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**ORIGINAL ARTICLE** 



# ARA IncRNA, is upregulated in liver and breast tumor tissues

Farzaneh Raeisi<sup>1</sup> · Mahdieh Abolfathi<sup>2</sup> · Raheleh Ahmadi-Naji<sup>3</sup> · Sara Iranparast<sup>4</sup> · Esmat Noshadi<sup>5,6</sup> · Arvand Akbari<sup>5,6</sup> · Esmaeil Mahmoudi<sup>1</sup> · Mansoor Khaledi<sup>7</sup> · Asghar Arshi<sup>8</sup>

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#### Abstract

Important regulatory roles of long non-coding RNAs (lncRNAs) have been recently found, and reported as useful biomarkers in cancer. To identify a potential expression of the new discovered lncRNA (*ARA*), during promotes cell proliferation, apoptosis inhibit, migration and cell cycle arrest, we firstly evaluate its expression in two cancer tissues (breast cancer and liver cancer) and then compared its variability expression in tumor versus non-tumor samples. Expression profile of *ARA* lncRNA was evaluated using qRT-PCR in paired tumor and marginal non-tumor samples collected from patients who had been referred to the Shiraz General. After RNA extraction from tissue samples, cDNA synthesis and RT-qPCR method were performed according to the protocols. *ARA* lncRNA expression level was calculated using  $2^{-\Delta\Delta Ct}$  method. Principal-component analysis followed by receiver operating characteristic curve analyses was performed to evaluate the diagnostic potential of selected lncRNA. Our data revealed a significant upregulation (*P* < 0.001) of *ARA* in breast and liver tumor tissues, in comparison to same patients non-tumor marginal samples. Also, there was a significant difference between the expression of *ARA* lncRNA in breast cancer and liver cancer patients (*P* < 0.05). In conclusion, the results of our study suggest a possible role of *ARA* lncRNA in proliferation of breast and liver tissues, as well as its potential usefulness as a novel diagnostic biomarker for breast and liver tumors.

Keywords LncRNA · ARA · Breast cancer · Liver cancer

Asghar Arshi asghararshi@iaushk.ac.ir

- <sup>1</sup> Young Researchers and Elite Club, Shahrekord Branch, Islamic Azad University, Shahrekord, Iran
- <sup>2</sup> Department of Immunology, Basic Health Sciences Institute, Shahrekord University of Medical Sciences, Shahrekord, Iran
- <sup>3</sup> Student Research Committee, Shahrekord University of Medical Sciences, Shahrekord, Iran
- <sup>4</sup> Department of Immunology, Ahvaz University of Medical Sciences, Ahvaz, Iran
- <sup>5</sup> Department of Biology, Faculty of Science, Fars Science and Research Branch, Islamic Azad University, Marvdasht, Iran
- <sup>6</sup> Department of Biology, Faculty of Science, Marvdasht Branch, Islamic Azad University, Marvdasht, Iran
- <sup>7</sup> Medical Microbiology, Student Research Committee, Shahrekord University of Medical Sciences, Shahrekord, Iran
- <sup>8</sup> Young Researchers and Elite Club, Najafabad Branch, Islamic Azad University, Najafabad, Iran

# Introduction

Cancer is a major public health problem and one of the leading causes of death worldwide. Different cancer types have been influenced by some important factors such as age, gender, race, environmental factors, diet, and genetics [1]. Today breast cancer, the most common malignity, is a significant challenge to human health which causes females death (estimated 40,160 deaths in 2017, USA) all over the world and has expanded over the past 30 years [2–4]. Breast cancer which is a multi-stage process characterized by changing genetic and epigenetic and also affect the growth and development in main cellular pathways [5]. Several epigenetic changes and genomic polymorphisms in genes controlling the circadian rhythm have been shown to be significantly associated with cancer development. The incidence of liver cancer worldwide is different. There are major risk factors for liver cancer including, infection with HBV and HCV (hepatitis B and C virus), exposed to certain chemicals, intake of alcohol and metabolic diseases e.g. obesity and diabetes [6, 7]. There are two histological types of liver cancer, hepatocellular carcinoma (HCC, one of the most deadly cancers worldwide, derived from hepatocytes) and cholangiocarcinoma (derived from the intrahepatic bile ducts epithelial lining) [8, 9].

Indeed, the interference between protein-coding genes and noncoding RNAs (ncRNAs) is necessary in the molecular network that regulates development and diseases [10]. NcRNAs can be classified by their size, such as short ncRNAs, midsize ncRNAs and long noncoding RNAs (lncRNAs) (19-31, ~20-200 and >200 nucleotides, respectively). The functional importance of lncR-NAs in mammalian development and diseases was recognized and systematic functional and genomic studies showed that lncRNAs dysregulation has been associated with cancer development [11, 12]. Jiang et al. [13], performed a microarray analysis of lncRNA in adriamycin resistant MCF-7/ADR breast cancer cells in comparison with parental MCF-7 cells and a lncRNA was validated with specific differentially expressed that called lncRNA-ARA (adriamycin resistance associated).

*ARA* lncRNA is derived from an intron of p21-activated kinase 3 (PAK3) gene at chromosome Xq23 and playing a role in promotes cell proliferation, migration, apoptosis inhibition and cell cycle arrest [13, 14].

Recently, molecular techniques, especially gene expression profiling, have been used increasingly, in order to, biomarker-based prediction and prognosis, understanding the molecular mechanisms, therapeutic strategy development and eventual improvement of patient outcomes. Therefore, the aim of this study was to evaluate *ARA* lncRNA expression by a quantitative reverse transcription PCR (qRT-PCR) in breast and liver cancer tissues, to explore its clinical significance and to assess the potential value of *ARA* lncRNA as a prognostic marker.

# **Materials and methods**

#### **Cancer sample collection**

15 breast cancer samples and 15 liver cancer samples plus 15 normal tissues of each cancer were received from patients referring to Shiraz and Isfahan General Hospitals. Samples were obtained from patients undergoing hysterectomy without preoperative chemotherapy or radiotherapy, and were histologically evaluated for type and grade. All samples were transferred to RNAlater immediately after resection and stored at -20 °C until used for RNA extraction. Informed consents were obtained and the experimental procedure was approved by the Human Studies Committee of Islamic Azad University, Shahrekord Branch, Shahrekord, Iran with 17621105 approval number.

#### **RNA extraction and cDNA synthesis**

Total RNA was extracted from tissue samples using the RNX<sup>TM</sup>-Plus solution (SinaClon, IRAN) according to the manufacturer's instructions, except for an extended 1-h treatment with DNaseI. For checking RNA purity, concentration and integrity, Thermo Scientific NanoDrop<sup>TM</sup> 1000 Spectrophotometer and electrophoresd on 2% agarose gel were used respectively. One microgram of RNA was used for complementary DNA (cDNA) synthesis by using random hexamer priming and PrimeScript<sup>TM</sup>-RT reagent kit (TaKaRa, Japan) and its concentration was then checked spectrophotometrically.

#### **Quantitative real time PCR**

All samples were carried out on a rotor gene 6000 Corbett detection system and quantified qPCR using SYBR®Premix Ex Taq<sup>TM</sup> II kit (TaKaRa, Japan) according to the manufacturer's instructions. Thermal cycling conditions were an initial activation step for 5 min at 95 °C followed by 40 cycles at 95 °C for 15 s and 60 °C for 1 min. No template control (NTC) consisting of H<sub>2</sub>O was included in each run. To verify specificity of PCR products, melting curve analysis was performed. Besides, PCR products were electrophoresed on 2% agarose gel to verify product sizes and specificity. For qPCR analysis, all samples were normalized to GAPDH. Forward and reverse primers sequences are as follows, respectively: ARA-F: 5'-TGCTGCACTTGAGCATTAGG-3' and ARA -R: 5'-GCCTCCATGAAAAAGGATCA-3' and GAPDH-F: 5'-GAAGGTGAAGGTCGGAGTC-3' and GAPDH-R: 5'-GAAGATGGTGATGGGATTC-3'. The mean value in each triplicate was used to calculate relative lncRNA concentration ( $\Delta$ Ct = Ct mean lncRNA-Ct mean GAPDH). Expression fold changes were calculated using  $2^{-\Delta\Delta Ct}$ methods [15]. The qPCR assays were performed in triplicate and the data were presented as the mean  $\pm$  standard error of the mean (SEM).

#### **Statistical analysis**

The statistical analysis was performed by the GraphPad Prism version 7.00 (GraphPad Software, La Jolla California USA). Student's *t* test was conducted to compare *ARA* lncRNA expression in clinical samples. The Chi square test or Fisher's exact test was appropriately used for testing the relationship between categorical variables of breast and liver cancer. The level of statistical significance was set at P < 0.05.

#### Results

#### Expression of ARA IncRNA in patients' samples

Expression of *ARA* lncRNA was detectable in breast cancer and liver patients compared with healthy subjects. The expression of *ARA* lncRNA was measured in four groups: 15 healthy subject individuals from the breast cancer and liver community, 15 breast cancer patients and 15 liver patients by quantitate in patients with breast cancer and liver compared with healthy subjects. A significant over-expression of *ARA* lncRNA had been observed in both of breast and liver cancer compared with healthy groups (P < 0.001; Fig. 1). As present in Fig. 1, also there is a significant difference between the expression of *ARA* lncRNA in breast cancer versus expression of *ARA* lncRNA in liver cancer patients (P value < 0.05).

#### Correlations between ARA IncRNA expression and clinical characteristics

Correlations between clinical characteristics and *ARA* IncRNA expression evaluated by using the Chi square test and Fisher's exact test. Based on the median value of the *ARA* IncRNA expression in breast and liver cancer tissues, the patients were divided into two groups: cases with low *ARA* IncRNA expression and cases with high *ARA* IncRNA expression. High expression levels were classified as those that were above the median, while low expression levels were below the median. Table 1 indicated the relationships between *ARA* IncRNA expression and the clinic pathological characteristics of Iranian patients with BC.



**Fig. 1** Relative expression of *ARA* lncRNA in breast and liver cancer cases. Expression levels of the gene was evaluated by qPCR and compared to healthy subjects by  $\Delta\Delta$ Ct method. The numbers on Y-axis show fold changes and the star on the bars indicate significant change

 Table 1
 Correlation
 between
 ARA
 lncRNA
 expression
 and
 clinic

 pathological variables of breast cancer cases

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Variables	ables Cases (%) ARA lncRNA		IncRNA	P value
		Low	High	
Age 46.80 ± 2.57 (32–65)				0.447
≤47	53.3	33.3	20	
>47	46.7	20	26.7	
Tumor grade				0.310
Ι	6.7	6.7	0	
II	66.7	40	26.7	
III	26.7	6.7	20	
Nuclear grade				0.656
Low	7.1	7.1	0	
High and intermediate	28.6	14.3	14.3	
High	64.3	35.7	28.6	
Tumor stage				0.517
T1	40	13.3	26.7	
T2	13.3	6.7	6.7	
Т3	40	26.7	13.3	
T4	6.7	6.7	0	
Tumor size (cm)				0.185
<2	73.3	46.7	26.7	
≥2	26.7	6.7	20	
Area of invasive component $4.09 \pm 0.13 (0.7-9.5 \text{ cm}^2)$				0.714
<4	66.7	33.3	33.3	
≥4	33.3	20	13.3	
Tumor side				0.447
Right	53.3	33.3	20	
Left	46.7	20	26.7	
Margin				0.876
Free	73.3	40	33.3	
Involved	26.7	13.3	13.3	
Prevascular invasion				0.170
Negative	26.7	6.7	20	
Positive	73.3	46.7	26.7	
Preneural invasion				0.044
Negative	20	0	20	
Positive	80	53.3	26.7	

The Chi square test and Fisher's exact test showed that there was a significant correlation between *ARA* lncRNA expression and preneural invasion (P = 0.044). There were no significant associations between *ARA* lncRNA expression and other patients' clinic pathological characteristics (P > 0.05). Our results indicated that there were no significant correlation between *ARA* lncRNA expression and patients' clinic pathological characteristics in liver cancer patients (P > 0.05) (Table 2).

Variables P value Cases (%) ARA lncRNA Low High Age  $55 \pm 8.54$  (47–74) 0.398 60  $\leq 55$ 26.7 33.3 > 55 40 26.7 13.3 Sex 0.876 73.3 40 Male 33.3 Female 26.7 13.3 13.3 Tumor size (cm) 0.782 <3 46.7 26.7 20  $\geq 3$ 53.3 26.7 26.7 0.714 Angioinvasion Yes 33.3 20 13.3 No 66.7 33.3 33.3 Differentiation 0.535 Poor differentiated 33.3 20 13.3 Moderate differentiated 60 33.3 26.7 Well differentiated 6.7 6.7 0

 Table 2
 Correlation
 between
 ARA
 IncRNA
 expression
 and
 clinic

 pathological variables of liver cancer

#### Breast cancer-specific tumor marker

Receiver operating characteristic (ROC) curves were created and the area under the curve (AUC) was calculated to determine the ability of *ARA* lncRNA to differentiate between cancer cases and controls, by computation sensitivity and specificity for possible cutoff point of *ARA* lncRNA. ROC analysis determined the optimal cutoff value for *ARA* lncRNA to differentiate Breast cancer cases from controls. The sensitivity of circulating *ARA* lncRNA were specified to be 100% at the specificity of 100% with an area under the ROC curve of 1 (Fig. 2). In Fig. 2 also we indicated ROC curve for *ARA* lncRNA to differentiate liver cases from controls. We found the sensitivity of circulating *ARA* lncRNA: 100% at the specificity of 100% with an area under the ROC curve of 1.

# Correlation between ARA IncRNA expression and patient survival

Association between the expression levels of *ARA* lncRNA with survival investigated through Kaplan–Meier analysis in order to assess the prognostic value of *ARA* lncRNA as biomarker for breast and liver cancer. We used the log-rank test in breast and liver cancer patients. The Cox proportional hazards regression model was also utilized to evaluate the predictive value of *ARA* lncRNA levels in breast and liver cancer patients. Overall survival (OS) was defined as the time between the date of surgery and date of death or last follow-up. Clinicopathological factors and overall survival were then analyzed in the high and low *ARA* lncRNA expression groups, but no significant differences were observed between groups in both breast and liver cancer (P > 0.05, Tables 3, 4; Fig. 3).

# Discussion

In last decade, various reports have identified different lncR-NAs with important regulatory parts in cancer initiation and progression [16–18]. Non-coding RNAs play critical roles in some aspect of cell biology [19, 20]. These molecules, such as mRNAs, produced by RNA polymerase II enzyme, capping process and polyadenylation [21]. In general, lncRNAs is contain about 80% of non-coding RNAs [22]. LncRNAs can act as oncogenes and tumor suppressor genes, so has shown research, which these molecules play an important role in oncogenes, angiogenesis, proliferation, migration, apoptosis and differentiation, or lncRNAs, greatly affect the malignant behavior of cancer [23].

Few systematic studies have focused on global regulation of lncRNAs in adriamycin-resistant cells [13]. Adriamycin known as a drug for chemotherapy that acts as a target for topoisomerase II poison. It is used to treat numerous types of cancer e.g. breast and liver cancer [24]. However, adriamycin resistance, making the cancer harder to treat. Jiang et al. [13] recently recognized several lncRNAs including

Fig. 2 Receiver-operating characteristic (ROC) curve analyses of *ARA* lncRNA signature to discriminate breast and liver cancer patients from normal controls

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Table 3         Log rank test for all           patients undergoing breast	Variables	Overall survival		
patients undergoing breast cancer		HR	95% CI	Р
	ARA (low vs. high)	0.520	0.1059-2.601	0.354
	Age ( $\geq$ 47 vs. $\geq$ 47)	1.749	0.3501-8.657	0.506
	Tumor grade (I–III vs. III)	0.560	0.07296-3.501	0.493
	Nuclear grade (low vs. high and intermediate-high)	1.977	0.1596-40.67	0.517
	Tumor stage (T1–T2 vs. T3–T4)	0.5745	0.1041-2.891	0.800
	Tumor size (<2 cm vs. $\geq$ 2 cm)	0.460	0.04656-2.841	0.347
	Area of invasive component (<4 cm <sup>2</sup> vs. $\ge$ 4 cm <sup>2</sup> )	0.576	0.07625-3.827	0.378
	Tumor side (right vs. left)	0.585	0.1185-2.937	0.525
	Margin (free vs. involved)	0.507	0.05886-3.166	0.416
	Prevascular invasion (negative vs. positive)	1.605	0.3264-8.170	0.566
	Preneural invasion (negative vs. positive)	0.336	0.01890-1.809	0.166

Table 4	Log rank te	st for all	patients un	dergoing	liver cancer
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Variables	Overall survival			
	HR	95% CI	Р	
ARA (low vs. high)	1.702	0.3887-7.950	0.361	
Age ( $\geq$ 55 vs. $\geq$ 55)	0.321	0.05506-1.105	0.106	
Sex (male vs. female)	0.366	0.04357-1.604	0.159	
Tumor size (<3 cm vs. $\geq$ 3 cm)	0.370	0.08635-2.124	0.319	
Angioinvasion (yes vs. no)	1.003	0.1945-5.180	0.997	
Differentiation (poor vs. moder- ate and well)	0.505	0.1005-1.985	0.347	

ARA lncRNA that showed various expression in adriamycin resistant breast and liver cancer cell lines. Over expression of ARA lncRNA has been found in adriamycin resistant MCF7 cells compared to the parental cell line. Breast cancer cell lines treatment with adriamycin led to an increase in ARA lncRNA expression. ARA lncRNA might be involved in self-sufficiency in estrogen signaling. Adriamycin resistant breast cancer cell lines restored inhibiting cellular proliferation and inducing apoptosis. ARA lncRNA may contribute a proliferative and survival advantage to adriamycin resistant cells [13].

Considering the reports of lncRNAs and cancer, in present study we aimed to explore ARA lncRNA expression in both breast and liver tumors. ARA lncRNA was reported to be upregulated in breast and liver cell lines [13]. The findings of our study revealed this upregulation in both breast and liver tissue samples. To the best of our knowledge, this is the first report to determine the expression of ARA IncRNA in breast and liver cancer in Iran. Nevertheless, these findings are preliminary and need to be validated in a larger population. Therefore, we could better analyze the suitability of ANCR as a potential diagnostic and prognostic biomarker with employing more samples, subdivided in different grades and stages of malignancies.

In Conclusion, we demonstrate the expression pattern of ARA lncRNA in both breast and liver tumors. LncRNAs and profiles based on lncRNAs may also become helpful in cancer gene therapy. Our data is the first report on different expression of ARA lncRNA in breast and liver cancers in IRAN, demonstrating a possible link between the expression level of ARA lncRNA and cell proliferation. Moreover, with further validation, ARA lncRNA can potentially be considered as a novel tumor biomarker with potential diagnostic, prognostic and therapeutic value. However, to

Fig. 3 Kaplan–Meier survival curves for associations of ARA with survival. ARA expression and overall survival (OS) in breast and liver cancer patients: ARA low versus high, P>0.05 (log-rank test)



validate our findings, studies on various ethnic groups in a larger part of population may warranted the results.

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Author contributions FR, MA, EM and SI; literature review, manuscript writing and data collection. AA; literature review and manuscript revision, EN, AA; manuscript revision and RA-N, MK; literature review.

#### **Compliance with ethical standards**

**Conflict of interest** The authors declare they have no conflict of interest.

**Ethical approval** All applicable international, national, and institutional guidelines for the care of human were followed.

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