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Predictive Value of p53 Mutations Analyzed in Bladder Washings for Progression of High-Risk Superficial Bladder Cancer¹

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ABSTRACT

To assess the value of p53 mutations in predicting the progression of superficial bladder cancer [transitional cell carcinoma (TCC)] and to define exactly when p53 mutations occur in the process of tumor progression, 80 consecutive bladder washings from 26 high-risk (indicated by quantitative karyometric analysis) superficial TCC patients were examined by single-strand conformation polymorphism. Six of 13 patients who experienced clinical progression (progression to T₂ or higher) were found to have a p53 mutation in one or more of their bladder washings. In the control group (no progression to invasive disease), only 1 of 13 patients had a p53 mutation. For these high-risk superficial TCC patients, the occurrence of a p53 mutation has a positive predictive value of 86% for the progression of disease. A negative predictive value of 63% was observed. Moreover, because p53 mutations were found in samples prior to progression (mean, 8 months), they could identify patients who need changes in their treatment strategies to prevent progression to invasive disease. Despite these promising results, it is obvious that to increase not only the positive predictive value but especially the negative predictive value of this procedure to predict progression, additional prognostic markers are still needed.

INTRODUCTION

TCC¹ is the most common histological type of bladder cancer, presenting with a wide spectrum of clinical and pathological appearances. Superficial TCC accounts for approximately 80% of all newly diagnosed tumors in the bladder (1). Thirty to 90% of these tumors will recur, depending on stage, grade, multifocality, and treatment modality; however, only 10–25% become invasive or metastasize during the course of

the disease (2, 3). Early identification of patients whose superficial bladder tumors will progress is very important, because changes in their treatment strategies can have a major impact on the outcome of disease. The morbidity of cystectomy, which at the moment is the only treatment to prevent progression to invasive disease, emphasizes the urgent need for markers that identify patients at risk for tumor progression.

The p53 tumor suppressor gene, located on chromosome 17p13.1, is known to be involved in the development of bladder cancer. The p53 protein plays a role as a transcriptional regulator (4, 5) and is involved in the control of the cell cycle at the G₁ to S-phase transition (6, 7). In case of DNA damage, p53 can delay the progression through the cell cycle to permit DNA repair (5) or can initiate programmed cell death (apoptosis; Ref. 8). The loss of p53 regulatory functions can result in replication of incorrect DNA, leading to increased genetic instability (9). Allelic deletions of 17p were predominantly observed in invasive bladder tumors and, to a lesser extent, in high-grade superficial TCC but were absent in low-grade T_a tumors (10–12). Mutations in the p53 tumor suppressor gene frequently occur in bladder cancer and appear to correlate with grade and stage (13–15). The relatively high frequency of p53 mutations in T₂–T₄ tumors compared with that in T₁ tumors suggests their involvement in the progression of T₁ tumors to invasive disease (16). However, the exact point at which p53 mutations occur during tumor progression from superficial (T_a) tumors to lamina propria invasive (T₁) and muscle invasive (T₂–T₄) tumors is still unclear.

From a large prospective study in which approximately 3000 bladder washings were investigated by quantitative karyometric analysis (17), we selected 26 patients who were indicated to be high risk (*i.e.*, suspected for recurrences) on basis of this analysis. We studied the value of p53 mutations as an additional prognostic marker in this group of high-risk superficial TCC patients, using PCR-SSCP analysis. To define when p53 mutations occur during the natural history of these tumors, we analyzed consecutive bladder washings from the same patients.

MATERIALS AND METHODS

Specimens. Eighty consecutive bladder-washing specimens from 13 patients with high-risk superficial TCC who underwent clinical progression to invasive disease (pT₂–T₄) and 13 patients (age, sex, and follow-up matched) who did not experience progression were analyzed. The bladder washings were obtained from a large prospective study in which bladder washings of patients were collected for quantitative karyometric analysis (17). The bladder washings were collected just before the transurethral resections were done. If patients were diagnosed with superficial TCC, bladder washings were collected and analyzed with 3–12-month intervals. All patients were designated as having high-risk superficial TCC on the basis of quantitative karyometric analysis (17) and having intermediate

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³The abbreviations used are: TCC, transitional cell carcinoma; SSCP, single-strand conformation polymorphism; pT₂–T₄, progression to T₂ or higher; CIS, carcinoma *in situ*.

Table 1 Clinical and pathological^a data correlating with bladder washings of high-risk superficial TCC patients with and without progression of disease

	Progression	No progression
Stage		
T _a	6	5
T _a + CIS		1
T ₁	3	4
T ₁ + CIS	2	2
CIS	2	1
Grade		
1	1	
2	4	6
3	6	6
Age (mean, yr)	69.1	65
Sex ratio (male:female)	11:2	11:2
Follow-up		
Mean (mo)	50.5	53.9
Range (mo)	13-91	31-83

^a Pathological data at the moment of first quanticyt sample; in case no pathological data are present, the previous diagnosis is taken into account.

or high-risk superficial TCC by calculating their prognostic index score based on tumor stage, multicentricity, recurrence rate, and number of bladder areas involved (18). All patients received optimal intravesical therapy (e.g., *Bacillus Calmette-Guérin* instillations) as soon as they were considered to have high-risk superficial bladder tumors. Clinical and pathological data for the high-risk patients are summarized in Table 1.

The bladder was washed with 50 ml saline that was immediately mixed with an equal volume of Carbowax (50% ethanol and 2% polyethylene glycol 1500) for fixation. After centrifugation, the supernatant was decanted, and the pellet was resuspended in 3 ml Carbowax and stored at -20°C.

For DNA isolation, 150 µl bladder-washing material were centrifuged for 5 min at 13000 rpm. After decanting the supernatant, the pellet was washed two times with a mixture of acetone:methanol (1:1). Subsequently, the cells were lysed in 50 µl lysis buffer [10 mM Tris-HCl (pH 8.8), 400 mM NaCl, 2 mM EDTA, 0.45% Tween 20, and 0.45% NP40] with 0.5 µg/µl proteinase K for 1 h at 60°C. Proteinase K was inactivated by boiling the sample for 5 min.

PCR-SSCP. PCR-SSCP analysis was performed to investigate p53 mutations in exons 5-9 (19). Exons 8 and 9 were amplified together. The intron primers for amplification were: exon 5, sense, 5'-TCA CTT GTG CCC TGA CTT-3'; antisense, 5'-GAG GAA TCA GAG GCC TGG-3'; exon 6, sense, 5'-GAG ACG ACA GGG CTG GTT-3'; antisense, 5'-GAG ACC CCA GTT GCA AAC-3'; exon 7, sense, 5'-CCA AGG CGC ACT GGC CTC-3'; antisense, 5'-GCG GCA AGC AGA GGC TGG-3'; and exons 8 and 9, sense, 5'-CCT TAC TGC CTC TTG CTT C-3'; antisense, 5'-AAA CTT TCC ACT TGA TAA-3'.

A 2-µl aliquot of bladder-washing DNA solution was subjected to 40 cycles of PCR: 0.5 min at 95°C; 2 min at 55°C; and 1.3 min at 72°C.

Exons 5, 6, 8, and 9 were amplified in a 50-µl solution containing 50 mM KCl, 10 mM Tris-HCl (pH 8.8), 1.75 mM MgCl₂, 250 µM deoxynucleotide triphosphates, 10 pmol of each primer, 3 µCi [α -³²P]dATP, and 1.5 units *Taq* polymerase

(Perkin Elmer, Norwalk, CT). Exon 7 was amplified in the same buffer containing 1.4 mM magnesium chloride.

Five µl of the PCR product were diluted in 15 µl loading buffer (96% formamide, 20 mM EDTA, 0.05% bromophenol blue, and xylene cyanol), boiled for 3 min, and then quenched (10 min) on ice before loading (2 µl/lane). Each sample was applied to a 5% polyacrylamide (49:1)/Tris-borate EDTA (0.5×) gel with 10% (v/v) glycerol. Subsequently, electrophoresis was performed at room temperature for 16 h at 6 W (exons 8 and 9) and 5 W (exons 5-7).

Sequence Analysis. Sequencing of the double-stranded PCR products that showed a mobility shift on the SSCP gel was performed as described previously (20). Direct sequencing of the amplified product was performed if the intensity of the mutant DNA fragment was $\geq 50\%$ of the wild-type DNA fragment. Whenever the intensity of the shifted DNA fragment was $\leq 50\%$, we excised the mutant fragment from the polyacrylamide gel, and the gel piece was immersed in 100 µl 20 mM Tris (pH 8.0)-1 mM EDTA solution and heated at 80°C for 15 min. The extract was briefly vortexed and incubated overnight at 4°C. After brief centrifugation, 10 µl of the supernatant were subjected to PCR reamplification for 45 cycles.

Before sequencing, the amplified PCR products were subjected to electrophoresis on a 2% low-melt agarose gel and further purified with the Magic Preps DNA purification system (Promega, Madison, WI). For sequencing in the AmpliCycle system (Perkin Elmer), we used internal primers: exon 5, sense, 5'-TGT CTC CTT CCT CTT CCT AC-3'; exon 6, sense, 5'-GGT CCC CAG GCC TCT GAT TC-3'; exon 7, sense, 5'-TCT TGG GCC TGT GTT GTC TC-3'; exon 8, sense, 5'-TTG CTT CTC TTT TCC TAT CC-3'; and exon 9, sense, 5'-CAC CTT TCC TTG CCT CTT TC-3'.

Electrophoresis was performed on a 6% polyacrylamide (19:1) gel containing 7 M urea.

RESULTS

SSCP Analysis. PCR-SSCP analysis of exons 5-9 was performed on DNA isolated from bladder washings. Fig. 1A, Lanes 5 (case 3) and 6 (case 6), shows, next to the wild type DNA fragments corresponding to exon 6, a clear mobility shift. The intensity of the wild-type DNA fragments compared with the mutated fragment could most likely be explained by the presence of normal cells (wild-type p53 phenotype) in the bladder washing. Fig. 1B, Lane 6 (case 9), shows a clear mobility shift of the DNA fragment corresponding to exons 8 and 9 that were amplified together. The intensity of the mutated DNA fragment implies that in most cells in this bladder washing, the p53 gene is mutated. Fig. 1C shows the sequence analysis result of the antisense strand of exon 6 (case 3); a transition from a T to a C is shown at codon 205, resulting in a change of a T to an L. Mobility shifts were observed in eight patients (Table 2). Mutations were found once in exon 5, two times in exon 6, and four times in exon 8. In one patient (case 1), two different mutations were detected in the consecutive bladder washings analyzed. A different mobility shift was observed by SSCP analysis, in concordance with the different nucleotide change. We found four transitions, G to A three times and A to G once, and three transversions, T to G once and G to C twice. In case 5, the known polymorphism in codon 213 of exon 6 (21) was

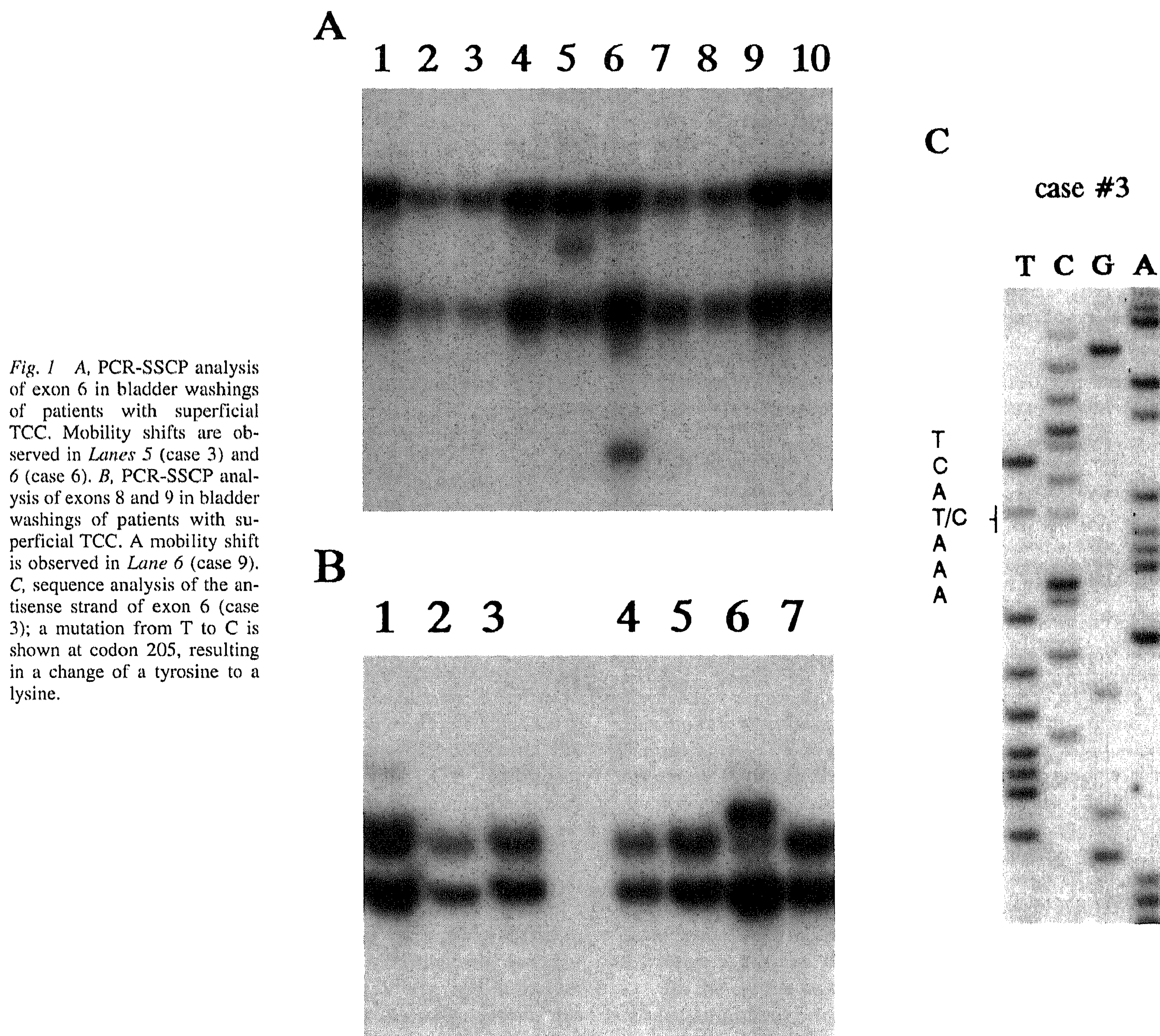


Fig. 1 A, PCR-SSCP analysis of exon 6 in bladder washings of patients with superficial TCC. Mobility shifts are observed in *Lanes 5* (case 3) and *6* (case 6). B, PCR-SSCP analysis of exons 8 and 9 in bladder washings of patients with superficial TCC. A mobility shift is observed in *Lane 6* (case 9). C, sequence analysis of the antisense strand of exon 6 (case 3); a mutation from T to C is shown at codon 205, resulting in a change of a tyrosine to a lysine.

detected. The identified point mutation, *i.e.*, an A to G transversion, did not result in an amino acid change (Table 2).

Correlation of *p53* Mutation and Progression of Disease. To assess the additional prognostic value of *p53* mutations for superficial TCC indicated as high risk on the basis of quantitative karyometric analysis, *p53* mutations were analyzed in bladder washings of 26 patients (Table 2). *p53* mutations were found in 6 (46%) of 13 patients with progressive superficial bladder cancer (Table 2A). One (7.7%) of 13 patients with no progression of disease (23-month follow-up; Table 2B) showed a *p53* mutation. The positive predictive value of *p53* mutations for progression of high-risk superficial TCC was 86% (6 of 7). The observed negative predictive value was 63% (12 of 19).

To assess when *p53* mutations occur during the process of tumor progression, consecutive bladder washings from the same patient were analyzed. The occurrence of a *p53* muta-

tion during the course of the disease in individual patients ($n = 7$) is summarized in Fig. 2. Of these seven patients, six showed progression. It is noteworthy that the *p53* mutations were detected in bladder washings a mean of 8 (range, 4–14) months before progression to invasive disease. From two patients (cases 2 and 4), no bladder washings were available from the first period of disease (58 and 6 months, respectively). The first analyzed sample showed in both cases a mutation, followed by progression to invasive disease after 9 and 5 months, respectively. In two patients (cases 3 and 9), first the wild-type genotype was found. Within 12 and 9 months, respectively, a mutation was detected, followed by the occurrence of an invasive tumor 7 and 9 months later. In two patients (cases 1 and 6), mutated *p53* was detected at first diagnosis, followed by progression to invasive disease after 14 and 4 months, respectively. In only one patient (case 15)

Table 2 p53 mutations analyzed (PCR-SSCP) in consecutive bladder washings of patients with superficial bladder cancer

Case	yr ^a	Stage/Grade ^b	p53 mutation ^c	Amino acid change	Case	yr ^a	Stage/Grade ^b	p53 mutation ^c	Amino acid change
A, patients with progression of disease (high risk)					B, patients without progression of disease (high risk)				
1	1990	A/1	Exon 8	Codon 285/GAG → AAG/glu → lys	13	1992 1994	A/2 2/3	Normal nd	
	1992	2/3	Exon 8	Codon 281/GAC → CAC/asp → his					
2	1992	1/3	Exon 5	nd	14	1991	Recurrences	Normal	
	1993	1/2B, CIS	Normal			1991	Recurrences	Normal	
	1993	2/2	nd			1992	A/1	Normal	
3	1990	A/2	Normal			1994	Papillary multiple	Normal	
	1991	A/2	Normal		15	1991	1/3	Normal	
	1991	1/2B	Normal	Codon 205/TAT → TGT/tyr → lys		1992	NR	Normal	
	1991	1/3, CIS	Exon 6	Codon 205/TAT → TGT/tyr → lys		1993	NR	Exon 8	Codon 280/AGA → ACA/arg → thr
	1992	4/3	Exon 6			1994	A/3, CIS	Exon 8	Codon 280/AGA → ACA/arg → thr
4	1993	1/3, CIS	Exon 8	Codon 273/CGT → CAT/arg → his		1994	NR	Normal	
	1994	>2/3	Exon 8	Codon 273/CGT → CAT/arg → his	16	1990	A/2B	Normal	
5	1990	CIS	Exon 6 ^d	Codon 213/CGA → CGG/arg → arg		1991	A/3, CIS	Normal	
	1991	NR	Exon 6	nd		1992	1/3	Normal	
	1992	atypia	Exon 6	Codon 213/CGA → CGG/arg → arg	17	1990	A/2A	Normal	
	1992	4a/2-3	Exon 6	Codon 213/CGA → CGG/arg → arg		1991	1/3	Normal	
						1993	A/2B	Normal	
						1994	A/2A, CIS	Normal	
						1994	Papillary multiple	Normal	
6	1991	CIS	Exon 6	Codon 194/CTT → CGT/leu → arg	18	1990	A/2B	Normal	
	1991	2/3	Normal ^e			1991	NR	Normal	
7	1992	NR	Normal			1993	1/2, CIS	Normal	
	1993	NR	Normal		19	1991	A/2A	Normal	
	1994	CIS	Normal			1993	NR	Normal	
	1994	1/3, CIS	Normal		20	1990	1/2B	Normal	
	1994	4a/3	nd			1991	1/2B	Normal	
8	1991	NR	Normal		21	1991	1/2B, CIS	Normal	
	1992	1/3	Normal			1992	NR	Normal	
	1992	2/3	Normal			1994	A/3	Normal	
9	1993	1/3, CIS	Normal		22	1992	1/2, CIS	Normal	
	1993	NR	Normal			1992	1/2, CIS	Normal	
	1994	CIS?	Exon 8	nd	23	1992	A/3, CIS	Normal	
	1994	CIS?	Exon 8	Codon 280/AGA → AAA/arg → lys		1993	NR	Normal	
	1994	NR	Normal			1993	NR	Normal	
	1994	2/3	Normal		24	1992	NR	Normal	
10	1992	NR	Normal			1992	Tumor	Normal	
	1994	NR	Normal			1993	NR	Normal	
	1994	≥2	Normal			1994	NR	Normal	
11	1991	A/2	Normal		25	1992	NR	Normal	
	1993	sq. metaplasia	nd			1994	NR	Normal	
	1993	(cystectomy; CIS + positive lymph nodes)				1994	Papillary multiple	Normal	
12	1994	1/3	Normal		26	1992	NR	Normal	
	1995	4/3	Normal			1993	NR	Normal	
						1994	NR	Normal	
						1994	Papillary lesion	Normal	

^a Year of bladder wash sampling.^b Stage and grade of concomitant tumors. NR, no abnormalities seen by cytology; sq, squamous; CIS?, suspicion for presence of CIS.^c nd, not done.^d Known polymorphism.^e Not a representative sample.

was a p53 mutation not followed by progression to invasive disease; 2 years after diagnosis, the mutated p53 was observed in the bladder washings, but until now (23 months later), no progression to invasive disease has been observed. The histological data of the tumors resected from the bladder at the moment of the first appearance of a p53 mutation in the bladder washings are shown in Table 2.

DISCUSSION

Compared with superficial TCC, invasive disease constitutes a considerably greater threat to the patient's health. Because 10–25% of cases of superficial TCC progress to invasive disease (2, 3), prediction of tumor progression is an important issue in bladder cancer management. Multifocal occurrence of bladder tumors suggests a general disease of the urothelium

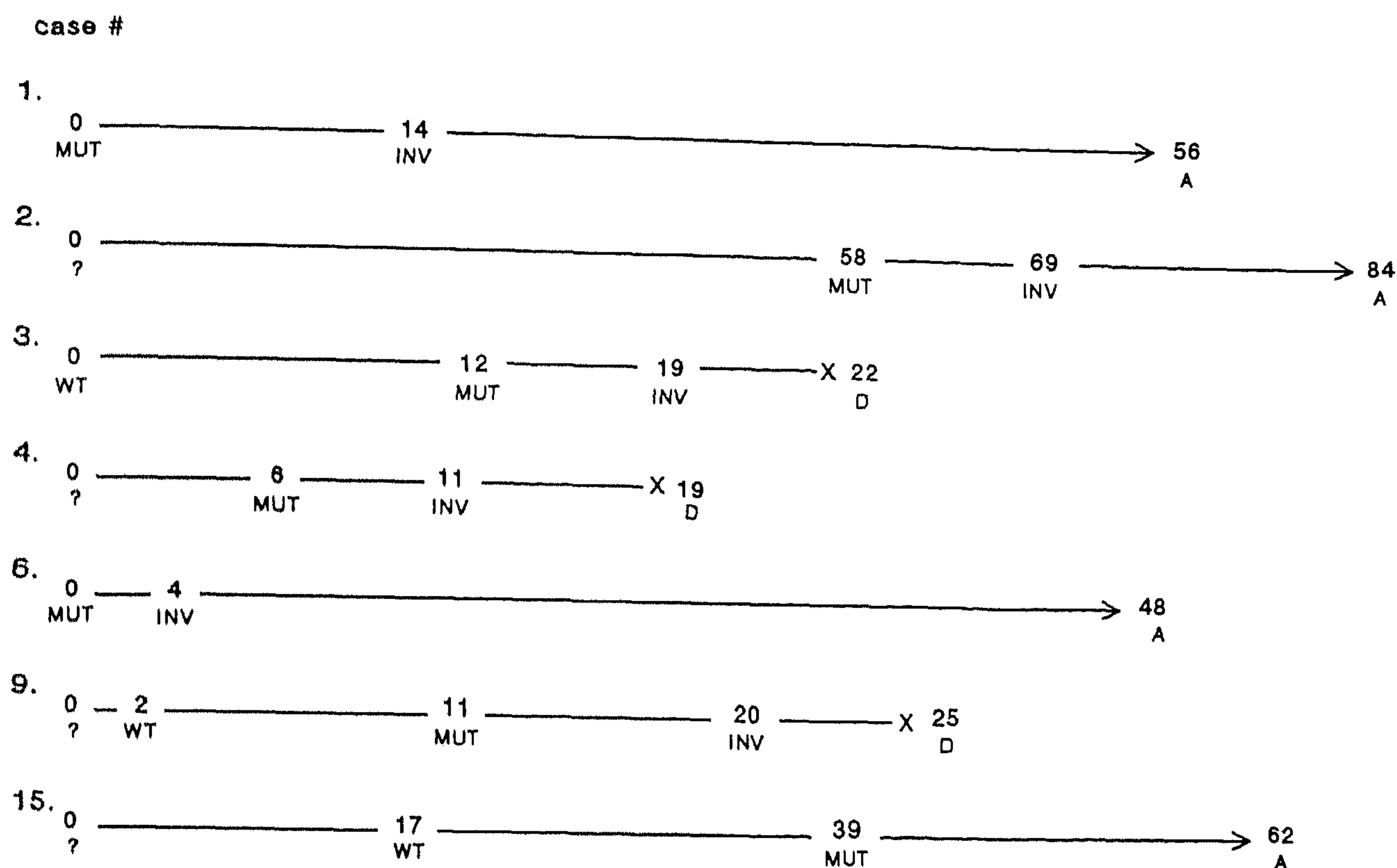


Fig. 2 Timing *p53* mutations in tumor progression cascade. 0, first diagnosis; ?, no bladder wash available; WT, wild-type *p53*; MUT, mutated *p53*; INV, occurrence of invasive tumor ($pT \geq 2$); A, alive; D, dead; time in months.

rather than a localized process. In this respect, both voided urine and bladder washings have the advantage over histological biopsies in that they reflect the general status of the bladder mucosa, because cells from the entire bladder are sampled. In 1945, Papanicolaou and Marshall had already shown that exfoliation of tumor cells in the urine is a powerful diagnostic tool for detection and grading of patients with TCC of the bladder (22). However, the sensitivity for detecting low-grade tumors and the reproducibility of this cytological grading system are disturbingly low (23). Because bladder washings enable the harvest of more and better-preserved material compared with voided urine (24, 25), van der Poel *et al.* applied quantitative karyometric analysis (2c deviation index and nuclear shape) to bladder washings to increase both the reproducibility and sensitivity of the cytological analysis (17). The sensitivity for detecting low-grade tumors increased substantially by using this analysis, and additionally, 86% of all tumor recurrences were preceded by cytoscopically negative samples with positive karyometric scores.⁴ Notwithstanding this improvement, we attempted to enhance the clinical usefulness of this screening procedure by adding an additional marker. Although mutations in the *p53* tumor suppressor gene frequently occur in bladder cancer and correlate with grade and stage (13–16), until now, it has remained unclear exactly when during the tumor progression process *p53* mutations occur. We chose to analyze mutations in the *p53* gene directly because of the more objective nature of this analysis compared with immunohistochemical studies. Despite the fact that *p53* accumulation and mutation of the *p53* gene are well correlated, in 20–30% of the cases, they appear to be separate events (26–28); therefore, there is no obligate causal relationship between mutation and protein over-expression.

Last year, Hruban *et al.* (29) showed that in the case report of Hubert H. Humphrey, a *p53* mutation was present in a urine cytology specimen 9 years before an infiltrating carcinoma of the bladder occurred. It should be noted that in this study, the mutation was first analyzed in the histological tissue, and then retrospectively, the known mutation was detected in the urine specimen. Although the method used is very sensitive, it has limited clinical relevance. In our study, we used PCR-SSCP analysis and applied it directly to bladder washings to define when *p53* mutations take place during the tumor progression process and, moreover, to assess the additional prognostic value of *p53* mutation analysis for patients who were indicated to be at high risk for recurrences on the basis of their quantitative karyometric analyses (17).

In the present study, we found *p53* mutations in the samples of all patients prior to progression, with a mean of approximately 8 (range 4–14) months. In two patients (cases 2 and 4), however, in the earlier courses of their disease, no bladder washings were done. Case 4 was diagnosed 6 months before the first mutation was found; therefore, the period between the first *p53* mutation and progression could have been, at most, 11 months. Case 2 could have had the mutation much longer, because we have no bladder-washing samples from the first 58 months of the disease. Unfortunately, because in both cases no histological specimens were available of this period of the disease, we were not able to check the *p53* status of the original tumors. In only one patient (case 15) has the appearance of a *p53* mutation not yet been followed by progression to invasive disease (23-month follow-up).

A drawback of analyzing *p53* mutations in bladder washings is illustrated by the absence or low number of mutated *p53* cells in the bladder-washing specimens of cases 6 and 9 in the presence of concomitant invasive tumors. The existence of the same *p53* mutation, as detected in the previously analyzed bladder washings, was in both cases confirmed in the invasive tumors by analyzing the histological material (data not shown).

⁴ H. G. van der Poel, unpublished data.

The invasive growth of the tumor most likely prevented the release of mutated p53 cells into the bladder washing.

We observed identical p53 mutations in the consecutive bladder washings of four patients, which is in favor of the theory of the clonal origin of bladder tumors (30). However, there was one exception (case 1) in which we found different p53 mutations in the individual bladder washings. These results are in agreement with the observed different p53 gene mutations in CIS or dysplasia and consecutive invasive tumors in two patients in a previous study (10). Although different p53 mutations do not absolutely prove that the clones are independent, they could indicate tumors that resulted from two independent transforming events. Six of 13 patients that clinically progressed ($pT \geq 2$) showed p53 mutations in one or more of their bladder washings. In the control group (no progression), only 1 of 13 patients showed a p53 mutation. In the group of superficial TCC patients at risk for recurrence, the occurrence of a p53 mutation has a positive predictive value for progression to invasive disease of 86%. We observed a negative predictive value of 63%. This low negative predictive value implies that, although a p53 mutation indicates a malignant potential for the tumor, the absence of a p53 mutation does not guarantee a good prognosis, which we have already demonstrated for invasive bladder tumors (15). Other mechanisms as well can lead to tumor progression, and these may override or bypass the function of p53, e.g., the epidermal growth factor receptor (31–33), E-cadherin (34, 35), or MDM2 expression (36).

Despite the positive predictive value of 86%, the occurrence of a p53 mutation is not an absolute sign for progression of disease. Whenever a high karyometric score is observed in a bladder washing of a superficial TCC patient, this is an indication for both a careful follow-up (at least every 3 months) and p53 mutation analysis. As a control experiment, we also analyzed 35 bladder washings with low karyometric scores for the presence of p53 mutations; in this group, no p53 mutations were detected (data not shown). The occurrence of all p53 mutations in the group of patients with a high 2c deviation index value (abnormal DNA content) suggests a link between p53 dysfunction and genomic instability (15, 37, 38). The combination of a high karyometric score and a p53 mutation identifies patients with a high probability of progression to invasive disease within a relatively short time period (approximately 8 months). However, 54% of the high-risk patients without demonstrable p53 mutations progress to invasive disease. Summarizing these data, it is obvious that more prognostic markers are needed to increase not only the positive predictive value but especially the negative predictive value of this screening procedure. Our choice to study p53 mutations by SSCP does not exclude the usefulness of p53 immunohistochemistry on bladder washings, especially because it is more accessible as a diagnostic tool. We are currently studying the predictive value of p53 overexpression analyzed by immunohistochemistry in bladder washings for progression of superficial TCC.

For a group of superficial TCC patients indicated to be high risk based on karyometry (17), the occurrence of a p53 mutation has positive predictive value for disease progression. Moreover, because p53 mutations were found in samples prior to documented progression, their presence could identify patients who need changes in their treatment strategies to prevent progression

to invasive disease. The clinical usefulness of p53 mutations as markers with additional predictive value should now be assessed in a large prospective study.

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