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With this issue, the *Journal of Sport & Exercise Psychology (JSEP)*, an official peer-review journal of the North American Society for the Psychology of Sport and Physical Activity (NASPSPA), moves into its 39th year of publication. *JSEP* remains the premium and preferred international peer-review journal for sport and exercise psychology research. The quality of the papers appearing in Volume 38 maintained this tradition, and based on early indications, Volume 39 promises to further reaffirm *JSEP*'s position as the outstanding "go to" resource for researchers and students to stay abreast of contemporary, progressive, and leading theoretical and empirical approaches within sport and exercise psychology.

Over the coming years, the quality of the manuscripts appearing in *JSEP* coupled with a review process that yields excellent, constructive, and timely feedback to authors will be at the forefront of the journal's ongoing mission. Whereas some researchers and practitioners place tremendous value on metrics such as the impact factor, the well-informed scientific community is beginning to move away from placing too much emphasis on such imperfect and malleable indices. In this era of metrics that can be manipulated and inflated, ultimately voiding any real value or meaning, I can assure you that the emphasis at *JSEP* will remain the timely publication of high quality manuscripts detailing cutting-edge research efforts.

The authors of the 455 submissions to *JSEP* in 2016 benefitted from the *JSEP* review process. With the overarching aim of aiding authors to improve their manuscripts, the journal's review process is rigorous, timely, incisive, and constructive. Timely feedback is very important, but it is imperative that *JSEP* maintains an emphasis on also retaining the quality of the feedback provided to authors. This is a notable strength of the journal and of the *JSEP* community.

Remaining with timeliness issues, the expeditious communication of papers is critical to maintaining *JSEP*'s position. To this end, and as of 2016, an "in press" has been available so that papers can appear online as soon as possible following acceptance. To supplement this enhancement, the team at Human Kinetics have updated their processes during the first half of 2017 such that issues can appear 'in print' in a more timely fashion.

In 2016, 354 decisions were made by the *JSEP* editorial team comprising of myself and Shawn Arent, Ian Boardley, Ben Jackson, Meghan McDonough, and Catherine Sabiston as Associate Editors. The notable efforts of the Associate Editor's alongside members of the Editorial Board members led to authors receiving detailed, timely, and incisive feedback in 2016. I fully expect this level of performance to continue through 2017 and I am greatly appreciative to all for undertaking these service-related activities in such a professional and diligent manner. I also continue to be very grateful to Kimberley Gammage for her efforts in leading and coordinating the *JSEP* Digest. This section of the journal is very important and I look forward to reading these research summaries over the coming year.

In the spirit of recognizing the efforts of the *JSEP* community, Human Kinetics continue to sponsor two annual awards. The first is the *JSEP Excellence in Research* award, which recognizes a paper as the most outstanding article in the current annual volume of *JSEP*, as voted for by the Associate Editors and a panel of three editorial board members. There were several extremely strong papers reviewed for this award in 2016, which is an acute reflection of the high standard of work published within the journal. The manuscript selected by the panel for this award is a paper by Zachary Zenko (Duke University), Panteleimon Ekkekakis (Iowa State University), and Dan Ariely (Duke University) entitled "Can You Have Your Vigorous Exercise and Enjoy It Too? Ramping Intensity Down Increases Postexercise, Remembered, and Forecasted Pleasure," which appeared in Issue 2 of Volume 38. The novelty, rigorous design, conceptual sophistication, and applied implications that may stem from the work render this meaningful contribution a worthy recipient of the award. I would like to take this opportunity to congratulate Zachary, Panteleimon, and Dan on this excellent piece of work. The second award, the *JSEP 2016 Excellence in Reviewing Award*, provides recognition of consistently constructive and outstanding ad-hoc reviews to the journal as voted by the editorial team. Of course, selecting a single awardee is an extremely difficult task given the many excellent high-quality reviews received each year by dozens of scholars. This year, the award goes to Katie Gunnell (Children's Hospital of Eastern Ontario) for her extensive, excellent, and timely contributions to the *JSEP* editorial process. I would like to thank Katie for her contributions and congratulate her on this award. Both awards will be presented at the NASPSPA Business Meeting in San Diego in June 2017.

It is a special year for *JSEP*'s affiliated organization, NASPSPA. Formed in 1967, NASPSPA commemorates its 50<sup>th</sup> anniversary this year. The annual conference in San Diego will act as the perfect forum to celebrate this milestone. Indeed, a 50<sup>th</sup> Anniversary Committee has been actively working to make the celebration a memorable one. The conference promises to be excellent, with a program marked by high quality submissions that will provide the basis for thought provoking academic discourse and stimulating scholarly discussion (some of which has been scheduled for the beach)! I extend my appreciation in advance to the members of the Organizing Committee.

In closing, I wish to thank in advance the many authors who will submit manuscripts based on their research efforts to *JSEP* in 2017. As of the writing of this short communication, the journal has received over 100 manuscripts, signaling the continued appetite that authors have for publishing their work within *JSEP*. I am certainly looking forward to reading

the many excellent manuscripts that we receive detailing substantive theoretical and empirical contributions to the extant literatures. My very best to you and yours for 2017.

Martyn Standage, PhD, FHEA, University of Bath  
Editor-in-Chief, *Journal of Sport & Exercise Psychology*

## Reference

Zenko, Z., Ekkekakis, P., & Ariely, D. (2016). Can you have your vigorous exercise and enjoy it too? Ramping intensity down increases postexercise, remembered, and forecasted pleasure. *Journal of Sport & Exercise Psychology, 38*, 2, 149-159.