

This article has been published in whole in *Maced J Med Sci.* 2014 Jun 15; 7(2):303-308.

Open Access Macedonian Journal of Medical Sciences. 2014 Jun 15; 2(2):303-308.

<http://dx.doi.org/10.3889/oamjms.2014.051>

### Case Report

# Maxillary Osteomyelitis Caused by *Apophysomyces Variabilis* - Emerging Trends

Neeraj Sharma<sup>1\*</sup>, Hemant Batra<sup>1</sup>, Manjula Mehta<sup>1</sup>, Jagdish Chander<sup>2</sup>

<sup>1</sup>Dr. Hsj Institute of Dental Sciences, Panjab University, Chandigarh 160014, India - Department of Oral Medicine and Radiology, sector 25 Panjab University Chandigarh, Chandigarh 160014, India; <sup>2</sup>Govt Medical College and Hospital, Sector 32 – Microbiology, Chandigarh, India

## Abstract

**Citation:** Sharma N, Batra H, Mehta M, Chander J. Maxillary Osteomyelitis Caused by *Apophysomyces Variabilis* - Emerging Trends. *OA Maced J Med Sci.* 2014 Jun 15; 2(2):303-308. <http://dx.doi.org/10.3889/oamjms.2014.051>

**Key words:** Osteomyelitis; mucormycete; *Apophysomyces variabilis*; fungal diseases; zygomycosis.

**\*Correspondence:** Prof. Neeraj Sharma. Dr. Hsj Institute of Dental Sciences, Department of Oral Medicine and Radiology, sector 25, Panjab University, Chandigarh 160014, India. Phone: +91 7696008656.

E-Mail: [neerajsh2003@gmail.com](mailto:neerajsh2003@gmail.com)

**Received:** 26-Nov-2013; **Revised:** 06-Feb-2014; **Accepted:** 08-Feb-2014; **Online first:** 24-Apr-2014

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**Competing Interests:** The authors have declared that no competing interests exist.

In the maxillofacial skeleton, chronic osteomyelitis is more often observed in the mandible than maxilla. Maxillary osteomyelitis is rare because of its rich blood supply. It is usually seen in individuals with impaired immune response, uncontrolled diabetes and hospitalized patients. It can be caused by bacterial, fungal or viral infections. We report a rare case of maxillary osteomyelitis caused by an emerging mucormycete, *Apophysomyces variabilis*.

## Introduction

Osteomyelitis of maxilla is a very rare pathology, the gravity of which was appreciated by Hippocrates as long ago as the 5th century BC [1]. It is seen less frequently because maxillary blood supply is more extensive as compared to the mandible. Thin cortical plates and a relative paucity of medullary tissue in the maxilla preclude confinement of infections within bone and permit the dissipation of edema and pus into the soft tissues and the paranasal sinuses [2].

The pathogenesis of osteomyelitis may be induced either by hematogenous origin or by dissemination of local infections, and its treatment involves removal of bone sequestra, lesion debridement, and bone decortication associated with systemic antibiotic therapy [3, 4]. The occurrence,

type, severity and clinical prognosis of osteomyelitis depend upon several factors, including the characteristics and virulence of the infecting pathogen, host immune response and source of infection [5]. However, in some patients, these infections are refractory to surgery and antibiotic therapy [3], requiring an adequate microbiological diagnosis [4, 6].

In most of the cases the causative organism is *Staphylococcus aureus* or *Staphylococcus epidermidis*. Occasionally, anaerobic or microaerophilic cocci and Gram-negative organisms such as *Klebsiella*, *Pseudomonas* and *Proteus* spp., are found in association with the other pathogens. Fungal osteomyelitis is mostly caused by *Aspergillus*, *Mucor* spp [7]. Here, we report a case of bilateral maxillary osteomyelitis caused by *Apophysomyces variabilis*.

## Case report

A 32 year old male reported to the department of oral medicine and radiology with a six-month history of a non-healing wound in the maxilla. There was a history of pain in upper right back area seven months ago. He went to a private dentist who extracted his maxillary right third molar. There was no history of fever, purulent discharge, paraesthesia or foul odor.

The patient reported that even after extraction there was no relief from pain but instead it had started radiating to the anterior region of right maxilla. The site of extraction did not heal even after taking repeated courses of antibiotics. Patient then went to the private hospital where a CT scan was taken. He was then treated with empiric intravenous antibiotics for a period of 14 days and oral antibiotics thereafter for a period of 1 month. There was slight relief from pain.



Figure 1: Intra oral view showing exposed necrotic bone in 16, 17 region.

At the time of presentation to our hospital, the medical history of the patient was non-contributory and the vital signs were stable. There were no risk factors for human immunodeficiency virus infection or tuberculosis. A nasal twang was noticed in the patients' voice. Inspection revealed a diffuse irregular swelling on the both sides of the maxilla.

Intra oral examination revealed a mucosal defect in the right maxillary molar region, with exposed necrotic bone in 16, 17 region (Figure 1). All maxillary teeth (17-27) were mobile. The right maxillary third molar was missing. Spacing was noticed between 11 and 21. Diffuse swelling was noticed on the hard palate (Figure 2).



Figure 2: Edema seen over the palate.



Figure 3: Past CT scan showing mid palatal dehiscence and break in the continuity of the lateral and medial walls of the bilateral maxillary sinus in the affected area.

Past medical records were assessed. The past CT scan (taken 5 months back) showed dehiscence of the mid-palatal suture (Figure 3) and break in the continuity of the lateral and medial walls of both maxillary sinuses. Polyps were also noticed in bilateral sinuses. The patient was asked to undergo a new set of investigations including CT scan, biochemical investigations, biopsy, and culture sensitivity.

The present CT scan showed marked destruction of maxillary alveoli with enhancing soft tissue density extending into bilateral maxillary sinuses and left nasal cavity. Bony resorption of the posterolateral wall of bilateral maxillary sinuses was also evident (Figure 4, 5).



Figure 4: New CT scan showing marked destruction of the palate (coronal view).

Biochemical investigations revealed normal blood sugar levels. Fasting blood sugar was 90 mg/dl & postprandial blood sugar level was 138 mg/dl. Routine blood investigations revealed - hemoglobin 14 gm%, total leukocyte count - 17,500/ $\mu$ l, serum electrolytes:- total calcium - 10 mg/dl, chloride - 98 mEq/l, potassium - 4.2 mEq/l, sodium-138 mEq/l and creatinine - 1 mg/dl.

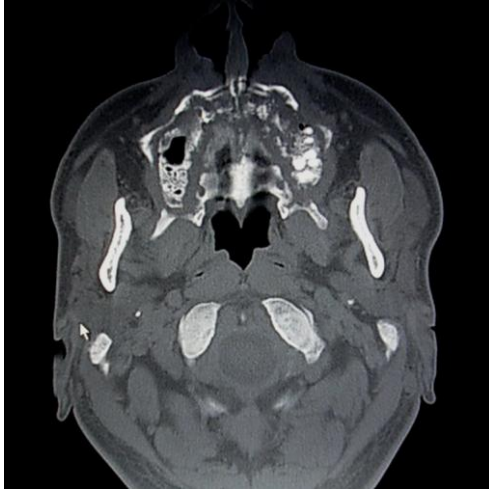


Figure 5: Axial view showing osteolytic lesion involving bilateral maxilla.

Among the clinical differential diagnosis we considered osteomyelitis (fungal) secondary to traumatic extraction, pre-existing fungal sinusitis which was now involving the surrounding bone, squamous cell carcinoma of maxillary sinus, malignant salivary gland tumor arising from the accessory glands of the palate, Wegener's granulomatosis, bone necrosis as an extension of infections such as acute necrotizing ulcerative gingivitis (ANUG) from the gingiva to bone.

A biopsy of the involved tissue was taken. Hard tissue specimen along with the adjacent soft tissue was excised under local anesthesia and sent for histopathological examination. The culture and sensitivity tests were also performed.



Figure 6: Floccose, white, fungal colonies of a mucormycete on Sabouraud dextrose agar.

Routine bacteriological cultures of the debrided tissue yielded *Pseudomonas aeruginosa* and *Staphylococcus aureus*. Cultures of debrided tissue on Sabouraud dextrose agar containing chloramphenicol and on Sabouraud dextrose agar containing chloramphenicol and cycloheximide yielded floccose, white to dirty-white, fast-growing fungal colonies of a mucormycete (Figure 6). The plates were incubated at 37°C in the dark for 7 days. Direct microscopy showed evidence of broad, aseptate, or sparsely septate ribbon-like hyphae with right-angled branching in stained sections of tissue specimens. The apophyses were dark, funnel or champagne glass shaped (Figure 7). The isolates were identified as *Apophysomyces elegans* Complex on morphological basis. The mold did not sporulate when subcultured on several routinely used mycological media.

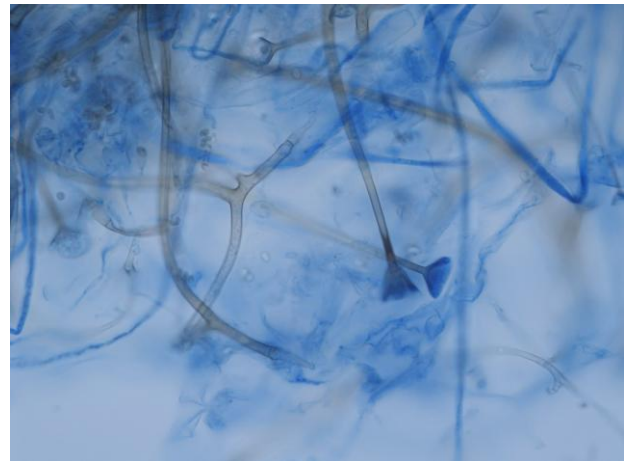


Figure 7: Lactophenol cotton blue staining of culture isolate demonstrating sporangiophores terminating in funnel-shaped apophyses. (magnification, x 400).

The isolate was then sent to the Universitat Rovira i Virgili (Reus, Spain) for molecular analysis and was found to be *Apophysomyces variabilis*. (Gene bank accession no for the isolate is HE792980).

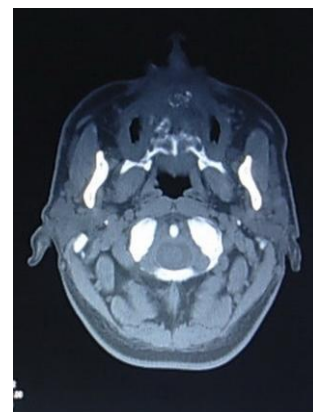


Figure 8: Post operative CT scan after debridement of the lesion (axial view).

The final diagnosis of maxillary osteomyelitis caused by *Apophysomyces variabilis* was made. The lesion was surgically debrided under general

anesthesia. He was started on amphotericin B 0.8mg/kg/day intravenously (i.v.) for two weeks. It was slowly infused over 4-6 hours and blood urea and creatinine levels were monitored as the drug can cause renal toxicity. Cefepime (i.v.) 50mg/kg body weight 12 hourly was also prescribed for ten days. CT scan was repeated again after debridement (Figure 8).



Figure 9: Post operative clinical photograph.

Follow-up clinical examination up to one year showed no evidence of persistent infection (Figure 9).

## Discussion

Chronic osteomyelitis is a relapsing and persistent infection that evolves over months to years and is characterized by low-grade inflammation, presence of bone sequestra, new bone apposition and, sometimes fistulous tracts [8]. Odontogenic infection is the most common cause of osteomyelitis of the jaws, although other causes including injury, malnutrition, diabetes mellitus, malignant tumors, corticosteroid therapy, immunosuppressive drugs, leucopenia, chronic systemic and infectious diseases occurring in hypovascularized bone may be associated with this condition [9-11].

The most common presenting signs and symptoms of maxillary osteomyelitis include fever, headache, sinusitis, facial pain and swelling, mucosal ulceration and/or necrosis. Radiographic feature is an ill-defined osteolytic lesion with loss of lamina dura. Diagnosis is based on clinical picture revealing the invasive course of the disease and by culture and histopathology. In our case also, the clinical signs and radiographic features did not vary from the other usual causes of maxillary osteomyelitis. Routine culture on Sabouraud dextrose agar containing chloramphenicol helped to identify *Apophysomyces* species.

*Apophysomyces* is a member of the fungal class Mucormycetes, order Mucorales. Although mucormycetes are ubiquitous environmental pathogens, disease from *Apophysomyces* is rare. In a

study it has been proved that *A. elegans* could not be isolated from hospital environment [12]. It is an emerging pathogen that, unlike the other members of Mucorales, has been reported to cause invasive cutaneous, renal, abdominal and rhino-orbitocerebral infections in immunocompetent individuals [13]. The infection typically follows traumatic implantation of the agent but may also result from inhalation of spores into the sinus [14, 15].

Excellent mycelial growth is seen on standard culture media (Sabouraud's dextrose medium). It grows as a floccose aerial mycelium, demonstrating white to grey confluent growth in 2 days on standard culture medium [16]. A special nutrient-deficient growth medium, a high temperature of incubation and prolonged incubation can be used to induce *A. elegans* isolates to sporulate [13, 16-18]. *A. elegans* is a thermotolerant fungus that is capable of rapid growth at 24-43° C in vitro [10, 19, 20] and it is believed that this thermotolerance permits fungal proliferation in deep tissues. Although no specific virulence factors have yet been identified for this organism, it produces disease in much the same way as the other mucorales, with tissue and angio-invasion [16].

The KOH wet mount can also be done which demonstrates broad aseptate hyphae with right-angled branching. The growth obtained on culture are identified by colony characteristics, lactophenol cotton blue preparation and slide culture. For sporulation, agar flotation method is used *i.e.* one cm SDA agar blocks permeated with hyphae and accompanying aerial hyphae are cut and placed on surface of sterile water-yeast extract solution [21].

*Apophysomyces elegans* Complex now includes four species - *Apophysomyces elegans*, *A. ossiformis*, *A. trapeziformis* and *A. variabilis* - with genetic, physiological and morphological differences [21]. The differences in morphology of sporangiophores and sporangiospores correlate with the different phylogenetic species. The strains of *A. variabilis* show morphological diversity. The sporangiospores range from broadly clavate to ellipsoidal with flattening on one side. The strains of *A. elegans*, show ovoid, subspherical, broadly ellipsoidal to barrel shaped sporangiospores and are the largest among the different species in the complex. The sporangiospores of *A. trapeziformis* are trapezoidal and smaller while those of *Apophysomyces ossiformis* are thick-walled and clearly biconcave (bone-shaped) [22, 23].

Aggressive management including surgical intervention with or without medical therapy is required for the treatment of *Apophysomyces* spp. infections [14]. Surgical removal of infected tissue provides a more definitive treatment, while the response to amphotericin B is variable at best. Liposomal encapsulation of amphotericin may facilitate deposition of the drug into the

reticuloendothelial system and higher dose concentrations in the central nervous system, resulting in increased efficacy. It also appears to enhance delivery to fungi, infected organs, and phagocytes [24]. The toxicity is decreased significantly enabling higher dosages to be administered. Posaconazole, a new triazole, can be a good alternative in patients with amphotericin B associated toxicity. The initial dose of 200 mg four times a day can be changed to 400 mg twice a day once the patient is clinically stable and is tolerating the medication. Advantages of this medication are its oral formulation, a favorable safety profile, an adequate oral bioavailability and good tolerance, which makes it much easier to manage the patients on an ambulatory basis once they are clinically stable [25].

Although most cases of infection with *A. variabilis* fungi have been reported in India [14], infections with this fungus may have a wider distribution. A recent study demonstrated that this species represented 0.5% of fungi of the order Mucorales isolated from clinical samples in the United States [26]. *Apophysomyces* can cause cutaneous, renal, abdominal, rhino-orbito-cerebral and disseminated infections in the host. Furthermore, a high mortality rate and the fact that most of these infections involve otherwise healthy patients make this a serious infection.

In our case, along with *Apophysomyces* sp. we were also able to culture *Staphylococcus aureus* and *Pseudomonas aeruginosa*. Mixed anaerobic infections are common in osteomyelitis, especially in jaw infections. Several fastidious strictly anaerobic bacteria commonly present in the dental biofilm can be detected, suggesting that the source of infecting pathogens in osteomyelitis of the jaws is likely to be gingivitis, chronic periodontitis, previous dental extractions or endodontic treatments [4, 5, 27]. Also pathogens different from those of the oral microbiota may reach the bone tissues through transient bacteremia, which are common after surgical procedures or traumas [28, 29]. We could however not ascertain the route of fungal infection which could have been either iatrogenic (following extraction) or due to inhalation of spores.

Our patient's case stresses the relevance of *Apophysomyces elegans* Complex as an emerging mucormycosis especially in the tropical and subtropical regions. A lack of awareness about fungal infections in most centers of developing countries underestimates its importance. It is a requirement that in an immunocompetent patient with maxillary osteomyelitis from tropical areas, one should rule out *Apophysomyces* infection. While the clinical presentations, outcomes and treatment strategy of osteomyelitis caused by this fungus are similar to other infections, this emerging trend of fungal infection emphasizes the need to be cognizant that mucormycosis may occur in an immunocompetent host, especially following trauma or extraction.

## Acknowledgments

The authors would like to thank Dr. Josep Guarro, Mycology Unit, Medical School and IISPV, Universitat Rovira i Virgili, Reus, Spain for helping with the molecular analysis of the specimen.

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