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Melatonin synthesis under calcium constraint in gilthead sea bream (*Sparus auratus* L.)

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10 Abstract

11 Brain or blood plasma melatonin was analysed as a measure for pineal melatonin production in sea bream. Access to calcium was
12 limited by diluting the seawater to 2.5‰ and removing calcium from the diet or by prolonged feeding of vitamin D-deficient diet. Inter-
13 actions/relations between melatonin and calcium balance and the hypercalcemic endocrines PTHrP and calcitriol were assessed. Restrict-
14 ing calcium availability in both water and diet had no effect on plasma melatonin, but when calcium was low in the water or absent from
15 food, increased and decreased plasma melatonin was observed, respectively. Fish on a vitamin D-deficient diet (D– fish) showed
16 decreased plasma calcitriol levels and remained normocalcemic. Decreased brain melatonin was found at all sampling times (10–22
17 weeks) in the D– fish compared to the controls. A positive correlation between plasma Ca²⁺ and plasma melatonin was found
18 ($R^2 = 0.19$; $N = 41$; $P < 0.01$) and brain melatonin was negatively correlated with plasma PTHrP ($R^2 = 0.78$; $N = 4$; $P < 0.05$). The posi-
19 tive correlation between plasma levels of melatonin and Ca²⁺ provides evidence that melatonin synthesis is influenced by plasma Ca²⁺.
20 The decreased melatonin production in the D– fish points to direct or indirect involvement of calcitriol in melatonin synthesis by the
21 pineal organ in teleosts. The hypercalcemic factors PTHrP and calcitriol appeared to be negatively correlated with melatonin and this
22 substantiates an involvement of melatonin in modulating the endocrine response to cope with hypocalcemia. It further points to the
23 importance of Ca²⁺ in melatonin physiology.

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25 **Keywords:** Melatonin; Hypocalcemia; PTHrP; Calcitriol; Sea bream; Diet

27 1. Introduction

28 Melatonin (*N*-acetyl-5-methoxytryptamine) is a product
29 of tryptophan metabolism in the pineal gland and retina
30 in all classes of vertebrates. Melatonin synthesis shows a
31 circadian rhythm in vertebrates, including fishes, with syn-
32 thesis increased during darkness and decreased during the
33 light period (Ekström and Meissl, 1997). The rhythm of mel-
34 atonin biosynthesis results from variations in activity of
35 arylalkylamine *N*-acetyltransferase, the light-sensitive, key
36 enzyme in melatonin production (Liu and Borjigin, 2005).

The pineal gland does not store melatonin and therefore, 37
levels of melatonin assayed in plasma or brain extracts 38
directly reflect synthetic activity of the pineal gland (Kul- 39
czykowska, 2002). 40

The past decades have provided a plethora of data on 41
physiological parameters that are linked to melatonin 42
activity (Davis, 1997; Dubocovich and Markowska, 43
2005). Melatonin activity is pivotal in circadian as well as 44
circannual biorhythms (Meissl and Brandstätter, 1992; 45
Reiter, 1993; Vera et al., 2006). In Atlantic salmon, *Salmo* 46
salar, melatonin was shown to be involved in early develop- 47
ment and control of the timing of parr-smolt transforma- 48
tion (Porter et al., 1998). Melatonin *per se* decreases 49
tartrate-resistant acid phosphatase and alkaline phosphatase 50

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51 tase activities in cultured goldfish (*Carassius auratus*) scales
52 and counteracts stimulatory effects of estradiol on these
53 enzymes (Suzuki and Hattori, 2002). These phosphatases
54 are the markers of choice for osteoclastic and osteoblastic
55 activity and it thus follows that melatonin influences cal-
56 cium physiology of scales (and bone) in fish (Fjelldal
57 et al., 2004).

58 Many aspects of pinealocyte activity are under some
59 control of (plasma) calcium activity and therefore, pineal
60 function often relates directly or indirectly to calcium
61 metabolism (Morton and Reiter, 1991). Indeed, in two
62 fishes, viz. rainbow trout (*Oncorhynchus mykiss*) and sum-
63 mer flounder (*Paralichthys dentatus*), melatonin synthesis
64 capacity appears to be positively correlated to plasma free
65 calcium levels (Kroeber et al., 2000; Gozdowska et al.,
66 2003). This relation between plasma calcium and melatonin
67 activity warranted the research presented here. We rea-
68 soned that an analysis of plasma calcium levels and of cal-
69 ciotropic hormone activities would shed better light on the
70 relation between calcemic conditions and melatonin activ-
71 ity, considering the strict calcemic control in fish (as in
72 all vertebrates).

73 Fish have essentially unlimited access to calcium in their
74 environment (water and diet; external calcium sources); in
75 addition, their skeleton and dermal scales represent inter-
76 nal calcium sources (Flik et al., 1986). Physiological pro-
77 cesses, such as vitellogenesis, that demand sumptuous
78 amounts of calcium or variations in environmental calcium
79 availability (e.g., migration into soft water), require a swift
80 calcemic endocrine system to keep plasma calcium bal-
81 anced. Plasma Ca^{2+} is the physiologically important frac-
82 tion in (fish) blood (Hanssen et al., 1991) and this
83 fraction in particular is regulated within narrow limits, as
84 even minor deviation of set point may evoke (severe) stress
85 (Flik et al., 1995).

86 Calcium regulation in fishes involves the antihyper-
87 calcemic stanniocalcin (the hormone inhibits calcium
88 influx from the water via the gills and by doing so exerts
89 hypocalcemic effects; Verbost et al., 1993). It has long
90 been thought that fish lack typical hypercalcemic endo-
91 crine factors, as antihypercalcemic control by stanniocal-
92 cin seemed to suffice in explaining calcemic control
93 (Wagner et al., 1998). Indeed, only very recently the
94 genes for parathyroid hormone (PTH), which is the domi-
95 nant hypercalcemic factor for terrestrial vertebrates,
96 were found in fish (Danks et al., 1993). However, earlier,
97 fish were shown to express genes for parathyroid hor-
98 mone related protein (PTHrP; Power et al., 2000; Flana-
99 gan et al., 2000; Canario et al., 2006). PTHrP behaves in
100 fish as a hypercalcemic hormone and appears key in fish
101 calcium physiology (Ingleton et al., 2002; Trivett et al.,
102 2001). Recently, we established a strict relationship
103 between PTHrP levels in plasma and plasma Ca^{2+} in
104 juvenile sea bream (Abbink et al., 2006). PTHrP is
105 involved in both the regulation of calcium uptake from
106 the environment (Guerreiro et al., 2001) and regulates
107 calcium resorption from scales (Rotllant et al., 2005).

In addition to PTHrP, calcitriol ($1.25[\text{OH}]_2\text{D}_3$) exerts
hypercalcemic effects in fish; it is the active metabolite
of vitamin D that plays an important role in bone for-
mation (Haga et al., 2004) and it stimulates intestinal
calcium absorption (Swarup et al., 1991). Sundell et al.
(1993) demonstrated calcitriol receptors in several cal-
cium regulating tissues (gill, intestine, kidney) in Atlantic
cod (*Gadus morhua*) and demonstrated increased calcium
absorption after calcitriol administration, in line with
hypercalcemic function. We reasoned that feeding our
fish a vitamin D-deficient diet for prolonged times should
compromise their calcium physiology and thus we ana-
lysed such fish in this study.

Juvenile sea bream were limited for at least 3 weeks in
their calcium access by feeding a calcium deficient diet,
decreasing water calcium content, or both. The water cal-
cium content was decreased by dilution of the seawater
(34–2.5‰ salinity) and by doing so, the water calcium con-
centration decreased from 10 to 0.7 mmol l^{-1} (Abbink
et al., 2004).

Indeed, compared to untreated control fish in seawater,
all experimental groups in these experiments show slightly
elevated cortisol levels, although we discussed that these
rises were very mild and considered still within the limits
of values for non-stress situations (Abbink et al., 2004).
We realise ourselves that even mild elevations of cortisol
may affect neuroendocrine regulatory systems including
the melatonin system (Larson et al., 2004). However, as
will be shown in this paper the melatonin response to the
treatments given does not parallel the earlier published cor-
tisol responses.

In a second series of experiments, fish were fed a vita-
min D-deficient diet for up to 22 weeks (Abbink et al., in
press) and compared to controls that were fed a vitamin
D-sufficient diet. The rationale behind these two experi-
ments was to limit calcium availability, either directly
(via water and diet) or indirectly (via vitamin D defi-
ciency) to impose an imminent hypocalcemia and activate
hypercalcemic endocrines (PTHrP). The fish limited in
their access to calcium in water and diet became hypocal-
cemic (for the Ca^{2+} fraction). The fish kept on the vitamin
D-deficient diet remained normocalcemic, but calcium
turnover decreased, indicated by decreased branchial in-
and efflux of calcium and a lower calcium accumulation
rate. Unexpectedly, in both experiments, plasma PTHrP
levels remained constant or even decreased, while *pthrp*
and *pth1r* (the main PTHrP receptor; Rubin and Jüppner
1999) mRNA levels were down-regulated in the pituitary
gland, results interpreted to indicate lower turnover of
PTHrP.

Thus we followed these studies by further exploring the
relationship between melatonin production and calcium
regulation. In the present study, we analysed the brain or
blood plasma melatonin concentration of these fish and
their controls to assess interactions/relations between mel-
atonin and calcium balance and the hypercalcemic endo-
crines PTHrP and calcitriol.

165 **2. Materials and methods**166 **2.1. Fish**

167 Juvenile gilthead sea bream (*Sparus auratus*) were obtained from a
168 commercial fish farm (Viveiro Vilanova, Lda., V.N. Milfontes, Portugal)
169 and kept in a round 1500-L tank with an aerated flow-through system
170 and full strength sea water (34‰ salinity; 10.5 mmol⁻¹ calcium) at
171 23 °C and a photoperiod of 12 h light/12 h dark. The fish were fed a ration
172 of 2% of the total body mass daily of commercial fish pellets (Trouvit,
173 Trouw, Putten, The Netherlands). At the time of the experiments
174 (spring–summer), the fish weighed between 10 and 40 g body mass. The
175 experimental setup and sampling procedures were described recently
176 (Abbink et al., 2004; in press). In short, for the first series of experiments,
177 four groups of fish were used. The control group A, exposed to full
178 strength seawater (SW) and fed a control diet (Ca+ diet). Three experi-
179 mental groups: group B; exposed to dilute sea water of 2.5‰ salinity
180 (DSW), group C: fed a calcium deficient diet (Ca– diet), and group D:
181 exposed to DSW and fed a Ca– diet). This experiment lasted for up to
182 3 weeks.

183 In the second series of experiments, fish kept in full strength seawater
184 were fed a vitamin D-deficient (D– diet) or control diet (D+ diet) for up
185 to 22 weeks and sampled every 4 weeks ($N = 7-8$). Upon completion of the
186 experiments, the fish were quickly and deeply anaesthetised in 0.1% v/v 2-
187 phenoxyethanol (Sigma–Aldrich, St. Louis, MO, USA) and after blood
188 had been taken from the caudal vessels by puncture with a 24-G needle fitted
189 to a tuberculin syringe, the fish were killed by spinal transection and
190 the brain was promptly dissected. Animal handling followed the approved
191 university guidelines. Plasma PTHrP level (nmol⁻¹) was measured with
192 a homologous radioimmunoassay according to Rotllant et al. (2003) and
193 plasma calcitriol (pmol⁻¹) was measured according to Hoof van et al.
194 (1993).

195 **2.2. Melatonin**

196 The brains of the fish from the vitamin D experiment were snap-frozen
197 in liquid nitrogen and stored at –70 °C. Sonification of the brains was per-
198 formed in 0.05 mol⁻¹ phosphate buffer containing 0.01% thimerosal
199 (Sigma–Aldrich). After centrifugation of the brain homogenate at
200 15,000g for 20 min, supernatant was collected and assayed for melatonin
201 and total protein as reference. Protein was determined by the Lowry
202 method with Peterson's modification (Peterson, 1977), using a total pro-
203 tein kit (Sigma–Aldrich); bovine serum albumin (BSA) was used as a
204 reference.

205 Melatonin concentration in plasma and brain samples was quantified
206 by radioimmunoassay (RIA), using a total melatonin kit (IBL, Hamburg,
207 Germany) with a certified extraction procedure. Solid phase extraction of
208 melatonin from all samples (100 µl) was carried out on an Octadecyl C₁₈
209 Speedisk Column, 10 µm (J.T. Baker, Phillipsburg, NJ, USA). Samples
210 were eluted with methanol according to a procedure previously described
211 for melatonin extraction from fish plasma (Kulczykowska and Iuvone,
212 1998). After extraction, samples were dried and then resuspended in Dul-
213 becco's phosphate-buffered saline containing 0.01% thimerosal and

214 assayed by RIA. Samples were counted in a Wallac Wizard γ -counter
215 (Wallac, Turku, Finland). The detection limit was 3.0 pgml⁻¹ in plasma
216 and 3.5 pgml⁻¹ in brain extract. The intra- and inter-assay coefficients
217 of variation for plasma melatonin were 8.0% and 15.0%, respectively.
218 The intra- and inter-assay coefficients of variation for brain melatonin
219 were 8.4% and 14.7%, respectively. Two different serum or brain samples
220 and controls (available from IBL–Hamburg kit) were measured in 10 rep-
221 licates to determine intra-assay precision in the same assay. The inter-
222 assay precision was determined by analysis of two different serum or brain
223 samples and controls (available from IBL–Hamburg kit), in triplicate in
224 three independent assays. The RIA data were validated by HPLC assay
225 (Kulczykowska and Iuvone, 1998); randomly selected samples of brain
226 and plasma were assayed for melatonin by both HPLC and RIA. The
227 results obtained by either method were identical.

228 **2.3. Statistics**

229 Data are presented as means \pm standard deviation (s.d.). For statistical
230 analysis of the data, analysis of variance (ANOVA and two-way ANOVA)
231 was used to assess differences among groups and Tukey's test was applied
232 as post-hoc test, where appropriate. To determine relationships, regression
233 and weighted non-linear regression analyses were performed; Pearson's
234 correlation coefficient and y -intercept were determined where appropriate.
235 Significance of differences was accepted when $P < 0.05$.

236 **3. Results**

237 In fish that were restricted in their calcium access
238 (Table 1), the total calcium level was reduced when calcium
239 was limited in the diet (group C), whereas exposure to
240 DSW (group D) resulted in decreased Na⁺, K⁺, total cal-
241 cium and osmolality. Hypocalcemia (defined as decreased
242 plasma Ca²⁺) was only seen when calcium was restricted
243 in both water and diet (group B).

244 Fig. 1 shows plasma melatonin after 3 weeks calcium
245 restriction. Exposure to both DSW and a Ca– diet had
246 no effect on plasma melatonin ($P > 0.05$). Feeding the fish
247 (held in normal sea water) a Ca– diet decreased plasma
248 melatonin ($F = 12.223$; $P < 0.0001$; post hoc: $P < 0.05$),
249 whereas exposure to DSW (and fed a normal diet) resulted
250 in an increase of plasma melatonin compared to the con-
251 trols ($F = 12.223$; $P < 0.001$; post hoc: $P < 0.001$).

252 In the D– fish, a strongly decreased brain melatonin
253 was found at all sampling times compared to the controls
254 (Fig. 2; $F = 97.3$; $P < 0.001$). The lower brain melatonin
255 in the D– fish was established at the first sampling point,
256 viz. after 10 weeks on the diet and was consistent through-
257 out the subsequent experimental period. In addition, a

Table 1

Mineral analysis of plasma of sea bream fed a calcium deficient diet (Ca–) while kept in dilute seawater (DSW), fed the Ca– diet in normal seawater or kept in DSW fed a normal diet

Condition	Na ⁺	K ⁺	Ca total	Ca ²⁺	Osmolality
Control	175 \pm 12	5.4 \pm 0.9	3.7 \pm 0.3	1.30 \pm 0.17	381 \pm 17
Ca– diet and DSW	161 \pm 8*	5.5 \pm 1.4	3.3 \pm 0.4*	1.15 \pm 0.14*	358 \pm 23*
Ca– diet	172 \pm 7	5.2 \pm 0.6	3.3 \pm 0.5*	1.35 \pm 0.09	373 \pm 24
DSW	161 \pm 10*	5.1 \pm 1.1	3.3 \pm 0.4*	1.32 \pm 0.24	360 \pm 28*

Values are in mmol⁻¹, osmolality is expressed in mOsmol kg⁻¹. Asterisks (*) represent significant difference from the control group ($P < 0.05$), $N = 8$ per group.

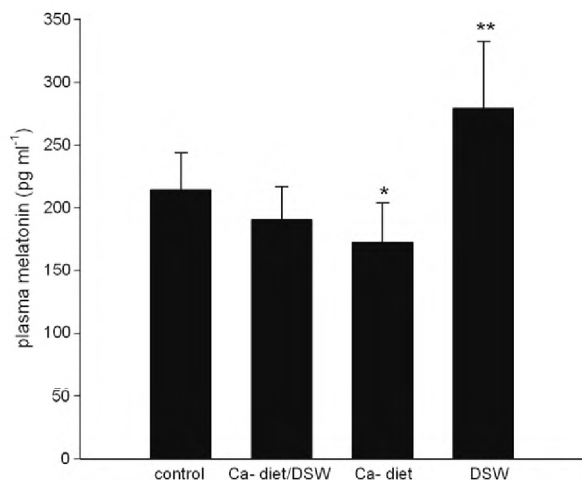


Fig. 1. Plasma melatonin levels after 3 weeks under conditions of limited calcium access. Plasma melatonin was not affected in fish kept on a Ca-deficient diet and in diluted seawater (DSW). Fish exposed to the Ca-deficient diet showed a decrease in plasma melatonin, whereas plasma melatonin was increased in fish kept in DSW. Asterisks (*) represent statistical different from the control group (* $P < 0.05$ and ** $P < 0.01$).

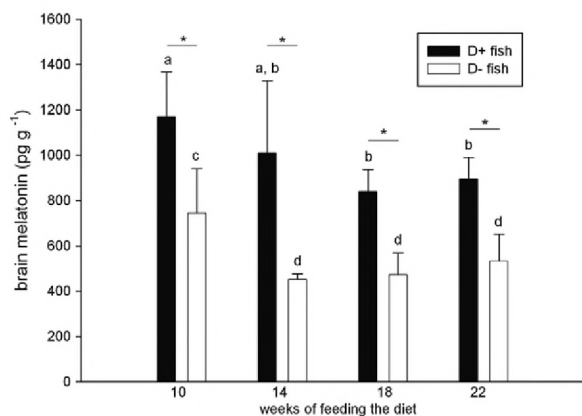


Fig. 2. In fish fed a vitamin D-deficient diet, melatonin synthesis in the brain is significantly lower than in controls at all four time points. The reduction in melatonin was consistent and had already been established at the first sampling point. Asterisks (*) represent significant difference from accompanying control group ($P < 0.001$). The decrease in melatonin synthesis over time for the two groups is indicated by a,b for the D+ fish and c,d for the test fish ($P < 0.05$).

258 decrease in brain melatonin was observed in time
259 ($F = 9.54$; $P < 0.01$).

260 A positive correlation between plasma Ca^{2+} and plasma
261 melatonin was found (Fig. 3; $R^2 = 0.19$; $N = 41$; $P < 0.01$).

262 Brain melatonin is negatively correlated with plasma
263 PTHrP (Fig. 4; $R^2 = 0.78$; $N = 4$; $P < 0.05$) and this rela-
264 tionship was not affected by feeding the fish a vitamin D-
265 deficient diet ($R^2 = 0.90$; $N = 4$; $P < 0.05$), although plasma
266 melatonin and PTHrP levels were lower in the latter group
267 (D+ fish: $y = -6171 \pm 1503 x + 1363 \pm 196$; D- fish:
268 $y = -5663 \pm 1717 x + 1992 \pm 309$. $P = 0.96$ for the slopes
269 of the regression lines and $P < 0.05$ for the y-intercept).

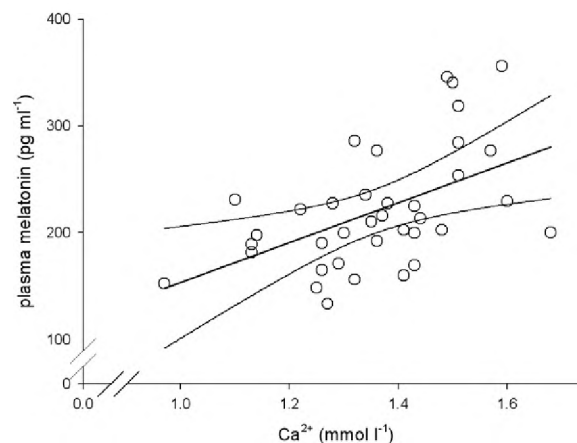


Fig. 3. Plasma melatonin correlates positively to plasma Ca^{2+} (pooled data from all fish analysed for melatonin); $R^2 = 0.19$; $N = 41$; $P < 0.01$. Confidence intervals (95%) are included in thinner lines.

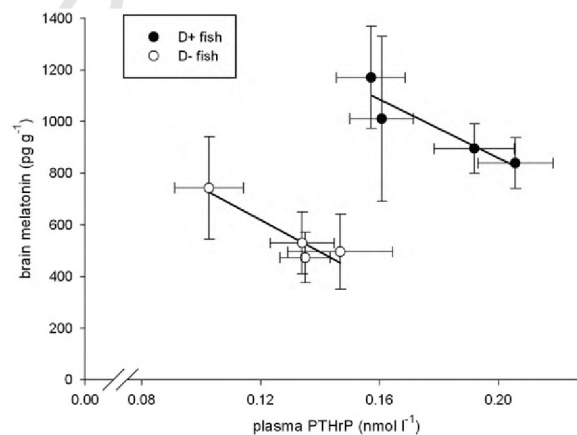


Fig. 4. Brain melatonin (production) correlates negatively to plasma PTHrP. Feeding fish a vitamin D-deficient diet does not affect this correlation, but levels of PTHrP and melatonin are decreased in concert; $R^2 = 0.78$; $N = 4$; $P < 0.05$ for the controls and $R^2 = 0.90$; $N = 4$; $P < 0.05$ for the test fish. N values represent group averages for each sampling point.

4. Discussion

270

271 In the evaluation of changes in melatonin activity *in vivo*
272 a plethora of considerations comes to mind. Melatonin
273 controls the rhythmic adaptations to daily and seasonal
274 cycles in fish (Bolliet et al., 1997). A variety of physiological
275 and environmental conditions interferes with melatonin
276 synthesis: reproduction (Mayer et al., 1997), osmoregula-
277 tory demands (Kulczykowska 2002), photoperiod and
278 water temperature (Garcia-Allegue et al., 2001) all affect
279 melatonin production.

280 Sea bream is a protandrous fish and, being juvenile, the
281 fish used in the present study were all sexual immature; the
282 water temperature (23 °C) and the photoperiod (12 h light/
283 12 h dark) were kept constant and the experiments were
284 completed in the same season. We are therefore convinced
285 that such factors were not confounders in our experiments

286 and that the results obtained relate mainly to calcium han-
287 dling and physiology. One could argue that the effects seen
288 in fish exposed to diluted seawater relate to altered osmo-
289 regulation or a variety of metabolic alterations which cause
290 alterations in downstream endocrine events as a result of
291 calcium depletion. Indeed, these faculties cannot be
292 excluded as indicated by significant, albeit mild changes
293 in plasma cortisol (Abbink et al., 2004) and osmolarity
294 (this paper); yet, it should be kept in mind that diluted sea-
295 water also means a dilution of external calcium (from 10 to
296 0.7 mmol l^{-1}), from hypercalcemic to hypocalcemic conditions.

297 The positive relation between plasma levels of melatonin
298 and Ca^{2+} provides further evidence that melatonin synthe-
299 sis is influenced by plasma Ca^{2+} (plasma melatonin and
300 brain melatonin reflect the synthesis capacity of the pineal
301 gland; Kulczykowska 2002). Earlier studies (Kroeber et al.,
302 2000; Gozdowska et al., 2003) indeed confirm the relation
303 between plasma Ca^{2+} and the capacity of (night) melatonin
304 production; Begay et al. (1994) observed increased melato-
305 nin synthesis in response to an increased plasma Ca^{2+} level
306 in rainbow trout and Meissl et al. (1996) found inhibited
307 melatonin production in a hypocalcemic/low calcium medium
308 in cultured trout pinealocytes.

309 Fish on a vitamin D-deficient diet (D– fish) showed
310 decreased plasma calcitriol levels and remained normo-
311 calcemic. Growth rate was reduced, which translated in
312 lower net calcium accumulation rate, that was confirmed
313 by decreased branchial calcium in- and efflux (Abbink
314 et al., in press). Feeding the fish a D– diet and the subse-
315 quent decreased calcitriol level had no visible effect on
316 plasma Ca^{2+} , although a decreased calcium turnover was
317 observed (Abbink et al., in press). The decrease in melato-
318 nin over time that was observed relates to the time of the
319 year at which the experiments were conducted (spring–
320 summer). Sokolowska et al. (2004) showed that melatonin
321 levels are high in early spring (March) and decrease
322 towards the summer (July–August).

323 The strongly decreased melatonin production in the D–
324 fish points to direct or indirect involvement of calcitriol in
325 melatonin synthesis by the pineal organ in teleosts. To the
326 best of our knowledge, there are no reports of interactions
327 between melatonin and calcitriol in fish and reports in
328 mammals are scarce. An interplay between melatonin and
329 calcitriol was shown by Bizzarri et al. (2003): vitamin D
330 (calcitriol?) enhances the synthesis of the transforming
331 growth factor $\text{TGF-}\beta_1$, which is the most relevant negative
332 growth regulator in breast cancer cells. Melatonin was
333 found to increase the sensitivity of the tumor cells to vita-
334 min D (calcitriol), thereby increasing the release of $\text{TGF-}\beta_1$
335 and inhibiting tumor cell growth.

336 The decreased melatonin synthesis in the fish fed a D–
337 diet is in accordance with the reduced melatonin produc-
338 tion observed in the fish fed a Ca– diet, and this suggests
339 diet-specific effects on melatonin synthesis under calcium
340 constraint. Melatonin produced in the intestine is the most
341 important source of extra-pineal gland melatonin. The mel-
342 atonin level in the intestinal tract is not subject to any

(daily) rhythmic changes in fish (Bubenik and Pang, 343
1997), which indicates that the influence of plasma melato- 344
nin on intestinal melatonin physiology increases in dark- 345
ness, when pineal melatonin production is up-regulated. 346

Rubio et al. (2004) showed that increased plasma mela- 347
tonin in European sea bass (*Dicentrarchus labrax* L.), rea- 348
lised through orally administration in gelatin capsules, 349
significantly reduced food intake, suggesting melatonin 350
involvement in the process of feeding and digestion. In 351
the present study, the indirectly (D– diet) or directly 352
(Ca– diet) and dietary-induced calcium restraint and the 353
subsequent calcemic endocrine action to maintain calcium 354
balance could well have interfered with (intestinal) melato- 355
nin physiology, limiting the production of the hormone. 356
This conclusion needs further experimentation for 357
confirmation. 358

The increased melatonin production in the fish exposed 359
to DSW is in accordance with previous studies. Kles- 360
zczyńska et al. (2006) measured plasma melatonin in sea 361
bream adapted to different salinities and found the highest 362
plasma melatonin in fish that were exposed to the lowest 363
salinity. An important factor in adaptation to hypo-osmo- 364
tic and hypocalcemic conditions in euryhaline fishes is prolac- 365
tin (PRL; Flik et al., 1994), a hypercalcemic hormone in 366
fish that is well-known for its key role in the control of 367
low salinity adaptation. Falcon et al. (2003) showed that 368
melatonin reduced PRL secretion in cultured rainbow trout 369
pituitary gland cells and provided the first evidence that 370
melatonin modulates the secretion of PRL in teleosts. 371
Clearly, our results indicate a positive correlation between 372
a (presumably) enhanced PRL activity in DSW and 373
observed enhanced melatonin production. This *in vivo* 374
result does not corroborate the observation by Falcon 375
et al. (2003) and suggests multivariable control; the 376
increase in PRL in response to DSW exposure might over- 377
rule the inhibition of a PRL cell response to melatonin as 378
observed *in vitro*. 379

We here argue that PTHrP is involved in the regulation 380
of melatonin synthesis. The negative correlation between 381
melatonin production and plasma PTHrP presented in this 382
study is indicative of a relationship between the two fac- 383
tors. In accordance, the reduction of melatonin production 384
in response to a decrease in vitamin D (calcitriol) availabil- 385
ity (this study) points to a relationship between melatonin 386
synthesis and hypercalcemic endocrines (PTHrP and calci- 387
triol). Whatever the effect, this highlights the importance of 388
calcium in melatonin physiology, although further research 389
is needed to investigate the role of melatonin in modulating 390
hypercalcemic factors under calcium constraint. 391

This study provides new observations on the relation 392
between melatonin production and calcium metabolism 393
in sea bream exposed to indirect or direct calcium con- 394
straint. Limited calcium availability in the water increased 395
melatonin production, whereas indirectly (D– diet) or 396
directly (Ca– diet) and dietary-induced calcium restraint 397
decreased melatonin production. These opposite effects 398
were abolished under calcium constraint in both diet and 399

400 water. The hypercalcemic factors PTHrP and calcitriol
401 appear to be correlated with melatonin, which we take as
402 a clear indication of involvement of melatonin in modulat-
403 ing the endocrine response to cope with hypocalcemia and
404 further points to the importance of Ca²⁺ in melatonin
405 physiology.

406 5. Uncited references

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