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1 **Applying the cultural ratchet to a social artefact: The cumulative cultural evolution of**  
2 **a language game.**

3  
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12

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22

**ABSTRACT**

23 Material artefacts evolve by cumulative cultural evolution - the accumulation of  
24 adaptive modification over time - but it is not known if this process also applies to social  
25 artefacts. Using a large scale experimental study (N=408) that simulates  
26 intergenerational transmission, we tested for the cumulative cultural evolution of a  
27 social artefact. Specifically, we demonstrate the cumulative cultural evolution of what  
28 *Wittgenstein* calls a 'language game'; in the context of our study, the use of an  
29 increasingly effective subset of language for conveying routes on a map. Over  
30 experimental generations, participants progressively reproduced the routes with higher  
31 precision. This progressive improvement in route reproduction precision was driven by  
32 cultural inheritance plus the accumulation of adaptive modifications to the language  
33 game. Observation-based social learning was sufficient for the cumulative cultural  
34 evolution of the language game, but the precision of the language game was enhanced  
35 by teaching, a collaborative form of social learning.

36

## INTRODUCTION

37 Over time material cultural has become better adapted for purpose. This is seen in the  
38 progressive improvement of the hammer, evolving from a crudely shaped pounding  
39 stone to a stone-and-stick composite to its modern-day metal and mechanical forms<sup>1</sup>.  
40 This historical process is known as cumulative cultural evolution; the accumulation of  
41 adaptive modifications over time<sup>2,3</sup>. Cumulative cultural evolution has also been  
42 demonstrated under controlled laboratory conditions<sup>4-6</sup>. However, these studies have  
43 been exclusively concerned with the cultural evolution of material artefacts. This paper  
44 adopts a similar experimental methodology to study the cumulative cultural evolution of  
45 a social artefact. More specifically, we demonstrate the cumulative cultural evolution of  
46 a 'language game'<sup>7</sup>; the use of an increasingly effective subset of language for conveying  
47 routes on a map.

48 First, we review the literature on the cumulative cultural evolution of material  
49 and social artefacts. Next, we consider the social learning strategies important to  
50 cumulative cultural evolution, and the laboratory experiments designed to test their  
51 influence. We then explain the present study and report its findings.

52

### *Cumulative Cultural Evolution of Material and Social Artefacts*

54 Cumulative cultural evolution occurs when the achievements of prior generations are  
55 built upon by subsequent generations to create complex products that no single  
56 individual could invent on their own. While great apes have cultural traditions, these  
57 have remained simple, and lack the progressive adaptation that is pervasive across the

58 human lineage<sup>8,9</sup>. This suggests that the capacity to accumulate culture relies on social  
59 learning mechanisms that are uniquely human<sup>3,10</sup>. Cumulative cultural evolution is  
60 thought to rely on innovation together with the faithful transmission of the cultural  
61 artefact<sup>2,3</sup>. High fidelity transmission is essential to ensure that artefacts (material or  
62 social) survive long enough to acquire further adaptive modifications, or 'ratchet up'<sup>11</sup>.

63         The literature on cumulative cultural evolution has tended to focus on the  
64 functional adaptation of material artefacts, such as clothing<sup>12</sup>, stone tools<sup>13</sup> and  
65 kayaks<sup>14</sup>. This process has been simulated under laboratory conditions<sup>4-6</sup>. In one study  
66 human participants tried to build a paper plane that flew as far as possible, or a  
67 spaghetti tower that was as tall as possible<sup>4</sup>. Participants were arranged into  
68 transmission chains, where each participant learned from observing the previous  
69 participant's artefact (paper plane or spaghetti tower). Simulating intergenerational  
70 transmission in this way is frequently done to study cultural transmission<sup>15,16</sup>.  
71 Cumulative cultural evolution was observed; over generations the paper planes flew  
72 further, and the spaghetti towers became taller. The progressive improvement in the  
73 performance of the material artefacts was driven by faithful cultural transmission plus  
74 adaptive modification across the experimental generations.

75         Less attention has been paid to the cumulative cultural evolution of social  
76 artefacts such as customs and language, despite the importance of precise  
77 communication to the functional adaptation of material artifacts<sup>6,17,18</sup>. For example, it is  
78 not clear if religious practices or monetary systems have evolved by cumulative cultural  
79 evolution. Arguably, language is another type of social artifact that is subject to

80 cumulative cultural evolution<sup>19</sup>. Rather than concentrate on the language system as a  
81 whole, we concentrate instead on language use within the context of a specific activity;  
82 what *Wittgenstein* calls a language game<sup>7,20</sup>. Example language games include narrating  
83 a sports event (a monologue), engaging in a debate (a competitive dialogue) or teaching  
84 (a cooperative dialogue).

85         In the present study the ‘language game’ relates to describing a route on a map  
86 to another person, such that the route can be accurately reproduced. As we shall see,  
87 there is considerable variation in the precision of the route description language games.  
88 This can be explained in terms of differences in the content and process used to convey  
89 the routes. For example, participants can employ a variety of different description types  
90 to convey a route, including those referring to distance, direction and landmarks. While  
91 there is evidence that human communication systems become more efficient through  
92 use<sup>21-23</sup>, there is little evidence to suggest that they undergo cumulative cultural  
93 evolution (although experimental-semiotic studies with artificial languages provide  
94 some support<sup>24-27</sup>). If the language game evolves by cumulative cultural evolution this  
95 will be reflected by a progressive improvement in the precision with which the routes  
96 are reproduced across the experimental generations.

97

#### 98 *Social Learning Mechanisms for Cumulative Cultural Evolution*

99 Two broad types of social learning are considered in the present study: observation  
100 learning and teaching. Observation learning, by emulation or by imitation<sup>28,29</sup>, is social  
101 learning that is acquired by observing the behaviour of a model<sup>30</sup>. This is an individual-

102 level social learning strategy. Teaching is when two (or more) people collaborate to  
103 ensure the privileged information held by the teacher is successfully transferred, or  
104 donated, to the student<sup>31</sup>. Compared to observation learning, teaching is a more  
105 sophisticated inter-individual social learning strategy<sup>32</sup>. Whereas observation learning is  
106 sufficient for the cumulative cultural evolution of material artefacts<sup>33</sup>, teaching,  
107 especially with language, may be essential to the cumulative cultural evolution of more  
108 complex material artifacts<sup>6</sup>.

109 In the context of referential communication games, teaching trumps  
110 observation; communication success is higher among active conversationalists  
111 compared to passive observers of the same conversation<sup>34</sup>. It is argued that active  
112 participation during information exchange allows shared meanings to be mutually  
113 agreed, or grounded<sup>35</sup>. A similar pattern is observed in a multi-generational version of  
114 this task<sup>36</sup>. Here, a narrative text was reproduced with higher fidelity across 4-person  
115 transmission chains when participants could directly interact with the adjacent chain  
116 member compared to when they could not. These studies indicate that social  
117 interaction is important to transmission fidelity, a crucial contributor to cumulative  
118 cultural evolution<sup>11</sup>.

119 In the context of the present study, social interaction allows the student to  
120 negotiate a route description language game with the teacher. For example, a student  
121 might indicate uncertainty about the teacher's route description by asking a question or  
122 requesting a clarification. The teacher can then revise their earlier route description, or  
123 generate an alternative description, and this process can be repeated until the route

124 description is accepted by the student. Interactive negotiation such as this offers a  
125 mechanism through which innovations arise and are selected. In our example, the  
126 student elicits route description modifications and innovations by querying the teacher's  
127 description, and cultural selection occurs when the student accepts a route description.  
128 This negotiation process also acts a mechanism to eliminate non-adaptive route  
129 descriptions; route descriptions that are not accepted by the student are discarded.  
130 Importantly, this collaborative selection process is not available to passive observers,  
131 who must rely solely on individual inference. We predict that on complex tasks, active  
132 participation during information exchange will advantage teaching over observation  
133 learning.

134

### 135 *The Current Study*

136 We present a large-scale experimental study that tests for the cumulative cultural  
137 evolution of a language game (N=408). Participants' task was to precisely communicate  
138 a route on a map to their partner (referred to as the Instruction-Giver and Instruction-  
139 Follower), who tried to reproduce the route on their map. Participants were either  
140 allocated to an 8-person transmission chain in which they could directly interact with  
141 the Instruction-Giver (Teaching condition), or an 8-person chain where they could  
142 observe the route descriptions produced by the Instruction-Giver, but they could not  
143 directly interact with the Instruction-Giver (Observation condition). If observation  
144 learning is sufficient for the cumulative cultural evolution of the language game, then  
145 route reproduction precision will improve across generations in both conditions. If



146 teaching is important, then a cumulative improvement in route reproduction precision  
147 will only be seen in the Teaching condition, or route reproduction precision will be  
148 higher in this condition compared to the Observation condition. We predict that a  
149 cumulative improvement in route reproduction precision will be observed, but will be  
150 modulated by condition, such that teaching will confer an advantage over observation  
151 learning.

152         We then consider the cumulative cultural evolution of the language game that  
153 gives rise to the progressive improvement in route reproduction precision across the  
154 experimental generations and between the experimental conditions. It has been shown  
155 that the use of some terms positively affect performance on a joint task, whereas other  
156 terms negatively affect performance<sup>37</sup>. We first examine the content of the route  
157 descriptions, and the extent to which description terms that positively contribute to  
158 route reproduction precision accumulate, and the extent to which terms that negatively  
159 affect route reproduction precision are eliminated across the experimental generations.  
160 A benefit of teaching over observation learning is that the Instruction-Giver and  
161 -Follower can negotiate route description terms, and this may act as a selection  
162 mechanism (in addition to Instruction-Follower inference). If correct, more positive  
163 route description terms and fewer negative terms will be evident in the Teaching  
164 condition compared to the Observation condition. Next we examine the change in the  
165 process used to communicate the routes (e.g., how information is organized by  
166 Instruction-Givers). Conversation is the basic medium of human communication<sup>35,38</sup>, so  
167 we were interested in how Instruction-Givers in the Observation condition might adapt

168 the route description process to the non-interactive context. Our basic prediction is  
169 that route reproduction precision will be contingent upon the cumulative cultural  
170 evolution of the language game.

171 Our findings indicate that, like material artefacts, the language game evolved by  
172 cumulative cultural evolution; functional adaptation of the 'language-technology' led to  
173 progressive improvement in route reproduction precision across the experimental  
174 generations (both conditions). However, teaching improved route reproduction  
175 precision beyond observation. While the conditions were similar with regard to the  
176 adaptive change in the content of the language game, they differed in the process used  
177 to convey the routes.

178

179

## METHOD

180 The study received approval from the University of Western Australia Ethics Committee.  
181 Participants viewed an information sheet before giving written consent to take part in  
182 the study. The information sheet and consent form were both approved by the Ethics  
183 Committee.

184

## PARTICIPANTS

186 Four hundred and eight undergraduate psychology students (287 females) participated  
187 in exchange for partial course credit. Participants ranged in age from 18 to 57 years ( $M=$   
188 21.56,  $SD= 4.41$ ).

189

190 **TASK**

191 The Map Task is an unscripted cooperative task that typically involves two persons<sup>39</sup>.  
192 Participants' task is to precisely communicate a route on a map to their partner. The  
193 Instruction-Giver's map contains a route and between 11 to 13 landmarks (simple line  
194 drawings of lakes, cottages, telephone boxes etc.). The Instruction-Follower's map  
195 contains only the landmarks, and no route. All routes begin with a start and end point  
196 that is marked on the Instruction-Giver and Instruction-Follower's map. In prior studies  
197 using the Map Task the landmarks were labeled with their name, and the number of  
198 shared landmarks was varied. In our study, the landmarks were not named, and both  
199 participants' maps contained the same set of landmarks. Removing the landmark labels  
200 was done to increase task difficulty (in addition to communicating the route,  
201 participants would also have to agree on how label the landmarks), and having  
202 participants share the same set of landmarks was done to ensure the task did not  
203 advantage participants in the Teaching condition over those in the Observation  
204 condition. Participants were told their task was to precisely reproduce the Instruction-  
205 Giver's route on the Instruction-Follower's map.

206

207 **PROCEDURE**

208 Fifty-one eight-person transmission chains were tested. Participants were randomly  
209 assigned to a condition (Teaching, Observation; 25 and 26 transmission chains  
210 respectively) and to a position in the transmission chain (1-8).

211           In each condition the task was done in pairs. Each participant was seated at a  
212 different computer terminal and all communication took place using an Internet text-  
213 based chat program (<http://xchat.org/>). Route description information appeared on the  
214 Instruction-Follower's screen after the Instruction-Giver pressed the return key (at  
215 which point the typed instructions were sent to the Instruction-Follower). In the  
216 Teaching condition the Instruction-Follower could interact with the Instruction-Giver.  
217 Using the text-chat tool they could ask questions, seek clarification of route descriptions  
218 etc. In the Observation condition the Instruction-Follower was not permitted to use the  
219 text-chat tool; they were restricted to passively processing the Instruction-Giver's  
220 instructions as they appeared on their screen (i.e., each time the Instruction-Giver sent a  
221 'packet' of information). Thus, participants in Observation condition could not affect  
222 the route descriptions they received. The Instruction-Giver and Instruction-Follower's  
223 map was presented alongside the text-chat tool (to the right of the text-chat interface).  
224 The maps were presented as consistently-sized .gif images using the Microsoft Paint  
225 program. Using the computer mouse, the Instruction-Follower drew the route  
226 described by the Instruction-Giver onto their map. Instruction-Followers were told not  
227 to delete any part of the drawn route; if they thought they had made a mistake they  
228 were told to continue from that point.

229           Each pair of participants was given 10 minutes to complete the task, after which  
230 the reproduced routes and the text chat was saved to the local computer. The  
231 Instruction-Giver then left the experiment, the Instruction-Follower became the  
232 Instruction-Giver and a new Instruction-Follower was added. The new Instruction-Giver

233 then communicated a new route to the new Instruction-Follower. This process was  
234 recycled across each 8-person transmission chain. To minimise practice effects, and  
235 promote the evolution of a general route description language game, eight different  
236 routes were used, and routes were randomly sampled (without replacement) and  
237 randomly assigned to a position in the transmission chain (see Supplementary Materials  
238 1 - SM1 - for the 8 Instruction-Giver and Instruction-Follower maps).

239

240

## RESULTS

241 The data was analyzed using linear mixed effects modeling. All analyses were  
242 conducted in R<sup>40</sup> and models were estimated using the lmer() function of lme4<sup>41</sup>. P-  
243 values were obtained by likelihood ratio tests of the full model against the model  
244 without the predictors. All predictors were centered prior to analysis. A maximal  
245 random effects structure was specified where possible<sup>42</sup>. The variance accounted for by  
246 the best-fitting model was calculated using r.squaredGLMM() function in MuMIn<sup>43</sup>.

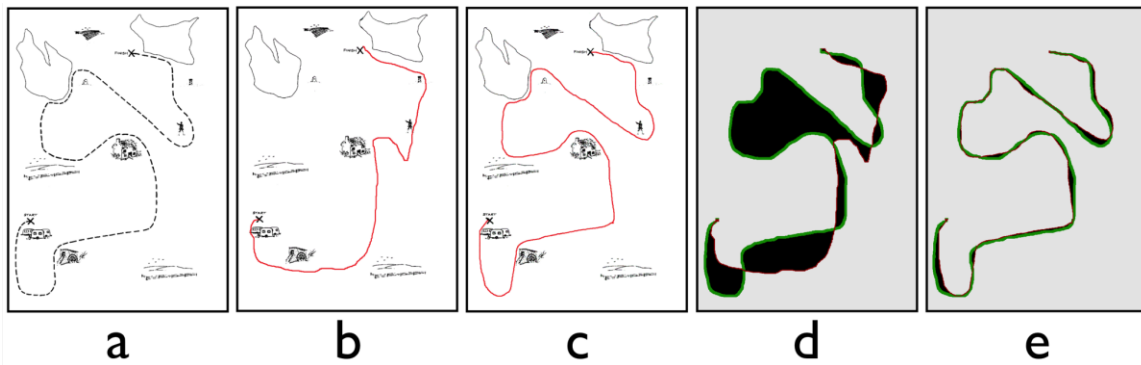
247 Section 1 tests for the progressive improvement in route reproduction precision  
248 across the experimental generations, and between the Teaching and Observation  
249 conditions. Section 2 tests for the cumulative cultural evolution of the language game  
250 that gives rise to the progressive improvement in route reproduction precision.

251

### 252 **Section 1. Progressive Improvement in Route Reproduction Precision**

253 We first quantified how far the Instruction-Follower's reproduced route deviated from  
254 the Instruction-Giver's route<sup>44</sup>. The deviation score in the present study is the number

255 of pixels between the two routes. We then subtracted the deviation score from the  
256 total pixel count for the image to give a performance measure (expressed as a  
257 percentage of pixels) where a higher value reflects a higher precision route reproduction  
258 (see **Figure 1**).



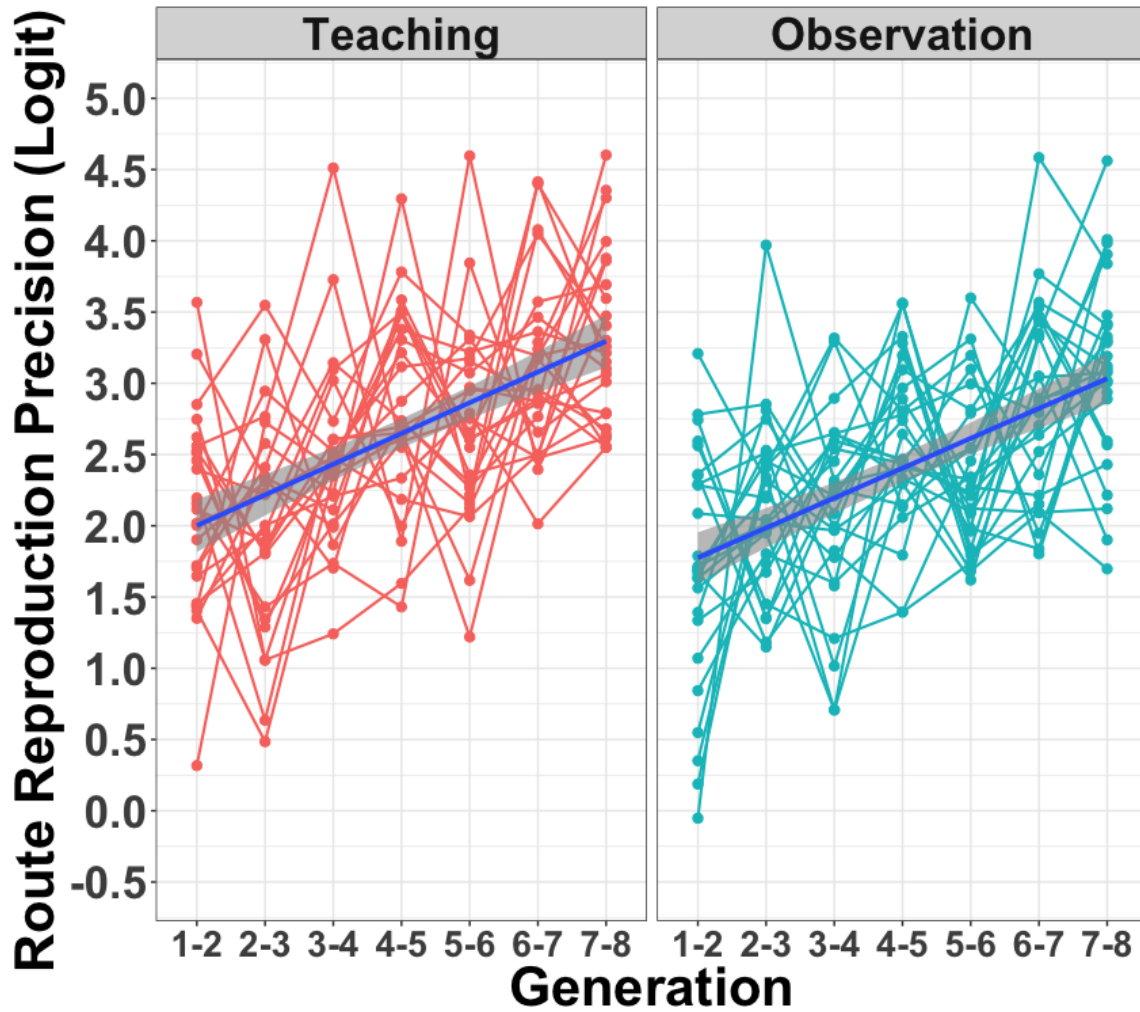
**Figure 1.** Example Instruction-Giver Map (Panel a) and the reproduced route by an  
Instruction-Follower at Generation 1-2 (Panel b) and at Generation 7-8 (Panel c) across  
two separate transmission chains (from the Observation condition). The Instruction-  
Follower's reproduced route (in red) was superimposed onto the Instruction-Giver's  
route (transformed to a solid green line). The deviation score (in pixels) was calculated  
(black area) and subtracted from the total number of pixels to give a route reproduction  
precision score (grey area; see Panel d and e). A lower deviation score returned a higher  
precision score (expressed as a percentage of total pixels). In this example, route  
reproduction precision was higher at Generation 7-8 than at Generation 1-2.

Instruction-Giver routes were progressively reproduced with higher precision by  
the Instruction-Followers across the experimental generations in both conditions. In

272 addition, the Instruction-Giver routes were reproduced with higher precision in the  
273 Teaching condition compared to the Observation condition (see **Figure 2**).

274 Route reproduction precision scores exhibited strong negative skew (-2.260) that  
275 was normalized by logit transformation (skew= -0.058)<sup>45,46</sup>. Condition (Teaching,  
276 Observation) and Generation (1-2, 2-3, 3-4, 4-5, 5-6, 6-7, 7-8) with interaction were  
277 entered as fixed effects (see SM2 for the full model specification and model output).  
278 The best fitting model specified Condition and Generation as fixed effects without  
279 interaction, accounting for 28.29% of the variance in the route reproduction precision  
280 scores. Model comparison confirmed that allowing Condition and Generation to  
281 interact did not improve model fit,  $\chi^2(1) = .105$ ,  $p = .746$ . By contrast, removing the fixed  
282 effect of Condition or the fixed effect of Generation reduced model fit,  $\chi^2(1) = 8.978$ ,  $p =$   
283  $.003$  and  $\chi^2(1) = 24.377$ ,  $p < .001$ . The same pattern of results was returned by the raw,  
284 untransformed route reproduction precision scores (see SM3).

285



286

287 **Figure 2.** Change in route reproduction precision (expressed as Logit scores, and plotted  
288 for each transmission chain) across the experimental generations in the Teaching  
289 condition and the Observation condition. The blue straight line is the linear model fit  
290 and the grey shaded area is the 95% confidence interval.

291

292 *Cultural Inheritance of Route Reproduction Precision.* For the language game to survive  
293 long enough to acquire further adaptive modifications, it must be faithfully transmitted  
294 between the experimental generations. If route reproduction precision at Generation



295 N-plus-1 is predicted by route reproduction precision at Generation N, this would be  
296 evidence of the cultural inheritance of the language game.

297         The route reproduction precision scores at Generation N-plus-1 was our  
298 dependent variable. Condition (Teaching, Observation) and the route reproduction  
299 precision scores at Generation N were entered as fixed effects with interaction (see SM4  
300 for the full model specification and model output). The best fitting model specified  
301 Condition and Generation N Performance (route reproduction precision) as fixed effects  
302 without interaction, accounting for 6.05% of the variance in route reproduction  
303 precision scores at Generation N-plus-1. Model comparison confirmed that allowing  
304 Condition and Generation N Performance to interact did not improve model fit,  $\chi^2(1)=$   
305 .409,  $p= .522$ . By contrast, removing the fixed effect of Condition or the fixed effect of  
306 Generation N Performance reduced the model fit,  $\chi^2(1)= 5.347$ ,  $p= .021$  and  $\chi^2(1)=$   
307 13.945,  $p< .001$ . As before, route reproduction precision was higher in the Teaching  
308 condition compared to the Observation condition, and route reproduction precision was  
309 predicted by the route reproduction precision of the prior generation, demonstrating  
310 cultural inheritance.

311

## 312 **Section 2. The Cumulative Cultural Evolution of the Language Game**

313 We now examine the adaptive changes in the language game that gives rise to the  
314 progressive improvement in route reproduction precision. Two mechanisms are  
315 considered: the content of what was communicated by the Instruction-Givers (Section  
316 2a) and the process used to communicate the route information (Section 2b).

317

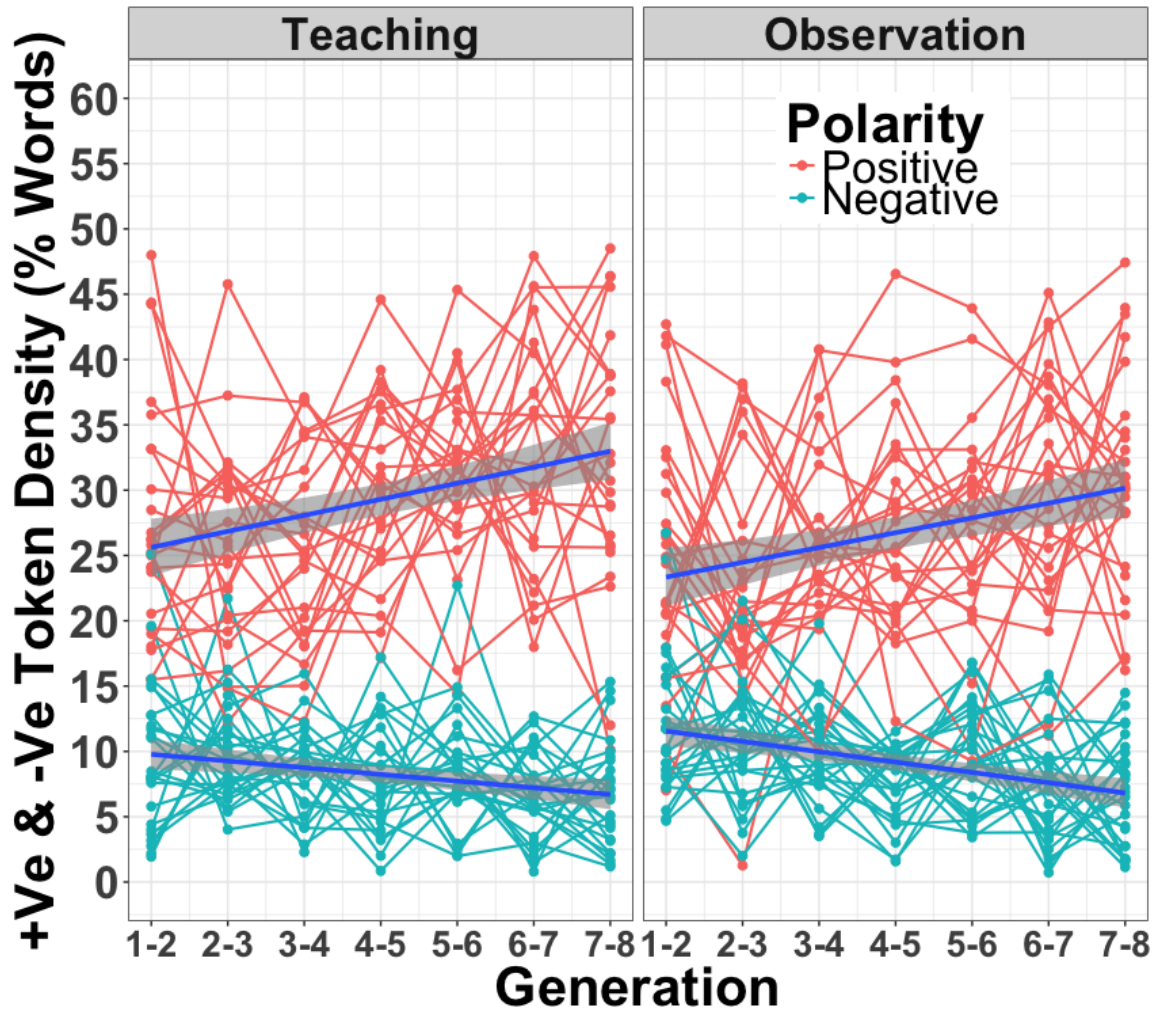
318 **Section 2a: Adaptive Change in the Content Communicated by Instruction-Givers**

319 The Instruction-Givers used a variety of description types to convey the route to the  
320 Instruction-Follower: distance (e.g., cm, close), direction (e.g., left/right, towards), shape  
321 (e.g., curve, slant), position (e.g., outer, alongside), preposition (e.g., onto, underneath),  
322 landmark (e.g., bridge, pond) and interactive feedback (e.g., ok, done). Some terms may  
323 have positively contributed to performance whereas others may have negatively  
324 affected performance. If the language game evolves by cumulative cultural evolution,  
325 then terms that positively contributed to route reproduction precision will have  
326 accumulated and terms that negatively affected route reproduction precision will have  
327 been eliminated.

328 The determination of which terms had a positive impact on route reproduction  
329 precision required three steps. First, the precision score was non-linearly scaled to fit a  
330 Normal distribution  $N(0,1)$ . Second, we assessed the performance of any term to be  
331 the log Bayes' Factor (IBF) assessing how much better the distribution  $N(0.1,1)$   
332 (predicting higher route reproduction precision) predicted the performance of pairs  
333 using the term than did the distribution  $N(0,1)$  over all scores. Any term with  $IBF > 0.2$   
334 was regarded as a positive term, as pairs using it achieved better-than-average route  
335 reproduction precision. In the same manner, IBF of  $N(-0.1,1)$  over  $N(0,1)$  was used to  
336 identify negative terms (see SM5 for details on identifying term polarity). Using Bayes'  
337 Factor allowed us to incorporate both the number of cases where a word co-occurs with  
338 a positive or negative impact and the size of its impact in a single measure.

339           Because the total number of words used to communicate the different routes  
340 was higher for Instruction-Givers in the Teaching condition compared to the  
341 Observation condition ( $M_{\text{Teaching}}= 251.49$  words,  $SD= 96.61$  and  $M_{\text{Observation}}= 200.23$   
342 words,  $SD= 69.16$ ; see SM6 for data visualization and statistical analysis), we computed  
343 the density of positive and negatively-biased tokens (positive and negatively-biased  
344 words, including repetitions, as a percentage of total Instruction-Giver words) for each  
345 Instruction-Giver at each generation. We then compared the change in the density of  
346 positive- and negatively-biased route description tokens over generations in the  
347 Teaching and Observation conditions.

348           In each condition the density of positively-biased route description tokens  
349 increased over generations, and the density of negatively-biased route description  
350 tokens decreased over generations. Instruction-Giver route descriptions in the Teaching  
351 condition were characterized by a higher density of positively-biased tokens, and a  
352 lower density of negatively-biased tokens compared to Instruction-Givers in the  
353 Observation condition (see **Error! Reference source not found.**).



354

355 **Figure 3.** Change in the density of Positive- and Negatively-biased route description  
356 tokens (as a % of total tokens/words, and plotted for each transmission chain) produced  
357 by Instruction-Givers across Generations in the Teaching and Observation conditions.  
358 The blue straight line is the linear model fit and the grey shaded area is the 95%  
359 confidence interval.

360

361 Condition (Teaching, Observation), Token Polarity (Positive, Negative) and  
362 Generation (1-2, 2-3, 3-4, 4-5, 5-6, 6-7, 7-8) with interaction were entered as fixed

363 effects (see SM7 for the full model specification and model output). The best fitting  
364 model specified Token Polarity and Generation as fixed effects with interaction plus  
365 Condition and Token Polarity as fixed effects with interaction, accounting for 69.57% of  
366 the variance in token density. Model comparison confirmed that allowing Condition,  
367 Polarity and Generation to interact did not improve model fit,  $\chi^2(2)= 0.75$ ,  $p= .689$ . By  
368 contrast, removing the interaction between either pair of fixed effects reduced model  
369 fit,  $\chi^2(1)= 25.13$ ,  $p< .001$  and  $\chi^2(1)= 4.73$ ,  $p= .029$ . The Token Polarity by Generation  
370 interaction is explained by the increase in the density of positively-biased route  
371 description tokens, and the decrease in the density of negatively-biased route  
372 description tokens over generations in each condition. The Condition by Polarity  
373 interaction is explained by the higher density of positively-biased tokens and the lower  
374 density of negatively-biased tokens in the Teaching condition compared to the  
375 Observation condition (see SM8).

376

377 *Cultural Inheritance of Positively- and Negatively-Biased Route Description Tokens.* If  
378 positively-biased route description tokens are inherited by the next generation and  
379 negatively-biased tokens are not, this would indicate the language game evolved by  
380 cultural selection.

381         Generation N Token Density, Condition and Token Polarity were entered as fixed  
382 effects with interaction (see SM9 for the full model specification and model output).  
383 The best fitting model specified Generation N Token Density and Token Polarity with  
384 interaction, accounting for 70.83% of the variance in token density at Generation N-

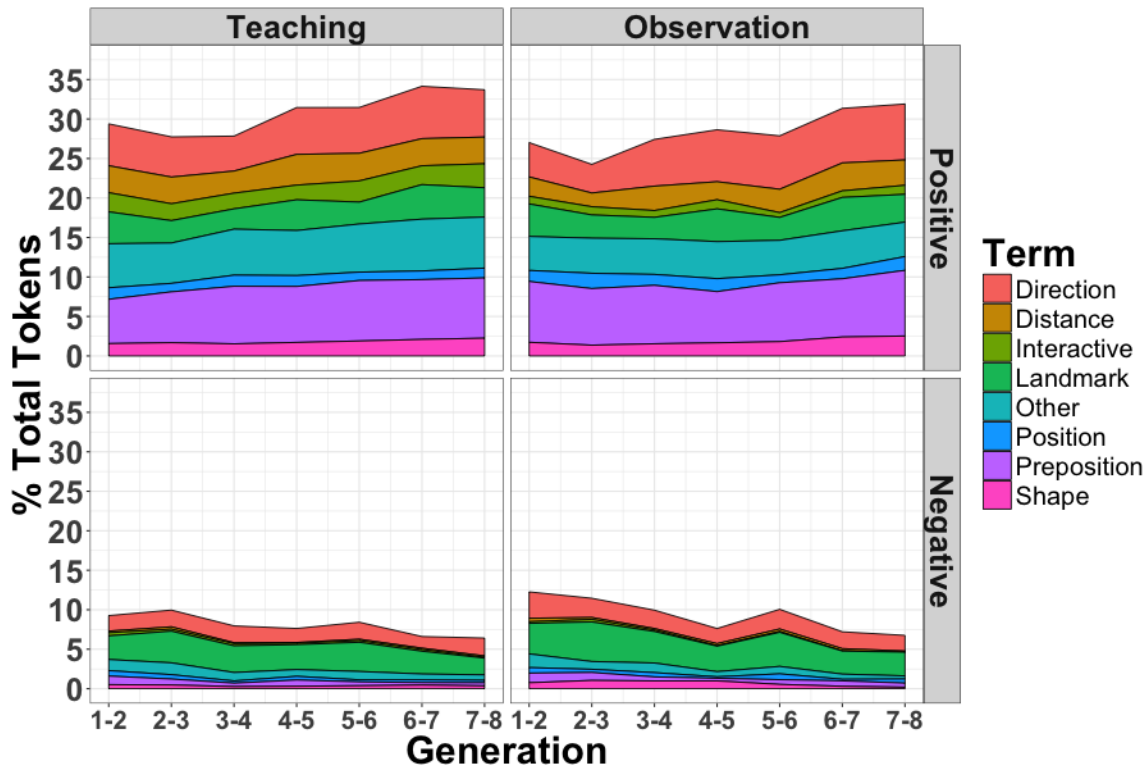
385 plus-1. Model comparison confirmed that allowing Generation N Token Density,  
386 Condition and Token Polarity to interact did not improve model fit,  $\chi^2(4) = 5.508$ ,  $p = .239$ .  
387 By contrast, removing the Generation N Token Density by Token Polarity interaction  
388 reduced model fit,  $\chi^2(1) = 7.015$ ,  $p = .008$ . Further analysis indicated that positively-  
389 biased token density at Generation N predicted positively-biased token density at  
390 Generation N-plus-1, but not negatively-biased token density (see SM10).

391 In both conditions, positively-biased route description tokens were inherited  
392 from the prior experimental generation, but negatively-biased route description tokens  
393 were not. This pattern of results suggests that cultural selection was operating on the  
394 language game.

395

396 *Profile of Positive and Negative Route Description terms.* What constitutes a positively-  
397 biased and negatively-biased route description, and do they differ between the  
398 Teaching and Observation conditions? **Figure 4** illustrates the change in positive- and  
399 negatively-biased route description terms over generations in the different conditions,  
400 in the context of the route description types described earlier, e.g., direction, distance,  
401 shape. Also included is an 'other' category to capture terms that fell outside these  
402 categories. NF and TME independently coded the different route description terms into  
403 one of eight categories. Substantial inter-coder agreement was observed ( $K = .663$ ,  $k = 2$ ,  
404  $N = 551$ )<sup>47</sup>. The conditions exhibited a similar profile of positive- and negatively-biased  
405 route description terms, but with a higher density of positively-biased terms in the  
406 Teaching condition and a lower density of negatively-biased terms in this condition

407 (compared to the Observation condition). This suggests that the difference between  
 408 the conditions is quantitative rather than qualitative.



409

410 **Figure 4.** Change in the mean density of Positive- and Negatively-biased route  
 411 description terms (as a % of total tokens/words) for each category of description type,  
 412 produced by Instruction-Givers across Generations in the Teaching and Observation  
 413 conditions.

414

415 **Section 2b: Adaptive Change in the Communication Process**

416 First we examine the adaptive influence of social interaction on route reproduction  
 417 precision, and whether social interaction became a cultural tradition in the Teaching  
 418 condition. Next we examine how Instruction-Givers packaged their route descriptions

419 for the Instruction-Follower, and if this changed over generations. We then examine the  
420 adaptive influence of packet size (mean number of words per information transmission  
421 episode by Instruction-Givers) on route reproduction precision, and the extent to which  
422 packet size became a cultural tradition.

423

424 *Social Interaction.* Communication between Instruction-Givers and Instruction-  
425 Followers in the Teaching condition was tightly coupled; the mean number of  
426 information packets sent was 20.80 for Instruction-Givers and 12.18 for Instruction-  
427 Followers, and these were strongly correlated,  $r(173) = .65$ ,  $p < .001$ .

428 Was more frequent social interaction associated with higher route reproduction  
429 precision? To answer this, we computed the ratio of Instruction-Giver to Instruction-  
430 Follower packets sent and entered this as a fixed effect in a mixed effects model where  
431 route reproduction precision was the dependent variable (see SM11 for the full model  
432 specification and model output). Compared against a null model, including the ratio of  
433 Instruction-Giver to Instruction-Follower social interaction improved model fit,  $\chi^2(1) =$   
434 6.942,  $p = .008$ , accounting for 3.21% of the variance in the route reproduction precision  
435 scores. Despite the benefit of social interaction to route reproduction precision, there  
436 was no evidence of a statistical change in Instruction-Giver and Instruction-Follower  
437 interactivity over generations (Ratio of Instruction-Giver to Instruction-Follower packets  
438 sent:  $M_{\text{Generation1-2}} = 0.59$ ,  $SD = 0.32$  and  $M_{\text{Generation7-8}} = 0.58$ ,  $SD = 0.27$ ; see SM12 for data  
439 visualization and statistical analysis). This suggests that interactivity is a trait, either at

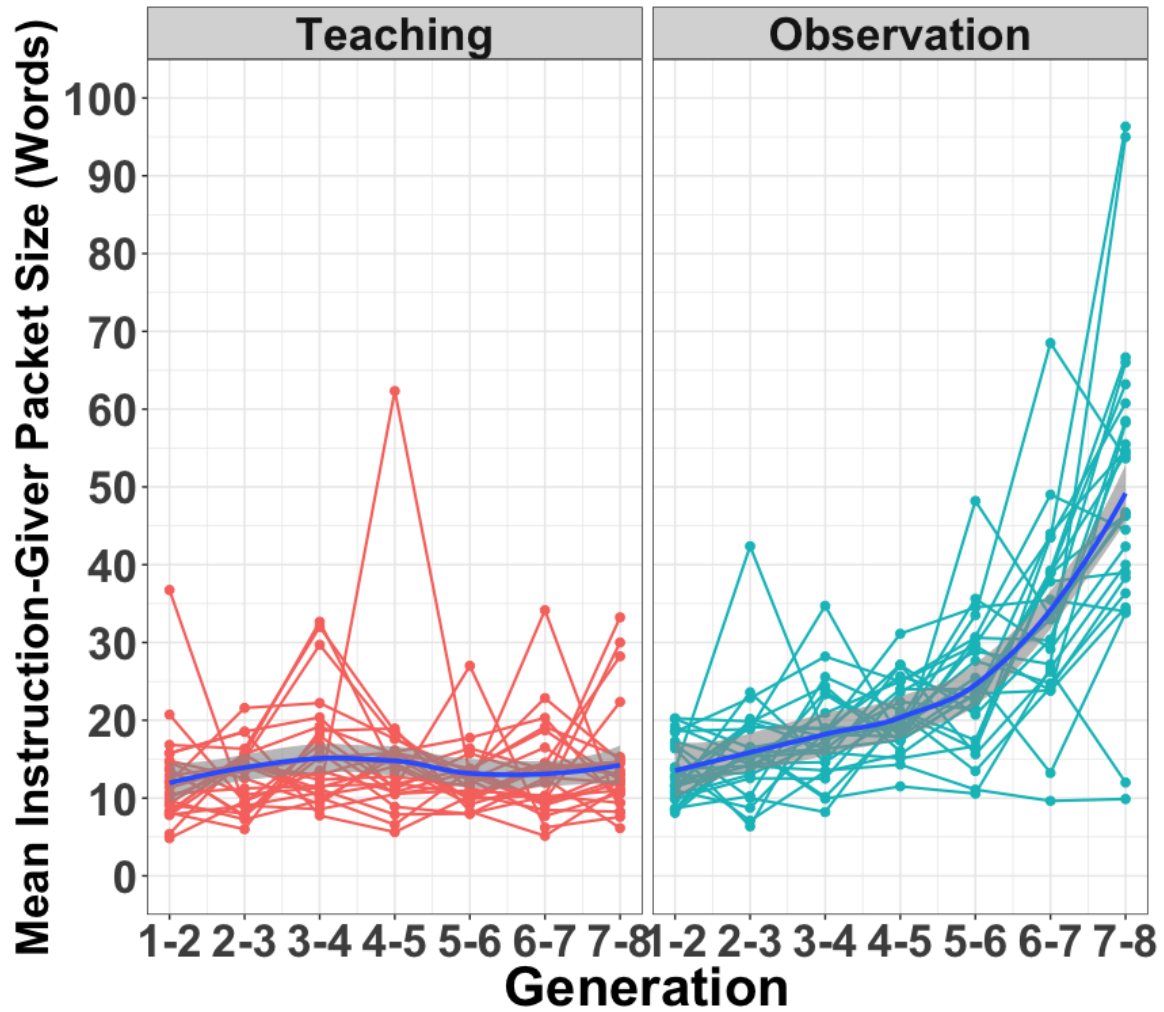


440 the level of the Instruction-Follower or at the level of the dyad, and may not be  
441 amenable to social learning.

442

443 *Route Information Packaging.* Communication in the Teaching condition was  
444 characterized by short Instruction-Giver route descriptions ( $M= 20.80$  packets, with  $M=$   
445  $13.71$  words per packet) accompanied by shorter Instruction-Follower feedback ( $M=$   
446  $12.18$  packets, with  $M= 4.06$  words per packet). This conversation-style was consistent  
447 across transmission chains and generations in the Teaching condition (see **Figure 5**). By  
448 contrast, Instruction-Givers in the Observation condition did not receive Instruction-  
449 Follower feedback. In this condition there was a systematic change in the process used  
450 to transmit the route descriptions; from a conversation-style to a narrative-style.  
451 Initially short route descriptions were given by Instruction-Givers ( $M_{\text{Generation1-2}}= 13.81$   
452 packets, with  $M= 13.35$  words per packet), but over generations the number of route  
453 description packets decreased and the size of each packet increased ( $M_{\text{Generation7-8}}= 5.00$   
454 packets, with  $M= 49.49$  words per packet). This change in the route description process  
455 was consistent across Instruction-Givers in the Observation condition (see **Figure 5**).

456



457

458 **Figure 5.** Change in Instruction-Giver mean packet size (in words) across generations in  
 459 the Teaching and Observation conditions (plotted for each transmission chain). The  
 460 blue line is the smoothed model fit and the grey shaded area is the 95% confidence  
 461 interval.

462

463 Condition (Teaching, Observation) and Generation (1-2, 2-3, 3-4, 4-5, 5-6, 6-7, 7-  
 464 8) with interaction were entered as fixed effects (see SM13 for the model specification  
 465 and model output). The best fitting model specified Condition and Generation as fixed

466 effects with interaction, accounting for 51.88% of the variance in Instruction-Giver  
467 packet size. Removing the interaction between Condition and Generation reduced the  
468 model fit,  $\chi^2(1) = 49.36$ ,  $p < .001$ . To understand the interaction effect we analyzed each  
469 condition separately. In the Teaching condition the full model did not differ from the  
470 null model,  $\chi^2(1) = 0.25$ ,  $p = .618$ , indicating no evidence for a statistical change in  
471 Instruction-Giver packet size over generations. By contrast, the Observation condition  
472 differed from the null model,  $\chi^2(1) = 27.87$ ,  $p < .001$ ; in this condition the mean  
473 Instruction-Giver packet size significantly increased over generations. **Figure 5** suggests  
474 the increase in Instruction-Giver packet size is non-linear, with the slope of the  
475 regression line becoming steeper from Generation 5-6. Growth curve analysis<sup>48</sup>  
476 indicated that adding a quadratic term for generation to the model improved model fit  
477 over a simple linear model,  $\chi^2(1) = 43.68$ ,  $p < .001$  (see SM14 for the model specification  
478 and model output).

479

480 *Cultural Inheritance of Instruction-Giver Packet Size in the Observation Condition.* If  
481 Instruction-Giver packet size at Generation N-plus-1 is predicted by Instruction-Giver  
482 packet size at Generation N, this would be evidence of the cultural inheritance of the  
483 language game.

484 Instruction-Giver packet size at Generation N-plus-1 was our dependent variable,  
485 and Instruction-Giver packet size at Generation N was entered as a fixed effect (see  
486 SM15 for the full model specification and model output). Compared against a null  
487 model, including Packet Size at Generation N improved model fit,  $\chi^2(1) = 78.838$ ,  $p < .001$ ,

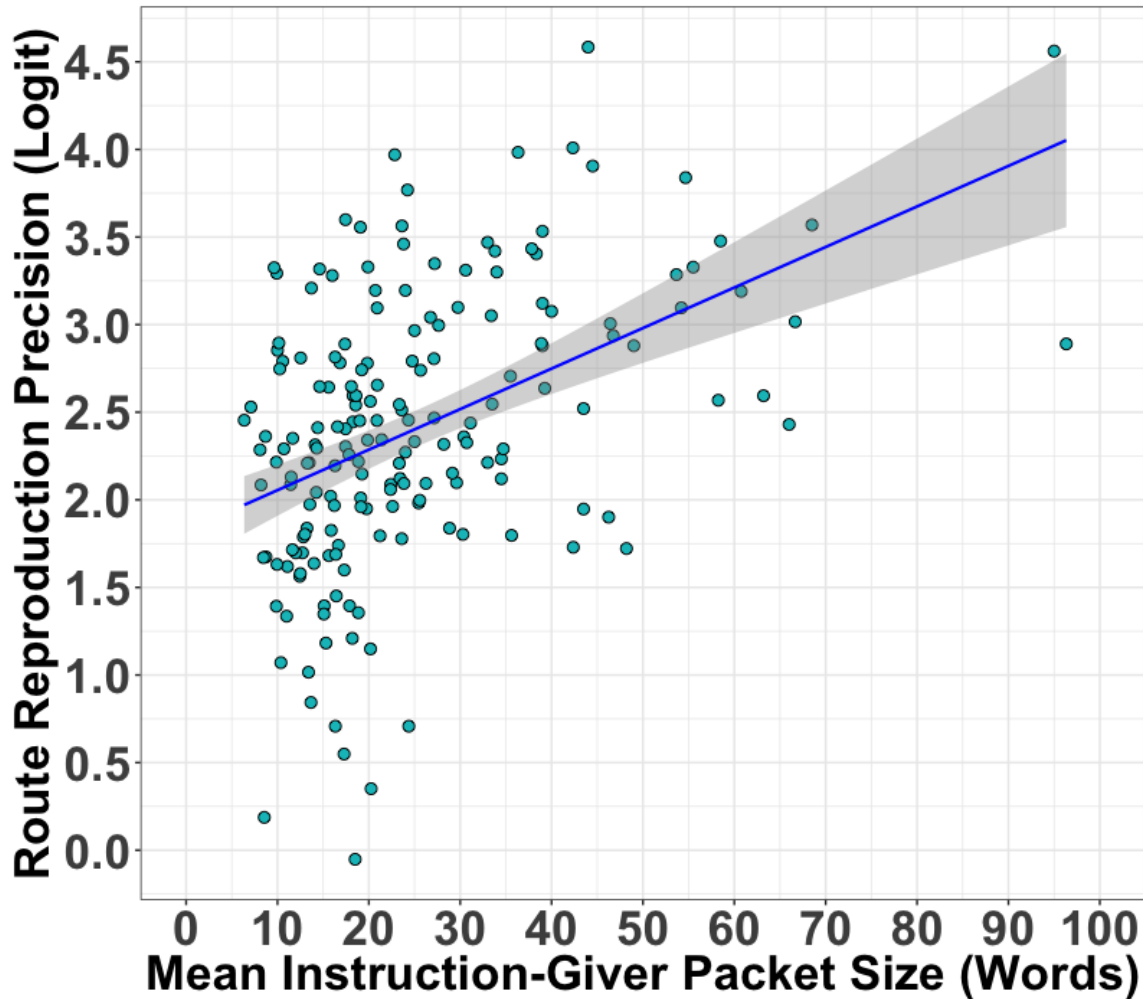
488 accounting for 39.92% of the variance in Instruction-Giver packet size at Generation N-  
489 plus-1, demonstrating cultural inheritance.

490

491 *Instruction-Giver Packet Size and Route Reproduction Precision.* Does the increase in  
492 Instruction-Giver packet size over generations in the Observation condition reflect a  
493 functional adaptation to the non-interactive context? To test this, we entered Packet  
494 Size as a fixed effect in a linear mixed effect model where route reproduction precision  
495 was the dependent variable (see SM16 for the full model specification and model  
496 output). Compared against a null model, including Packet Size improved model fit,  
497  $\chi^2(1)= 51.245$ ,  $p < .001$ , accounting for 21.13% of the variance in the route reproduction  
498 precision scores (see **Figure 6**). To examine the causal influence of packet size on route  
499 reproduction precision we tested if Packet Size at Generation N predicted route  
500 reproduction precision at Generation N-plus-1 (where Instruction-Giver packet size  
501 preceded task performance; see SM17 for the full model specification and model  
502 output). Compared against a null model, including Packet Size at Generation N  
503 improved model fit,  $\chi^2(1)= 26.386$ ,  $p < .001$ , accounting for 13.34% of the variance in the  
504 route reproduction precision scores at Generation N-plus-1. The increase in Instruction-  
505 Giver packet size over generations in the Observation condition reflects a functional  
506 adaptation to the non-interactive context.

507 Finally, we tested if packet size positively contributed to route reproduction  
508 precision over and above the content communicated by Instruction-Givers in the  
509 Observation condition. First, the influence of the density of positive and negatively-

510 biased route description tokens (as a percentage of total tokens) on the route  
511 reproduction precision scores in the Observation condition was modeled to provide a  
512 baseline. Positive and Negative route description token density were entered as fixed  
513 effects with interaction (see SM18 for the model specification and model output). The  
514 best fitting model specified Positive and Negative token density as fixed effects with  
515 interaction, accounting for 38.14% of the variance in the route reproduction precision  
516 scores. Removing the interaction between Positive and Negative token density reduced  
517 the model fit,  $\chi^2(1) = 4.89$ ,  $p = .027$ . Next, Packet Size (at Generation N) was added to the  
518 model as a fixed effect. This improved the model fit over the model with Positive and  
519 Negative route description token density as fixed effects with interaction,  $\chi^2(1) = 31.39$ ,  
520  $p < .001$ , accounting for 47.05% of the variance in the route reproduction precision  
521 scores (i.e., explaining an additional 8.91% of the variance in route reproduction  
522 precision).



523

524 **Figure 6.** Positive Correlation between the Instruction-Giver mean packet size (in  
525 words) and Instruction-Follower route reproduction precision (Logit transformed) in the  
526 Observation condition ( $r=0.447$ ,  $p<.001$ ). The blue line is the linear model fit and the  
527 grey shaded area is the 95% confidence interval.

528

529

## DISCUSSION

530 Instruction-Giver routes were reproduced with progressively higher precision by

531 Instruction-Followers across the experimental generations. Cultural inheritance of route

532 reproduction precision was also observed; route reproduction precision at Generation N

533 predicted route reproduction precision at Generation N-plus-1 (Teaching and  
534 Observation conditions). While route reproduction precision improved across the  
535 experimental generations in both conditions, the routes communicated by Instruction-  
536 Givers in the Teaching condition were reproduced with higher precision compared to  
537 the routes communicated by Instruction-Givers in the Observation condition. This  
538 indicates that teaching, via active participation in the information exchange process, is  
539 important to cumulative cultural evolution.

540

541 *The Cumulative Cultural Evolution of the Language Game*

542 Next we examined the adaptive changes to the content of the language game that  
543 might explain the progressive improvement in route reproduction precision across the  
544 experimental generations, and between the Teaching and Observation conditions. Our  
545 key prediction was that teaching allows the teacher and student to negotiate route  
546 descriptions terms, and this acts as a cultural selection mechanism. This opportunity is  
547 not available to participants in the Observation condition, who must rely exclusively on  
548 individual inference. Route description terms that positively contributed to route  
549 reproduction precision accumulated, and terms that negatively affected route  
550 reproduction precision were progressively eliminated across the experimental  
551 generations (both conditions). The cultural inheritance of terms that positively  
552 contributed to route reproduction precision was observed; the density of positively-  
553 biased terms at Generation N predicted the density of positively-biased terms at  
554 Generation N-plus-1. By contrast, terms that negatively affected route reproduction

555 precision were not inherited from the prior generation; instead they were progressively  
556 eliminated over the experimental generations. This pattern of results indicates that  
557 cultural selection was operating on the route description terms. As predicted, Teaching  
558 conferred a valuable cultural selection mechanism: the density of terms that positively  
559 contributed to route reproduction precision was higher, and the density of terms that  
560 negatively contributed to route reproduction precision was lower in the Teaching  
561 condition compared to the Observation condition. So, the cumulative improvement in  
562 route reproduction precision over the experimental generations was driven by the  
563 accumulation of adaptive modifications and innovations to the language game, and the  
564 elimination of non-adaptive content. This was most strongly seen in the Teaching  
565 condition.

566         The final set of analyses were exploratory, testing for adaptive changes to the  
567 language game process. Conversation is the basic medium of human  
568 communication<sup>35,38</sup>, so we were interested in how participants in the Observation  
569 condition might adapt their communication to the non-interactive context. Instruction-  
570 Givers in the Observation condition adapted their communication to the non-interactive  
571 context: they changed their communication from a conversation-style, characterized by  
572 frequent and succinct information exchanges, to a narrative-style, characterized by  
573 infrequent but elaborate information exchanges. This process change, consistent across  
574 the transmission chains, was a powerful cultural tradition that was amplified over the  
575 experimental generations. Crucially, this process change was adaptive, being strongly  
576 associated with route reproduction precision. Furthermore, its positive influence on



577 route reproduction precision extended beyond the adaptive changes to the route  
578 description content. By contrast, no process change was observed in the Teaching  
579 condition. In the Teaching condition a conversation-style between the Instruction-  
580 Givers and -Followers was maintained across the experimental generations.

581

582 *The Observation Condition as a Basic Teaching Condition*

583 Instruction-Givers in both conditions intentionally designed their route descriptions with  
584 their destination in mind (i.e., the Instruction-Follower)<sup>49-51</sup>. If observation learning is  
585 defined as learning from a model whose behaviour is unaffected by the actor observing  
586 them (citations, including social facilitation?), then the Observation condition in the  
587 present study could be argued to constitute a basic teaching condition. In the context of  
588 the present study, this would work against the experimental hypothesis; it would  
589 overestimate the benefit of observation learning, and underestimate the benefit of  
590 teaching to the cumulative cultural evolution of the language game.

591 We could have created an Observation condition in which the Instruction-Giver  
592 produced route descriptions from which s/he was told they would later try to reproduce  
593 the route, but have this done instead by the Instruction-Follower. This would create a  
594 *pure* observation learning condition, but it would also conflate communication  
595 intentionality with the conditions of primary interest. That is, it would be impossible to  
596 determine if the benefit of the Teaching condition over the Observation condition arose  
597 because of a difference in communication intentionality, or because of the opportunity  
598 Teaching affords the Instruction-Giver and -Follower to negotiate a mutually acceptable

599 language game. Irrespective of how Observation learning is defined, the key finding  
600 from the present study stands; social collaboration between the Instruction-Giver and  
601 the Instruction-Follower proved important to the cumulative cultural evolution of the  
602 language game.

603

#### 604 *Transmission Chain Design Affects the Cultural Evolutionary Process*

605 Experimental studies of cultural transmission among human participants have tended to  
606 focus on observation learning, so have relied on non-interactive transmission chain  
607 designs<sup>19,52–57</sup>. A benefit of using this design is that non-interactive transmission chains  
608 are easier to collect compared to interactive transmission chain designs. The  
609 transmission fidelity of a narrative text was enhanced when participants could directly  
610 interact with the adjacent chain member compared to when they could not<sup>36</sup>. This  
611 suggests that the difference between Teaching and Observation transmission chain  
612 designs on cultural transmission is quantitative, rather than qualitative. In the present  
613 study, a similar quantitative difference between the conditions was observed; the  
614 density of route description terms that positively contributed to route reproduction  
615 precision was higher in the Teaching condition, and the density of terms that negatively  
616 affected route reproduction precision was lower in this condition compared to the  
617 Observation condition. In addition, the profile of route description terms was similar  
618 across the Teaching and Observation conditions (see **Figure 4**).

619 By contrast, there was a qualitative difference between the conditions in the  
620 language game process. Whereas participants in the Teaching condition consistently

621 adopted a conversation-style, the process adopted by participants in the Observation  
622 condition evolved from a conversation-style to a narrative-style over the experimental  
623 generations. Furthermore, this process change represented a functional adaptation to  
624 the non-interactive context. This qualitative difference between the Teaching and  
625 Observation conditions demonstrates that the transmission chain design can influence  
626 the cultural evolutionary process. Future studies using the transmission chain design  
627 should be aware of this, and use this information to make an informed decision about  
628 the transmission chain design that might best capture the cultural evolutionary process  
629 being simulated. Language evolution experimental simulations that have added social  
630 interaction to traditionally observation-based transmission chain designs have showed  
631 this to dramatically alter the nature of the evolved linguistic systems; from systems that  
632 are primarily driven by ease of acquisition, to systems that are both easy to acquire and  
633 functionally adapted for use<sup>19,58</sup>.

634

635

## CONCLUSION

636 We conducted a large-scale experimental study (N=408) that tested for the cumulative  
637 cultural evolution of a language game<sup>7,20</sup>; in our study, a subset of language used to  
638 communicate a route on a map to another person. The study also examined the  
639 influence of two social learning mechanisms to the evolution of the language game:  
640 Teaching and Observation learning. Using a transmission chain design that simulated  
641 intergenerational transmission, we demonstrated that the language game evolved by  
642 cumulative cultural evolution: the routes were reproduced with progressively higher

643 precision over the experimental generations, and this was driven by adaptive  
644 modifications and innovations to the language game that accumulated over the  
645 experimental generations (both conditions). Like materials artifacts, the ‘language  
646 technology’ evolved by cumulative cultural evolution, a position that has been  
647 controversial in linguistics<sup>59–61</sup>. Our findings also support an important role for teaching  
648 to the cumulative cultural evolution of the language game<sup>6,31</sup>; route reproduction  
649 precision was higher in the Teaching condition compared to the Observation condition.  
650 Analysis of the changes to the language game indicated that teaching allowed the  
651 teacher and student to collaborate to find mutually acceptable adaptive route  
652 description terms. This social collaborative process operated as a second selection  
653 mechanism (to individual inference) that enhanced the cumulative cultural evolution of  
654 the language game.

655

656

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