

# Validation of Finite Element Analysis for a New External Finger Fixator to Correct Flexion Deformity – A Preliminary Result

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**Abstract** — The purpose of this study is to validate of a new external finger fixator components by using finite element analysis (FEA). The new external finger fixator consists of proximal, middle and distal phalanges support sections and means for rigidly connecting each support to a hinge and its corresponding attached to phalanx through the movements of flexion or extension. The results from the analysis found that the entire components of the fixator conform to the performance based on the requirements for general duty (500 N load applied on uniformly distributed load). This analysis shows that the new external fixator is able to restore full function and dynamic range of motion for patients with flexion deformity at the finger joints without failure.

**Keywords** — External finger fixator, Finite element analysis, flexion deformity, phalangeal bone

## I. INTRODUCTION

Nowadays finite element analysis have been applied comprehensively with much success in the analysis of orthopaedic devices [1,2,3,4,5]. This kind of analysis will show how models can be constructed for the optimal solution of problems in contact mechanics. New development in this analysis is of supreme importance in the design for a new external finger fixator. Basically, this device relates generally to the treatment of contractures of a skeletal joint and more particularly to an external fixation device for allowing the fingers joint to be flexed or extended by the patient actively or passively and maintain its alignment in the natural axis of rotation for managing contractures or fractures of the fingers. A simple external finger fixator has been developed using small threaded pins which are inserted on both side of the respective bone, and which are connected by a fixation device comprising an articulated joint permitting, under medical supervision, a natural movement of the articulation. In order to affirm that the new fixator can actually withstand the subjected load (occurs from the stiffness joint), finite element analysis was produced to validate the performance of each component rather than on physical testing.

## II. METHODOLOGY

### A. Geometry of the new external fixator

The new external finger fixator consist of proximal, middle, and distal bracing segment which are adapted to stay in site relative to one another, for example as shown in Fig. 1. The design of the new external finger fixator was made through some revision to improve from the previous external finger fixator by Siow *et al* [6]. The geometry of each part was modeled by using Computer Aided Design (Pro-Engineer® version 3.0, PTC, Needham, MA) software and all parts for each component were imported into the solid modeller, ABAQUS/CAE 6.7 software enabling the finite element mesh to be generated for each component.

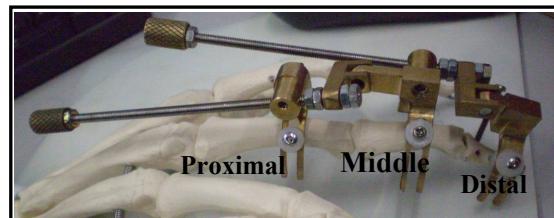


Fig. 1 The new external finger fixator consists of distal, middle, and proximal bracing segment which constructed on the skeleton model

### B. FE Mesh creation

Compared with physical testing, FEA offers a number of significant advantages in parameter studies, such as in internal stress analysis [7]. Using currently available software, the analyst has great flexibility in meshing, but must set element sizes and fine-tuning throughout the domain. All assumptions need to be simple to keep the FE models controllable, not only from the viewpoint of the complex geometries, but also in view of the computational working environment. From Fig. 2, distal part was applied to an automatic procedure of FE meshing with a quadratic mesh element base from the geometry model build in CAD drawing.

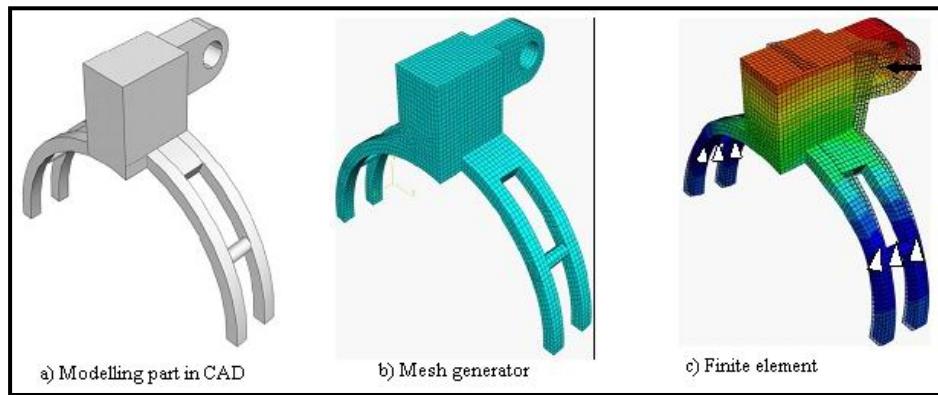


Fig. 2 Procedure from CAD modeling of distal part to finite elements.

### C. Loading and Material Properties

To facilitate the convergence tests, simplified loading, constraints and material properties were applied. Each of the components was modeled as a linear geometry model and were represented by 4-noded quadrilateral elements which defined internally by ABAQUS 6.7. All the components were made from medical grade stainless steel (316 L) and their properties were included into the calculation (Table 1). Table 2 shows the loading, loading direction and where the constraint applied during analysis. In terms of the finger force, many researchers have studied tendon forces of the finger in various actions such as gripping and pinching [8,9,10] using 2D or 3D biomechanical finger models. A uniformly distributed load of total 50N is initially applied at each section which results at a maximum deflection. The

50N load is actually the maximum grip force for each finger joint as described in several literatures [11,12,13]

### III. RESULTS

Each part of the new external finger fixator was applied 50N of load at a certain direction to determine the maximum deflection and stress distribution. From the results obtained from the simulation shown that there was a very small deflection occurs and the stress distribution was adequate to confront the flexion deformity (Fig. 3 and Fig. 4). The displacement for each part did not exceed 5 mm of deflection and the maximum stresses that occurred were still below the ultimate tensile strength for a given force as shown in the Table 3 and Table 4 respectively.

Table 1 Material Properties of the new external finger fixator

Properties	316 steel
Density (kg/m <sup>3</sup> )	8000
Tensile strength, Ultimate (MPa)	515
Tensile strength, Yield (MPa)	205
Modulus of Elasticity (GPa)	193
Poisson's Ratio	0.25

Table 2 Loading and constraint for each part of a new external finger fixator

No	Part	Loading (N)	Constraint (x=0 y=0 z=0)	Loading direction (L-section)
1	Distal	50	C - section	z-axis direction
2	Rod holder	50	D - section	z-axis direction
3	Middle	50	C - section	z-axis direction
4	Proximal	50	C - section	z-axis direction
5	Turning rod	50	F - section	y-axis direction

Table 3

Components	Maximum deflection (mm) (in Z-axis direction)
Distal	0.414
Rod holder	0.037
Middle	0.003
Proximal	0.511
Turning rod	5.127*

\*Force is in Y-axis direction

Table 4: Maximum Von mises stress of the new external finger fixator for each component

Components	Maximum Mises Stress (MPa) (in Z-axis direction)
Distal claw	1204
Rod claw holder	237.4
Middle claw	53.01
Proximal claw	1313
Turning rod	3768*

\*Force is in Y-axis direction

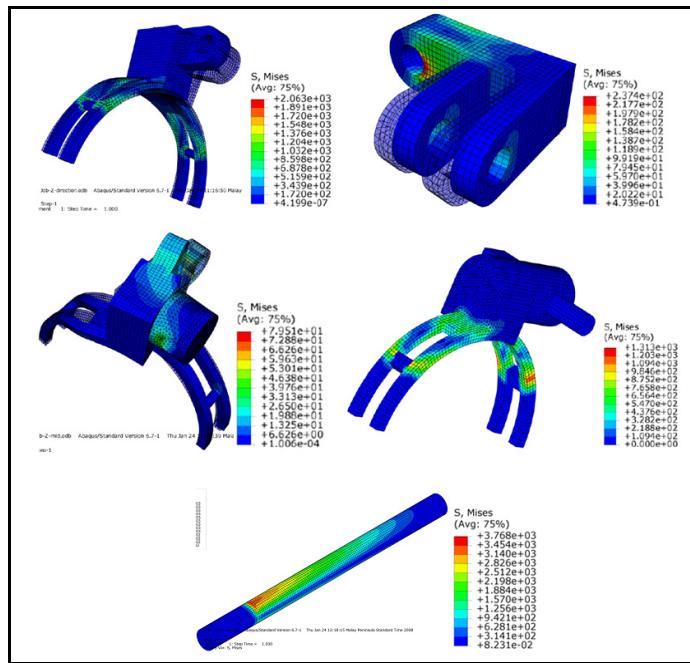


Fig. 3 Deflection at each component of the new external finger fixator (a) Distal part, (b) Rod holder, (c) Middle part, d) Proximal part and (e) Turning Rod

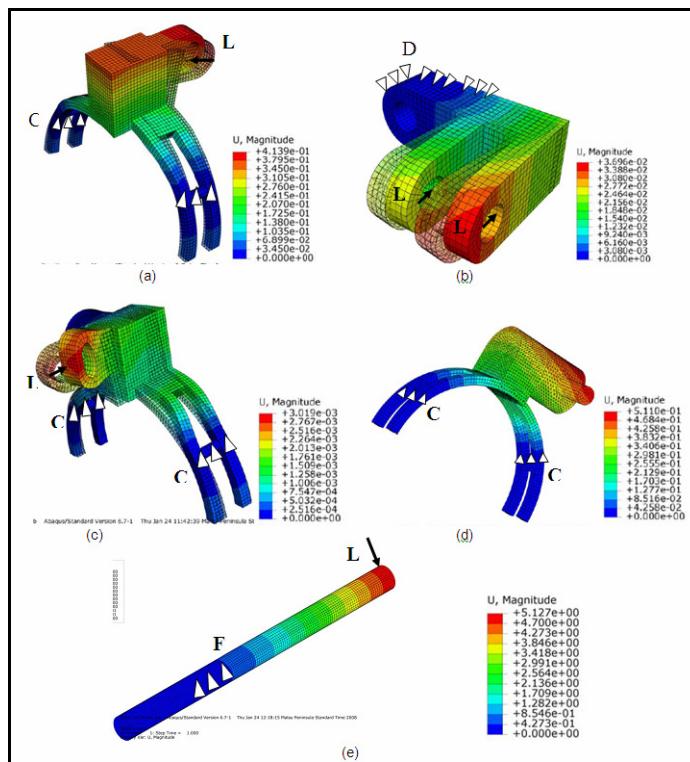


Fig. 4 Stress distribution at each component of the new external finger fixator (a) Distal part, (b) Rod holder, (c) Middle part, d) Proximal part and (e) Turning Rod

#### IV. DISCUSSION AND CONCLUSIONS

Finite element analysis (FEA) is one of the useful investigative tools that using numerical method for solving many engineering problems such as thermal transfer, fluid flow, structural analysis, and electromagnetic potential. Huiskes and Chao [14] had reviewed that the first application of FEA in orthopaedics was in 1972 [15]. Since then finites elements have proved to be an invaluable tool in orthopae-dics design, being widely used in Biomechanics [16, 17] with many different purposes. Finite element analysis was used to investigate the strength and stress distribution to the new external finger fixator after subjected to a maximum load. The analysis was made to each part and the results shows that each component can withstand the maximum finger joint force comparably with the previous testing on cadaver specimen [18]. This research was actually look into the potential in each individual component. However, reality the working system should be in a complete device and this kind of analysis by taking into consideration of other biological factor such as phalangeal bone and soft tissue will be in fourth coming research.

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