Knowledge, Attitude and Practices about Blood Donation among Medical Students of Karachi







Dr Adeel Ahmed Khan
Dr Zeeshan Ahmed
Dr Muhammad A Siddiqui
Kiran Yaqoob
Zulqarnain Anis
Saad Farooq



Presentation Outline

- Background
- Objectives
- Methodology
- Result
- Conclusion
- Recommendations





Background

- Blood donation is a major concern to the society as donated blood can be lifesaving for individuals
- Only 38% is collected in developing countries where 82% of the global population live
- The annual national estimated requirement of blood is approximately 1.5 million units
- Around 10-20% of the blood is donated by the professional donors while only 10% are voluntary unpaid donations and 75% are replacement (hidden payment) donations
- The concept of Voluntary Blood Donors is almost non-existent due to the absence of blood donor motivation and retention strategies

Rationale

 The healthy, active and receptive huge student population is potential blood donors to meet safe blood requirements

 There is a paucity of studies on awareness, attitude and practices among medical students on voluntary blood donation

Objectives

- To determine the knowledge, attitude and practices about blood donation among medical students in three leading medical colleges of Karachi, Pakistan
- To find out the differences in knowledge, attitude & practices about blood donation among students of pre-clinical and post clinical years
- To find out the differences in knowledge, attitude & practices about blood donation among students of three medical colleges of Karachi

Methodology

Study Design

Cross-sectional study

Study Setting

- Dow Medical College
- Sindh Medical College
- Liaquat National Medical College

Study time

January to March 2012

Study Tool

Structured survey questionnaire about knowledge, attitude and practices about blood donation

Methodology Cont...

Sample Size

- Prevalence of appropriate knowledge: 42%
- Bound on the error (B): 4%
- Confidence level (1-α): 95%*
- 585 students were required
- 599 Medical Students from three medical colleges selected
- Proportionate sampling from each medical college
- Convenient non- probability sampling technique

Statistical Analysis

Data analysis was performed in SPSS version 19

 Chi-square test was applied for categorical variables to test the statistical difference at 95% confidence level

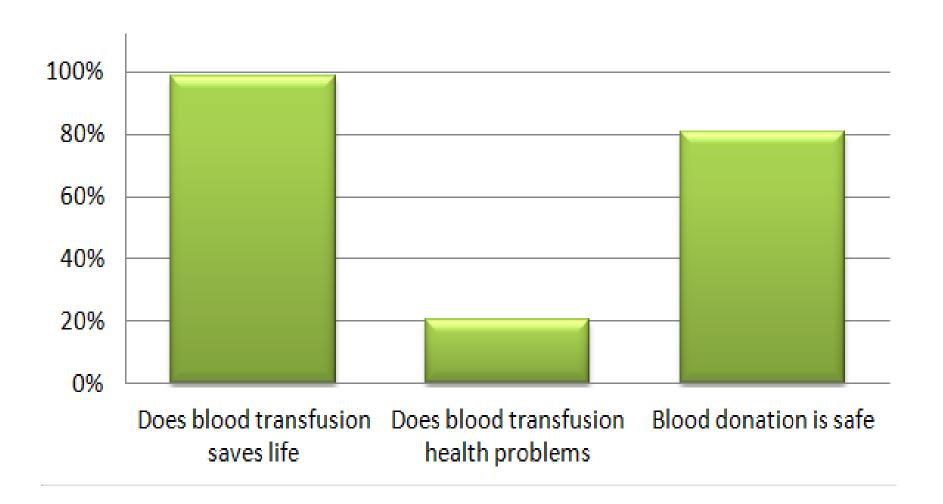
Ethical Approval

 The study was approved by Department of Community Medicine, Dow University of Health Sciences, Karachi

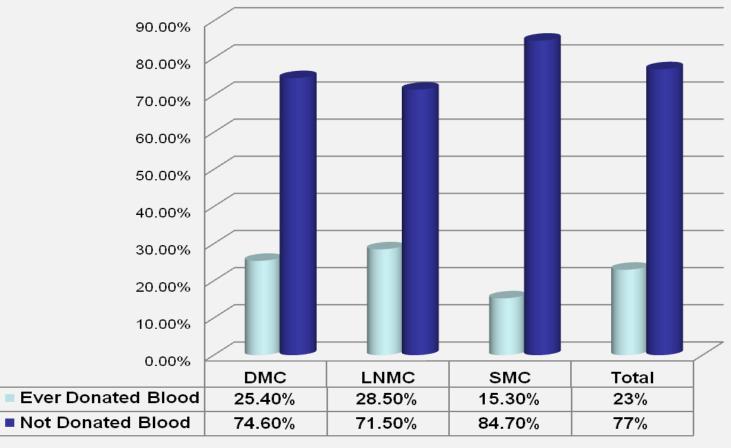
 Written informed consent was taken from all participants before being enrolled in the study and confidentiality of data was maintained

Table 1: Characteristics of Medical students of three different Medical Colleges of Karachi (n=599)

Characteristic	No. (%)
Mean (SD) AGE (years)	20.20 (1.336)
GENDER	
Male	181 (30.2)
Female	418 (69.8)
PERMANENT RESIDENCE	
Karachi	535 (89.3)
Outside Karachi	64 (10.7)
COLLEGE ATTENDING	
DMC	197 (32.9)
SMC	202 (33.7)
LNMC	200 (33.4)
PLANS FOR POST GRADUATION	
Stay in Pakistan	191 (31.9)
Going abroad	224 (37.4)
No plans	10 (1.7)
Not decided yet	174 (29)
CLASS YEAR	
Pre-clinical Years (Year 1-2)	301 (50.3)
Post-clinical Years (Year 3-5)	298 (49.7)

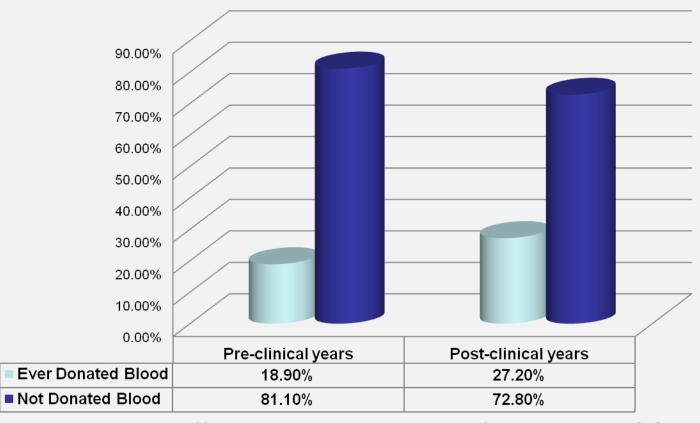


Proportions of students ever donated blood in three Medical colleges



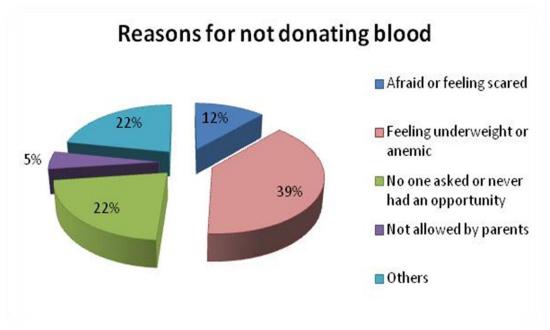
Differences are statistically significant p value < 0.05

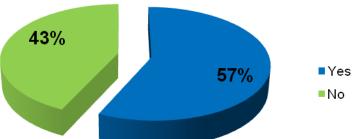
Proportion of students ever donated blood in Preclinical and Post-clinical years



Differences are statistically significant p value < 0.05

Parents permission is necessary for Blood donation





Discussion

 Among doctors, only 3.40% were regular Voluntary Non-remunerated blood Donors (VNDs), whereas no one was found amongst the paramedics. [Gilanii I, Kayani ZA, Atique M.JCPSP 2007]

Conclusion

 Good knowledge about blood donation practices is not transforming in donating blood

 The study elicits the importance of adopting effective measures in our campuses to motivate about voluntary blood donation among students

Recommendations

 A wide gap between knowledge & practices regarding blood donation indicates that factors other than knowledge & attitude influences blood donation practices

 There is an urgent need to create and strengthen programs for motivation, recruitment and retention of voluntary blood Donors in our country

World Blood Donor Day-14 June

The Theme of the 2012 World Blood Donor Day campaign

"Every blood donor is a hero"

Thanks ©

