

1 **The Trypomastigote Small Surface Antigen from *Trypanosoma cruzi* improves**
2 **treatment evaluation and diagnosis in pediatric Chagas disease**

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18 **Short title:** A post-therapeutic marker for pediatric Chagas disease

19
20 **Abbreviations:** ELISA, enzyme-linked immunosorbent assay; TSSA, trypomastigote small
21 surface antigen from *T. cruzi*; TSSA-ELISA, Recombinant TSSA-based ELISA; tELISA,
22 total parasite homogenate-based ELISA; IHA, indirect hemmaglutination assay; NX,
23 Nifurtimox; BZ, Benznidazole; GST, Glutathione S-transferase; F2/3, purified fraction
24 enriched in highly antigenic α -galactosyl epitopes from the *T. cruzi* bloodstream
25 trypomastigote coat, SAPA, Shed acute-phase antigen from *T. cruzi*

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27

28 **ABSTRACT**

29 Chagas disease is caused by the protozoan parasite *Trypanosoma cruzi*. Assessment of
30 parasitological cure upon treatment with available drugs relies on achieving consistent
31 negative results in conventional parasitological and serological tests, which may take
32 years to assess. Here, we evaluated the use of a recombinant *T. cruzi* antigen termed
33 TSSA as an early serological marker of drug efficacy in *T. cruzi*-infected children. A cohort
34 of 78 pediatric patients born to *T. cruzi*-infected mothers was included in this study. Solely
35 39 of them were infected with *T. cruzi*, and were immediately treated with trypanocidal
36 drugs. Serological responses against TSSA were evaluated in infected and non-infected
37 populations during the follow-up period using an in-house ELISA test, and compared to
38 conventional serological methods. Anti-TSSA antibody titers decreased significantly faster
39 than anti-whole parasite antibodies detected by conventional serology in both *T. cruzi*-
40 infected patients undergoing effective treatment and in those not infected. This differential
41 kinetics allowed a significant reduction in the required follow-up periods to evaluate
42 therapeutic responses or to rule out maternal-fetal transmission, respectively. Finally, we
43 present the case of a congenitally-infected patient with atypical course, in which TSSA
44 provided an early marker for *T. cruzi* infection. In conclusion, we showed that TSSA was
45 efficacious both for rapid assessment of treatment efficiency and for early negative
46 diagnosis in infants at risk of congenital *T. cruzi* infection. Based upon these findings we
47 propose the inclusion of TSSA for refining the post-therapeutic cure criterion and other
48 diagnostic needs in pediatric Chagas disease.

49

50 **INTRODUCTION**

51 Chagas disease, caused by the protozoan *Trypanosoma cruzi*, is a life-long
52 disease for which no vaccines are yet available. With ~6 million people already infected
53 and up to 70 million individuals at risk of infection, Chagas disease constitutes one of the
54 most important parasitic disease in Latin America; and an emerging threat to global public
55 health (1, 2). *T. cruzi* transmission occurs when humans are exposed to the contaminated
56 feces of blood-sucking triatomine vectors, through the ingestion of tainted food/beverages
57 (3), via blood transfusion or organ transplantation (1) or congenitally (4, 5). According to
58 epidemiological data, maternal-fetal transmission occurs in ~5% of *T. cruzi*-infected
59 mothers, which leads to ~15,000 new congenital cases per year (5).

60 Only two trypanocidal drugs, benznidazole (BZ) and nifurtimox (NX) are currently
61 available for chemotherapy. Both are oral compounds that may display adverse effects
62 (i.e. allergic dermatitis) and that cannot be used to treat pregnant women due to their
63 uncertain teratogenic risks (5). Most importantly, BZ and NX show high efficacy solely if
64 administered at the onset of infection (6). The only accepted criterion of cure relies on
65 consistent negative results using conventional parasitological and serological tests (2).
66 However, a significant proportion of patients are negative for parasitological techniques
67 prior to treatment, thus making a subsequent negative result uninformative. PCR-based
68 methods were proven useful in certain clinical situations usually associated to patent blood
69 parasitemia such as congenital infections or disease reactivation in immunosuppressed
70 patients (7-10). However, they remain to be clinically validated and are not yet available in
71 regular health care centers. Moreover, some apparent false positive results due to trans-
72 placental transfer of maternal parasite DNA have been described (7).

73 Conventional serological techniques such as enzyme-linked immunosorbent assay
74 (ELISA) that use crude parasite homogenates are routinely used to assess post-
75 therapeutic responses. However, and even in successful treatments, seronegativization

76 may take months to years to assess (11). Conventional serology methods display low
77 predictive value for diagnosis and/or treatment evaluation of congenital infections until 8-9
78 months after birth due to the passive transfer of maternal antibodies (4, 5). Aiming to
79 develop reliable post-therapeutic markers, different biochemical and serological
80 approaches have been explored (12-27). The latter included the evaluation of *T. cruzi*
81 antigenic fractions or defined antigens that elicit serological responses with different
82 qualitative, quantitative and/or kinetic properties. Overall, the best results were obtained
83 with the F2/3 fraction (28, 29), which consists of highly antigenic α -galactosyl epitopes
84 from the surface coat of bloodstream trypomastigotes (30). Several methodological
85 drawbacks (i.e. costly and difficult purification procedures) however preclude its routine
86 implementation in clinical settings.

87 In previous works, we characterized a surface adhesion molecule from *T. cruzi*
88 bloodstream trypomastigotes termed TSSA (Trypomastigote Small Surface Antigen) (31-
89 33). TSSA elicits a strong humoral response during human infections (31, 34-36), and has
90 been validated for Chagas disease serodiagnosis (37). At variance with F2/3, most of anti-
91 TSSA antibodies are directed to peptide epitopes (33, 36, 38), thus enabling the
92 straightforward production of a highly pure diagnostic reagent in engineered bacteria.
93 Here, we evaluated the potential use of recombinant TSSA as a novel serological marker
94 of drug efficacy in *T. cruzi*-infected children.

95

96 **MATERIALS AND METHODS**

97

98 **Study Population and screening for *T. cruzi* infection**

99 A cohort of 78 children from both sexes and born to *T. cruzi*-infected mothers was
100 recruited for this study. All of them were screened for *T. cruzi* infection and followed up at
101 the Servicio de Parasitología-Chagas, Hospital de Niños 'Dr Ricardo Gutierrez' following
102 current normatives. Briefly, *T. cruzi* infection in children over 8 months of age was
103 diagnosed using two conventional serological tests: an ELISA that use crude parasite
104 homogenates (Wiener Chagatest-ELISA or tELISA) and an indirect hemagglutination
105 assay, IHA (Wiener Chagatest-HAI). Both are validated, commercial tests widely used in
106 clinical settings. Infection in children under 8 months of age was assessed by the
107 microhematocrit method (4). In case of positive results, they were immediately treated. In
108 case of negative parasitological results, children were called for a medical appointment at
109 3, 6 and 9 months of age. Serum samples were taken at each time-point and analyzed by
110 conventional serological tests. Those patients displaying negative results for conventional
111 serology at 9 months were considered non-infected whereas those displaying positive
112 results were immediately treated. Most of the participating children were born and raised
113 within the urban limits of Buenos Aires, Argentina, an area free of vector-borne parasite
114 transmission, and hence most likely acquired *T. cruzi* infection congenitally.

115

116 **Treatment and follow-up**

117 *T. cruzi*-infected children were treated with BZ (5-8 mg/kg/day, b.i.d) or NX (10-15
118 mg/kg/day t.i.d) (39). Infants' doses were provided as fractioned tablets (100 mg BZ
119 tablets, Abarax; Elea, Argentina or 120 mg NX tablets, Lampit; Bayer) and treatment was
120 open label for 60 days. Medication was provided in monthly batches, and compliance was
121 assessed by tablet counting at each visit. Caregivers were also provided with a treatment

122 diary to record doses administered, times of doses, symptoms, and problems associated
123 to the treatment. Serum samples were taken at diagnosis (pre-treatment), at 7, 30 and 60
124 days (during treatment) and every 3-6 months after treatment (follow-up). A detailed
125 clinical history, physical examination, and laboratory routine tests were conducted during
126 treatment (39), and *T. cruzi* conventional serology was carried out in every medical visit
127 along the follow-up. DNA was purified from whole blood samples and used as template for
128 a Multiplex Real-Time PCR targeting a 166-bp segment from *T. cruzi* satellite DNA as
129 described (40).

130

131 **Recombinant TSSA-based ELISA (TSSA-ELISA)**

132 The glutathione S-transferase (GST)-fusion protein bearing the antigenic region (residues
133 24 to 62) of *T. cruzi* (CL Brener) TSSA has been described (36). GST-TSSA was
134 expressed in *Escherichia coli* and purified from the soluble fraction to almost homogeneity
135 by a single glutathione affinity chromatography step (36). Flat-bottomed 96-well Nunc-
136 Immuno plates (Nunc, Roskilde, Denmark) were coated overnight at 4 °C with 80 µL of
137 GST-TSSA dissolved in carbonate buffer (pH 9.6) at 0.25 µg/mL and processed for a
138 previously validated, colorimetric TSSA-ELISA as described (36). Serum samples were
139 assayed in duplicate at 1:500 dilution, and those displaying [mean - 3 SD] value greater
140 than the corresponding cutoff value (calculated as the [mean + 3 SD] of 4 samples from
141 healthy children born to non-Chagasic mothers) were considered reactive. Reactivity of
142 samples used to determine the cutoff ranged from 0.06 to 0.12 absorbance units (36). For
143 comparison purposes, cutoff and sample values were expressed as a percentage of a
144 positive control (a chronic Chagasic patient yielding 0.8-1.4 absorbance units) included in
145 each assay (36). The overall performance of our TSSA-ELISA has been extensively
146 validated (37). When indicated, anti-SAPA (shed acute-phase antigen from *T. cruzi* (41,
147 42)) IgG responses were evaluated by an in-house ELISA (36).

148

149 **Statistical treatment of results**

150 A linear regression model was used to examine the course of antibody levels over time.
151 Because tELISA and TSSA-ELISA OD values were highly variable among different
152 patients, even among those from the same group, they were expressed as a percentage of
153 the OD value of the first specimen: pre-treatment sample (for patients from Groups 1 and
154 2) or the corresponding mother sample (for patients from Group 3). Reactivity of negative
155 samples was expressed as zero. For each group of patients and each method, a slope
156 parameter (with 95% confidence interval, CI) was calculated based upon time-point data
157 for which at least one patient per group was positive. In cases when two or more
158 consecutive samples were non-reactive by either tELISA or TSSA-ELISA, the date of the
159 first negative sample was considered as the time of seronegativization for this method.
160 Kaplan-Meier curves and linear regression analysis were plotted and compared using Log-
161 rank (Mantel Cox) test to obtain median time of seronegativization and ANCOVA,
162 respectively; both available in GraphPad Prism 5 software (version 5.01 for Windows; San
163 Diego, CA, USA). CI were calculated using SPSS^R Statistics (IBM^R Versión20).

164

165 **Ethics statement**

166 The study protocol was approved by the research and teaching committee, and the
167 bioethics committee from the Hospital de Niños 'Dr Ricardo Gutierrez'. Written informed
168 consent was required from each patient's legal representatives as well as assent from the
169 patient, if applicable. All samples were decoded and de-identified before they were
170 provided for research purposes.

171

172 **RESULTS**

173 A total of 78 children (4 days to 10 years-old) born to *T. cruzi*-infected mothers
174 were included in this study. Thirty eight of them were initially diagnosed as infected with *T.*
175 *cruzi*, and were coursing either the acute or the early chronic phase of Chagas disease,
176 with no evidence of cardiac abnormalities or any other Chagas disease-associated
177 pathology. These 38 *T. cruzi*-infected patients were split into 2 groups based on their age
178 range at diagnosis. Group 1 comprised 26 *T. cruzi*-infected children (0.59 to 9 years-old,
179 median: 4.5 years-old) that were diagnosed by conventional serology whereas Group 2
180 comprised 12 *T. cruzi*-infected babies (8 to 143 days-old, median: 36 days-old) that were
181 diagnosed by parasitological tests. A total of 430 serum samples were obtained from these
182 patients during treatment/follow-up (median: 12 samples per patient). Samples were
183 analyzed by conventional serology and, whenever possible, by PCR. The average follow-
184 up time (and range) for these patients was 36 months (14.57-111.53 months).
185 Chemotherapy was considered successful in every *T. cruzi*-infected patient, based on a
186 steady decrease in conventional serology values along the follow-up period and, in most
187 cases (24/26 from Group 1 and 5/12 from Group 2), also based on PCR negativization.

188 Group 3 included 40 infants (4 to 118 days-old, median: 31 days-old) born to *T.*
189 *cruzi*-infected mothers. At variance with Group 2 patients, these patients rendered
190 negative results for parasitological tests. A total of 148 samples were analyzed by
191 conventional serology during the follow-up (median: 4 samples per follow-up).
192 Conventional serology became negative in Group 3 infants at the end of follow-up except
193 for patient REC52, which was accordingly excluded from this group. A flow chart
194 summarizing this information is depicted in Fig. 1; and all relevant demographic, clinical
195 and diagnostic features of every patient included in this study, and of their mothers (when
196 available) are summarized in Tables S1-S4.

197

198 **TSSA-ELISA for assessing therapy efficacy in *T. cruzi*-infected children**

199 Serological reactivity towards TSSA in *T. cruzi*-infected children was firstly
200 assessed in samples taken at diagnosis (pre-treatment). Nineteen out of 26 (73%) and 10
201 out of 12 (83%) children belonging to Groups 1 and 2, respectively, yielded positive results
202 (Table S5), and were hence evaluated for anti-TSSA antibody titers along the serologic
203 follow-up. TSSA-ELISA and tELISA results are shown in Tables S1-S2 and Fig. S1; and
204 linear regression analyses upon these data are shown in Fig. 2. Overall, patients from
205 Group 1 showed a steady decrease in anti-*T. cruzi* antibody titers after treatment, which in
206 certain cases led to seronegativization. This decreasing trend was not significantly
207 different when assessed by tELISA or TSSA-ELISA ($p=.28$; Fig. 2A). However, upon
208 stratification of Group 1 by age and hence, by duration of infection, significant differences
209 in the serological regression slopes for either method were detected for younger patients
210 (1-4 years-old; $p=.01$) but not the older ones (4-10 years-old; $p=0.67$) (Figs. 2B and C).
211 Patients from Group 2 displayed significant differences ($p=.01$) in the serological
212 regression slopes assessed by TSSA-ELISA or tELISA (Fig. 2D).

213 A total of 22 *T. cruzi*-infected patients (10/26 from Group 1 and 12/12 from Group
214 2) seronegativized by tELISA following treatment. From these, solely 18 (8 from Group 1
215 and 10 from Group 2) were TSSA-reactive (Table S5). Interestingly, these 18 patients
216 seronegativized either before ($n=16$) or at the same time ($n=2$) for TSSA-ELISA than for
217 tELISA. Moreover, 3 patients from Group 1 achieved seronegativization in TSSA-ELISA
218 but not in tELISA (denoted as censored cases in Fig. 3A). Kaplan-Meier curves comparing
219 the performance of both methods among seronegativized patients are plotted in Fig. 3. As
220 shown, the median time values of negativization for TSSA-ELISA and tELISA were 8.67
221 and 32 months, respectively, for Group 1 ($p<.0001$); and 2.21 and 5.4 months,
222 respectively, for Group 2 ($p=.002$). Again, significant differences in the median time values

223 of negativization for either method were detected for younger patients ($p<.0001$) but not for
224 the older ones ($p=.2$) upon stratification of Group 1 (Fig. 3B).

225 Comparative analysis of tELISA data indicated that serological regression followed
226 distinct kinetics, being significantly faster ($p<.0001$) in Group 2 (slope: -10.53) than in
227 Group 1 (slope: -1.527) (Fig. 2). This in turn translated into significantly shorter ($p<.0001$)
228 time-periods to reach tELISA negativity threshold (median values: 5.4 and 32 months for
229 Groups 2 and 1, respectively) (Fig. 3). In the same line, TSSA-ELISA revealed differences
230 in serological regression slopes (-20.62 and -2.058, respectively, $p=.07$, Fig. 2) as well as
231 shorter time-periods to achieve seronegativization (2.21 and 8.67 months, respectively,
232 $p=.0001$, Fig. 3) for Group 2 ($n=10$) as compared to Group 1 ($n=11$). Overall, these latter
233 results support previous findings indicating that the decline in anti-*T. cruzi* antibody titers
234 after chemotherapy is faster in younger children (6, 43).

235

236 **TSSA-ELISA for early assessment of congenital *T. cruzi* transmission**

237 According to current guidelines, ruling out maternal-to-fetal *T. cruzi* transmission
238 requires negative results in parasitological tests performed early after birth and in
239 conventional serology carried out at 8-9 months of life, upon clarification of antibodies of
240 maternal origin (5). To explore if TSSA might also improve diagnosis in this area, data
241 from the serologic follow-up of patients from Group 3 were analyzed as before. TSSA-
242 ELISA ($n=36$, since 3 patients were born to TSSA-non-reactive mothers (Table S5)) and
243 tELISA ($n=39$) results are shown in Table S3 and Fig. S1; and linear regression analyses
244 upon these data are plotted in Fig. 4. Both kinds of maternally-transferred antibodies
245 showed a steady declining early after birth, although with significant differences in their
246 regression slopes (Fig. 4A). Accordingly, patients from Group 3 seronegativized either
247 before ($n=31$) or at the same time ($n=5$) for TSSA-ELISA than for tELISA; and displayed
248 significantly different median values of seronegativization (Fig. 4B). Interestingly, patients

249 from Groups 2 and 3 displayed almost indistinguishable median values of
250 seronegativization assessed either by tELISA ($p=.33$) or TSSA-ELISA ($p=.45$) (Fig. 4C),
251 suggesting that, if treated immediately after birth, *T. cruzi*-infected children do not elicit
252 robust, parasite-specific serological responses. In such scenario, the kinetics of
253 seronegativization seems to be majorly driven by the persistence of passively transferred
254 maternal IgG antibodies.

255 One of the patients originally assigned to Group 3 yielded particular results which
256 deserve to be analyzed separately. This patient, labeled as REC52 (Fig. 1) was born and
257 raised within the urban limits of Buenos Aires, an area free of vector-borne parasite
258 transmission, and did not undergo blood transfusion. Despite being positive for PCR-
259 based methods, REC52 displayed consistent negative results for conventional
260 parasitological tests carried out early after birth (Fig. 5 and Table S4). At 10.5 months of
261 age, and having achieved seronegativization for conventional serological methods, REC52
262 was declared non-infected and the follow-up was ended. Seronegativization was achieved
263 at 4.2 and 7.2 months of life as measured by TSSA-ELISA and tELISA, respectively,
264 values that are well within the range of non-infected children included in Group 3 (Fig. 4).
265 Unexpectedly, REC52 yielded positive results for TSSA-ELISA at 10.5 months of age (Fig.
266 5). At this time-point, we also detected reactivity towards SAPA (42), the canonical acute-
267 phase *T. cruzi* antigen (Fig. 5). Positive results for TSSA-ELISA were confirmed at 19
268 months of age (Fig. 5). At this time-point, REC52 also yielded positive results for tELISA
269 and treatment with BZ was thereby initiated. Following treatment, REC52 showed typical
270 anti-*T. cruzi* antibody decay, indicating therapeutic efficacy (Fig. 5).
271

272

273 **DISCUSSION**

274 Identification of novel and reliable post-therapeutic markers is an urgent need in the
275 field of Chagas disease (5, 28, 29). As shown here, TSSA-ELISA provides a significantly
276 better indicator of trypanocidal drug efficacy than currently used serological methods,
277 particularly for newborns and infants (Figs. 2 and 3). Unfortunately, TSSA results are
278 difficult to compare to those reported for other *T. cruzi* recombinant antigens and/or
279 antigenic fractions, since most of these studies did not involve newborns and infants but
280 older *T. cruzi*-infected populations (12-21). Nevertheless, when compared to the only
281 similarly designed study that we are aware of, the median times of seronegativization for
282 TSSA (2.21 and 8.67 months for children under and over 8 months of age, respectively)
283 were significantly lower than those recorded for F2/3 (4 and 21.9 months, respectively)
284 (44). As mentioned, F2/3 is so far considered the best alternative serological marker for
285 treatment evaluation in Chagas disease (16, 28, 29).

286 In addition of providing a novel tool able to shorten follow-up periods following
287 chemotherapy, we also show that TSSA improves diagnosis in infants at risk of congenital
288 *T. cruzi* infection. Moreover, our findings with REC52, although preliminary, suggest the
289 applicability of TSSA as an alternative early marker for *T. cruzi* infection in certain clinical
290 situations. Based on PCR results and clinical history, we postulate that REC52 became
291 congenitally infected with *T. cruzi*, although this infection coursed sub-clinically and below
292 the detection limits of different parasitological and serological tests until 'reemergence'
293 probably due to the disappearance of maternal antibodies. As shown in Fig. 5, TSSA-
294 ELISA also displayed better performance than conventional serology for the detection of
295 this infection 'reemergence'.

296 One issue that needs to be addressed in order to improve the clinical value of
297 TSSA is that of its sub-optimal sensitivity, which may be attributed to variations in the

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298 clinical, immunological and/or immunogenetic features of patients, and/or to differences in
299 the antigenic constitution of the infecting *T. cruzi* strain(s) (45). Structural differences
300 among protein variants encoded by distinct parasite strains have a major impact on TSSA
301 antigenicity (31, 37, 46). In our study, for instance, TSSA prevalence was 86%, which is
302 consistent with previous data (~86-91%, (36, 37)). In the case of the two TSSA non-
303 reactive children from Group 2, however, it is most notably that they were born to TSSA
304 reactive mothers (Table S2). It may be therefore hypothesized that both of them
305 underwent clarification of anti-TSSA antibodies of maternal origin at some point between
306 birth and initial *T. cruzi* infection diagnosis. In such a case, the sensitivity and overall
307 performance of TSSA-ELISA would have been underestimated. Despite these
308 considerations, different alternatives including the use of a mixture of TSSA variants are
309 currently being explored to improve the clinical value of TSSA-ELISA.

310 Progress towards development of novel and better treatments for Chagas disease
311 has been slow and usually disappointing (47, 48). This scenario fortunately seems
312 destined to change in the coming years with the recent development of robust tools to
313 screen, prioritize and evaluate novel anti-trypanosomal drugs (49-51). Identification of
314 biomarkers able to refine the post-therapeutic criterion is instrumental to fasten the
315 assessment of current trypanocidal chemotherapies and, most importantly, for the
316 development of much needed novel and improved treatments.

317

318

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328

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525 **LEGENDS TO FIGURES:**

526

527 **FIGURE 1:** Study population, inclusion criteria and group conformation.

528

529 **FIGURE 2:** Serological regression analysis of patients from Group 1 (panel A), younger
530 patients (0.59-4 years-old) from Group 1 (panel B), older patients (4-10 years-old) from
531 Group 1 (panel C) and Group 2 (panel D). tELISA and TSSA-ELISA results (expressed as
532 % of the first sample) are indicated in solid and dotted lines, respectively. Slope (95%CI)
533 and r^2 values are indicated for each data set. P: Pre-treatment. ANCOVA analyses were
534 performed to compare slopes.

535

536 **FIGURE 3:** Kaplan-Meier curves of seronegativized patients from Group 1 (panel A) and 2
537 (panel C). Upon stratification of Group 1 by age, similar analysis was performed for
538 younger (0.59-4 years-old, violet) and older (4-10 years-old, orange) patients (panel B).
539 tELISA and TSSA-ELISA results are indicated in solid and dotted lines, respectively.
540 Median (95%CI) values are indicated for each data set. Censored cases are indicated with
541 square symbols. Log-rank (Mantel Cox) analyses were performed to compare median time
542 of seronegativization. N/A: Confidence Interval was not calculated due to the small number
543 of samples.

544

545 **FIGURE 4:** Serological regression analysis (panel A) and Kaplan-Meier curves comparing
546 seronegativization of patients from Group 3 (panel B) or Group 2 vs Group 3 (panel C,
547 grey and blue lines, respectively), determined either by tELISA (solid lines) or TSSA-
548 ELISA (dotted lines). Slope (95%CI) and r^2 values (panel A) or median (95%CI) values
549 (panel B) are indicated for each data set. ANCOVA and Log-rank (Mantel Cox) analyses
550 were performed to compare slopes and median time of seronegativization, respectively.

551

552 **FIGURE 5:** TSSA-ELISA (black circles), tELISA (grey triangles), SAPA-ELISA (light grey
553 squares), IHA and PCR results for patient REC52 are indicated. The black arrow and black
554 dotted line, respectively, indicate treatment initiation and the cutoff determined for both
555 TSSA-ELISA and SAPA-ELISA. N/D, not done.









