

*Indian J. Fish.*, 64 (Special Issue): 190-193, 2017

DOI: 10.21077/ijf.2017.64.special-issue.76265-28



## Note

# Echinoid landings at Mandapam, south-east coast of India with a note on gonadal maturity of two species of sea urchins

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## ABSTRACT

The sea urchins, belonging to phylum Echinodermata, are a good source of “roe”, (gonads) and are being consumed by humans since pre-historic times. In many countries of the world, it is a delicacy among the food items and in retail markets in Japan, it is sold at prices as high as US\$ 600 kg<sup>-1</sup>. Among the 800 species of echinoids, 105 species are found along the east coast of India and 30 species are recorded along the coast of Tamil Nadu. There is a paucity of information on the biology and ecology of sea urchins and lack of studies on its edibility and palatability. The sea urchin aquaculture called as echiniculture is picking up in subtropics and temperate areas. Importantly, the tropical marine ecosystem of India, which supports diverse flora and fauna is a suitable environment for echiniculture, and the future research needs to be focused to find out the potential species and developing techniques for their aquaculture. The present investigation analysed the landings of echinoderms in the Gulf of Mannar and Palk Bay along the south-east coast of India and also studied the gonadal maturity of two species of sea urchins viz., *Salmacis virgulata* and *Temnopleurus toreumaticus* in order to assess their suitability for echiniculture. *S. virgulata* and *T. toreumaticus* formed 70 and 30% respectively of the sea urchins landings at Vedalai and Pampan landing centres. The overall sex ratio of both the species did not deviate significantly from 1:1. In *S. virgulata* the mean monthly gonad index was highest (9.62±0.46) during September 2014 and for *T. toreumaticus*, the peak GSI was observed during December 2013. Further studies on captive maturation and breeding are needed to explore the potential of these species for echiniculture.

Keywords: Diversity, Echiniculture, Echinoid, Roe, Gonadal maturity, Sea urchins

The phylum Echinodermata, an exclusive marine phylum, comprises approximately 7,000 living species, which are found from the intertidal area to the deep sea bed. Five extant classes of echinoderms are universally recognized viz., Asterozoa (sea stars and starfish), Ophiurozoa (brittle stars, serpent stars and basket stars), Echinozoa (sea urchins, sand dollars and heart urchins), Holothurozoa (sea cucumbers) and Crinozoa (sea lilies, and feather stars). There are nearly about 800 echinoid species found in the seas and oceans of the world. These are commercially important organisms and in many countries, aquaculture of echinoids is being carried out to harvest the gonad, known as “roe”, which is a delicacy in countries like Japan and France.

Sea urchins are omnivorous animals who live on the ocean floor, feeding on small crustaceans, fish offal, but mainly seaweed (Smith, 1980). They feed on the food material using their teeth “Aristotle lantern” located on the oral side of the test. Edible sea urchins are primary consumers in the coastal rocky-bottom ecosystems and their main diet is marine algae (de Ridder and Lawrence, 1982).

The reproductive system of the sea urchins consists of five lobes in both testis and ovary and are referred to as roe, which serve as the source of eggs or sperm, as well as the main nutrient storage organ (Bruce, 1988). Gonads generally tend to be bright orange in colour in females and light yellow in males (Lewis, 1958). The “roe” of sea urchins have been consumed by humans since pre-historic times in many countries around the world and are considered to be good source of protein and lipids (Chen, 2013). ‘Roe’ of about 20 species of sea urchins are consumed in the world. It is a prized delicacy in Japan and in retail markets, it is sold at as high as US\$ 600 kg<sup>-1</sup>. In 2009, the world export of sea urchins crossed US\$ 200 million with Japan importing about 97% of the global production. In Japan, sea urchins roe are eaten not only as high-priced sushi and sashimi, but also as canned, bottled and pouched products. France is the world’s second largest consumer of sea urchins roe, consuming around 1000 t per year (Hagen, 1996).

Among the 800 extant species of echinoids, 150 are found along Indian coastline (Venkataraman and Wafer,

2005) and among them, 105 species are found along the east coast of India with 30 species recorded along the coast of Tamil Nadu. The Gulf of Mannar and Palk Bay situated along the south-east coast of India, supports a variety of marine flora and fauna due its coral reef based ecosystem. The present investigation aimed to analyse the landings of sea urchins in the Gulf of Mannar and Palk Bay and also to study the gonadal maturity of two species of sea urchins in order to assess their suitability for echiniculture attempts in future.

In the present study, samples of sea urchins species available in Gulf of Mannar and Palk Bay region of the Bay of Bengal were collected for a period of one year (from October 2013 to September 2014) and they were reared in the onshore mariculture facility at the Mandapam Regional Centre of ICAR-Central Marine Fisheries Research Institute (ICAR-CMFRI) in order to analyse the gonadal index. Sea urchins landed by bottom set gill net at Vedalai Landing Centre as well as from trawl landings at Pampan Landing Centre were used for the purpose of quantification and to study species composition. For biological studies, samples collected from bottom set gill net catches were used. Colour of the gonad was used to choose the potential species for gonadal studies. Among the three soft bottom species of sea urchins *viz.*, *Temnopleurus toreumaticus* (Leske, 1778), *Salmacis bicolor* L. Agassiz in L. Agassiz & Desor, 1846, *Salmacis virgulata* L. Agassiz in L. Agassiz & Desor, 1846, *S. bicolor* was neglected owing to its dark grey gonad colour. The gonads of *S. virgulata* and *T. toreumaticus* are orange yellow in colour, hence highly suitable as a source of edible roe and hence for further aquaculture research studies (Fig. 1). Samples of two sea urchins species *viz.*, *S. virgulata* and *T. toreumaticus* were collected fortnightly for gonadal studies and were sacrificed in order to assess the gonadosomatic index (GSI). Gonad weight was compared with the total drained weight of the whole urchin to arrive

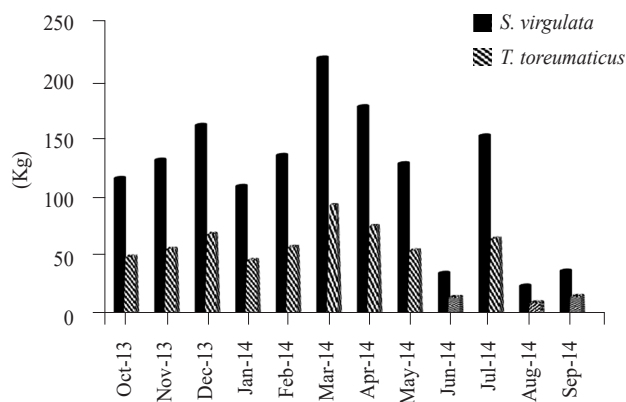


Fig. 1. Temporal variations in the landings of *S. virgulata* and *T. toreumaticus* from Vedalai Landing Centre (Bottom set gillnet)

at the GSI (Muthiga and Jaccarini, 2005; Vaitilingon *et al.*, 2005) as follows:

$$\text{GSI (\%)} = \frac{\text{Wet weight of gonadi (g)}}{\text{Total weight of sea urchins (g)}} \times 100$$

The mean GSI of *S. virgulata* and *T. toreumaticus* were analysed using one way ANOVA to find the differences in the mean of the GSI are statistically significant for both the species. Tukeys post hoc test was also used to compare the mean GSI of *S. virgulata* and *T. toreumaticus*. The sex ratio was calculated as the number of male sea urchins divided by the number of females and Chi-squared goodness-of-fit tests was used to see if the overall proportion of males and females deviated significantly from 1:1 (Zhao *et al.*, 2010).

Among the 264 species of echinoderms reported from the Gulf of Mannar, regular sea urchins diversity stands at 24. Among the different species of sea urchins collected *viz.*, *Stomopneustes variolaris* (Lamarck, 1816), *Echinometra mathaei* (Blainville, 1825), *Temnopleurus toreumaticus* (Leske, 1778), *Salmacis bicolor* L. Agassiz in L. Agassiz and Desor, 1846, *Salmacis virgulata* L. Agassiz in L. Agassiz and Desor, 1846 and *Toxopneustes pileolus* (Lamarck, 1816), only two species *viz.*, *S. virgulata* and *T. toreumaticus* were available in considerable number in landings throughout the year. Among these, *S. variolaris* and *E. mathaei* are rock boring urchins and are not suitable for captive rearing, however their gonads are traditionally consumed by fishermen of Gulf of Mannar. *T. pileolus* is a toxic sea urchins, having venom and hence it is also not suitable for culture.

The two species of sea urchins *viz.*, *S. virgulata* and *T. toreumaticus* formed 70 and 30% respectively in the sea urchins landings at Vedalai and Pampan landing centres during the study period. The average monthly landing of *S. virgulata* in trawl and bottom set gill net was 352 and 118 kg respectively. Whereas, the average monthly landing of *T. toreumaticus* was 151 and 51 kg respectively in bottom set gill net landings. Monthly variations in landings of *S. virgulata* and *T. toreumaticus* at Vedalai and Pampan landing centres are depicted in Fig. 1 and 2 respectively.

The overall sex ratio of both the species, *S. virgulata* and *T. toreumaticus* did not deviate significantly from 1:1. The gonadosomatic index (GSI) which measures the relative changes in weight of the gonads over time, was used to assess sexual maturity in sea urchins as early as 1934 (Moore, 1934) and is based on the assumption that maturation and breeding coincide with maximum gonad weight. The five clear lobes of the ovary in *S. virgulata* and testis in *T. toreumaticus* are shown in Fig. 3a and b. Monthly variation in the GSI of *S. virgulata* during the 12 months study period is presented in Fig. 4. In *S. virgulata* the mean monthly gonad index was highest (9.62±0.46) during September 2014, and the lowest GSI

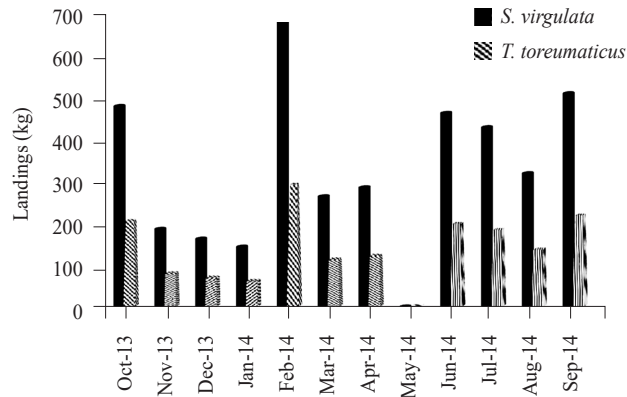


Fig. 2. Temporal variations in the landings of *S. virgulata* and *T. toreumaticus* from Pampan Landing Centre (Trawl net)

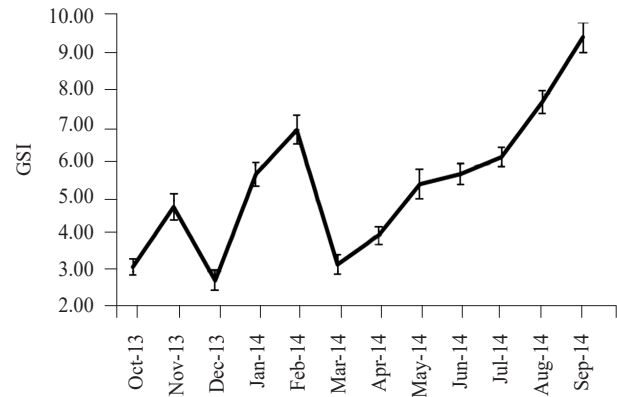


Fig. 4. Temporal variations in the GSI of *S. virgulata* from Gulf of Mannar

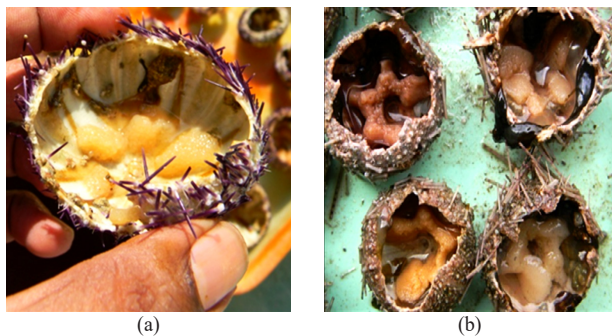


Fig. 3. Gonads of sea urchins (a) Ovary of *Salmacis virgulata*; (b) Testes of *Temnopleurus toreumaticus*

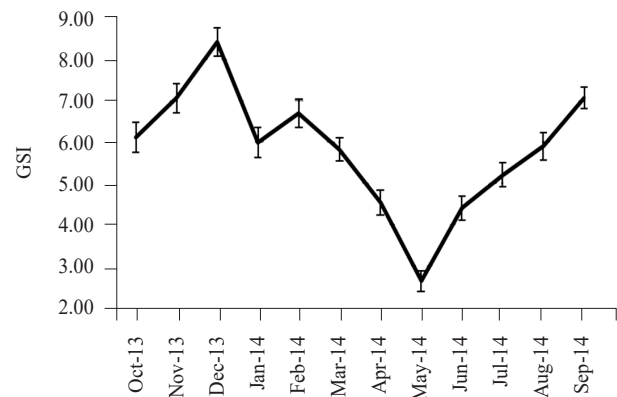


Fig. 5. Temporal variations in the GSI of *T. toreumaticus* from the Gulf of Mannar

was recorded in December 2013 ( $2.77 \pm 0.29$ ). Similarly for *T. toreumaticus*, the peak GSI was observed during December 2013 (Fig. 5), which could be the peak spawning season of this species. One way ANOVA of GSI within sea urchin species evidenced statistically significant variation among different months of the study period, however further students 't' test revealed that the pattern of variation between the two species was not significantly different. In the present study, in Gulf of Mannar, the populations of *S. virgulata* and *T. toreumaticus* showed one peak spawning period during the north-east monsoon. Further the GSI data revealed that there is a prolonged spawning from October to January for *S. virgulata* and from November to May for *T. toreumaticus*.

Species richness was found to be higher in Gulf of Mannar than Palk Bay with respect to sea urchins in spite of the abundance of sea grass bed in Palk Bay. This is mainly attributed to the vast coral reef ecosystem found around the 21 islands in Gulf of Mannar, which is absent in Palk Bay (Venkataraman *et al.*, 2013). However, in India as a whole and Gulf of Mannar in particular, there is no exclusive fishery for sea urchins and a significant amount is landed by commercial fisheries as bycatch. Only in selected pockets

of coastal India, fishers target the collection of sea urchins for their personal culinary use. It has been reported that the fishermen of Muttom coast in Kanyakumari District, south-east coast of India, collect the sea urchins species, *Stomopneustes variolaris* and sell to star hotels located in neighbouring Thiruvananthapuram City in Kerala (James 1983, 1990 and 1993).

The key factor in the reproductive biology of sea urchins is its GSI, which varies from less than 1% to as high as 20% of the total body weight of the urchin in the wild, but for cultured sea urchins, GSI values has been recorded as high as 35% of the body weight (James and Siikavuopio, 2012). Various factors that influence the GSI are feed availability, environmental conditions (*e.g.* daylight period, water temperature and presence/absence of water currents) and the reproductive cycle of the urchin. The aquaculture potential of sea urchins is directly related to its GSI. In the present study, the GSI of wild caught *S. virgulata* and *T. toreumaticus* varied from 2 to 10 and there appears to be potential for further research on gonad enhancement in these species through feeding of compounded feeds.

The global sea urchins trade, dependent on wild harvest since its beginning, has realised its demerits due to overexploitation, which forced various countries to develop a sustainable harvesting method of these resources through wild stocking, land-based culture and sea-based cage culture. Results of the present study indicated that the two species of sea urchins *S. virgulata* and *T. toreumaticus* available along the south-east coast of India could be candidate species for echinoid aquaculture. The vast coastal waters of the country offer suitable environment for the sea based cultivation of sea urchins in India. The higher market value for sea urchins roe guarantees that any aquaculture attempts would be economical and profitable. However further research on captive maturation and breeding of different species is needed so as to bring the important sea urchins species of our waters in the cultivable species list.

### Acknowledgements

We sincerely acknowledge Dr. A. Gopalakrishnan, Director, ICAR-CMFRI, Kochi for the constant motivation and inspiration towards this work.

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Date of Receipt : 01.03.2017

Date of Acceptance : 08.07.2017