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# A three stage analysis of motivational and behavioural factors in UK internet gambling

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#### Abstract

This paper uses the Problem Gambling Severity Index (PGSI) to determine differences in UK internet player responses to their motives for gambling online. It also evaluates their views relating to responsible gambling practices and behavioural factors. A three stage analysis applying Structural Equation Modelling (SEM); multiple regression; and multinomial logistic regression is used. The main research instruments is an internet based questionnaire. Our findings for the motivation factors highlight that the most significant factors which players perceive are escape and relaxation; financial motivation; and social and competition. In terms of player views in relation to responsible gambling practices and behavioural factors such as proactive responsible gambling; transparent terms and conditions; and use of player information are not acknowledged as significant factors by players. This study also suggests that the financial motive to gamble should be divided into the following submotives: 'to win money' and to 'earn income'. Our main policy recommendation includes the need for a more transparent system that places emphasis on tangible or auditable means of demonstrating ethical responsibilities, and to determine areas of improvement.

Key words: Internet gambling; SEM; Responsible gambling; Financial motives; Behavioural motives

JEL Classification: L83; O41

#### 1. Introduction

In general there is agreement that there has been significant growth in Internet gambling, that its popularity has increased and that the industry is likely to experience further continued growth as technological and Internet developments occur and the market becomes more liberal (Global Betting and Gaming Consultants (GBGC), 2007, 2009, 2010; Gainsbury, Parke, & Suhonen, 2012; Gainsbury, Russell, Wood, Hing, & Blaszczynski, 2015). Whilst the growth in internet gambling has presented many benefits, such as increased government revenue and leisure opportunities, it has also presented challenges for many regulatory and legislative authorities who have found it difficult to effectively regulate the social, commercial and clinical aspects of the Internet gambling industry (Rose & Owens, 2005; Balestra & Cabot, 2006).

Within the UK, the increased popularity and significance of Internet gambling has occurred in an era where the state and organisations are jointly responsible as guardians and guarantors of corporate citizenship (O'Dwyer, 2003; Cochran, 2007). Whilst corporate citizenships suggests that the ultimate responsibility to gamble responsibly rests with the individual player, it also places a requirement on gambling organisations to provide their customers with sufficient, necessary and timely information so that they understand the nature and risks associated with the games, products and services that they use. In addition, such citizenship requires those providing gambling products and services to balance the need for the individual player to self-identify and self-regulate their behaviour with the organisations obligation to ensure that they operate in a responsible, transparent and non-exploitative way whilst making a profit (eCOGRA, 2007; Blaszczynski, Ladouceur & Shaffer, 2008; Blaszczynski, Collins, Fong, Ladouceur, Nower, Shaffer, Tavares, & Venisse, 2011).

The main aims of this paper are to investigate UK players' perception of their motives for gambling online; and to evaluate their views on responsible gambling practices and behavioural factors. Our novel contribution includes applying a fresh methodology with a three stage analysis to identify players' motivations and behaviours. The methodology uses Structural Equation Modelling (SEM), multiple regression and multinomial logistic regression, which represents an original approach to the current literature. Whilst the study identifies a number of original contributions, we uniquely identify two sub-categories of financial motivation which are 'to win money' and to 'earn income'. In addition, we identify 'game design' and 'self-exclusion and self-help' as the main factors affecting gambling behaviour. Our paper findings also question the ethical effectiveness of self-regulation which should underpin systems of corporate social responsibility.

The rest of this paper is organised as follows: section 2 reviews the relevant literature; section 3 outlines the research methodology; section 4 outlines key results and discussions; and section 5 provides summary conclusions and suggests areas for future research.

#### 2. Review of relevant literature

An individual may gamble for a variety of reasons such as for enjoyment, as a coping mechanism, for financial reasons, and for social reasons (Walker, Hinch & Weighill, 2005; Lee, Lee & Kim, 2007; Abdi, 2014). Some studies have associated motivation to gamble with age (Clark & Clarkson 2007; Gupta, Nower, Derevensky, Blaszczynski, Faregh, & Temcheff, 2013), and gender (Walker et al. 2005; Corney & Davis 2010) and others have evaluated gender preferences for specific gambling activities (eCOGRA, 2007; Parke, Griffiths & Parke, 2007; Wood & Williams, 2009). Gainsbury et al. (2015) also acknowledge differences in the profile of those who gamble online when compared to those who gamble using land based venues. In general these studies conclude that females are more likely to be motivated to play games of chance whereas males are motivated to play games based on skill.

In relation to motives to gamble, Lee et al. (2007) propose a model based on the following factors: excitement; socialization, avoidance, monetary and amusement. Whilst they conclude that the five-factors are highly reliable/consistent (alpha = 0.92), they suggest that the monetary motive is most effective in explaining gambling motivation and severity. They eliminate the social motive as it has no effect on the monetary motive, and they conclude that whilst the avoidance and excitement motives show no direct influence on gambling motivation and severity, they do exert an indirect influence through the monetary motive. An alternative model of gambling motivation is proposed by Lloyd, Doll, Hawton, Dutton, Geddes, Goodwin and Rogers (2010) who highlight the following three primary motives for

gambling: mood regulation; to obtain money and for enjoyment. They conclude that the more an individual plays the stronger their gambling motivation to regulate mood, obtain money and seek enjoyment when compared with those who did not have a gambling problem. They also report that females played more to regulate their mood, are less motivated by money and are less likely to derive enjoyment from gambling activities when compared to males. In addition, older players tended to play to regulate mood. Clearly there are similarities between Lee et al. (2007) and Lloyd et al. (2010) models, for example the significance of money as a motive. However, there are differences between the models, for example, Lee et al. (2007) discount the social motive whereas Lloyd et al. (2010) highlight the significance of social motive via mood regulation and enjoyment. Consequently, our paper develops on previous studies; and therefore the significance of financial, social and enjoyment factors, apart from other factors, are considered in this paper. In addition, our paper investigates whether there is a link between the identified motives to gamble and PGSI individual scores and PGSI classification.

Managing the relationship between an individual's motivation to gamble and their ability to manage their gambling behaviour in a responsible way is both complex and multi-faceted. Whilst the management of this relationship has been further complicated by the lack of a global regulation system, there is growing consensus that any management system should be based on the principle of self-regulation at an organisational level. For Power (2004) and Kingma (2004) this reflects established models of corporate social responsibility (CSR) where governments within each jurisdiction broadly outline standards which they expect organisations to meet. Individual gambling organisation and regulatory agencies in turn, become responsible for creating risk management and regulatory systems that demonstrate compliance and due diligence. Whilst this approach is driven, in part, by the global and

diversified nature of contemporary business organisations, which makes it impossible to legislate for individual eventualities, one practical problem of this system is that it places greater emphasis on the monitoring of such self-regulation if the organisations responsible gambling features and tools are to be perceived as credible and effective. To achieve this aim many organisations legitimise their operational practices through third party accreditation, however, the success of such third part accreditation is questionable, as Gainsbury et al. (2012) suggests that there is conflicting evidence as to whether it is understood by consumers and whether it affects their motivation to gamble and their actual gambling behaviour.

With greater emphasis on organisations not only needing to act in a responsible way but also being perceived as acting in a responsible way (Griffiths 2009a, 2012; Schellinck & Schrans 2007; Gambling Commission, 2008; Hancock, Schellinck & Schrans, 2008; and Hing & Breen 2008) there is an increased need for players to be aware of, to understand and to trust the products and services that they use. This need places an increased obligation on gambling providers to understand what motivates an individual to gamble and to acknowledge the factors that may cause harm to those using their products and services. This is further complicated as there is agreement that players regard responsible gambling features as important and valuable (Parke et al. 2007 and Wood & Griffiths, 2007, 2008) but their use by players is relatively low, and is lower where engagement with such features is voluntary (Griffiths, 2009a, 2012; Australian Parliamentary Joint Select Committee on Gambling Reform, 2011).

To date, there is limited understanding of player perceptions of the effectiveness of operator self-regulation as a consumer protection tool in responsible Internet gambling (Wood & Williams, 2009, 2011; and Gainsbury et al. 2012). As such, our paper explores consumer perceptions of responsible gambling by evaluating players' perceptions of motives to gamble

online and their opinions relating to gambling practices and behavioural factors that enable them to gamble in a responsible and ethical way.

# 3. Methodology

A web based questionnaire is used to collect responses from players who had accessed an online gambling site in the previous 3 months. The questionnaire contains 113 questions consisting of both open and closed questions (no further information is provided in relation to both motivational and behavioural factors using open questions). Divided into four sections, the first section of the questionnaire is designed to obtain consent from participants and collect information on their behaviour including the types of games played and frequency of play. Standard Problem Gambling Severity Index (PGSI) questions are used to determine an individual's PGSI score and classification. The PGSI consists of nine questions using a four point Likert-scale i.e. 'never = 0', 'sometimes = 1', 'most of the time = 2', 'almost always = 3'. Based on participants' responses, a numerical score is obtained resulting in the following classifications: score of 0 = 'Non-problem group'; score of 1 or 2 = 'Low problem group'; score of 3 to 7 = 'Moderate problem group' and score of 8 or more = 'Problem group'.

Section two focuses on players perceptions of the factors that motivate them to  $play^1$ . These include factors such as relaxation, excitement, boredom, financial and social. Section three establishes player attitudes towards 52 responsible gambling statements on responsible gambling practices and behavioural factors using a seven point Likert-scale (whereby 1= strongly disagree and 7 = strongly agree). These statements relate to, for example, self-exclusion options, perceived knowledge of staff, problem gambling information, advice and referral in relation to problem gambling, limit setting, play for free facilities and practices,

<sup>&</sup>lt;sup>1</sup>This section also includes the factors which they perceive cause harm. However, responses to these questions have not been included in this paper.

game design protocols, player analytics and stakeholder involvement in research. The final part of the questionnaire relates to socio-demographic information including age, gender and ethnic background. It should be emphasised that PGSI is determined using established measures whilst the remainder of question included in our questionnaire are developed specifically for this study. Web-based surveys have been used in previous studies and are acknowledged as a suitable method for investigating Internet gambling behaviour (see for example, Wood *et al.*, 2007 and Griffiths *et al.*, 2009a, 2009b). Informed consent is provided electronically as part of the web survey. The questionnaire was sent to a number of experts in both academia and the gambling industry for validity purposes. In addition Cronbach's alpha is calculated for both stages achieving 0.814 and 0.853 for motivational and for behavioural factors respectively.

*Participants:* The study is based on a self-selected sample of 617 questionnaires recruited through hyperlinks placed on a prominent UK newspaper/online newspaper and a number of UK University websites. 425 questionnaires, (achieving a 68.88% response rate) are classed as reliable. Being consistent with other studies, participants are required to have engaged in Internet gambling in the past three months (eCOGRA, 2007, Parke et al. 2007). The opportunity to win an *I-Pad* is used as an incentive to improve participation in this study. The use of such an incentive is considered acceptable and a low risk method to improve participation rates in gambling research as its structural characteristics (no stake, little player involvement, no chasing potential, delayed outcome determination, weak schedule of determination and weak schedule of reinforcement) are unlikely to stimulate additional gambling activity (Parke et al. 2007; Griffiths 2009b). 293 (69%) of the final sample are males, the modal age is 21-26 years, and the modal frequency of play is 2-3 times per week. Respondents are classified in terms of the PGSI problem severity groups as follows: 94

(22%) problem; 132 (31%) moderate problem; 110 (26%) low problem; and 89 (21%) no problem group. The method of data analysis is divided into the following three stages:

#### 3.1. First stage: Structural Equation Modelling

# **3.1.1. Structural Equation Modelling (SEM)**

SEM<sup>2</sup> is a confirmatory multivariate technique that includes the measurement errors in the model, and allows the researcher to measure the relationships between the latent and the observed variables. SEM establishes both measurement and structural models to address complicated relationships (Hair, Barry & Babin, 2010). The measurement model aims to evaluate the instruments' quality in terms of internal consistency and discriminant validity and reliability. Partial least square technique is employed in PLS-SEM. The measurement model should be assessed in relation to validity and reliability concerns (Brown, 2006). These include construct validity and composite reliability. Construct validity refers to how the constructs are measured by the instrument. Construct validity includes two sub-types, discriminant and convergent validity. Discriminant validity means that the constructs must be different from other related constructs. Convergent validity refers to the extent of correlation between measures of the same construct, which should be related in reality (Grob, 2003). Average variance extracted (AVE) is used to assess discriminant and convergent validity (Dalgaard, 2008, Fornell and Larcker, 1981). AVE refers to the overall amount of variance in the items accounted for by a latent construct (Bland and Altman, 1994). Convergent validity is adequate if AVE  $\geq$  0.50 and discriminant validity exists if the Square roots of AVEs are greater than the inter-construct correlation (Kock, 2015). Reliability refers to 'a statistical measure of how reproducible the survey instrument's data are' (Litwin, 1995). It is measured by calculating Cronbach's alpha, which measures the homogeneity of a scale formed of

<sup>&</sup>lt;sup>2</sup>For the purpose of comparing the SEM results and in order to evaluate the accuracy of our models, we consider Principle Component Analysis (PCA) in our analysis, for more details see the Appendix.

multiple items. Furthermore, composite reliability (CR) verifies the validity of the constructs, reflecting how error affects the scale (Field, 2009). WarpPLS software version (5) was used for analysis purposes<sup>3</sup>.

#### 3.2. Second stage: Multiple Regression

Our regression uses the outcomes of the SEM<sup>4</sup> for both the motivational factors and the factors relating to the responsible gambling practices and behavioral factors. PGSI individual scores are used as the dependent variable.

*Regression Model*<sub>1</sub> ( $R_1$ ): PGSI individual score as a dependent variable on the player motivational factors identified in SEM<sup>5</sup>.

 $PGSI = \alpha + \delta_1 x E + \delta_2 x RE + \delta_3 x FM + \delta_4 x AM + \delta_5 x SC + e_i$ 

where,

 $\propto$  = Intercept, a measure of the mean for the responses when all predictor variables are at value 0 (zero);  $\delta$  = delta function or slope measuring the rate of change in PGSI individual scores given the change in each of the predictor variables; PGSI refers to Problem Gambling Severity Index; E refers to excitement; RE refers to relaxation and escape; FM refers to financial motivation; AM refers to autonomy and mastery; SC refers to social and competition; and  $e_i$  refers to noise error term.

<sup>&</sup>lt;sup>3</sup>For more details regarding Structure Equation Modeling the reader is referred to Crowley and Fan (1997), Boomsma (2000), Kaplan (2000), Barrett (2007), Hooper, Coughlan and Mullen (2008), Asparohov and Muthén (2009) and Byrne (2009). Also the reader is referred to Kock (2010), Kock (2011a), Kock (2011b) and Kock and Verville (2012) for more details regarding WarpPLS analysis.

<sup>&</sup>lt;sup>4</sup>This also has been confirmed by the PCA results.

<sup>&</sup>lt;sup>5</sup>This also has been confirmed by the PCA results.

*Regression Model*<sub>2</sub> ( $R_2$ ): PGSI individual score as a dependent variable on responsible gambling practices and behavioural factors identified in SEM<sup>6</sup>

 $PGSI = \alpha + \delta_1 \times PRG + \delta_2 \times TTC + \delta_3 \times CS + \delta_4 \times SESH + \delta_5 \times GD + \delta_6 \times PIBT + e_i$ 

where,

 $\alpha$  = Intercept, a measure of the mean for the responses when all predictor variables are at value 0 (zero);  $\delta$  = delta function or slope measuring the rate of change in PGSI individual scores given the change in each of the predictor variables; PGSI refers to Problem Gambling Severity Index; PRG refers to proactive responsible gambling; TTC refers to transparent terms and conditions; CS refers to customer service; SESH refers to self-exclusion and self-help; GD refers to game design; PIBT refers to player information, behaviour and transaction; and  $e_i$  refers to noise error term.

# 3.3. Third stage: Multinomial Logistic Regression

Where the dependent variable is nominal, multinomial logistic regression is used. We use the PGSI categories as a dependent variable with both the motivational factors and the factors related to the responsible gambling practices and behavioral factors. PGSI group classifications are used here as the focus is on determining differences within responding groups using a single classification variable.

*Multinomial Regression Model*<sub>1</sub> ( $MR_1$ ): PGSI category as a dependent on the player motivational factors identified in SEM<sup>7</sup>

<sup>&</sup>lt;sup>6</sup>This also has been confirmed by the PCA results.

<sup>&</sup>lt;sup>7</sup> This also has been confirmed by the PCA results.

$$1(\alpha,\beta) = \prod_{i=1}^{n} [\pi_{1}(X_{i}) \ ^{E}\pi_{2}(X_{i}) \ ^{RE}\pi_{3}(X_{i}) \ ^{FM}\pi_{4}(X_{i}) \ ^{AM}\pi_{5}(X_{i}) \ ^{SC}]$$

where,

1 is the usual indicator function using PGSI group classification;  $\alpha$  and  $\beta$  are the model parameters;  $\pi_1, \pi_2 \dots \pi_n$  are the probabilities of various independent variables namely: E refers to excitement; RE refers to relaxation and escape; FM refers to financial motivation; AM refers to autonomy and mastery; SC refers to social and competition; and  $X_i$  is the covariates of each of the indicator variables which is 1 if the indicator variable is of type 1, or 0 otherwise, etc.

*Multinomial Regression Model*<sub>2</sub> ( $MR_2$ ): PGSI category as a dependent variable on responsible gambling practices and behavioural factors identified in SEM<sup>8</sup>

$$1(\alpha,\beta) = \prod_{i=1}^{n} [\pi_{1}(X_{i}) \ ^{PGR} \pi_{2}(X_{i}) \ ^{TTC} \pi_{3}(X_{i}) \ ^{CS} \pi_{4}(X_{i}) \ ^{SESH} \pi_{5}(X_{i}) \ ^{GD} \pi_{6}(X_{i}) \ ^{PIBT}]$$

where,

1 is the usual indicator function using PGSI group classification;  $\alpha$  and  $\beta$  are the model parameters;  $\pi_1, \pi_2 \dots \pi_n$  are the probabilities of various independent variables namely: PRG refers to proactive responsible gambling; TTC refers to transparent terms and conditions; CS refers to customer service; SESH refers to self-exclusion and self-help; GD refers to game design; PIBT refers to player information, behaviour and transaction; and  $X_i$  is the covariates of each of the indicator variables which is 1 if the indicator variable is of type 1, or 0 otherwise, etc.

<sup>&</sup>lt;sup>8</sup> This also has been confirmed by the PCA results.

#### 4. Results and discussion

We identify the player motivational factors; and responsible gambling practices and behavioural factors using a three stage analysis: Structural Equation Modelling; multiple regression; and multinomial logistic regression. In order to achieve our aims, the Problem Gambling Severity Index (PGSI) is used as the focus for comparison<sup>9</sup>. The logic behind applying our three stage analysis is that a stage outcome is used as an input for the next stage. For example, the outcomes of our first stage namely SEM are used as inputs for the second stage modelling namely multiple regression. This ensures consistency in approach and has the power to link crucial characteristics of our complex modelling with each other. This clearly is of benefit to different group of stakeholders, as the more detail included in each model about a player's motivations and behaviours enables more effective and relevant decisions to be made. For example, our third stage analysis namely multinomial logistic regression provides a greater level of detail in relation to each of the problem gambling groups and their motivations and behaviours. This approach can also be applied in different areas of research'

# 4.1. First stage: Structural Equation Modelling

For our SEM models namely player motivational factors and responsible gambling practices and behavioural factors, we report SEM in two sections. The first section reports the measurement model and its validation. The second section reports the structural model which measures the causal relationship between the constructs of the study<sup>10</sup>.

<sup>&</sup>lt;sup>9</sup>This is a self-reporting screening method used to measure problem gambling in the general population as opposed to a clinical situation and it categorises individuals on a scale from non-problem to problem gambler based on responses which are characterised on a four point scale (0=never; 1=sometimes, 2=most of the time, 3=almost always (Ferris & Wynne, 2001). Based on the score achieved, the PGSI identifies different subgroups of problem gamblers based on their risk status: (no, low, moderate, and high problem). As PGSI is used to classify problem gambling within the general population it is used in this paper.

<sup>&</sup>lt;sup>10</sup>Structural model is a consequence of the measurement model. Invalid measurement model means there will be no structural relationships.

#### 4.1.1. Structural Equation Modelling (SEM<sub>1</sub>): player motivational factors

*The measurement model:* it measures the correlation between indicators and their constructs, using a group of fit indices to measure its model fit using partial least square method as shown in Table 1. These fit indices are all within target limits (see for example, Kock, 2015).

# TABLE 1 HERE

# *The measurement validity and reliability*<sup>11</sup>*:*

From Table 2, it is revealed that AVEs are greater than 0.50 and convergent validity of the measurement model is evident. In addition, square roots of AVEs are greater than correlations among constructs and discriminant validity exists. Cronbach's alpha values are greater than 0.60 and CR values exceed 0.70 and the measurement model constructs are reliable.

## TABLE 2 HERE

*The structural model:* it measures the causal relationships between independent variable and the outcome variable. Five independent variables are regressed on one dependent variable (PGSI: see Figure 1). It is revealed that four out of five independent variables have a significant effect on the outcome variable: excitement ( $\beta$ =0.21 and P<0.01); escape and relaxation ( $\beta$ =0.18 and P<0.01); financial motivation ( $\beta$ =0.24 and P<0.01); and social and competition ( $\beta$ =-0.16 and P<0.05). These four variables explain 10% of the problem gambling severity index (R<sup>2</sup>=0.10). The other independent variable is found not significantly affecting the outcome variable: autonomy and mastery ( $\beta$ =-0.07 and P>0.05).

 $<sup>^{11}\</sup>text{This}$  applies to both SEM1 (player motivational factors) and SEM2 (responsible gambling practices and behavioural factors).

# FIGURE 1 HERE

Whilst our identified factors are to some extent similar in terminology (our findings reflects previous studies such as Lee et al. (2007) and Lloyd et al. (2010) in terms of identifying excitement, social and escape), the sub-factors are different. We identify a generic factor relating to 'autonomy and mastery' which includes sub-motives of 'to be mentally challenged', 'to do something I enjoy for a change' and 'it's fun'. Although not significant within the model, it may be worth noting that Internet gambling may enable individuals to satisfy their human need of 'autonomy and mastery' especially where it cannot be achieved in other aspects of their life such as work, leisure or family. In addition, whilst previous studies have identified financial factors as one motive, within this study financial motives are categorised in terms of 'to win money' and to 'earn income', as identified in the first phase of our analysis. Each of these sub-motives is significant to different consumer groups based on PGSI category. This is significant as those in the PGSI problem category are more likely to be motivated to earn income from their gambling activity than other groups.

# 4.1.2. Structural Equation Modelling (SEM<sub>2</sub>): responsible gambling practices and behavioural factors

*The Measurement model:* the fit indices of the measurement model are shown in Table 3. These fit indices are all within target limits (see for example, Kock, 2015). From Table 4, it revealed that AVEs are greater than 0.50 and convergent validity of the measurement model is evident. In addition, square roots of AVEs are greater than correlations among constructs and discriminant validity exists. For reliability, both Cronbach's alpha values and CR values are greater than 0.70 and the measurement model constructs are reliable.

#### TABLE 3 HERE

# TABLE 4 HERE

*The structural model:* six independent variables are regressed on one dependent variable (PGSI: see Figure 2). It is revealed that two out of six independent variables have a significant positive effect on the outcome variables: self-exclusion and self-help ( $\beta$ =0.33 and P<0.01); and game design ( $\beta$ =0.32 and P<0.01). These two variables explain 40% of the problem gambling severity index (R<sup>2</sup>=0.40). The other four independent variables are found not to significantly affect the outcome variable: proactive responsible gambling ( $\beta$ =-0.01 and P>0.05), transparent terms and conditions ( $\beta$ =0.03 and P>0.05), customer service ( $\beta$ =-0.07 and P>0.05), and consumer Information, behaviour & transaction ( $\beta$ =-0.06 and P>0.05).

#### FIGURE 2 HERE

Reflecting the conclusion of Parke et al. (2007) and Wood & Griffiths (2008), our results indicate that players acknowledge the importance of factors such as the availability to self-exclude and responsible game design in moderating their gambling behaviour. Our findings suggest that the current emphasis on self-regulation at a player level may not be effective as participants did not acknowledge factors associated with proactive responsible gambling, transparency, customer services and information relating to their actual gambling behaviour.

SEM<sup>12</sup> form the basis on which to apply multiple regression and multinomial logistic regression models to determine differences in player perceptions of motives to gamble and responsible gambling practices and behavioural factors.

## 4.2. Second stage: Multiple Regression models

In relation to motivation to gamble and behavioural factors, multiple regression is undertaken using PGSI individual scores with these factors which are identified by SEM.

# 4.2.1. Player motivational factors

As shown in Table 5, the model is significant at the 99% confidence level (p <0.001) with an  $R^2$  value of 0.169 ( $R^2$  adjusted value of 0.157) suggesting that 16.9% of changes in an individual's PGSI individual score is accountable by motivational factors. Of the independent variables, there are significant differences between groups at the 99% confidence level for financial motivations (p <0.001) and escape and relaxation (p <0.001); at the 95% confidence level for level for social and competitive reasons (p <0.02)<sup>13</sup>.

# TABLE 5 HERE

In terms of excitement and financial motives, these are positively related to PGSI scores suggesting that the higher the score, the more important financial and excitement motives are. For escape and relaxation and social and competition, there is a negative relationship with PGSI score suggesting that the higher the PGSI score the less important these factors are. Furthermore, finance and the need for escape and relaxation are the most important factors

<sup>&</sup>lt;sup>12</sup>PCA results are consistent with SEM results, and also considered in forming both multiple regression and multinomial logistic regression models, see Appendix for details.

<sup>&</sup>lt;sup>13</sup> There is significant differences for excitement at the 90% confidence level (p < 0.085). This is an area for future research where more data could be collected to investigate whether it would be more significant?

that motivate an individual to gamble, as shown in see Table 5. Finally and consistent with the SEM results, our regression model finds that autonomy and mastery is not statistically significant.

## 4.2.2. Responsible gambling practices and behavioural factors

As shown in Table 6, regression is undertaken using PGSI individual scores as the dependent variable and the six extracted factors as the independent variables. The model is statistically significant at the 95% confidence level, and accounts for approximately 57%  $R^2$  (36%  $R^2$  Adjusted), of changes in PGSI individual scores. As shown in Table 4 both 'self-exclusion and self-help' and 'game design' are statistically significant at the 99%, and the 95% confidence level, respectively. In addition, 'transparent Terms and Conditions' is statistically significant at the 90% confidence level. The VIF figures suggest that multi-collinearity is not an issue in our sample, as shown in Table 6.

# TABLE 6 HERE

For 'self-exclusion and self-help' there is a negative relationship with the PGSI scores suggesting that the higher the score, the less important this factor is. By contract, 'game design' is positively related to PGSI scores, suggesting that those with a higher score place a higher value on this factor. In addition, 'transparent terms and conditions' is also positively related to PGSI scores suggesting that this is relatively important to those who are classified as problem gamblers. Finally and consistent with the SEM results, our regression model finds that proactive responsible gambling; player information, behaviour and transactions; and customer service are not statistically significant. Whilst, these results support previous studies which highlight the significance of game design as a factor affecting gambling behaviour

(Griffiths, 2009b); our study adds the following two factors namely self-exclusion and selfhelp' and 'transparent terms and conditions', as being important factors in relation to gambling practices and behavioural factors.

## 4.3. Third stage: Multinomial regression models

PGSI categories are regressed with the motivational and behavioural factors identified by SEM. Indeed multinomial logistic regression can provide details in relation to each of the PGSI categories and their relation to different factors, which is not possible to achieve applying SEM and multiple regression, as shown below.

# 4.3.1. Player motivational factors

Table 7 provides a summary of stepwise multinomial regression between PGSI classification and motivational factors using PGSI problem category as a reference group. The model is significant at the 99% confidence level, with Pseudo  $R^2$  of 30.30% and an overall classification accuracy of 68.5%. This suggests that 30.3 % of PGSI categories results are from four motives to gamble which is consistent with the previous two stages' findings, as shown in Table 7.

#### TABLR 7 HERE

Those in the 'no problem' gambling category are more inclined to be motivated by 'escape and relaxation' when compared with other PGSI categories, and they are less motivated by financial factors when compared to those in the 'problem' category and *vice versa*. Whilst escape and relaxation has previously been identified as a core gambling motive among problem gamblers (see for example, Wood and Griffiths, 2007), this study suggests that this motive is strongest amongst those in the 'no problem' category when compared with those in the 'problem' category. Those in the 'problem' category are generally more motivated by 'financial' and 'excitement' motives than those in the 'no problem' category<sup>14</sup>.

## 4.3.2. Responsible gambling practices and behavioural factors

As shown in Table 8, we regress the PGSI categories and gambling practices and behavioural factors using PGSI problem category as a reference group. Generally, our results agree with the previous two stages' findings. The overall model is statistically significant at the 95% confidence level, with Pseudo  $R^2$  of 11.90% and an overall classification accuracy of 36.20%.

# TABLE 8 HERE

The results in Table 8 show that 'game design' is the main factor distinguishing between the 'no problem' and 'problem' gambling categories. Clearly, 'game design' is a more important factor affecting behaviour and practices of those in the 'problem' gambling category when compared to those in the 'no problem' gambling category<sup>15</sup>. Other factors namely 'self-exclusion and self-help' and 'player information, behaviour and transactions' are the most important factors for low problem gambling category. For those in the 'moderate problem' gambling category, there is a clear role for 'transparent terms & conditions', as shown in Table 6. These results may be significant for those designing 'self-help and self-regulation' tools, as our findings suggest that players do expect gambling organization to be more proactive in the way they identify and manage those who may have a problem with their gambling behaviour. Based on our findings, our investigation questions the ethical effectiveness of self-regulation.

<sup>&</sup>lt;sup>14</sup> For more details see Appendix 2.

<sup>&</sup>lt;sup>15</sup>For more details see Appendix 3.

## 6. Conclusion and areas for future research

This study has explored player perceptions of motivational factors; and responsible gambling practices and behaviours. Notably, we use a three stage analysis applying SEM, multiple regression and multinomial logistic regression. On the one hand, our SEM analysis identifies the following five motivational factors to gamble: excitement; escape and relaxation; autonomy and mastery; financial motivation; and social and competition. Whilst previous studies, for example, have identified financial factors as one motive, within our study financial motives are categorised in terms of 'to win money' and to 'earn income'. This response has policy implications as there may be a need for better signage and social marketing highlighting that gambling is entertainment and not a way to earn income. This policy implication relate specifically to problem gamblers who in our study are more likely to gamble to earn income. In addition, our results also identify 'autonomy and mastery' as a motivational factor. Although, it is not significant within the model, individuals may satisfy their need of 'autonomy and mastery' through the use of internet gambling especially where they cannot achieve it in other aspects of their work, leisure or family life. This is clearly an area of future research. Furthermore, our multiple regression and multinomial logistic regression analysis shed light on the relationship between those identified factors and PGSI scores and categories, respectively. We find that 'financial' factors are more important in motivating those in the 'problem' category; whilst the need to 'escape and relax' is more important to those in the 'no problem' category.

On the other hand, our results identify the following six gambling practices and behavioural factors: proactive responsible gambling; transparent terms and conditions; customer service; self-exclusion and self-help; game design; and player information, behaviour and transactions. Of these factors both 'self-exclusion and self-help'; and 'game design' are

identified as the most significant factors affecting an individual behaviour. Our results suggest that at present players fail to acknowledge the importance of proactive responsible gambling, transparency, customer services and information relating to their actual gambling behaviour. For these four factors, we recommend that UK gambling organisations should be aware of their importance for improving customer experience. Our finding questions the effectiveness of self-regulation on which many systems of corporate social responsibility are based. This is clearly another area of future research and something that may impact directly on customer experience and organizational due diligence. Indeed, our multiple regression analysis confirmed these findings. Furthermore, multinomial logistic regression analysis identified 'game design' as a main factor to distinguish between those in the 'problem' and 'no problem' categories.

Based on our three stage analysis for responsible gambling and behavioural factors, we recommend as a policy recommendation to the internet gambling sector the following: develop more effective systems for 'self-exclusion and self-help' (e.g. enhance their players knowledge of how to access and use support tools, standardise the way in which responsible gambling information is presented on gambling websites, reduce player fears of using support tools, introduce compulsory setting of effective time and financial limits, and develop an effective industry-wide self-exclusion system); and be aware of addictive aspects of game design. Additional research could be directed to determine whether the gambling industry may be able to contribute to and benefit from some of practices currently being developed in other sectors such as ethical finance.

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# Appendix 1: Factor Analysis - Principle component analysis (PCA)

PCA<sub>1</sub>: The first PCA, relating to motivations for gambling, using Direct Oblimin rotation is based on a respondents level of agreement with a number of motivational factors including: to relax; it's exciting; to relieve boredom; to win money; to socialise, to take my mind off other things; to earn income; to compete with others; to vent aggression; it's fun; to be mentally challenged; and to do something I enjoy for a change. The Kaiser-Meyer-Olkin measure verified the sampling adequacy for the analysis, (KMO = 0.83) which is 'very good' (Field, 2009), and KMO values for all individual items is >0.55, which is above the acceptable limit of 0.5 (Field 2009). Bartlett's test of sphericity ( $\chi^2$ =1390.81, df 66, p<0.001) indicated that correlations between items are sufficiently large for PCA (Field 2009). The initial analysis suggested that all twelve items had eigenvalues over Kaiser's criterion of 1 and in combination they explained 58.63% of the variance. Given the sample size and the number of variables, factors with eigenvalues of at least 0.7 are accepted resulting in 5 factors, 12 variables, accounting for 71.61% of the variance being used. All twelve variables loaded onto the factors as pure variables (loaded onto one factor). Table 1, represents the rotated component matrix of motives for gambling. The loadings represent the correlation coefficients between the variables and the factors with the higher loading values representing a higher contribution to the variable.

| Variable\Factor                                 | Factor <sub>1</sub> | Factor <sub>2</sub> | Factor <sub>3</sub> | Factor <sub>4</sub> | Factor <sub>5</sub> |
|---|---------------------|---------------------|---------------------|---------------------|---------------------|
| To relieve boredom                              | 0.711               | -                   | -                   | -                   | -                   |
| It's exciting                                   | 0.704               | -                   | -                   | -                   | -                   |
| To relax  | -                   | 0.858               | -                   | -                   | -                   |
| To vent aggression in a socially acceptable way | -                   | 0.832               | -                   | -                   | -                   |
| To take my mind off other things                | -                   | 0.605               | -                   | -                   | -                   |
| To win money                                    | -                   | -                   | 0.793               | -                   | -                   |
| To earn income                                  | -                   | -                   | 0.778               | -                   | -                   |
| To be mentally challenged                       | -                   | -                   | -                   | 0.854               | -                   |
| To do something I enjoy for a change            | -                   | -                   | -                   | 0.810               | -                   |
| It's fun  | -                   | -                   | -                   | 0.634               | -                   |
| To socialise                                    | -                   | -                   | -                   | -                   | 0.984               |
| To compete with others                          | -                   | -                   | -                   | -                   | 0.466               |

Table 1: Rotated component matrix of motivations to gamble (PCA<sub>1</sub>)

*Note:* Factor<sub>1</sub>: Excitement - factors that allow the individual to be delighted and invigorated; Factor<sub>2</sub>: Escape and Relaxation - factors that provide an outlet enabling the individual to forget about current problems and challenges: Factor<sub>3</sub>: Financial Motivation - to earn income and win money; Factor<sub>4</sub>: Autonomy and Mastery - factors associated with independence and expertise; Factor<sub>5</sub>: Social and Competition - to meet others and compete. Each of these five extracted factors relating to 'gambling motivation' are subject to a Cronbach Alpha test as follows: Factor<sub>1</sub> with 2 items and a Cronbach's Alpha of 0.623; Factor<sub>2</sub> with 3 items and a Cronbach's Alpha of 0.641; Factor<sub>3</sub> with 2 items and a Cronbach's Alpha of 0.611; Factor<sub>4</sub> with 3 items and a Cronbach's Alpha of 0.775; Factor<sub>5</sub> with 2 items and a Cronbach's Alpha of 0.648; and overall Cronbach's Alpha is 0.814 with a total of 12 items.

The results suggest that there is an acceptable level of consistency between questions in each of the five groups. A correlation matrix of motivational factors is included in Appendix 1, and given no value is above 0.5, this suggests acceptable levels of multicollinearity and thus justifies treating the factors as individually, (Alm 1998, Gujarati 2003). To determine if there are influencing factors between PGSI scores and a player's motivation to gamble, a regression analysis is undertaken.

PCA<sub>2</sub>: The second PCA focuses on 52 statements relating to player perceptions of current responsible gambling features and tools, with Direct Oblimin rotation. This resulted in six coherent factors being identified, (Table 2), which are the focus of a correlation matrix, (Appendix 2). Given no value is above 0.5, this suggests that there are low levels of multicollinearity between these behavioural factors and thus the factors should be treated individually, (Alm 1998, Gujarati 2003). A Cronbach Alpha Test, suggests that there is an acceptable level of consistency between questions in each of the six groups.

| Component/Factors  | Factor <sub>1</sub> | Factor <sub>2</sub> | Factor <sub>3</sub> | Factor <sub>4</sub> | Factor <sub>5</sub> | Factor <sub>6</sub> |
|--|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|
| Gambling operators should co-operate with stakeholders<br>(e.g. researchers, government, charities) in order to<br>advance our understanding of player behaviour (n=357) | 0.808               | -                   | -                   | -                   | -                   | -                   |
| Gambling operators should analyse player behaviour patterns to identify problem gambling (n=356)   | 0.795               | -                   | -                   | -                   | -                   | -                   |
| Gambling operators should allow researchers to have<br>access to the player information so that they can better<br>understand problem gambling (n=357)                   | 0.765               | -                   | -                   | -                   | -                   | -                   |
| Customer service staff should take action if they see signs of problem gambling (n=353)  | 0.759               | -                   | -                   | -                   | -                   | -                   |

Table 2: Rotated component matrix of responsible gambling practices and behaviours (PCA<sub>2</sub>)

| Table 2 continued   |         |         |         |         |         |         |
|---|---------|---------|---------|---------|---------|---------|
| Component/Factors   | Factor1 | Factor2 | Factor3 | Factor4 | Factor5 | Factor6 |
| Customer service staff should be trained to recognise signs of problem gambling (n=356)   | 0.725   | -       | -       | -       | -       | -       |
| Terms and conditions for bonuses are clearly communicated (n=373)   | -       | 0.778   | -       | -       | -       | -       |
| Terms and conditions for bonuses are fair (n=374)   | -       | 0.769   | -       | -       | -       | -       |
| Internet gambling sites are open and honest regarding<br>the terms of conditions of gambling on their site<br>(n=375)   | -       | 0.720   | -       | -       | -       | -       |
| Terms and conditions are necessary to ensure some players do not abuse the bonus system (n=373)   | -       | 0.715   | -       | -       | -       | -       |
| Online random number generators are used to determine the outcome of games $(n=372)$  | -       | 0.493   | -       | -       | -       | -       |
| Terms and conditions for bonuses are deceptive (n=356)  | -       | -0.451  | -       | -       | -       | -       |
| Internet gambling software is fair (n=377)  | -       | 0.414   | -       | -       | -       | -       |
| When I have spoken to customer service staff they seem<br>to know about issues related to problem gambling<br>(n=354)   | -       | -       | 0.859   | -       | -       | -       |
| When I have spoken to customer service staff they put<br>my welfare first (n=354)   | -       | -       | 0.850   | -       | -       | -       |
| Gambling operators should not be under any obligation<br>to do research other than to advance their own<br>commercial objectives (n=357)  | -       | -       | 0.527   | -       | -       | -       |
| Self-exclusion is ineffective since players can simply choose to play at another site (n=359)   | -       | -       | -       | 0.787   | -       | -       |
| It is easy to get around the self-exclusion system for any<br>one site (self-exclusion being where a player requests to<br>be denied access to a site for a specified period of time)<br>(n=362)      | -       | -       | -       | 0.734   | -       | -       |
| For self-exclusion to work all sites need to co-operate to have an industry-wide 'self-exclusion' system (n=360)  | -       | -       | -       | 0.684   | -       | -       |
| Internet gambling websites should provide information regarding how to spot problem gambling (n=360)  | -       | -       | -       | 0.497   | -       | -       |
| Internet gambling websites should provide information regarding where to get help (n=360)   | -       | -       | -       | 0.473   | -       | -       |
| Play-for-free versions of a game should be exactly the same as the real version $(n=375)$   | -       | -       | -       | -       | 0.670   | -       |
| Gambling operators should not design games using characteristics they know to be addictive (n=375)  | -       | -       | -       | -       | 0.634   | -       |
| The main priority for customer service staff is to keep consumers happy so they keep spending money (n=374)   | -       | -       | -       | -       | 0.612   | -       |
| Having detailed information on my gaming and betting choices is useful (n=372)  | -       | -       | -       | -       | 0.448   | -       |
| In relation to player protection and social responsibility,<br>gambling operators should NOT be held accountable to<br>regulators provided they are operating within the limits<br>of the law (n=358) | -       | -       | -       | -       | -0.410  | -       |
| As a player I would like to receive information about<br>how I play (n=361)   | -       | -       | -       | -       | -       | 0.883   |
| I should get information about how I play regardless of whether or not I request it (n=359)   | -       | -       | -       | -       | -       | 0.799   |
| Having detailed information on how much money I have spent would be useful (n=360)  | -       | -       | -       | -       | -       | 0.599   |
| Having detailed information on how much time I have spent would be useful (n=360)   | -       | -       | -       | -       | -       | 0.58    |

*Note:* Extraction method: principal component analysis of 6 factors. Rotated method: Direct Oblimin. Converged in 23 iterations. Factor<sub>1</sub>: Proactive responsible gambling; Factor<sub>2</sub>: Transparent terms and conditions; Factor<sub>3</sub>: Customer Service; Factor<sub>4</sub>: Self-exclusion and self-help; Factor<sub>5</sub>: Game design; Factor<sub>6</sub>: Player Information, Behaviour and Transaction. Each of these six extracted factors relating to 'responsible gambling practices and behaviours' are subject to a Cronbach's Alpha test as follows: Factor<sub>1</sub> with 5 items and a Cronbach's Alpha of 0.751; Factor<sub>3</sub> with 3 items and a Cronbach's Alpha of 0.775; Factor<sub>4</sub> with 5 items and a Cronbach's Alpha of 0.542; Factor<sub>6</sub> with 4 items and a Cronbach's Alpha of 0.820; and overall Cronbach's Alpha is 0.853 with a total of 29 items.

The results suggest that there is an acceptable level of consistency between questions in each of the six groups. The relatively low alpha value for 'game design' is acceptable given the consistency between this variable and other values as reflected by the overall Cronbach alpha value of 0.853.

| PGSI group Mb          |                        |                     |            |    |       |
|------------------------|------------------------|---------------------|------------|----|-------|
| Low Problem            | Intercept              | 0.612               | 0.190      | 1  | 0.001 |
|                        | Excitement             | -0.645              | 0.188      | 1  | 0.001 |
|                        | Escape and Relaxation  | 0.348               | 0.199      | 1  | 0.081 |
|                        | Social and Competition | 0.442               | 0.194      | 1  | 0.023 |
| Moderate Problem       | Intercept              | 0.656               | 0.192      | 1  | 0.001 |
|                        | Excitement             | -0.934              | 0.203      | 1  | 0.000 |
|                        | Escape and Relaxation  | 0.544               | 0.202      | 1  | 0.007 |
|                        | Financial              | -0.557              | 0.185      | 1  | 0.003 |
|                        | Social and Competition | 0.343               | 0.194      | 1  | 0.077 |
| Problem                |                        |                     |            |    |       |
|                        | Excitement             | -0.501              | 0.212      | 1  | 0.018 |
|                        | Escape and Relaxation  | 0.175               | 0.224      | 1  | 0.000 |
|                        | Financial              | -0.695              | 0.202      | 1  | 0.001 |
|                        | Social and Competition | 0.406               | 0.223      | 1  | 0.069 |
| Model                  |                        | Fitting Criteria    | Chi-Square |    |       |
|                        |                        | (-2 Log Likelihood) |            |    |       |
| Intercept Only         |                        | 992.587             |            |    |       |
| Final                  |                        | 861.054             | 131.533    | 15 | 0.000 |
| Pseudo $R^2$           |                        | 0.303               |            |    |       |
| Classification Accurac | y y                    | 43.1%               |            |    |       |

Appendix 2: Player motivational factors and PGSI catergories considering no problem group as a reference group

\*Problem group used as a reference group

| Appendix 3: Responsible | gambling practices | and behaviours | with PGSI | categories | considering no | problem as a |
|-------------------------|--------------------|----------------|-----------|------------|----------------|--------------|
| reference group         |                    |                |           |            |                |              |

| Telefence group              |                                |                     |            |    |       |
|------------------------------|--------------------------------|---------------------|------------|----|-------|
| PGSI group M <sub>b</sub> ** |                                |                     |            |    |       |
| Low Problem                  |                                |                     |            |    |       |
|                              | Self-exclusion and Self-help   | 0.479               | 0.202      | 1  | 0.018 |
| Moderate Problem             | Intercept                      | 0.402               | 0.174      | 1  | 0.021 |
|                              | Proactive Responsible Gambling | 0.406               | 0.211      | 1  | 0.055 |
|                              | Transparent terms & conditions | 0.414               | 0.177      | 1  | 0.019 |
| Problem                      |                                |                     |            |    |       |
|                              | Game Design                    | 0.369               | 0.215      | 1  | 0.086 |
| Model Parameters             |                                | Fitting Criteria    | Chi-Square |    |       |
|                              |                                | (-2 Log Likelihood) |            |    |       |
| Intercept Only               |                                | 753.440             |            |    |       |
| Final                        |                                | 720.521             | 32.920     | 18 | 0.017 |
| Pseudo $R^2$                 |                                | 0.119               |            |    |       |
| Accuracy                     |                                | 36.20%              |            |    |       |

\*\*No problem group used as a reference group

# TABLES

| Index               | Description                                     | Value         | Threshold                        |
|---------------------|---|---------------|----------------------------------|
| Average Path        | The regression values of independent            | 0.170, P<0.05 | P<0.05                           |
| Coefficient (APC)   |   |               |                                  |
| Average R-squared   | The variance explained in the dependent         | 0.102, P<0.05 | P<0.05                           |
| (ARS)               | variable by the independent variables           |               |                                  |
| Average Adjusted    | Corrects the spurious increases in R-squared    | 0.175, P<0.05 | P<0.05                           |
| R-squared (AARS)    | coefficients due to predictors that add no      |               |                                  |
|                     | explanatory value in each latent variable block |               |                                  |
| Average block VIF   | Checks the vertical collinearity in the model's | 1.139         | acceptable if $\leq 5$           |
| (AVIF)              | latent variable blocks                          |               |                                  |
| Average full        | It checks the multicollinearity of the whole    | 1.386         | ideally if $\leq 3.3$            |
| collinearity VIF    | model   |               | -                                |
| (AFVIF)             |   |               |                                  |
| Tenenhaus GoF       | A measure of a model's explanatory power        | 0.275         | small $\geq 0.1$ , medium $\geq$ |
| (GoF)               |   |               | 0.25, and large $\geq 0.36$      |
| Sympson's paradox   | A measure of the extent to which a model is     | 0.700         | acceptable if $\geq 0.7$         |
| ratio (SPR)         | free from Simpson's paradox instances           |               |                                  |
| R-squared           | A measure of the extent to which a model is     | 0.977         | acceptable if $\geq 0.9$         |
| contribution ratio  | free from negative R-squared contributions      |               | -                                |
| (RSCR)              |   |               |                                  |
| Statistical         | A measure of the extent to which a model is     | 1.000         | acceptable if $\geq 0.7$         |
| suppression ratio   | free from statistical suppression instances     |               |                                  |
| (SSR)               |   |               |                                  |
| Nonlinear bivariate | A measure of the extent to which bivariate      | 0.800         | acceptable if $\geq 0.7$         |
| causality direction | nonlinear coefficients of association provide   |               |                                  |
| ratio (NLBCDR)      | support for the hypothesized directions of the  |               |                                  |
| ,                   | causal links in a model                         |               |                                  |

# Table 1: The measurement model fit indices

| Constructs  | Indicators                                   | Loading | AVEs  | Cronbach's | Composite   |  |
|-------------|--|---------|-------|------------|-------------|--|
|             |  |         |       | alpha      | reliability |  |
| Excitement  | It's exciting                                | (0.854) | 0 730 | 0.629      | 0.844       |  |
|             | To relieve boredom                           | (0.859) | 0.750 | 0.029      | 0.044       |  |
| Escape and  | To relax                                     | (0.691) |       |            |             |  |
| relaxation  | To vent aggression in a socially acceptable  | (0.791) | 0 584 | 0.641      | 0.807       |  |
|             | way  | (0.771) | 0.504 | 0.041      | 0.007       |  |
|             | To take my mind off other things             | (0.805) |       |            |             |  |
| Financial   | To win money                                 | (0.851) | 0 723 | 0.618      | 0.830       |  |
| motivation  | To earn income                               | (0.861) | 0.723 | 0.018      | 0.839       |  |
| Autonomy    | To be mentally challenged                    | (0.837) |       |            |             |  |
| and mastery | To do something I enjoy for a change         | (0.860) | 0.679 | 0.763      | 0.864       |  |
|             | It's fun                                     | (0.773) |       |            |             |  |
| Social and  | To socialise                                 | (0.871) | 0 725 | 0.621      | 0.841       |  |
| competition | To compete with others                       | (0.862) | 0.725 | 0.021      | 0.841       |  |
| Problem     | Convenience                                  | 0.781   |       |            |             |  |
| Gambling    | Privacy and anonymity                        | 0.793   |       |            |             |  |
| Severity    | Availability of higher jackpots              | 0.849   |       |            |             |  |
| Index       | Availability of better odds                  | 0.831   |       |            |             |  |
|             | Faster games                                 | 0.835   |       |            |             |  |
|             | The fact that you are not playing with       | 0.739   |       |            |             |  |
|             | actual cash but e-cash                       |         | 0.633 | 0.935      | 0.945       |  |
|             | The fact you can play more than one game     | 0.829   | 0.055 | 0.755      | 0.745       |  |
|             | at a time                                    |         |       |            |             |  |
|             | The fact it's not as exciting as land based  | 0.729   |       |            |             |  |
|             | gambling                                     |         |       |            |             |  |
|             | The availability of better tools to help you | 0.759   |       |            |             |  |
|             | gamble safer                                 |         |       |            |             |  |
|             | Promotions                                   | 0.801   |       |            |             |  |

 Table 2: The measurement model of the player motivational factors (SEM1)

Table 3: The fit indices of the measurement model for SME<sub>2</sub>

| Index  | Value         | Threshold  |  |  |  |  |  |  |  |  |
|--|---------------|--|--|--|--|--|--|--|--|--|
| Average Path Coefficient (APC)                         | 0.138, P<0.05 | P<0.05   |  |  |  |  |  |  |  |  |
| Average R-squared (ARS)                                | 0.403, P<0.01 | P<0.05   |  |  |  |  |  |  |  |  |
| Average Adjusted R-squared (AARS)                      | 0.382, P<0.01 | P<0.05   |  |  |  |  |  |  |  |  |
| Average block VIF (AVIF)                               | 4.498         | acceptable if $\leq 5$   |  |  |  |  |  |  |  |  |
| Average full collinearity VIF (AFVIF)                  | 2.654         | ideally if $\leq 3.3$  |  |  |  |  |  |  |  |  |
| Tenenhaus GoF (GoF)                                    | 0.494         | small $\geq 0.1$ , medium $\geq 0.25$ ,<br>and large $\geq 0.36$ |  |  |  |  |  |  |  |  |
| Sympson's paradox ratio (SPR)                          | 0.767         | acceptable if $\geq 0.7$   |  |  |  |  |  |  |  |  |
| R-squared contribution ratio (RSCR)                    | 0.929         | acceptable if $\geq 0.9$   |  |  |  |  |  |  |  |  |
| Statistical suppression ratio (SSR)                    | 1.000         | acceptable if $\geq 0.7$   |  |  |  |  |  |  |  |  |
| Nonlinear bivariate causality direction ratio (NLBCDR) | 1.000         | acceptable if $\geq 0.7$   |  |  |  |  |  |  |  |  |

Notation: for definition of index see Table 1.

| Constructs     | Indicators  | Loadings | AVEs  | Cronbach's alpha | Composite reliability |
|----------------|---|----------|-------|------------------|-----------------------|
| Proactive      | Gambling operators should co-operate with stakeholders                              | 0.667    |       |                  | • · · ·               |
| responsible    | Gambling operators should analyse player behaviour to identify problem              | 0.777    | 0.520 | 0.773            | 0.730                 |
| gambling       | Gambling operators should allow researchers to access player information            | 0.721    |       |                  |                       |
| Transparent    | Terms and conditions for bonuses are clearly communicated                           | 0.847    |       |                  |                       |
| terms and      | Terms and conditions for bonuses are fair   | 0.858    |       |                  |                       |
| conditions     | Internet gambling sites are open and honest   | 0.848    |       |                  |                       |
|                | Terms & conditions are necessary to ensure players do not abuse the system          | 0.885    | 0.665 | 0.915            | 0.933                 |
|                | Online random number generators are used to determine the game's outcome            | 0.760    |       |                  |                       |
|                | Terms and conditions for bonuses are deceptive                                      | 0.715    |       |                  |                       |
|                | Internet gambling software is fair  | 0.783    |       |                  |                       |
| Customer       | When I have spoken to customer service they seem to know related issues             | 0.544    |       |                  |                       |
| Service        | When I have spoken to customer service staff they put my welfare first              | 0.751    | 0.520 | 0.720            | 0.760                 |
|                | Gambling operators should not be under any obligation to do research                | 0.839    |       |                  |                       |
| Self-exclusion | Self-exclusion is ineffective as players can simply choose to play at another site  | 0.934    |       |                  |                       |
| and self-help  | It is easy to get around the self-exclusion system for any one site                 | 0.803    |       |                  |                       |
|                | All sites need to co-operate to have an industry-wide 'self-exclusion' system       | 0.944    | 0.832 | 0.948            | 0.961                 |
|                | Internet gambling websites should provide information on problem gambling           | 0.946    |       |                  |                       |
|                | Internet gambling websites should provide information on where to get help          | 0.924    |       |                  |                       |
| Game design    | Play-for-free versions of a game should be exactly the same as the real version     | 0.907    |       |                  |                       |
|                | Gambling operators should not design games using addictive characteristics          | 0.857    |       |                  |                       |
|                | The main priority for customer service is to keep consumers happy to keep spending  | 0.885    | 0.670 | 0.801            | 0.874                 |
|                | Having detailed information on my gaming and betting choices is useful              | 0.864    |       |                  |                       |
|                | Gambling operators should NOT be held accountable to regulators                     | 0.518    |       |                  |                       |
| Consumer       | As a player I would like to receive information about how I play                    | 0.746    |       |                  |                       |
| Information,   | I should get information about how I play regardless of whether or not I request it | 0.890    | 0.504 | 0.804            | 0.854                 |
| Behaviour      | Having detailed information on how much money I have spent would be useful          | 0.839    | 0.394 | 0.004            | 0.854                 |
| &Transaction   | Having detailed information on how much time I have spent would be useful           | 0.551    |       |                  |                       |
| Problem        | Convenience   | 0.781    |       |                  |                       |
| Gambling       | Privacy and anonymity   | 0.793    |       |                  |                       |
| Severity Index | Availability of higher jackpots   | 0.849    |       |                  |                       |
|                | Availability of better odds   | 0.831    |       |                  |                       |
|                | Faster games  | 0.835    | 0.633 | 0.035            | 0.045                 |
|                | The fact that you are not playing with actual cash but e-cash                       | 0.739    | 0.033 | 0.935            | 0.945                 |
|                | The fact you can play more than one game at a time                                  | 0.829    |       |                  |                       |
|                | The fact it's not as exciting as land based gambling                                | 0.729    |       |                  |                       |
|                | The availability of better tools to help you gamble safer                           | 0.759    |       |                  |                       |
|                | Promotions  | 0.801    |       |                  |                       |

Table 4: The measurement model of responsible gambling practices and behaviours SEM<sub>2</sub>

| 1 abit 5, frequestion friouent - 1 layer mourrational factors and 1 Obt scores |        |           |        |                |       |         |  |  |  |
|--|--------|-----------|--------|----------------|-------|---------|--|--|--|
| Factors  | β      | Std Error | t stat | <b>P-value</b> | VIF   | Model   |  |  |  |
| Constant   | 4.362  | 0.239     | 18.220 | < 0.001        | -     | -       |  |  |  |
| Excitement   | 0.452  | 0.261     | 1.728  | 0.085          | 1.158 | -       |  |  |  |
| Escape and Relaxation  | -0.717 | 0.265     | -6.475 | < 0.001        | 1.218 | -       |  |  |  |
| Financial  | 0.972  | 0.245     | 3.975  | < 0.001        | 1.038 | -       |  |  |  |
| Autonomy and Mastery   | -0.371 | 0.279     | -1.328 | 0.185          | 1.351 | -       |  |  |  |
| Social and competition   | -0.619 | 0.272     | -2.278 | 0.023          | 1.273 | -       |  |  |  |
| Model parameters   |        |           |        |                |       |         |  |  |  |
| F Value  |        |           |        |                |       | 14.558  |  |  |  |
| Df   |        |           |        |                |       | 5       |  |  |  |
| $R^2$  |        |           |        |                |       | 0.169   |  |  |  |
| $R^2$ Adjusted   |        |           |        |                |       | 0.157   |  |  |  |
| <i>P</i> -value  |        |           |        |                |       | < 0.001 |  |  |  |

Table 5: Regression Model<sub>1</sub> - Player motivational factors and PGSI scores

Notation: Independent variable is PGSI individual score; VIF refers to variance inflation factor.

Table 6: Regression Model<sub>2</sub> - Responsible gambling practices and behaviours factors and PGSI individual scores

| scores   |        |           |        |                 |       |       |
|--|--------|-----------|--------|-----------------|-------|-------|
| Factors  | β      | Std Error | t stat | <i>P</i> -value | VIF   | Model |
| Constant                                       | 4.216  | 0.286     | 14.762 | < 0.001         | -     |       |
| Proactive Responsible Gambling                 | 0.103  | 0.348     | 0.296  | 0.768           | 1.460 | -     |
| Transparent Terms and Conditions               | 0.482  | 0.290     | 1.661  | 0.098           | 1.053 | -     |
| Customer Service                               | -0.504 | 0.305     | -1.652 | 0.101           | 1.064 | -     |
| Self-exclusion and Self-help                   | -0.932 | 0.313     | -2.981 | 0.003           | 1.129 | -     |
| Game Design                                    | 0.601  | 0.305     | 1.967  | 0.050           | 1.129 | -     |
| Player Information, Behaviour and Transactions | -0.495 | 0.391     | -1.267 | 0.206           | 1.767 | -     |
| Model parameters                               |        |           |        |                 |       |       |
| F Value  |        |           |        |                 |       | 2.753 |
| Df   |        |           |        |                 |       | 6     |
| $R^2$  |        |           |        |                 |       | 0.570 |
| $R^2$ Adjusted                                 |        |           |        |                 |       | 0.360 |
| <i>P</i> -value                                |        |           |        |                 |       | 0.013 |

Notation: Independent variable is PGSI individual score; VIF refers to variance inflation factor.

| PGSI group M <sub>a</sub> * | Factors                | β                   | Std Error  | Df | <i>P</i> -value |
|-----------------------------|------------------------|---------------------|------------|----|-----------------|
| No Problem                  |                        |                     |            |    |                 |
|                             | Excitement             | 0.501               | 0.212      | 1  | 0.018           |
|                             | Escape and Relaxation  | -0.175              | 0.224      | 1  | < 0.001         |
|                             | Financial              | 0.695               | 0.202      | 1  | 0.001           |
|                             | Social and Competition | -0.406              | 0.223      | 1  | 0.069           |
| Low Problem                 | Intercept              | 0.448               | 0.177      | 1  | 0.012           |
|                             | Escape and Relaxation  | -0.827              | 0.189      | 1  | < 0.001         |
|                             | Financial              | 0.459               | 0.184      | 1  | 0.013           |
| Moderate Problem            | Intercept              | 0.492               | 0.180      | 1  | 0.006           |
|                             | Excitement             | 0.433               | 0.196      | 1  | 0.027           |
|                             | Escape and Relaxation  | -0.631              | 0.178      | 1  | < 0.001         |
| Model                       |                        | Fitting Criteria    | Chi-Square |    |                 |
|                             |                        | (-2 Log Likelihood) |            |    |                 |
| Intercept Only              |                        | 992.587             |            |    |                 |
| Final                       |                        | 861.054             | 131.533    | 15 | < 0.001         |
| Pseudo $R^2$                |                        | 0.303               |            |    |                 |
| Classification Accuracy     |                        | 43.1%               |            |    |                 |

# Table 7: Player motivational factors with PGSI catergories

\*Problem group used as a reference group.

# Table 8: Responsible gambling practices and behaviours with PGSI categories

| PGSI group Ma*   | Factors                           | β                   | Std Error  | Df | <i>P</i> -value |
|------------------|-----------------------------------|---------------------|------------|----|-----------------|
| No Problem       |                                   |                     |            |    |                 |
|                  | Game Design                       | -0.369              | 0.215      | 1  | 0.086           |
| Low Problem      | Intercept                         | 0.392               | 0.194      | 1  | 0.044           |
|                  | Self-exclusion and Self-help      | 0.770               | 0.216      | 1  | < 0.001         |
|                  | Player Information, Behaviour and | 0.503               | 0.261      | 1  | 0.054           |
|                  | Transactions                      |                     |            |    |                 |
| Moderate Problem | Intercept                         | 0.582               | 0.187      | 1  | 0.002           |
|                  | Transparent terms & conditions    | 0.315               | 0.184      | 1  | 0.087           |
|                  | Self-exclusion and Self-help      | 0.340               | 0.202      | 1  | 0.093           |
| Model Parameters |                                   | Fitting Criteria    | Chi-Square |    |                 |
|                  |                                   | (-2 Log Likelihood) | -          |    |                 |
| Intercept Only   |                                   | 753.440             |            |    |                 |
| Final            |                                   | 720.521             | 32.920     | 18 | 0.017           |
| Pseudo $R^2$     |                                   | 0.119               |            |    |                 |
| Accuracy         |                                   | 36.20%              |            |    |                 |

\*Problem group used as a reference group.

# FIGURES

#### Figure 1: The structural model (SEM1) for player motivational factors



Source: own Figure.

#### Figure 2: The structural model (SEM<sub>2</sub>) for responsible gambling practices and behavioural factors



Source: own Figure.