosis; glycerol; liver preneoplasia; oxidative stress

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23

24 **1 Introduction**

25 Glycerol (propane-1,2,3-triol) is a viscous, colorless and odorless liquid, with sweet taste
26 and completely soluble in water and alcohols. Because of its physicochemical properties
27 glycerol is used in a great number of commercial products including cosmetics, personal
28 care products, pharmaceutical formulations, foods and beverages [1, 2]. Glycerol use is
29 increasing in food industry. Since it gives sweet taste but it does not induce insulin
30 secretion during digestion, glycerol is commonly used as an artificial sweetener, especially
31 in low-fat foods. Glycerol is also used as a thickening agent and a preserving additive in a
32 variety of comestible products [3]. Besides, it has been proposed the use of glycerol as a
33 food supplement in animal diets and it has also been used for rehydration or exercise
34 performance in animals and even humans [4, 5]. Toxicity data for oral glycerol
35 administration indicate that it is safe, with infrequent side effects [6].

36 In clinical practice, glycerol has been used as an osmotic adjuvant for controlling
37 intracranial pressure [7]. It has also been reported that glycerol inhibits *in vitro* proliferation
38 in various cell types [8] and decreases the cerebral growth of neonatal rabbits [9]. In the
39 liver, glycerol has a potent growth-inhibitory effect *in vivo* during regeneration after partial
40 hepatectomy and *in vitro* in mitogen-induced hepatocyte cultures as well as in a human
41 HCC cell line [10]. However, the mechanisms involved in the antiproliferative actions of
42 glycerol have not been deeply explored.

43 Hepatocellular carcinoma (HCC) is one of the most lethal tumors worldwide and its
44 prognosis largely depends on tumor stage at the moment of diagnosis. Incidence of HCC
45 has continuously increased over the last years and improved surveillance could be
46 associated with identifiable high-risk patients, like those with chronic liver disease

47 originated from viral infections, high alcohol consumption or non-alcoholic steatohepatitis,
48 among others [11]. In these patients, liver preneoplastic foci of altered hepatocytes emerge
49 months or years before the diagnosis of HCC [12]. Similar preneoplastic lesions are found
50 in rodents during early stages of liver cancer induced by chemicals [13].

51 In the present study, we analyzed whether oral administration of glycerol during the early
52 stage of rat liver carcinogenesis is capable of reducing preneoplastic foci development. We
53 also attempt to elucidate the molecular mechanisms associated with this phenomenon.

54

55 **2 Materials and Methods**

56

57 **2.1 Reagents and Chemicals**

58 Diethylnitrosamine (DEN), 2-acetylaminofluorene (2-AAF) and glycerol were obtained
59 from Sigma Chemical Co. (St. Louis, MO, USA). Anti-pi class of rat glutathione S-
60 transferase (rGST P) was from Stressgen Bioreagents (Ann Arbor, MI, USA). Cy3
61 fluorescent secondary antibody was purchased from Jackson ImmunoResearch
62 Laboratories, Inc. (West Grove, PA, USA). Antibodies against proliferating cell nuclear
63 antigen (PCNA), p53, p21, cyclin D1, cyclin E, cyclin A, cyclin B1, cdk1 (cyclin-
64 dependent kinase 1), cdk2, Bax, Bcl-2, Bad, PUMA α/β , cytochrome c, p-Akt (Ser473), and
65 Akt were from Santa Cruz Biotechnology (Santa Cruz, CA, USA). Anti-p-JNK 1/2/3
66 (Thr183/Tyr185), anti-JNK1/2/3 (against JNK 1 and 2/3 isoforms), anti-p-Erk1/2
67 (Thr202/Tyr204) anti-Erk1/2 (against Erk 1 and 2 isoforms) antibodies were purchased
68 from Cell Signaling Technology (Danvers, MA, USA). Pierce enhanced
69 chemiluminescence (ECL) Western Blotting Substrate was from Thermo Fisher Scientific

70 (Rockford, IL, USA). All other chemicals were of the highest grade commercially
71 available.

72

73 **2.2 Animals and treatment**

74 Experimental protocols were performed according to the NIH “Guide for the Care and Use
75 of Laboratory Animals” (Publication no. 25-28, revised 1996) and approved by the local
76 animal care and use committee (Permission 6060/234, FBioyF, UNR). Adult male Wistar
77 rats were subjected to a 2-phase (initiation-promotion) model of hepatocarcinogenesis, as
78 previously described [14]. All animals received 2 necrogenic doses of DEN (150 mg/Kg
79 body weight, intraperitoneally) 2 weeks apart (initiation phase). The promotion stage began
80 one week after the last injection of DEN; all rats received 2-AAF (20 mg/Kg body weight)
81 by *gavage* 4 consecutive days per week during 3 weeks. Before the start of the initiation-
82 promotion treatment, animals were divided into two groups of six rats each: IP group,
83 animals received the carcinogenic treatment plus a saline solution (glycerol vehicle); and
84 IPGly group, they received the carcinogenic treatment plus 200 mg/Kg body weight
85 glycerol administered by *gavage* once a week, 2 hs before DEN or 2-AAF treatment. A
86 scheme of the experimental protocol is shown in Supplementary Figure 1. Animals were
87 anesthetized with ketamin/ xylazine (100 and 3 mg/Kg body weight, respectively) and
88 sacrificed by exsanguination at the end of the sixth week. Blood samples were collected
89 and livers were removed and processed.

90

91 **2.3 Serum free glycerol and enzymes activities determination**

92 Serum free glycerol was determined in serum samples using Free Glycerol Determination
93 Kit (Sigma Chemical Co.). Alanine and aspartate aminotransferases (ALT and AST,
94 respectively) and alkaline phosphatase (ALP) were determined spectrophotometrically in
95 fresh serum by commercial kits (Wiener Lab, Rosario, Argentina).

96

97 **2.4 Immunofluorescence detection and quantitation of rGST P-positive preneoplastic** 98 **foci**

99 Immunohistochemical detection of rGST P is the chosen method for identification and
100 quantification of preneoplastic foci [15]. Immunofluorescent detection of rGST P-positive
101 foci was performed as previously described [16]. Images were analyzed using ImageJ
102 software (U. S. National Institutes of Health, Bethesda, MD, USA). The number of
103 preneoplastic foci per liver and the percentage of liver occupied by foci were calculated
104 according to the modified Saltykov's method [17].

105

106 **2.5 PCNA detection and proliferative index determination**

107 Immunohistochemical staining of PCNA protein was performed following the method of
108 Greenwell et al. [18]. Proliferative cells inside the foci and in the surrounding tissue were
109 distinguished by analyzing consecutive section slides stained with anti-rGST P. The PCNA
110 proliferative index was defined as the number of proliferative cells (in G₁, S, G₂ and M
111 phases) per 100 hepatocytes counted in 10 high-power fields. Preneoplastic hepatocytes in
112 each phase of the cell cycle were also determined by a blinded histologist, using specific
113 PCNA staining patterns, as previously described [16, 19]. Data were expressed as
114 percentage of preneoplastic cells in each stage of the cell cycle.

115

116 **2.6 Western blot analysis**

117 Whole liver samples were homogenized in 300 mM sucrose with protease and phosphatase
118 inhibitors. Cytosolic, mitochondrial and nuclear extracts were prepared as previously
119 described [14, 16]. Equal amounts of protein were subjected to electrophoresis on 12%
120 SDS-polyacrylamide gels and transferred onto polyvinyl difluoride membranes
121 (PerkinElmer Life Sciences, Boston, MA, USA). Membranes were blocked, washed and
122 incubated overnight at 4 °C with primary antibodies. Finally, membranes were incubated
123 with peroxidase-conjugated secondary antibodies and bands were detected by the ECL
124 detection system and quantified by densitometry using the Gel-Pro Analyzer software
125 (Media Cybernetics, Silver Spring, MD, USA). Equal loading and protein transference
126 were checked by Ponceau S staining of the membranes.

127

128 **2.7 Caspase-3 activity assay**

129 Caspase-3 activity was determined using EnzChek Caspase-3 Assay Kit #1 (Molecular
130 Probes Inc, Eugene, OR, USA), according to the manufacturer's suggestions.

131

132 **2.8 Determination of hepatic glycerol phosphate content**

133 Glycerol phosphate in liver homogenates was enzymatically measured as previously
134 described [20], with slight modifications. First, glycerol phosphate was oxidized by
135 glycerol-3-phosphate oxidase, to generate hydrogen peroxide and dihydroxyacetone
136 phosphate; and second, peroxidase catalyzed the coupling of hydrogen peroxide with 4-

137 aminophenazone and chlorophenol to produce a quinoneimine dye that can be measured at
138 540 nm. Glycerol standard solution (Wiener Lab) was used as negative control.

139

140 **2.9 Lipid peroxidation assay**

141 Lipid peroxidation is considered as an indirect measure of reactive oxygen species (ROS)
142 generation [21]. The amount of aldehydic products generated by lipid peroxidation in liver
143 homogenates was quantified by the thiobarbituric acid reaction according to the method of
144 Ohkawa et al. [22] and measured by high-performance liquid chromatography.

145

146 **2.10 Liver tissue antioxidant capacity analysis**

147 Reduced (GSH) and oxidized (GSSG) glutathione were determined in total liver
148 homogenates according to the protocol described by Tietze [23], and GSH/GSSG ratio was
149 calculated. Superoxide dismutase (SOD) gel activity assay was based on the method of
150 Donahue et al. [24]. Bands quantification was made by densitometry using the Gel-Pro
151 Analyzer software. Catalase (CAT) activity was determined by monitoring the rate of H₂O₂
152 decomposition as a function of absorbance decrease at 240 nm [25].

153

154 **2.11 Determination of protein concentration**

155 Protein concentration was determined by the Lowry method [26], using bovine serum
156 albumin as a standard.

157

158 **2.12 Statistical analysis**

159 Results were expressed as mean \pm SEM. Significance in differences was tested by Student's
160 t-test. Differences were considered significant when the *p* value was < 0.05 .

161

162 **3 Results**

163

164 **3.1 Serum free glycerol levels and hepatic enzymes activities did not change after oral** 165 **administration of glycerol**

166 Oral administration of glycerol had no effect on serum free glycerol levels measured at the
167 end of the experimental protocol (IP: 0.55 ± 0.06 g/L; IPGly: 0.54 ± 0.04 g/L), as it is rapidly
168 absorbed in the gastrointestinal tract and cleared from blood.

169 On the other hand, serum markers of liver damage ALT, AST and ALP showed no
170 statistical differences between groups (data not shown).

171

172 **3.2 Oral administration of glycerol affected the volume of preneoplastic foci**

173 Fig. 1a shows representative images from IP and IPGly groups. Oral administration of 200
174 mg/Kg body weight glycerol did not induce significant changes in the number of liver foci.
175 However, the percentage of liver occupied by foci significantly decreased in IPGly group as
176 compared to IP animals (Fig. 1b).

177

178 **3.3 Proliferative status of liver foci was modified by glycerol treatment**

179 Representative images of PCNA staining from the experimental groups are shown in Fig.
180 2a. Glycerol administration induced a significant decrease of the proliferative index inside

181 the foci. However, glycerol treatment did not affect the proliferative status of the tissue
182 surrounding the preneoplastic foci (Fig. 2b).

183 Furthermore, we analyzed the percentages of preneoplastic hepatocytes in each phase of the
184 cell cycle (Fig. 2c). Glycerol administration induced a significant increase in the percentage
185 of cells in G₁ phase of the cell cycle along with a significant decrease in the percentage of
186 cells in M phase.

187

188 **3.4 Glycerol affected the expression of cell cycle-related proteins**

189 Western blot studies revealed significant increases in the cell cycle-regulatory proteins p53
190 and p21 in preneoplastic livers of animals treated with glycerol (Fig. 3a and b,
191 respectively). In addition, protein levels of cyclin D1 (Fig. 3c) and cyclin-dependent kinase
192 1 (cdk1, Fig. 3h) were significantly decreased in IPGly group. Glycerol administration had
193 no effect on cyclins E, A and B neither on cdk2 (Fig. 3d, e, f and g).

194

195 **3.5 Glycerol administration induced programmed cell death in preneoplastic livers**

196 Oral administration of glycerol significantly enhanced caspase-3 activity (Fig. 4a), which
197 indicated that programmed cell death was occurring. Also, pro-apoptotic Bax levels were
198 increased whereas anti-apoptotic Bcl-2 levels were decreased in liver mitochondrial
199 fractions of IPGly group (Fig. 4b). Accordingly, Bax/Bcl-2 ratio was significantly
200 augmented in animals that received glycerol (Fig. 4c). In addition, mitochondrial levels of
201 pro-apoptotic proteins Bad and PUMA were increased in IPGly animals (Fig. 4d and e).
202 Finally, the release of cytochrome c into the cytosol was increased in IPGly group (Fig. 4f).

203

204 **3.6 Hepatic levels of glycerol phosphate increased after glycerol treatment**

205 The first stage in hepatic glycerol metabolism is the conversion into glycerol phosphate by
206 glycerol kinase [27]. Fig. 5 shows that hepatic glycerol phosphate levels were increased in
207 IP animals upon oral administration of glycerol.

208

209 **3.7 Lipid peroxidation and antioxidant capacity were modified by glycerol**
210 **administration**

211 It has been reported that mitochondrial metabolism of glycerol phosphate generates ROS
212 intermediates [28, 29]. Therefore, we analyzed the amount of thiobarbituric acid reactive
213 substances (TBARS) as a reflection of the hepatic oxidative status. As shown in Fig. 6a,
214 glycerol administration produced a significant increase in TBARS levels compared to IP
215 group. Also, no significant changes in GSH/GSSG ratio were observed between treatments
216 (Fig. 6b). On the other hand, Cu/Zn SOD activity was significantly increased (Fig. 6c) and
217 CAT activity was significantly decreased (Fig. 6d) in IPGly animals. As SOD catalyzes
218 superoxide radical dismutation into O_2 and H_2O_2 and CAT catalyzes the decomposition of
219 H_2O_2 to O_2 and H_2O , it is likely that H_2O_2 is mainly produced during the treatment of IP
220 animals with oral glycerol.

221

222 **3.8 Glycerol affected JNK1/2/3 and Erk2 activation in preneoplastic livers**

223 Previous studies have shown that pyruvate metabolism produces mitochondrial oxidants
224 release which mediate c-Jun N-terminal kinase (JNK) activation [30]. Since glycerol shares
225 structural and metabolic similarities with pyruvate, we analyzed if oxidative stress
226 generation by glycerol metabolism in IPGly animals was able to activate JNK signaling.

227 Additionally, we studied extracellular-signal-regulated kinase (Erk) and protein kinase Akt
228 activation, which are critical kinases involved in cell proliferation and apoptosis usually
229 deregulated in HCC [31]. The levels of total and activated (phosphorylated) kinases in liver
230 homogenates were measured by western blot and the phosphorylated/total kinase ratios
231 were calculated. As seen in Fig. 7a, there was a significant increase in the p-JNK/JNK ratio
232 (for the three isoforms) in glycerol-treated animals. In addition, there was a significant
233 diminution in the p-Erk2/Erk2 ratio, with no changes in the activation of Erk1 isoform in
234 IPGly group (Fig. 7b). Finally, p-Akt/Akt ratio showed no differences between the
235 experimental groups (Fig. 7c).

236

237 **4 Discussion**

238 In the present study we tested the potential antiproliferative effect of oral glycerol
239 supplementation in early liver carcinogenesis and also explored the mechanisms by which
240 glycerol exerts such effect.

241 The selected dose was based in a previous study in rats which evaluated the effect of oral
242 pure glycerol as a food supplement [4]. We observed that serum markers of liver function
243 did not change in IP animals treated with 200 mg/Kb body weight glycerol, in accordance
244 with the unaffected metabolic parameters previously reported. Furthermore, we used an
245 intermittent regimen of administration, as previously reported for quercetin in our
246 experimental model of liver preneoplasia [16].

247 The analysis of number and size of proliferative lesions clearly showed that glycerol
248 administration induces a reduction in the development of liver foci, without affecting the
249 number of initiated cells that clonally expand to generate preneoplastic lesions, but

250 reducing the growth rate of these clones instead. Accordingly, the study of the proliferative
251 status of liver foci indicates that a lower number of hepatocytes are entering into the cell
252 cycle in glycerol-treated rats. Our results show that glycerol action seems to be specific for
253 preneoplastic hepatocytes. Experiments in control (non IP) rats showed that glycerol
254 administration did not affect serum liver damage markers, it kept normal hepatic
255 architecture and it did not affect PCNA staining (data not shown), showing that glycerol
256 exerts its actions in hepatocytes primed to proliferate rather than in quiescent liver cells, in
257 line with previous findings on regenerating rat livers [10].

258 Induction of p53 results in increased p21 protein levels, a critical regulator of cell cycle
259 arrest [32]. Although we did not deepen the study of the mechanisms involved in p53 and
260 p21 activation, the increased expression of these proteins in liver tissue of IPGly animals
261 support both the antiproliferative and the proapoptotic phenomena observed in this
262 experimental group. The decrease in cyclin D1 protein levels in glycerol-treated rats is in
263 line with the accumulation of preneoplastic cells in G₁ phase. We have also observed that
264 glycerol produces a clear decrease in mitosis, most likely induced by the decrease of cdk1
265 protein, a fact that does not favor cyclin B/cdk1 complex formation necessary for the cell to
266 enter into the M phase of cell cycle.

267 Dysregulation of the balance between proliferation and apoptosis defines a pro-tumorigenic
268 basis in hepatocarcinogenesis [33]. Consequently, targeting one or both of these features
269 may result in a reduced tumor development. In this context, increased caspase-3 activity in
270 IPGly animals indicates that apoptosis is enhanced after treatment. Furthermore, glycerol
271 increases mitochondrial Bax/Bcl-2 ratio and Bad and PUMA pro-apoptotic proteins
272 expression, together with the release of cytochrome c into the cytosol [34]. Collectively,

273 these results support the notion that oral glycerol administration induces apoptosis in
274 preneoplastic livers and that the mitochondria is implicated in this phenomenon. Although
275 apoptosis may be initiated in any phase of the cell cycle, most cells undergo apoptosis
276 primarily in the G1 phase, indicating a direct connection between apoptosis and
277 proliferation. This relationship is explained by the presence of many cell cycle
278 regulators/apoptosis inducers such as p53, operating at the G1/S checkpoint [35].
279 Consequently, it can be assumed that glycerol induces a cell cycle blockage in order to
280 favor the apoptotic process which would be its ultimate effect to reduce the foci
281 development.

282 After oral ingestion, glycerol is mainly taken up by the liver and converted into glycerol
283 phosphate by glycerol kinase. Once phosphorylated, it is mostly oxidized by glycerol-3-
284 phosphate dehydrogenase to dihydroxyacetone phosphate [27]. It has been demonstrated
285 that oxidation of glycerol phosphate induces mitochondrial ROS formation, both in normal
286 and in pathophysiological conditions. One of the main ROS generated during glycerol
287 phosphate metabolism is hydrogen peroxide, as demonstrated in isolated mitochondria from
288 different tissues, including hepatic tissue [29, 36]. The study of lipid peroxidation and
289 antioxidant enzymes activities showed that glycerol phosphate metabolism induces
290 production of ROS in our experimental model. Although hepatic levels of hydrogen
291 peroxide were not directly measured, the profile of changes in SOD and CAT activities
292 between the experimental groups supports the hypothesis that this molecule is primarily
293 being produced during glycerol treatment.

294 It has been established that metabolic hydrogen peroxide functions as a central hub in redox
295 signaling in major processes such as proliferation and cell death [37]. One link between

296 oxidative stress signaling and proliferation/cell death processes is p53 induction by ROS.
297 Another possible connection is ROS-induced modulation of kinases such as JNK, Erk and
298 Akt. JNK signaling is activated in liver tissue of IPGly animals, supporting the well-
299 established role of ROS-induced JNK signaling in apoptotic cell death [38]. Despite we did
300 not observe any changes in activated Erk1 and Akt levels, Erk2 signaling is inhibited in
301 glycerol-treated rats. In line with this finding, it has been reported that glycerol has a
302 stimulating effect on the phosphatase activity that specifically induces Erk2 inactivation
303 [39]. Moreover, Erk activation is also required for G1/S transition via enhanced cyclin D1
304 synthesis [40].

305 A recent study of energy metabolism in HCC shows a depression of glycerol phosphate and
306 other energy metabolites concentrations within the tumor [41]. These data indicate that
307 tumor metabolism turns from mitochondrial oxidation to aerobic glycolysis. Furthermore,
308 based in the present findings, we hypothesize that tumoral cells attempt to avoid glycerol
309 phosphate accumulation as a strategy to evade the effects of this metabolite in their growth
310 rate.

311

312 **5 Conclusion**

313 Our results provide original data concerning the preventive actions of glycerol during the
314 early development of liver cancer. Our postulated mechanism is schematized in Fig. 8.
315 Briefly, glycerol is taken up by preneoplastic hepatocytes and converted into glycerol
316 phosphate. Then, glycerol phosphate undergoes oxidative metabolism inducing
317 mitochondrial oxidative stress generation. ROS act as intracellular messengers, producing
318 p53 activation and changes in JNK and Erk signaling. These phenomena induce cell cycle

319 arrest and mitochondrial apoptotic cell death that finally conduct to a reduction of liver
320 lesions. Additional experiments using knockdown and knockout techniques might be useful
321 to confirm the proposed mechanism of action of glycerol in the initial development of liver
322 lesions.

323 This study is the first one to show a foci volume decreasing role of glycerol in the liver of
324 rats with hepatic preneoplasia. It is interesting to note that despite oral glycerol
325 consumption is innocuous and it is considered an “almost inert” molecule; glycerol exerts
326 its effects in a ROS-dependent manner, leading to cell cycle arrest and increased cell death.
327 The effect of glycerol administration on advanced stages of hepatic carcinogenesis is a
328 mandatory step in the study of glycerol anti-proliferative effects. The results presented in
329 this paper pave the way for a better understanding of natural and risk-free molecules that
330 applied in patients with liver chronic diseases, have the potential to decrease morbidity and
331 improve the quality of life for these patients.

Ethical standards: animal studies were performed according to the NIH “Guide for the Care and Use of Laboratory Animals” (Publication no. 25-28, revised 1996) and approved by the local animal care and use committee (Permission 6060/234, Facultad de Ciencias Bioquímicas y Farmacéuticas, UNR).

Conflict of interest statement: The authors declare that they have no conflict of interest.

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Figure legends

Fig. 1 Effect of oral glycerol administration on number and volume of liver preneoplastic foci. **(a)** Representative images of rGST P-positive preneoplastic foci obtained by confocal microscopy (objective: 10X). **(b)** Changes in number of foci per liver and volume percentage of liver occupied by preneoplastic lesions are represented for IP and IPGly groups. IP: rats with liver preneoplasia; IPGly: IP rats treated with 200 mg/Kg body weight glycerol. Data are expressed as mean \pm SEM; n = 6. * p < 0.05 vs. IP

Fig. 2 Effect of oral administration of glycerol on the proliferative status of liver foci. **(a)** Representative images of proliferating cell nuclear antigen (PCNA)-positive cells obtained by optical microscopy (objective: 20X). **(b)** Changes in the proliferative index in the foci and the surrounding tissue. **(c)** Determination of the percentage of preneoplastic hepatocytes in each phase of the cell cycle. IP: rats with liver preneoplasia; IPGly: IP rats treated with 200 mg/Kg body weight glycerol. Data are expressed as mean \pm SEM; n = 6. * p < 0.05 vs. IP

Fig. 3 Effect of oral administration of glycerol on the expression of cell cycle-related proteins. Western blot analysis of: **(a)** p53, **(b)** p21, **(c)** cyclin D1, **(d)** cyclin E, **(e)** cyclin A, **(f)** cyclin B1, **(g)** cyclin-dependent kinase 2 (cdk2), and **(h)** cdk1. β -actin was detected as loading control. IP: rats with liver preneoplasia; IPGly: IP rats treated with 200 mg/Kg body weight glycerol. Densitometric analysis was performed and data are expressed as percentage of IP group (arbitrarily considered 100%) and are mean \pm SEM; n = 6 (**a**, **b**, **c**, **g** and **h**) or 4 (**e** and **f**). * p < 0.05 vs. IP

Fig. 4 Effect of oral administration of glycerol on apoptotic cell death. **(a)** Caspase-3 activity was determined in cytosolic fractions and expressed as percentages, being IP group arbitrarily considered as 100%. **(b)** Mitochondrial levels of pro-apoptotic Bax and anti-apoptotic Bcl-2 proteins were analysed by western blot. **(c)** After densitometric quantitation, Bax/Bcl-2 ratio was calculated, and results were expressed as percentage of IP group (arbitrarily considered as 100%). Mitochondrial levels of pro-apoptotic **(d)** Bad and **(e)** PUMA proteins were also evaluated by western blot. **(f)** Release of cytochrome c was determined by western blot in cytosolic extracts from each experimental group. IP: rats with liver preneoplasia; IPGly: IP rats treated with 200 mg/Kg body weight glycerol. β -actin and prohibitin were probed as loading control in cytosolic and mitochondrial extracts, respectively. Data are mean \pm SEM; n= 6 (**a**, **b**, **c** and **f**) or 4 (**d** and **e**). * p < 0.05 vs. IP

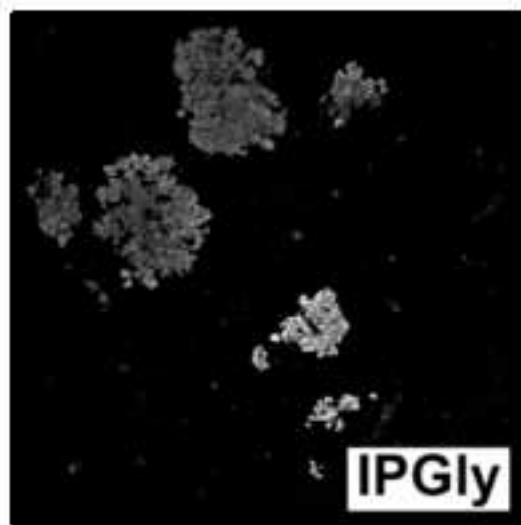
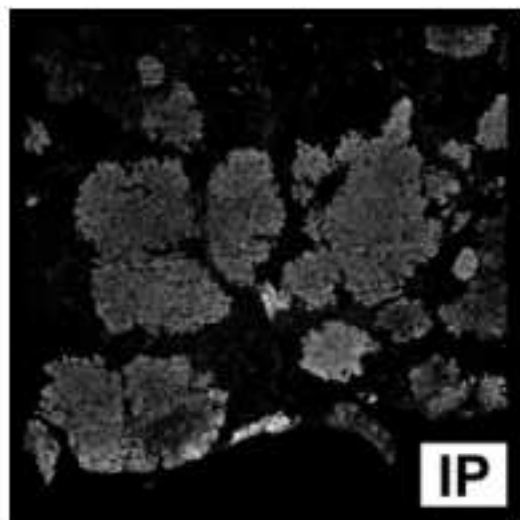
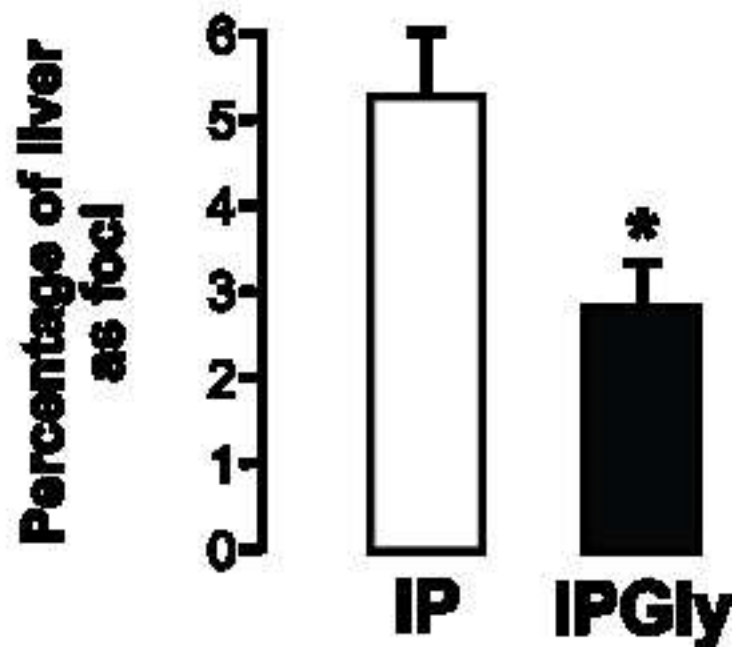
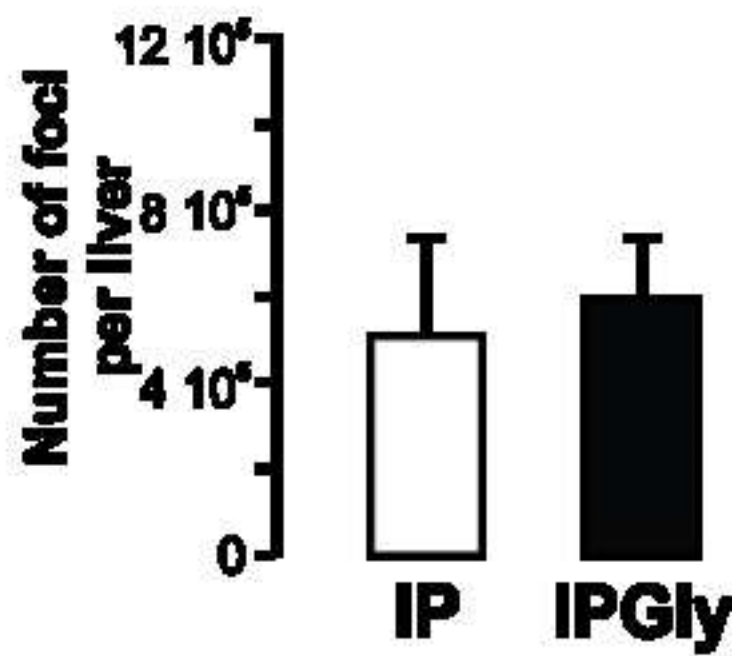
Fig. 5 Analysis of glycerol phosphate hepatic levels. Enzymatic detection of glycerol phosphate in liver homogenates was performed and corrected by protein concentration. IP: rats with liver preneoplasia; IPGly: IP rats treated with 200 mg/Kg body weight glycerol. Results are expressed as percentage of IP group (arbitrarily considered as 100%) and are mean \pm SEM; n = 6. * p < 0.05 vs. IP

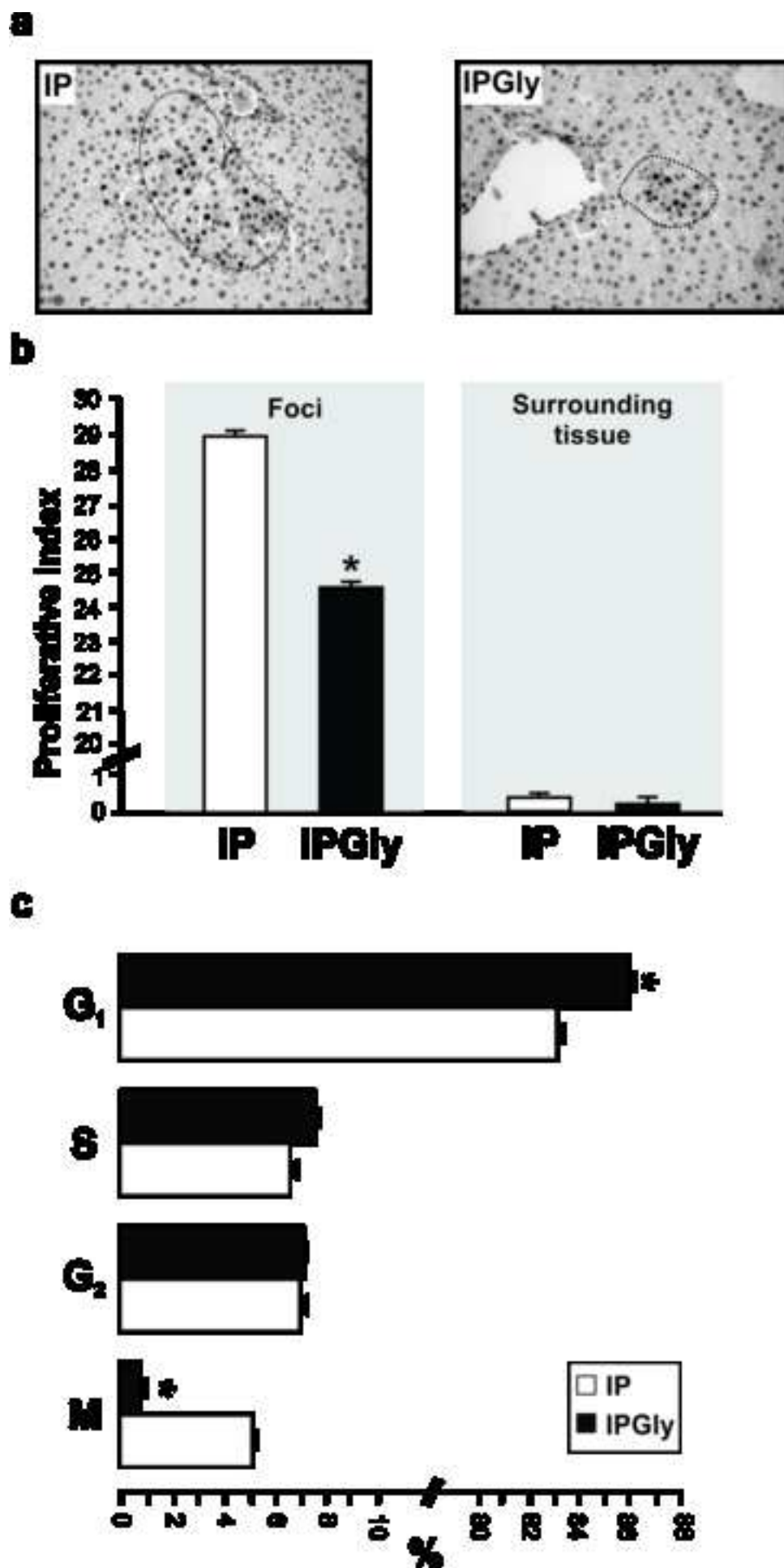
Fig. 6 Analysis of lipid peroxidation and liver antioxidant capacity. **(a)** Lipid peroxidation was determined by quantification of the amount of thiobarbituric acid reactive substances (TBARS). **(b)** Determination of reduced glutathione (GSH)/oxidized glutathione (GSSG) ratio in liver homogenates from the experimental groups. Analysis of **(c)** Cu/Zn superoxide

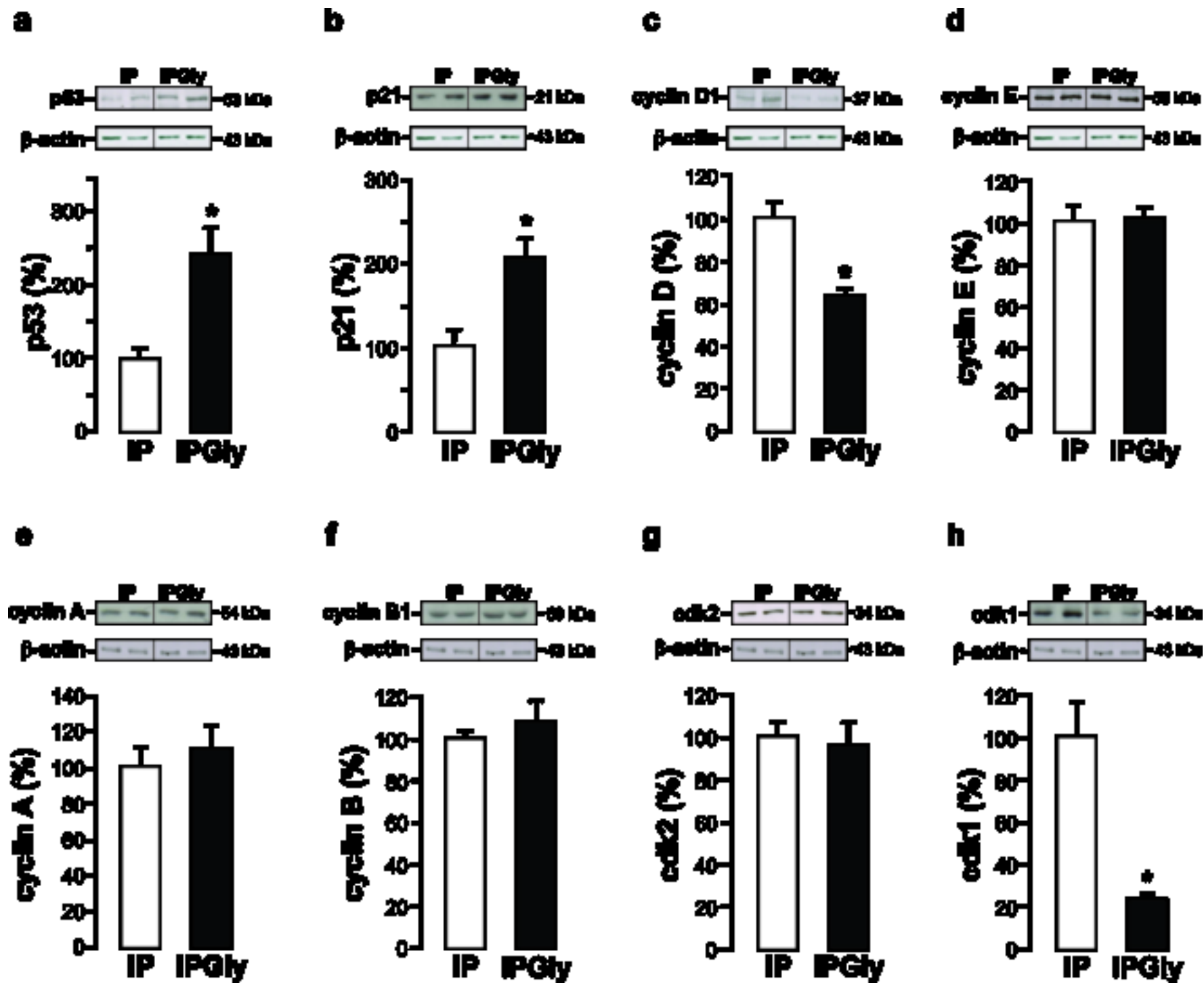
dismutase (SOD) and **(d)** catalase (CAT) activities in total liver homogenates. IP: rats with liver preneoplasia; IPGly: IP rats treated with 200 mg/Kg body weight glycerol. Data are expressed as percentage of IP group and are mean \pm SEM; n = 6. * p < 0.05 vs. IP

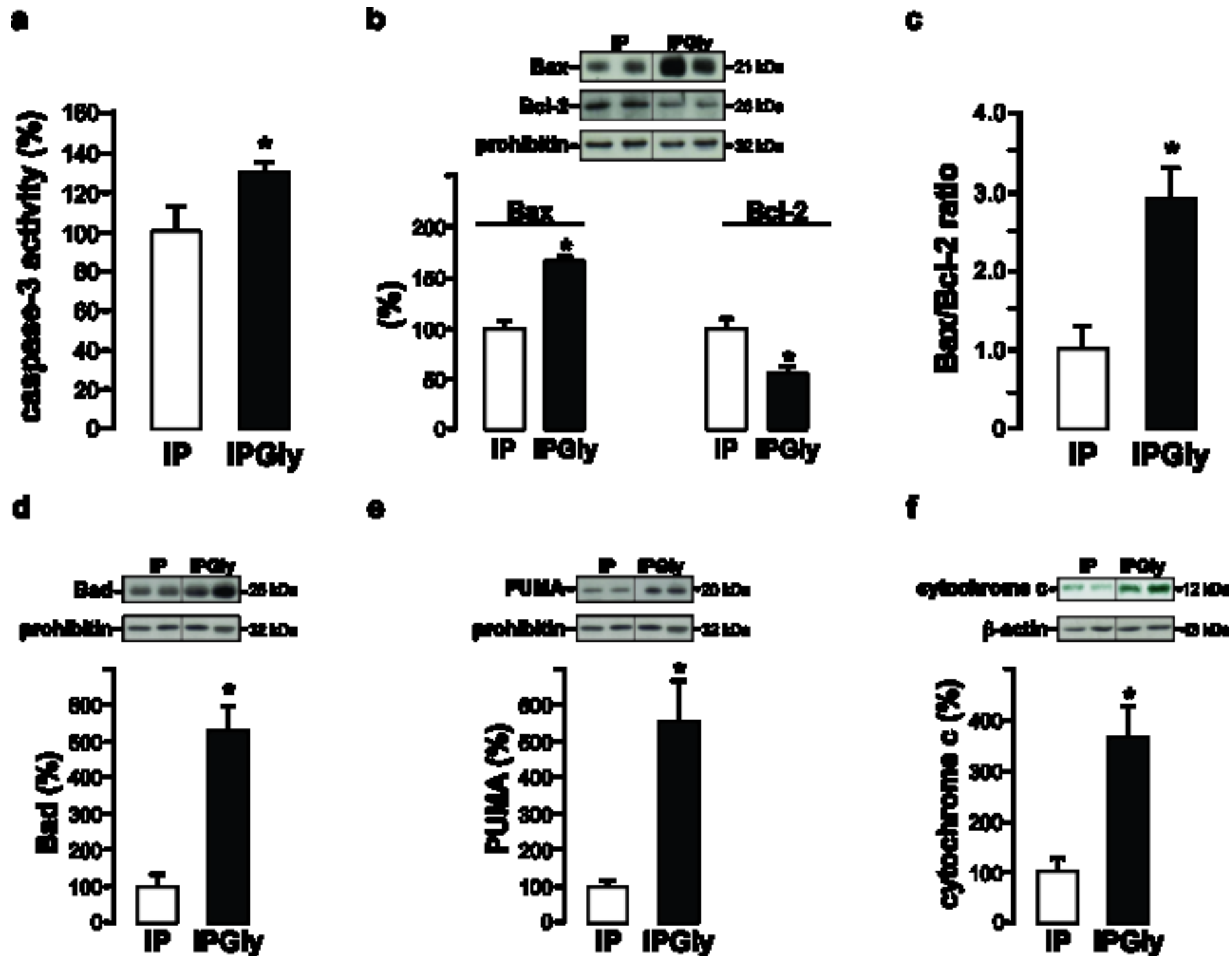
Fig. 7 Effect of glycerol treatment on activation of JNK, Erk and Akt signalling. Activated (phosphorylated) hepatic protein levels of **(a)** JNK1/2/3, **(b)** Erk1/2 and **(c)** Akt were determined by western blot analysis. Total levels of the kinases were also measured and phosphorylated/total kinase ratios were calculated. . IP: rats with liver preneoplasia; IPGly: IP rats treated with 200 mg/Kg body weight glycerol. Data are expressed as percentage of IP group and are mean \pm SEM; n= 4 **(a)** or 6 **(b and c)**. * p < 0.05 vs. IP

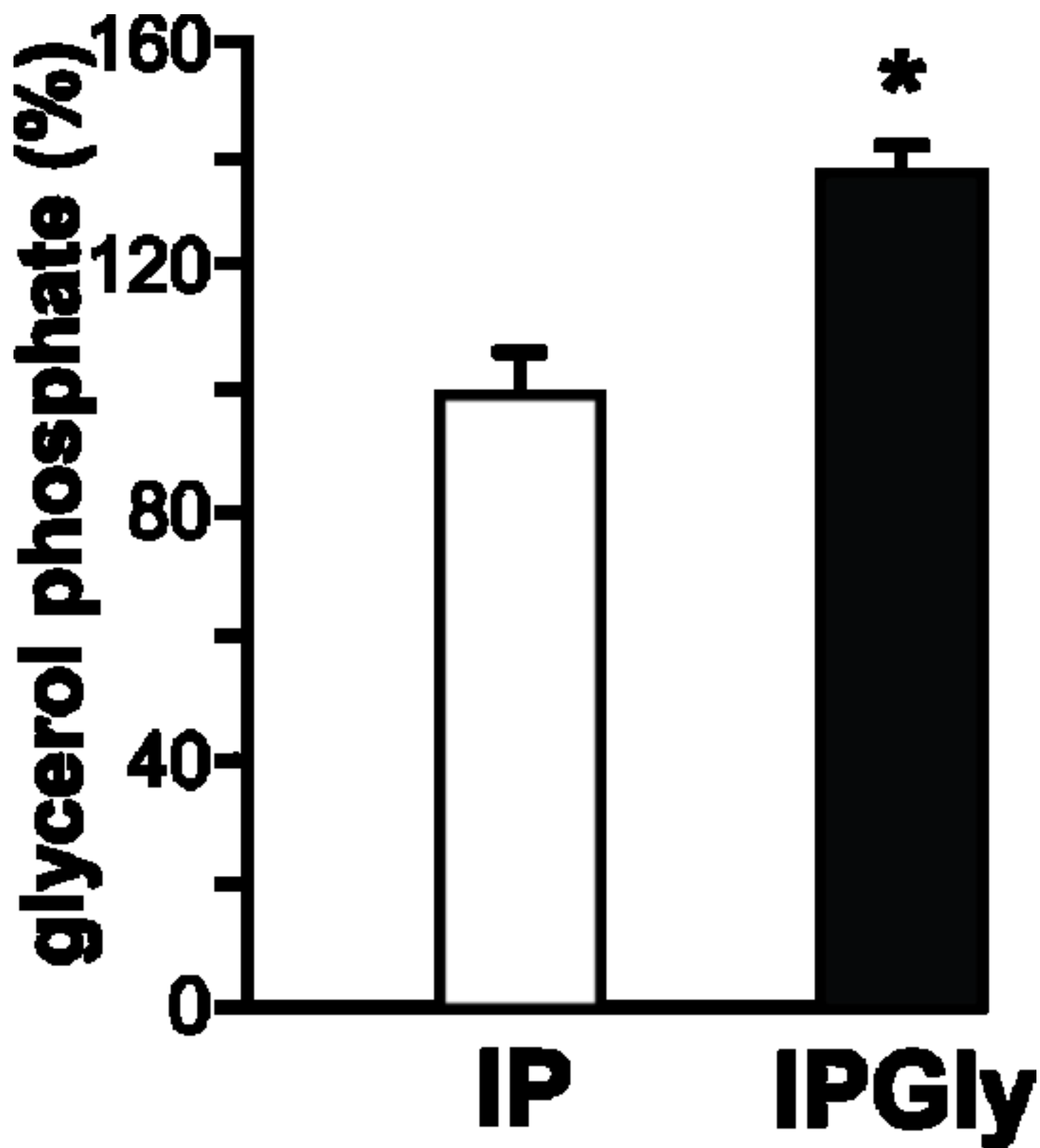
Fig. 8 Scheme showing the postulated mechanisms involved in the preventive action of glycerol in the early development of liver cancer. Inside the hepatocytes, glycerol is converted into glycerol phosphate. Then, glycerol phosphate undergoes oxidative metabolism and generates oxidative stress of mitochondrial origin. Reactive oxygen species (ROS) act as intracellular messengers, producing p53 activation and changes in JNK and Erk signaling activation. These phenomena induce cell cycle arrest and mitochondrial apoptotic cell death that finally conduct to a reduction of liver lesions.

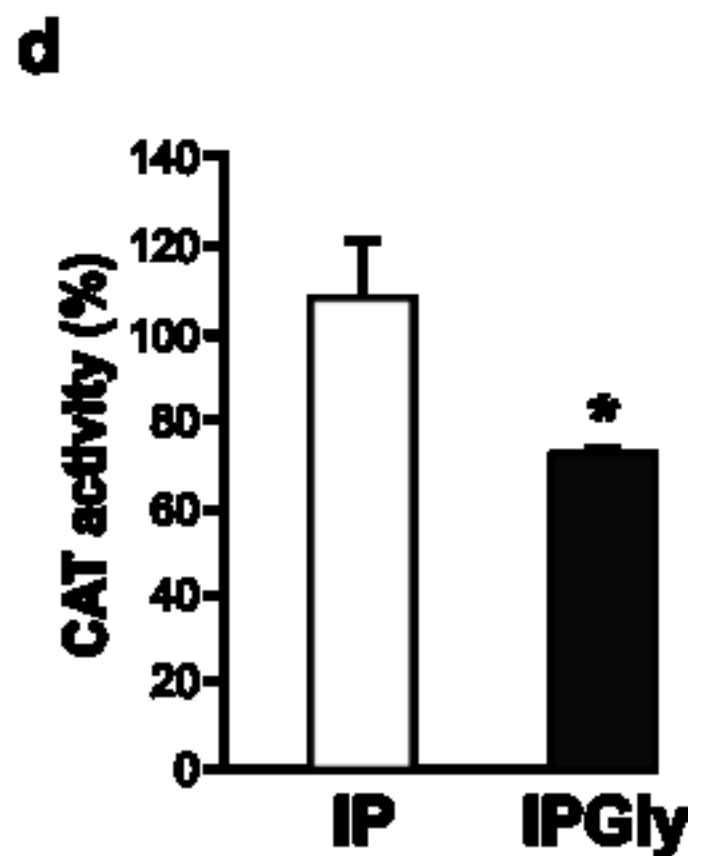
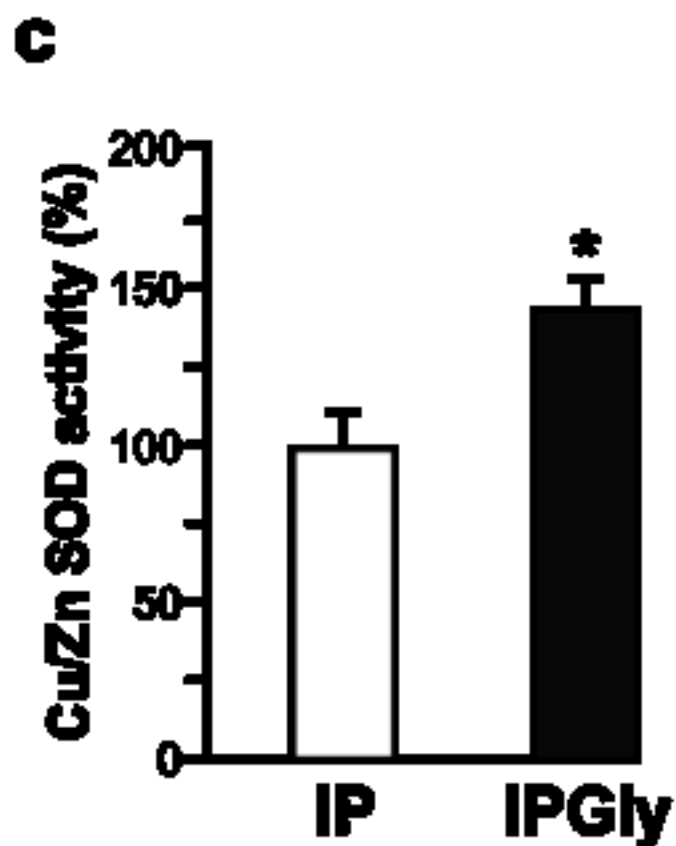
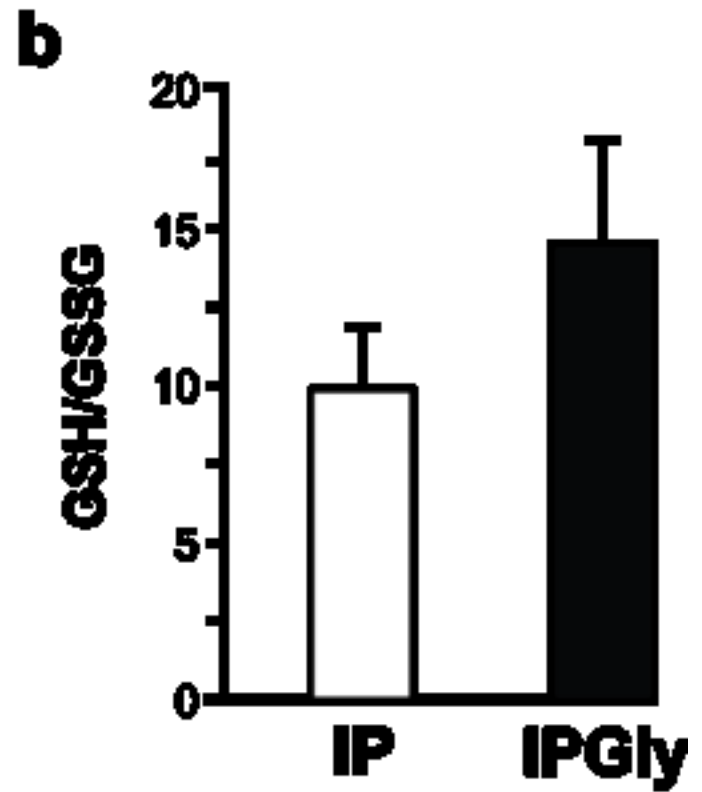
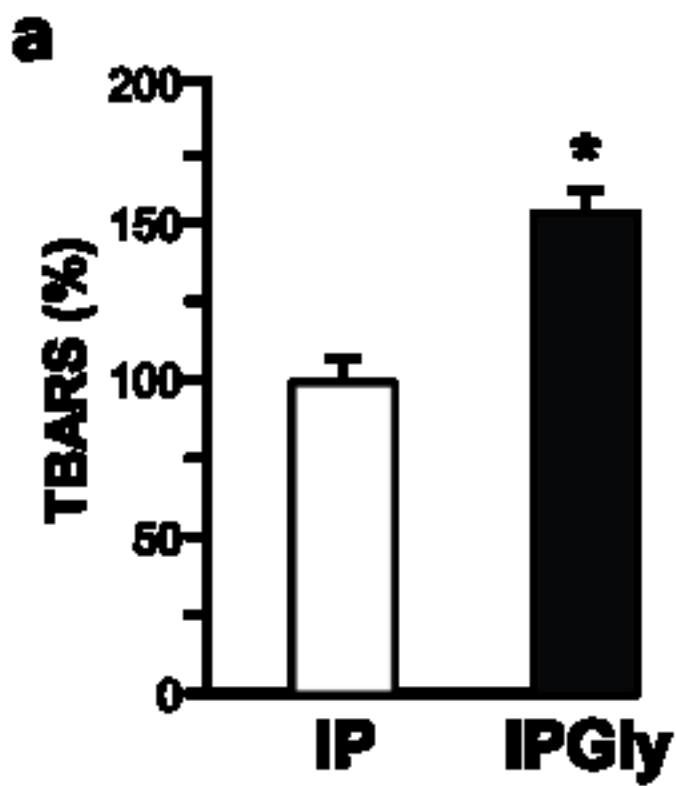
a**b**

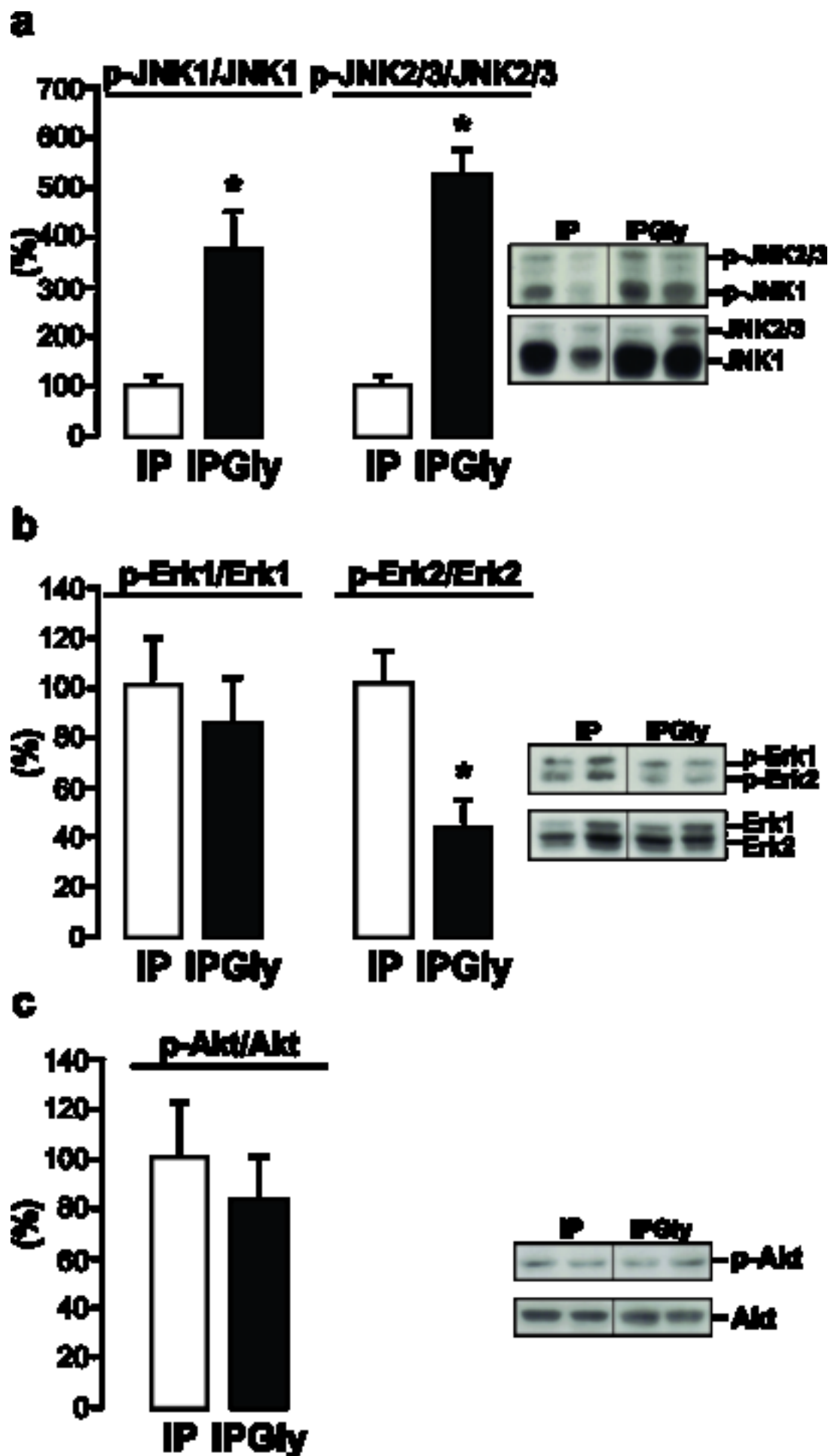


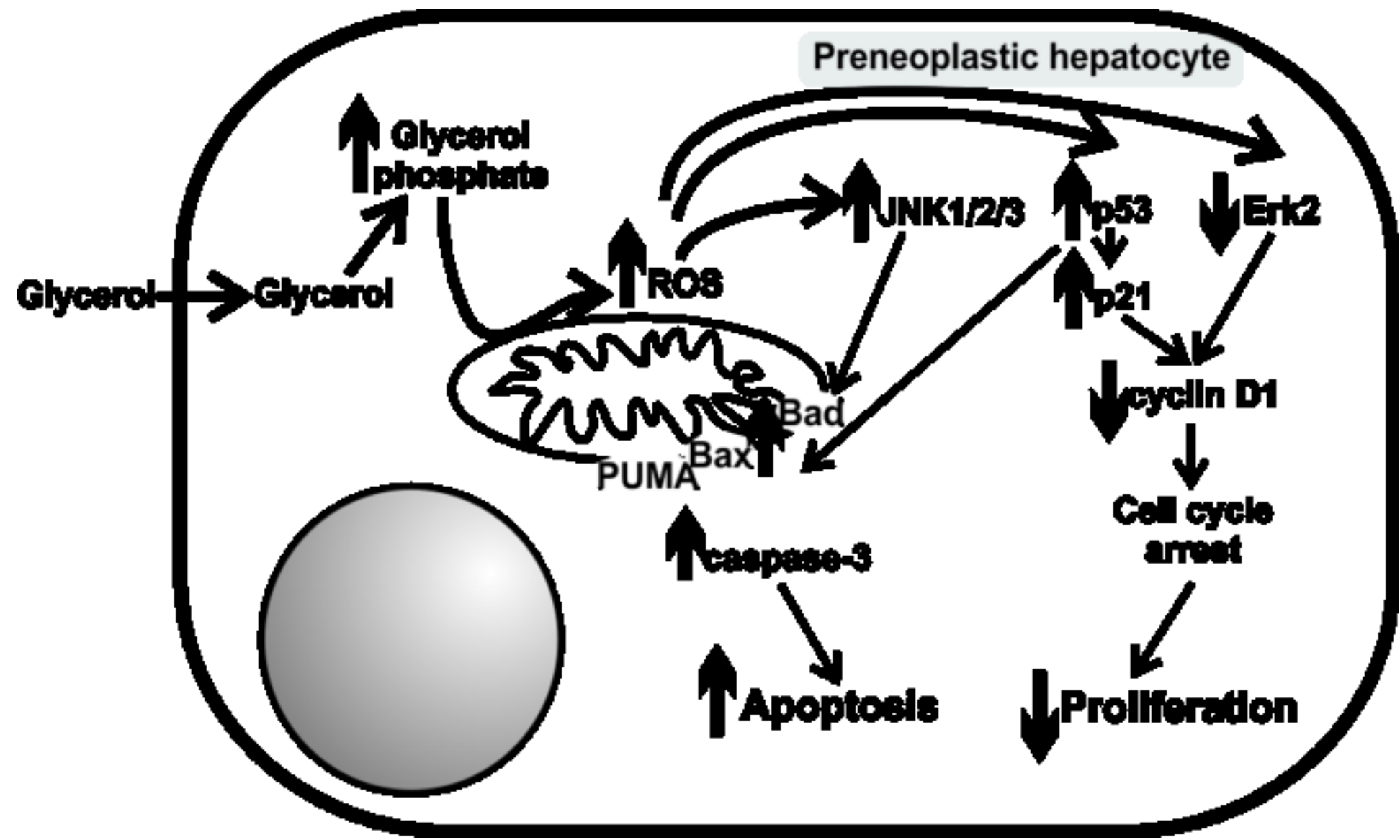


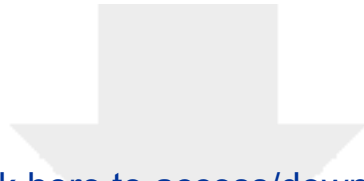












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Supplementary Figure 1.docx

