

PHARMACOLOGY, Pharmacology

## Anti-biofilm activity of biogenic selenium nanoparticles and selenium dioxide against clinical isolates of *Staphylococcus aureus*, *Pseudomonas aeruginosa*, and *Proteus mirabilis*

Mojtaba Shakibaie<sup>a</sup>, Hamid Forootanfar<sup>b</sup>, Yaser Golkari<sup>c</sup>,  
Tayebe Mohammadi-Khorsand<sup>a</sup>, Mohammad Reza Shakibaie<sup>c,d,e,\*</sup><sup>a</sup> *Pharmaceutics Research Center, Institute of Neuropharmacology, Kerman University of Medical Sciences, Kerman, Iran*<sup>b</sup> *Herbal and Traditional Medicines Research Center, Kerman University of Medical Sciences, Kerman, Iran*<sup>c</sup> *Department of Microbiology and Immunology, Kerman University of Medical Sciences, Kerman, Iran*<sup>d</sup> *Research Center for Tropical and Infectious Diseases, Kerman University of Medical Sciences, Kerman, Iran*<sup>e</sup> *Environmental Health Engineering Research Centers, Kerman University of Medical Sciences, Kerman, Iran*

### ARTICLE INFO

#### Article history:

Received 3 March 2014

Accepted 22 July 2014

#### Keywords:

Selenium nanoparticle

Biosynthesis

Biofilm

Selenium dioxide

### ABSTRACT

The aim of the present study was to investigate the anti-biofilm activity of biologically synthesized selenium nanoparticles (Se NPs) against the biofilm produced by clinically isolated bacterial strains compared to that of selenium dioxide. Thirty strains of *Staphylococcus aureus*, *Pseudomonas aeruginosa*, and *Proteus mirabilis* were isolated from various specimens of the patients hospitalized in different hospitals (Kerman, Iran). Quantification of the biofilm using microtiter plate assay method introduced 30% of *S. aureus*, 13% of *P. aeruginosa* and 17% of *P. mirabilis* isolates as severely adherent strains. Transmission electron micrograph (TEM) of the purified Se NPs (produced by *Bacillus* sp. MSh-1) showed individual and spherical nano-structure in the size range of 80–220 nm. Obtained results of the biofilm formation revealed that selenium nanoparticles inhibited the biofilm of *S. aureus*, *P. aeruginosa*, and *P. mirabilis* by 42%, 34.3%, and 53.4%, respectively, compared to that of the non-treated samples. Effect of temperature and pH on the biofilm formation in the presence of Se NPs and SeO<sub>2</sub> was also evaluated.

© 2014 Elsevier GmbH. All rights reserved.

### Introduction

Biofilm is currently defined as structured bacterial communities enclosed in a self-produced extracellular polymeric substance (EPS) such as exopolysaccharide, extracellular DNA (eDNA), and proteins adhered to abiotic or biological surfaces [1,2]. Bacterial cells in biofilm are better protected, less subject to mutation, become more resistant to antibiotics, and represent lower metabolic activity [3]. There are several reports on relation between biofilm and antibiotic resistance which made this problem rarely resolved [4,5]. In this regard, *Staphylococcus aureus*, *Pseudomonas aeruginosa*, and *Proteus mirabilis* are among the leading nosocomial pathogens capable of

producing severe biofilm-related infections such as colonization on central venous catheters (CVCs), lower respiratory tract infections (due to contaminated ventilators), and catheter-related ascending urinary tract infections [6,7]. Furthermore, biofilm formation is important, because this mode of growth is associated with the chronic nature of the subsequent infections, and colonizing bacteria can resist against phagocytosis and evade the body's defense system [3]. Biofilm-associated infections have affected millions of people in both developed and developing countries and consequently caused death in their victims [4,8]. So, investigations on biofilm inhibitory activity of even natural or synthetic compounds have received more attention in recent decades [2].

Nanotechnology concerns the arrangement of materials at the atomic stage to achieve nanoscale materials with unique physicochemical and biological characteristics [9,10]. The ability of nanostructures for the inhibition or disruption of microbial-derived biofilm has been recently reported. For example, Naik and Kowshik [11] investigated the effect of sol-gel coatings of AgCl-TiO<sub>2</sub> nanoparticles for the inhibition of biofilm formed by *Escherichia coli*,

\* Corresponding author at: Department of Microbiology and Immunology, Kerman University of Medical Sciences, Kerman, Iran. Tel.: +98 3403221660; fax: +98 3403221671.

E-mail addresses: [mohammadreza.shakibaie@gmail.com](mailto:mohammadreza.shakibaie@gmail.com), [mr\\_shakibaie@kmu.ac.ir](mailto:mr_shakibaie@kmu.ac.ir) (M.R. Shakibaie).

*S. epidermidis*, and *P. aeruginosa*. Anti-biofilm activity of chemically synthesized ZnO and CuO nanoparticles was reported by Tabrez Khan et al. [12]. Kalishwaralal et al. (2010) [13] studied the inhibition effect of silver nanoparticles on the biofilm formation of *P. aeruginosa* and *S. epidermidis*.

Selenium (Se) is a micronutrient metalloid incorporated (in the form of selenomethionine, selenocysteine) in the structure of several enzymes such as glutathione peroxidases (GPx), iodothyronine deiodinases, and thioredoxin reductase (TrxR), which are involved in antioxidant defense, detoxification, and metabolism, respectively [14,15]. Excellent biological properties of selenium nanoparticles (Se NPs) such as antibacterial, antiviral, and antioxidant activity together with their lower toxicity have introduced it as an interesting subject in the field of nanotechnology [16,17]. Behind the physicochemical techniques applied for the synthesis of Se NPs [18,19], biological methods, (synthesis of nanostructures using some bacterial and fungal strains as well as several plant extracts) [20,21] supply novel, clean, non-toxic, and eco-friendly method for the production of Se NPs. To the best of our knowledge and according to a survey of the literature, there is no report on the anti-biofilm effect of the biogenic Se NPs. In the present study, the biogenic Se NPs was purified from the whole cell lysate of *Bacillus* sp. MSh-1 and their effects on the biofilm formation by three bacterial strains (*P. mirabilis*, *S. aureus*, and *P. aeruginosa*) isolated from clinical specimens compared to selenium dioxide were also studied.

## Materials and methods

### Chemicals

Selenium dioxide ( $\text{SeO}_2$ ), nutrient broth, *n*-octyl alcohol, sodium dodecyl sulfate (SDS) and Tris-base were purchased from Merck Chemicals (Darmstadt, Germany). All other chemicals and solvents were of analytical grade.

### Biosynthesis and purification of the Se NPs

Bacterial strain of *Bacillus* sp. MSh-1 which was previously isolated from the Caspian Sea (located in the northern part of Iran) and identified by 16S rDNA gene analysis technique was applied for the biosynthesis of Se NPs based on the method described by Shakibaie et al. [21]. In brief, 100 mL sterile nutrient broth (NB) medium containing  $\text{SeO}_2$  (final concentration of 1.26 mM) was inoculated with 1 mL of the fresh inoculum ( $\text{OD}_{600}$ , 0.1) of *Bacillus* sp. MSh-1 and incubated in a shaker incubator (150 rpm) at 30 °C for 14 h. Thereafter, the bacterial cells were harvested by centrifugation ( $4000 \times g$  for 10 min) followed by washing the obtained biomass with the sterile NaCl solution (0.9%) for three times. The bacterial pellets were then disrupted by grinding the frozen cells in liquid nitrogen using a mortar and pestle. The resulting slurry was consequently ultrasonicated at 100 W for 5 min using ultrasonic processor (Sonics Vibra Cell VC-505/220, Newtown, USA) over three 15 s periods, with an interval of 45 s between the periods. The sonicated extract was then washed for three times by the sequential centrifugation ( $14,000 \times g$ , 5 min) with a 1.5 M Tris-HCl buffer (pH 8.3) containing SDS (1%) and deionized water, respectively. Subsequently, Se NPs were extracted and purified by organic-aqueous partitioning system (*n*-octanol-water), as previously described [21]. Surface morphology of the prepared biogenic Se NPs was examined by transmission electron microscope (Zeiss Supra 55 VP TEM, operated at 100 kV) equipped with an EDX (energy dispersive X-ray) microanalyzer. The related size distribution pattern of biologically synthesized Se NPs was plotted by manually counting of 400 individual particles from different TEM images.

### Isolation and identification of biofilm-producing bacteria

Clinical specimens of wounds, urine, cerebrospinal fluid (CSF), and blood as well as lung and nasal secretion were collected from the patients hospitalized in different hospital wards like burn, ICU, pediatric, and surgery from August 2012 to March 2013 in Kerman, Iran. All the collected samples were aseptically transported to the nutrient broth within 45 min of sample collection. Each sample was then diluted ( $10^{-2}$ ) using sterile normal saline solution (0.9%) and streaked onto MacConkey and sheep blood agar medium followed by incubation at 37 °C for 24 h and identification of isolated microorganisms based on the standard procedures [22]. The identified isolates were then mixed with 2 mL sterile Trypticase Soy Broth (TSB) containing glycerol (15%) and preserved at -70 °C.

### Antibiotic susceptibility testing and determining the MIC for Se NPs

Susceptibility of each isolate to the antibiotics of methicillin, tetracycline, amikacin, gentamicin, ciprofloxacin, ceftazidime, vancomycin, erythromycin, chloramphenicol, amoxicillin + clavulanic acid, and imipenem was evaluated using disk diffusion method based on the protocol described by Clinical and Laboratory Standards Institute (CLSI 2006) [23]. All the applied antibiotic disks were purchased from Oxoid Inc. (Mumbai, India). Reference strains *S. aureus* ATCC 25923 and *E. coli* ATCC 25922 were included as controls. Zone of inhibition surrounding each disk was measured and labeled as resistance, intermediate, and sensitive according to CLSI protocol. In order to determine the minimum inhibitory concentration (MIC) of biogenic Se NPs (concentration range of 0–100  $\mu\text{g mL}^{-1}$ ) on the isolated strains, the agar dilution method was applied according to the method by Zare et al. [24].

### Biofilm formation assay

The biofilm formed by the above isolates was quantified by microtiter method as described previously [25] with some modification. Briefly, one loopful from each isolated colony was inoculated into a sterile TSB medium (2 mL) containing glucose (1% W/V) to optimize biofilm production. Optical density ( $\text{OD}_{650}$ ) was then adjusted to 0.13 to reach 0.5 McFarland standard ( $1.5 \times 10^8 \text{ CFU mL}^{-1}$ ) followed by further dilution of the prepared bacterial suspension to reach  $\sim 10^6 \text{ CFU mL}^{-1}$  and addition of 100  $\mu\text{L}$  of each prepared inoculum to 96-well flat bottom tissue culture microplate. Similarly, 100  $\mu\text{L}$  of the TSB medium without any bacterium (negative control) was added to the related well and the microtiter plate was then incubated at 37 °C under static condition. To evaluate the quality of the method, standard strain of *E. coli* (DH5 $\alpha$ ) was used as control for no biofilm microorganism. After 24 h incubation at 37 °C, non-adherent cell suspensions were aseptically aspirated, washed, and replaced with 10  $\mu\text{L}$  of sterile phosphate buffered solution (pH 7.2) to remove any remaining suspended cells. In order to fix the biofilm, 150  $\mu\text{L}$  of methanol was added to each well and kept at room temperature (25 °C) for 20 min. Methanol was then removed and replaced with 200  $\mu\text{L}$  of crystal violet solution (1% W/V). The wells containing biofilm matrix were slowly washed with sterile deionized water and kept at room temperature until drying. Thereafter, 200  $\mu\text{L}$  of glacial acetic acid (33% V/V) was added to each well and the optical density of each well was measured at 570 nm using Synergy 2 multi-mode microplate reader (BioTek, USA). The isolates were then classified into strongly adherent, moderately adherent, weakly adherent, and non-adherent strains based on the formula given by Stepanovic et al. [25]. All the mentioned experiments were performed in

triplicate and the most potent biofilm-producer isolates were selected for further investigations.

#### Biofilm inhibition assay for biogenic Se NPs and SeO<sub>2</sub>

In order to evaluate the anti-biofilm effect of Se NPs and SeO<sub>2</sub>, the most potent biofilm producer isolates of *P. mirabilis*, *S. aureus* and *P. aeruginosa* were separately seeded into 96-well microplates as previously described (section “Biofilm formation assay”). Thereafter, Se NPs and SeO<sub>2</sub> were added to the desired wells to reach the sub-MIC concentration of 0–16 μg mL<sup>-1</sup>. After 24 h incubation at 37 °C, fixation and colorization of the formed biofilm were carried out by methanol and crystal violet, respectively, and the absorbencies were recorded at 570 nm as mentioned above. Simultaneously, CFU mL<sup>-1</sup> of each well treated with Se NPs (concentration range of 0–16 μg mL<sup>-1</sup>) was also determined. All the experiments were carried out in triplicate and mean of the obtained results was reported.

#### Effect of temperature and pH on biofilm inhibition

Effect of temperature on the biofilm formation in the presence of Se NPs and SeO<sub>2</sub> was studied as follow. After preparing the preculture of each biofilm-producing isolate in TSB medium (~10<sup>6</sup> CFU mL<sup>-1</sup>), 100 μL of the bacterial suspension was added to 96-well polystyrene microplates; then, Se NPs and SeO<sub>2</sub> solutions were inserted into each well to reach the final concentration of 16 μg mL<sup>-1</sup>. The microplates were then incubated at three different temperatures (25 °C, 37 °C, and 42 °C) for 24 h under static condition and the amount of biofilm formation was determined as previously described.

In order to evaluate the influence of pH on biofilm formation in the presence of Se NPs and SeO<sub>2</sub>, the same experiments were designed by preparing of TSB medium with different initial pH (5, 7, and 9) followed by the addition of biofilm producing strain (100 μL from a preculture suspension, ~10<sup>6</sup> CFU mL<sup>-1</sup>) and insertion of Se NPs or SeO<sub>2</sub> solutions into each well to reach the final concentration of 16 μg mL<sup>-1</sup>. The prepared microplates were then incubated at 37 °C and the amount of biofilm formation was quantified as said above. All the experiments were repeated three times and mean of the obtained results was reported.

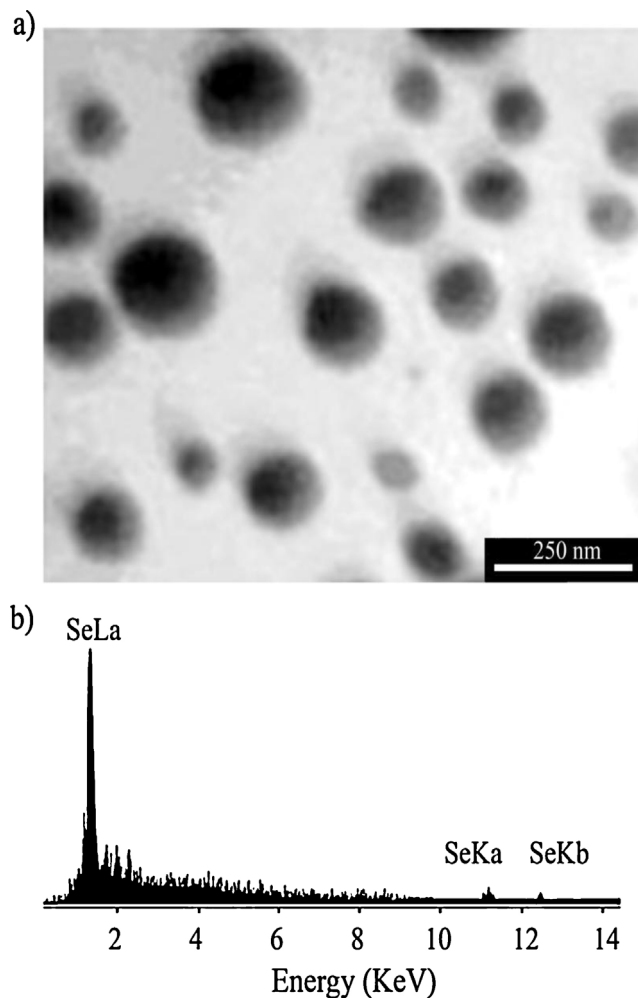
#### Statistical analyses

Each value was expressed as mean ± SD. SPSS software 15 for Windows (SPSS Inc., Chicago) was used for statistical analysis. Differences between the groups were determined using one-way analysis of variance (ANOVA) and *p*-values of less than 0.05 were considered to be significant.

## Results and discussion

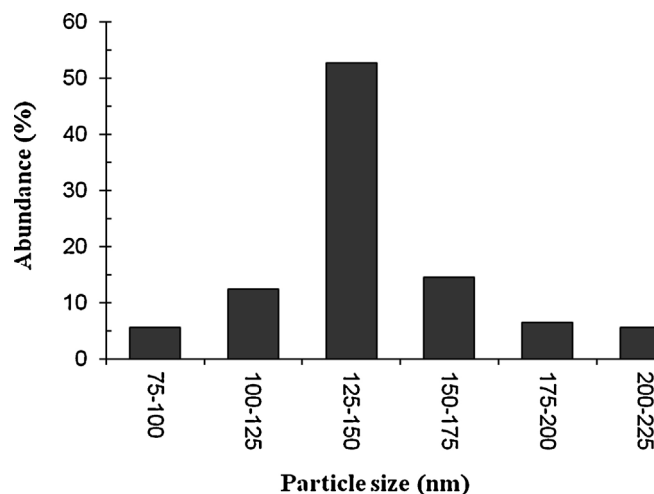
#### Biosynthesis and characterization of Se NPs

Se NPs was successfully synthesized using *Bacillus* sp. MSh-1 which was simply evident from significant color change in cultivation medium from colorless to insoluble orange–red elemental selenium (Se<sup>0</sup>) (data not shown) and purified by liquid–liquid extraction method. Based on the TEM micrograph of the purified Se NPs (Fig. 1a), well dispersed nanostructures with spherical shape and diameter range of 80–220 nm were synthesized by *Bacillus* sp. MSh-1. EDX microanalysis of the purified NPs exhibited Se absorption peaks consisting of SeLα, SeKα and SeKβ at 1.37, 11.22 and 12.49 keV, respectively (Fig. 1b). Furthermore, elemental composition analysis indicated the presence of strong signals from the Se atoms with the weight percent equal to 100 without signals of other elements. Thus, the *n*-octanol/water partitioning system could be



**Fig. 1.** (a) Transmission electron microscopy (TEM) and (b) energy dispersive X-ray (EDX) images of Se NPs synthesized by *Bacillus* sp. MSh-1 and purified using *n*-octyl alcohol/water extraction system.

successfully applied to remove different soluble or insoluble impurities of biologically synthesized Se NPs. Size distribution pattern (Fig. 2) measured by manual counting of 400 individual particles from different TEM images revealed that the NPs with the size of 125 nm to 150 nm were the most frequent particles (Fig. 2).



**Fig. 2.** Particle size distribution histogram of the biogenic Se NPs obtained by manual counting of 400 individual particles from different TEM images.

Recent studies have revealed excellent optical and physical characteristics of Se NPs (as an indirect elemental semiconductor) such as high photoconductivity (ca.  $8 \times 10^4 \text{ S cm}^{-1}$ ), saturable absorption, good photoelectrical, nonlinear optical properties, anisotropy of thermo-conductivity, and thermoelectric response [26,27]. Furthermore, biological activities of Se NPs like induction of apoptosis in cancer cell line [28] and protective effect on Cisplatin-induced spermatotoxicity [29] as well as antioxidant [14], antibacterial, and antileishmanial [16] properties have been also reported. So, development of cost-effective methods for the synthesis of Se NPs has been considered by many investigations, among which application of biological resources such as bacterial, fungal, and plant extracts for the production of Se NPs have gained great interest during two last decades [14,30]. The obtained results of the present work introduced the marine strain of *Bacillus* sp. MSh-1 as an efficient bacterial strain able to reduce selenate to  $\text{Se}^0$ . The halotolerant bacterial strain, *Bacillus megaterium*, which could tolerate 7% NaCl, was isolated from Bhitarkanika mangrove soil [31]. This Gram-positive bacterial strain efficiently reduced selenite (up to 0.25 mM) to Se NPs after 40 h of incubation. Application of the culture supernatant of *Aspergillus terreus* toward  $\text{SeO}_2$  (final concentration of  $100 \mu\text{g mL}^{-1}$ ) led to the formation of Se NPs with the average size of 47 nm [32]. The study carried out by Ramamurthy et al. [33] introduced fenugreek seed extract as a herbal source for producing Se NPs (with the particle size of 50–150 nm) after 72 h incubation.

#### Biofilm-producing bacterial strains

More than 30 species of *S. aureus*, *P. aeruginosa* and *P. mirabilis* were isolated from various specimens of the patients hospitalized in different hospital units. The most potent biofilm-producing bacterial strains were selected based on the biofilm formation assay. Furthermore, the antibiotic resistance pattern of each isolate were determined (Table 1). For *S. aureus*, 30% and 70% of the isolates found to be severely and moderately adherent, respectively. In the case of *P. aeruginosa*, the obtained results revealed that 13% of isolates was severely attached, 70% was moderately attached, and 17% was weakly attached. For *P. mirabilis*, 17%, 40% and 36% of isolates exhibited to be severely adherent, moderately adherent, and weakly adherent, respectively, and 7% of the isolates did not develop any biofilm. The obtained results of MIC determination for the isolated strains in the presence of Se NPs and  $\text{SeO}_2$  revealed that all the applied clinical isolates were resistant to Se NPs and  $\text{SeO}_2$  up to  $100 \mu\text{g mL}^{-1}$ . So, the sub-MIC concentration of Se NPs and  $\text{SeO}_2$  was used in order to evaluate the antibiofilm activity of biogenic

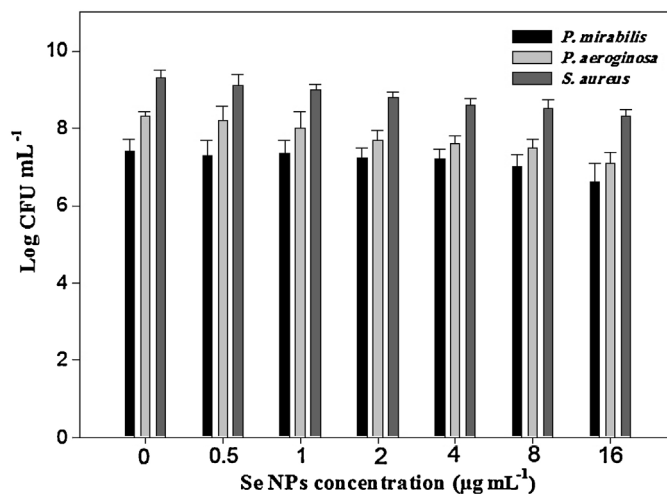


Fig. 3. Effect of Se NPs on growth of three biofilm-producing bacterial strains. Each well received  $10^5 \text{ CFU mL}^{-1}$  of each isolate and cultures were incubated at  $37^\circ\text{C}$  for 24 h and the produced  $\text{CFU mL}^{-1}$  was then determined.

selenium nanoparticles. Determination of  $\text{CFU mL}^{-1}$  of each isolate against the sub-MIC concentration of Se NPs (0–16  $\mu\text{g mL}^{-1}$ , Fig. 3) demonstrated a mild decrease in  $\text{CFU mL}^{-1}$  of all the isolates by increasing the concentration of Se NPs, concentration indicating that Se NPs was moderately non-toxic for all the applied bacterial strains in the applied Se NPs concentration range.

According to the report of National Institutes of Health about 65% of all infections involve with biofilm formation among, which the Gram-negative bacterium of *P. aeruginosa* and the Gram-positive staphylococci, *S. aureus* are the most common ones [34]. Both physiological and phenotypical characteristics of sessile (biofilm-associated) cells have been found to be different from those of non-adhered planktonic cells [2]. Behind health problems produced by development of biofilm producer, such strains can also have a detrimental effect in industrial systems [2]. So, isolation and identification of biofilm-producing strains and their biofilm structure as well as fighting with biofilm-producing microbial strains (which are often resistant to the available antibiotics) have been targeted by many investigations [35] since the first report of biofilm description in 1978 [36]. The obtained results of the present study revealed presence of resistant bacterial strains able to produce biofilm in the samples collected from hospitalized patients. In the study performed by Ansari et al. [37], it was found that out of 40 isolates of *E. coli* and 6 of *Klebsiella* spp. (which could produce extended

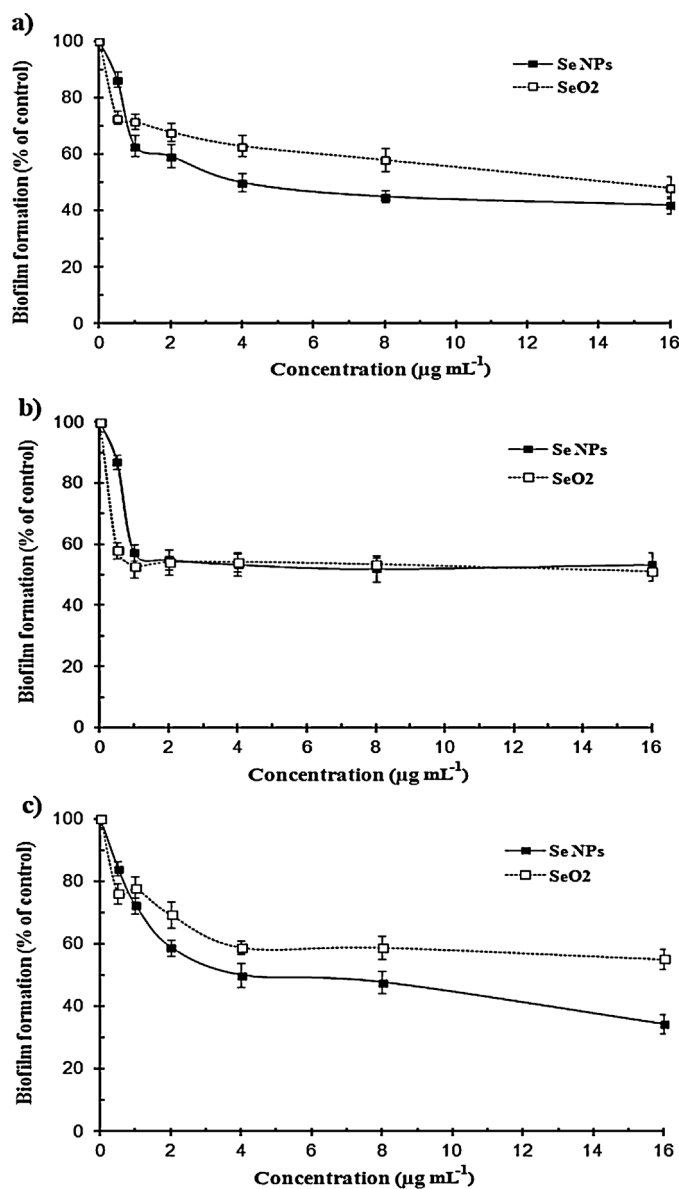
Table 1  
Antibiotic susceptibility pattern of thirty *P. aeruginosa*, *S. aureus* and *P. mirabilis* isolates to commonly used antibiotics.<sup>a</sup>

Antibiotic	<i>P. mirabilis</i>			<i>S. aureus</i>			<i>P. aeruginosa</i>		
	R	S	I	R	S	I	R	S	I
CIP	31.81	46.59	21.95	33.3	0	66.6	16.65	73.26	9.99
TE	ND <sup>b</sup>	ND	ND	66.6	0	33.3	86.58	0	13.32
GM	40.04	39.7	18.18	33.3	0	66.6	49.95	0	49.95
AN	46.59	40.9	12.50	23.3	10%	66.6	19.98	16.65	63.27
CAZ	35.22	46.59	18.18	40	36.6	23.3	19.98	63.27	16.65
AMC	90	0	10	86.6	13.3	0	100	0	0
MET	ND	ND	ND	26.7	0	73.3	ND	ND	ND
VAN	ND	ND	ND	0	16.66	83.3	ND	ND	ND
E	ND	ND	ND	36.6	0	63.3	100	0	0
C	22.72	53.4	23.36	0	0	100	83.25	0	16.65
IMP	0	0	100	ND	ND	ND	19.98	66.6	13.32

MET, methicillin; TE, tetracycline; AN, amikacin; GM, gentamicin; CP, ciprofloxacin; CAZ, ceftazidime; VAN, Vancomycin; E, erythromycin; C, chloramphenicol; AMC, amoxicillin + clavulanic acid; IMP, imipenem; R, resistance; S, sensitive; I, intermediate. Figures indicate percentage of antibiotic resistance, sensitive or intermediate in bacterial population.

<sup>a</sup> Muller-Hinton agar was used for susceptibility testing. Inoculum diluted to obtain  $1 \times 10^8 \text{ CFU mL}^{-1}$ .

<sup>b</sup> ND = not determined.



**Fig. 4.** Biofilm formation of (a) *S. aureus*, (b) *P. mirabilis*, and (c) *P. aeruginosa* in the presence of different concentration (0–16 µg mL<sup>-1</sup>) of selenium dioxide (SeO<sub>2</sub>) and biogenic Se NPs. Data are expressed as the mean ± SD (n=3). Wells containing biofilm-forming bacteria in the absence of Se NPs or SeO<sub>2</sub> were designed as control.

spectrum β-lactamases) tested for biofilm formation using Congo red agar (CRA) method, 26 (65%) isolates of *E. coli* and 4 (66.67%) isolates of *Klebsiella* spp. produced black colonies. Two biofilm producer strains (identified as *P. aeruginosa* and *S. epidermidis*) were isolated from the contact lenses in the study conducted by Kalishwaralal et al. [13].

#### Effect of Se NPs and SeO<sub>2</sub> on biofilm formation

Effect of Se NPs and SeO<sub>2</sub> on biofilm formation by *S. aureus*, *P. mirabilis*, and *P. aeruginosa* is shown in Fig. 4. In the case of *S. aureus*, the amount of biofilm formation was sharply decreased by increasing Se NPs (59.3 ± 2.1%) and SeO<sub>2</sub> (67.9 ± 1.9%) up to 2 µg mL<sup>-1</sup> and reached 42.1 ± 1.8% and 48.1 ± 1.5%, respectively, at the concentration of 16 µg mL<sup>-1</sup>, as presented in Fig. 4a. In the case of *P. mirabilis* treated with Se NPs and SeO<sub>2</sub> (0–16 µg mL<sup>-1</sup>), the amount of biofilm formation was decreased to 53.4 ± 2.3% and 51.1 ± 2%, respectively, and remained constant at the concentration above

2 µg mL<sup>-1</sup> (Fig. 4b). For *P. aeruginosa*, the amount of biofilm formation was dropped to 34.3 ± 1.4% and 55.1 ± 1.7% in the presence of Se NPs and SeO<sub>2</sub> (0–16 µg mL<sup>-1</sup>), respectively (Fig. 4c).

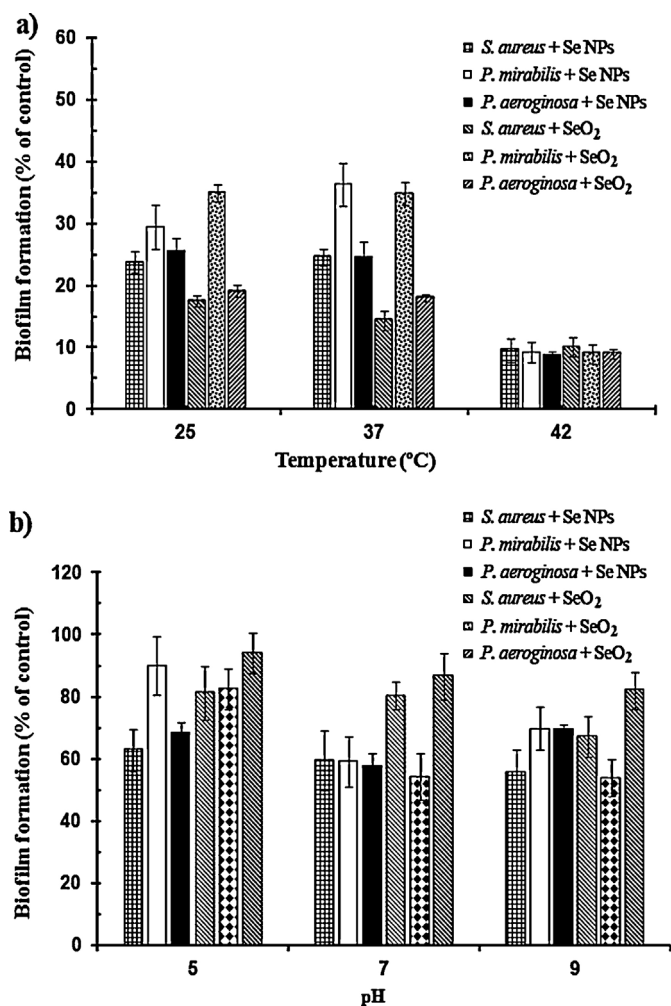
Inability of antimicrobial agents for penetration into biofilm network (one of the most important reasons for the development of resistant microbial strains) could be overcome via the application of nanostructures exhibiting anti-biofilm activity [37,38]. Nowadays, nanoantibiotics have been constructed and evaluated for the inhibition of bacterial growth, even in planktonic or sessile forms [39]. Potential of silver nanoparticles (synthesized by chemical or biological methods) for the inhibition of biofilm formation has been determined by many investigations. For example, Ansari et al. [37] reported complete inhibition of biofilm formation of *E. coli* and *Klebsiella pneumoniae* in the presence of Ag NPs at the concentration as low as 50 µg mL<sup>-1</sup>. The same results were reported by Kalishwaralal et al. [13] who determined 95–98% reduction in the biofilm formation of *P. aeruginosa* and *S. epidermidis* biofilms after the addition of Ag NPs at the concentration of 100 nM.

Literature review revealed no reports on the antibiofilm activity of either chemically or biologically synthesized Se NPs. Results of the present work showed that the effect of biogenic Se NPs on biofilm formation by *P. mirabilis*, *S. aureus* and *P. aeruginosa* was not significantly higher than that of SeO<sub>2</sub> ( $p > 0.05$ ) (Fig. 4). Although, the anti-biofilm activity of Se NPs (at the concentration above 1 µg mL<sup>-1</sup>) on biofilm formation by *S. aureus* and *P. aeruginosa* was more than SeO<sub>2</sub>, this reduction was not statistically significant ( $p > 0.05$ ) (Fig. 4a and c). In addition, the anti-biofilm activity of Se NPs (>4 µg mL<sup>-1</sup>) on biofilm formation by *S. aureus* and *P. aeruginosa* was higher than that of *P. mirabilis*; however, this effect was not significant ( $p > 0.05$ ). On the other hand, the anti-biofilm activity of SeO<sub>2</sub> (>0.5 µg mL<sup>-1</sup>) on biofilm formation by *P. mirabilis* was not significantly higher than those of *S. aureus* and *P. aeruginosa* ( $p > 0.05$ ). Bearing in mind the lower toxicity of biogenic Se NPs (based on the investigations in both *in vivo* and *in vitro* models) compared to that of selenite or selenate [17], Se NPs or antimicrobials loaded on the surface of Se NPs might be the candidate as novel antibiofilm agents. However, further investigations are needed to evaluate the mentioned effect.

#### Effect of temperature and pH on biofilm inhibition

Effect of temperature on biofilm formation in the presence of Se NPs and SeO<sub>2</sub> (16 µg mL<sup>-1</sup>) is presented in Fig. 5a. Results showed that, at 25 °C and 42 °C, the anti-biofilm activity of Se NPs on *P. mirabilis*, *S. aureus*, and *P. aeruginosa* was not significantly different from each other ( $p > 0.05$ ). The anti-biofilm activity of Se NPs at 37 °C on *S. aureus* and *P. aeruginosa* was significantly higher than that of *P. mirabilis* ( $p < 0.05$ ). For SeO<sub>2</sub>, the results showed that the anti-biofilm activity for *P. mirabilis*, *S. aureus*, and *P. aeruginosa* was not significantly different from each other ( $p > 0.05$ ); but, at 25 °C and 37 °C, the anti-biofilm activity for *S. aureus* and *P. aeruginosa* was significantly greater than *P. mirabilis* ( $p < 0.05$ ). Furthermore, the biofilm-inhibitory effect of SeO<sub>2</sub> for *S. aureus* and *P. aeruginosa* was significantly higher than that of Se NPs at 25 °C and 37 °C ( $p < 0.05$ ) and the biofilm-inhibitory effect of SeO<sub>2</sub> for *P. mirabilis* was not significantly higher than that of Se NPs at 25 °C and 37 °C ( $p > 0.05$ ).

In general, most of mesophilic bacteria represent their highest attachment capacity at optimum cultivation temperature and the number of attached cells decreases by alteration from related optimum temperature [40]. However, depends on the applied strain in biofilm investigations the effect of temperature on biofilm formation found to be varied. For example, Nichols et al. [41] reported that production of exopolysaccharides in *Pseudomonas* species maximally occurred at -2 °C and 10 °C compared



**Fig. 5.** Effect of (a) temperature and (b) pH on biofilm formation by three clinical isolates in the presence of biogenic Se NPs ( $16 \mu\text{g mL}^{-1}$ ) and  $\text{SeO}_2$  ( $16 \mu\text{g mL}^{-1}$ ). Control is non treated wells containing biofilm-forming bacteria in absence of Se NPs or  $\text{SeO}_2$ .

to that of  $20^\circ\text{C}$ . On the other hand, in the case of *Salmonella typhimurium* it was revealed that increasing of temperature up to  $37^\circ\text{C}$  increased the rate of biofilm formation while the number of attached cells decreased at  $42^\circ\text{C}$  [42]. In the case of *Listeria monocytogenes* (one of the most important foodborne pathogens) it was found that formation of the biofilm was temperature-independent [43].

Effect of pH on biofilm formation in the presence of Se NPs and  $\text{SeO}_2$  ( $16 \mu\text{g mL}^{-1}$ ) was studied (Fig. 5b). Results revealed that, at pH 7 and 9, the anti-biofilm activity of Se NPs on *P. mirabilis*, *S. aureus*, and *P. aeruginosa* was not significantly different from each other ( $p > 0.05$ ). In contrast, at pH 5, the biogenic Se NPs for *S. aureus* and *P. aeruginosa* represented a significant increase in anti-biofilm activity compared to *P. mirabilis* ( $p < 0.05$ ).

Literature review revealed the key role for pH of cultivation media on biofilm formation. In the study of Dat et al. [44] who investigated on the biofilm formation of *Bacillus licheniformis* NBRC 12195 and *Lactobacillus paracasei* subsp. *paracasei* NBRC 15889 on stainless steel, it was found that optical densities of biofilms formed in the pH-adjusted samples were significantly lower than those of pH-unadjusted samples. However, in the case of *Salmonella enteritidis* the biofilm formation was reported to be independent of the pH value [45].

## Conclusion

To sum up, the obtained results of the present work introduced biologically synthesized Se NPs as an antibiofilm-forming agent against clinically isolated bacterial strains. It seems that different oxidation states of selenium ( $\text{Se}^0$  and  $\text{Se}^{4+}$ ) exhibits different effects on biofilm formation in the presence of each bacterial strain at different pH and temperature. However, the molecular mechanisms of biofilm-inhibitory effect for Se NPs and other Se compounds have not been completely understood and merits further studies.

## Conflict of interest

The authors declare that they do not have any conflict of interest in this study.

## Acknowledgments

This work was supported by INSF (Iran National Science Foundation) and Research Committee of Kerman University of Medical Sciences (Kerman, Iran). We also thank the Iranian Nanotechnology Initiative Council for its admirable participation in this study.

## References

- Parsek MR, Singh PK. Bacterial biofilms: an emerging link to disease pathogenesis. *Ann Rev Microbiol* 2003;57:677–701.
- Coenye T, Nelis HJ. In-vitro and In-vivo model systems to study microbial biofilm formation. *Microbiol Methods* 2010;83:89–105.
- Stewart PS, Costerton JW. Antibiotic resistance of bacteria in biofilms. *Lancet* 2001;358:135–8.
- Bjarnsholt T. The role of bacterial biofilms in chronic infections. *APMIS* 2013;136:1–51.
- Rao RS, Karthika RU, Singh SP, Shashikala P, Kanungo R, Jayachandran S, et al. Correlation between biofilm production and multiple drug resistance in imipenem resistant clinical isolates of *Acinetobacter baumannii*. *Indian J Med Microbiol* 2008;26:333–7.
- Costerton JW, Stewart PS, Greenberg EP. Bacterial biofilms: a common cause of persistent infections. *Science* 1999;284:1318–22.
- JibrinNdejiko M, Bashir MA, Hindatu Y, Sulaiman M, Haruna S, Idris A, et al. Bacterial biofilm: a major challenge of catheterization. *Microbiol Res* 2013;3:213–23.
- Cabrera-Contreras R, Morelos-Ramírez R, Galicia-macho N, Meléndez-Herrada E. Antibiotic resistance and biofilm production in *Staphylococcus epidermidis* strains, isolated from a tertiary care hospital in Mexico City. *SRN Microbiol* 2013. <http://dx.doi.org/10.1155/2013/918921>. Article ID 918921.
- Shakibaie M, Foroortanfar H, Mollazadeh-Moghaddam K, Bagherzadeh Z, Nafissi-Varcheh N, Shahverdi AR, et al. Green synthesis of gold nanoparticles by the marine microalga *Tetraselmis suecica*. *Biotechnol Appl Biochem* 2010;57:71–5.
- Faramarzi MA, Foroortanfar H. Biosynthesis and characterization of gold nanoparticles produced by laccase from *Paraconiothyrium* variable. *Colloid Surf B Biointerfaces* 2011;87:23–7.
- Naik K, Kowshik M. Anti-biofilm efficacy of low temperature processed  $\text{AgCl TiO}_2$  nanocomposite coating. *Mater Sci Eng* 2014;34:62–8.
- Tabrez Khan S, Ahamed M, Al-Khedhairi A, Musarrat J. Biocidal effect of copper and zinc oxide nanoparticles on human oral microbiome and biofilm formation. *Mater Lett* 2013;97:67–70.
- Kalishwaralal K, BarathManiKanth B, Pandian SR, Deepak V, Gurunathan S. Silver nanoparticles impede the biofilm formation by *Pseudomonas aeruginosa* and *Staphylococcus epidermidis*. *Colloid Surf B Biointerfaces* 2010;79:340–4.
- Foroortanfar H, Adeli-Sardou M, Nikkhoo M, Mehrabani M, Amir-Heidari B, Shahverdi AR, et al. Antioxidant and cytotoxic effect of biologically synthesized selenium nanoparticles in comparison to selenium dioxide. *J Trace Elem Med Biol* 2014;28:75–9.
- Messarah M, Klibet F, Boumendjel A, Abdennour C, Bouzerna N, Boulakoud MS, et al. Hepato protective role and antioxidant capacity of selenium on arsenic induced liver injury in rats. *Exp Toxicol Pathol* 2012;64:167–74.
- Beheshti N, Soflaei S, Shakibaie M, Yazdi MH, Ghaffarifar F, Dalimi A, et al. Efficacy of biogenic selenium nanoparticles against *Leishmania major*: in vitro and in vivo studies. *Trace Elem Med Biol* 2013;27:203–7.
- Shakibaie M, Shahverdi AR, Faramarzi MA, Hassanzadeh GR, Rahimi HR, Sabzevari O. Acute and subacute toxicity of novel biogenic selenium nanoparticles in mice. *Pharm Biol* 2013;51:58–63.
- Quintana M, Haro-Poniatowski E, Morales J, Batina N. Synthesis of selenium nanoparticles by pulsed laser ablation. *Appl Surf Sci* 2002;195:175–86.
- Langi B, Shah C, Singh K, Chaskar A, Kumar M, Bajaj PN. Ionic liquid induced synthesis of selenium nanoparticles. *Mater Res Bull* 2010;45:668–71.

- [20] Fesharaki P, Nazari P, Shakibaie M, Rezaie S, Banoee M, Abdollahi M, et al. Biosynthesis of selenium nanoparticles using *Klebsiella pneumoniae* and their recovery by a simple sterilization process. *Braz J Microbiol* 2010;41: 461–6.
- [21] Shakibaie M, Khorramzadeh MR, Faramarzi MA, Sabzevari O, Shahverdi AR. Biosynthesis and recovery of selenium nanoparticles and the effects on matrix metalloproteinase-2 expression. *Biotechnol Appl Biochem* 2010;56:7–15.
- [22] Holt JG, Krieg NR, Sneath PHA, Staley JT, Williams ST. *Bergey's manual of determinative bacteriology*. 9th ed. Baltimore: Williams and Wilkins; 1994.
- [23] CLSI. *Methods for dilution antimicrobial susceptibility testing of bacteria grow aerobically*. Approved standard M7-A7. Wayne, PA, USA: Clinical and Laboratory Standards Institute; 2006.
- [24] Zare B, Faramarzi MA, Sepehrizadeh Z, Shakibaie M, Rezaie S, Shahverdi AR. Biosynthesis and recovery of rod-shaped tellurium nanoparticles and their bactericidal activities. *Mater Res Bull* 2012;47:3719–25.
- [25] Stepanovic S, Vukovic D, Hola V, Bonaventura G, Djukic S, Irkovic I, et al. Quantification of biofilm in microtiter plates: overview of testing conditions and practical recommendations for assessment of biofilm production by *Staphylococci*. *APMIS* 2007;115:891–9.
- [26] Hodlur RM, Rabinal MK. A new selenium precursor for the aqueous synthesis of luminescent CdSe quantum dots. *Chem Eng J* 2014;244:82–8.
- [27] Zhang W, Chen Z, Liu H, Zhang L, Gao P, Li D. Biosynthesis and structural characteristics of selenium nanoparticles by *Pseudomonas alcaliphila*. *Colloid Surf B Biointerfaces* 2011;88:196–201.
- [28] Huang Y, He L, Liu W, Fan C, Zheng W, Wong Y-S, et al. Selective cellular uptake and induction of apoptosis of cancer-targeted selenium nanoparticles. *Biomaterials* 2013;34:7106–16.
- [29] Rezvanfar MA, Rezvanfar MA, Shahverdi AR, Ahmadi A, Baeeri M, Mohammadirad A, et al. Protection of cisplatin-induced spermatotoxicity, DNA damage and chromatin abnormality by selenium nano-particles. *Toxicol Appl Pharmacol* 2013;266:356–65.
- [30] Soflaei S, Dalimi A, Abdoli A, Kamali M, Nasiri V, Shakibaie M, et al. Antileishmanial activities of selenium nanoparticles and selenium dioxide on *Leishmania infantum*. *Comp Clin Pathol* 2014;23:15–20.
- [31] Mishra RR, Prajapati S, Das J, Dangar TK, Das N, Thatoi H. Reduction of selenite to red elemental selenium by moderately halotolerant *Bacillus megaterium* strains isolated from Bhitarkanika mangrove soil and characterization of reduced product. *Chemosphere* 2011;84:1231–7.
- [32] Zare B, Babaie S, Setayesh N, Shahverdi AR. Isolation and characterization of a fungus for extracellular synthesis of small selenium nanoparticles. *Nanomedicine* 2013;1:13–9.
- [33] Ramamurthy CH, Sampath KS, Arunkumar P, Suresh Kumar M, Sujatha V, Premkumar K, et al. Green synthesis and characterization of selenium nanoparticles and its augmented cytotoxicity with doxorubicin on cancer cells. *Bioprocess Biosyst Eng* 2013;36:1113–9.
- [34] Joo HS, Otto M. Molecular basis of *in vivo* biofilm formation by bacterial pathogens. *Chem Biol* 2012;19:1503–13.
- [35] Sharma G, Rao S, Bansal A, Dang S, Gupta S, Gabrani R. *Pseudomonas aeruginosa* biofilm: potential therapeutic targets. *Biologicals* 2014;42:1–7.
- [36] Costerton JW, Geesey GG, Cheng KJ. How bacteria stick. *Science* 1978;238:86–95.
- [37] Ansari AM, Khan HM, Khan AA, Cameotra WS, Pal R. Antibiofilm efficacy of silver nanoparticles against biofilm of extended spectrum  $\beta$ -lactamase isolates of *Escherichia coli* and *Klebsiella pneumoniae*. *Appl Nanosci* 2013. <http://dx.doi.org/10.1007/s13204-013-0266-1>.
- [38] Shah SR, Tataru AM, D'Souza RN, Mikos AG, Kasper FK. Evolving strategies for preventing biofilm on implantable materials. *Mater Today* 2013;16: 177–82.
- [39] Nazari ZE, Banoee M, Sepahi AA, Rafii F, Shahverdi AR. The combination effects of trivalent gold ions and gold nanoparticles with different antibiotics against resistant *Pseudomonas aeruginosa*. *Gold Bull* 2012;45: 53–9.
- [40] da Silva Meira QG, de Medeiros Barbosa I, Athayde AJAA, de Siqueira-Júnior JP, de Souza EL. Influence of temperature and surface kind on biofilm formation by *Staphylococcus aureus* from food-contact surfaces and sensitivity to sanitizers. *Food Control* 2012;25:469–75.
- [41] Nichols CM, Bowman JP, Guezennec J. Effects of incubation temperature on growth and production of exopolysaccharides by an Antarctic sea ice bacterium grown in batch culture. *Appl Environ Microbiol* 2005;71:3519–23.
- [42] Nguyen HDN, Yang YS, Yuk HG. Biofilm formation of *Salmonella typhimurium* on stainless steel and acrylic surfaces as affected by temperature and pH level. *LWT – Food Sci Technol* 2014;55:383–8.
- [43] Bonsaglia ECR, Silva NCC, Júnior AF, Júnior JPPA, Tsunemi MH, Rall VLM. Production of biofilm by *Listeria monocytogenes* in different materials and temperatures. *Food Control* 2014;35:386–91.
- [44] Dat NM, Hamanaka D, Tanaka F, Uchino T. Control of milk pH reduces biofilm formation of *Bacillus licheniformis* and *Lactobacillus paracasei* on stainless steel. *Food Control* 2012;23(1):215–20.
- [45] Giaouris E, Chorianopoulos N, Nychas G-JE. Effect of temperature, and water activity on biofilm formation by *Salmonella enteritidis* PT4 on stainless steel surfaces as indicated by the bead vortexing method and conductance measurements. *J Food Protect* 2005;68:2149–54.