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Wnt/ß-catenin signalling and the dynamics of fate decisions in early mouse embryos and Embryonic Stem (ES) cells.

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Abstract

Wnt/ß-catenin signalling is a widespread cell signalling pathway with multiple roles during vertebrate development. In mouse embryonic stem (mES) cells, there is a dual role for ß-catenin: it promotes differentiation when activated as part of the Wnt/ß-catenin signalling pathway, and promotes stable pluripotency independently of signalling. Although mES cells resemble the preimplantation epiblast progenitors, the first requirement for Wnt/ß-catenin signalling during mouse development has been reported at implantation. [1, 2][1, 2][1, 2]The relationship between ß-catenin and pluripotency and that of mES cells with epiblast progenitors suggests that ß-catenin might have a functional role during preimplantation development. Here we summarize the expression and function of Wnt/ß-catenin signalling elements during the early stages of mouse development and consider the reasons why the requirement in ES cells do not reflect the embryo.

The development of an organism results from the regulated convergence of two processes: the activity of genetic programmes that fuel the generation of different kinds of cells over time, and the organization of these into three dimensional structures that are the foundation of tissues and organs. Over the last twenty years, genetic analysis has revealed that the molecular underpinning of these processes relies on two interacting functional modules: a large palette of transcription factors that are used combinatorially to generate suites of tissue and organ specific cell types, and a small set of information processing devices, signal transduction networks, that have no inherent tissue specificity and work on the transcription factor palette to modulate the combinations and their temporal dynamics (Fig 1).

Understanding the logic that configures interactions between the transcription factors palettes and the information processing devices during the development of an organism is an important challenge of modern biology that needs good experimental systems. While model systems like *S. cerevisiae*, *C. elegans* and *Drosophila* have provided deep insights into the structure of biological systems and the components of both modules. The early development of mammals is emerging as one in which it is possible to study how these modules self-assemble and interact over time. Significantly, mammalian development has the added experimental value introduced by Embryonic Stem (ES) cells, clonal populations derived from preimplantation embryos which can be differentiated in culture under controlled conditions into all somatic and germ cells [3-5] and exhibit self-assembly properties [6-8]. These features, allow interrogation of basic processes of fate assignation in a simple system that can be related to the events taking place during embryogenesis. Hence. the comparison of data obtained from embryos and ES cells can be very enlightening. Here we explore this interface by reviewing what is known about the requirements for Wnt/ß-catenin signalling in embryos and ES cells and make some considerations about the relationship between both.

An outline of early embryogenesis: laying down axes and primordia
As is the case in all mammals, the early stages of the mouse embryo after fertilization are dedicated to the establishment of the extraembryonic lineages and their strategic organization [9-12]. After fertilization, the embryo undergoes 6/7 divisions over a period of 4 days during which the embryonic and extraembryonic lineages are separated from a pool of equipotent cells (Fig. 2A-B). At about day 4, as the embryo is about to implant, the precursor cells of the embryo (the epiblast, EPI) are located on one side of a cavity filled prolate spheroid bounded by the Trophectoderm (TE), which is the precursor of the foetal portion of the placenta. Between the EPI and the cavity is the primitive endoderm (PrE) which will give rise to extraembryonic membrane lineages. This cavitated preimplantation embryo is called blastocyst. After implantation, the PrE and EPI cells migrate to form a secondary cavity within the epiblast, the proamniotic cavity. At this time, the PrE will quickly differentiate two cell types: the visceral endoderm (VE), closely apposed to the embryo and together with extraembryonic mesoderm forms the visceral yolk sac, and the parietal endoderm that together with part of the TE will form the parietal yolk sac.

The mammalian embryo is patterned without maternal inputs [10, 13, 14] and, after the segregation of extraembryonic lineages and implantation, the remaining cells form the epiblast, a columnar epithelium of about 200 cells, will expand and become patterned into the different organs and tissues [10, 15]. At about embryonic (E) day 6, the epithelium becomes subdivided into a broad anterior region and a posterior region (Fig. 2A-B). The anterior region will give rise to the anterior neuroectoderm (aNECT: the brain and parts of the head) and the surface ectoderm [16, 17]. From the posterior region, the mesoderm and the endoderm (pMSEND) will emerge through the Primitive Streak [13, 18, 19]. Clonal analysis

and cell transplantation experiments indicate that individual cells within the pre-streak (<E6.25) epiblast, are not committed and can give rise to any tissue of the organism [17, 20-22], while cells in the early streak (~E6.5) epiblast show certain degree of commitment based on the position of the cells within the epiblast [17, 20]. The regional subdivision of the epiblast depends, in part, on a symmetry breaking event that results from a sequence of inductive events that provide a proximodistal and an anteroposterior axes to the embryo. The TGF-ß family member Nodal signals from the epiblast to induce the expression of *Lefty1* in the distal most part of the VE, which becomes the distal visceral endoderm, DVE [23], and to recruit additional cells, which will form the anterior visceral endoderm (AVE). These cells translocate to one side of the epiblast cup and towards the proximal part of the conceptus thereby defining the anterior region of the developing embryo. This event sets up AP polarity and distinguishes the anterior region from the site of initiation of gastrulation at the posterior side. Genetic analysis suggests that the combined activities of Nodal, BMP and Wnt mediate interactions between EPI, VE and TE/extraembryonic ectoderm that establish the AP axis (Fig. 2C) [15, 24-26].

There is evidence to suggest that the epiblast has a primary aNECT and that the signals from the proximal posterior impose a posterior pMSEND fate on this substrate [27, 28]. Secretion of Cerberus, Lefty1 and DKK from the DVE antagonize BMP, Nodal and Wnt, respectively and protect the anterior epiblast from the posteriorizing signals [19]. Consistent with this, removal of Nodal, BMP or Wnt/ß-catenin signalling in the epiblast results in a premature adoption of anterior neural fates by all cells of the epiblast [27-31] and gain of function of some of these signals e.g Wnt/ß-catenin, result in reduced aNECT development [31]. This subdivision between pMSEND and aNECT can be modelled in ES cells upon controlled culture conditions, where the role of Wnt signalling becomes explicit and paramount during differentiation [32-34].

Function of ß-catenin in perimplantation and early patterning of the mouse embryo
An analysis of the function of Wnt/ß-catenin signalling during mouse development is complicated by the number of genes encoding Wnt proteins (19) and Frizzled receptors (12) (for details on the genes and phenotypes see the Wnt page: http://www.stanford.edu/group/nusselab/cgi-bin/wnt/ and [35]) which, in addition, exhibit dynamic and overlapping patterns of expression in the preimplantation embryo [36]. Fortunately, the number of genes encoding key elements of the transduction machinery is smaller (LRP (2), Axin (2), GSK3 (2) and Dishevelled (3)) and, in the case of ß-catenin, the main transcriptional effector, there is only one gene whose analysis thus provides a basal reference for the function of the Wnt/ß-catenin signalling event.

ß-catenin has a dual function as a central component of the adherens junctions and the transcriptional effector of Wnt signalling, acting through pools with different subcellular localizations (plasma membrane vs cytoplasmic/nuclear pool, respectively, Fig. 3, reviewed in [37]). In the plasma membrane, ß-catenin associates with Cadherins, whose levels have been shown to affect (promoting or inhibiting depending on the cellular context) ß-catenin signalling activity. These observations have led to the notion that the junctional and transcriptional functions of ß-catenin are in equilibrium and therefore that the interactions between ß-catenin and Cadherins should be born in mind when thinking about the consequences of gain and loss of Wnt signalling. In mouse embryos, zygotic loss of ß-catenin does not affect preimplantation development nor the segregation of embryonic and extraembryonic lineages [38-40]. Although there have been reports of requirements for implantation [1], there is clear evidence that ß-catenin zygotic mutant embryos can implant

even if it is not efficiently. It is possible that an effect of ß-catenin in the patterning of the blastocyst is obscured by the maternal contribution and the compensation effect exerted by E-Cadherin which will sequester some ß-catenin thus extending its function [41]. Although this study [38] does not report any defects in the very early stages of development or blastocyst formation, it would be important to revisit this situation paying attention to early patterning effects as there is evidence that an enhancer of Nodal responds to ß-catenin in the blastocyst [42], suggesting that ß-catenin might have early functions.

Zygotic ß-catenin mutant embryos exhibit defects in anterior posterior (AP) patterning by stage E7.0 [38, 40]. Mosaic analysis shows that these defects are due to embryonic requirements and that ß-catenin is first required for the expression of Cripto and the Nodal signalling event that will define the DVE (Fig. 2C) [39]. In the absence of ß-catenin, the DVE is still specified, though with some abnormalities, but it does not migrate and leads to a defective AP patterning [43, 44]. The same phenotype is observed in *Cripto* mutants [45] suggesting that ß-catenin mutant defects might be related to its requirement to activate Nodal signalling via Cripto [39]. At E7.5 it is not possible to find much embryonic tissue in ß-catenin mutant embryos and it is not known whether this is due to the loss of the adhesive function or a failure to specify the different tissues, though there is evidence that plakoglobin can and does substitute for ß-catenin in the adherens junctions [40] [38] [46]. Embryos with very reduced, but some, levels of ß-catenin exhibit an excess neural tissue and no endoderm or mesoderm [29], which is consistent with the requirement for ß-catenin in the specification of the primitive streak and with the observation that gain of function mutations or loss of function of Wnt antagonists result in an expansion of the posterior pMSEND fates [31]. Gain of function studies provide additional insights into the functions of ß-catenin and mutations that stabilize ß-catenin result in premature expression of mesoderm markers such as *Snail1* and *T/Brachyury* and defects in DVE specification [47].

Wnt/ß-catenin signalling in early development
The Wnt/ß-catenin signalling pathway is built in such a manner that the activation of the signal at the membrane via the Frizzled receptors leads to the disassembly of a 'ß-catenin destruction complex" that shuttles between the membrane (recruited by Dishevelled, Dvl) and the cytosol. The core of this complex are the scaffolding proteins Axin and APC and the enzyme GSK3 (Fig. 3) which are encoded by multiple genes. There are 19 genes encoding Wnt proteins, many of which are expressed in preimplantation stages [36]. This situation makes it not feasible to assay the function of Wnt by mutating the ligands, however the study of the loss of Wnt chaperone Porcupine can be enlightening. Porcupine is required for secretion of all Wnt proteins and its absence is, effectively, a loss of function of all Wnt signalling. This allows to distinguish the ß-catenin activities during embryogenesis that are Wnt signalling dependent, from the Wnt-independent. Embryos mutant for *Porcupine* exhibit a phenotype of loss of primitive streak and no defects in AP patterning [48, 49], which is similar to that of LRP5/6 double mutants [50]. This confirms the requirement for Wnt/ß-catenin signalling in the specification of the primitive streak and that the function of ß-catenin in the specification of DVE is independent of Wnt [39, 43, 51].

Although there are multiple Wnts, genetic screens have shown that most, if not all, of the zygotic functions of Wnt/ß-catenin signalling are mediated by Wnt3 as *Wnt3* mutants have a phenotype similar to that of *Porcupine* mutant embryos [52, 53]. Wnt3 is initially expressed in the posterior visceral endoderm (PVE)[54], then, as gastrulation begins, in the posterior proximal epiblast and loss of function shows that it is required for the formation of the primitive streak. However, a careful mosaic analysis of the mutant phenotype revealed that

Wnt3 develops an autoregulatory loop between the PVE and the epiblast which is involved in the maintenance and not the initiation of the primitive streak. Studies of the effect of Wnt/ß-catenin signalling on *Brachyury* expression support this possibility [55, 56] and indicate that, as suggested earlier, ß-catenin has more to do with the stabilization of transcriptional programmes than with their induction [57, 58].

There are 10 genes encoding members of the family of the transmembrane Wnt receptors *Frizzled* which are expressed during early postimplantation development [59, 60]. However loss-of-function studies of Fzd receptors (Fzd3, Fzd4, Fzd5, Fzd6, and Fzd9) up to now do not show gastrulation phenotypes, suggesting a functional redundancy among these receptors, which would mirror the situation in *Drosophila* [61].

There are three *dishevelled* genes encoded in the mouse genome (*dvl1, dvl2* and *dvl3*) with high degree of redundancy in their function. Although the phenotype of the single and double heterozygotes have been studied during late embryonic development , very little is known about the triple mutant or *dvl2;dvl3* double mutant phenotype, only that they die before E8.5 [62] with gastrulation defects [63].

Regarding the genes encoding for elements of the destruction complex (*Axin*, *APC* and *GSK3*), there are two genes for each of these and one would expect that their mutations would mimic, for the most part, phenotypes of ß-catenin gain of function in mouse embryonic development. This is the case for the *APC* mutants which show defects during DVE specification and gastrulation [64, 65]. Mutations in the *Axin1* gene cause axis duplication [66], the same as a mutation stabilizing *Axin2* that leads to enhanced Wnt signalling in the primitive streak, while a null *Axin2* mutation induces malformations in the skull [67, 68]. *Gsk3β* is lethal at mid-gestation with no apparent axis duplication [69] and *Gsk3a* is viable [70]. There are no reports of the double *Gsk3a* ; *Gsk3β* mutant.

Tcf factors
In the nucleus, ß-catenin interacts with several proteins [71] but most notably with members of the Tcf family of DNA binding proteins [72, 73]. There are four members of this family. Tcf4 is not expressed in the early development and genetic analysis reveals a degree of redundancy between Lef1 and Tcf1 mutants which do not show early defects but the double mutant mimics the *Wnt3* mutant [74]. Tcf3 is different: a large body of evidence suggests that it cannot activate transcription and acts largely as a repressor of the signalling event. Loss-of-function results in phenotypes that resemble, but are different of, gain of function of ß-catenin [75] but this phenotype might be independent of a direct interaction with ß-catenin as embryos homozygous for a mutation in the ß-catenin binding domain of Tcf3 undergo normal gastrulation [76].

Function of Wnt/ß-catenin signalling in Embryonic and Epiblast stem cells
Embryonic stem (ES) cells are derivatives from early mammalian embryos that can be cultured indefinitely and differentiated into most cell types of an organism i.e. they are pluripotent [4, 77]. In the case of mouse, there are two kinds of pluripotent stem cells derived from, and representing, epiblast at different embryonic stages. Naïve ES cells, which are derived from preimplantation blastocysts, and which do not exhibit lineage bias and give rise to chimeras when injected into preimplantation embryos [5], and epiblast stem cells (EpiSC) derived from the postimplantation epiblast [78, 79], which exhibit lineage bias towards pMSEND and only form chimeras when injected in hosts of the same age [80, 81].

The observation that GSK3ß inhibition stimulates self-renewal in mouse ES cells under standard culture conditions raised the possibility that Wnt/ß-catenin signalling was involved in pluripotency. In the wake of these reports, a flurry of experiments indicated that the most significant effect of the inhibition of GSK3 on pluripotency is mediated by ß-catenin [82-86]. The effects of ß-catenin on ES cell culture were reinforced by its central role in the activity of the 2i cocktail [87]. These experiments demonstrated a potent effect of Wnt/ß-catenin signalling on the self-renewal of ES cells and on the derivation of ES cell lines from recalcitrant mouse strains [88-91] and even rats [92] [93]. However, the effect of Wnt signalling is different on ES and EpiSC: whereas in ES it promotes pluripotency, in EpiSCs it promotes differentiation [94].

The generally accepted linear pathway associated with Wnt/ß-catenin signalling [95] led to the conclusion that the function of ß-catenin in the maintenance of ES cells was mediated through its transcriptional activity [95-97]. This conclusion was supported by the effects of mutations in *APC* where a correlation was demonstrated between the levels of ß-catenin, its transcriptional activity and the degree of pluripotency [98-100]. However, further experiments challenged the two simplest conclusions from these studies: that ß-catenin is required for pluripotency and that this function acts via its transcriptional activity. ß-catenin is not required for the establishment of pluripotency as ES cells can be derived from ß-catenin mutant blastocysts [101] and, more significantly, ß-catenin mutant cells can be maintained in culture, albeit with a certain degree of instability [29, 33, 85, 102-104]. In addition, functional analysis of ß-catenin activity in ES cells revealed that its transcriptional activity is dispensable for pluripotency [33, 102, 103]. This is corroborated by the observation that Tcf1, Lef1 and Tcf4 are also dispensable [87, 105] and that Tcf3 represses rather than promotes pluripotency [106, 107]. Despite this, although ß-catenin is not required for pluripotency, it does help its maintenance as the detailed quantitative analysis of ß-catenin mutant ES cells revealed that they are highly unstable and difficult to maintain in culture [29, 33, 108, 109]. The instability of ß-catenin mutant cells is associated with altered levels of Nanog and Oct4 protein [33, 108]. Several studies have been conducted to investigate the mechanism by which ß-catenin is involved in the maintenance of pluripotency [102, 105, 110, 111]. These studies have led to the conclusion that the main role of ß-catenin in pluripotency is to neutralize the repressive activity of Tcf3 on the pluripotency network and that it does it through a non-transcriptional activity (Fig. 4A-B').

Besides the effects of ß-catenin on Tcf3, there is a clear link between ß-catenin and Oct4 [33, 112-114]. The situation may be intricate as defined Oct4 levels are key for the establishment of pluripotency and altered levels induce differentiation [115-117]. The effect of ß-catenin on Oct4 is clear: there is evidence that ß-catenin sequesters Oct4 to prevent its prodifferentiation activities [34]. Some of these interactions might be associated with the association of ß-catenin with Cadherins [33].

But the controversy on the exact mechanism by which ß-catenin is involved in pluripotency still remains: a new study using conditional *ß-catenin* null cells indicates that some of the defects observed in previous studies are due to the use of long term cultured cells [118]. The short term effect of ß-catenin absence is related to cell death and chromosome segregation with no effect on pluripotency markers expression.

The relationship between ß-catenin and pluripotency in ES cells is mirrored in EpiSCs, where there is a low level requirement for their establishment and maintenance but where the most clear requirement is for their differentiation [94, 119]. In human ES cells, which closely

resemble mouse EpiSCs, similar requirements for ß-catenin have been found and transcriptional activity is associated with differentiation [120, 121]. These conclusions have been recently confirmed in mouse EpiSCs [94]. Further studies on reprogramming mouse EpiSCs to ES cells show that inhibition of Wnt/ ß-catenin signalling enhances the conversion [122].

In summary, the situation in culture is clear: ß-catenin plays a central role in balancing differentiation and self-renewal. As part of a protein complex promotes self-renewal in ES cells while its transcriptional activity as part of canonical Wnt signalling promotes differentiation both in ES and EpiSCs.

In summary: The relationship between ES cells and embryos from the perspective of ß-catenin

The first requirement for Wnt/ß-catenin signalling in the mouse embryo has been reported in the differentiation of the epiblast, which develops a neural fate in the absence of ß-catenin. A similar phenotype can be observed during the differentiation of ES cells and suggests that the ES cells are a good model for the events in the embryo and that Wnt/ß-catenin signalling is required for the development of the mesoderm and the endoderm during differentiation.

The situation is different in preimplantation blastocysts, from where the ES cells are derived and are most closely associated with [123]. The requirement for ß-catenin or inhibition of GSK3 in the maintenance of ES cells is underscored by the observation that GSK3 inhibitors increase the efficiency of ES cells derivation from different mouse strains and rats. However, this requirement contrasts with the lack of obvious phenotype associated with loss of ß-catenin in preimplantation embryos even though ß-catenin, other components of the pathway and multiple Wnt ligands are expressed in early mouse development. This is surprising and suggests two possible explanations. The first one is that a role for ß-catenin in the establishment of the epiblast is obscured by its maternal component and its stability in the adherens junctions (Fig. 4C-D). This cannot be ruled out and will have to be tested with some attention to quantitative parameters as the resulting phenotype might lead to quantitative changes in the dynamics of the development of the epiblast or the balance between different cell types. For example, loss of ß-catenin activity in ES cells leads to an increase in the frequency of differentiation [33, 34] and an equivalent phenotype in the blastocyst might only be observed in quantitative studies as for example those performed in the role for Oct4 role in the segregation of the EPI [124]. A second possibility is that despite many suggestions and efforts, ES cells might not represent a stage in the embryo but a culture artefact and results obtained in both systems are not comparable.

A variety of studies suggest that while not all the events in embryos can be modelled in ES cells, the reverse is true i.e. what is found in ES cells usually can be observed in embryos in a very transient manner. However, there are significant differences between the control of gene expression in embryos and cells. Recent work on Nanog expression during embryogenesis has indicated that contrary to the events in ES cell culture, the levels of Nanog do not undergo large scale fluctuations in the embryo and cells will express Nanog stably on the basis of their gene expression trajectories [125]. It is possible that ß-catenin plays a role in this process by altering the dynamics of the event and facilitating cell fate decisions. On this premise, there might be an early function of ß-catenin and this function might be linked to the dynamics and coordination of the events, in a manner which has been suggested to be a general feature of Wnt/ß-catenin signalling [57]. In this case only a quantitative analysis of the dynamics of the process will reveal its function and this will have to be analysed in the

absence of both, maternal and zygotic contributions. A hint that Wnt/ß-catenin might be involved in the dynamics of early events can be gauged from the phenotype of mutants in APC which result in increased Wnt/ß-catenin signalling and in which fate decisions, most notably the acquisition of mesodermal and endodermal fates is anticipated [126].

Wnt/ß-catenin signalling is associated with the maintenance of stem cells in many systems [127] and the role revealed in the case of ES cells might reflect the fact that epiblast cells in the blastocyst are in a very poised state to become stem cells and susceptible to be captured by ß-catenin. Thus the differences between embryos and cells might be telling us something about how stem cells are set up and the role that ß-catenin plays in this process.

Acknowledgements

Figure legends
Figure 1: Information processing devices modulate the dynamics and combination of transcription factors to generate tissues and organs. During embryonic development, different transcription factors (TF1-TF7) are (co-)expressed to specify several fates. As development progresses, an information processing device or signal transduction network (STN in the figure) coordinates specific subsets of transcription factors. Once they are coordinated, they are regulated by signalling pathways (SP1-3 in the figure) to promote the cellular fates observed in tissues and organs.

Figure 2: (A) Binary cell fate decisions made during early mouse development from the totipotent blastomeres to the extraembryonic tissues and the three germ layers at the end of gastrulation. (B) Schematic representation of the early mouse development from zygote (E0) to gastrulation (E6.5). Sagital views are shown, except the last one that shows a tranversal section across the primitive streak from the E6.5 embryo. (C) Schematic representation of Wnt/ß-catenin signalling domains in E5.5 and E6.5 embryos, these include the VE, posterior epiblast, the primitive streak, mesoderm and definitive endoderm.

Figure 3: Wnt/ß-catenin signalling. In the absence of Wnt (left), ß-catenin phosphorylated by casein kinase 1α (CK1) is further phosphorylated by glycogen synthase kinase 3 (GSK3) within the 'destruction complex' which also includes adenomatous polyposis coli (APC). The phosphorylated ß-catenin is recognized by a E3 ubiquitin ligase (not shown) which targets it for proteasome degradation. In the nucleus, the target genes of the pathway are kept in an 'OFF' state by TCF family members. During Wnt activation (centre), the destruction complex is sequestered to the cell surface via Dishevelled (Dvl), this leads to ß-catenin stabilization, which enters into the nucleus, interacts with TCF family members and promotes the transcription of target genes. Right: ß-catenin can also be found as part of the adherens junctions where it interacts with E-Cadherin, this interaction can regulate the availability of ß-catenin for signalling.

Figure 4: (A-B) Under self-renewing conditions ß-catenin localizes at the membranes (A), and it translocates to the nucleus when cells Wnt/β-catenin is activated under differentiation culture conditions in the presence of the GSK3 inhibitor Chi for 48h (B) or 96h (B'). The white arrows indicate some cells with nuclear ß-catenin. (C-D) ß-catenin localization in E4.0d (C) and E5.5d (D) embryos. Scale bars, 50μm.

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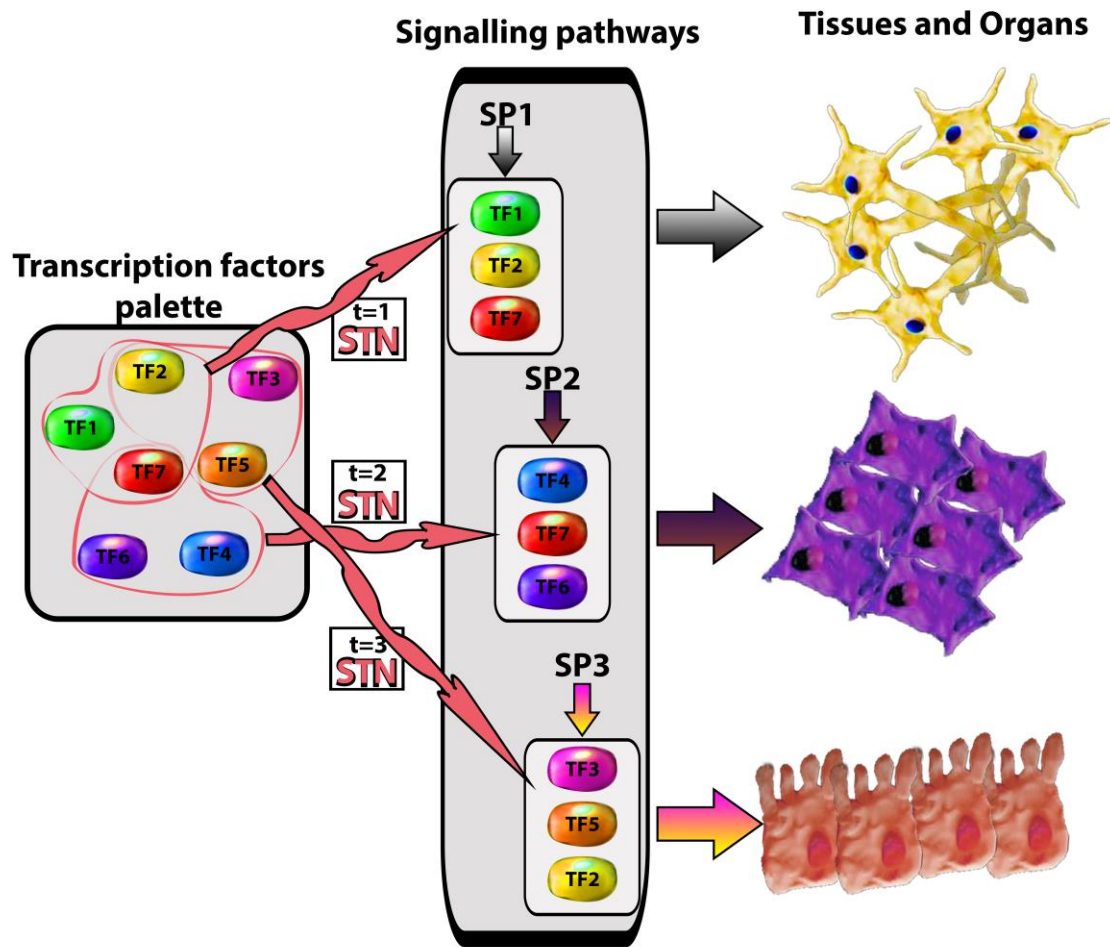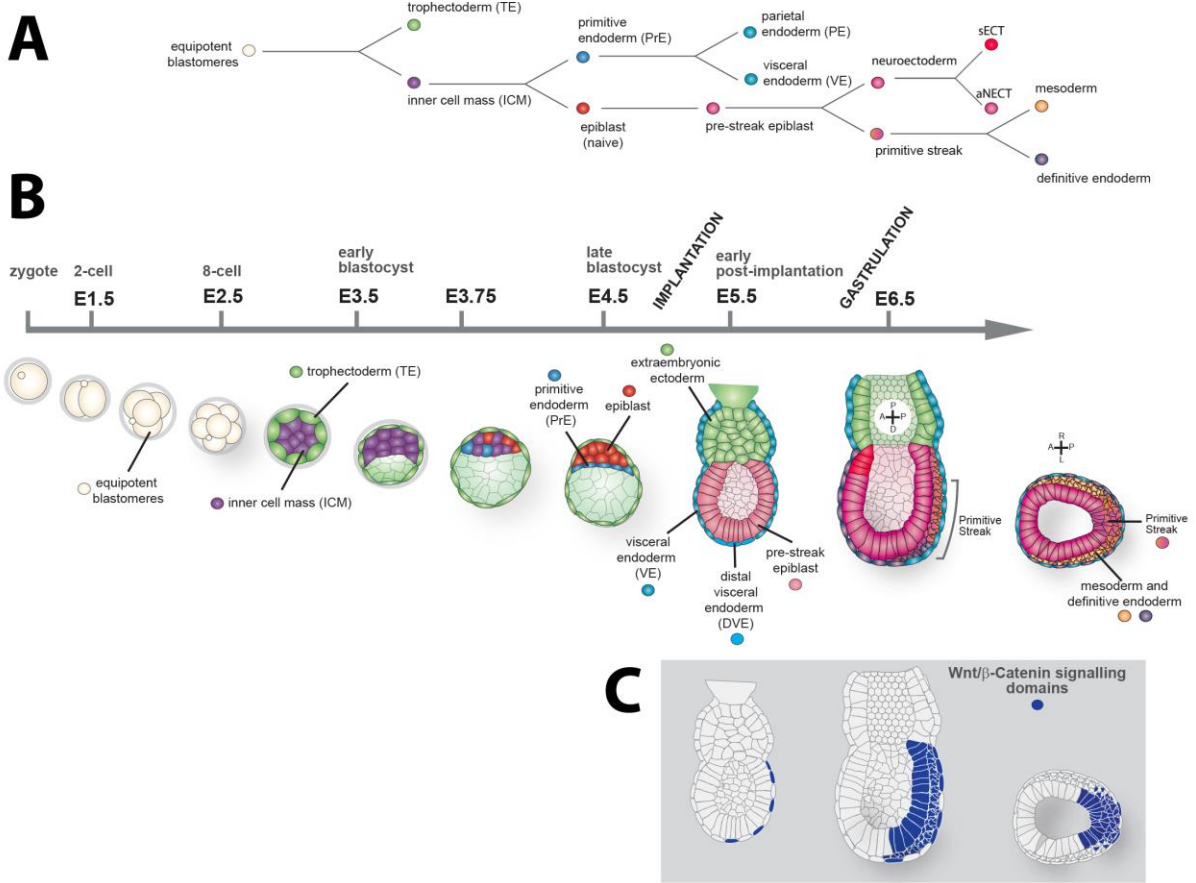
FIGURE 1

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