## **Propositions**

## belonging to the thesis

## Sex Hormones and Cardiometabolic Risk

- Serum estradiol could be considered a biomarker of stroke risk in women with carotid atherosclerosis. (This thesis)
- Dehydroepiandrosterone has a prognostic value in type 2 diabetes, and altering serum dehydroepiandrosterone sulfate concentrations may be beneficial in the prevention of heart failure. (This thesis)
- 3. Androgen imbalance is as important as estrogen changes in women's health. (This thesis)
- 4. Personalized medicine by inclusion of a baseline cardiovascular risk assessment should be applied before menopausal hormone therapy initiation. (This thesis)
- 5. Phytoestrogen dietary intake improves glucose homeostasis and prevents type 2 diabetes in women (This thesis).
- 6. It's time to tailor sex-specific prevention and treatment strategies in the management of cardiometabolic diseases. (This thesis)
- Nature imposes sex division while environment tailors the gender differences.
  (EUGenMed Cardiovascular Clinical Study Group et al, Eur Heart J. 2016 Jan 1;37(1):24-34)
- 8. Aging shall not abolish female superiority over men. (Marija Glisic)
- Aging is a physiological process and our attempts to change its course may be deleterious. (Marija Glisic)
- 10. I had a veritable mania for finishing whatever I began, which often got me into difficulties. (Nikola Tesla)
- 11. Ipse se nihil scire id unum sciat/ I know that I know nothing. (Socrates paradox)

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