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# Structure of words with short 2-length in a free product of groups. 

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#### Abstract

Howie and Duncan observed that a word in a free product with length at least two, which is not a proper power and involves no letter of order two can be decomposed as a product of two cyclic subwords each of which is uniquely positioned. Using this property, they proved various important results about a one-relator product of groups with such word as the relator. In this paper, we show that similar results hold in a more general setting where we allow a certain number of elements of order two.


Keywords: One-relator product, unique position, pictures, 2-length 2000 MSC: 20E06, 20F06, 20F10

## 1. Introduction

Let $R$ be a cyclically reduced word which is not a proper power and has length at least two in the free group $F=F(X)$. In [12], Weinbaum showed that some cyclic conjugate of $R$ has a decomposition of the form $U V$, where $U$ and $V$ are non-empty cyclic subwords of $R$, each of which is uniquely positioned in $R$ i.e occurs exactly once as a cyclic subword of $R$. Weinbaum also conjectured that $U$ and $V$ can be chosen so that neither is a cyclic subword of $R^{-1}$. A stronger version of Weinbaum's conjecture was proved by Duncan and Howie [4]. In this paper, a cyclic subword is uniquely positioned if it is non-empty, occurs exactly once as a subword of $R$ and does not occur as a subword of $R^{-1}$.

Throughout this paper $G_{1}$ and $G_{2}$ are nontrivial groups and $R$ is a cyclically reduced word in the free product $G_{1} * G_{2}$, which is not a proper power and has length at least two. Before we can continue, we need to define the notion of $n$-length

[^0]of a word. We do this in the special case when $n=2$ and the word is $R$, but of course the definition can be generalized to any integer $n>1$ and any word in a group.

For each letter $a$ of order 2 involved in $R$, let $D(a)$ denote the number of times it occurs in $R$. In other words suppose $R$ has free product length of $2 k$ for some integer $k>0$. Then without loss of generality, $R$ has an expression of the form

$$
R=\prod_{i=1}^{k} a_{i} b_{i}
$$

with $a_{i} \in G_{1}$ and $b_{i} \in G_{2}$. If $a^{2}=1$, then we define $D(a)$ to be the cardinality of the set $\left\{i \in\{1,2, \cdots, k\} \mid a_{i}=a\right.$ or $\left.b_{i}=a\right\}$. Denote by $\mathbf{S}_{R}$ the symmetrized closure of $R$ in $G_{1} * G_{2}$ i.e the smallest subset of $G_{1} * G_{2}$ containing $R$ which is closed under cyclic permutations and inversion. Since $D(a)$ is unchanged by replacing $R$ with any other element in $\mathbf{S}_{R}$, we make the following definition.
Definition 1. The 2-length of $\mathbf{S}_{R}$ denoted by $D_{2}\left(\mathbf{S}_{R}\right)$, is the maximum $D(a)$, such that $a$ is a letter of order 2 involved in $R$.

In this paper, we will be mostly concerned with the element $R^{\prime}$ in $\mathbf{S}_{R}$ of the form

$$
R^{\prime}=\prod_{i=1}^{D_{2}\left(\mathbf{S}_{R}\right)} a M_{i}
$$

where $D(a)=D_{2}\left(\mathbf{S}_{R}\right)$ and $M_{i}$ is a word $G_{1} * G_{2}$. It follows that each $M_{i}$ has odd length (as a reduced but not cyclically reduced word in the free product) and does not involve the letter $a$. When we use the notation " =" for words, it will mean identical equality. We will use $\ell()$ to denote the length operator of a reduced free product word which is not necessarily cyclically reduced.

As mentioned in the abstract, the authors of [4] observed that in the case of $D_{2}\left(\mathbf{S}_{R}\right)=0$, the word $R$ can be decomposed as a product of two uniquely positioned subwords. Using this property, they showed that every reduced picture over a onerelator product with relator $R^{m}, m \geq 3$ satisfies the small cancellation condition $C(6)$, from which important results about the group were proved. One of such results is the Freiheitssatz for one-relator products which states that $G_{1}, G_{2}$ embed in $G=\left(G_{1} * G_{2}\right) / N\left(R^{m}\right), m \geq 3$ under the natural homomorphisms. In this paper, we work in a slightly more general setting where $D_{2}\left(\mathbf{S}_{R}\right) \leq 2$. In this setting, it is no longer always possible that $R$ has a decomposition into two uniquely positioned subwords. Nonetheless, it can be shown that $R$ has a certain structure which allows one to obtain similar results as in [4]. This structure is captured in the following theorem which is our main result.

Theorem 1. Let $R$ be a word in a free product of length at least 2 and which is not a proper power. Suppose that $D_{2}\left(\boldsymbol{S}_{R}\right) \leq 2$. Then either a cyclic conjugate of $R$ has a decomposition of the form $U V$ such that $U$ and $V$ are uniquely positioned or one of the following holds:
(a) A cyclic conjugate of $R$ has the form $a X b X^{-1}$, for some word $X$ and some letters $a, b$ satisfying $a^{2}=b^{2}=1$.
(b) A cyclic conjugate of $R$ has the form $a X b X^{-1}$, for some word $X$ and some letters $a, b$ satisfying $a^{2}=1 \neq b^{2}$.

In Theorem 1, the requirement that $D_{2}\left(\mathbf{S}_{R}\right) \leq 2$ is optimal in the sense that there is no hope to obtain such result when $D_{2}\left(\mathbf{S}_{R}\right)>2$. To see why this is true, consider the word $S=\prod_{i=1}^{n} a b_{i}$, with $a \in G_{1}$ and $b_{i} \in G_{2}, i=1,2, \cdots, n$. Suppose that $b_{i} \neq b_{j}$ for $i \neq j$ and $a^{2}=b_{i}^{2}=1$ for $i=1,2, \cdots, n$. It is easy to verify that $D_{2}\left(\mathbf{S}_{R}\right)=n$ and Theorem 1 fails for $n>2$. In other words, neither does $S$ have a decomposition into two uniquely positioned subwords, nor does it have a decomposition of the form $a X b X^{-1}$ such that $a^{2}=1$.

In [3] (see also [13]), the term "exceptional" was used for a one-relator product with relator of the form $a X b X^{-1}$, for some word $X$ and letters $a, b$ (up to cyclic permutation). In particular if $p, q$ are the orders of $a, b$ respectively, then the onerelator product $G$ is said to be of type $E(p, q, m)$. When $X$ is empty, $G$ is the triangle group of type ( $p, q, m$ ). Hence, $G$ is said to be induced by the (generalized) triangle group of type $(p, q, m)$ if it is of type $E(p, q, m)$. For us, the term exceptional is used for the subcase of $E(p, q, m)$ when $p \neq q, 2 \in\{p, q\}$ and $D_{2}\left(\mathbf{S}_{R}\right) \leq 2$. In other words, call $R$ non-exceptional if it satisfies part (a) of Theorem 1, and exceptional otherwise.

There is an already developed theory for one-relator products of type $E(p, q, m)$ (see $[9,1,2]$ ). Hence by Theorem 1, we can apply this theory in our setting. In the non-exceptional case, the extra structure that $a, b$ are both letters of order 2 (as opposed to just one of them in the exceptional case), allows us to do more. In particular we have the following result.

Theorem 2. Let $R$ be a cyclically reduced word in the free product $G_{1} * G_{2}$ such that $D_{2}\left(\boldsymbol{S}_{R}\right) \leq 2$. Suppose that $R$ is non-exceptional. Then a non-trivial reduced picture on $D^{2}$ over $G=\left(G_{1} * G_{2}\right) / N\left(R^{m}\right), m \geq 3$ satisfies $C(6)$.

The rest of the paper is arranged as follows. We begin in Section section 2 by providing some literature on related results. We also recall only the basic ideas about
pictures. In Section section 3 we prove a number of lemmas about word combinatorics and pictures. These lemmas are then used to deduce Theorems [1-2]. In Section section 4 we deduce a number of applications of our results.

## 2. Preliminaries

Let $G_{1}$ and $G_{2}$ are nontrivial groups and $w \in G_{1} * G_{2}$, a reduced word of length at least two. Let $G$ be the quotient of the free product $G_{1} * G_{2}$ by the normal closure of $w$, denoted $N(w)$. Then $G$ is called a one-relator product and denoted by

$$
G=\left(G_{1} * G_{2}\right) / N(w)
$$

We refer to $G_{1}, G_{2}$ as the factors of $G$, and $w$ as the relator. For us, $w=R^{m}, m \geq 3$, and $R$ is a cyclically reduced word which is not proper power and has length at least two. When $m \geq 4$, a number of results were proved in $[6,7,8]$, about $G$. These results were also proved in [4] when $m=3$, but not without the extra condition that $R$ involves no letter of order 2 . We also mention that the case when $m=2$ is largely open. For partial results in this case see $[5,1,2]$. The aim of this paper is to extend the result in [4] by allowing to an extent letters of order 2 in $R$. In [4] it was shown that $R^{m}$ satisfies the small cancellation condition $C(2 m)$ when $D_{2}\left(\mathbf{S}_{R}\right)=0$, which is essentially an observation in [11]. A general exposition on small cancellation theory can be found in [10]. We show that the same result holds in a more general setting, using the idea of pictures Pictures can be seen as duals of van Kampen diagrams and have been widely used to prove results about one-relator groups and one-relator products. Below, we recall only basic concepts on pictures over a one-relator product. For more details, the reader can see $[6,7,8,4,2]$.

### 2.1. Pictures

Let $G$ the one-relator product described above. A picture $\Gamma$ over $G$ on an oriented surface $\Sigma$ is made up of the following data:
(a) a finite collection of pairwise disjoint closed discs in the interior of $\Sigma$ called vertices;
(b) a finite collection of disjoint closed arcs called edges, each of which is a simple closed arc in the interior of $\Sigma$ meeting no vertex of $\Gamma$ or a simple arc joining two vertices (possibly the same one) on $\Gamma$ or a simple arc joining a vertex to the boundary $\partial \Sigma$ of $\Sigma$ or a simple arc joining $\partial \Sigma$ to $\partial \Sigma$;
(c) a collection of labels (i.e elements in $G_{1} \cup G_{2}$ ), one for each corner of each region (i.e connected component of the complement in $\Sigma$ of the union of vertices and arcs of $\Gamma$ ) at a vertex and one along each component of the intersection of the region with $\partial \Sigma$. For each vertex, the label around it spells out the word $R^{ \pm m}$ (up to cyclic permutation) in the clockwise order as a cyclically reduced word in $G_{1} * G_{2}$. We call a vertex positive or negative depending on whether the label around it is $R^{m}$ or $R^{-m}$ respectively. The labels in all corners of any given region must all be non-trivial elements of the same factor group, $G_{1}$ or $G_{2}$. A $G_{1}$-region is one in which the labels come from $G_{1}$. Similarly, a $G_{2}$-region is one in which the labels come from $G_{2}$. Each arc is required to separate a $G_{1}$-region from a $G_{2}$-region. This is compatible with the alignment of regions around a vertex, where the labels spell a cyclically reduced word, so must come alternately from $G_{1}$ and $G_{2}$.

For us $\Sigma$ will either be the 2 -sphere $S^{2}$ or 2 -disc $D^{2}$. A picture on $\Sigma$ is called spherical if either $\Sigma=S^{2}$ or $\Sigma=D^{2}$ but with no arcs connected to $\partial D^{2}$. If $\Gamma$ is not spherical, $\partial D^{2}$ is one of the boundary components of a non-simply connected region (provided, of course, that $\Gamma$ contains at least one vertex or arc), which is called the exterior region. All other regions are called interior regions.

We shall be interested mainly in connected pictures. A picture is connected if the union of its vertices and arcs is connected. In particular, no arc of a connected picture is a closed arc or joins two points of $\partial \Sigma$, unless the picture consists only of that arc. In a connected picture, all interior regions $\triangle$ are simply-connected, i.e topological discs. Just as in the case of vertices, the label around each region - read anticlockwise - gives a word, which is required to be trivial in $G_{1}$ or $G_{2}$.

A vertex is called exterior if it is possible to join it to the exterior region by some arc without intersecting any arc of $\Gamma$, and interior otherwise. For simplicity we will indeed assume from this point that our $\Sigma$ is either $S^{2}$ or $D^{2}$. It follows that reading the label round any interior region spells a word which is trivial in $G_{1}$ or $G_{2}$. The boundary label of $\Gamma$ on $D^{2}$ is a word obtained by reading the labels on $\partial D^{2}$ in an anticlockwise direction. This word (which may be assumed to cyclically reduced in $G_{1} * G_{2}$ ) represents the identity element in $G$. In the case where $\Gamma$ is spherical, we may assume (by capping off $\partial \Sigma$ if necessary) that the underlining surface is $\Sigma=S^{2}$. We then define the boundary label of $\Gamma$ to be the label of the exterior region, which may be non-trivial in $G_{1}$ or $G_{2}$. Note that this is uniquely defined since $\Gamma$ is connected. For non-connected pictures the exterior region may in general have more than one boundary component.

Two distinct vertices of a picture are said to cancel along an arc $e$ if they are
joined by $e$ and if their labels, read from the endpoints of $e$, are mutually inverse words in $G_{1} * G_{2}$. Such vertices can be removed from a picture via a sequence of bridge moves (see Figure 1 and [4] for more details), followed by deletion of a dipole without changing the boundary label. A dipole is a connected spherical sub-picture that contains precisely two vertices, does not meet $\partial \Sigma$, and such that none of its interior regions contain other components of $\Gamma$. This gives an alternative picture with the same boundary label and two fewer vertices.


Figure 1: Diagram showing bridge-move.

We say that a picture $\Gamma$ is reduced if it cannot be altered by bridge moves to a picture with a pair of cancelling vertices. Any cyclically reduced word in $G_{1} * G_{2}$ representing the identity element of $G$ occurs as the boundary label of some reduced picture on $D^{2}$.

Definition 2. Two arcs of $\Gamma$ are said to be parallel if they are the only two arcs in the boundary of some simply-connected region $\triangle$ of $\Gamma$.

We will also use the term parallel to denote the equivalence relation generated by this relation, and refer to any of the corresponding equivalence classes as a class of $\omega$ parallel arcs or $\omega$-zone. Given a $\omega$-zone with $\omega>1$ joining vertices $u$ and $v$ of $\Gamma$, consider the $\omega-1$ two-sided regions separating these arcs. Each such region has a corner label $x_{u}$ at $u$ and a corner label $x_{v}$ at $v$, and the picture axioms imply that $x_{u} x_{v}=1$ in $G_{1}$ or $G_{2}$. The $\omega-1$ corner labels at $v$ spell a cyclic subword $s$ of length $\omega-1$ of the label of $v$. Similarly the corner labels at $u$ spell out a cyclic subword $t$ of length $\omega-1$ of the label of $u$. Moreover, $s=t^{-1}$. If we assume that $\Gamma$ is reduced, then $u$ and $v$ do not cancel. In the spirit of small-cancellation-theory, we refer to $t$ and $s$ as pieces.

As in graphs, the degree of a vertex in $\Gamma$ is the number of zones incident on it. For a region, the degree is the number corners it has. For some positive integer $p$, we say that a vertex $v$ of $\Gamma$ satisfies the (local) $C(p)$ condition if it is joined to at least $p$ zones. We say that $\Gamma$ satisfies $C(p)$ if every interior vertex satisfies $C(p)$.

## 3. Technical results

Let $G$ be the quotient of $G_{1} * G_{2}$ by $N\left(R^{m}\right)$ for some natural number $m \geq 3$ and cyclically reduced word $R \in G_{1} * G_{2}$ of length at least two. The aim of this section is to give a number of results on the structure of $R$ when $D_{2}\left(\mathbf{S}_{R}\right) \leq 2$, from which Theorem 1 follows. It is assumed that no element of $\mathbf{S}_{R}$ has the form $U V$, where $U$ and $V$ are both uniquely positioned. In particular if $D(a) \geq 2$, there exists at most one $i \in\{1,2, \cdots, D(a)\}$ such that $M_{i}$ is uniquely positioned in the decomposition $R=\prod_{i=1}^{D(a)} a M_{i}$.

We now proceed to state and prove a number of lemmas which will be used to prove Theorem 1.

Lemma 3. Let $G=\left(G_{1} * G_{2}\right) / N\left(R^{m}\right), m \geq 3$ with $D_{2}\left(\boldsymbol{S}_{R}\right)=1$. Then $R$ has a cyclic conjugate of the form $a M$ or $a X b X^{-1}$, where $a, b$ are letters of order 2 and $M$ does not involve any letter of order 2 .

Proof. Since $D_{2}\left(\mathbf{S}_{R}\right)=1$, we can assume without loss of generality that $R=a M$, where $a \in G_{1} \cup G_{2}$ is of order 2 and $M$ is a word in $G_{1} * G_{2}$ which does not involve $a$. We now proceed to show that either $M$ does not involve any letter of order 2 or $M$ can be decomposed in the form $X b X^{-1}$, where $b \in G_{1} \cup G_{2}$ is a letter of order 2 and $X$ is a (possibly empty) word in $G_{1} * G_{2}$.

Suppose by contradiction that $M$ has a decomposition of the form $X b Y$ with $b^{2}=1$ and $X \neq Y^{-1}$. Without loss of generality we can assume that $0 \leq \ell(X) \leq$ $\ell(Y)$. If $\ell(X)=\ell(Y)>0$, then both $a X$ and $b Y$ are uniquely positioned which is a contradiction. There is nothing to prove if $\ell(X)=\ell(Y)=0$. Also if $\ell(X)=0 \neq$ $\ell(Y)$, we get a contradiction since $a b$ and $Y$ will be uniquely positioned. Hence the inequality $0<\ell(X)<\ell(Y)$ holds.

Suppose that $X^{2}=1=Y^{2}$. Then by setting $X=X_{1} p X_{1}^{-1}$ and $Y=Y_{1}^{-1} q Y_{1}$, where $X_{1}, Y_{1}$ are (possibly empty) words in $G_{1} * G_{2}$ and $p, q$ are distinct letters of order 2 in $G_{1} \cup G_{2}$, we can replace $R$ with

$$
R^{\prime}=p X^{\prime} q Y^{\prime}
$$

where $X^{\prime}=\left(Y_{1} b X_{1}\right)^{-1}$ and $Y^{\prime}=Y_{1} a X_{1}$. Since $a \neq b$, we have that $X^{\prime} \neq Y^{\prime-1}$. Given that $\ell\left(X^{\prime}\right)=\ell\left(Y^{\prime}\right)$, we easily conclude that $p X^{\prime}$ and $q Y^{\prime}$ are uniquely positioned. This is a contradiction.

Suppose that $X^{2}=1 \neq Y^{2}$. By the assumption that $D_{2}\left(\mathbf{S}_{R}\right)=1$, we know that $X$ can not be equal to a segment of $Y$. Hence $a X$ and $b Y$ are both uniquely positioned.

This is a contradiction. Similarly, suppose that $X^{2} \neq 1=Y^{2}$. Since $\ell(X)<\ell(Y)$ and $D_{2}\left(\mathbf{S}_{R}\right)=1$, we have that both $b Y$ and $Y a$ are uniquely positioned. Hence, neither $a X$ nor $X b$ is uniquely positioned. This means that $X^{-1}$ is identically equal to an initial and a terminal segment of $Y$. Therefore, $X^{2}=1$. This is a contradiction.

Finally if $X^{2} \neq 1 \neq Y^{2}$, then $a X b$ and $Y$ are both uniquely positioned. This contradiction completes the proof.

Lemma 4. Let $G=\left(G_{1} * G_{2}\right) / N\left(R^{m}\right), m \geq 3$ with $D_{2}\left(\boldsymbol{S}_{R}\right)=2$. Then $R$ has a cyclic conjugate of the form $a X b X^{-1}$ where $a$ is a letter of order 2 .

Proof. Since $D_{2}\left(\mathbf{S}_{R}\right)=2$, we can assume without loss of generality that

$$
R=a M_{1} a M_{2},
$$

where $M_{1}, M_{2} \in G_{1} * G_{2}$, and neither involves the letter $a$. By assumption $M_{1}$ and $M_{2}$ can not both be uniquely positioned. Let us assume that $M_{1}$ is not uniquely positioned. If $M_{1}^{2}=1$ and $M_{2}^{2}=1$ hold simultaneously, then by replacing $R$ with a cyclic conjugate, it can be shown that $R$ has the desired form.

Suppose that $\ell\left(M_{1}\right)=\ell\left(M_{2}\right)$. We can not have $M_{1}=M_{2}$ since $R$ is not a proper power. Also if $M_{1}=M_{2}^{-1}$, then there is nothing to prove. Since $M_{1}$ is not uniquely positioned, we must have that $M_{1}^{2}=1$. Similarly, if $M_{2}$ is not uniquely positioned, then $M_{2}^{2}=1$, contradicting the above assumption. Hence we may assume $M_{2}$ is uniquely positioned. If $\ell\left(M_{1}\right)=1$, then there is nothing to prove since $M_{1}$ has order 2 and so $R$ has the desired form. Hence we assume that $\ell\left(M_{1}\right)=\ell\left(M_{2}\right) \geq 3$. Let $M_{1}=X p X^{-1}$ and $M_{2}=Y q Z$, with $p, q \in G_{1} \cup G_{2}, p^{2}=1, \ell(Y)=\ell(Z)$ and $Y \neq Z^{-1}$ (as otherwise there is nothing to prove). Then

$$
R=a X p X^{-1} a Y q Z
$$

Set $U=a Y q, U^{\prime}=q Z a, V=Z a X p X^{-1}$ and $V^{\prime}=X p X^{-1} a Y$. Clearly, $V^{2} \neq 1 \neq V^{\prime 2}$ since $D(a)=2$. Also since $Y \neq Z^{-1}$, it follows that $V$ and $V^{\prime}$ are both uniquely positioned. Hence neither $U$ nor $U^{\prime}$ is uniquely positioned. It is easy to see that this means that $U^{2}=1$ or $U^{\prime 2}=1$ or $U^{\prime}=U^{ \pm 1}$. However, any such occurrence will imply that $a=q$ or $Y=Z^{-1}$. This is a contradiction.

Now suppose that $\ell\left(M_{i}\right) \neq \ell\left(M_{j}\right)$, where $i, j \in\{1,2\}$ with $i \neq j$. Note that it is not possible to have that $M_{i}^{2} \neq 1 \neq M_{j}^{2}$ as that will imply that $a M_{i} a$ and $M_{j}$ are both uniquely positioned, assuming $\ell\left(M_{i}\right)<\ell\left(M_{j}\right)$. Suppose that $M_{i}^{2}=1$. Let $M_{i}=X p X^{-1}$ and $M_{j}=Y q Z$, with $p, q \in G_{1} \cup G_{2}, p^{2}=1, \ell(Y)=\ell(Z)$ and
$Y \neq Z^{-1}$. We claim that exactly one of $a Y$ or $Z a$ is uniquely positioned. This is because if both are uniquely positioned, then there is nothing to prove. Also if neither is uniquely positioned, then $Y=Z^{-1}$. In both cases we get a contradiction. By symmetry we assume that $a Y$ is uniquely positioned, and hence $q Z a M_{i}$ is not. This leads to a contradiction when $\ell(Y) \geq \ell\left(M_{i}\right)$ since that will mean $Y=Z^{-1}$. Suppose then that $\ell(Y)<\ell\left(M_{i}\right)$. This implies that either $M_{i}$ is an initial segment of $M_{j}$ or $M_{i}^{-1}$ is a terminal segment of $M_{j}$. As $M_{i}^{2}=1$, it follows that $M_{i}$ is either an initial or terminal segment of $M_{j}$. Hence, these exists some $W \in G_{1} * G_{2}$, satisfying $\ell(W)=2 n$ for some integer $n>0$, such that either $M_{j}=M_{i} W$ or $M_{j}=W M_{i}$. Next, replace $R$ by

$$
R^{\prime}=p M p N,
$$

where $M=X^{-1} a X$ and $N=X^{-1} W a X$ or $N=X^{-1} a W X$. We consider first the case when $N=X^{-1} W a X$. In this case, the initial segment $X^{-1} W$ of $N$ has length $\ell\left(X^{-1} W\right) \geq \ell(X)+2$. Since $D_{2}\left(\mathbf{S}_{R}\right)=2, X^{-1} W$ neither involves $a$ nor $p$. It follows that $a X p X^{-1} a X p$ is uniquely positioned. Hence, $X^{-1} W$ is not uniquely positioned. The length condition on $X^{-1} W$ implies that $\left(X^{-1} W\right)^{2}=1$. Again since $D_{2}\left(\mathbf{S}_{R}\right)=2$, $X$ does not involve a letter of order 2 . So $W=S x S^{-1} X$, for some (possibly empty) word $S$ and some letter $x$ of order 2 . Hence

$$
R^{\prime}=p X^{-1} a X p X^{-1} S x S^{-1} X a X
$$

Consider the cyclic subwords $W_{1}=S^{-1} X a X p X^{-1} a X$ and $W_{2}=p X^{-1} S x$. Clearly, $W_{1}^{2} \neq 1$ as otherwise $S$ is empty and more importantly $X^{2}=1$, which is a contradiction. Also, $W_{2}^{2} \neq 1$ since $p \neq x$. In fact, it is easy to see that both $W_{1}$ and $W_{2}$ are uniquely positioned. This is a contradiction. Similar argument works when $N=X^{-1} a W X$ by replacing $W_{1}$ and $W_{2}$ with their inverses. This completes the proof.

The following lemma gives a necessary and sufficient condition under which the word $R$ has a decomposition into a pair of uniquely positioned subwords when $D_{2}\left(\mathbf{S}_{R}\right)=1$ 。

Lemma 5. Let $r$ be a cyclically reduced word which is not a proper power in the free product $G_{1} * G_{2}$ such that $D_{2}\left(\boldsymbol{S}_{r}\right)=1$. Then, $r$ has a decomposition into two uniquely positioned subwords if and only if $\ell(r)>2$ and there exists $r^{\prime} \in \boldsymbol{S}_{r}$ such that $r^{\prime}=a X x Y y X^{-1}$ with $X, Y, x, y, a \in G_{1} * G_{2}, \ell(Y) \geq 1, \ell(x)=\ell(y)=\ell(a)=1$, $x \neq y^{-1}$ and $a^{2}=1$.

Proof. Suppose that $r$ has a decomposition into two uniquely positioned subwords $U$ and $V$. Since $D\left(\mathbf{S}_{r}\right)=1$, we have that $\ell(r)>2$. Without loss of generality, it follows that a cyclic conjugate of $r$ has the form

$$
r^{\prime}=a U_{2} V U_{1}
$$

where $U=U_{1} a U_{2}$ and $a^{2}=1$. Hence $U_{2} V U_{1}=X Y X^{-1}$ for some words $X, Y \in$ $G_{1} * G_{2}$, where $X$ is possibly empty. Since $U$ and $V$ are uniquely positioned in $r$, we conclude that $\ell(Y) \geq 3$ and the first and last letters of $Y$ are not inverses. The result follows.

For the other direction, suppose that $r^{\prime}=a X x Y y X^{-1}$ with $X, Y, x, y, a \in G_{1} * G_{2}$, and satisfying $\ell(x)=\ell(y)=\ell(a)=1, x \neq y^{-1}$ and $a^{2}=1$. Then $a X x$ is clearly uniquely positioned in $r$ since $x \neq y^{-1}$. For the same reason, we deduce from part(a) of Theorem 1 that $X x Y y X^{-1}$ has no element of order two. In particular, this means that $Y y X^{-1}$ and its inverse do not intersect (in an initial or terminal segment). We claim that this means that $Y y X^{-1}$ is also uniquely positioned. We prove this by contradiction by assuming that $Y y X^{-1}$ is not uniquely positioned and showing that $X x Y y X^{-1}$ contains an element of order two.

Let $X x Y y X^{-1}=x_{1} x_{2} \cdots x_{n}$, with $X=x_{1} x_{2} \cdots x_{p}$. Suppose that $Y y X^{-1}$ is not uniquely positioned. Then, $\left(Y y X^{-1}\right)^{ \pm 1}$ is identically equal to some segment of $X x Y y X^{-1}$. This segment must intersect $Y y X^{-1}$. By the above discussion, we have that $Y y X^{-1}$ is identically equal to the segment

$$
x_{k} x_{k+1} \cdots x_{\ell\left(Y y X^{-1}\right)-1},
$$

with $k \leq p$. Hence, we have that the terminal segment of $X x Y y X^{-1}$ of length $n+1-k$ has period $\lambda=p+2-k$. Consider the initial segment of this periodic segement given by

$$
W_{k}=x_{k} x_{k+1} \cdots x_{n+k-(p+2)}
$$

In particular $W_{k}$ is of length $n-(p+1)$. Note that $X^{-1}=x_{p}^{-1} x_{p-1}^{-1} \cdots x_{1}^{-1}=$ $x_{n+1-p} x_{n+2-p} \cdots x_{n}$. If $x_{i}=x_{i}^{-1}$ for some $k \leq i \leq p$, then we are done. Suppose not. If $x_{p}$ (alternatively $x_{k}$ ) is identified with $x_{i}^{-1}$ for some $k \leq i \leq p$, then $x_{\frac{p+i}{2}}=x_{\frac{p+i}{2}}^{-1}$ (alternatively $x_{\frac{k+i}{2}}=x_{\frac{k+i}{2}}^{-1}$ ). This is a contradiction. Otherwise, both $x_{k}$ and $x_{p}$ are identified with $x_{i}^{-1}$ and $x_{j}^{-1}$ respectively, where $1 \leq j \leq i<k-1$ (since we are in a free product). In fact, $j=i+k-p<2 k-1-p$. Choose $j$ such that under this periodicity, $x_{j}^{-1}$ is the letter that provides the first identification with $x_{p}$. We claim that $j+\lambda$ lies between $k$ and $p$. To verify this claim, it is enough to show that
$p \geq j+\lambda$. We have that $j+\lambda<2 k-1-p+\lambda=k+1$. Therefore, $j+\lambda \leq k \leq p$. Hence $x_{p}=x_{j+\lambda}^{-1}$ and $j+\lambda \leq p$. By the choice of $j$, we must have that $k \leq j+\lambda \leq p$. This is a contradiction. Hence $Y y X^{-1}$ is uniquely positioned. This completes the proof.

By combining Lemmas [3-5], we obtain Theorem 1 as follows.
Proof of Theorem 1. By Lemmas 3 and 4, we can assume that $R$ has the form $a M$, where $M$ is some word and $a$ is the unique letter of order two involved in $R$. Express $M$ in the form $X b Y$, for some (possibly empty) words $X, Y$ of equal lengths, and letter $b$. If $X=Y^{-1}$, then $R$ is exceptional, so we are done. On the other hand if $X \neq Y^{-1}$, then by Lemma $5, R$ has a decomposition into two uniquely positioned subwords. This contradiction completes the proof.

Lemma 6. Let $\Gamma$ be a reduced picture over $G=\left(G_{1} * G_{2}\right) / N\left(R^{m}\right), m \geq 3$ on $D^{2}$ such that $R=a X b X^{-1}$ for some letters $a, b$. If $X$ involves neither $a$ nor $b$, then $\Gamma$ is empty or it satisfies $C(6)$.

Proof. Suppose that $\Gamma$ is a non-empty picture over $G$ on $D^{2}$ which is reduced. Suppose also that $\Gamma$ contains some interior vertex $v$ of degree less than six. Then $v$ is connected to another vertex $u$ by a zone containing $(a X)^{ \pm 1}$ or $\left(b X^{-1}\right)^{ \pm 1}$. Using this zone, we can do bridge moves so that $u$ and $v$ form a dipole. This contradicts the assumption that $\Gamma$ was reduced.

As a corollary we obtain Theorem 2.
Corollary 7. (Theorem 2) Let $R$ be a cyclically reduced word in the free product $G_{1} * G_{2}$ such that $D_{2}\left(\boldsymbol{S}_{R}\right) \leq 2$. Suppose that $R$ is non-exceptional. Then a nontrivial reduced picture on $D^{2}$ over $G=\left(G_{1} * G_{2}\right) / N\left(R^{m}\right), m \geq 3$ satisfies $C(6)$.

Proof. If $R$ has a decomposition into two uniqely positioned subwords, then the result follows from [[4] Lemma 3.1]. Otherwise the result follows from Theorem 1 and Lemma 6.

## 4. Applications

In this section we deduce a number of applications of our results. But first, we recall the setting.

Let $G_{1}$ and $G_{2}$ be non-trivial groups and $R$ is a cyclically reduced word in $G_{1} * G_{2}$ which is not a proper power and has length at least 2. In addition, we also require
that no letter of order two involved in $R$ appears more than twice i.e $D_{2}\left(\mathbf{S}_{R}\right) \leq 2$. For a natural number $m \geq 3$, the object of study is the group $G$, which is the quotient of $G_{1} * G_{2}$ by the normal closure of $R^{m}$. Using Theorem $1, R$ can be classified as exceptional and non-exceptional as described in Section section 1. We mention applications of our results in each of the two cases beginning with the non-exceptional case.

Theorem 8. Suppose that $G$ is as above and $R$ is non-exceptional. Then the following hold.
(a) Freiheitssatz. The natural homomorphisms $G_{1} \rightarrow G$ and $G_{2} \rightarrow G$ are injective.
(b) Weinbaum's Theorem. No non-empty proper subword of $R^{m}$ represents the identity element of $G$.
(c) Word problem. If $G_{1}$ and $G_{2}$ are given by a recursive presentation with soluble word problem, then so is $G$. Moreover, the generalized word problem for $G_{1}$ and $G_{2}$ in $G$ is soluble with respect to these presentations.
(d) The Identity Theorem. $N\left(R^{m}\right) /\left[N\left(R^{m}\right), N\left(R^{m}\right)\right]=\mathbb{Z} G /(1-R) \mathbb{Z} G$ as a (right) $\mathbb{Z} G$-module, where $\mathbb{Z}$ is the integers.

Corollary 9. There are natural isomorphisms for all $k>3$;

$$
\begin{array}{r}
H^{k}(G ;-) \longrightarrow H^{k}\left(G_{1} ;-\right) \times H^{k}\left(G_{2} ;-\right) \times H^{k}\left(\mathbb{Z}_{m} ;-\right), \\
H_{k}(G ;-) \longleftarrow H_{k}\left(G_{1} ;-\right) \oplus H_{k}\left(G_{2} ;-\right) \oplus H_{k}\left(\mathbb{Z}_{m} ;-\right)
\end{array}
$$

a natural epimorphism

$$
H^{2}(G ;-) \longrightarrow H^{2}\left(G_{1} ;-\right) \times H^{2}\left(G_{2} ;-\right) \times H^{2}\left(\mathbb{Z}_{m} ;-\right),
$$

and a natural monomorphism

$$
H_{2}(G ;-) \longleftarrow H_{2}\left(G_{1} ;-\right) \oplus H_{2}\left(G_{2} ;-\right) \oplus H_{2}\left(\mathbb{Z}_{m} ;-\right)
$$

These are defined on the category of $\mathbb{Z} G$-modules, $\mathbb{Z}_{m}$ is the cyclic subgroup of order $m$ generated by $R$, and all these maps are induced by restriction on each factor.

Next we consider the exceptional case. Recall that $R$ has the form $a X b X^{-1}$, for some word $X$ and some letters $a, b$ satisfying $a^{2}=1 \neq b^{2}$. Let $A:=\langle a\rangle$ and $X^{-1} B X:=\langle b\rangle$ be the cyclic subgroups of $G_{1}$ or $G_{2}$ generated by $a$ and $b$ respectively.


Figure 2: Push-out diagram.

Let $H$ be the quotient of $(A * B)$ by $N\left(R^{m}\right)$. Note that $G$ can be realized as a push-out of groups as shown in Figure 2.

This pushout representation of $G$ is referred to as a generalized triangle group description of $G$. In order for the results in [9] to hold in our case, we require it to be maximal in the sense of [1]. Another technical requirement is that $(a, b)$ be admissible: whenever both $a$ and $b$ belong to same factor, say $G_{1}$, then either the subgroup of $G_{1}$ generated by $\{a, b\}$ is cyclic or $\langle a\rangle \cap\langle b\rangle=1$. It is very easy to verify that these conditions are satisfied in our setting. Hence the results in [9] hold, and so we state them without proof.

Theorem 10. Suppose that $G$ is as above and $R$ is exceptional. Then the following hold.
(a) Freiheitssatz. The natural homomorphisms $G_{1} \rightarrow G, G_{2} \rightarrow G$ and $H \rightarrow G$ are all injective.
(b) Weinbaum's Theorem. No non-empty proper subword of $R^{m}$ represents the identity element of $G$.
(c) Membership problem. Assume that the membership problems for $\langle a\rangle$ and $\langle b\rangle$ in $G_{1} * G_{2}$ are solvable. Then the word problem for $G$ is also soluble.
(d) Mayer-Vietoris. The pushout of groups in Figure 2 is geometrically MayerVietoris in the sense of [9]. In particular it gives rise to Mayer-Vietoris sequences

$$
\begin{gathered}
\cdots \rightarrow H_{k+1}(G, M) \rightarrow H_{k}(A * B, M) \rightarrow \\
H_{k}\left(G_{1} * G_{2}, M\right) \oplus H_{k}(H, M) \rightarrow H_{k}(G, M) \rightarrow \cdots
\end{gathered}
$$

and

$$
\begin{aligned}
\cdots & \rightarrow H^{k}(G, M) \rightarrow H^{k}\left(G_{1} * G_{2}, M\right) \oplus H^{k}(H, M) \\
& \rightarrow H^{k}(A * B, M) \rightarrow H^{k+1}(G, M) \rightarrow \cdots
\end{aligned}
$$

for any $\mathbb{Z} G$-module $M$.

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