

# The role of co-culture systems on developmental competence of preimplantation mouse embryos against pH fluctuations

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## Abstract

**Purpose** To determine the effect of pH fluctuations of culture media, and the role of co-culture systems on embryo development.

**Methods** Mouse embryos were incubated in phosphate buffered solutions (PBSs) with different pH for various lengths of time. After 3 h incubation of embryos at various pH, the embryos were transferred into four media with human (HEF) and mouse (MEF) embryonic fibroblast cells, and without feeder cells; HTF and MEM- $\alpha$ . Developmental rate at day three (morula), four (expanded blastocyst) and five (hatching or hatched blastocyst) was evaluated.

**Results** Developmental rate at day three, four and five decreased when the incubation time at pH 6.2 and 8 increased to 3 h and more. In addition, significantly less

embryos incubated at pH 6.2 and 8 developed to hatching and hatched blastocysts compared with pH 7.35. Embryos incubated at pH 6.2, co-cultured with MEF or HEF showed a significant improvement ( $P < 0.05$ ) at day three in HEF compared to HTF, and at day five in MEF compared to HTF. At pH 8, a significant improvement ( $P < 0.05$ ) was observed at day five in HEF and MEF compared to MEM- $\alpha$ .

**Conclusions** Mouse 2-cell embryos could tolerate minor pH fluctuations, but that major pH changes affect subsequent development. Besides, feeder cells could improve embryo development, especially when embryos are prone to rise or fall in pH.

**Keywords** Preimplantation embryo · pH · Co-culture · Mouse · Development

**Capsule** Mouse embryos were incubated in various pH solutions and co-cultured with embryonic fibroblasts. The developmental rate in co-cultured embryos was higher especially at acidic pH.

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## Introduction

Fertilization and embryo development in vivo occur in appropriate conditions in mammalian reproductive tract. Whereas in practical methods used to achieve pregnancy in assisted reproductive technology (ART), embryos and oocytes are exposed to various amounts of physical environmental factors such as room temperature, visible light, O<sub>2</sub> pressure, and pH fluctuations that may affect embryo development in vitro. During oocyte retrieval, examination and manipulation under the microscope and during embryo transfer, mammalian oocytes and embryos are subject to broad pH changes of the bicarbonate-buffered systems as a response to changes in the environmental CO<sub>2</sub> [1, 2].

Most cell types are relatively permeable to H<sup>+</sup> and are able to regulate their intracellular pH by mean of plasma membrane proteins, which transport H<sup>+</sup> or bicarbonate across the membrane in response to perturbation of

intracellular pH. Mouse preimplantation embryos at 2-cell stage do not appear to possess specific pH regulatory mechanisms for relieving acidosis [3]. Internal pH ( $\text{pH}_i$ ) is relatively maintained constant and is regulated without any effects by external pH in physiological ranges (7.20–7.80), but in attendance of weak acids such as lactate, an essential component of embryo culture media, pH of early embryo will be perturbed. In contrast, compacted embryos are capable of regulating  $\text{pH}_i$  when challenged with an acid load [4]. In contrast to mouse embryos, hamster 1-cell embryos could not recover from an intracellular rise in pH, resulting in a reduced ability of embryos to develop to the morula/blastocyst stage in vitro [5]. However, alleviating from alkalosis or acidosis in pre-embryos has been shown to be related to the strain of mice as well [6]. Although some studies have addressed the effects of external pH on  $\text{pH}_i$  of mouse [6], hamster [5], and human [7] embryos, the developmental competence of mouse embryos; as a model to imitate human embryo behavior, following exposure to various pH ranges, and the effect of incubation period has yet to be documented.

In spite of recent improvements in the composition of culture media and laboratory conditions [8], and even at highly controlled conditions, in vitro grown embryos are less potent than in vivo grown embryos at the same developmental stage [9]. Some strategies have been introduced to diminish the probable deleterious effects of environmental factors, including pH, on embryo development. The most ordinary methods are the improvement in culture components and conditions [10, 11], using sequential culture media [12], and conditioned media [13, 14], and often feeder cells [15, 16]. Many investigators suggest co-culture systems could improve embryo quality and in vitro cleavage rate efficiently [15, 17–19]. While, few studies have reported no improvement in the embryo quality and implantation rates following co-culture of embryos with somatic feeder cells [20, 21]. In addition, some studies have revealed the beneficial effects of feeder cells on embryo development is more apparent when preimplantation embryos encounter suboptimal conditions [22–24].

During in vitro preimplantation embryo culture and manipulations, embryos are prone to environmental factors such as pH fluctuations. Therefore, the present study was undertaken to investigate the effects of a wide range of pH changes on the developmental competence of 2-cell mouse embryos and to examine whether two embryonic fibroblast feeder layers of different species may improve in vitro culture conditions further. In the first experiment, we incubated 2-cell mouse embryos in various pHs for different length of times and the developmental rates were determined. In the second experiment, 2-cell embryos were incubated in various pHs, and then were cultured to the blastocyst stage in presence or absence of human and mouse embryonic fibroblasts. The efficacy of co-culture

systems was determined by assessing developmental rate of embryos to the anticipated stages for 120 h.

## Materials and methods

The present study was carried out in accordance with Kerman University of medical sciences ethics committee for working on animals. Cell culture dishes and centrifuge tubes were purchased from Falcon® and all the chemicals were purchased from Sigma-Aldrich Chemical Company (Saint Louis, MO, USA), unless otherwise stated.

## Superovulation and embryos collection

National medical research institute (NMRI) mice; *an outbred strain*, were purchased from Razi institute (Karaj, Iran). Animals maintained in an animal room with 12/12 h light/dark cycle, 20 to 24°C temperature and free access to water and rodent chewing food. Six to 10-week-old female mice were superovulated with intraperitoneal injection of 10 IU pregnant mare's serum gonadotropin (PMSG; Folligon, Intervet, Belgium) followed 48 h later by 10 IU human chorionic gonadotropin (hCG; Serono, Italy). The females were caged individually overnight with fertile male from the same strain. Females with a vaginal plug were considered pregnant and were sacrificed by cervical dislocation, 44–46 h post hCG administration. Uterine tube and the distal portion of uterine horn were excised and placed in drops of human tubal fluid [25] with 20 mM HEPES (hHTF) and 3 mg/ml BSA (fraction V; Roche, Germany). Two-cell stage embryos were flushed out with a 30-gauge needle attached to a syringe filled with pre-warmed hHTF. The embryos were pooled in a 100  $\mu\text{l}$  drop of culture medium under light paraffin oil and morphologically normal embryos were used for the experiments after three washes in hHTF supplemented with 3 mg/ml BSA.

## Preparation of feeder cells

Fibroblast cells were prepared in the laboratory as shown elsewhere [22]. Mouse embryonic fibroblast (MEF) was prepared from 13 to 14 day old mouse embryos. Briefly, embryos were removed from the uterine horn. The amniotic membrane, the placenta, the head, and the abdominal viscera were removed carefully in sterile conditions. Embryos were cut into fragments in PBS and digested with 0.5 g/l trypsin/0.2 g/l EDTA for 30 min. Cells were harvested at a density of  $3 \times 10^5$  cells/ml in MEM- $\alpha$  supplemented with 10% FBS (Gibco®, USA), 100 IU/ml Penicilline G and 60  $\mu\text{g/ml}$  streptomycin. Attached cells

were sub-cultured after the cells being reached confluence of >90%. Cells at passages 2 were used either as feeder layer or cryopreserved for further use. The procedure for collecting human fetus was approved by the local ethics committee at Kerman University of Medical Sciences, Kerman, Iran. Human embryonic fibroblast (HEF) was prepared by the method described for MEF preparation [26], with some modifications, after a written consent was obtained from the parents for work on the aborted fetus. Briefly, the upper limb of a 13 week old aborted male fetus with normal karyotype was carefully dissected free of the skin. Underlying connective tissues were detached and digested with 0.1% hyaluronidase followed by 0.25% trypsin in Hank's balanced salt solution (HBSS). The HEF cells were cultured at the same conditions as those of MEF cells and the cells at passage 2–7 were used for experiments. MEF and HEF cells were cultured in MEM- $\alpha$  supplemented with 10% FBS at a density of  $2 \times 10^5$  cells/ml in 50  $\mu$ l drops of medium overlaid with light paraffin oil, for 24 h. The medium was refreshed 24 h before co-culture was carried out.

### Phosphate buffered solutions

Phosphate buffered solutions (PBS) with a pH of 6.2 to 8 were prepared by adding different concentrations of  $\text{Na}_2\text{HPO}_4$  and  $\text{KH}_2\text{PO}_4$  to one liter double distilled deionized water. NaCl (5.93 g/l), KCl (0.4 g/l) and D-glucose (0.5 g/l) were added to these solutions. The pH of PBSs was carefully measured by a pH meter (Hanna, Italy) with 0.01-degree accuracy and was adjusted to desired pH with the aim of 0.1 M HCl and 0.1 M NaOH if necessary. The Osmolarity was also adjusted between 280 and 290 mOsmol. PBSs were sterilized by a 0.22  $\mu$ m Millipore filter units into sterile glass container and preserved refrigerated until use (maximum 3 months). To approximate the conditions to the mammalian embryo culture systems, PBSs were kept in a 37°C humidified incubator with 5.5%  $\text{CO}_2$  in air for 2 h and the pH was measured again and adjusted to desired pH: 6.2, 6.6, 7, 7.35, 7.6 and 8 if applicable.

### Effect of incubation period on the cleavage rate of embryos

Four hundred and forty-eight morphologically normal 2-cell mouse embryos were randomly allocated in two treatment (pH 6.2 and 8), and one control group; hHTF. Embryos in different groups were incubated at pH 6.2, 8 and hHTF for 1 to 5 h with 1 h interval, and were then transferred into drops of HTF with 3 mg BSA under light mineral oil and incubated at 37°C, 5.5%  $\text{CO}_2$  in humidified air. developmental rates were assessed every 24 h for 120 h.

### Effects of 3 h incubation in PBSs with various pH on embryo developmental rate

Incubation of 2-cell embryos for more than 3 h in PBSs with pH 6.2 and 8 resulted in more than 50% degenerated embryos at the end of culture period (Table 1). To assess the effects of incubation of embryos in various pH for 3 h, fifty  $\mu$ l drops of PBSs with various pH and hHTF (control) were put in a 60 $\times$ 10 mm culture dish and overlaid with 7 ml mineral oil. As  $\text{CO}_2$  is essential for embryo development [27], the culture dishes were incubated at 37°C humidified environment with 5.5%  $\text{CO}_2$  in the air for 2 h. Incubation of PBSs in a  $\text{CO}_2$  incubator did not alter pH significantly; in a pilot study when PBSs were incubated at 5.5%  $\text{CO}_2$  in the air the pH raised about 0.02 degree after 5 h incubation. Two hundred and seventy-nine, 2-cell mouse embryos with normal morphology were rinsed three times in PBS; pH 7.2–7.3 containing 4 mg/ml BSA. The embryos were randomly divided between drops of PBSs with various pH and hHTF as control, and incubated for 3 h in the same conditions. Embryos in treatment and control groups were then transferred into drops of HTF supplemented with 4 mg/ml BSA; 5 to 7 embryos per drop, and incubated at 37°C, 5.5%  $\text{CO}_2$  in humidified air for 120 h.

### Effect of various feeder cells on developmental rate of embryos following 3 h incubation in PBSs with various pH

To determine the possible effects of different fibroblast feeder cells on the development of embryos pre-treated for 3 h in PBSs with various pH (6.2, 6.6, 7, 7.35, 7.6 and 8), 1167 morphologically normal 2-cell mouse embryos were first incubated for 3 h in PBSs with various pH or hHTF as control, and then were randomly transferred into drops of MEF, HEF, MEM- $\alpha$  or HTF as control. All media were supplemented with 10% FBS.

### Data collection and statistical analysis

Embryos in treatment and control groups were carefully assessed for any progress in developmental rate every 24 h at the same time for 120 h after embryo collection under an inverted microscope (Nikon TS100, Japan). Day 1 was the day at which 2-cell embryos were flushed from the uterine horns. Development to morula at day 3; expanded blastocyst at day 4 and hatching or hatched blastocyst at day 5 was recorded. Proportions of embryos developed to each stage in different experimental groups was statistically analyzed by  $\chi^2$  test. A difference with  $P \leq 0.05$  was considered statistically significant.

**Table 1** Effect of incubation of 2-cell embryos in various conditions for different lengths of times on embryo developmental rates

Incubation time (h)	Groups	No. of 2-cell embryos	Development (%)		
			M	E-BI	H-BI and Hd-BI
1	hHTF	32	28 (87)	24 (75)	21 (65)
	pH 6.2	32	25 (78)	20 (62)	17 (53)
	pH 8	34	28 (82)	21 (62)	20 (59)
2	hHTF	30	28 (92)	24 (80)	20 (66)
	pH 6.2	35	22 (63)	17 (49)	15 (42)
	pH 8	33	25 (76)	18 (54)	17 (51)
3	hHTF	30	25 (83)	22 (73)	19 (63)
	pH 6.2	32	12 (37)	10 (31)	7 (22) <sup>a</sup>
	pH 8	32	15 (47)	12 (37)	9 (28)
4	hHTF	32	26 (81)	23 (72)	20 (62)
	pH 6.2	30	10 (33) <sup>a</sup>	8 (27) <sup>a</sup>	5 (17) <sup>a</sup>
	pH 8	32	12 (37)	11 (34)	7 (22) <sup>a</sup>
5	hHTF	30	24 (80)	19 (63)	17 (57)
	pH 6.2	33	11 (33) <sup>a</sup>	4 (12) <sup>b</sup>	1 (3.0) <sup>c</sup>
	pH 8	34	13 (39)	11 (32)	5 (17) <sup>a</sup>

Values are pooled from 3 independent experiments. M, morulae at day 3, E-BI, expanded blastocyst at day 4, H-BI, hatching blastocyst; Hd-BI, hatched blastocyst at day 5. a, b, c:  $P < 0.05$ ,  $P < 0.01$ ,  $P < 0.001$  ( $\chi^2$  test) respectively, compared to hHTF (control) at the same developmental stage

## Results

Embryo developmental rates following incubation of embryos in alkaline and acidic buffers for various length of time

Incubation of 2-cell embryos in alkaline (pH 8) and acidic pH (pH 6.2) resulted in a gradual decrease in developmental rate as incubation period increased from 1 to 5 h. A significant decrease was detected after 3 h incubation in acidic pH. While, only after 4 to 5 h incubation in alkaline pH, a significant ( $P < 0.05$ ) decrease was detected in the rate of hatching and hatched blastocyst transformation. In addition, incubation of embryos in acidic pH decreased developmental rate significantly regarding the incubation period and the developmental stage (Table 1).

Embryo developmental rates following incubation of embryos in PBSs with various pH

Morphologically normal 2-cell mouse embryos were allocated randomly into experimental and control groups. Embryos were kept for 3 h in different PBSs; pH 6.2 to 8 with ~0.4 interval and hHTF as control. The embryos were then cultured in HTF with 4 mg/ml BSA and evaluated for 120 h. Although developmental rates decreased from pH 7.35 towards pH 6.2 or 8, there was no significant difference among the groups on day 3, 4 and 5

except for pH 6.2 compared to PBS with pH 7.35 on day 3 and 5 ( $P < 0.05$ ), (Table 2).

Developmental rates of embryos after 3 h incubation in PBSs with various pH followed by co-culture with human and mouse embryonic fibroblasts

Morphologically normal 2-cell mouse embryos were incubated in PBSs with various pH or hHTF as control for 3 h and then were transferred randomly into four media comprise of MEF, HEF, MEM- $\alpha$  and HTF. Developmental rate of the co-cultured embryos was higher than non-co-cultured embryos in either pH studied, but there was only a significant increase in co-cultured embryos incubated at pH 6.2 and 8 as shown in Fig. 1. At pH 6.2, 37/44 (84%) embryos in HEF group developed to the morulae stage on day 3, that was significantly higher ( $P < 0.05$ ) than HTF (control) group (17/42, 41%). In addition, in MEF group more embryos (34/45, 75%) developed to the hatching or hatched blastocyst stage on day 5 that was also significantly higher ( $P < 0.05$ ) than HTF (14/42, 34%) group. At pH 8, development to the hatching or hatched blastocyst stage on day 5 was significantly higher ( $P < 0.05$ ) in MEF (36/43, 83%) and HEF (32/40, 82%) groups compared to MEM- $\alpha$  group (16/41, 39%). The developmental rates were comparable between embryos having had cultured with mouse and human embryonic fibroblast feeder layers during all stages of development (Fig. 1).

**Table 2** Developmental rate of embryos following 3 h incubation in PBSs with various pH, and HTF followed by culture for 120 h in appropriate conditions

pH	No. of embryos	Development (%)		
		Morulae at day 3	Expanded blastocyst at day 4	Hatching and hatched blastocyst at day 5
HTF (7.3)	42	33 (78.6)	30 (71.4)	25 (59.5)
6.2	36	15 (41.7) <sup>a</sup>	18 (50)	12 (33.3) <sup>a</sup>
6.6	40	22 (55)	26 (65)	20 (50)
7	40	31 (77.5)	24 (60)	20 (50)
7.35	42	37 (88.1) <sup>b</sup>	30 (71.4)	31 (73.8) <sup>b</sup>
7.6	39	27 (69.2)	25 (64.1)	20 (51.3)
8	43	23 (53)	21 (49)	17 (39)

Experiments were replicated seven times with at least five morphologically normal embryos in each group. In each column figures with different superscripts are statistically different;  $P < 0.05$

## Discussion

In the present study, we have investigated the developmental rates of preimplantation mouse embryos when they were incubated in phosphate buffered solutions with alkaline (8) and acidic (6.2) pH for various lengths of time. Incubation of embryos both in acidic pH and in alkaline pH for 3 h and longer reduced developmental rates. Also when the embryos were incubated for 3 h in different phosphate buffered solutions with a pH range of 6.2 to 8. Incubation in acidic pH resulted in lower developmental rates compared to alkaline pH. It seems that minor pH fluctuations in the embryo culture media will not inhibit early mouse embryo development, especially when these changes are towards alkaline pH.  $pH_i$  regulation is an important homeostatic function of living cells. Mammalian embryo development is disturbed when  $pH_i$  drifts beyond a relatively small fluctuation [28]. External pH of culture media formulated for preimplantation embryos is commonly between 7.3 and 7.4, but as an exception, hamster embryos *could* develop from 2-cell to the blastocyst stage in a wide range of  $pH_i$ ; 7.38 to 7.09. However, a sharp reduction in developmental rate *have been* observed beyond these values [29]. Exposure of mouse embryos to acidic and alkaline pH for less than 3 h did not alter developmental rate significantly in any pHs studied. While an incubation time of up to 12 h in alkaline and acidic media of hamster embryos had no detrimental effects on transformation to blastocysts. Sensitivity of mouse 2-cell embryos to pH changes in contrast to hamster embryos has been shown previously [6]. Plasma membrane of 2-cell mouse embryo is highly permeable to  $H^+$ . Thus, passive efflux of  $H^+$  continues until equilibration reestablishes. Major  $pH_i$ -regulatory mechanisms in early embryos are: the  $HCO_3^-/Cl^-$  exchanger, which alleviates alkalosis, and the  $Na^+/H^+$  antiporter which recovers embryos from acidosis [6].  $HCO_3^-/Cl^-$  exchanger activity is present in all stages of preimplantation embryo in the

hamster and mouse and is required for the maintenance of normal  $pH_i$  and recovery from intracellular alkalosis [30]. While, there are controversies in the presence of a  $Na^+/H^+$  antiporter mechanism in 2-cell mouse embryos. Baltz et al. (1993) demonstrated that the 2-cell embryo did not employ conventional mechanisms common to somatic cells to recover from acid load but relied on the slow passive efflux of protons [3]. However, Gibb et al. (1995) reported that 2-cell mouse embryo did possess mechanisms that allowed the embryo to actively recover from an acid load [31]. In our study, the embryos were moderately affected by exposure to alkaline pH (Ph=8), and highly affected by exposure to acidic pH (pH=6.2). The ability to remove  $pH_i$  perturbation appears to be related to how far the external pH is from standard  $pH_i$  and small pH changes would be alleviated via  $pH_i$ -regulatory mechanisms in mouse early embryos.

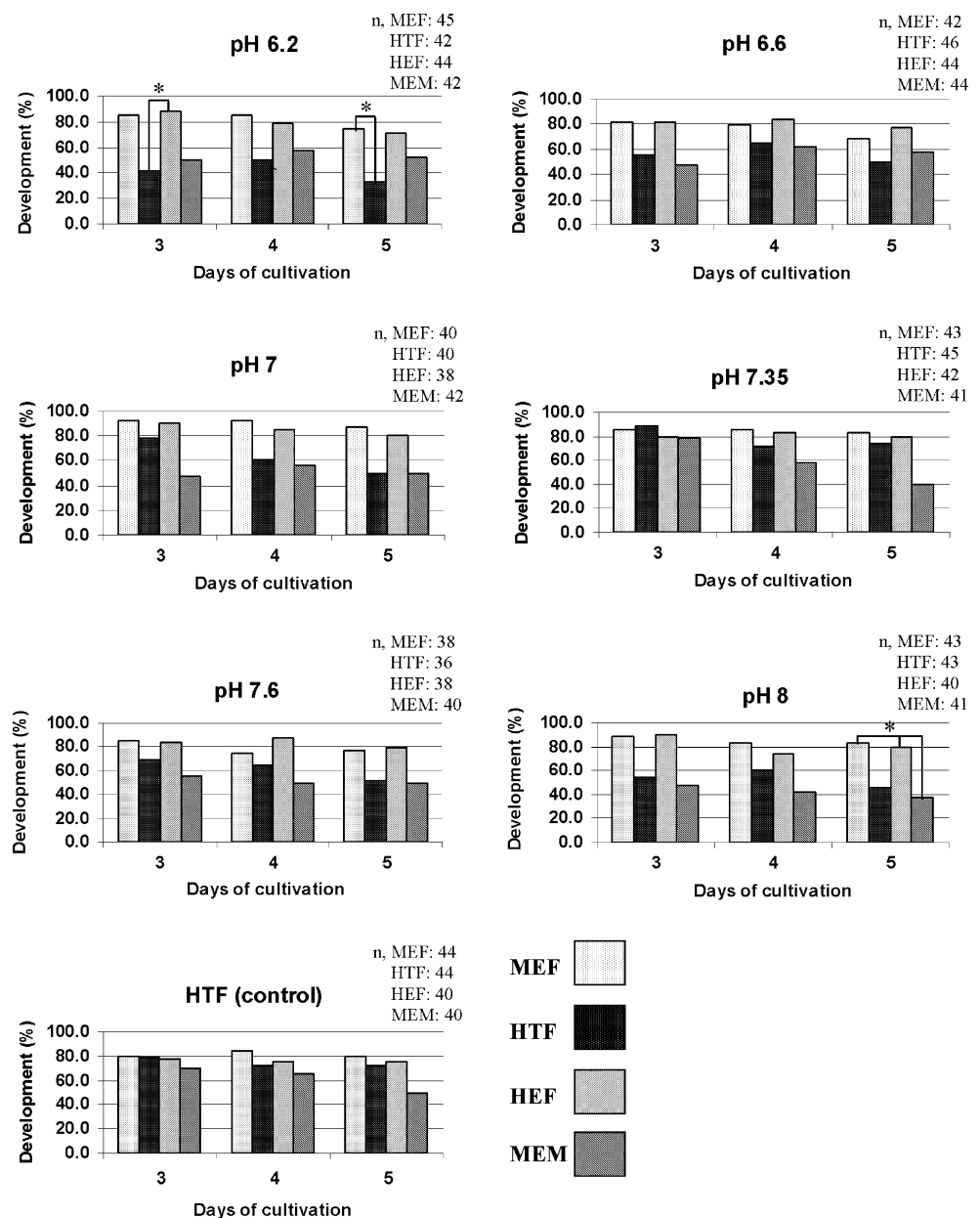
Baltz et al. (1993) have shown only compacted mouse embryos are capable of regulating  $pH_i$  when challenged with an acid load [3]. Nevertheless, in our experiments moderate acid as well as alkaline pH fluctuations were well tolerated at 2-cell stage. Strain differences [6] may explain inconsistent results obtained in our study which requires further researches.

Some reports have suggested that co-culture of embryos with different somatic cells may rescue poor quality embryos even comparable to those present in vivo [15, 32]. We have transferred the embryos incubated in PBSs with various pH, into four media with feeder cells; MEF or HEF, and without feeder cells; MEM- $\alpha$  or HTF to investigate the impact of co-culture on embryo development after exposure to pH fluctuations. Both feeder cells improved nonsignificantly and significantly embryos developmental rates irrespective of pH range. By using feeder cells in in vitro embryo procedures, in vitro environments may near the in vivo conditions resulting in higher rates of development and implantation [33].

The ability of co-culture systems to improve developmental competence of preimplantation embryos is known to be through two putative mechanisms, so-called positive and negative conditioning. In the negative conditioning, embryos are protected against oxidative stress and deleterious components which are regularly generated during in vitro embryo cultivation [20, 34]. In the positive conditioning, embryo development is enhanced by the secretion of embryotrophic factors [35] such as leukemia inhibitory factor (LIF) [36, 37], fibroblast growth factor (FGF) [38], epidermal growth factor (EGF) [39], and insulin-like growth factor (IGF) into the culture medium [35]. Our study could not provide enough evidences which mechanism have been most probably involved in the improvement of the embryo development

following co-culture of embryos with either mouse or human embryonic fibroblasts. Since we have exposed embryos to pH fluctuations, that is an example of suboptimal conditions [29], we may suggest human and mouse embryonic fibroblasts used in the present study have most likely neutralized the pernicious reactive oxygen species to which embryos are vulnerable during in vitro culture; an example of negative conditioning. In contrast to our suggestion, some authors have proposed; addition of embryotrophic substances which are usually secreted by the somatic cells into the simple culture media, may improve embryo quality without the need of feeder cells [33, 40]. However, recent studies have shown a direct contact between the embryo and feeder cells enhance embryo development better than the embryos

**Fig. 1** Embryos were incubated for 3 h in PBSs with various pH and cultured in MEF, HEF, HTF and MEM- $\alpha$  for 120 h. Experiments were replicated 7 times. Day 3, 4 and 5 are days at which embryos cleaved to morulae, expanded blastocyst and hatching or hatched blastocyst respectively. Figures are showing developmental rates in each group. \* $P < 0.05$



cultured in presence of feeder cells without a direct contact [18]. Besides, this assumption may be true if the negative conditioning hypothesis was neglected.

We found a relatively identical developmental rate when embryos were co-cultured with fibroblasts obtained from mouse embryos compared to fibroblasts obtained from human embryo. Although fibroblast cells from fetal bovine uterine tube have been successfully used in human IVF procedures after initial screening for viral contaminations [41], the risk of contamination and transfection of embryos by genetic materials secreted by feeder cells remains a challenge in the utilization of feeder cells when the feeder cells are obtained from a foreign species [21, 42]. Human embryonic fibroblast cells propagate readily in the laboratory and their morphology remains undisturbed during passages (our unpublished observations). These cells could be an appropriate candidate for feeder cells obtained from a foreign species in human co-culture systems as well as animal studies. The use of serum in culture media have been reported to have some adverse effects on in vitro produced embryos. Serum was found to affect postimplantation viability of embryos and also resulted in lighter mouse fetuses compared to control [43]. While culture of ovine embryos in presence of serum resulted in heavier lambs [44], the consequence of co-culture with granulosa cells and supplementation of culture media with serum also led to large offspring syndrome (LOS) in ovine fetuses [45]. Although studies have addressed some adverse effects of serum and co-culture with granulosa cells on preimplantation embryos, more studies are required to examine the probable adverse effects of serum supplementation and co-culture in in vitro blastocyst transformation and fetal development and health in other species including human. In addition, the appropriate cell density in co-culture systems, the culture media capable of supporting both feeder cells and embryos, and establishment of a serum-free media that could sufficiently support both feeder cell growth and embryo development remains to be investigated.

In conclusion, the data presented in this study demonstrate that mouse early embryos would tolerate minor pH fluctuations during in vitro development. However, adverse effects of major pH fluctuations in culture media could be alleviated by co-culture with either mouse or human embryonic fibroblasts.

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