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# Asthma Among Staten Island Fresh Kills Landfill and Barge Workers Following the September 11, 2001 World Trade Center Terrorist Attacks

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**Background** Although airborne respiratory irritants at the World Trade Center (WTC) site have been associated with asthma among WTC Ground Zero workers, little is known about asthma associated with work at the Staten Island landfill or barges.

**Methods** To evaluate the risk of asthma first diagnosed among Staten Island landfill and barge workers, we conducted a survey and multivariable logistic regression analysis regarding the association between Staten Island landfill and barge-related work exposures and the onset of post-9/11 asthma.

**Results** Asthma newly diagnosed between September 11, 2001 and December 31, 2004 was reported by 100/1,836 (5.4%) enrollees. Jobs involving sifting, digging, welding, and steel cutting, enrollees with high landfill/barge exposure index scores or who were police and sanitation workers, and enrollees with probable posttraumatic stress disorder all had increased odds ratios for new-onset asthma.

**Conclusions** *Post-9/11* asthma cumulative incidence among Staten Island landfill/barge workers was similar to that of other WTC disaster rescue and recovery workers. Am. J. Ind. Med. 59:795–804, 2016. © 2016 Wiley Periodicals, Inc.

KEY WORDS: occupational asthma; reactive airways dysfunction syndrome; World Trade Center

### **INTRODUCTION**

Terrorist attacks in New York City (NYC) on September 11, 2001, destroyed the two World Trade Center (WTC) towers and numerous nearby buildings, with loss of several

thousand lives and exposure of hundreds of thousands of workers, lower Manhattan residents, and others to trauma and hazardous materials with long-term physical and mental health effects [Galea et al., 2002; Prezant et al., 2002; Perlman et al., 2011; Luft et al., 2012; Brackbill et al., 2014].

Intense rescue efforts during the first few days after the attacks gave way to a 10-month clean-up operation and crime scene investigation. Between September 12, 2001 and July 31, 2002, nearly 2 million tons of debris at the WTC site (Ground Zero) were dismantled and transported by truck to lower Manhattan piers and then loaded onto barges for transfer to the Staten Island (SI) Fresh Kills Landfill (landfill) for processing as a part of the recovery efforts and criminal investigation [Mackinnon and Mundorff, 2007]. The crime scene investigation involved combining physical evidence with careful deductive and inductive reasoning by a multidisciplinary team to gain knowledge about the events

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surrounding the terrorist attack. The NYC Office of the Chief Medical Examiner (OCME) was responsible for sorting through an estimated 54,000 personal effects and over 20,000 human remains, resulting in the identification of 60% of the victims. [New York State Museum, 2004; WTC Operational Statistics, 2011; Goldenberg, 2015].

In addition to OCME employees, work at the landfill was largely performed by personnel of the NYC Police Department (NYPD), NYC Fire Department (FDNY), NYC Department of Sanitation (DSNY), the Federal Bureau of Investigation, construction workers, and volunteers affiliated with the American Red Cross, The Salvation Army, and other service organizations. An estimated 15,000 workers received training in the use of personal protective equipment in preparation for work at the landfill and on the barges [Phillips & Jordan, Inc., 2004], but it is unknown how many of these trained workers actually worked on the landfill or barges.

Multiple health problems have been associated with exposure to the WTC disaster [Jordan et al., 2011; Perlman et al., 2011; Zeig-Owens et al., 2011; Li et al., 2012; Jordan et al., 2013; Solan et al., 2013]. Prior studies have described a high prevalence of respiratory symptoms of cough, wheezing and shortness of breath, and pulmonary conditions, including abnormal pulmonary function tests, and airway hyperreactivity. Diagnoses of reactive airways dysfunction syndrome (RADS) and asthma have been identified as major health outcomes from exposure to the WTC site [Prezant et al., 2002; Banauch et al., 2003; Wheeler et al., 2007; Brackbill et al., 2009; Aldrich et al., 2010; Weiden et al., 2010]. Both lifetime prevalence of asthma and 12-month asthma attack or episode rates were found to be elevated post-September 11, 2001 among WTC responders compared with the National Health Interview Survey population [Kim et al., 2012]. Asthma risk was highest among rescue and recovery workers who reported work on the WTC pile on September 11, 2001, and among those who worked the longest [Herbert et al., 2006; Farfel et al., 2008; Weakley et al., 2011; Lucchini et al., 2012]. However, respiratory health impacts of specific experiences of Staten Island Fresh Kills landfill and barge workers have not been well studied.

The goals of this study were to assess the potential association between work tasks, dust, and other respiratory irritant exposures and self-reported physician-diagnosed asthma among workers at the landfill and barges, and to assess cumulative incidence of new-onset asthma post-September 11, 2001.

### **MATERIALS AND METHODS**

# **Study Sample**

The WTC Health Registry (Registry) is a longitudinal cohort study of 71,431 unique individuals who were

administered a baseline survey in 2003–2004 (Wave 1) [Perrin et al., 2007; Farfel et al., 2008; Brackbill et al., 2009]. The Registry includes rescue, recovery and cleanup workers, lower Manhattan area workers and passersby on September 11, 2001, lower Manhattan residents, school children, and school staff. Subsequently, two cohort-wide follow-up health surveys were conducted, in 2006–2007 (Wave 2) and 2011–2012 (Wave 3). The asthma data for this study were obtained from Waves 1 and 2 only.

The Registry includes rescue and recovery workers (n=30,654), of whom 4,490 (14.6%) reported work for at least one day at the landfill or barges. This included 460 FDNY and 1,108 NYPD workers. Approximately 21% (n=940) of this Registry subgroup reported working exclusively at the landfill or barges.

### **Data Collection**

The Registry's Wave 1 survey asked questions about exposure and physician diagnosis of asthma, and whether asthma was diagnosed before or after September 11, 2001. Wave 2 asked about asthma and RADS, year of diagnosis, and whether the diagnosis was pre- or post-September 11, 2001.

However, the Waves 1 and 2 survey questions regarding exposures experienced at the landfill and barges were relatively limited, compared with the details obtained regarding exposures at the WTC site. This led to a specialpurpose two-phase investigation: Phase I was a qualitative key informant interview study of landfill/barge workers; results have been published previously [Ekenga et al., 2011]. Findings from Phase I were used by the investigators to develop Phase II, an in-depth sub-group survey within the Registry cohort that was limited to the 4,490 rescue/recovery workers who said they worked at the landfill or barges on the Registry's Wave 1 survey. Excluded were those who were non-English speaking (n = 36), and those who declined to be contacted for further studies (n = 300). The survey was distributed to the remaining 4,154 workers from June 2010 to November 2011.

# **Study Population**

Enrollees who completed the landfill/barge survey, and confirmed that they worked at the landfill or barges, were included in this analysis if they also answered the Wave 2 survey. Of the 4,147 Registry enrollees eligible for this study, 2,287 participated in the landfill/barge worker survey (response rate 55%) (Fig. 1). Of these 2,287 enrollees, 4 had a missing response for asthma, 266 enrollees indicated that they had never worked on SI or on the barges, and 9 had missing or discordant information for RADS and were not considered further. The subset of 172 enrollees with pre-September 11, 2001 asthma

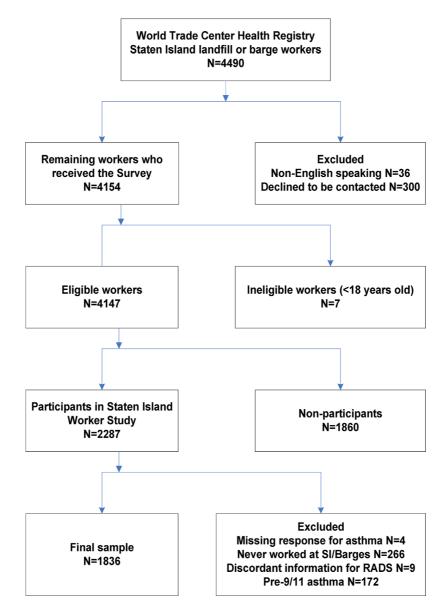


FIGURE 1. Flow chart of study population.

was also excluded. The final sample included 1,836 enrollees, with a total of 100 asthma cases diagnosed between September 11, 2001 and December 31, 2004. The cutoff date was based on the assumption that diagnoses of asthma during that period in persons with no previous asthma history were more likely to be associated with September 11, 2001 exposures, and is supported by the decline of the annualized incidence rate for asthma in the Registry population by the end of 2004 [Brackbill et al., 2009].

# **Study Variables**

Demographic information, exposures, and health outcomes, including self-reported physician diagnosis of

asthma, were obtained from the Wave 1 survey. Subsequent health outcomes were obtained from the Wave 2 survey, including self-reported physician-diagnosed asthma and RADS, and year of diagnosis. RADS cases were included in light of the reported exposures to respiratory irritants [Brooks et al., 1985]. Cases of self-reported physician diagnosis of post-September 11, 2001 asthma or RADS (hereafter called simply "asthma") were included in this analysis if they reported a physician diagnosis of post-September 11, 2001 asthma on Wave 1, or if on Wave 2 they reported a physician diagnosis of asthma or RADS occurring in 2001 (post-September 11, 2001, 2002, 2003, or 2004). The reported asthma diagnosis dates were restricted to the interval between the terrorist attacks and December 31, 2004.

# SI Exposure Scale and Other Work-Related Variables

We used three distinct, complementary methods to assess exposure, based on data from the landfill/barge-specific survey: (i) a work exposure index based on seven self-reported specific types of exposure and protective factors including use of shower facilities, and frequency of wearing a Tyvek suit, Nomex suit, or other disposable protective suit; (ii) exposure assessment by a panel of experts using a modified Delphi process, to be described below, based on 17 specific job titles/tasks; and (iii) the identity of the enrollee's employer. We also evaluated the potential contribution of dust cloud exposure, defined as a positive response to the Wave 1 question: "On September 11th, were you outdoors within a dust or debris cloud resulting from the collapse of the World Trade Center towers?" This applies to those who were in lower Manhattan on the morning of September 11, 2001.

Disaster-related exposures specific to the landfill/barge workers were obtained from the landfill/barge-specific survey, including tasks performed, experience with prior disasters, training, location and dates of work, encountering human remains, exposure to dust, fumes or odors, and wearing of protective equipment.

#### Method 1

Using information obtained in the Phase I qualitative study of landfill/barge workers [Ekenga et al., 2011], we constructed a landfill/barge worker exposure scale using participant responses to seven questions: (i) "How often did you breathe in dust from the debris piles, construction activities, sorting activities, or unpaved roads"; (ii) "How often did you see dust in the air at your worksite"; (iii) "How often was visibility impaired at your worksite"; (iv) "How often did you breathe in diesel or gasoline fumes at your worksite"; (v) "How often did you breathe in garbage odors"; (vi) "How often did you wear a Tyvek suit, Nomex suit, or any other disposable protective suit"; and (vii) "How often did you use the shower facilities at Fresh Kills Landfill?" The possible answers included: "Every day," (scored as 4), "Almost every day," (3) "Some days," (2) "Almost never," (1) and "Never" (0). Questions (vi) and (vii) were scored in the opposite manner to reflect their potential protective effect with "Never" scored as 4 and "Every day" scored as 0. Due to the relatively small number of responses to the respiratory protection questions, respiratory protection use was not included in this scale. The exposure scale ranged from 0 to 28, with high exposure classified as a score of >15. This scale was found to have good reliability (Cronbach's  $\alpha = 0.84$ ).

### Method 2

A modified Delphi process [Dalkey and Helmer, 1963; Levy et al., 2004; Hsu and Sandford, 2007] was designed to

better categorize the 17 landfill/barge-specific job titles and tasks identified in the Phase I qualitative study by their level of airborne irritant exposure [Ekenga et al., 2011]. (Please see Supplementary Appendix for a description of the Delphi method.) The Delphi process was conducted via e-mail. The authors nominated candidate experts based on their experience and knowledge of the post-September 11, 2001 SI landfill/barge processes. Six nominees were sent invitations to participate. Each of the three experts who agreed to participate was provided with detailed instructions and a listing of job tasks used in the follow-up landfill/barge worker survey, and offered additional information about job tasks, including the available 2001-2002 Occupational Safety and Health Administration air sampling data for the SI site obtained for limited time periods and a relatively small number of specific tasks. The results of the first round were provided to each participant during Round 2. Following Round 2, job tasks were categorized into four hierarchical levels of exposure (Table II), with those who reported working in any job task categorized in the highest level assigned to that level, and those who had not worked in any of the highest level job tasks, but who had worked in any of the second highest level tasks, assigned to that level, and so on until all were assigned an exposure level based on job task.

#### Method 3

The enrollee's employer as of September 11, 2001, obtained from the Wave 1 survey, was used to categorize workers as FDNY, NYPD, DSNY, and all other employers.

We examined reported acute injury [Brackbill et al., 2014] and PTSD [Brackbill et al., 2009] because each of these has been associated with increased risk of post-September 11, 2001 asthma in prior studies.

Injuries sustained on September 11, 2001 were reported at Wave 1 and classified by type as: cut, abrasion, or puncture wound; sprain or strain; burn; broken bone (fracture) or dislocation; and "concussion/head injury/knocked out by being hit on the head." These injuries have been found to be associated in the Registry cohort with later occurrence of chronic disease including cardiovascular diseases, asthma, and other respiratory conditions [Brackbill et al., 2014].

Enrollees completed the PTSD Checklist-Specific Version (PCL). The PCL is a 17-item self-reported symptom scale derived from the Diagnostic and Statistical Manual of Mental Disorders, Fourth Edition (DSM-IV) diagnostic criteria in three symptom clusters: intrusive and reexperiencing, numbing and avoidance, and hyperarousal. Each item is scored from 1 (not at all) to 5 (extremely). We summed responses to the 17 items and defined probable PTSD as meeting a Wave 1 PCL criteria of 44 or more and the presence of at least one re-experiencing symptom (DSM-IV criterion B), three avoidance or numbing symptoms (DSM-IV criterion C), and two hyperarousal

symptoms (DSM-IV criterion D). We used the dual criteria to obtain a more conservative estimate of probable PTSD than by PCL score alone [DiGrande et al., 2008].

# **Data Analysis**

SAS version 9.2 was used for all analyses. A two-sided P-value of P < 0.05 was considered significant for hypothesis tests.

We calculated the cumulative incidence of new-onset asthma diagnosed sometime between September 12, 2001 and December 31, 2004, among the landfill and barge workers.

Bivariate analysis was used to evaluate frequencies of asthma by demographic variables, smoking status, and 9/11 exposures. The  $\chi^2$  test was used to assess potential bivariate associations. A multivariable logistic regression model was used to estimate adjusted odds ratios (aOR) and 95% confidence intervals (CI) for asthma. Covariates were selected a priori based on (i) previous research in both 9/11-exposed and other populations; and (ii) biological plausibility. Demographic characteristics included in the logistic regression model were age, gender, race/ethnicity, marital status, and level of education. In addition, the multivariable model included smoking, occupation, work exposure index score, dust cloud exposure, work start date, having also worked at Ground Zero, being injured on 9/11, and probable PTSD. The sample size for three of the four Delphi method-based exposure categories was too small to allow for computation of adjusted odds ratios, so only unadjusted odds ratios were calculated for this analysis.

This study was approved by the Institutional Review Boards (IRBs) for the NYC Department of Health and Mental Hygiene (DOHMH) and the United States Centers for Disease Control and Prevention. Oral informed consent was obtained from participants prior to enrollment.

### RESULTS

### **Selection**

The study enrollees (Table I) were mostly male, between ages 18 and 44, with at least some college education, and were married. Almost half reported a history of smoking. Nearly 84% reported high levels of SI-specific work exposures, and 75% also worked at the WTC site in lower Manhattan. Members of the NYPD comprised 30% of the study population, followed by DSNY workers (18%), FDNY workers (12%), and the remaining 40% working for other employers or volunteer service agencies. At Wave 1, 8% had probable PTSD based on their PCL score.

While educational attainment of the 2,287 landfill/barge survey participants was not significantly different from that

of the 1,860 non-participants, participants were more likely to be older, white, male, married, and were less likely to have probable PTSD at Wave 1. Study participants were also significantly less likely to have worked at Ground Zero (data not shown).

# Post-September 11, 2001 Asthma Incidence (2001–2004)

The cumulative incidence of reported physician-diagnosed asthma/RADS among landfill and barge workers September 11, 2001 through December 31, 2004 was 5.4% (95% CI 4.5–6.6%).

The proportions of newly diagnosed post-September 11, 2001 asthma cases were highest among females, those aged 18–44, Hispanic/Latino and multi/other racial workers, those with a high school degree or less, former smokers, and never married, although only the contrast between never married and the combination of married and/or widowed was statistically significant.

The results in Table I include adjusted odds ratios for all variables included in the model, with observed significant associations between asthma and female gender (aOR 2.1, 95% CI 1.1–3.8), education less than college (aOR 1.6, 95% CI 1.0–2.5) and reporting symptoms consistent with probable PTSD at Wave 1 (aOR 2.5, 95% CI 1.4–4.5).

Factors not significantly associated in multivariable analyses with asthma diagnosis between 2001 and 2004 included age, race/ethnicity, smoking status at Wave 1, reported injuries on September 11, 2001, work start period, and whether individuals had also worked at Ground Zero.

# **Exposure Reconstruction**

An elevated work exposure index score (Table I) was associated with increased odds of asthma (aOR 2.5, 95% CI 1.0–6.1). Multivariable analysis also showed significant associations between asthma and work for the NYPD (aOR 2.0, 95% CI 1.2–3.5), but not for work for FDNY, or DSNY, compared with other employers.

Dust cloud exposure (reported at Wave 1) was associated with a 60% increased odds of asthma, although this was not statistically significant (aOR 1.6, 95% CI 1.0–2.5).

The frequency of post-9/11 asthma within each of the four job task groups identified using the Delphi process is shown in Table II. Activities assigned to the highest exposure category involved sifting by hand, digging or earth moving, sanitation work (loading/dumping), welding, and steel cutting (Group 4). A total of 1,114 workers reported working on one or more of these tasks on SI. Of these workers, 80 reported a diagnosis of new—onset asthma between 2001 and 2004. Significantly increased odds of asthma was associated with reporting of any tasks included in the group (Group 4) of highest exposure

**TABLE 1.** Reported Frequency and Adjusted Odds Ratios for Post-September 11, 2001 Asthma Among SI Landfill/Barge Workers (N = 1836)

Characteristic	Total N (%)	Asthma cases N (%)	AOR (95% CI) <sup>a</sup>
Total	1,836 (100.0)	100 (5.4)	
Demographics			
Gender			
Male	1,589 (86.5)	81 (5.1)	1.0 (ref)
Female	247 (13.5)	19 (7.7)	2.1 (1.1-3.8)
Age on 9/11 (yrs)			
18–44	1,092 (59.5)	64 (5.9)	0.8 (0.5-1.3)
45+	744 (40.5)	36 (4.8)	1.0 (ref)
Race/ethnicity	, ,	, ,	, ,
Hispanic/Latino or multiracial	209 (11.4)	16 (7.7)	1.3 (0.7–2.3)
White, Black, or Asian	1,627 (88.6)	84 (5.2)	1.0 (ref)
Marital status	, ,	, ,	, ,
Married or living with partner	1,467 (80.0)	74 (5.0)	1.0 (ref)
Widowed, divorced, or separated	189 (10.3)	10 (5.3)	0.9 (0.5–1.9)
Never married	177 (9.7)	16 (9.0)	1.6 (0.9–2.9)
Education	,	,	,
High school or less	597 (32.6)	38 (6.4)	1.6 (1.0-2.5)
Some college or more	1,232 (67.4)	62 (5.0)	1.0 (ref)
Smoking status	, , , ,	( )	
Never	996 (54.4)	49 (4.9)	1.0 (ref)
Former	538 (29.4)	35 (6.5)	1.5 (0.9–2.4)
Current	297 (16.2)	16 (5.4)	1.1 (0.6–1.9)
9/11 Exposures		, ,	(* * * * * * * * * * * * * * * * * * *
Occupation			
NYPD	553 (30.1)	44 (8.0)	2.0 (1.2-3.5)
FDNY	214 (11.7)	14 (6.5)	1.8 (0.8–3.9)
DSNY	331 (18.0)	13 (3.9)	0.8 (0.4–1.8)
Other	738 (40.2)	29 (3.9)	1.0 (ref)
Work exposure index score	( /	== (===)	(***)
0–14 (low)	293 (16.1)	6 (2.0)	1.0 (ref)
15–28 (high)	1,522 (83.9)	94 (6.2)	2.5 (1.0–6.1)
Dust cloud exposure	.,022 (00.0)	0 : (0.2)	
Yes	695 (38.0)	55 (7.9)	1.6 (1.0-2.5)
No	1,136 (62.0)	45 (4.0)	1.0 (ref)
Work start period	., (02.0)	()	()
First (September 12–30, 2001)	1,022 (56.4)	60 (5.9)	1.0 (0.6–1.6)
Second (October 1 – December 31, 2001) or	789 (43.6)	39 (4.9)	1.0 (ref)
third (January 1—June 30, 2002)	700 (10.0)	00 (1.0)	(۱۵۱)
Sites worked			
SI barges/landfill and WTC site	1,383 (75.3)	84 (6.1)	1.0 (0.5—1.9)
SI barges/landfill only	453 (24.7)	16 (3.5)	1.0 (ref)
Injured on 9/11	100 (2 1.11)	10 (0.0)	(101)
Yes	293 (16)	24 (8.2)	1.2 (0.7–2.0)
No	1,543 (84)	76 (4.9)	1.0 (ref)
Posttraumatic stress disorder <sup>b</sup>	1,0 10 (0 1)	10(1.0)	(101)
Yes	142 (7.9)	19 (13.4)	2.5 (1.4–4.5)
No	1,664 (92.1)	80 (4.8)	1.0 (ref)

NYPD, New York City Police Department; FDNY, Fire Department of New York City; DSNY, New York City Department of Sanitation.

<sup>&</sup>lt;sup>a</sup>Adjusted odds ratio and 95% confidence interval. Model adjusted for all variables in the table. Statistically significant AORs are in bold.

 $<sup>^{\</sup>mathrm{b}}\mathrm{PTSD}$  Checklist cut-off = 44 plus meeting DSM-IV criteria.

**TABLE II.** Reported Frequency and Unadjusted Odds Ratios for Post-September 11, 2001 Asthma Among SI Landfill/Barge Workers by Job Task (N=1836)

Work activities group	Total (N)	Asthma cases N (%)	OR (95% CI) <sup>a</sup>
Total	1,836	100 (5.4)	
Group 1			
Barge supervision or management			
Food service or support activities			
Security			
Tugboat work	344	10 (2.9)	1.0 (ref)
Group 2			
Barge work			
Equipment maintenance or cleaning			
Truck driving			
Vehicle maintenance or			
cleaning			
Barge maintenance or cleaning	109	2 (1.8)	0.6 (0.1–2.9)
Group 3			
Crime scene investigation			
Gas powered tool operation			
Heavy equipment operation			
Landfill supervision or management	224	8 (3.6)	1.2 (0.5–3.2)
Group 4			
Digging or earth moving			
Sanitation work (loading or			
dumping)			
Sifting by hand, conveyor belt, or rake			
Welding, steel cutting, or torch operation	1,114	80 (7.2)	2.6 (1.3–5.0)

Cochran—Armitage Trend Test is significant at P < 0.01.

activities (Unadjusted OR 2.6, 95% CI 1.3–5.0) compared with those who reported working only on the lowest exposure task group (Group 1). A test for trend was also statistically significant (Cochran–Armitage Trend Test: P < 0.01).

The number of responses to the respiratory protection questions were not sufficient for meaningful statistical analyses.

### **DISCUSSION**

Increased work-related exposure to respiratory irritants on the landfill/barges during the cleanup following the WTC

disaster was associated with new-onset asthma. Our results extend the previous findings of increased asthma among September 11, 2001-exposed rescue and recovery workers by examining the asthma-workplace exposure relationship among the subgroup of recovery workers deployed at the landfill and barges. A previous study of rescue/recovery workers enrolled in the Registry found that those who worked on the pile on September 11th and those who worked more than 90 days had twice the odds of incident asthma (aOR 2.2 95% CI 1.9–2.6 and aOR 1.9 95% CI 1.6–2.1, respectively) [Brackbill et al., 2009].

The cumulative incidence of asthma and RADS reported in landfill/barge workers between September 11, 2001 and December 31, 2004 was 5.4%. This was very similar to the cumulative incidence of asthma and RADS among all Registry rescue and recovery workers over the same time period, 5.6% [Brackbill et al., 2009]. Other WTC-exposed responder populations have reported increased rates of asthma as well as active disease in their cohorts [Prezant, 2008; Webber et al., 2011; Kim et al., 2012].

Exposure at the SI landfill/barges was different from exposure at Ground Zero in several key respects: exposure at Ground Zero was likely greatest on the morning of September 11, 2001, with consistently elevated relative risk estimates for those who started work then. Exposure at the landfill/barges started on September 12, 2001. The presence of potential respiratory irritants at the landfill prior to Delphi technique: Making sense of consensus suggests that there may have been possible respiratory health effects of the landfill itself combined with WTC-specific exposures.

No objective measures exist that can assess the levels and frequency of respiratory irritant exposure experienced by workers on the SI landfill and barges, which required us to construct multiple alternate methods to estimate this exposure. We found that the three measures of work exposure used in this study all arrived at similar conclusions, namely that workers who experienced the highest levels of respiratory irritant exposure had the highest odds of developing asthma. For example, the greater specificity of job tasks obtained in the landfill/barge worker survey enabled grouping of those tasks with highest potential risk (sifting by hand, digging, welding, and steel cutting), and there was a significant increasing trend in asthma with increasing level of exposure measured by the Delphi method.

Exposure to the landfill itself, even prior to the events of September 11, 2001, was of concern. The 2,200 acre SI site had served as the principal garbage disposal site for NYC between 1947 and March, 2001. Background exposures specific to the Fresh Kills landfill and barges thus included bacteria, dusts, metals, and other hazardous materials. Prior to September 11, 2001, Gelberg found a higher prevalence of work-related dermatological, neurological, hearing, and respiratory symptoms among DSNY landfill workers than in a comparable group of workers not

 $<sup>^{\</sup>rm a}$  Unadjusted odds ratio and 95% confidence interval. Statistically significant ORs are in bold.

exposed to the Fresh Kills landfill [Gelberg, 1997]. Data on asthma in this population prior to September 11, 2001 were not systematically collected and thus were not included in this publication.

A prior Registry study [Antao et al., 2011] found that those who used respirators were less likely to report adverse respiratory outcomes compared to those who reported no/lower levels of respiratory protection. However, a major limitation of the current study is that relatively few workers responded to the landfill/barge worker survey questions regarding the use of respiratory protection. Mask/respirator use was discussed as part of the prior qualitative study [Ekenga et al., 2011], where participants reported that enforcement of mask and respirator use varied, and some workers never received respiratory protection. Problems using respiratory protection were noted particularly among participants reporting that their jobs required frequent radio communications.

Another limitation of this study is that the asthma observed among the 75% of workers who were at both Ground Zero and the SI landfill and barge sites could have been a result of their combined exposures to WTC-related dust or other respiratory irritants at both locations, rather than specifically related to their work on the landfill/barges.

Another important limitation of this study is its reliance on self-reported physician diagnosis of asthma. However, a recent study of FDNY members found that self-reported asthma had high sensitivity (68.7%) and overall agreement (91.9%) with diagnoses recorded on medical records [Weakley et al., 2013]. Other Registry self-reported medical conditions have also been validated, including self-reported cancer diagnoses among Registry enrollees that found high sensitivity (83.9%) and specificity (98.5%) after comparing survey data to state cancer registries and medical records [Li et al., 2016].

We were also unable to determine the relative accuracy of reported diagnoses of asthma compared with that of reported diagnoses of RADS. For example, 11 enrollees reported that they were diagnosed with asthma on the Wave 1 survey, but reported that they were diagnosed with RADS on the Wave 2 survey. It is controversial whether repeated low-level exposure to irritant substances such as occurred, for example, at the landfill/barges, can lead to RADS [Tarlo 2000; Youakim, 2001].

Over 9 years elapsed between September 11, 2001 and the landfill/barge survey, which may have resulted in recall bias, resulting in possible overestimation of the true prevalence of asthma. The relatively moderate response rate for the landfill/barge worker survey may have resulted in response bias, which may also have resulted in overestimation of the true risk [Murphy et al., 2005] although attrition from the WTC Health Registry follow-up studies does not appear to lead to serious bias in associations between September 11, 2001 disaster exposures and key health outcomes [Yu et al., 2015].

In addition, measures of association can only be compared between those who experienced higher versus lower levels of landfill/barge-related exposure, as we did not have a comparable external comparison group of workers who did not experience any 9/11-related exposures.

Additional limitations include the relatively small sample sizes for some analyses and the resulting reduced power.

#### CONCLUSIONS

The cumulative incidence of post-9/11 asthma was similar among SI landfill/barge workers to that of the rescue and recovery workers on the WTC site. Future disaster cleanup and crime scene operations need to consider additional interventions to reduce the risk of asthma and other adverse health outcomes among workers. Research is needed on the feasibility of engineering controls such as physical isolation of dust-producing processes with enclosures, enhanced dust suppression techniques, and improved personal respiratory protective equipment to address the problems faced with workers who need to communicate while adequately protected. Screening for asthma and ensuring adequate access to high quality treatment are essential for affected workers following disasters involving exposure to respiratory irritants. The observed comorbidity of asthma with PTSD increases the challenge of providing affected workers with appropriate treatment for both conditions.

# **AUTHORS' CONTRIBUTIONS**

The authors declare that all participated as follows:

- Substantial contributions to the conception or design of the work; or the acquisition, analysis, or interpretation of data for the work; and
- Drafting the work or revising it critically for important intellectual content; and
- Final approval of the version to be published; and
- Agreement to be accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved.

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# ETHICS APPROVAL AND INFORMED CONSENT

Oral informed consent was obtained from participants prior to enrollment.

# **DISCLOSURE (AUTHORS)**

The authors report no conflicts of interest.

# DISCLOSURE BY AJIM EDITOR OF RECORD

Paul Landsbergis declares that he has no competing or conflicts of interest in the review and publication decision regarding this article.

### **DISCLAIMER**

The contents of this report are solely the responsibility of the authors and do not necessarily represent the official views of NIOSH-CDC.

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### SUPPORTING INFORMATION

Additional supporting information may be found in the online version of this article at the publisher's web-site.

The work was performed at the New York City Department of Health and Mental Hygiene.