

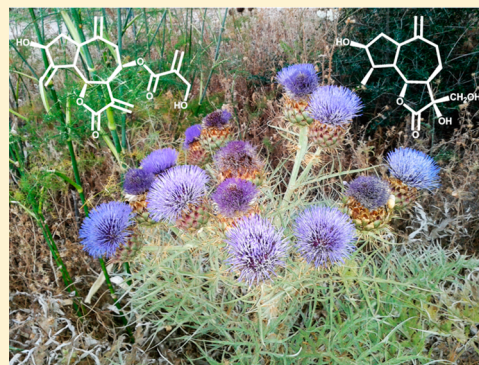
# Operation Allelopathy: An Experiment Investigating an Alternative to Synthetic Agrochemicals

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## Supporting Information

**ABSTRACT:** Synthetic herbicides represent a serious problem in modern agriculture because they are not biodegradable and can accumulate in the soil and in the groundwater, a situation that allows them to enter the trophic chain and ultimately leads to human exposure. Allelopathic chemicals offer an effective alternative to the synthetic compounds. The aim of this experiment is to highlight the differences between chemical and biological control of diseases in crops and to demonstrate the use of natural fungicides and herbicides as alternatives to synthetic chemicals. The experiment involves an evaluation by students of the potential of plant extracts as an alternative to synthetic agrochemicals to identify new ecological farming techniques that could be applied in agriculture. In an effort to encourage 1800 students in high school (14 to 16 years old) to have an interest in science, technology, and innovation, the third edition of the Summer Science Campus was organized by the Spanish Foundation for Science and Technology and the Ministry of Education, Culture, and Sports with support from the foundation Obra Social “la Caixa”.

**KEYWORDS:** High School/Introductory Chemistry, Environmental Chemistry, Laboratory Instruction, Hands-On Learning/Manipulatives, Agricultural Chemistry, Bioanalytical Chemistry, Natural Products, Plant Chemistry



## ■ INTRODUCTION

### Weed Control

Since the beginning of agriculture, weed control has been essential to ensure the survival of crops. A weed is understood to be “any plant growing in a place and at a time unwanted” and, for this reason, they are often also called “unwelcome plants”. Currently, control of weeds is mainly achieved by using synthetic herbicides, but their continued use has led to the emergence worldwide of resistant biotypes.<sup>1,2</sup> The excessive use of herbicides is causing a serious environmental pollution problems.<sup>3,4</sup> These substances, which in many cases are not biodegradable, have a high persistence level in the soil and are accumulated in groundwater. Instead, natural products constitute an attractive source of agrochemicals with great potential. They are biodegradable, have a broad structural diversity, present new modes of action as well as are active at low doses and are selective.<sup>5–7</sup>

### Allelopathy

An alternative current proposal for the control of weeds, not only for resistant species, is so-called biological control. This involves the use of the strategies employed by plants in nature to fend off attackers and competitors.<sup>8,9</sup> Allelopathy (Greek allelon = each other, pathos = suffering; mutual interaction) is the science that concerns any process involving plant or microbial metabolites, preferably secondary, that influence the growth and development of biological systems.<sup>10</sup> Extensive

literature on plants with allelopathic activity is available, especially for crops of great interest such as wheat,<sup>11</sup> sunflower,<sup>12,13</sup> or rye,<sup>14</sup> among others.

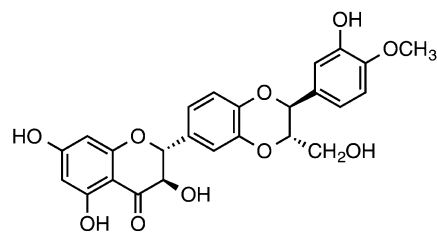
### Chemistry of Plants

Students are familiar with plants<sup>15</sup> and chemistry, but do they know about the chemistry of plants?<sup>16</sup> Over millions of years plants have had to defend themselves from attacks by phytophages and microorganisms as well as other plants competing for soil nutrients, light, humidity, and so forth. Thus, plants have developed a number of morphological and chemical defense mechanisms to ensure their survival. Allelochemicals are found within these compounds of defense, which are found in the tissues of plants, and can be released to the environment through four pathways: volatilization, lixiviation, decomposition, or exudation. Thereby, the plants provide a valuable source of bioactive compounds with unexploited properties and new structures.<sup>17</sup>

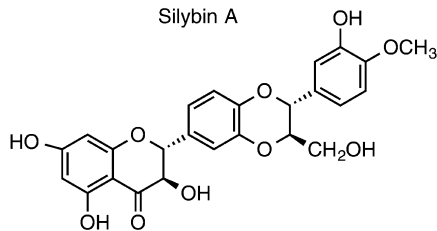
## ■ BACKGROUND OF THE EXPERIMENT

The first contact that students have with experimental science institutes generally does not enable them to gain an idea of the variety of applications that science has in this setting. For this reason the Spanish Foundation for Science and Technology (FECYT) has launched an outreach program for young science

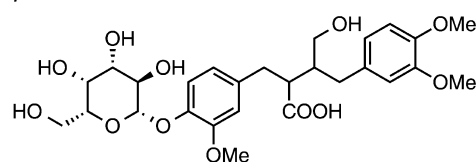
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*Silybum marianum*

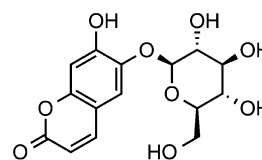
Silybin A



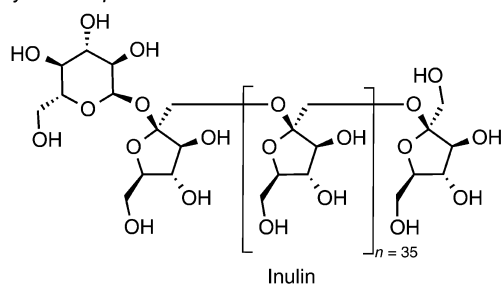
Silybin B

*Onopordum acanthium*

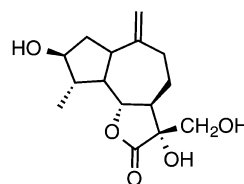
Aconisine



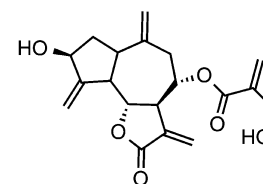
Aesculin

*Scolymus hispanicus*

Inulin

*Cynara cardunculus & scolymus*

Cynaratriol



Cynaropicrin

**Figure 1.** Chemicals components of selected thistles.

researchers.<sup>18</sup> The main objective of the program is to bring science, technology, and innovation to students. They can appreciate firsthand how researchers and teachers work, and the program encourages students to consider scientific vocations, thereby promoting the future of scientific and technical degrees. The Allelopathy Research Group of Cádiz (GAC) organized and conducted the workshop on “Sustainable Agriculture”. Given the experience of the host research group in allelopathy in higher plants and microorganisms,<sup>19</sup> an experiment was proposed that would allow students to understand the concept of biological control and sustainable agriculture.<sup>20</sup> In total, 28 students from Scientific Campus Summer 2012 participated in this workshop during the month of July 2012 (7 students per week). The theme of the workshop was to show participants the differences between chemical control and biological control of diseases in crops and to enable them to use natural fungicides and herbicides as alternatives to synthetic chemicals.<sup>21,22</sup> The participants gained insight into the importance of using biodegradable substances in agriculture and learned about bioactive molecules, obtained either by isolation or synthesis techniques, based on natural products.<sup>23</sup>

## ■ EXPERIMENTAL OVERVIEW

### Preliminary (Coleoptiles Bioassay) and Herbicide (Greenhouse Bioassay) Assessments

In the workshop, extracts from five plants that have traditionally shown allelopathic effects were prepared. The aqueous extracts of each species were obtained using different extraction conditions. The effects of these extracts on the growth of

plants were analyzed using the following protocol. First, the preliminary activity of the extracts was assayed using wheat apical meristems in the coleoptiles bioassay.<sup>24</sup> This is a quick and simple method to indicate the range of activity of the tested extract set and to assess the effect on cell growth. Second, the ability of each natural extract as an herbicide was investigated on the growth of seeds from three types of weeds that affect major crops worldwide. This investigation was carried out by the students in the greenhouse of the University of Cádiz. Finally, the results obtained in the first and the second bioassays were compared for each group.<sup>25</sup>

### Types of Thistles and Chemistry

There are many plants that have shown allelopathic activity and that have been widely studied, such as sunflower, wheat, corn,<sup>26</sup> or walnut tree, one of the trees with allelopathic activity better known.<sup>27,28</sup> For this experience, thistles from five different species were chosen: *Silybum marianum*, *Onopordum acanthium*, *Cynara scolymus*, *Scolymus hispanicus*, and *Cynara cardunculus*. These species belong to the Compositae family and were selected due to the activity described in the literature for their active principles.<sup>29,30</sup>

*Silybum marianum* commonly known as “milk thistle” is one of the oldest and thoroughly researched plants against hepatotoxicity. One of the main phytoconstituents is flavolignan silybin, which has shown several pharmacological activities such as hepatoprotective, anti-inflammatory, antioxidant, and antiviral activities, in addition to allelopathic effects on seed germination of maize.<sup>31,32</sup>

Moreover, artichokes (*Cynara scolymus* and *Cynara cardunculus*) are well-known for their nutritional and curative properties against several diseases.<sup>33,34</sup> Two bitter sesquiterpene lactones obtained from genus *Cynara* are cynaratriol and cynaropicrin, both of them have shown a wide range of activities, including antifeedant role as defense mechanism against predators.

Polyphenols and inulin are found among the active compounds of *Scolymus hispanicus* (with antioxidant properties).<sup>35</sup> Inulin is a complex carbohydrate with fructose chains found in some plants as a reserve substance. Among its many therapeutic uses, it is noteworthy to note its use as a probiotic and promoting absorption of calcium.<sup>36</sup> *Onopordum acanthium* contains alkaloids, flavone glycosides,<sup>37</sup> aesculin (a very toxic saponin to humans and animals), tannins, and other bitter chemicals. Some chemical components of selected thistles are shown in the Figure 1.

## ■ EXPERIMENTAL DETAILS

### Logistics

The workshop was carried out by four groups of seven students spread over four different weeks. The experiment was divided into three parts: preparation of plant extracts, the assay on cell growth, and the assay on weeds in greenhouse crops.

#### Part I: Extraction

In the first part, each group of students prepared extracts from the five species using water as the extraction medium to emulate natural conditions and also to avoid the risk involved in using organic solvents. Each group used different extraction conditions (see Table 1; details are in the Supporting

**Table 1. Extraction Conditions Used by Each Group**

Group	Plant Dry Weight/g	Water Volume/mL	Conditions	Time	Selected Extracts
I	50	450	Maceration	24 h	<i>Onopordum acanthium</i>
II	50	450	Ultrasound <sup>a</sup>	25 min	<i>Scolymus hispanicus</i>
III	50	450	Ultrasound <sup>b</sup>	25 min	<i>Onopordum acanthium</i>
IV	50	450	Ultrasound <sup>b</sup>	10 min	<i>Cynara cardunculus</i>

<sup>a</sup>Output amplitude 100% duty cycle 0.5. <sup>b</sup>Output amplitude 100% duty cycle 1.0.

Information). The resulting extracts were filtered and subsequently 1:5 and 1:10 dilutions were prepared, in addition to the undiluted sample (1:1), for the following steps. Thus, three different concentrations were tested from each species and therefore the activity and the concentration effects could be evaluated. The first level of assay was the coleoptiles bioassay, which is also known as the general activity bioassay. This bioassay carried out on undifferentiated cells of plant tissue, where cell elongation is measured at 24 h.

In this part, students used basic techniques that are common in laboratory work: vacuum filtration, gravity filtration, use of volumetric glassware and pipets, and so forth.

#### Part II: Assay on Cell Growth

In the second part, each group of students screened the plant extracts to assess the best candidate for allelopathic activity. This screening involved a general activity bioassay (coleoptiles

bioassay),<sup>24</sup> which allowed the rapid identification (24 h) of the extract(s) that had an effect on cell growth. A total of five plant extracts were used at three different concentrations with three replicates for each concentration. The coleoptiles were measured by applying digital photography (Photomed). Data were statistically analyzed using Welch's test.<sup>38</sup> Each group of students selected the species that showed the highest activity according to its extraction method. The results were represented graphically in a way that shows the activity of each of the extracts versus the control (weed growth without extract added). Also, in each experiment, the extract that showed a more regular activity profile was selected, that is, the extract in which activity was maintained at lower concentrations. In this bioassay, students used statistical concepts applied to science to interpret results and to draw conclusions.

#### Part III: Assay on Weeds in Greenhouse Crops

In the third part, the assessment of the activity of selected extracts as potential natural herbicides was carried out in a series of experiments conducted in the research greenhouse. The assays on the growth of weeds were performed by controlling different factors: light, humidity, temperature, and irrigation system.

The weeds used in the different experiments are common in commercial crops: *Avena fatua*, *Lolium rigidum*, and *Echinochloa crus-galli*. These weeds are harmful to crops of global importance such as rice, corn, and wheat. The test was carried out on weed seedlings planted previously by the students in hydroponic systems. The activity under investigation can be assessed in numerous different ways, including quantification of the chlorophyll content of seedlings or measurement of the fresh weight, among others. In these experiments, the activity was evaluated by weighing the seedlings and comparing them with a control. The results were examined graphically by plotting the activity of each weed.

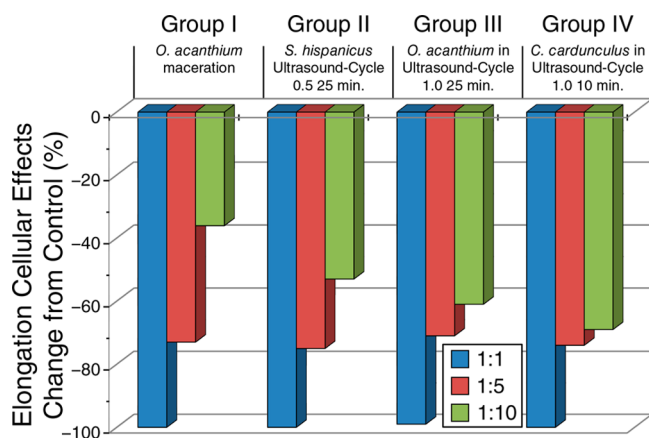
## ■ HAZARDS

Students worked with aqueous solutions and wore lab coats, protective gloves, and eye protection, as prescribed in the health and safety protocol. Advice was provided and special attention was paid when students worked with cutting material and glassware. Waste was disposed of according to the guidelines for laboratory hazardous waste management.

## ■ RESULT AND DISCUSSION

Each group of students carried out the assay on cell growth with the five extracts (data for each group is available in the Supporting Information) and selected the most active species based on their own criteria. A description of the conditions used in this test and the overall results are given in the Supporting Information. The activity data for the selected species measured by each group are shown in Figure 2. Results are presented as percentage differences from the control. Thus, zero represents the control, positive values represent stimulation of the studied parameter, and negative values represent inhibition. This means that if control coleoptiles growth is 4 mm and the treatment coleoptiles growth is 2 mm, the products contained in the extracts caused 50% growth inhibition. In contrast, if the coleoptiles with the treatment grow 6 mm, the products caused 50% growth stimulation.

Each group of students subsequently took the selected extract to the next level of bioassay, that is, hydroponics in the greenhouse. Each student group tested their choice of extract

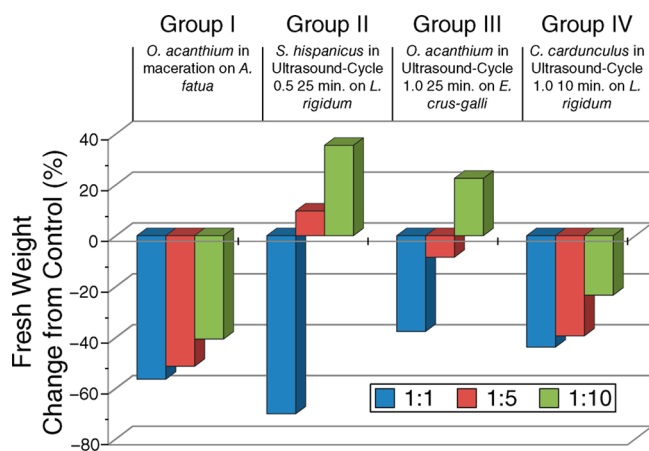


**Figure 2.** Cell growth inhibition showed by the best extract selected from each group of students.

on all three weeds. Prior to the assay, three weed seedlings were grown for 10 days with glass beads as the solid support and using Hoagland's salt as the nutrient. The extract was then added to the weed seedlings, and after 7 days the observed effect was evaluated. After growth, plants were collected and weighed to determine the fresh weight of plant material. Percentage of activity is given by the formula:

$$\% \text{activity} = \frac{\text{fresh weight}_{\text{extract}} - \text{fresh weight}_{\text{control}}}{\text{fresh weight}_{\text{control}}} \times 100$$

At this stage, the work of two consecutive groups overlapped. Thus, the cultivation of seedlings by one group was used by the following group to determine the herbicidal effect. Thus, each group evaluated the activity of the extract of the previous group. The results for the best extracts tested in the greenhouse from each group are represented in Figure 3 (all the student data are available in the Supporting Information).



**Figure 3.** Growth weed inhibition showed in the greenhouse bioassay by the best-selected extracts.

## CONCLUSIONS

Upon completion of the workshop, all participants had performed a screening of different plants from the region, evaluating their use as alternative herbicides to synthetic ones. The students also had the opportunity to recognize the macroscopic effects that the selected extract had on weeds.

These experiments enabled the students to gain an overview of each of the steps carried out for the development of natural product-based herbicides. Among other properties, it is expected that these natural product-based herbicides have more novel chemical structures, in this case, with guaianolide skeletons<sup>39</sup> (since these are the most abundant on this plant species); show novel modes of action;<sup>40,41</sup> are more compatible with the environment; and help to solve one of the main problems faced today, that is, herbicide resistance. Students became familiar with a research laboratory and the working methods used in this field and also gained an understanding of the costs of the materials and equipment required to perform this task with precision and rigor. In addition, the students learned to use techniques and instruments, to practice collaborative learning, and to make decisions throughout the process by reasoning. Even more importantly, the process was carried out within a friendly and stress-free atmosphere.

A summary of the student survey conducted by FECyT after the workshop is available in the Supporting Information. Over 90% of students stated that they would repeat the experience and over 80% said that it increased their interest in science.

## ASSOCIATED CONTENT

### Supporting Information

Detailed procedures with comments and pictures, tables and figures of the biological activity results, and student survey results. This material is available via the Internet at <http://pubs.acs.org>.

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### Notes

The authors declare no competing financial interest.

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