

1 **Cannabinoid receptor types 1 and 2 and perioxosome proliferator-**  
2 **activated receptor- $\alpha$ : distribution in the skin of clinically healthy**  
3 **cats and cats with hypersensitivity dermatitis.**

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1 Abstract

2

3 **Background** - Cannabinoid receptors and PPAR- $\alpha$  are gaining recognition  
4 as a promising therapeutic target for the treatment of skin disorders.

5

6 **Hypothesis/Objectives** – The aim of this study was to investigate the  
7 distribution of cannabinoid type 1 and 2 receptors (CBR1 and CBR2) and  
8 peroxisome proliferator-activated receptor alpha (PPAR- $\alpha$ ) in feline skin  
9 and verify whether changes occur in the course of hypersensitivity  
10 dermatitis.

11

12 **Animals** – Twelve privately owned cats were included in the study. Skin  
13 samples were obtained from five dermatologically healthy cats and seven  
14 cats clinically diagnosed with hypersensitivity dermatitis.

15

16 **Methods** – Hematoxylin and eosin stained skin sections were investigated  
17 for histopathological changes. Indirect immunofluorescence for CBR1,  
18 CBR2 and PPAR- $\alpha$  was performed on paraffin-embedded sections, and  
19 antibody specificity tested by Western blot analysis.

20

21 **Results** – Skin samples from cats with hypersensitivity dermatitis were all  
22 histopathologically diagnosed with eosinophilic dermatitis. CB receptors  
23 and PPAR- $\alpha$  were distributed throughout the skin in both healthy and  
24 allergic cats. In normal feline skin, these receptors were mainly  
25 distributed in the epithelial compartment. Receptor expression increased  
26 in hypersensitivity compared to healthy skin, with the main distribution  
27 changes being in suprabasal CBR1, dermal CBR2 immunolocalization and  
28 the marked expression of PPAR- $\alpha$  in hyperplastic epidermis and  
29 perivascular infiltrate.

30

31 **Conclusions and clinical importance** –Increased expression of the  
32 investigated receptors in the skin of cats with hypersensitivity dermatitis  
33 suggests an endogenous protective strategy and paves the way for the  
34 use of natural cannabinoid receptor or PPAR- $\alpha$  agonists as a valuable  
35 approach to feline hypersensitivity dermatitis.

## 36 Introduction

37

38 Feline hypersensitivity dermatitis (HD) is often encountered in veterinary  
39 clinical practice, and results from cutaneous allergic reactions to  
40 environmental, food and/or flea allergens<sup>1,2</sup>. Excluding flea-bite and food-  
41 induced HD on the basis of clinical assessment, along with testing for  
42 parasiticides and food provocation, non-flea, non food-induced  
43 hypersensitive cats are likely to be allergic to environmental allergens<sup>1,2</sup>.  
44 Although sometimes referred to as feline atopic dermatitis<sup>3</sup>, this latter  
45 condition does not always present increased serum levels of IgE<sup>4</sup>.  
46 Similarity with either human and canine counterparts is controversial, and  
47 feline HD is thus the preferred terminology<sup>1</sup>. Feline HD usually manifests  
48 with one or more of the following cutaneous reaction patterns: head and  
49 neck pruritus with excoriations, self-induced alopecia, miliary dermatitis,  
50 and/or eosinophilic lesions (including eosinophilic plaques, eosinophilic  
51 granulomas, and indolent ulcers)<sup>2</sup>. These conditions are currently treated  
52 by allergen-specific immunotherapy, antihistamines, essential fatty acids,  
53 glucocorticoids and cyclosporine<sup>5</sup>. Some cats with non-flea, and/or non-  
54 food-induced hypersensitivity dermatitis also benefited from oclacitinib  
55 treatment<sup>5</sup>.

56 Alternative non-pharmacological approaches have also been tested and  
57 proposed. For example, a micronized formulation of  
58 palmitoylethanolamide (PEA)<sup>6</sup> improved signs (pruritus, erythema and  
59 alopecia) and skin lesions, while concurrently decreasing skin mast cell  
60 degranulation in cats with eosinophilic lesions<sup>7</sup>. PEA is an endogenous  
61 fatty acid amide and an endocannabinoid-related compound, as it shares  
62 both synthetic and degradative pathways with prototypic  
63 endocannabinoids<sup>8</sup>. Notably, PEA indirectly interacts with the so called  
64 cannabinoid receptors type 1 and 2 (CB1, CB2) and has anti-  
65 inflammatory properties mediated by peroxisome proliferator-activated  
66 receptor-alpha (PPAR- $\alpha$ )<sup>8,9</sup>. Both CB1 and CB2 have been described in  
67 human keratinocytes<sup>10</sup>, and several other human skin cell types<sup>11</sup>. CB1  
68 and CB2 are also over-expressed in the skin of dogs affected with atopic  
69 dermatitis<sup>12</sup>. Implications for skin protective action of cannabinoid  
70 receptor agonists have been repeatedly suggested<sup>11,13-18</sup> and CB receptors  
71 are considered to play a crucial role in epidermal differentiation and  
72 recovery of the epidermal permeability barrier<sup>19</sup>. Currently, several lines  
73 of evidence suggest that agonism at CB and CB-related receptors may  
74 represent a novel treatment approach to common inflammatory /allergic  
75 skin diseases<sup>20,21</sup>.

76 To the best of our knowledge, no information is available on CB receptors  
77 and PPAR- $\alpha$  in feline skin. Here we investigated the distribution of CB1,  
78 CB2 and PPAR- $\alpha$  in the skin of dermatologically healthy cats and verified  
79 whether changes occur during feline HD.

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## 83 Methods

84 Animals and samples: Twelve animals were included in the study. Five  
85 were dermatologically healthy and were referred for necropsy at the local  
86 veterinary hospital. Normal skin samples were obtained from them,  
87 specifically from areas reported as common sites of HD lesions<sup>1</sup>: 1) *regio*  
88 *auricularis*; 2) *regio nasalis*; 3) *regio maxillaris*; 4) *regio colli ventralis*; 5)  
89 *regio umbilicalis*; 6) *regio sacralis*; 7) *regio femoris*, (Figure 1)The  
90 remaining 7 cats were diagnosed with HD (according to accepted  
91 criteria<sup>1,2</sup>) and skin biopsies collected for histopathological confirmation of  
92 the clinical diagnosis. Anamnesis and clinical data are given in Table 1. This  
93 research was carried out according to international regulation governing  
94 the use of animals for scientific purposes (Directive 2010/63/EU).  
95 Institutional ethical committee approval was not required because skin  
96 samples were obtained either from necropsies or from animals referred for  
97 diagnostic purposes. Written informed consent was obtained from owners  
98 for including their cats in the study.

99 Histological analyses: Tissue biopsies were promptly immersed in 10%  
100 buffered formalin solution (pH 7.4) for 24 h and then processed for  
101 routine paraffin embedding. Five- $\mu$ m thick sections were prepared for  
102 morphological evaluation (hematoxylin and eosin staining) and  
103 investigated for the following parameters: hyperplasia (0-absent, 1-  
104 present), ulcer (0-absent, 1-present), type of infiltrate (eosinophils, mast  
105 cells, lymphocytes, plasma cells and histiocytes, in order of prevalence).  
106 When present, mast cell infiltrate was scored as mild, moderate or severe  
107 on the basis of toluidine blue staining. Finally, a morphological diagnosis  
108 was provided.

109 Immunofluorescence: Indirect immunofluorescence was performed on  
110 paraffin-embedded sections. The following primary antibodies were used:  
111 rabbit polyclonal anti-CBR1 (1:100, rabbit polyclonal anti-CBR1, ab23703,  
112 Abcam, Cambridge, UK.), rabbit polyclonal anti-CBR2 (1:100, rabbit  
113 polyclonal anti-CBR2, ab45942, Abcam, Cambridge, UK) and rabbit  
114 polyclonal anti-PPAR- $\alpha$  (1:100, rabbit polyclonal anti-PPAR- $\alpha$ , NBP1-  
115 03288, Novus Biologicals, Littleton, USA). Epitope retrieval was carried  
116 out at 120°C in a pressure cooker for 5 min with a Tris/EDTA buffer, pH  
117 9.0. Non-specific sites were blocked by incubation with 5% normal goat  
118 serum (s-1000, Vector Laboratories, Burlingame, USA) and 0.05% Triton-  
119 X in 0.1 M PBS, 45 min. After overnight incubation at 4°C with the  
120 appropriate primary antibody, sections were rinsed in 0.1 M PBS, (3 x 10  
121 min), followed by incubation with a fluorescein-conjugated goat anti-rabbit  
122 IgG (goat anti-rabbit IgG, FI-1000, Vector Laboratories, Burlingame,  
123 USA), 10  $\mu$ g/mL for 1 h at room temperature. Sections were again rinsed  
124 in 0.1 M PBS, (3 x 10 min) and mounted with mounting medium  
125 containing DAPI (H-1500, Vector Laboratories, Burlingame, USA).  
126 Photomicrographs were obtained using a Nikon Eclipse 80i microscope  
127 equipped with Nis Elements Br Microscope Imaging Software (Nikon  
128 Instruments, Calenzano, Italy). The fluorescence signal was abolished  
129 when primary antibody was either omitted or substituted with an

130 unrelated one. As positive controls, archival paraffin-embedded samples of  
131 feline hippocampus (CBR1 antibody), lymph node (CBR2 antibody) and  
132 human skin (PPAR- $\alpha$ ) were used<sup>12,22</sup>.

133 Western Blot: Specificity of the antibodies used was tested by Western  
134 blot analysis. Briefly, 30  $\mu$ g of protein extracts stored from a previous  
135 study<sup>23</sup> were resolved by 12% SDS-PAGE gels and transferred onto  
136 nitrocellulose membranes (0.2  $\mu$ m) using a voltage of 25V for 7 min by a  
137 commercial transfer apparatus (Trans-Blot®Turbo™ Transfer System,  
138 Bio-Rad, Milano, Italy). After electrophoresis, the membranes were  
139 blocked and then incubated with appropriately diluted primary antibodies.  
140 HRP-conjugated goat anti-rabbit (1:10000, HRP-goat anti-rabbit antibody  
141 ADI-SAB-300J, Enzo life science, Farmingdale, USA) was used as  
142 secondary antibody. The chemiluminescent images were acquired by a gel  
143 documentation system (LAS 4010, GE Health Care, Milano, Italy).

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145

## 146 **Results**

### 147 **Histopathology**

149 Normal skin samples did not show inflammatory infiltrates or other  
150 pathological changes. All HD skin samples were provided with a  
151 histopathological diagnosis of eosinophilic dermatitis, most (6/7)  
152 presenting focal or multifocal ulcers. Epidermal hyperplasia was a constant  
153 morphological alteration in all cases except one that showed diffuse  
154 ulcerative changes. Mast cells and eosinophils were present as part of the  
155 mixed inflammatory infiltrate in all cases. Details on type of infiltrate and  
156 scoring of mast cells are reported in table 2.

### 157 **Immunofluorescence**

158 Skin of healthy cats - CBR1 showed keratinocyte cytoplasmic  
159 immunoreactivity throughout the epidermal layers and hair follicle  
160 sheaths, in all areas examined. Differentiated sebocytes and hair bulb  
161 matrical cells showed CBR1 membrane staining (Figure 2a, 2b). CBR2  
162 localization paralleled CBR1 (Figure 2c, 2d) and was also present in the  
163 cytoplasm of apocrine glands. PPAR- $\alpha$  was expressed in the cytoplasm of  
164 basal keratinocytes of epidermis, outer epithelial root sheath and isolated  
165 dermal papillae (Figure 2e, 2f).

166 Skin of cats with HD - CBR1 showed a cytoplasmic epidermal  
167 immunoreactivity, preferentially located in the superficial layers of the  
168 hyperplastic epidermis. This staining was markedly increased next to  
169 ulcerative lesions. No changes in spatial distribution were observed in  
170 adnexa compared to normal skin; the inflammatory infiltrate did not  
171 express CBR1 (Figure 3a, 3b).

172 CBR2 immunoreactivity was cytoplasmic in the hyperplastic epidermis and  
173 preferentially localized to the upper epidermis. A membrane staining  
174 pattern was evident in areas adjacent to ulcerative lesions. The  
175 subepidermal inflammatory infiltrate showed immunoreactivity in cells  
176 morphologically resembling mast cells; endotheliocytes were also  
177 immunopositive for CBR2 (Figure 3c, 3d).

178 PPAR- $\alpha$  was multifocally expressed in the hyperplastic epidermis as  
179 cytoplasmic immunoreactivity, preferentially located in the upper  
180 keratinocyte layer. Alternating waves of cytoplasmic positivity were also  
181 seen throughout the entire thickness of the hyperplastic epidermis. In  
182 areas adjacent to ulcerative lesions a strong cytoplasmic immunoreactivity  
183 of keratinocytes was detected (Figure 3e, 3f). The subepidermal dermis  
184 showed immunoreactivity in endothelial cells and perivascular  
185 inflammatory infiltrate: immunoreactivity was seen in cells  
186 morphologically resembling mast cells, macrophages and fibroblasts.

### 187 **Positive controls and Western blot**

188 CBR1 immunostaining was found in the fibers of feline hippocampus  
189 (Figure 4a) with two immunoreactive bands at 66 and 81 kDa on Western  
190 blot analysis (Figure 4d). CBR2 stained the germinal center of feline  
191 secondary lymphatic nodules (Figure 4b) and showed two immunoreactive  
192 bands at 30 and 56 kDa (Figure 4d). PPAR- $\alpha$  immunostaining was

193 observed in basal keratinocytes of human epidermis (Figure 4c) with a  
194 single immunoreactive band at 30 kDa (Figure 4d).  
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196

## 197 **Discussion**

198 To the best of our knowledge, this is the first study detailing the  
199 expression of CBR1, CBR2 and PPAR- $\alpha$  in the skin of healthy and allergic  
200 cats. The histopathological alterations observed in HD cats corresponded  
201 to the reaction patterns classically described in literature<sup>1,2,24</sup>. In fact,  
202 irrespective of cause, the infiltrate was predominantly composed of  
203 eosinophils, mast cells, histiocytes, lymphocytes and plasma cells  
204 associated with epidermal hyperplastic changes and ulcers<sup>24</sup>.

205 Our study shows CB receptors and PPAR- $\alpha$  to be distributed throughout  
206 the skin of both normal and HD cats. Our data paralleled those reported  
207 for cannabinoid receptors in normal canine and human skin<sup>11,12</sup> and for  
208 human skin in the case of PPAR- $\alpha$  immunolocalization<sup>22</sup>.

209 Skin of healthy cats - In normal feline skin, the investigated receptors  
210 were preferentially distributed in the epithelial compartment, with only  
211 PPAR- $\alpha$  showing occasional non-epithelial immunolocalization (i.e. dermal  
212 papilla).

213 The preferential pan-epithelial distribution of CBR1 and CBR2 was  
214 previously documented in dog embryos<sup>25</sup> and canine skin<sup>12</sup>, while in  
215 human skin immunolocalization was reported to be layered, i.e., CBR1  
216 mostly in the upper layers (spinous and granular) and CBR2 in basal  
217 keratinocytes<sup>11</sup>. Differences in epidermal thickness between humans and  
218 pets (6-7 vs 2-3 nucleated cell layers, respectively) might explain this  
219 discrepancy. Moreover, data obtained in human skin are somewhat  
220 controversial, as CBR1 and CBR2 were described by other authors to be  
221 equally distributed in suprabasal layers of epidermis in normal and  
222 neoplastic skin<sup>26</sup>. CBR1 and CBR2 expression in normal skin of cats was  
223 not unexpected, since it is well known that endocannabinoids act through  
224 these receptors to maintain skin proper function in other species<sup>18</sup>.

225 PPAR- $\alpha$  plays an increasingly recognized role in skin homeostasis<sup>20,21</sup>, yet  
226 to the best of our knowledge there is just one study showing the  
227 cutaneous distribution of this receptor<sup>22</sup>. The latter study was performed  
228 in normal human skin and showed a clear cytoplasmic pattern in the basal  
229 layer of the epidermis<sup>22</sup>, consistent with our findings. Ligand-dependent  
230 nucleo-cytoplasmic shuttling<sup>27</sup> might explain the cytoplasmic staining  
231 pattern of a nuclear receptor like PPAR- $\alpha$  is. Interestingly, isolated dermal  
232 papillae were immunoreactive for PPAR- $\alpha$ . Conceivably, this could relate to  
233 hair follicle cycling. Based on morphological parameters, the vast majority  
234 of hair follicles were in the late anagen – early catagen phase<sup>28</sup>. In order  
235 to determine if PPAR- $\alpha$  immunoreactivity is linked to a particular hair  
236 cycling stage, however, a comparison of serial sections stained by  
237 hematoxylin-eosin and immunohistochemistry is needed.

238 Skin of cats with HD – Irrespective of cause, we observed a mixed  
239 inflammatory infiltrate, epidermal hyperplasia and ulcerative lesions, as  
240 reported by others in feline HD<sup>24</sup>.

241 Spatial distribution of the investigated receptors changed in the skin of  
242 cats with HD compared to normal skin: CBR1 was still confined in  
243 epidermis but its distribution, although cytoplasmic, was generally  
244 suprabasal and more evident in areas surrounding ulcers. CBR2



245 immunoreactivity paralleled that of CBR1 in the hyperplastic epidermis,  
246 and showed a membrane expression in areas surrounding ulcers;  
247 moreover, CBR2 was present in endothelium and infiltrating cells in the  
248 dermis. The pattern observed might thus correspond to an upregulation of  
249 both CBR1 and CBR2.

250 The endocannabinoid system is involved in attenuation of skin allergic  
251 response: in mice with experimentally-induced skin allergy, genetic  
252 ablation of CBR1 and CBR2 resulted in a more severe dermatitis<sup>29</sup> and  
253 higher skin levels of PEA compared with wild-type counterparts<sup>30</sup>.  
254 Furthermore, CBR1 inhibited epidermal keratinocyte growth<sup>17</sup> and  
255 different CBR2 agonists were reduced skin inflammation in several  
256 experimental models of allergy<sup>15,31,32</sup>. As such, the increased CBR1 and  
257 CBR2 expression in feline HD skin, as well as CBR2 immunoreactivity of  
258 dermal resident and infiltrating cells might be regarded as a skin response  
259 to inflammation, aimed at restoring homeostasis. A delicate balance  
260 between CBR1 and CBR2 signaling is essential for skin health, with CBR1  
261 being involved in increasing inflammation while CBR2 overactivation in a  
262 decreased immune response, as recently reported<sup>18</sup>. Why CBR1 should be  
263 over-expressed in the hyperplastic epidermis and not found in the dermal  
264 infiltrate, while CBR2 is over-expressed in both skin compartments is  
265 unclear, but might reflect different pathways regulating inflammation.  
266 The present study documents, for the first time, distribution of PPAR- $\alpha$  in  
267 the skin of HD cats. Immunostaining was markedly increased compared to  
268 healthy skin, with a "wave" of PPAR- $\alpha$  expression in hyperplastic  
269 epidermis. Particularly high expression was seen next to ulcerative  
270 lesions, dermal blood vessels and perivascular infiltrate (mast cells and  
271 dermal endotheliocytes/fibroblasts). This finding is in line with previous  
272 data showing over-expression of PPAR- $\alpha$  in epidermal keratinocytes under  
273 allergic conditions<sup>30</sup>. Interestingly, recent findings increasingly point to  
274 activation of PPAR- $\alpha$  playing an essential role in the inhibition of skin  
275 inflammation in the course of dermatitis. In fact, PPAR- $\alpha$  agonists inhibit  
276 inflammatory infiltrates in a murine model of atopic dermatitis<sup>33</sup> and  
277 improve clinical signs<sup>34</sup>. During wound healing, PPAR- $\alpha$  is mainly involved  
278 in the early inflammatory phase, mediating rapid re-epithelialization<sup>35</sup>. The  
279 above effects are consistent with the dual role of PPAR- $\alpha$  in skin, acting to  
280 restore the epidermal barrier and provide anti-inflammatory activity<sup>20</sup>. Our  
281 results suggest that the observed increased PPAR- $\alpha$  expression  
282 corresponds to an improved availability of the target to perform its  
283 protective action.

284 PEA, an endocannabinoid congener, exhibits increased skin levels in  
285 experimentally-induced and naturally-occurring hypersensitive  
286 dermatitis<sup>30,36</sup>. PEA can act via a so-called "entourage effect" by indirectly  
287 operating through cannabinoid receptors and as an endogenous agonist  
288 for PPAR- $\alpha$ <sup>8</sup>. The increased expression of CB receptors and PPAR- $\alpha$   
289 detected in the skin of HD cats might thus be part of a broader protective  
290 strategy involving their respective ligands and biosynthetic/degradative  
291 pathways. Further studies are warranted to address this question.  
292 Although performed in a small number of animals our findings, together

293 with data on the benefits of micronized PEA in eosinophilic cats<sup>7</sup> proposes  
294 the endocannabinoid system as a potential therapeutic target for feline  
295 HD.

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384

385 Figure Legends

386

387 Figure 1: image showing areas where skin samples were collected: 1)  
388 *regio auricularis*; 2) *regio nasalis*; 3) *regio maxillaris*; 4) *regio colli*  
389 *ventralis*; 5) *regio umbilicalis*; 6) *regio sacralis*; 7) *regio femoris*.

390

391 Figure 2: Photomicrographs showing CBR1, CBR2 and PPAR- $\alpha$   
392 immunolocalization in normal feline skin. CBR1 was expressed by  
393 epidermis (a) and sebaceous glands (b). CBR2 immunolocalized to  
394 epidermis, hair follicle walls and sebaceous glands (c) as well as inner  
395 epithelial root sheath cells in the hair bulb (d). Basal keratinocytes (e) and  
396 hair papilla cells of one of two hair bulbs (f) expressed PPAR- $\alpha$ . Scale bar:  
397 50  $\mu$ m.

398

399 Figure 3: Photomicrographs showing CBR1, CBR2 and PPAR- $\alpha$   
400 immunolocalization in feline HD skin. CBR1 immunolocalized in the  
401 epidermis (a) and markedly increased next to an ulcer (b; asterisk).  
402 Epidermis, endothelial (full arrowhead) and subepidermal perivascular  
403 cells (empty arrowhead) expressed CBR2 (c), keratinocytes displayed a  
404 membrane pattern next to an ulcer (d; asterisk). PPAR- $\alpha$  immunolocalized  
405 in basal and upper cells of hyperplastic epidermis (e) as well as in  
406 keratinocytes adjacent to ulcer (f; asterisk). Scale bar: 50  $\mu$ m.

407

408 Figure 4: Photomicrographs showing CBR1, CBR2 and PPAR- $\alpha$   
409 immunolocalization in samples used as positive control (a, b, c) and  
410 Western blot analysis (d). a) CBR1 localizes to fibers of cat hippocampus;  
411 b) CBR2 immunostaining of the germinal center of a reactive cat lymph  
412 node; c) human epidermal basal keratinocytes show immunoreactivity  
413 against PPAR- $\alpha$  antibody; d) immunoreactive bands obtained for the used  
414 antibodies on feline protein extracts. Scale bars: 50  $\mu$ m.

415

416 Tables

417

418 Table 1: Anamnestic data of the HD cats

	<b>Breed</b>	<b>Age (months)</b>	<b>Sex</b>	<b>Anatomical location</b>	<b>Clinical diagnosis</b>
1	European	72	F	Abdomen, Thigh	NFNFIHD
2	European	12	M	Neck	FBH
3	European	8	M	Neck	NFNFIHD
4	European	9	F	Neck	FIHD
5	European	48	M	Interscapular area	FIHD
6	European	72	F	Abdomen, Lip	NFNFIHD
7	European	48	M	Neck	NFNFIHD

419 NFNFIHD = non-flea non-food-induced hypersensitivity dermatitis; FIHD =  
420 food-induced hypersensitivity dermatitis; and FBH = flea bite  
421 hypersensitivity.

422

423 Table 2: Histological findings in HD cats

	<b>Hyperplasia</b>	<b>Ulcer</b>	<b>Type of infiltrate</b>	<b>Mast cell infiltrate</b>
1	nd	1	M,P,N,L,H,E	severe
2	1	1	E,L,M,H	moderate
3	1	0	E,M,P,L,H	moderate
4	1	1	M,E,N,H	moderate
5	1	1	E,M,H	severe
6	1	1	M,P,E,L,H	severe
7	1	1	M,E,N	moderate

424 0-absent, 1-present, M=Mast cells, P= Plasma cells, N= Neutrophils; L=  
425 Lymphocytes; H= Histiocytes; E= Eosinophils

426









