



Editorial

The editorial, of an informative nature, tries to explain the words and concepts with which the name of the journal is formed and the background of some of them, from this prism it is tried to give answer to some of the parameters that are currently being discussed in the academic, scientific and social fields. This year 2017 has been the key year for the expansion of the association ADDIJES, who still do not know about it, this is a non-profit association registered in the corresponding body and whose purposes are exclusively continuous training, we try to take a step more in this entity creating for it ESHPA - Education, Sport, Health and Physical Activity, which is a multidisciplinary scientific journal, of informative nature that addresses physical activity from various points of view.

This journal contains publications related to research in education, sports, health and physical activity, aspects related to physical education, psychosocial and health factors in various groups and areas, which will promote comprehensive education and quality of life.

From the Faculties of Education Sciences and Sports Sciences of the University of Granada, we believe that the quality of the teaching-learning process passes through the effectiveness and excellence in teacher training so it is necessary to investigate around the procedure for its improvement for the benefit of society. A journal of a scientific nature is one in which it is tried to collect in a periodic way the progress of science through the various publications, so that in this journal the specialization in physical education will be given priority.

The birth of this journal is to offer quality articles for all the professionals of physical activity who try to update their knowledge and who wish to keep informed of the most recent publications. Finally, it should be indicated that the readers and researchers will be the ones who give life to this publication.

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Chief co-editor ESHPA

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[\(Endnote\)](#)

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