

1 A unified Lagrangian formulation for solid and fluid dynamics and its
2 possibility for modelling submarine landslides and their consequences
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14 Abstract

15 Consequences of submarine landslides include both their direct impact on offshore
16 infrastructure, such as subsea electric cables and gas/oil pipelines, and their indirect impact
17 via the generated tsunami. The simulation of submarine landslides and their consequences
18 has been a long-standing challenge majorly due to the strong coupling among sliding
19 sediments, seawater and infrastructure as well as the induced extreme material deformation
20 during the complete process. In this paper, we propose a unified finite element formulation
21 for solid and fluid dynamics based on a generalised Hellinger-Reissner variational principle
22 so that the coupling of fluid and solid can be achieved naturally in a monolithic fashion. In
23 order to tackle extreme deformation problems, the resulting formulation is implemented
24 within the framework of the particle finite element method. The correctness and robustness
25 of the proposed unified formulation for single-phase problems (e.g. fluid dynamics problems
26 involving Newtonian/Non-Newtonian flows and solid dynamics problems) as well as for
27 multi-phase problems (e.g. two-phase flows) are verified against benchmarks. Comparisons
28 are carried out against numerical and analytical solutions or experimental data that are
29 available in the literature. Last but not least, the possibility of the proposed approach for
30 modelling submarine landslides and their consequences is demonstrated via a numerical
31 experiment of an underwater slope stability problem. It is shown that the failure and post-

32 failure process of the underwater slope can be predicted in a single simulation with its direct
33 threat to a nearby pipeline and indirect threat by generating tsunami being estimated as well.

34

35 Keywords: Submarine landslide; Unified FE formulation; Monolithic coupling; Fluid-solid
36 Interaction; Mathematical programming; PFEM

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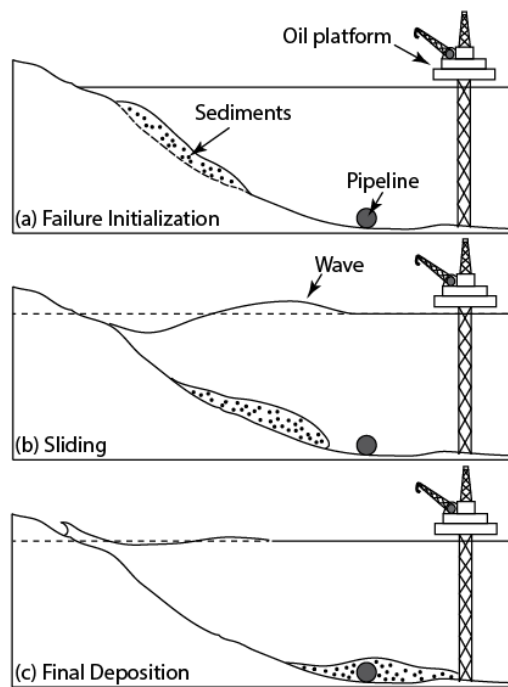
40 1. Introduction

41 Submarine landslides are geological phenomena that pose not only a direct threat to offshore
42 infrastructure but also an indirect threat to coastal communities through the generation of
43 tsunamis. Typical examples are the 1998 New Guinea submarine landslide off Papua [1] that
44 caused a tsunami resulting in 2200 deaths and the submarine landslide off Taiwan [2] in 2006
45 that broke seven out of nine undersea cables leading to a major disruption of the internet
46 connection and general commerce between Thailand, Malaysia, Vietnam, South Korea, China
47 and Singapore. In the past decade, submarine landslides have been receiving increasing
48 attention which is, to a large extent, due to a boom in offshore infrastructures such as
49 submarine gas and oil pipelines, offshore wind farm and electricity grid infrastructure, deep-
50 water oil and gas platforms etc.

51

52 The timely forecast of a potential submarine landslide, as well as a realistic estimation of its
53 post-failure behaviour and consequences, is undoubtedly of great significance for minimising
54 the degree of destruction. Conventional geotechnical approaches, such as the limit
55 equilibrium method, the limit analysis method and the displacement-based finite element
56 method that are widely used for slope stability analysis normally stop at the point when

57 failure is triggered and do not provide information regarding the post-failure process. To
58 forecast a submarine landslide and estimate its potential impacts, ideally the complete process
59 of submarine landslides ranging from its failure initiation through migration to its final
60 deposition is produced via a single simulation seamlessly. This task however is formidable
61 due to the complex coupling mechanism involved in the process as well as the solid-fluid
62 transitional behaviour of the evoked submarine soil mass.



63

64 Figure 1 Submarine landslides and their consequences.

65

66 In a submarine landslide, the sediment behaves like a solid before the slide is initiated (Figure
67 1(a)) and after the sliding mass eventually comes to rest at a new location (Figure 1(c)), but
68 mimics a fluid during the sliding process (Figure 1(b)). When the post-failure stage is
69 concerned, the sliding sediment is commonly simulated based on the framework of fluid
70 mechanics, due to its fluid-like behaviour. In the simulation, the sediment is treated as a non-
71 Newtonian flow while the seawater as a Newtonian flow, both solved according to either
72 Navier-Stokes equations [3, 4] or simplified governing equations such as the shallow water
73 theory [5, 6]. Despite the prevalence of this solution strategy (particularly for modelling

74 submarine landslide generated tsunami), it fails to capture the solid-like features of subsea
75 sediments and thus does not perform well for the stability analysis of underwater slopes or for
76 the analysis of their progressive failure behaviour. Recent efforts made in this regard include
77 [7-9] in which simulations were carried out in the framework of solid (or soil) mechanics.
78 Owing to the low permeability, material clays in these works were represented by the Tresca
79 or Von-Mises constitutive model implying an undrained condition. The progressive
80 development of plastic shear deformation in marine clays was reproduced via the reduction of
81 undrained shear strength with accumulated plastic displacement or strain. Influence of
82 seawater on the submarine landslides in [7-9] was considered by using the submerged density
83 of the sediment. Such an approximation is only reasonable when the sliding proceeds in a
84 quasi-static process. Otherwise, the hydraulic effects from the seawater have to be taken into
85 account. A representative example rests with the phenomena in submarine landslides that a
86 layer of water intrudes under the sediment and results in a lubrication effect and a decrease in
87 the resistance between the sediment and the seabed [10, 11]. This mechanism, termed as
88 hydroplaning, is deemed a reason for unexpectedly long travel distance of submarine
89 landslide, and its prediction obviously necessitates a fully coupled analysis of the seawater-
90 soil interaction. Apart from that, the rheological feature of the sediment was ignored in [7-9].
91 A remarkable contribution in this regard lies in [12] where the Storegga Slide was simulated
92 using a two-phase flow model. The interaction between the seawater and the sediment was
93 coupled in the framework of Computational Fluid Dynamics (CFD) that a Newtonian flow
94 model was applied for representing seawater and a non-Newtonian flow model for the
95 rheological behaviour of sediments. The solid behaviour of the sediment was somewhat
96 accounted for through deducing the threshold yield stress with plastic strains.
97
98 Indeed, the seawater-soil (or fluid-solid) coupled analysis is a challenge in the simulation of

99 submarine landslides. According to the solution scheme, the numerical approaches for a
100 fluid-solid interaction problem may be broadly categorised into the monolithic approach and
101 the partitioned approach. The monolithic approach attempts to remould the entire problem
102 (e.g. fluids and solids) into a single system equation that can be resolved via a unified
103 algorithm [13, 14]. The fluid and the solid in such a manner are thus coupled implicitly with
104 the interfacial conditions being fulfilled naturally within the solution procedure. Although
105 better accuracy for multidisciplinary problems can be achieved via this coupling strategy,
106 unifying multidisciplinary problems is never a trivial task and requires more expertise. For
107 the submarine landslides concerned, the difficulty of unification will be further enhanced
108 since more sophisticated soil models are required, aiming to capture the complex behaviour
109 of sediments. The partitioned approach [15, 16], on the other hand, solves the fluid dynamics
110 and the solid mechanics separately. Communications in between is achieved through explicit
111 enforcement of interfacial conditions to each solution with convergence being expected via
112 iteration loops. An apparent advantage of the partitioned approach is its capability of
113 handling multidisciplinary problems of complicated physics; nevertheless, tracking the
114 varying interface dividing the fluid and solid domains, which is not known a priori, is
115 burdensome.

116

117 In this paper, we propose a computational framework that couples fluids and solids
118 monolithically and is capable of modelling submarine landslides and their consequences. In
119 the framework, the formulations for solids and fluids are unified based on a mixed variational
120 principle – the generalised Hellinger-Reissner variational principle. The relevant finite
121 element equations for solids and fluids are reformulated into an equivalent optimisation
122 problem, for example the second-order cone programming (SOCP) problem. The resulting
123 optimisation problems for fluids and solids are exactly of the same form and possess the same

124 basic variables. Thus, they can be solved by a unique solution algorithm regardless of
125 whether the concerned problems are Newtonian/Non-Newtonian flows or
126 elastic/elastoviscoplastic solids. This makes the coupling of nonlinear solids with fluids
127 realised naturally which is in contrast to the available monolithic fluid/solid solvers that
128 usually the interaction between fluids and elastic solids/structures is concerned [17-20].
129 Additionally, the resulting finite element problem is solved in mathematical programming
130 (MP) using a standard optimisation algorithm (e.g. the primal-dual interior point method),
131 which differs from the available monolithic fluid/solid solvers that adopt the nested solution
132 algorithm based on the traditional Newton-Raphson iteration [17-20]. An apparent advantage
133 of this solution strategy rests with the fact that its convergence property can be discussed and
134 analysed mathematically. For instance, the strong global and local convergence properties of
135 the primal-dual interior point method (which is used in this study) for nonlinear programming
136 have been proven in [21]. Mathematical analysis of the stability and convergence rates of the
137 primal-dual interior point method for semidefinite programming, to which the SOCP can be
138 converted, have also been conducted [22]. Another advantage of the proposed MP-based
139 finite element solution scheme is the straightforward treatment of singularities in some yield
140 criteria, for example, the Mohr-Coulomb model for a solid and the Bingham model for a
141 fluid. Indeed, the Mohr-Coulomb model and the Bingham model have to be rounded in the
142 nested finite element method [23, 24], whereas they are expressed as standard cone
143 constraints [25, 26] and treated naturally in the SOCP. Furthermore, the extension from
144 single-surface plasticity to multi-surface plasticity in the SOCP causes no problems and no
145 additional computational effort which has been shown in [25]. To tackle issues resulting from
146 extreme deformation such as mesh distortion and free-surface evolution, the final
147 monolithically coupled formulation is merged into the Particle Finite Element Method. The
148 proposed approach is verified against numerous benchmarks and its possibility for modelling

149 the entire process of a submarine landslide from failure triggering through transportation to
 150 deposition in a single seamless simulation is demonstrated. Its capability in the evaluation of
 151 the direct impact of a submarine landslide on offshore infrastructure such as gas pipelines and
 152 the indirect impact via generating a tsunami is also shown.

153

154 The paper is organized as follows. Section 2 presents the standard formulation for the second-
 155 order cone programming (SOCP) problem that the finite element formulation for solids/fluids
 156 will be remoulded into. The procedures for the reformulation of the discretised governing
 157 equations for fluids and solids into an optimisation problem are then presented in Sections 3
 158 and 4, respectively. Section 5 details the scheme for coupling the solid and the fluid using the
 159 mixed finite element and and Section 6 briefly introduces the particle finite element method.
 160 Numerical examples are given in Section 7 for demonstrating the correctness and robustness
 161 of the proposed approach before conclusions are drawn in Section 8.

162

163 2. Second-order Cone Programming

164

165 Second-order cone programming (SOCP), also referred as conic quadratic optimisation, is a
 166 generalisation of linear and quadratic programming that allows the variables to be constrained
 167 inside second-order cones. When there are no linear inequality constraints, a standard SOCP
 168 program involves an optimisation problem of the form

$$\begin{aligned}
 & \min_{\mathbf{x}} \quad \mathbf{c}^T \mathbf{x} \\
 & \text{subject to} \quad \mathbf{Ax} = \mathbf{b} \\
 & \quad \quad \quad \mathbf{x} \in \mathcal{K}
 \end{aligned} \tag{1}$$

170 where $\mathbf{x} = [x_1, x_2, \dots, x_m]^T$ is the vector consisting of the field variables and \mathcal{K} is a tensorial
 171 product of second-order cones such that $\mathcal{K} = \mathcal{K}_1 \times \mathcal{K}_2 \times \dots \times \mathcal{K}_s$. The cones may be of the
 172 following two types:

173 • the quadratic:

174
$$\mathcal{K}_q = \{x \in \mathbb{R}^m \mid x_1 \geq \sqrt{x_2^2 + \dots + x_m^2}\} \quad (2)$$

175 or

176 • the rotated quadratic:

177
$$\mathcal{K}_r = \{x \in \mathbb{R}^m \mid 2x_1x_2 \geq x_3^2 + \dots + x_m^2, x_1, x_2 \geq 0\} \quad (3)$$

178

179 Numerous problems in solid mechanics have so far been remoulded as a SOCP problem.
180 Typical examples include computational limit analysis of solids and plates [27-29],
181 static/dynamic analysis of elastoplastic/elastoviscoplastic frames and solids [25, 30, 31],
182 deformation and consolidation analysis of porous media [32], particle dynamic simulations
183 (e.g. discrete element method or granular contact dynamics) [33-35], and fracture in brittle
184 rocks [36] and jointed rock [37] among others.

185

186 Comparing to the contributions in the solid realm, mathematical programming solution
187 techniques for fluids are much fewer. Most efforts were devoted to the so-called augmented
188 Lagrangian approach [38, 39] and its accelerated variant [40] for non-Newtonian flows. They
189 are developed based on the variational inequalities [41] and serves as an alternative to the
190 regularized model (e.g. the Herschel-Bulkley model which replaces the non-smooth
191 viscoplastic constitutive law by a smooth purely viscous mode) to solve viscoplastic fluid
192 flows. Recently, Bleyer *et al.* [26, 42] reformulated the governing equations for steady yield
193 flows as an equivalent SOCP problem which was then resolved using the primal-dual interior
194 point method. It was shown in [26, 42] that the SOCP programming is much more efficient
195 and the issue related to the singularity in the non-Newtonian flow is circumvented.

196

197 This paper first reformulates the non-steady Newtonian/Non-Newtonian flow as a SOCP
 198 problem. Rather than adopting the minimum principle as in [26, 42], this study makes use of
 199 the generalised Hellinger-Reissner variational principle for the reformulation so that the
 200 resulting optimisation problems for fluids and solids are unified. It will be shown later that
 201 the final optimisation problems for fluids and solids not only are of the same form but also
 202 possess the same basic variables, which makes their monolithic coupling fulfilled smoothly.

203

204 3. Mathematical programming formulation of Newtonian/Non-Newtonian fluids

205 This section aims to reformulate the governing equations of Newtonian or Non-Newtonian
 206 fluids, after time distretisation, into a standard optimisation problem.

207

208 3.1 Governing equations

209 We herein first consider the Bingham flow which is a typical non-Newtonian model. In case
 210 of incompressibility, the governing equations for a Bingham flow (with Einstein's notations)
 211 are as follows according to [26]:

$$212 \quad \sigma_{ij,j} + b_i = \rho \ddot{u}_i \quad (4)$$

$$213 \quad \dot{u}_{i,i} = 0 \quad (5)$$

$$214 \quad \dot{\epsilon}_{ij} = \frac{1}{2}(\dot{u}_{i,j} + \dot{u}_{j,i}) \quad (6)$$

$$215 \quad \begin{cases} \dot{\epsilon}_{ij} = 0 & \text{if } \sqrt{\frac{1}{2}s_{ij}s_{ij}} < \tau_0 \\ s_{ij} = 2\mu\dot{\epsilon}_{ij} + \tau_0 \frac{\dot{\epsilon}_{ij}}{|\dot{\epsilon}_{ij}|} & \text{if } \sqrt{\frac{1}{2}s_{ij}s_{ij}} \geq \tau_0 \end{cases} \quad \text{in } \Omega \quad (7)$$

216 where σ_{ij} is the stress tensor, $\dot{\epsilon}_{ij}$ is the strain rate tensor, b_i is the volume body force, ρ is
217 the density of the fluid, u_i is the displacement with a superposed dot representing
218 differentiation with respect to time, $s_{ij} = dev(\sigma_{ij}) = \sigma_{ij} - \frac{1}{3}\sigma_{kk}\delta_{ij}$ is the deviatoric stress tensor.
219 Equations in (7) is the constitutive model for a Bingham flow distinguishing a rigid region
220 from a yield one where μ is a constant viscosity efficiency, τ_0 is the threshold stress for
221 yielding and $|\dot{\epsilon}_{ij}| = \sqrt{\frac{1}{2}\dot{\epsilon}_{ij}\dot{\epsilon}_{ij}}$. It is obvious that the above governing equations degrade to those
222 for a standard Newtonian flow when $\tau_0 = 0$.

223

224 In order to recast the formulation using the Hellinger-Reissner variational principle, the
225 constitutive equations are rewritten as a more general form (similar to those in solid
226 mechanics)

$$227 \quad \sigma_{ij} = \tau_{ij} + 2\mu\dot{\epsilon}_{ij} \quad (8)$$

$$228 \quad \dot{\epsilon}_{ij} = \dot{\lambda} \frac{\partial F(\tau_{ij})}{\partial \tau_{ij}} \quad (9)$$

$$229 \quad \dot{\lambda}F(\tau_{ij}) = 0; \dot{\lambda} \geq 0; F(\tau_{ij}) \leq 0 \quad (10)$$

230 where $\dot{\lambda}$ is the rate of the non-negative plastic multiplier, F in this case is the Von Mises
231 yield function (e.g. $F(\sigma_{ij}) = \sqrt{\frac{1}{2}s_{ij}s_{ij}} - \tau_0$), τ_{ij} is the stress lying on the boundary of F (e.g.
232 $F(\tau_{ij}) = 0$) and the quantity $\sigma_{ij} - \tau_{ij}$ is called the overstress which is null when $F(\sigma_{ij}) \leq 0$.

233

234 To prove the equivalence between the set of constraints (8)-(10) and the constitutive model in
235 (7), condition (9) is first expressed as

$$236 \quad \dot{\epsilon}_{ij} = \dot{\lambda} \frac{dev(\tau_{ij})}{2\tau_0} \quad (11)$$

237 via the substitution of the following relations

238
$$F(\tau_{ij}) = \sqrt{\frac{1}{2} dev(\tau_{ij}) dev(\tau_{ij})} - \tau_0 = 0 \quad (12)$$

239
$$\frac{\partial F(\tau_{ij})}{\partial \tau_{ij}} = \frac{dev(\tau_{ij})}{\sqrt{2 dev(\tau_{ij}) dev(\tau_{ij})}} \quad (13)$$

240 For the von Mises criterion, the incompressible condition $\dot{\epsilon}_{kk} = 0$ always holds and
 241 meanwhile Eq. (8) may be rewritten as

242
$$2\mu \dot{\epsilon}_{ij} = s_{ij} - dev(\tau_{ij}) \quad (14)$$

243 The deviatoric part of τ_{ij} is proportional to the rate of shear strain tensor $\dot{\epsilon}_{ij}$, namely

244
$$\frac{dev(\tau_{ij})}{|dev(\tau_{ij})|} = \frac{\dot{\epsilon}_{ij}}{|\dot{\epsilon}_{ij}|} \quad (15)$$

245 Because τ_{ij} is located on the yield surface that $F(\tau_{ij}) = 0$, we have $|dev(\tau_{ij})| = \tau_0$. Thus, Eq.
 246 (15) can then be expressed as

247
$$dev(\tau_{ij}) = \tau_0 \frac{\dot{\epsilon}_{ij}}{|\dot{\epsilon}_{ij}|} \quad \text{if } F(\sigma_{ij}) > 0 \quad (16)$$

248 Substituting Eq. (16) into Eq. (14) renders

249
$$2\mu \dot{\epsilon}_{ij} = s_{ij} - \tau_0 \frac{\dot{\epsilon}_{ij}}{|\dot{\epsilon}_{ij}|} \quad \text{if } F(\sigma_{ij}) > 0 \quad (17)$$

250 which is the second constraint in (7). When $F(\sigma_{ij}) < 0$ is fulfilled (which also means
 251 $F(\tau_{ij}) < 0$ since $\sigma_{ij} = \tau_{ij}$ in this case), constraints in (10) indicate a null plastic strain, that is
 252 also the total strain in this case, which is in line with the first constraint in (7). Thus the set of
 253 equations (8)-(10) is equivalent to the constitutive model in (7). Using vector-matrix
 254 notations, the governing equations for a Bingham flow can now be expressed in a more
 255 general form of

256
$$\nabla^T \boldsymbol{\sigma} + \mathbf{b} = \rho \ddot{\mathbf{u}} \quad (18)$$

257
$$\dot{\boldsymbol{\epsilon}} = \nabla^T \dot{\mathbf{u}} \quad (19)$$

258
$$\boldsymbol{\sigma} = \boldsymbol{\tau} + 2\mu\dot{\boldsymbol{\epsilon}} \quad (20)$$

259
$$\dot{\boldsymbol{\epsilon}} = \dot{\lambda} \frac{\partial F(\boldsymbol{\tau})}{\partial \boldsymbol{\tau}}; \dot{\lambda} F(\boldsymbol{\tau}) = 0; \dot{\lambda} \geq 0; F(\boldsymbol{\tau}) \leq 0 \quad (21)$$

260 supplemented by boundary conditions

261
$$\mathbf{u} = \bar{\mathbf{u}} \quad \text{on } \Gamma_u \quad (22)$$

262
$$\mathbf{N}^T \boldsymbol{\sigma} = \bar{\mathbf{t}} \quad \text{on } \Gamma_t \quad (23)$$

263 where $\bar{\mathbf{u}}$ and $\bar{\mathbf{t}}$ are the prescribed displacements and external tractions, \mathbf{N} consists of
 264 components of the outward normal to the boundary Γ_t and ∇^T is the transposed gradient
 265 operator. Notably, the incompressible condition in Eq. (5) does not need to be included
 266 explicitly since the utilisation of Von Mises model implies null volumetric change.

267

268 3.2 Time discretisation

269 Since a direct-time integration approach will be used for dynamic analysis, the governing
 270 equations (18)-(23) have to be discretised before the equivalent variational principle is
 271 proposed. Using the standard θ -method, the momentum conservation equation (18) and the
 272 natural boundary condition (23) is discretized in time as:

273
$$\nabla^T [\theta_1 \boldsymbol{\sigma}_{n+1} + (1-\theta_1) \boldsymbol{\sigma}_n] + \mathbf{b} = \rho \frac{\mathbf{v}_{n+1} - \mathbf{v}_n}{\Delta t} \quad (24)$$

274
$$\theta_2 \mathbf{v}_{n+1} + (1-\theta_2) \mathbf{v}_n = \frac{\mathbf{u}_{n+1} - \mathbf{u}_n}{\Delta t} \quad (25)$$

275
$$\mathbf{N}^T (\theta_1 \boldsymbol{\sigma}_{n+1} + (1-\theta_1) \boldsymbol{\sigma}_n) = \bar{\mathbf{t}}_{n+1} \quad \text{on } \Gamma_t \quad (26)$$

276 where \mathbf{v} are velocities, θ_1 and θ_2 are parameters taking values in $[0, 1]$, the subscripts n and
 277 $n+1$ refer to the known and new, unknown states, and $\Delta t = t_{n+1} - t_n$ is the time step.

278 Rearranging the above equations leads to

279
$$\nabla^T \boldsymbol{\sigma}_{n+1} + \frac{1-\theta_1}{\theta_1} \nabla^T \boldsymbol{\sigma}_n + \tilde{\mathbf{b}} = \tilde{\rho} \frac{\Delta \mathbf{u}}{\Delta t^2} \quad (27)$$

280
$$\mathbf{v}_{n+1} = \frac{1}{\theta_2} \left[\frac{\Delta \mathbf{u}}{\Delta t} - (1 - \theta_2) \mathbf{v}_n \right] \quad (28)$$

281
$$\mathbf{N}^T (\boldsymbol{\sigma}_{n+1} + \frac{1 - \theta_1}{\theta_1} \boldsymbol{\sigma}_n) = \tilde{\mathbf{t}} \quad \text{on } \Gamma_t \quad \text{with } \tilde{\mathbf{t}} = \frac{1}{\theta_1} \bar{\mathbf{t}}_{n+1} \quad (29)$$

282 where $\Delta \mathbf{u} = \mathbf{u}_{n+1} - \mathbf{u}_n$ are the displacement increments and

283
$$\tilde{\mathbf{b}} = \frac{1}{\theta_1} \mathbf{b} + \tilde{\rho} \frac{\mathbf{v}_n}{\Delta t} \quad \text{with} \quad \tilde{\rho} = \frac{\rho}{\theta_1 \theta_2} \quad (30)$$

284 The essential boundary condition is

285
$$\mathbf{u}_{n+1} = \bar{\mathbf{u}}_{n+1} \quad \text{on } \Gamma_u \quad (31)$$

286 The constitutive equations of the Bingham model can also be discretised by introducing a
287 parameter $\theta_3 \in [0, 1]$:

288
$$(\boldsymbol{\sigma}_n + \theta_3 \Delta \boldsymbol{\sigma}) - (\boldsymbol{\tau}_n + \theta_3 \Delta \boldsymbol{\tau}) = \mu \frac{\Delta \boldsymbol{\varepsilon}}{\Delta t} \quad \Rightarrow \quad (\Delta \boldsymbol{\sigma} - \Delta \boldsymbol{\tau}) + \frac{1}{\theta_3} (\boldsymbol{\sigma}_n - \boldsymbol{\tau}_n) = \frac{\mu}{\theta_3 \Delta t} \Delta \boldsymbol{\varepsilon} \quad (32)$$

289
$$\Delta \boldsymbol{\varepsilon} = \nabla^T (\Delta \mathbf{u}) = \Delta \lambda \nabla_{\boldsymbol{\tau}} F(\boldsymbol{\tau}_{n+1}) \quad (33)$$

290
$$F(\boldsymbol{\tau}_{n+1}) \leq 0; \Delta \lambda \geq 0; \Delta \lambda F(\boldsymbol{\tau}_{n+1}) = 0 \quad (34)$$

291 In summary, the governing equations for incremental analysis of Bingham flows consist of
292 conditions in (27), (29), and (31)-(34). The velocity at the end of each incremental analysis
293 can be updated according to Eq. (28) explicitly. The Newtonian flow is recovered by setting
294 the threshold stress $\tau_0 = 0$.

295

296 3.3 Generalised Hellinger-Reissner variational principle

297

298 A generalized Hellinger-Reissner (HR) variational principle is established in this section for
 299 the increment analysis of the reformulated Bingham flow problem. In HR principle, both
 300 displacements and stresses are master fields, which is in contrast to the principle of minimum
 301 potential energy in which displacements are the only master field. More specifically, the
 302 generalised HR variational principle is in the form of a min-max program:

$$\begin{aligned}
 & \min_{\Delta \mathbf{u}} \max_{(\boldsymbol{\sigma}, \boldsymbol{\tau}, \mathbf{r})_{n+1}} \int_{\Omega} \boldsymbol{\sigma}_{n+1}^T \nabla^T (\Delta \mathbf{u}) d\Omega + \int_{\Omega} \frac{1-\theta_1}{\theta_1} \boldsymbol{\sigma}_n^T \nabla^T (\Delta \mathbf{u}) d\Omega \\
 & \quad - \frac{1}{2} \int_{\Omega} \mathbf{r}_{n+1}^T \frac{\Delta t^2}{\tilde{\rho}} \mathbf{r}_{n+1} d\Omega + \int_{\Omega} \mathbf{r}_{n+1}^T \Delta \mathbf{u} d\Omega \\
 303 & \quad - \frac{1}{2} \int_{\Omega} (\Delta \boldsymbol{\sigma} - \Delta \boldsymbol{\tau})^T \frac{\theta_3 \Delta t}{\mu} (\Delta \boldsymbol{\sigma} - \Delta \boldsymbol{\tau}) d\Omega - \int_{\Omega} \Delta \boldsymbol{\sigma}^T \frac{\Delta t}{\mu} (\boldsymbol{\sigma}_n - \boldsymbol{\tau}_n) d\Omega \\
 & \quad + \int_{\Omega} (\boldsymbol{\sigma}_n - \boldsymbol{\tau}_n)^T \frac{\Delta t}{\mu} \Delta \boldsymbol{\tau} d\Omega - \int_{\Omega} \tilde{\mathbf{b}}^T \Delta \mathbf{u} d\Omega - \int_{\Gamma_t} \tilde{\mathbf{t}}^T \Delta \mathbf{u} d\Gamma \\
 & \text{subject to} \quad F(\boldsymbol{\tau}_{n+1}) \leq 0
 \end{aligned} \tag{35}$$

304 where $\Delta \mathbf{u}$, $\boldsymbol{\sigma}$, $\boldsymbol{\tau}$, and \mathbf{r} are master fields. The physical meaning of the new variable \mathbf{r} is
 305 the dynamic force that will be shown shortly.

306

307 The optimal solution of the principle (35) in fact is the solution of the discretised governing
 308 equations (e.g. (27), (29), and (31)-(34).), which can be proven as follows. Following the
 309 interior-point methodology [43], principle (35) is solved by first introducing a positively-
 310 restricted variable s_{n+1} so that the inequality constraint is transferred into a equality constraint

$$\begin{aligned}
 & \min_{\Delta \mathbf{u}} \max_{(\boldsymbol{\sigma}, \boldsymbol{\tau}, \mathbf{r})_{n+1}} \int_{\Omega} \boldsymbol{\sigma}_{n+1}^T \nabla^T (\Delta \mathbf{u}) d\Omega + \int_{\Omega} \frac{1-\theta_1}{\theta_1} \boldsymbol{\sigma}_n^T \nabla^T (\Delta \mathbf{u}) d\Omega \\
 & \quad - \frac{1}{2} \int_{\Omega} \mathbf{r}_{n+1}^T \frac{\Delta t^2}{\tilde{\rho}} \mathbf{r}_{n+1} d\Omega + \int_{\Omega} \mathbf{r}_{n+1}^T \Delta \mathbf{u} d\Omega \\
 311 & \quad - \frac{1}{2} \int_{\Omega} (\Delta \boldsymbol{\sigma} - \Delta \boldsymbol{\tau})^T \frac{\theta_3 \Delta t}{\mu} (\Delta \boldsymbol{\sigma} - \Delta \boldsymbol{\tau}) d\Omega - \int_{\Omega} \Delta \boldsymbol{\sigma}^T \frac{\Delta t}{\mu} (\boldsymbol{\sigma}_n - \boldsymbol{\tau}_n) d\Omega \\
 & \quad + \int_{\Omega} (\boldsymbol{\sigma}_n - \boldsymbol{\tau}_n)^T \frac{\Delta t}{\mu} \Delta \boldsymbol{\tau} d\Omega - \int_{\Omega} \tilde{\mathbf{b}}^T \Delta \mathbf{u} d\Omega - \int_{\Gamma_t} \tilde{\mathbf{t}}^T \Delta \mathbf{u} d\Gamma + \int_{\Omega} \beta \ln s_{n+1} d\Omega \\
 & \text{subject to} \quad F(\boldsymbol{\tau}_{n+1}) + s_{n+1} = 0
 \end{aligned} \tag{36}$$

312 where β is an arbitrarily small positive constant. The penalty term $\beta \ln s_{n+1}$ in the objective
 313 function imposes the non-negativity requirement on s_{n+1} , and is known as a logarithmic
 314 barrier function.

315

316 The Lagrangian associated with the optimisation problem (36) now can be expressed as

$$\begin{aligned}
 & \mathcal{L}_f(\Delta \mathbf{u}, \boldsymbol{\sigma}_{n+1}, \boldsymbol{\tau}_{n+1}, \mathbf{r}_{n+1}, \Delta \lambda, s_{n+1}) \\
 &= \int_{\Omega} \boldsymbol{\sigma}_{n+1}^T \nabla^T(\Delta \mathbf{u}) d\Omega + \int_{\Omega} \frac{1-\theta_1}{\theta_1} \boldsymbol{\sigma}_n^T \nabla^T(\Delta \mathbf{u}) d\Omega - \frac{1}{2} \int_{\Omega} \mathbf{r}_{n+1}^T \frac{\Delta t^2}{\tilde{\rho}} \mathbf{r}_{n+1} d\Omega + \int_{\Omega} \mathbf{r}_{n+1}^T \Delta \mathbf{u} d\Omega \\
 & - \frac{1}{2} \int_{\Omega} (\Delta \boldsymbol{\sigma} - \Delta \boldsymbol{\tau})^T \frac{\theta_3 \Delta t}{\mu} (\Delta \boldsymbol{\sigma} - \Delta \boldsymbol{\tau}) d\Omega - \int_{\Omega} \Delta \boldsymbol{\sigma}^T \frac{\Delta t}{\mu} (\boldsymbol{\sigma}_n - \boldsymbol{\tau}_n) d\Omega + \int_{\Omega} (\boldsymbol{\sigma}_n - \boldsymbol{\tau}_n)^T \frac{\Delta t}{\mu} \Delta \boldsymbol{\tau} d\Omega \\
 & - \int_{\Omega} \tilde{\mathbf{b}}^T \Delta \mathbf{u} d\Omega - \int_{\Gamma_t} \tilde{\mathbf{t}}^T \Delta \mathbf{u} d\Gamma + \int_{\Omega} \beta \ln s_{n+1} d\Omega - \int_{\Omega} \Delta \lambda (F(\boldsymbol{\tau}_{n+1}) + s_{n+1}) d\Omega
 \end{aligned} \tag{37}$$

318 The first-order necessary and sufficient Karush-Kuhn-Tucher (KKT) optimality conditions
 319 associated with (36) can be derived by the variation of the above Lagrangian with respect to
 320 the design variables. Specifically, the associated KKT conditions are:

$$\frac{\partial \mathcal{L}_f}{\partial \Delta \mathbf{u}} = \begin{cases} \nabla^T \boldsymbol{\sigma}_{n+1} + \frac{1-\theta_1}{\theta_1} \nabla^T \boldsymbol{\sigma}_n + \mathbf{r}_{n+1} - \tilde{\mathbf{b}} = \mathbf{0} & \text{in } \Omega \\ \mathbf{N}^T (\boldsymbol{\sigma}_{n+1} + \frac{1-\theta_1}{\theta_1} \boldsymbol{\sigma}_n) = \tilde{\mathbf{t}} & \text{on } \Gamma_t \end{cases} \tag{38}$$

$$\frac{\partial \mathcal{L}_f}{\partial \boldsymbol{\sigma}_{n+1}} = \nabla^T(\Delta \mathbf{u}) - \frac{\theta_3 \Delta t}{\mu} (\Delta \boldsymbol{\sigma} - \Delta \boldsymbol{\tau}) - \frac{\Delta t}{\mu} (\boldsymbol{\sigma}_n - \boldsymbol{\tau}_n) = \mathbf{0} \quad \text{in } \Omega \tag{39}$$

$$\frac{\partial \mathcal{L}_f}{\partial \boldsymbol{\tau}_{n+1}} = \frac{\theta_3 \Delta t}{\mu} (\Delta \boldsymbol{\sigma} - \Delta \boldsymbol{\tau}) + \frac{\Delta t}{\mu} (\boldsymbol{\sigma}_n - \boldsymbol{\tau}_n) - \Delta \lambda \nabla_{\boldsymbol{\tau}} F(\boldsymbol{\tau}_{n+1}) = \mathbf{0} \quad \text{in } \Omega \tag{40}$$

$$\frac{\partial \mathcal{L}_f}{\partial \mathbf{r}_{n+1}} = \frac{\Delta t^2}{\tilde{\rho}} \mathbf{r}_{n+1} - \Delta \mathbf{u} = \mathbf{0} \quad \text{in } \Omega \tag{41}$$

$$\frac{\partial \mathcal{L}_f}{\partial \Delta \lambda} = F(\boldsymbol{\tau}_{n+1}) + s_{n+1} = 0 \quad \text{in } \Omega \tag{42}$$

326
$$\frac{\partial \mathcal{L}_f}{\partial s_{n+1}} = \beta s_{n+1}^{-1} - \Delta\lambda = 0 \Rightarrow \beta = s_{n+1} \Delta\lambda \quad \text{in } \Omega \quad (43)$$

327 According to (41), the newly introduced variable is $\mathbf{r}_{n+1} = \tilde{\rho} \frac{\Delta \mathbf{u}}{\Delta t^2}$ that can be interpreted as the
 328 dynamic force. Because of the non-negative nature of the penalty multiplier $\Delta\lambda$, the last two
 329 KKT conditions (e.g. (42) and (43)) recover the yield condition and the complementarity
 330 condition shown in (34) when $\beta \rightarrow 0^+$. The rest of the KKT conditions (e.g. Eqs. (38)-(41))
 331 are apparently the discretised governing equations presented in section 3.2 (e.g. Eqs. (27),
 332 (29), (32) and (33)). In other words, the first-order necessary and sufficient Karush-Kuhn-
 333 Tucher (KKT) optimality conditions associated with the principle (36) is equivalent to the
 334 discretised governing equations for Bingham flows; and thus the principle (36) is valid for
 335 Bingham flows. This also implies the validity of the principle (35) for Bingham flows since
 336 the principle (36) is approaching (35) when $\beta \rightarrow 0^+$.

337
 338 4. Mathematical programming formulation of solid dynamics
 339

340 Since the governing equations for the non-Newtonian flow are expressed in a general form,
 341 the extension of the relevant optimisation problem to the one for an elastoviscoplastic solid is
 342 forthright. The governing equations for the dynamics of an elastoviscoplastic solid are the
 343 same as those for fluid dynamics except for the differences in the constitutive equations. The
 344 constitutive equations for an elastoviscoplastic solid are

345
$$\boldsymbol{\sigma} = \boldsymbol{\tau} + 2\mu \dot{\boldsymbol{\epsilon}}^{\text{vp}} \quad (44)$$

346
$$\dot{\boldsymbol{\epsilon}} = \nabla^T \dot{\mathbf{u}} = \dot{\boldsymbol{\epsilon}}^e + \dot{\boldsymbol{\epsilon}}^{\text{vp}} \quad (45)$$

347
$$\dot{\boldsymbol{\epsilon}}^e = \mathbb{C} \dot{\boldsymbol{\sigma}} \quad (46)$$

348
$$\dot{\boldsymbol{\epsilon}}^{\text{vp}} = \dot{\lambda} \frac{\partial F(\boldsymbol{\tau})}{\partial \boldsymbol{\tau}}; \dot{\lambda} F(\boldsymbol{\tau}) = 0; \dot{\lambda} \geq 0 \quad (47)$$

349 which, along with the momentum balance equation (18) and the boundary conditions (22) and
350 (23), compose the complete governing equations for the relevant dynamic analysis. Again,
351 the constitutive equations are similar to those for Bingham flows except that, according to
352 (45), the rate of the total strain rate $\dot{\boldsymbol{\epsilon}}$ is divided into an elastic part $\dot{\boldsymbol{\epsilon}}^e$, that is related to the
353 stress via the Hooke's law (46) with \mathbb{C} being elastic compliance matrix, and a viscoplastic
354 part $\dot{\boldsymbol{\epsilon}}^{vp}$ calculated using the rule of plastic flow (47). This is in contrast to the case in section
355 3 that any strain induced refers to unrecoverable 'plastic strain'. Thus the min-max problem
356 (35) only needs to further include the elastic part for incremental elastoviscoplastic analysis
357 of a solid which is

$$\begin{aligned}
\min_{\Delta \mathbf{u}} \max_{(\boldsymbol{\sigma}, \boldsymbol{\tau}, \mathbf{r})_{n+1}} & \underbrace{-\frac{1}{2} \int_{\Omega} \Delta \boldsymbol{\sigma}^T \mathbb{C} \Delta \boldsymbol{\sigma} d\Omega}_{\text{Elasticity}} + \int_{\Omega} \boldsymbol{\sigma}_{n+1}^T \nabla^T (\Delta \mathbf{u}) d\Omega + \int_{\Omega} \frac{1-\theta_1}{\theta_1} \boldsymbol{\sigma}_n^T \nabla^T (\Delta \mathbf{u}) d\Omega \\
& - \frac{1}{2} \int_{\Omega} \mathbf{r}_{n+1}^T \frac{\Delta t^2}{\tilde{\rho}} \mathbf{r}_{n+1} d\Omega + \int_{\Omega} \mathbf{r}_{n+1}^T \Delta \mathbf{u} d\Omega \\
& - \frac{1}{2} \int_{\Omega} (\Delta \boldsymbol{\sigma} - \Delta \boldsymbol{\tau})^T \frac{\theta_3 \Delta t}{\mu} (\Delta \boldsymbol{\sigma} - \Delta \boldsymbol{\tau}) d\Omega - \int_{\Omega} \Delta \boldsymbol{\sigma}^T \frac{\Delta t}{\mu} (\boldsymbol{\sigma}_n - \boldsymbol{\tau}_n) d\Omega \\
& + \int_{\Omega} (\boldsymbol{\sigma}_n - \boldsymbol{\tau}_n)^T \frac{\Delta t}{\mu} \Delta \boldsymbol{\tau} d\Omega - \int_{\Omega} \tilde{\mathbf{b}}^T \Delta \mathbf{u} d\Omega - \int_{\Gamma_t} \tilde{\mathbf{t}}^T \Delta \mathbf{u} d\Gamma
\end{aligned} \tag{48}$$

358

subject to $F(\boldsymbol{\tau}_{n+1}) \leq 0$

359 The associated Lagrangian, after the transition of the inequality constraint into an equality
360 one as carried out in the last section, is expressed as

$$\mathcal{L}_s(\Delta \mathbf{u}, \boldsymbol{\sigma}_{n+1}, \boldsymbol{\tau}_{n+1}, \mathbf{r}_{n+1}, \Delta \lambda, s_{n+1}) = -\frac{1}{2} \int_{\Omega} \Delta \boldsymbol{\sigma}^T \mathbb{C} \Delta \boldsymbol{\sigma} d\Omega + \mathcal{L}_f \tag{49}$$

361

362 whose variation with respect to $\boldsymbol{\sigma}_{n+1}$ and $\boldsymbol{\tau}_{n+1}$ gives

$$\frac{\partial \mathcal{L}_s}{\partial \boldsymbol{\sigma}_{n+1}} = \nabla^T (\Delta \mathbf{u}) - \underbrace{\frac{\mathbb{C} \Delta \boldsymbol{\sigma}}{\text{Elastic strain}} - \frac{\theta_3 \Delta t}{\mu} (\Delta \boldsymbol{\sigma} - \Delta \boldsymbol{\tau}) - \frac{\Delta t}{\mu} (\boldsymbol{\sigma}_n - \boldsymbol{\tau}_n)}_{\text{Viscoplastic strain}} = \mathbf{0} \quad \text{in } \Omega \tag{50}$$

363

$$\frac{\partial \mathcal{L}_s}{\partial \boldsymbol{\tau}_{n+1}} = \frac{\partial \mathcal{L}_f}{\partial \boldsymbol{\tau}_{n+1}} = \underbrace{\frac{\theta_3 \Delta t}{\mu} (\Delta \boldsymbol{\sigma} - \Delta \boldsymbol{\tau}) + \frac{\Delta t}{\mu} (\boldsymbol{\sigma}_n - \boldsymbol{\tau}_n)}_{\text{Viscoplastic strain}} - \Delta \lambda \nabla_{\boldsymbol{\tau}} F(\boldsymbol{\tau}_{n+1}) = \mathbf{0} \quad \text{in } \Omega \tag{51}$$

364

365 Substitution of Eq. (51) into (50) results in the addition decomposition of the total strain rate
 366 as in Eq. (45). The variation of \mathcal{L}_s with respect to other variables (e.g. $\Delta \mathbf{u}$, \mathbf{r}_{n+1} , $\Delta \lambda$, and s_{n+1}
 367) results in Eqs. (38), (41)-(43), which verifies the equivalence between the optimisation
 368 problem (48) and the discretised governing equations for dynamic analysis of an
 369 elastoviscoplastic solid.

370

371 Material hardening/softening behaviour can also be accounted for in the principle according
 372 to [31]. Suppose that a yield criterion function with strain hardening/softening is in the form
 373 of $F(\boldsymbol{\tau}, \boldsymbol{\kappa}) = 0$ where $\boldsymbol{\kappa} = H(\boldsymbol{\varepsilon}^{vp})$ is a set of internal variables relating to the viscoplastic
 374 strain. The associated principle according to [31] thus is

375

$$\begin{aligned}
 \min_{\Delta \mathbf{u}} \max_{(\boldsymbol{\sigma}, \boldsymbol{\tau}, \mathbf{r}, \boldsymbol{\kappa})_{n+1}} & -\frac{1}{2} \int_{\Omega} \Delta \boldsymbol{\sigma}^T \mathbb{C} \Delta \boldsymbol{\sigma} d\Omega + \int_{\Omega} \boldsymbol{\sigma}_{n+1}^T \nabla^T (\Delta \mathbf{u}) d\Omega + \int_{\Omega} \frac{1-\theta_1}{\theta_1} \boldsymbol{\sigma}_n^T \nabla^T (\Delta \mathbf{u}) d\Omega \\
 & -\frac{1}{2} \int_{\Omega} \mathbf{r}_{n+1}^T \frac{\Delta t^2}{\tilde{\rho}} \mathbf{r}_{n+1} d\Omega + \int_{\Omega} \mathbf{r}_{n+1}^T \Delta \mathbf{u} d\Omega \\
 376 & -\frac{1}{2} \int_{\Omega} (\Delta \boldsymbol{\sigma} - \Delta \boldsymbol{\tau})^T \frac{\theta_3 \Delta t}{\eta} (\Delta \boldsymbol{\sigma} - \Delta \boldsymbol{\tau}) d\Omega - \int_{\Omega} \Delta \boldsymbol{\sigma}^T \frac{\Delta t}{\eta} (\boldsymbol{\sigma}_n - \boldsymbol{\tau}_n) d\Omega \quad (52) \\
 & + \int_{\Omega} (\boldsymbol{\sigma}_n - \boldsymbol{\tau}_n)^T \frac{\Delta t}{\eta} \Delta \boldsymbol{\tau} d\Omega - \underbrace{\frac{1}{2} \int_{\Omega} \mathbb{H}_t^{-1} \Delta \boldsymbol{\kappa}^2 d\Omega}_{\text{Hardening/Softening term}} - \int_{\Omega} \tilde{\mathbf{b}}^T \Delta \mathbf{u} d\Omega - \int_{\Gamma_t} \tilde{\mathbf{t}}^T \Delta \mathbf{u} d\Gamma \\
 \text{subject to} & \quad F(\boldsymbol{\tau}_{n+1}, \underline{\boldsymbol{\kappa}}_{n+1}) \leq 0
 \end{aligned}$$

377 where the underlined terms are newly introduced due to the hardening/softening and \mathbb{H}_t is
 378 constitutive modulus that reads

$$379 \quad \mathbb{H}_t = -\frac{dH(\boldsymbol{\varepsilon}_n^{vp})}{d\boldsymbol{\varepsilon}^{vp}} \frac{\nabla_{\boldsymbol{\tau}} F(\boldsymbol{\tau}_n, \boldsymbol{\kappa}_n)}{\nabla_{\boldsymbol{\kappa}} F(\boldsymbol{\tau}_n, \boldsymbol{\kappa}_n)} \quad (53)$$

380 The inclusion of material hardening/softening in the principle have been detailed in [31] and
 381 thus is not further discussed in this paper.

382

383 In brief, variational principle (52) thus is a general optimisation problem for
 384 elastoviscoplastic analysis which degrades to principle (35)

$$\begin{aligned}
 & \min_{\Delta \mathbf{u}} \max_{(\boldsymbol{\sigma}, \boldsymbol{\tau}, \mathbf{r})_{n+1}} \int_{\Omega} \boldsymbol{\sigma}_{n+1}^T \nabla^T (\Delta \mathbf{u}) d\Omega + \int_{\Omega} \frac{1-\theta_1}{\theta_1} \boldsymbol{\sigma}_n^T \nabla^T (\Delta \mathbf{u}) d\Omega \\
 & - \frac{1}{2} \int_{\Omega} \mathbf{r}_{n+1}^T \frac{\Delta t^2}{\tilde{\rho}} \mathbf{r}_{n+1} d\Omega + \int_{\Omega} \mathbf{r}_{n+1}^T \Delta \mathbf{u} d\Omega \\
 385 & - \frac{1}{2} \int_{\Omega} (\Delta \boldsymbol{\sigma} - \Delta \boldsymbol{\tau})^T \frac{\theta_3 \Delta t}{\mu} (\Delta \boldsymbol{\sigma} - \Delta \boldsymbol{\tau}) d\Omega - \int_{\Omega} \Delta \boldsymbol{\sigma}^T \frac{\Delta t}{\mu} (\boldsymbol{\sigma}_n - \boldsymbol{\tau}_n) d\Omega \\
 & + \int_{\Omega} (\boldsymbol{\sigma}_n - \boldsymbol{\tau}_n)^T \frac{\Delta t}{\mu} \Delta \boldsymbol{\tau} d\Omega - \int_{\Omega} \tilde{\mathbf{b}}^T \Delta \mathbf{u} d\Omega - \int_{\Gamma_t} \tilde{\mathbf{t}}^T \Delta \mathbf{u} d\Gamma \\
 & \text{subject to } F(\boldsymbol{\tau}_{n+1}) \leq 0
 \end{aligned}$$

386 for the incremental analysis of Newtonian/Non-Newtonian flows when the parts relevant to
 387 the elasticity and material hardening/softening are erased. When the Von Mises yield
 388 criterion is used, the above problem is for analysing the standard Bingham flow. While the
 389 threshold stress is null, it recovers the Newtonian flow.

390

391 Moreover, principle (52) degrades to cover the rate-independent elastoplastic dynamic
 392 analysis by erasing the terms related to viscosity that is

$$\begin{aligned}
 & \min_{\Delta \mathbf{u}} \max_{(\boldsymbol{\sigma}, \mathbf{r}, \boldsymbol{\kappa})_{n+1}} - \frac{1}{2} \int_{\Omega} \Delta \boldsymbol{\sigma}^T \mathbb{C} \Delta \boldsymbol{\sigma} d\Omega + \int_{\Omega} \boldsymbol{\sigma}_{n+1}^T \nabla^T (\Delta \mathbf{u}) d\Omega + \int_{\Omega} \frac{1-\theta_1}{\theta_1} \boldsymbol{\sigma}_n^T \nabla^T (\Delta \mathbf{u}) d\Omega \\
 393 & - \frac{1}{2} \int_{\Omega} \mathbf{r}_{n+1}^T \frac{\Delta t^2}{\tilde{\rho}} \mathbf{r}_{n+1} d\Omega + \int_{\Omega} \mathbf{r}_{n+1}^T \Delta \mathbf{u} d\Omega - \frac{1}{2} \int_{\Omega} \mathbb{H}_t^{-1} \Delta \boldsymbol{\kappa}^2 d\Omega \quad (54) \\
 & - \int_{\Omega} \tilde{\mathbf{b}}^T \Delta \mathbf{u} d\Omega - \int_{\Gamma_t} \tilde{\mathbf{t}}^T \Delta \mathbf{u} d\Gamma \\
 & \text{subject to } F(\boldsymbol{\sigma}_{n+1}, \boldsymbol{\kappa}_{n+1}) \leq 0
 \end{aligned}$$

394 and to cover the elastoplastic static analysis [25] by further erasing the dynamic terms that is

$$\begin{aligned}
395 \quad & \min_{\Delta \mathbf{u}} \max_{(\boldsymbol{\sigma}, \kappa)_{n+1}} -\frac{1}{2} \int_{\Omega} \Delta \boldsymbol{\sigma}^T \mathbf{C} \Delta \boldsymbol{\sigma} d\Omega + \int_{\Omega} \boldsymbol{\sigma}_{n+1}^T \nabla^T (\Delta \mathbf{u}) d\Omega - \frac{1}{2} \int_{\Omega} \mathbb{H}_t^{-1} \Delta \kappa^2 d\Omega \\
& - \int_{\Omega} \mathbf{b}^T \Delta \mathbf{u} d\Omega - \int_{\Gamma_t} \mathbf{t}_{n+1}^T \Delta \mathbf{u} d\Gamma \\
& \text{subject to } F(\boldsymbol{\sigma}_{n+1}, \kappa_{n+1}) \leq 0
\end{aligned} \tag{55}$$

396 The upper bound limit analysis [25, 44] is also recovered by removing the elastic part and
397 hardening/softening part, which is

$$\begin{aligned}
398 \quad & \min_{\Delta \mathbf{u}} \max_{(\boldsymbol{\sigma}, \alpha)} \int_{\Omega} \boldsymbol{\sigma}^T \nabla^T (\Delta \mathbf{u}) d\Omega - \int_{\Omega} \mathbf{b}^T \Delta \mathbf{u} d\Omega - \alpha \int_{\Gamma_t} \mathbf{t}^T \Delta \mathbf{u} d\Gamma \\
& \text{subject to } F(\boldsymbol{\sigma}) \leq 0
\end{aligned} \tag{56}$$

399 where α is a new introduced variable representing the factor of the imposed traction force.
400 Notably, all the above problems refer to total stress analysis. This is because the marine clay
401 is commonly simulated in undrained conditions [7, 9] according to its low permeability.
402 Nevertheless, the analysis of saturated porous media can also be cast into the same form
403 which has been discussed in [32] where the effective stress and pore water pressure instead of
404 the total stress should be the master fields.

405

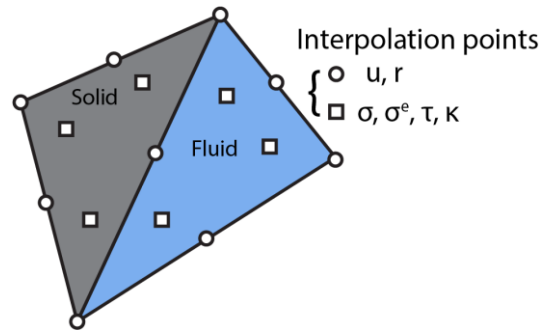
406 5. Monolithic coupling and solution technique

407 The min-max problem (52) is first discretised using the standard finite element shape
408 function owing to its generalised feature, and then the coupling between the fluid and the
409 solid is discussed. As both the displacement-like and stress-like fields are master fields in the
410 generalised HR variational principle, they have to be interpolated by shape functions
411 independently such as

$$\begin{aligned}
412 \quad & \boldsymbol{\sigma}(\mathbf{x}) \approx \mathbf{N}_{\boldsymbol{\sigma}} \hat{\boldsymbol{\sigma}}, \quad \boldsymbol{\sigma}^e(\mathbf{x}) \approx \mathbf{N}_{\boldsymbol{\sigma}^e} \hat{\boldsymbol{\sigma}}^e, \quad \boldsymbol{\tau}(\mathbf{x}) \approx \mathbf{N}_{\boldsymbol{\tau}} \hat{\boldsymbol{\tau}}, \\
& \mathbf{r}(\mathbf{x}) \approx \mathbf{N}_{\mathbf{r}} \hat{\mathbf{r}}, \quad \mathbf{u}(\mathbf{x}) \approx \mathbf{N}_{\mathbf{u}} \hat{\mathbf{u}}, \quad \nabla^T \mathbf{u} \approx \mathbf{B}_{\mathbf{u}} \hat{\mathbf{u}}, \\
& \kappa(\mathbf{x}) \approx \mathbf{N}_{\kappa} \hat{\kappa}
\end{aligned} \tag{57}$$

413 where $\hat{\boldsymbol{\sigma}}$, $\hat{\boldsymbol{\sigma}}^e$, $\hat{\boldsymbol{\tau}}$, $\hat{\mathbf{r}}$, $\hat{\mathbf{u}}$, and $\hat{\kappa}$ are vectors containing the values of the corresponding field

414 variables at interpolation points, \mathbf{N} is a matrix consisting of shape functions, and $\mathbf{B}_u = \nabla^T \mathbf{N}_u$
415 . Since the mixed variational principle is used, the field variables shown in (57) are all
416 independent variables. The mixed isoparametric triangular element shown in Figure 2 is used
417 for the approximation of both the solid and the fluid. The master fields of displacement $\hat{\mathbf{u}}$
418 and dynamic force $\hat{\mathbf{r}}$ are interpolated based on the vertex and the mid-side nodes of the
419 triangle (e.g. the circles in Figure 2), whereas the master fields of stress-like states $\hat{\boldsymbol{\sigma}}$, $\hat{\boldsymbol{\sigma}}^e$, $\hat{\boldsymbol{\tau}}$,
420 $\hat{\boldsymbol{\kappa}}$ are interpolated based on the internal points (e.g. the squares in Figure 2) with the area
421 coordinates β_j being $(\beta_{j-1}, \beta_j, \beta_{j+1}) = (\frac{1}{6}, \frac{4}{6}, \frac{1}{6})$, $j=1, 2, 3$. In other words, the master fields of
422 the displacement and the dynamic force use the same quadratic shape function, and master
423 fields of the stress-like states use the same linear shape function. We refer the reader to [25]
424 for more details of mixed elements of this kind where their property and performance were
425 discussed.



426

427 Figure 2 The mixed isoparametric triangular element in use and the corresponding
428 interpolation points for different master fields

429

430 By substituting Eq. (57), the principle (e.g. (52)) discretised in space reads

$$\begin{aligned}
& \min_{\Delta \hat{\mathbf{u}}} \max_{(\hat{\boldsymbol{\sigma}}, \hat{\boldsymbol{\tau}}, \hat{\boldsymbol{\sigma}}^e, \hat{\mathbf{r}}, \hat{\boldsymbol{\kappa}})_{n+1}} -\frac{1}{2} \Delta \hat{\boldsymbol{\sigma}}^T \mathbf{C} \Delta \hat{\boldsymbol{\sigma}} + \Delta \hat{\mathbf{u}}^T \mathbf{B}^T \hat{\boldsymbol{\sigma}}_{n+1} + \Delta \hat{\mathbf{u}}^T \frac{1-\theta_1}{\theta_1} \mathbf{B}^T \hat{\boldsymbol{\sigma}}_n \\
& -\frac{1}{2} \hat{\mathbf{r}}_{n+1}^T \mathbf{D} \hat{\mathbf{r}}_{n+1} + \Delta \hat{\mathbf{u}}^T \mathbf{A}^T \hat{\mathbf{r}}_{n+1} - \frac{1}{2} \Delta \hat{\boldsymbol{\sigma}}^{eT} \mathbf{M} \Delta \hat{\boldsymbol{\sigma}}^e \\
& -\Delta \hat{\boldsymbol{\sigma}}^{eT} \mathbf{f}^c - \frac{1}{2} \Delta \hat{\boldsymbol{\kappa}}^T \mathbf{H} \Delta \hat{\boldsymbol{\kappa}} - \Delta \hat{\mathbf{u}}^T \mathbf{f}^e \tag{58}
\end{aligned}$$

$$\text{subject to } \Delta \hat{\boldsymbol{\sigma}}^e = \Delta \hat{\boldsymbol{\sigma}} - \Delta \hat{\boldsymbol{\tau}}$$

$$F_j(\hat{\boldsymbol{\tau}}_{n+1}, \hat{\boldsymbol{\kappa}}_{n+1}) \leq 0, \quad j = 1, 2, \dots, N_G$$

432 where an intermediate variable $\boldsymbol{\sigma}^e = \boldsymbol{\sigma} - \boldsymbol{\tau}$ termed the overstress is introduced, N_G is the

433 total number of integration points for instance Gauss points, and

$$\begin{aligned}
& \mathbf{C} = \int_{\Omega} \mathbf{N}_{\boldsymbol{\sigma}}^T \mathbf{C} \mathbf{N}_{\boldsymbol{\sigma}} d\Omega, \quad \mathbf{B}^T = \int_{\Omega} \mathbf{B}_{\mathbf{u}}^T \mathbf{N}_{\boldsymbol{\sigma}} d\Omega, \\
& \mathbf{D} = \int_{\Omega} \mathbf{N}_{\mathbf{r}}^T \frac{\Delta t^2}{\tilde{\rho}} \mathbf{N}_{\mathbf{r}} d\Omega, \quad \mathbf{A}^T = \int_{\Omega} \mathbf{N}_{\mathbf{u}}^T \mathbf{N}_{\mathbf{r}} d\Omega, \\
& \mathbf{M} = \int_{\Omega} \mathbf{N}_{\boldsymbol{\sigma}^e}^T \frac{\theta_3 \Delta t}{\eta} \mathbf{N}_{\boldsymbol{\sigma}^e} d\Omega, \quad \mathbf{H} = \int_{\Omega} \mathbf{N}_{\boldsymbol{\kappa}}^T \frac{1}{\mathcal{H}_t} \mathbf{N}_{\boldsymbol{\kappa}} d\Omega, \\
& \mathbf{f}^e = \int_{\Omega} \mathbf{N}_{\mathbf{u}}^T \tilde{\mathbf{b}} d\Omega + \int_{\Gamma_t} \mathbf{N}_{\mathbf{u}}^T \tilde{\mathbf{t}} d\Gamma, \quad \mathbf{f}^c = \int_{\Omega} \mathbf{N}_{\boldsymbol{\sigma}}^T \frac{\Delta t}{\eta} \boldsymbol{\sigma}_n^e d\Omega
\end{aligned} \tag{59}$$

435 The minimisation part of principle (58) with respect to the incremental displacement $\Delta \hat{\mathbf{u}}$ can

436 be resolved analytically resulting in a maximisation problem which can also be expressed as a

437 minimisation problem with an opposite sign

$$\begin{aligned}
& \min_{(\hat{\boldsymbol{\sigma}}, \hat{\boldsymbol{\tau}}, \hat{\boldsymbol{\sigma}}^e, \hat{\mathbf{r}}, \hat{\boldsymbol{\kappa}})_{n+1}} \frac{1}{2} \Delta \hat{\boldsymbol{\sigma}}^T \mathbf{C} \Delta \hat{\boldsymbol{\sigma}} + \frac{1}{2} \hat{\mathbf{r}}_{n+1}^T \mathbf{D} \hat{\mathbf{r}}_{n+1} + \frac{1}{2} \Delta \hat{\boldsymbol{\sigma}}^{eT} \mathbf{M} \Delta \hat{\boldsymbol{\sigma}}^e \\
& + \frac{1}{2} \Delta \hat{\boldsymbol{\kappa}}^T \mathbf{H} \Delta \hat{\boldsymbol{\kappa}} + \Delta \hat{\boldsymbol{\sigma}}^{eT} \mathbf{f}^c \\
& \text{subject to } \mathbf{B}^T \hat{\boldsymbol{\sigma}}_{n+1} + \frac{1-\theta_1}{\theta_1} \mathbf{B}^T \hat{\boldsymbol{\sigma}}_n + \mathbf{A}^T \hat{\mathbf{r}}_{n+1} - \mathbf{f}^e = \mathbf{0} \tag{60}
\end{aligned}$$

$$\Delta \hat{\boldsymbol{\sigma}}^e = \Delta \hat{\boldsymbol{\sigma}} - \Delta \hat{\boldsymbol{\tau}}$$

$$F_j(\hat{\boldsymbol{\tau}}_{n+1}, \hat{\boldsymbol{\kappa}}_{n+1}) \leq 0, \quad j = 1, 2, \dots, N_G$$

439 The finite element discretised principle for Newtonian/Non-Newtonian flow can also be

440 derived following the same way which is

$$\begin{aligned}
& \min_{(\hat{\boldsymbol{\sigma}}, \hat{\boldsymbol{\tau}}, \hat{\boldsymbol{\sigma}}^e, \hat{\mathbf{r}})_{n+1}} \frac{1}{2} \hat{\mathbf{r}}_{n+1}^T \mathbf{D} \hat{\mathbf{r}}_{n+1} + \frac{1}{2} \Delta \hat{\boldsymbol{\sigma}}^{eT} \mathbf{M} \Delta \hat{\boldsymbol{\sigma}}^e + \Delta \hat{\boldsymbol{\sigma}}^{eT} \mathbf{f}^c \\
441 \quad & \text{subject to } \mathbf{B}^T \hat{\boldsymbol{\sigma}}_{n+1} + \frac{1-\theta_1}{\theta_1} \mathbf{B}^T \hat{\boldsymbol{\sigma}}_n + \mathbf{A}^T \hat{\mathbf{r}}_{n+1} - \mathbf{f}^e = \mathbf{0} \quad (61) \\
& \Delta \hat{\boldsymbol{\sigma}}^e = \Delta \hat{\boldsymbol{\sigma}} - \Delta \hat{\boldsymbol{\tau}} \\
& F_j(\hat{\boldsymbol{\tau}}_{n+1}) \leq 0, \quad j = 1, 2, \dots, N_G
\end{aligned}$$

442 It is apparent that the principle (61) (for fluids) is the degradation of the principle (60) (for
443 solids).

444

445 For the sake of convenience, the principle (60) is the one solved for both fluids and solids.

446 When the element represents a fluid, the elastic compliance matrix \mathbf{C} , the constitutive
447 modulus matrix \mathbf{H} and the internal variable for softening/hardening $\hat{\boldsymbol{\kappa}}$ in principle (60) are
448 set to be null at the corresponding elements. Such an operation simplifies the monolithic
449 coupling of the fluid and the solid.

450

451 The transformation of the optimisation problem (60) into a standard second-order cone
452 programming problem in the form of (1) is detailed in Appendix, and the optimisation engine
453 MOSEK, in which the primal-dual interior point method is available, is adopted as the solver.

454

455 6. The particle finite element method (PFEM)

456 The unified formulation presented in the previous section is for the incremental finite element
457 analysis at each single time step. When a large deformation problem is concerned, the
458 proposed formulation encounters the issues such as mesh distortion and severe free-surface
459 evolution due to its Lagrangian feature. To overcome the issues resulting from large change
460 in geometry, the proposed formulation is implemented into the framework of the Particle
461 Finite Element Method (PFEM) [45]. Consequently, it is capable of modelling submarine
462 landslides and their consequences in which extreme material deformation is inevitable.

463

464 The PFEM makes use of the Lagrangian finite element approach (in our cases the proposed
465 unified formulation) to solve the discretised governing equations on meshes. At the time
466 point that meshes have a certain degree of distortion, mesh topologies are erased leaving
467 behind mesh nodes treated as free particles. A new computational domain is then identified
468 using the so-called α -shape method [46] on the basis of the position of free particles followed
469 by the remeshing of the identified domain. State variables, including those at both mesh
470 nodes and Gauss points, are then mapped from old meshes to new meshes followed by a new
471 incremental finite element analysis.

472

473 The variable mapping is performed using the unique element method (UEM) [47] in this
474 study which is composed of three basic steps as follows: (i) update the old mesh according to
475 the cumulative displacement; (ii) find which old finite element the new Gauss point (or the
476 new mesh node) lies in; and (iii) interpolate the variable states at the new Gauss points (or the
477 new mesh node) on the basis of the corresponding state variables at the detected old element.
478 The accuracy of the UEM has been estimated in detail in [47] showing that the fluctuation
479 induced in the load-displacement curve using the UEM for bearing capacity problem is within
480 6% even when rather coarse meshes are used. The fluctuation can be further reduced by
481 adopting finer meshes. It is remarkable that, in the PFEM, meshes of sufficiently small size
482 have to be used for correct boundary identification. Previous studies [31, 48] showed that the
483 mesh of the size performs well for correct boundary identification in the PFEM also
484 guarantees the accuracy of the UEM for variable mapping. Thus influence of variable
485 mapping is very limited in the PFEM and converged solutions can be obtained.

486

487 To date, the PFEM has tackled numerous challenging problems such as the modelling of
488 multi-phase flows [49], fluid-structure interactions [50, 51], granular flows [48, 52-54], flow
489 of fresh cement suspensions [55], penetration problems [54, 56, 57], landslides [58, 59] and
490 the generated waves [60], among others.

491

492 7. Numerical Examples

493 The correctness and robustness of the proposed unified solid/fluid finite element
494 formulation (60) is verified via simulating numerous benchmarks. First, single-phase
495 problems such as the water dam break, the annular viscometer problem, and the collapse of
496 aluminum bars are simulated in order to verify it for modelling Newtonian flows, Non-
497 Newtonian flows, and solid dynamics, respectively. Comparisons of our simulation results
498 against experimental data, analytical solutions, and also results using other numerical
499 approaches available in the literature are carried out. The efficiency of the proposed
500 monolithic coupling for simulating multi-phase problems is then tested against an
501 experimental test concerning the underwater granular collapse and the induced waves. Last
502 but not least, the possibility of the approach for modelling submarine landslides and their
503 consequences is shown by considering a model test in which the failure and the post-failure
504 processes of an underwater slope are predicted via a single simulation with both the direct
505 impact on infrastructure such as pipelines and the indirect impact via the generated-tsunami
506 being estimated. In all simulations, the parameters for time discretisation are $\theta_1 = \theta_2 = 1$ and
507 $\theta_3 = \frac{1}{2}$, and the high-performance optimisation engine MOSEK [61] is used for solutions.
508 The default values for error tolerances in MOSEK are used including the parameter β
509 shown in section 3.3.

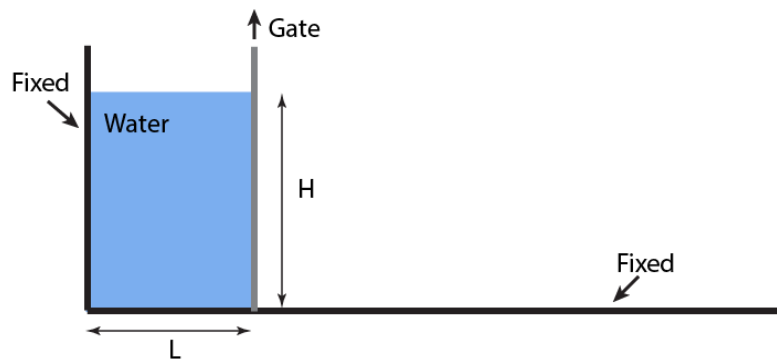
510

511 7.1 Single-phase problems

512 7.1.1 Newtonian flow

513 The first example concerned is the water dam break. The dam is initially 10 cm wide and 20
514 cm high as shown in Figure 3, and the water of density $\rho = 1 \times 10^3 \text{ kg/m}^3$ is incompressible.

515 The gravitational acceleration is $g = -9.8 \text{ m/s}^2$. The lift up of the gate leads to the spreading
516 of the water dam. As it is modelled as a Newtonian flow, the Von-Mises model is used with
517 the cohesion (or called threshold stress in the field of fluid dynamics) being null. The
518 domain is discretised using 3,879 triangular elements with typical element size $h = 0.4 \text{ cm}$
519 (e.g. the length of element edges). The time step utilised is $\Delta t = 1 \times 10^{-3} \text{ s}$.

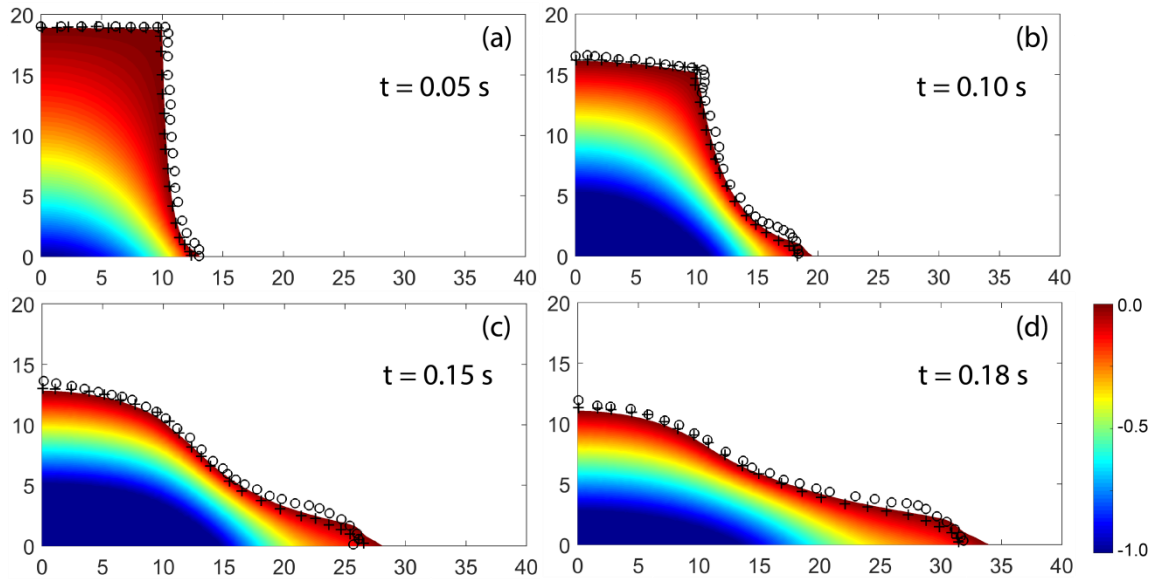


520

521 Figure 3 Schematic illustration of water dam break.

522

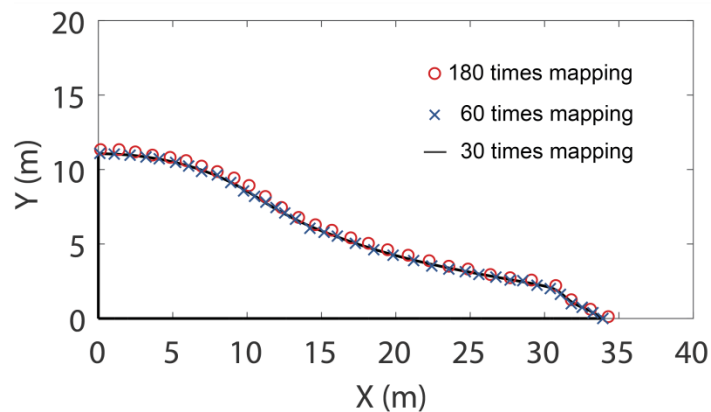
523 The configurations of the dam-break wave at four different time instants are plotted in
524 Figure 4 with the distribution of water pressure being shown. Simulation results from [62]
525 and [63], in which the Smooth Particle Hydrodynamics approach was used, are also
526 illustrated for comparison purposes in Figure 4. It is shown that the results agree with each
527 other very well which verifies the proposed unified formulation for Newtonian flows.



528

529 Figure 4 Configurations of the dam-break wave with the distribution of water pressure (unit:
 530 kPa) at time instances (a) $t = 0.05$ s, (b) $t=0.10$ s, (c) $t=0.15$ s, and (d) $t=0.18$ s, respectively.
 531 Circles (o) represent the free surface obtained in [62], and crosses (+) refer to that obtained in
 532 [63].

533



534

535 Figure 5 Configurations of the dam-break wave at $t = 0.18$ s from the PFEM simulation with
 536 boundary identification and variable mapping conducted per 1 step (180 times), per 3 steps
 537 (60 times), and per 6 steps (30 times).

538

539 Furthermore, the problem is simulated using the PFEM with boundary identification being
 540 carried out per 1 step, per 3 steps and per 6 steps. This is to estimate the influence of the
 541 operation of the variable mapping on the simulation results since variable mapping has to be
 542 carried out when boundary identification is performed. As seen in Figure 5 that the
 543 simulation results agree well with each other. Indeed, the mesh size that is small enough to

544 identify boundaries usually guarantees the accuracy of the UEM for variable mapping
545 whose influence is thus very limited.

546

547

548 It is notable that the simulation does not suffers from volumetric locking because of the
549 used mixed elements that the displacement field is interpolated using quadratic shape
550 functions and the stress field is approximated linearly.

551

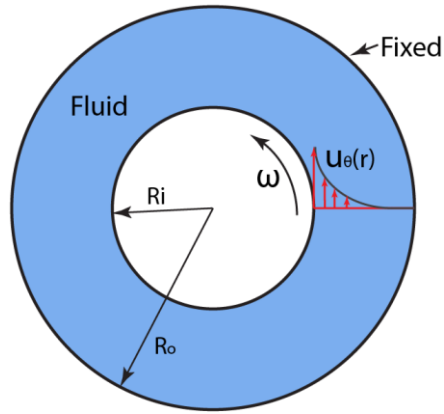
552 7.1.2 Non-Newtonian flow

553 The Bingham flow in an annular viscometer is investigated in order to validate the unified
554 formulation for modelling Non-Newtonian flows in this section. The annular viscometer is
555 made of two coaxial cylinders as shown in Figure 6. The outer cylinder is fixed whereas the
556 inner cylinder rotates at a constant angular velocity ω . Supposing the fluid is stick to the
557 apparatus boundaries, analytical solutions are available which depend on the rheological
558 properties of the fluid. For the considered Bingham fluid, a transition radius R_t exists that
559 distinguishes the sheared fluids that are close to the inner cylinder from those located in an
560 un-yield/rigid zone. According to [64], the transition radius R_t is the solution of

$$561 \left(\frac{R_t}{R_i} \right)^2 - 2 \ln \left(\frac{R_t}{R_i} \right) - \left(\frac{2\sqrt{2}\mu\omega}{\tau_0} + 1 \right) = 0$$

562 and, in the sheared zone, the tangential velocity of the fluid is

$$563 u_\theta(r) = r \frac{\sqrt{2}\tau_0}{\mu} \left(\left(\frac{R_t}{r} \right)^2 - 2 \ln \left(\frac{R_t}{r} \right) - 1 \right).$$



564

565

Figure 6 A schematic illustration of an annular viscometer.

566

567

In this work, the radii of the outer and inner cylinders are $R_o = 100$ cm and $R_i = 50$ cm,

568

respectively. The viscosity fluid is $\mu = 1$ Pa · s and the threshold stress $\tau_0 = 10$ Pa . The density

569

is $\rho = 1000$ kg/m³ . The inner cylinder rotates at an angular speed of $\omega = 1$ rad/s . The domain

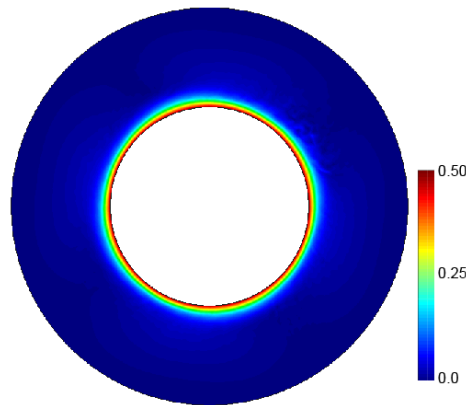
570

is discretised using meshes with a characteristic size $h = 3.5$ cm, and the time step for the

571

simulation is $\Delta t = 1 \times 10^{-3}$ s .

572



573

574

Figure 7 Distribution of the tangential speed at the steady state (Unit: m/s).

575

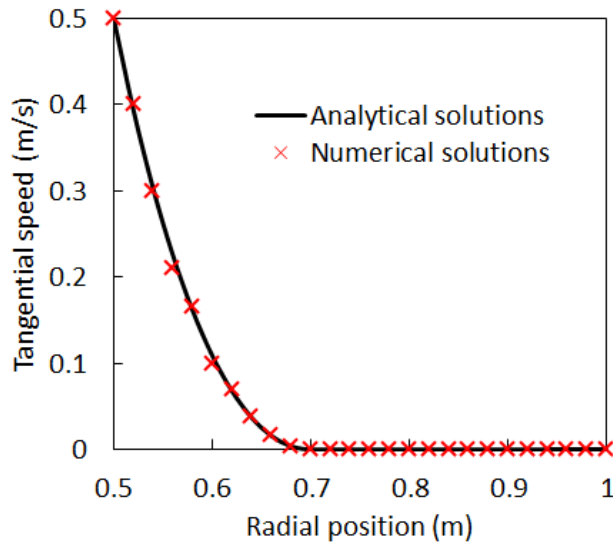


Figure 8 Curves of the tangential speed against the radial position.

576

577

578

579 Figure 7 shows the distribution of the speed at the steady state from our simulations. As
 580 expected, the tangential speed decreases with the radial position. Note that, although this is
 581 a fluid dynamics problem in a fixed domain, issues related to sever mesh distortion still
 582 exist because the Lagrangian description/mesh is used. The corresponding tangential speed
 583 at the steady state is plotted in Figure 8. It is shown that the transition radius obtained from
 584 the simulation is around 0.7 m which coincides with the analytical solution. Furthermore,
 585 the overall tangential speed at the steady state from the simulation agrees well with the
 586 analytical solution, indicating the correctness of the proposed unified formulation for Non-
 587 Newtonian flows.

588

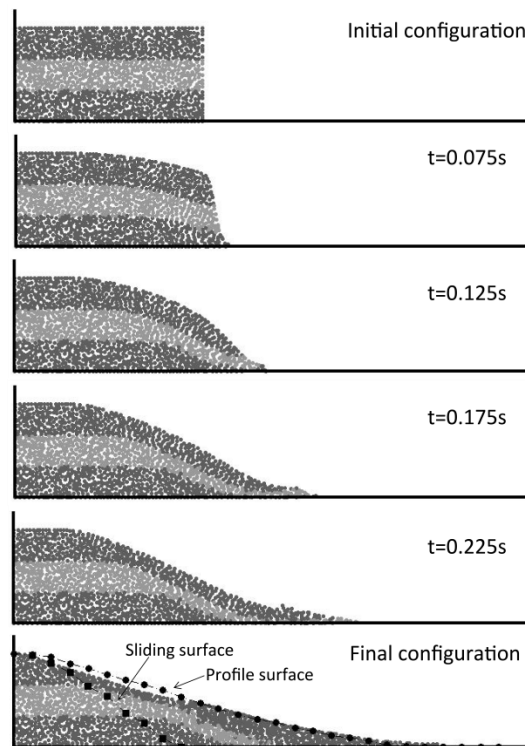
589 7.1.3 Solid mechanics problem

590 The third example for the single-phase problem is an experiment test of a collapse problem
 591 conducted in [65] which is similar to the water break problem. The column of the size
 592 200×100 mm however was composed of small aluminium bars of diameters 1 and 1.5 mm
 593 and length 50 mm. This example was used to verify the SPH approach for simulating
 594 elastoplastic problems in plane strain conditions in geomechanics in [65].

595

596 In our simulations, the Mohr-Coulomb model is used to represent the material with
597 parameters being the same as those from [65]: Young's Modulus $E = 0.84 \text{ MPa}$, Poisson's
598 ratio $\nu = 0.3$, friction angle $\phi = 19.8^\circ$, dilation angle $\psi = 0^\circ$ and cohesion $c = 0$. The density
599 of the material is $\rho = 1.8 \times 10^3 \text{ kg/m}^3$. The viscosity of the material is neglected in this case.

600 Simulations are carried out using a time step $\Delta t = 1 \times 10^{-3} \text{ s}$.



601

602 Figure 9 Snapshots of profiles at different time instances. The sliding surface and the profile
603 surface are experimental data from [65].

604

605 Snapshots of configurations of the column at different time instances from our simulations
606 are shown in Figure 9. The particles shown in the figure are mesh nodes marked in different
607 colours. The lifting of the gate leads to an immediate collapse of the column. The top
608 surface of the column is being eroded continuously throughout the collapse process whereas
609 an undisturbed zone exists at the bottom left. The final profile as well as the surface of the
610 undisturbed zone from our simulations are compared to the experimental data [65]. As seen,

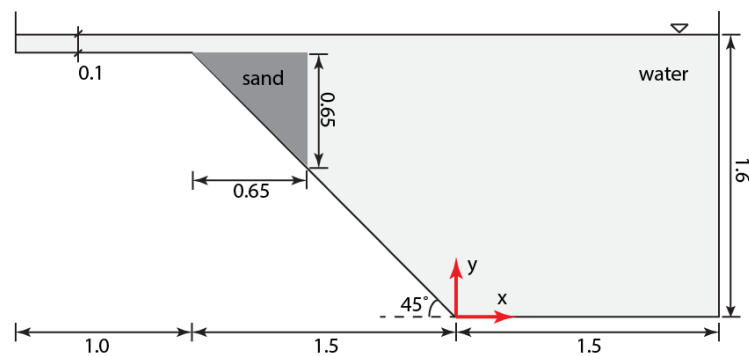
611 a great agreement is achieved verifying the proposed unified model for solid dynamics.

612

613 7.2 Multi-phase problem

614 The fourth example considered is a model test of submarine landslides and their hydraulic
615 effects carried out by Rzadkiewicz et al. [66]. The setup is illustrated in Figure 10. As shown,
616 the model test consists of a triangular mass of sands ($0.65 \text{ m} \times 0.65 \text{ m}$) that slide along an
617 inclined surface of 45° in a water channel. The sand mass is initially positioned 0.1 m below
618 the water surface and its width is the same as that of the channel. The problem thus can be
619 regarded plane-strain. This problem is commonly used for the validity of numerical
620 approaches for multi-phase flows. In this study, it is used to verify the monolithic coupling of
621 the proposed unified formulation for simulating multi-phase problem, in particular in terms
622 of the water wave generated by submarine landslides.

623



624

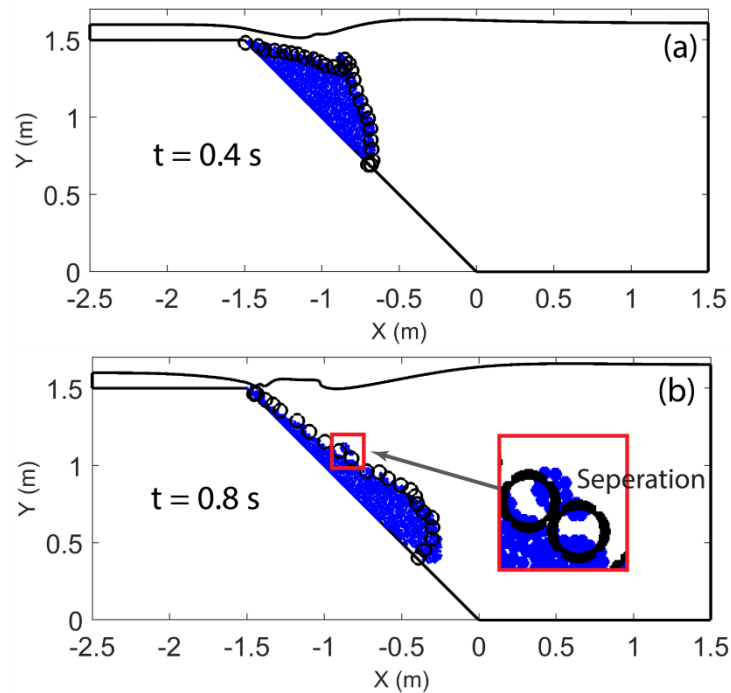
625 Figure 10 A schematic illustration of the experimental test for underwater granular flows
626 (Unite of length: m).

627

628 In our simulation, the sand mass is approximated as a non-Newtonian fluid (e.g. Bingham
629 flow) according to [66]. The material parameters used in our simulations are exactly the
630 same as those for the case in [66] (e.g. the case with rheology but without artificial
631 diffusivity). Specifically, the water has a density of 1000 kg/m^3 with both viscosity and
632 yield stress being null. The mean density of saturated sands is 1985 kg/m^3 and the threshold

633 stress is 200 Pa. The viscosity of saturated sands is null according to [66]. The characteristic
634 mesh size used is $h = 0.015$ m and the time step is $\Delta t = 1 \times 10^{-3}$ s.

635



636

637 Figure 11 Snapshots of configurations of the sand mass and the induced water wave at time
638 instance (a) $t = 0.4$ s and (b) $t = 0.8$ s. Circles are computed results from [66].

639

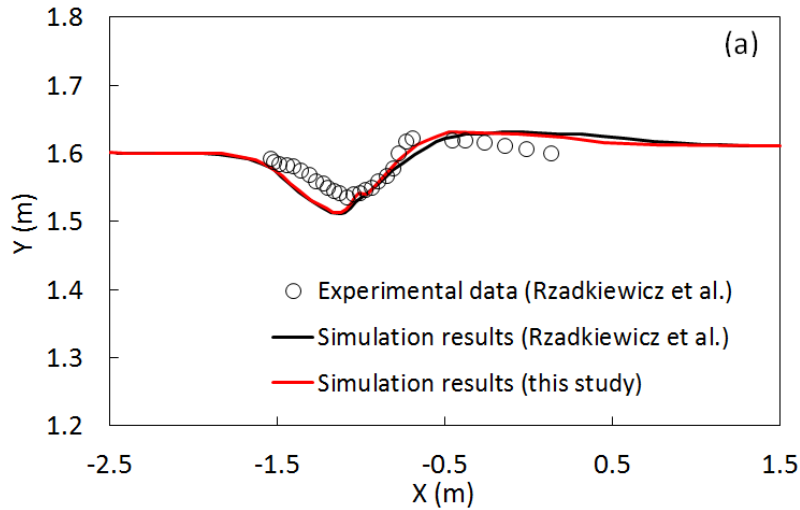
640 Figure 11 shows the snapshots of configurations of the sliding sand as well as the induced
641 water wave at time instances of $t = 0.4$ s and 0.8 s, in which the corresponding shapes of
642 deformed sand mass from the simulations in [66] are also shown for comparison. As shown,
643 our simulated results agree well with those computed from [66]. It is also notable that, at $t =$
644 0.8 s, a part of sands separate from the major sliding mass (see the zoom-in image in Figure
645 11(b)) and is surrounded by water, which has been captured successfully by the proposed
646 method. Figure 12 shows the quantitative comparison between the elevations of the free
647 surface among our present simulation results, the computed results and the experimental
648 data provided in [66] at those two time instances. Again, our simulations results coincide

649 with the computed results from [66], both of which are close to the experimental data [66].

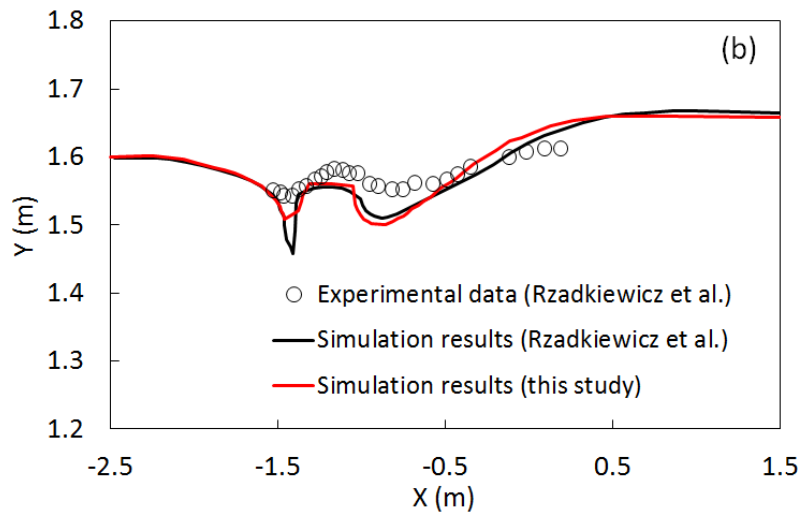
650 Such agreements verify the monolithic coupling of the proposed unified formulation for

651 multi-phase problems.

652



653



654

655 Figure 12 Comparison of the elevations of the free surface at times (a) $t = 0.4$ s and (b) $t = 0.8$
656 s.

657

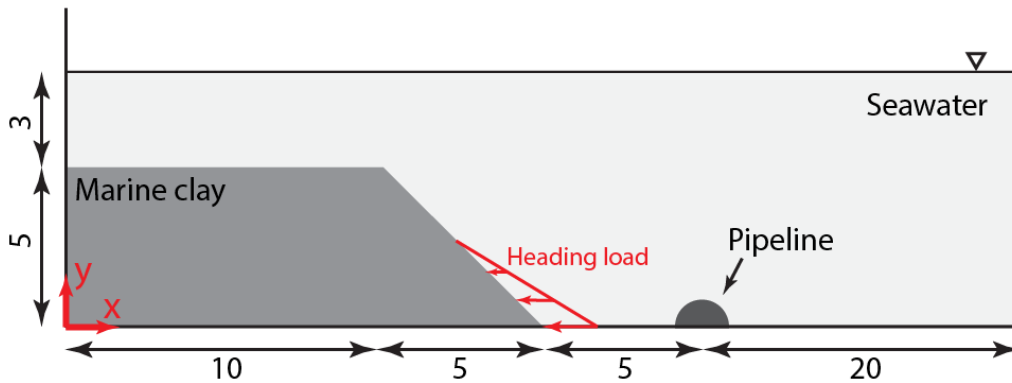
658 7.3 Submarine landslides

659 Last but not least, the possibility of the proposed unified formulation for modelling

660 submarine landslides is presented via analysing an underwater slope failure and its

661 consequence. As shown in Figure 13, a marine clay slope of height 5 m and length 5 m is 3 m

662 under the water surface. A half-buried pipeline of diameter 1.6 m is located 5 m in front of
 663 the slope toe. It is supposed that permeability of marine clays is very low so that the slope can
 664 be simulated under undrained conditions. The marine clays are represented by the Tresca
 665 model with viscosity. The corresponding material parameters for the clay are as follows:
 666 Young's modulus $E=3\times 10^7$ Pa, Poisson's ratio $\nu=0.49$, density $\rho_c=1.75\times 10^3$ kg/m³,
 667 undrained shear strength $c_u=6$ kPa and viscosity coefficient $\eta=50$ Pa·s. The density of
 668 seawater is $\rho_w=1\times 10^3$ kg/m³ and the viscosity coefficient is $\eta=0.001$ Pa·s. The
 669 gravitational acceleration is $g=-9.8$ m/s². The surfaces of the seabed and the pipeline are
 670 assumed to be rough.



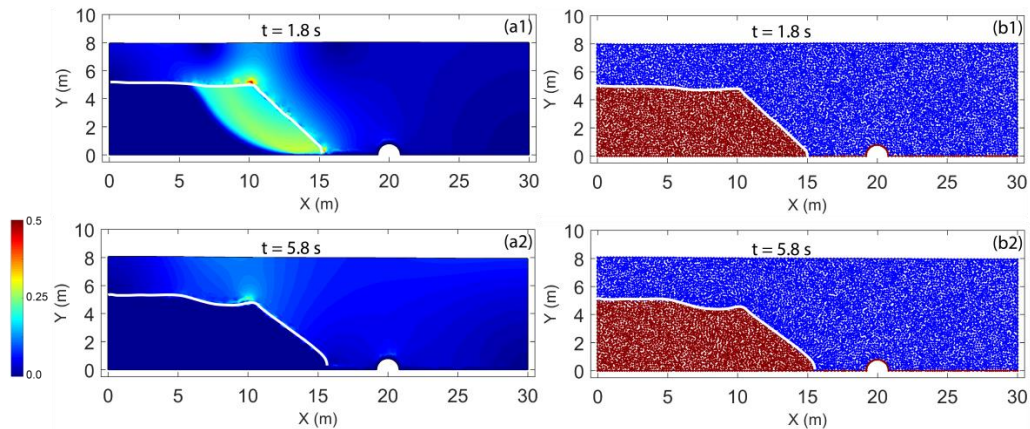
671

672 Figure 13 Schematic illustration of an underwater slope near a subsea pipeline (Unit of length:
 673 meter).

674

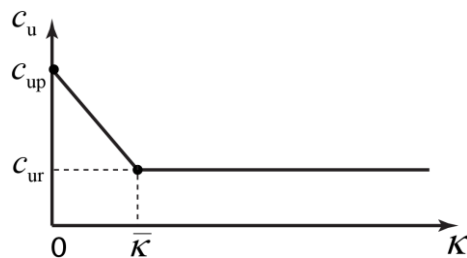
675 The slope was stable owing to the heading load which is then removed representing toe
 676 erosion. The factor of safety of the resulting slope is 0.90 implying instability. The problem
 677 is simulated using the proposed approach. The characteristic mesh size is 0.02 m leading to a
 678 total of 19,452 elements (39,303 element nodes) for discretising the domains of marine clays
 679 and seawater. The time step used in the simulation is $\Delta t=5\times 10^{-3}$ s, and the simulation
 680 proceeds until the final deposit is obtained. As shown in Figure 14, the failure of the slope is
 681 triggered due to the removing of the heading load. The mass in the front slides along a failure

682 surface but at a relatively low speed in this case (Figure 14(a1)). After a very limited
 683 deformation, the slope turns to be stable at a new position (Figure 14(a2)). Figure 14(b1) and
 684 (b2) indicate the corresponding layers of seawater and marine clays for comparison.
 685 Throughout the process, no obvious tsunami is generated.



686

687 Figure 14 Snapshots of the collapse process of the submarine landslide at different time
 688 instances from simulations without strain softening. Colors on the left figures are
 689 proportional to velocity (m/s) and figures on the right show the layers of the materials with
 690 blue and red colors representing seawater and marine clays, respectively. (Unit of speed: m/s)
 691



692

693 Figure 15 Variation of the undrained shear strength c_u with equivalent deviatoric plastic
 694 strain represented by parameter κ .

695

696 Notably, marine clay is normally sensitive which means its undrained strength decreases
 697 from a peak value c_{up} to a residual one c_{ur} when the clay undergoes plastic deformation (see

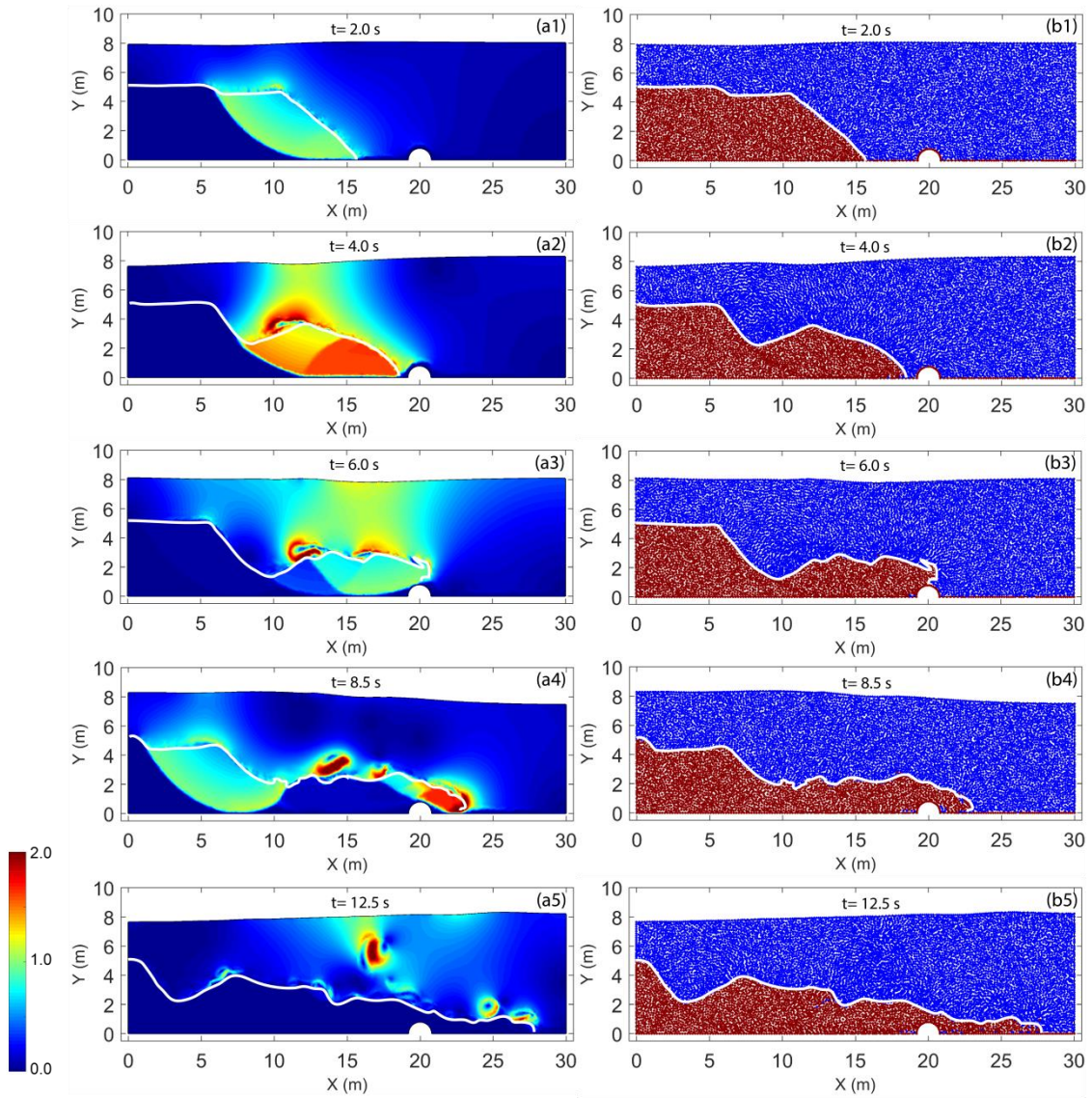
698 Figure 15). It is reported in [8] that the sensitivity of marine clays, defined as $S_t = \frac{c_{up}}{c_{ur}}$, is

699

normally moderate. Herein the problem is re-analysed with the strain-softening feature being
 700 taken into account. The peak undrained strength is $c_{up} = 6 \text{ kPa}$ and the residual one is

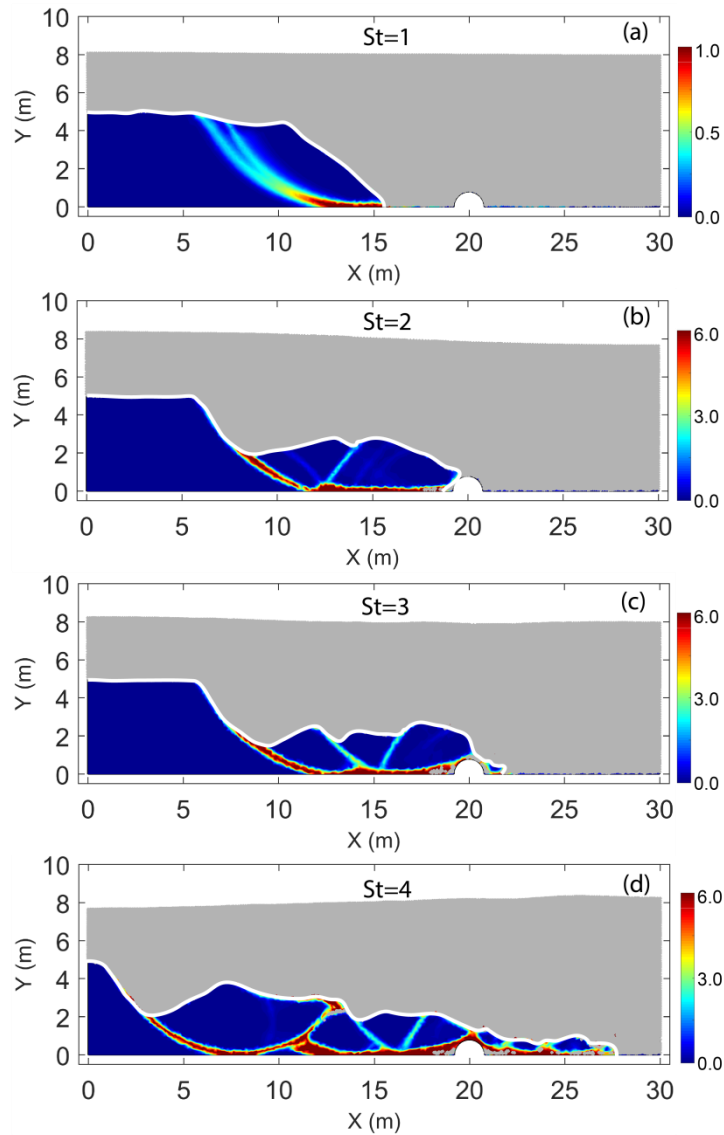
701 $c_{ur} = 1.5 \text{ kPa}$, implying a moderate sensitivity ($S_t = 4$). The reference equivalent deviatoric
702 plastic strain $\bar{\kappa}$, which controls the rate of the decrease of the undrained strain is set to be 0.6.
703 The complete process of the submarine landslides from the simulation is illustrated in Figure
704 16. The distribution of the sliding speed is shown in Figure 16(a) in which the white curves
705 are the interface between the seawater and the clay drawn according to Figure 16(b) where
706 particles (mesh nodes) representing different materials are plotted. The same to the previous
707 case, the removing of the heading load triggers the failure of the slope as shown in Figure
708 16(a1) in which a shear band is expected along the failure surface. The clay evoked slides
709 along the failure surface and towards the pipeline (Figure 16(a2) and (b2)). At $t = 6.0 \text{ s}$, the
710 pipeline is impacted by the sliding mass (Figure 16(a3) and (b3)). When the evoked mass is
711 far enough from the newly generated back scarp of the slope, a second failure occurs as
712 shown in (Figure 16(a4) and (b4)). This feature is very typical for slope failure in sensitive
713 clays and is usually termed retrogressively progressive failure [67]. Eventually, the landslide
714 reaches its final deposition as shown in Figure 16(a5) and (b5). The failure of the underwater
715 slope in this case generates a clear tsunami in the process (Figure 16).

716
717 The effect of sensitivity of marine clays on the failure of a submarine slope is also
718 investigated by using different S_t . Figure 17 shows the final deposition of the landslides from
719 the simulation with S_t equal to 1, 2, 3, and 4, respectively. As shown, the slope is more prone
720 to fail when the sensitivity is large. Additionally, the sliding mass involved in each
721 retrogressive collapse is much easier to be further decomposed when sensitivity is higher.



722

723 Figure 16 Snapshots of the collapse process of the submarine landslide at different time
 724 instances from simulations with strain softening ($St=4$). Colors on the left figures are
 725 proportional to velocity (m/s) and figures on the right show the layers of the materials with
 726 blue and red colors representing seawater and marine clays, respectively. (Unit of speed: m/s)



727

728 Figure 17 Snapshots of final depositions of the submarine landslide from simulations with
 729 sensitivity of marine clays (a) $St=1$, (b) $St=2$, (c) $St=3$, and (d) $St=4$. Colors are proportional
 730 to equivalent deviatoric plastic strain.
 731

732 8. Conclusions

733 This paper recasts the finite element formulation for fluid dynamics and solid mechanics into
 734 a unified elastoviscoplastic formulation. This is achieved by employing the generalised
 735 Hellinger-Reissner variational principle. The governing equations for both the fluid dynamics
 736 and the solid mechanics are reformulated into a standard optimisation problem, namely a
 737 min-max program, which then can be transformed into a second-order cone programming

738 problem and solved via advanced modern optimisation algorithm. In such a way, the coupling
739 between the solid and the fluid can be completed in a monolithic fashion which is particularly
740 important for modelling submarine landslides. The resulting formulation is implemented in
741 the framework of the particle finite element method so that extreme deformation problems
742 can be simulated without any mesh distortion issue. A number of benchmarks of both single-
743 phase problems, involving Newtonian/Non-Newtonian flows or solids, and multi-phase
744 problems, such as the model test on submarine landslide generated tsunamis, are simulated
745 using the proposed approach. Comparisons between the simulation results with available data
746 and analytical solutions are conducted where great agreements have been attained which
747 verifies the proposed method. Last but not least, a model test is considered to illustrate the
748 possibility of the proposed approach for modelling the consequences of submarine landslides
749 including their direct threat to offshore infrastructure such as pipelines and their indirect
750 threat via generating tsunamis. Sensitivity of the marine clays is also considered in this
751 example with its effect on the failure of underwater slope being shown.

752

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754 H2020 Marie Skłodowska-Curie actions individual fellowship (Reference 744281; Proposal
755 title “Towards Submarine Landslides and Their Consequences”).

756

757 Appendix

758 In this study, the discretised principle (60) is transferred into the standard SOCP problem,
759 namely the optimisation problem (1). The principle (60) is in a general form of

$$\begin{aligned}
& \min_{\mathbf{x}} && \mathbf{x}^T \mathbf{Q} \mathbf{x} + \mathbf{c}^T \mathbf{x} \\
& \text{subject to} && \mathbf{A} \mathbf{x} = \mathbf{b} \\
& && F(\mathbf{x}) \leq 0
\end{aligned} \tag{A1}$$

760

761 and the relevant transformation is straightforward. Introducing an auxiliary variable

762 $w = \mathbf{x}^T \mathbf{Q} \mathbf{x}$ and intermediate variables $\xi = \mathbf{Q}^{\frac{1}{2}} \mathbf{x}$, problem (A1) can be re-written as

$$\begin{aligned}
 & \min_{(\mathbf{x}, w, y, \xi)} && w + \mathbf{c}^T \mathbf{x} \\
 & \text{subject to} && 2wy \geq \xi^T \xi \\
 763 & && \xi = \mathbf{Q}^{\frac{1}{2}} \mathbf{x}; \quad y = 1 \\
 & && \mathbf{A} \mathbf{x} = \mathbf{b} \\
 & && F(\mathbf{x}) \leq 0
 \end{aligned} \tag{A2}$$

764 It is clear that optimisation problem (A2) is of a linear objective function subject to linear

765 equations, an inequality constraint (the first inequality) of a type of a rotated quadratic cone

766 (3), and an inequality for yielding $F(\mathbf{x}) \leq 0$. Following this procedure, the principle (60) can

767 be transferred as a standard SOCP problem

$$\begin{aligned}
 & \min_{\substack{(\hat{\mathbf{g}}, \hat{\mathbf{r}}, \hat{\mathbf{g}}^e, \hat{\mathbf{r}}, \hat{\mathbf{k}}, x^c, x^d, x^m, x^h, \\ y^c, y^d, y^m, y^h, \xi^c, \xi^d, \xi^m, \xi^h)_{n+1}}} && x_{n+1}^c + x_{n+1}^d + x_{n+1}^m + x_{n+1}^h + \Delta \hat{\mathbf{g}}^e{}^T \mathbf{f}^c \\
 & \text{subject to} && \mathbf{B}^T \hat{\mathbf{g}}_{n+1} + \frac{1-\theta_1}{\theta_1} \mathbf{B}^T \hat{\mathbf{g}}_n + \mathbf{A}^T \hat{\mathbf{r}}_{n+1} - \mathbf{f}^e = \mathbf{0} \\
 & && \Delta \hat{\mathbf{g}}^e = \Delta \hat{\mathbf{g}} - \Delta \hat{\mathbf{r}} \\
 & && \mathbf{C}^{\frac{1}{2}} \hat{\mathbf{g}}_{n+1} - \xi_{n+1}^c = \mathbf{C}^{\frac{1}{2}} \hat{\mathbf{g}}_n, \quad \mathbf{D}^{\frac{1}{2}} \hat{\mathbf{r}}_{n+1} - \xi_{n+1}^d = \mathbf{D}^{\frac{1}{2}} \hat{\mathbf{r}}_n \\
 768 & && \mathbf{M}^{\frac{1}{2}} \hat{\mathbf{g}}_{n+1}^e - \xi_{n+1}^m = \mathbf{M}^{\frac{1}{2}} \hat{\mathbf{g}}_n^e, \quad \mathbf{H}^{\frac{1}{2}} \hat{\mathbf{k}}_{n+1}^e - \xi_{n+1}^h = \mathbf{H}^{\frac{1}{2}} \hat{\mathbf{k}}_n^e \\
 & && y_{n+1}^c = 1; \left\{ (x_{n+1}^c, y_{n+1}^c, \xi_{n+1}^c) \in \mathbf{R}^{m+2} \mid 2x_{n+1}^c y_{n+1}^c \geq \xi_{n+1}^{cT} \xi_{n+1}^c \right\} \\
 & && y_{n+1}^d = 1; \left\{ (x_{n+1}^d, y_{n+1}^d, \xi_{n+1}^d) \in \mathbf{R}^{m+2} \mid 2x_{n+1}^d y_{n+1}^d \geq \xi_{n+1}^{dT} \xi_{n+1}^d \right\} \\
 & && y_{n+1}^m = 1; \left\{ (x_{n+1}^m, y_{n+1}^m, \xi_{n+1}^m) \in \mathbf{R}^{m+2} \mid 2x_{n+1}^m y_{n+1}^m \geq \xi_{n+1}^{mT} \xi_{n+1}^m \right\} \\
 & && y_{n+1}^h = 1; \left\{ (x_{n+1}^h, y_{n+1}^h, \xi_{n+1}^h) \in \mathbf{R}^{m+2} \mid 2x_{n+1}^h y_{n+1}^h \geq \xi_{n+1}^{hT} \xi_{n+1}^h \right\} \\
 & && F_j(\hat{\mathbf{r}}_{n+1}, \hat{\mathbf{k}}_{n+1}) \leq 0, \quad j = 1, 2, \dots, N_G
 \end{aligned} \tag{A3}$$

769 Note that numerous yield criterion functions have been expressed as cone constraints

770 successfully including the Mohr-Coulomb/Tresca model, the Drucker-Prager/von Mises

771 model, the CamClay model etc. We refer the reader to [32, 68, 69] for more details. As a

772 standard SOCP problem, the optimisation problem (A3) can be solved using the primal-dual

773 interior point method which is a standard approach. We refer the reader to [61] for more

774 detail of this solution algorithm. The efficiency of the primal-dual interior point method for
775 the SOCP problem has been discussed in [26, 42, 61]. Moreover, the convergence property
776 of the primal-dual interior point method and its variant for the SOCP problem has also been
777 analysed mathematically [21, 70]. It has been proven via mathematical analysis in [21] that
778 the primal-dual interior point method possesses strong global and local convergence
779 property for the SOCP problem. In this study, the high-performance optimisation engine
780 MOSEK [61] which supports the primal-dual interior point method with parallel computing
781 is adopted for solutions.

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