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Leptin and Adiponectin During the First Week After Kidney Transplantation: Biomarkers of Graft Dysfunction?



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ABSTRACT

Context and Objective. Based on evidence that leptin and adiponectin are removed from circulation primarily by the kidney, we designed a study to examine the longitudinal changes of these adipokines during the first week after kidney transplantation (KTx) and to test the hypothesis that higher levels of leptin and/or adiponectin could be early biomarkers of delayed graft function (DGF = dialysis requirement during the first post-transplant week) and acute rejection.

Study Design. Repeated-measures prospective study.

Material and Methods. Forty consecutive adult patients with end-stage renal disease who were undergoing KTx. Leptin and adiponectin were measured in blood samples that were collected before (day-0) and after KTx (days-1, 2, 4 and 7). Linear mixed-models, receiver operating characteristic and area under curve (AUC-ROC) were used.

Results. At post-transplant day-1, leptinemia and adiponectinemia declined 43% and 47%, respectively. At all times studied after KTx, the median leptin levels were significantly higher in patients developing DGF (n = 18), but not adiponectin levels. Shortly after KTx (day-1), leptin values were significantly higher in DGF recipients in contrast to patients with promptly functioning kidneys, approximately two times higher when controlling for gender and BMI. The leptin reduction rate between pre-tranplant and one-day after KTx moderately predicted DGF (AUC = 0.73). On day-1, serum leptin predicted DGF (AUC-ROC = 0.76) with a performance slightly better than serum creatinine (AUC-ROC = 0.72), even after correcting for BMI (AUC-ROC = 0.73). Separating this analysis by gender showed that the performance of leptin in predicting DGF for male gender (AUC-ROC = 0.86) improved.

Abbreviations: AUC-ROC, Area under the receiver-operating characteristic curve; ADPN, Adiponectin; DGF, Delayed graft function; KTx, Kidney transplantation; SCr, Serum creatinine.

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Conclusions. Kidney graft function is an independent determinant of leptin levels, but not of adiponectin. Leptin levels at day-1 slightly outperformed serum creatinine in predicting the occurrence of DGF, and more accurately in male gender. No significant association was detected with acute rejection.

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1. Introduction

White adipose tissue is now recognized as a multifunctional organ [1]. In addition to its central role in lipid storage, white adipose tissue has a major endocrine function by synthesizing a multitude of protein cytokines termed adipokines. Leptin and adiponectin (ADPN) are two adipokines that elicit generally opposing pro-inflammatory and anti-inflammatory effects [1–4]. In chronic kidney disease, the clinical significance and prognostic implications of leptin and ADPN are not well understood. Patients with chronic kidney disease have increased circulating levels of both adipokines that may result from an increase in their systemic production and/or decrease in their renal clearance [5–13].

The contribution of the kidney in the biodegradation and elimination of leptin and adiponectin appears to be confirmed in studies conducted in kidney transplantation (KTx), where the circulating levels of these adipokines decrease after successful transplantation [14–19]. Based on the growing evidence that leptin and ADPN are removed from the circulation primarily by the kidney, we designed the present study to examine the longitudinal changes of these two adipokines during the first week post-transplant and test the hypothesis that delayed graft function (DGF) would be associated with higher plasma levels of leptin and due to their impaired clearance by the kidney. Therefore, we hypothesized that higher levels of leptin and/or ADPN could serve as early biomarkers of DGF (defined as dialysis requirement within the first week after KTx). Due to the role of leptin in the immune system [9,20-24], the performance of leptin in predicting acute transplant rejection and alloimmunity was also assessed.

2. Patients and Methods

2.1. Study Design and Patient Population

Consecutive patients with end-stage renal disease who were undergoing living or deceased donor KTx between December 2010 and May 2011 were prospectively enrolled. Patients under the age of 18 or who required multiorgan transplants were not included. The Institutional Review Board of Centro Hospitalar do Porto approved the study. Each participant provided informed consent.

2.2. Laboratory Analyses

Blood samples were collected as follows: 3–6 h prior to transplant surgery (pre-transplant); on the following morning, approximately 8–12 h after graft reperfusion (day-1); and then on the second (day-2), fourth (day-4) and seventh days (day-7) after transplant, for a total of five samples per patient.

Serum levels of leptin and ADPN were measured by ELISA based on the direct sandwich technique using kits from Mercodia, Sweden. Standard values of leptin for normal weight people were 2–5.6 ng/mL for male and 3.7–11.1 ng/mL for female. Expected normal values for ADPN were 5–300 ng/mL.

2.3. Definitions

Delayed graft function was defined by the need for dialysis during the first week after KTx.

Acute rejection was defined as either biopsy-proven rejection or anti-rejection treatment without biopsy.

Leptin/BMI ratio was calculated to measure the leptin level while controlling for the BMI contribution.

2.4. Statistical Analyses

The distributions of continuous variables were analyzed using Kolmogorov–Smirnov test and variables showing a positively skewed distribution (leptin and SCr) were natural logarithm transformed prior to parametric test analyses.

Statistical analysis was conducted in three steps. First, a cross-sectional bivariate analysis was performed. Comparisons of continuous variables between groups were carried out using parametric (t-test) or nonparametric (Mann–Whitney) tests; associations between categorical variables were analyzed using the χ^2 test and Fisher's exact test, as appropriate; correlations were assessed using the Pearson or Spearman correlation.

Second, a linear mixed-effects model was used to evaluate the association of DGF with serial changes of leptin (log-transformed) and ADPN, controlling for the recipient's age, gender and BMI.

Third, a receiver operating characteristic (ROC) curve analysis was performed to assess the utility of the levels of leptin and ADPN (as well as SCr) in predicting DGF. The optimal cut-off points were determined.

Statistical analyses were performed using SPSS version 21.0, and a significance level of 0.05 was considered.

3. Results

3.1. Study Cohort

The final study cohort included 40 patients. Their demographic and transplant data are shown in supplementary material (Table S1).

3.2. Leptin and Adiponectin

The time-course of leptin and ADPN levels during the first post-transplant week is summarized in Table 1. Compared to before the transplant, the median leptin levels declined

Table 1 – Time course of the circulating levels of leptin (ln) and adiponectin within the first post-transplantation week.							
		Before KTx	1st Day *	2nd Day	4th Day	7th Day	
Leptin (ng/mL)	Overall	15.9 [8.6–31.7]	8.4 [5.3–20.0]	8.0 [3.4–14.7]	8.4 [0.8–25.2]	10.5 [2.9–25.2]	
Median [IQR]	DGF	27.4 [12.9-57.7]	12.8 [7.5-22-6]	13.0 [8.7-27.2]	23.1 [1.6-36.7]	16.0 [9.7-26.8]	
	Non-DGF	11.6 [5.6-41.2]	5.5 [2.2-10.0]	4.2 [2.4-10.0]	0.8 [6-0-15.6]	1.7 [5.3-23.1]	
Adiponectin (ng/mL)	Overall	226 (72)	119 (35)	114 (33)	139 (35)	165 (29)	
Mean (S.D)	DGF	250 (80)	110 (39)	105 (37)	130 (39)	157 (32)	
	Non-DGF	209 (62)	126 (30)	120 (29)	146 (30)	170 (25)	

The values shown are the medians and interquartile ranges or the means and standard deviations; Abbreviations: KTx = kidney transplantation; DGF = delayed graft function; SD = standard deviation.

* 1st day = 8–12 h after surgery.

significantly at day-1, by approximately 47%, but on day-7, a less-pronounced reduction of approximately 34% was observed. With regard to ADPN, compared to before the transplant, the mean levels of plasma ADPN declined by approximately 47% at day-1 and 27% at day-7.

As expected, the leptin values were positively correlated with BMI at all time points, whereas no correlation was found with ADPN. Levels of leptin, but not ADPN, were significantly higher in female patients, even after adjustment for BMI, and correlated positively with the recipients' ages at all time points. Neither leptin nor ADPN was significantly correlated with time on dialysis, age of the transplant donor, HLA mismatches and cold ischemia time. Additionally, no significant differences were found in relation to the donor status or any type or dose of the immunosuppressive drugs used.

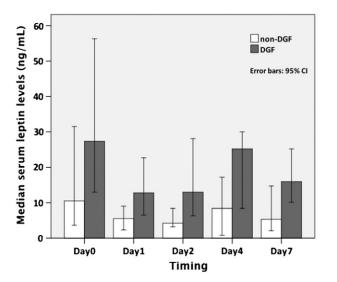
3.3. Delayed Graft Function and Acute Rejection

Eighteen (45%) patients had DGF, whereas 22 (55%) patients experienced prompt graft function. Ten recipients had an acute rejection episode during their hospitalization for transplantation, and acute rejection was more frequently diagnosed in patients with DGF than in those with prompt graft function (44% vs. 9%, P = 0.025). Only 2 of the non-DGF patients experienced an acute rejection episode.

3.4. Longitudinal Changes in the Levels of Leptin and Adiponectin According to Graft Function

Prior to transplantation, no significant differences were found between patients with DGF or non-DGF with regard to any of the adipokines evaluated. After transplantation, the mean levels of leptin were consistently higher in DGF patients at all time points compared to non-DGF recipients (Table 1 and Fig. 1), whereas no differences were noted in the mean levels of ADPN.

A linear mixed-effects model was used to analyze the longitudinal changes in leptin and ADPN in the two groups of patients (DGF and non-DGF) by controlling for variables found to be associated by the bivariate analysis (recipient age, gender and BMI) and confirmed the independent association of DGF with the longitudinal changes of leptinemia but not adiponectinemia. Regarding leptin, the age of the recipients was no longer statistically significant and was removed from the final model. The time measurements of leptin, patient



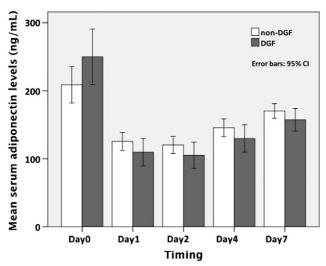
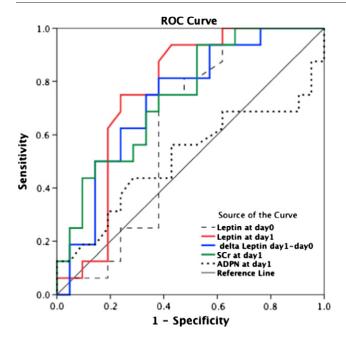


Fig. 1 – Longitudinal changes of the pre-transplant and one-week post-transplant circulating levels of leptin and adiponectin regarding graft function. Evolution of mean and median values of adiponectin and leptin, respectively, with 95% confidence intervals; measurements were performed preoperatively (day 0), and then at first (day 1), second (day 2), fourth (day 4) and seventh (day 7) days after kidney transplantation.



	AUC (95% CI)	P Value
Day 0 (pre-transplant)		
Serum leptin (ng/mL)	0.62 (0.43 -0.81)	0.220
Day 1 (8 to 12 h after surgery)		
Serum leptin (ng/mL)	0.76 (0.60-0.92)	0.008
Serum creatinine (mg/dl)	0.72 (0.59-0.90)	0.012
Serum adiponectin (ng/mL)	0.51 (0.31-0.72)	0.676
Leptin reduction rate (%)		
Δ Leptin _{day 1-day0} (%)	0.73 (0.57-0.90)	0.017

Fig. 2 – Receiver operating characteristic curves for the serum levels of pre-transplant leptin, and leptin, adiponectin and creatinine measured on the first day after KTx, for predicting delayed graft function (DGF). The table lists the areas under the ROC curves of leptin, adiponectin and creatinine for predicting DGF.Abbreviations: SCr = serum creatinine; ADPN = adiponectin; AUC = area under the ROC curve. \triangle Leptin $_{\text{day1-day0}}$ = percentage changes in serum leptin between day-1 and day-0.

gender, BMI and DGF were independent factors associated with leptinemia (Table S2). Even after adjusting for recipient gender and BMI, the DGF remained significantly associated with the longitudinal changes of leptinemia: the recipients with prompt graft function presented lower average leptinemia at all times studied. According to our estimation, the first mean leptin values after transplantation will be approximately two times higher in DGF patients when controlling for recipient gender and BMI. A significant interaction was observed between the recipient gender and BMI, which was retained in the model, meaning that the effect of BMI on leptin changes is different according the gender, i.e., the effect of an increase in BMI is more pronounced in males and attenuated in females.

3.5. Predicting DGF Using Leptin and Adiponectin

Receiver operating characteristic (ROC) analysis was conducted to evaluate the performance of leptin and ADPN in

discriminating the transplant recipients with DGF. This analysis showed that leptin at day-1 was moderately accurate in predicting the need for dialysis within the first week post-transplant, whereas ADPN was not. The area under the curve (A.UC) for the prediction of DGF was 0.76 (P = 0.007; 95% CI: 0.60–0.92) for leptin on day-1, which was slightly better than the diagnostic performance of SCr (AUC = 0.72, P = 0.012; 95% CI: 0.59–0.90) (Fig. 2). When adjusted for BMI (leptin/BMI ratio), the performance of one-day leptin in predicting DGF was similar (AUC = 0.73, P = 0.017; 95% CI: 0.57–0.90). The potential of pre-transplant leptin levels (day-0) in predicting DGF was also assessed due to higher levels of leptin in DGF vs. non-DGF patients before KTx, but this variable performed poorly having a non-significant AUC of 0.62.

An ROC curve was also created to evaluate the performance of the reduction in serum leptin levels between pretransplant and day-1 (Δ leptin $_{\rm day\ 1-day0}$) in predicting DGF and resulted in an AUC of 0.73 comparable to one-day SCr (Fig. 2). In analyzing the ROC curve of Δ leptin $_{\rm day\ 1-day0}$, the optimal sensitivity and specificity were achieved at a leptin reduction ratio of 41.7% (sensitivity: 81%; specificity: 62%; positive and negative predictive values of 68 and 77, respectively).

In analyzing the ROC curve of leptin on day-1, the optimal sensitivity and specificity were achieved at a leptin concentration of 10.8 ng/mL (sensitivity: 73%; specificity: 77%; positive and negative predictive values of 76 and 74, respectively). Separate analysis by gender, showed that the performance of leptin at day-1 in diagnosing DGF improved considerably for male gender (AUC = 0.86, P = 0.004; 95% CI: 0.70–1.00), and the optimal sensitivity and specificity were achieved at a leptin concentration of 6.4 ng/mL (sensitivity: 89%; specificity: 79%; positive and negative predictive values of 81 and 88, respectively). Due to small number of female recipients (n = 14), this analysis was not done separately for female gender.

3.6. Predicting Acute Rejection and Post-Transplant Anti-HLA Antibodies Using Leptin

The predictive power of serum leptin in acute rejection was also analyzed, but no significant ability to predict acute rejection was found at any time-point considered. Pretransplant anti-HLA screening was positive in 9 patients (22.5%) and in 12 patients (30%) during the first year following KTx; in 2 patients (5.0%) they were detected before transplant only, in 5 patients (12.5%) after transplant only, and in 7 patients (17.5%) both before and after transplantation. No significant association between leptin levels and anti-HLA positivity was showed.

4. Discussion

To date, most of the research on leptin and ADPN has been focused on its association with metabolic and cardiovascular health. Up to know, no reported study has examined the clinical utility of these adipokines in the diagnosis of graft dysfunction after KTx. We studied the performance of leptin and ADPN levels in predicting DGF using ROC analysis and compared these results with the routinely used SCr. Leptin

levels at day-1, but not ADPN, slightly outperformed the traditional biomarker SCr in assessing the prognosis of DGF. Contrary to our expectations, leptinemia did not add substantially to the early discriminative or predictive power of SCr for the detection of DGF. Although degradation pathways of leptin have not been clearly elucidated, it has been suggested that endogenous leptin is rapidly cleared from circulation by glomerular filtration and by renal uptake and degradation [6,25–27]. However, it is possible that other factors that coexist in the immediate post-transplant period might stimulate leptin synthesis and delay its elimination.

Inflammation [28] has been implicated in augmenting leptin secretion. Surgical stress is also associated with an increase in serum leptin concentration [29,30]. Both of these conditions concur in KTx. Kidney transplantation is a surgical procedure that involves an inevitable ischemia-reperfusion injury with consequent deleterious activation of cellular oxidases causing oxidative damage, tissue injury and inflammation [31]. Leptin is an acute phase reactant that is involved in the cytokine network of acute inflammation and stress response [29]. It is possible that inflammatory cytokines resulting from the organ transplant process can stimulate leptin synthesis and attenuate its clearance from circulation, mainly in recipients with graft dysfunction. This would also explain why the decrement of plasma leptin concentration in the immediate post-transplant period did not reach normal levels in most of patients, even in those with prompt graft function. At day-7, 64% of our recipients still had levels that exceeded the upper limit of leptin reference range, or 40% considering only the recipients with prompt graft function. Some other studies show the maintenance of elevated serum concentrations of leptin in KTx recipients [32,33].

This study was designed based upon the assumption that impaired clearance of leptin (and ADPN) could signal graft dysfunction earlier than SCr. Of the two adipokines measured, leptin most closely fulfilled our initial hypothesis. Adiponectinemia was not significantly higher in recipients with graft dysfunction and was not a predictor of DGF. At least during the first week, graft dysfunction did not reflect impaired clearance of ADPN, suggesting that factors other than renal function may be involved. A study from Song and coworkers [34] demonstrated a decline in circulating ADPN levels during the initial 72 h after a subtotal nephrectomy in mice with renal failure, associated to down regulation of ADPN. Following this reasoning, we can also speculate that the decrease of circulating ADPN levels observed within the first week after KTx could be due to two different mechanisms according to graft function: enhanced filtration of circulating ADPN and urinary excretion in prompt graft patients; and decline in local expression of ADPN in glomerular endothelium as a result of amplified ischemia-reperfusion injury that usually describes DGF.

Ischemia/reperfusion injury is undoubtedly an important variable that can influence the outcome of the transplanted kidney since it is a major risk factor for the development of DGF and acute rejection [35,36]. In fact, there is an apparent synergy between the initial injuries of ischemia/reperfusion and acute graft rejection [37], and because of innate immune response this deleterious condition can lead to graft dysfunction [38]. Hence, the immune response against a transplanted

organ may not solely involve a major histocompatibility complex specific alloimmune response, but in addition, an immediate nonspecific inflammatory response caused by ischemia/reperfusion injury [39]. Recent studies highlight the role of leptin in the immune system [9,20–24], therefore and beyond DGF we assessed leptin ability to predict acute rejection and anti-HLA antibodies following KTx. Possibly because of the small number of patients with acute rejection and anti-HLA antibodies no significant predictive value was found. Few studies [22] have addressed the influence of leptin, or other adipose tissue-derived products, on the allograft response and outcome, and to the best of our knowledge none in KTx.

In summary, the findings from the present study clearly demonstrate the importance of graft function in the clearance of leptin from the circulation, but not that of ADPN. Graft function was a stronger determinant of leptinemia, and the levels of this adipokine slightly outperformed SCr in predicting DGF. The maintenance of elevated levels of leptin in KTx and the role of this adipokine in allo-immunity are some of the questions that arise from this study, showing that much is still unknown in this field [40].

Funding Sources

None.

Declaration of Interest

The authors declare no conflict of interest regarding the publication of this article.

Appendix A. Supplementary data

Supplementary data to this article can be found online at http://dx.doi.org/10.1016/j.metabol.2014.10.003.

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