1	Commercial strain-derived clinical Saccharomyces cerevisiae can evolve new phenotypes
2	without higher pathogenicity
3	
4	Walter P. Pfliegler ^{1,2*} , Enikő Boros ¹ , Kitti Pázmándi ³ , Ágnes Jakab ¹ , Imre Zsuga ¹ , Renátó
5	Kovács ^{4,5} , Edit Urbán ⁶ , Zsuzsa Antunovics ⁷ , Attila Bácsi ³ , Matthias Sipiczki ⁷ , László
6	Majoros ⁴ , István Pócsi ¹
7	¹ Department of Biotechnology and Microbiology, University of Debrecen, Debrecen,
8	Hungary;
9	² Postdoctoral Fellowship Programme of the Hungarian Academy of Sciences (MTA),
10	Budapest, Hungary;
11	³ Department of Immunology, University of Debrecen, Debrecen, Hungary;
12	⁴ Department of Medical Microbiology, University of Debrecen, Debrecen, Hungary
13	⁵ Faculty of Pharmacy, University of Debrecen, Debrecen, Hungary;
14	⁶ Institute of Clinical Microbiology, University of Szeged, Szeged, Debrecen;
15	⁷ Department of Genetics and Applied Microbiology, University of Debrecen, Debrecen,
16	Hungary
17	
18	*Correspondence: Walter P. Pfliegler
19	Dept. of Biotechnology and Microbiology, University of Debrecen, Egyetem tér 1., Debrecen,
20	H4032, Hungary. Tel: +3652512900/62492; Fax: +3652512925; Email:
21	pfliegler.valter@science.unideb.hu
~~	

23	Abbreviations: Am	B, amphoterici	n B; Flu ,	, fluconazole; gDNA,	genomic DNA; MIC,
----	-------------------	----------------	-------------------	----------------------	-------------------

- 24 minimal inhibitory concentration; MSB, menadione sodium bisulfite; mtDNA, mitochondrial
- 25 DNA; **PBMC**, Peripheral blood mononuclear cells; **TNF-***α*, Tumor necrosis factor alpha.

27 Keywords: baking yeast, commensal, microevolution, mycobiom, probiotic

29 Abstract

Scope: *Saccharomyces cerevisiae* is one of the most important microbes in food industry, but
there is growing evidence on its potential pathogenicity as well. Its status as a member of
human mycobiome is still not fully understood.

Methods and results: In this study, we characterise clinical S. cerevisiae isolates from 33 Hungarian hospitals along with commercial baking and probiotic strains, and determine their 34 phenotypic parameters, virulence factors, interactions with human macrophages, and 35 pathogenicity. Four of the clinical isolates could be traced back to commercial strains based 36 37 on genetic fingerprinting. Our observations indicate that the commercial-derived clinical isolates have evolved new phenotypes and show similar, or in two cases, significantly 38 39 decreased pathogenicity. Furthermore, immunological experiments revealed that the 40 variability in human primary macrophage activation after co-incubation with yeasts is largely donor- and not isolate-dependent. 41

42 Conclusion: Isolates in this study offer an interesting insight into the potential microevolution
43 of probiotic and food strains in human hosts. These commensal yeasts display various
44 changes in their phenotypes, indicating that the colonization of the host does not necessarily
45 impose a selective pressure towards higher virulence/pathogenicity.

47 **1. Introduction**

The roles of *Saccharomyces cerevisiae* in producing fermented beverages and in breadbaking 48 have made this yeast one of the most important microbes throughout human history [1, 2]. S. 49 *cerevisiae* is a domesticated species with different clades adapted to different fermentation 50 technologies [1, 3]. Its use in various branches of the food industry leads to frequent human 51 exposure to S. cerevisiae, and besides probiotics, food-borne yeasts may also have beneficial 52 health effects [4]. The potential of this yeast to colonize the human body has long been 53 suspected, although its status as a transient species [5, 6] or established nature [7, 8] in the 54 human mycobiome is still unclear. S. cerevisiae colonization of the gastrointestinal tract may 55 be locally frequent [9]. 56

Although S. cerevisiae is generally recognized as safe, its colonization of the human body, 57 58 whether transient or long lasting, may occasionally result in infections (mycoses) [2, 10, 11]. Opportunistic Saccharomyces infections have become known and reported from patients from 59 a wide range of age groups and underlying diseases [12–16], including systemic mycosis in 60 immunocompromised patients [17]. Multiple methods are in use to characterize the traits of 61 opportunistic pathogenic yeasts, and many of them are referred to as pathogenicity or 62 virulence factors. However, often there is a considerable overlap in clinical and non-clinical 63 strains in virulence traits, as recently reviewed [18]. Besides surveying virulence factors and 64 their correlation with pathogenic potential, understanding the origin of human-related S. 65 cerevisiae isolates and their relations to the different industrial and natural clades of the 66 species can help us to shed light on how this yeast might evolve commensalism or 67 pathogenicity. 68

Recently, molecular phylogenetic investigations on the global diversity of the species have
identified human-adapted *S. cerevisiae* clades that have arisen from multiple opportunistic

colonization events [2, 3, 19, 20]. Most of the clinical yeasts were shown to be genetic
mosaics, but several isolates were nested in the non-hybrid Wine/European clade of the
species [2].

Opportunistic pathogenic *S. cerevisiae* isolates derived from baking yeasts have also been identified from patients with or without occupational exposures to baker's yeasts [21–27], although in several cases, the clinical isolates were plausibly commensal [22]. Potential risks of food yeast products were recently reviewed [28].

78 Growing evidence on the pathogenic potential of probiotic-derived S. cerevisiae opportunistic 79 pathogens is also available. S. cerevisiae probiotics and biotherapeutic agents are marketed as 'S. boulardii' and advised for patients with dysentery [29]. These strains are asporogenous 80 natural isolates, with moderate [30] or often considerable virulence factors [31, 32]. 81 82 Fungaemia related to a commercial probiotic strain was reported in an intensive care unit and in the case of premature neonates [33, 34]. Consequently, caution was proposed for 83 immunosuppressed patients regarding the use of such probiotics [14, 31]. In the case of 84 immunocompetent hosts, intravenous inoculation with probiotics caused septic shock that was 85 spontaneously cured, indicating that these strains are not highly virulent pathogens [35, 36]. 86 Regardless of whether different Saccharomyces isolates of the human mycobiome are 87 exogenous opportunists or true commensals in the gut, studying their adaptations related to 88

89 virulence, possible antimycotic resistance or their interactions with the immune system is

90 important. In our study, we characterized clinical *S. cerevisiae* isolates from Hungary along

91 with dietary and probiotic strains available in the country with genotyping methods and

92 assessed their various phenotypic features and immunostimulatory activity, in order to

93 determine whether the clinical isolates can be traced back to the commercial strains and if so,

94 whether their phenotypes show consistent differences. Using the characterization of

- 95 commercial strains and four genetically related isolates, we show that these commercial-
- 96 derived clinical *S. cerevisiae* are apparently subjected to microevolution in the human host.

98 2. Materials and Methods

99

100 *Strains, isolates and identification.* Isolates were obtained as single-cell colonies from patients

101 in the university clinics in Debrecen and Szeged (Hungary) (isolation data is listed in

102 Supplementary File S1). Strains of baker's, wine and probiotic yeasts were obtained

103 commercially and were given individual identifiers (Supplementary File S1).

Genetic characterization. Interdelta fingerprinting [37] was used for strain typing and applied
to establish genetic relatedness of strains and isolates. The strain-isolate pairs with identical or
near identical patterns were considered having a very recent common (commercial) ancestor.
These yeasts were further subjected to karyotyping, RAPD-PCR, microsatellite PCR, and
mitochondrial DNA-RFLP to confirm their genetic similarity and close relatedness. Methods
for typing are listed in Supplementary File S1.

110 *Phenotypic characterization*. The sporulation capability, colony morphology, pseudohyphal

and invasive growth, susceptibility to antifungal and oxidative stress generating agents,

112 growth under osmotic, chemical and high temperature stress conditions, extracellular

113 hydrolytic enzyme production, and hemolytic activity were assessed for all yeast isolates and

- strains to provide a broad overview of their phenotypic characteristics, with methods
- 115 described in Supplementary File S1 in detail.

Damage assay was conducted using a Cytotoxicity Detection Kit - LDH (Hoffmann-La
Roche, Basel, Switzerland) with Caco-2 cell monolayer in 96-well plates following the
manufacturer's protocol as described in Supplementary File S1.

Insect pathogenicity model. The *Galleria mellonella* larva pathogenicity model [38] was used to assess the pathogenicity of the strains and isolates *in vivo*. This model enables the rapid assessment of the pathogenicity of opportunistic fungi (e.g. *Candida* spp) on a large number of infected hosts and is comparable to murine models [39]. Details of the experiments are listed in Supplementary File S1.

Immunological experiments. Phagocytosis assay using flow cytometry and phenotypic and
functional analysis of yeast-exposed human primary macrophages differentiated from four
healthy donors' PBMCs were used to assess immune activation by the individual strains and
isolates. Experimental procedures and PBMC isolation and macrophage differentiation are
described in Supplementary File S1.

Statistics. Measurements carried out in triplicates (hemolysis, extracellular enzyme activity,
damage and phagocytosis assays) and quadruplicates (macrophage phenotype) allowed
statistical comparisons among different yeast strains and isolates, as described in
Supplementary File S1.

133

134 **3. Results**

135

136 *Fingerprinting and relations among the strains and isolates*

For strain typing, the resolution of interdelta fingerprinting and microsatellite typing for two 137 138 loci were compared. All three combinations of interdelta PCR resulted in distinct fingerprints for all commercial yeasts, while both microsatellite analyses were unable to distinguish 139 140 between two of the baking strains (BY2 and BY3) (Supplementary File S2). We thus relied primarily on interdelta fingerprinting to assess the genetic relatedness among the commercial 141 strains and the clinical isolates, similarly to previous works [26-27]. The strains and isolates 142 143 with identical or highly similar fingerprinting patterns (Figure 1 a-c) were further characterized by microsatellite typing, RAPD-PCR, mtDNA-RFLP, and karyotyping (Figure 144 1 d-h). 145

The combined use of three primer combinations for interdelta-PCR resulted in a dendrogram 146 that showed the following clusterings of commercial and clinical yeasts: the isolate Sz1 (from 147 cervix) with the baking strain BY1; the isolates Sz7 and Sz9 (from stomach and throat, 148 respectively) with BY2; and isolate DE27020 (from bronchus) with PY1 (Supplementary File 149 150 S1-2). Pattern identity (isolates Sz7, Sz9, DE27020) or high similarity (isolates Sz1) between commercial strains and certain clinical isolates strongly implies common ancestry, meaning 151 that these clinical isolates are derived from commercial yeasts and share very recent common 152 153 ancestors with the given batches of commercial yeasts analyzed in this study. The common ancestors of the commercial-clinical counterparts are plausibly batches of the same 154 commercial yeasts manufactured earlier (especially in the case of yeasts with pattern identity), 155 156 or closely related yeasts commercialized under different trade marks. Furthermore, the isolates Sz8 and DE27290 were also found to group together with baking strains BY1, BY2 157 158 and BY3 (Supplementary File S2), implying some level of genetic relatedness. 159 Microsatellite, mtDNA-RFLP and RAPD-PCR band patterns were identical in the case of all commercial-clinical counterparts identified by interdelta analysis. However, mtDNA-RFLP 160

161 patterns were also indistinguishable between BY1 and BY2. Microsatellite analysis identified

tri- and tetraallelic strains and isolates (Supplementary File S2), suggesting poly- or 162 163 aneuploidy. Karyotyping produced distinct chromosomal band patterns for the two baking and the probiotic yeast (Figure 1). All baking yeasts and their clinical counterparts possessed 164 165 supernumerary bands in the region of small chromosomes (chromosomes I, VI and III): two extra bands in the case of BY1 and one in Sz1, and two bands in the case of BY2 and its 166 counterparts (identical among these yeasts) (Supplementary File S2). Chromosome II showed 167 168 size polymorphism when BY1 and Sz1 were compared. An additional supernumerary band was observed for BY2 and its counterparts between chromosomes V and XI (Supplementary 169 File S2). Thus, BY2 and its counterparts Sz7 and Sz9, and PY1 and its counterpart DE27020 170 171 showed identical karypotypes, whereas BY1 and Sz1 showed occasional polymorphism in chromosome sizes. 172

173

174 *Characteristics of clinical isolates related to baking yeast strains.*

Data on phenotypic features and virulence factors enabled us to compare clinical isolates and
their commercial counterparts (the clinical isolates and the commercial strains that showed the
highest genetic similarity, in some cases identity, with these, viz. PY1 and DE27020; BY1
and Sz1; BY2 and Sz7, Sz9). Table 1 highlights the phenotypic differences between these
strain/isolate pairs.

180 The isolate Sz1, as compared to the baking yeast BY1 (Table 1), showed decreased

sporulation rate (40% *vs.* 90%). The pseudohyphae of Sz1 were short, while BY1 possessed

long chain-like pseudohyphae. Sz1 showed reduced growth at 39°C compared to the baker's

strain (Supplementary File S3). Tolerance of sulfite and pH8 stress was higher in Sz1.

184 Phospholipase activity was not significantly different at 30°C, but at 37°C the baker's strain

showed a significantly higher activity (p < 0.01). Higher protease activity (p < 0.05) and β

hemolytic activity (p<0.01) were found in the clinical isolate. Pathogenicity in the insect model, as well as macrophage phenotypes and phagocytosis after exposure to BY1 and Sz1 were highly similar (Table 1, Supplementary Files S3-S5).

Differences among the clinical isolates Sz7 and Sz9 and the baking strain BY2 included 189 colony morphology, sporulation ability, cell size, invasive growth into the agar medium, and 190 191 tolerance of high temperature (Table 1, Supplementary File S3). Tolerance of sulfite and NaCl stress was elevated in the case of both clinical isolates. Copper stress tolerance was decreased 192 in Sz9. Both clinical isolates were unable to grow at pH 8, while BY2 displayed weak growth 193 (Supplementary File S3). Phosholipase activity of the baker's strain at 37°C was significantly 194 higher than that of Sz7 (*p*<0.05). At 30°C, BY2 did not display lipolytic activity, while both 195 196 clinical isolates were lipolytic. Proteolytic activity of Sz9 was significantly elevated (p < 0.05). The α-hemolytic activity was elevated in the case of Sz9 and lower in the case of Sz7 after 1 d 197 (p<0.05), and elevated in the case of Sz7 after 2 d (p<0.05). β -hemolytic activity was 198 199 significantly higher in the case of Sz7 (p<0.01) and Sz9 (p<0.001) (Table 1). Pathogenicity in 200 the *Galleria* larvae showed remarkable differences between these yeasts. The strain BY2 killed 30 % of the inoculated larvae and the survival rates of Sz7 and Sz9 were significantly 201 higher: Sz7 killed only 5 % of the larvae (p < 0.05) and all larvae inoculated with Sz9 survived 202 (p < 0.01) (Supplementary File S5). Significant differences were not found in the case of 203 macrophage phenotypes and phagocytosis after exposure to BY2 and the two isolates 204 205 (Supplementary Files S3-4).

206

207 *Characteristics of the clinical isolate related to the probiotic yeast.*

The isolate DE27020 showed minor differences in phenotypes when compared to the
probiotic strain PY1 (Table 1). At 39°C, DE27020 showed stronger growth than PY1

210	(Supplementary File S3). Lack of sporulation, colony and pseudohyphal morphology, and cell
211	size were remarkably similar (Supplementary File S3). The clinical isolate's tolerance to
212	sulfite and lithium stress was elevated compared to PY1, while other tested stress factors did
213	not show such differences. Extracellular hydrolase production was highly similar for both
214	yeasts. Damage assay conducted on Caco-2 epithelial cells revealed an elevated cell damage
215	(p < 0.01) in the monolayer when exposed to DE27020. However, both yeasts caused relatively
216	low cell death when compared to the high control (Table 1, Supplementary File S3).
217	Pathogenicity in the larva model was similarly very low in the case of both yeasts
218	(Supplementary File S5). No significant difference was found when the extent of
219	phagocytosis or macrophage phenotypes were compared (Table 1, Supplementary Files S3-4).
220	

221 **4. Discussion**

222

223 To determine if any of the clinical isolates can be traced back to commercial S. cerevisiae strains used in the food industry, we applied interdelta genotyping. This method has been 224 applied to identify commercial derived clinical isolates before [26-27] and our results showed 225 that it has a better resolution as microsatellite typing, mtDNA-RFLP or RAPD also applied in 226 this study. We identified three clinical isolates as baker's yeast- and one as probiotic-derived, 227 228 and the similarity between the genotyping profiles enabled us to propose very recent common ancestry for these clinical yeasts and three of the commercial yeast strain batches used in this 229 study (common ancestors are plausably batches of the same commercial yeasts manufactured 230 earlier, especially in the case of identical genotyping markers, or genetically highly similar 231 commercial yeasts). This genetic relationship among certain isolates and baker's or probiotic 232 strains was further backed by identical microsatellite alleles, identical RAPD-patterns, 233

identical mtDNA-RFLP profiles and identical or highly similar karyotypes. The presence of 234 235 two to four microsatellite alleles, occasional changes in interdelta fingerprints, and the small variations in karyotypes in the case of the baker's yeast BY1 and its clinical counterpart Sz1 236 237 suggests that these yeasts possess an polyploid/aneuploid genome that is more prone to changes than that of the PY1 probiotic yeast's and its clinical counterpart's genome. This 238 observation of occasional variability that is well known among yeasts subjected to 239 240 microevolution in different environments [40,41 and references therein] is also in concordance with the fact that the baker's yeasts and their counterparts are capable of 241 sporulation, while PY1 and DE27020 are asporogenous. Additionally, some closely related 242 243 clinical isolates of undetermined affilities (viz. Sz2, Sz3, Sz4 and Sz5) also showed no sporulation (or <1 % sporulation) and these isolates also displayed some differences in 244 phenotypes but had identical interdelta profiles (Supplementary File S2-5). 245

Each of the commercial-derived clinical isolates in this study were sampled from different 246 247 patients, from anatomical parts such as cervix, stomach, throat, and bronchus, on different dates and thus represent individual colonization events. None of the patients were diagnosed 248 with S. cerevisiae fungaemia, thus their isolates may have been either (i) pathogens not 249 causing fungaemia at the time of sampling; (ii) non-pathogenic yeasts with commensal 250 251 adaptations; or (iii) recently ingested commercial strains transiently associated with the patients. The latter scenario is unlikely as all isolates displayed various phenotypes and often 252 253 some level of genetic variability when compared to the genetically most similar commercial yeasts, thus these isolates have apparently already been subjected to microevolution after the 254 255 colonization of the hosts. Additionally, the *Galleria* pathogenicity model did not indicate high pathogenicity for the isolates, thus the most likely scenario is a commensal lifestyle. 256

257 Phenotypic characterization not only revealed differences between the commercial strains and258 their clinical counterparts but also among the clinical isolates, including differences between

Sz7 and Sz9, two isolates genetically indistinguishable from BY2 (Table 1). Elevated or 259 impaired growth at higher temperatures, a possible virulence factor of the species [42,43] and 260 other opportunistic fungi as well, was both found in the case of the isolates, without changed 261 262 invasive growth. Similarly to clinical isolates tested previously [43], none of the yeasts in this study were able to grow at 42°C. As noted before [18], growth and phenotype at temperatures 263 higher than 37°C may be important, but not crucial in virulence. Sulfite tolerance, 264 265 interestingly, was uniformly elevated in the clinical isolates. Only one isolate displayed changes in lithium and and one in copper tolerance. It is unclear how these traits are related to 266 pathogenicity but higher lithium and copper tolerance have been found among pathogenic 267 268 yeasts [44, 45]. Susceptibility testing to antimycotics or MSB showed only minor differences among the strains and their clinical counterparts. 269

Differences in the production of extracellular hydrolytic enzymes were commonly observed:
isolates either showed reduced or unaltered phospolipase activities and elevated or unaltered
protease activities at the host's physiological temperature. Hemolytic activity was more
pronounced in the case of all baker's yeast derived isolates (Table 1). Damage assay with
Caco-2 epithelial cells revealed significant differences only in one strain–isolate pair (PY1
and DE27020).

Pathogenicity of the yeasts in this study was assessed using the *Galleria* larva model, which is
capable of providing generalized information on the pathogenicity of a wide range of
microorganisms [39, 46]. In our study, only few yeasts were able to significantly decrease
larval survival (Supplementary File S5). PY1 and DE27020, BY1 and Sz1 had no significant
effect on the larvae's survival. Significant pathogenicity was found in the case of the baker's
strain BY2, while it's clinical counterparts were non-pathogenic (isolates Sz7 and Sz9).

Phagocytosis experiments and characterization of the macrophage activation were carried out 282 283 using primary macrophages from three and four (respectively) different healthy donors. Macrophages are known for their phagocytic activity and antigene presentation in peripheral 284 285 tissues, and understanding how they form the first line of defence during yeast infections is crucial [47, 48]. Our experimental design allowed us to evaluate if the macrophage responses 286 to yeasts are mostly dependent on the individual strain/isolate or the individual donor. The 287 288 latter scenario is backed by our data, as high variances between individual donors were found (Supplementary Files S3-4). The macrophages of four different donors not only showed 289 remarkable differences in their activation and phenotypes after co-incubation with a given 290 291 yeast, but many yeasts induced relatively weak activation in the case of some donors while inducing very high relative activation in others. This variability was marked for most of the 292 tested macrophage features when all 19 yeasts were compared (Supplementary File S4). 293 294 These donor-dependent differences (that apparently mask strain and even strain-group level 295 differences in macrophage activation) have previously not been uncovered, as experiments are 296 usually conducted using one donor - one yeast strain setups [49, 50]. As proinflammatory processes have been associated with increased virulence of the species [46], donor dependent 297 differences in phagocyte activation may be important in future studies on virulent and 298 avirulent S. cerevisiae. 299

Relatively rapid microevolutionary changes that influence the biology of opportunistic fungi have been found previously [51] in the case of other species. To the best of our knowledge, our results are the first to imply that commercial-derived *S. cerevisiae* baker's yeasts may evolve under an apparently commensal lifestyle with altered phenotypes but without elevated pathogenicity (often clearly decreased pathogenicity). As humans may come into contact with industrial strains of fungi on a daily basis, assessing the phenotypes, epidemiology and the potential evolution towards a pathogenic or commensal lifestyle of these fungi is relevant

from the aspects of clinical as well as evolutionary microbiology. Yeasts are often 307 308 excreted/cleared from the human body but their fate is apparently more complex [36, 52, 53]. Yeasts may also become commensal or opportunistic. These possibilities are summarized in 309 310 Figure 2. The phenotypic features including virulence factors observed in the cases of the commercial-derived isolates in this study might represent responses to adaptive pressures 311 312 inside the human host (e.g. changed stress tolerance) or, on the contrary, a relaxed selection 313 compared to the circumstances under industrial strain selection (e.g. decreased phospholipase activity). 314

Yeasts, especially S. cerevisiae are species of clinical interest and simultaneously model 315 organisms in this field. Here, we have found indication that commercial food strains of the 316 317 species are capable of persisting as commensals in different niches of the human body for periods long enough to allow microevolutionary changes, resulting in isolates possessing 318 genetic markers identical to, or very similar to commercial strains, but having distinct 319 320 phenotypes. The diverse phenotypes of commercial-derived isolates suggest no selective pressure towards higher virulence and pathogenicity during this process. Further studies 321 involving phenotypic analysis and genomics of different Saccharomyces strains and isolates 322 323 may provide an unprecedented insight into how our most widely used domesticated microbe evolves in human hosts and help us to better understand its pathogenic potential. 324

325

326 Author contributions

327 W.P.P. and I.P. designed project and experiments. E.U., R.K. & L.M. collected and identified

isolates, and collected patient data. W.P.P., E.B., Á.J. & I.Zs conducted phenotypic

329 experiments. K.P., A.B., W.P.P. & E.B. conducted immunological experiments. W.P.P., E.B.,

330	Z.A., & M.S. conducted and evaluated genetic experiments. W.P.P., I.Zs. & E.B. compiled
331	literature data. W.P.P., E.B. & I.P. wrote the article.

333 Acknowledgments

- 334 W.P.P. acknowledges the support of the Postdoctoral Fellowship Programme of the
- Hungarian Academy of Sciences (MTA). We are grateful to Eszter Róka (Dept. of
- 336 Pharmaceutical Technology, UD) & Zoltán Mészár (Dept. of Anatomy, Histology and
- 337 Embryology, UD). We thank the staff and MSc students of the Dept. of Biotechnology and
- 338 Microbiology, Dept. of Genetics and Applied Microbiology, and that of the Dept. of
- 339 Immunology for support. We are grateful for two anonymous reviewers for valuable

340 comments and additions to this work.

341

342 Conflict of Interest

343 The authors declare no conflict of interest.

344

345 5. References

346	[1]	Legras, JL., Merdinoglu, D., Cornuet, JM., Karst, F., Bread, beer and wine:
347		Saccharomyces cerevisiae diversity reflects human history. Mol. Ecol. 2007, 16, 2091-
348		102.
349	[2]	Strope, P.K., Skelly, D.A., Kozmin, S.G., Mahadevan, G., et al., The 100-genomes
350		strains, an <i>S. cerevisiae</i> resource that illuminates its natural phenotypic and genotypic
351		variation and emergence as an opportunistic pathogen. Genome Res. 2015, 125, 762-
352		774.
353	[3]	Gallone, B., Steensels, J., Baele, G., Maere, S., et al., Domestication and divergence of

- 354 *Saccharomyces cerevisiae* beer yeasts. *Cell* 2016, *166*, 1397–1410.e16.
- Moslehi-Jenabian, S., Pedersen, L.L., Jespersen, L., Beneficial effects of probiotic and
 food borne yeasts on human health. *Nutrients* 2010, 2, 449–73.
- 357 [5] Huffnagle, G.B., Noverr, M.C., The emerging world of the fungal microbiome. *Trends*

Microbiol. 2013, 21, 334–341. 358 Hallen-Adams, H.E., Suhr, M.J., Fungi in the healthy human gastrointestinal tract. 359 [6] 360 Virulence 2016, 1–7. Rizzetto, L., De Filippo, C., Cavalieri, D., Richness and diversity of mammalian fungal [7] 361 communities shape innate and adaptive immunity in health and disease. Eur. J. 362 363 Immunol. 2014, 44, 3166–3181. Scanlan, P.D., Marchesi, J.R., Micro-eukaryotic diversity of the human distal gut 364 [8] microbiota: qualitative assessment using culture-dependent and -independent analysis 365 of faeces. ISME J. 2008, 2, 1183-1193. 366 [9] Angebault, C., Djossou, F., Abélanet, S., Permal, E., et al., Candida albicans is not 367 always the preferential yeast colonizing humans: A study in Wayampi amerindians. J. 368 Infect. Dis. 2013, 208, 1705-1716. 369 370 [10] Goldstein, A.L., McCusker, J.H., Development of Saccharomyces cerevisiae as a model pathogen: A system for the genetic identification of gene products required for 371 survival in the mammalian host environment. Genetics 2001, 159, 499-513. 372 Muller, L.A.H., Lucas, J.E., Georgianna, D.R., McCusker, J.H., Genome-wide 373 [11] association analysis of clinical vs. nonclinical origin provides insights into 374 Saccharomyces cerevisiae pathogenesis. Mol. Ecol. 2011, 20, 4085–97. 375 Enache-Angoulvant, A., Hennequin, C., Invasive Saccharomyces Infection: A 376 [12] 377 Comprehensive Review. Clin. Infect. Dis. 2005, 41, 1559–1568. Murphy, A., Kavanagh, K., Emergence of Saccharomyces cerevisiae as a human 378 [13] 379 pathogen. Enzyme Microb. Technol. 1999, 25, 551-557. Chioukh, F.Z., Ben Hmida, H., Ben Ameur, K., Toumi, A., et al., Septicémie à 380 [14] Saccharomyces cerevisiae chez un prématuré traité par Ultra-Levure®. Med. Mal. 381 382 Infect. 2013, 43, 359-360. Hamoud, S., Keidar, Z., Hayek, T., Recurrent Saccharomyces cerevisiae fungemia in 383 [15] an otherwise healthy patient. Isr. Med. Assoc. J. 2011, 13, 575-576. 384 Jensen, D.P., Smith, D.L., Fever of unknown origin secondary to brewer's yeast 385 [16] ingestion. Arch. Intern. Med. 1976, 136, 332-3. 386 Chitasombat, M.N., Kofteridis, D.P., Jiang, Y., Tarrand, J., et al., Rare opportunistic 387 [17] (non-Candida, non-Cryptococcus) yeast bloodstream infections in patients with cancer. 388 389 J. Infect. 2012, 64, 68–75. Anoop, V., Rotaru, S., Shwed, P.S., Tayabali, F.S. et al., Review of current methods 390 [18] for characterizing virulence and pathogenicity potential of industrial Saccharomyces 391 392 cerevisiae strains towards humans. FEMS Yeast Res. 2015, 15, pii: fov057. Zhu, Y.O., Sherlock. G., Petrov, D.A., Whole genome analysis of 132 clinical 393 [19] Saccharomyces cerevisiae strains reveals extensive ploidy variation. G3 (Bethesda) 394 2016, 6: 2421-2434. 395 Liti, G., Carter, D.M., Moses, A.M., Warringer, J., et al., Population genomics of 396 [20] 397 domestic and wild yeasts. Nature 2009, 458, 337-41. Hennequin, C., Thierry, A., Richard, G.F., Lecointre, G., et al., Microsatellite typing as 398 [21] a new tool for identification of Saccharomyces cerevisiae strains. J. Clin. Microbiol. 399 2001, 39, 551-559. 400 401 [22] Clemons, K. V, Salonen, J.H., Issakainen, J., Nikoskelainen, J., et al., Molecular 402 epidemiology of Saccharomyces cerevisiae in an immunocompromised host unit. Diagn. Microbiol. Infect. Dis. 2010, 68, 220-227. 403 404 [23] Choi, G., Meijer, S.L., Hazenberg, M.D., Disseminated bread yeast fungaemia in a 405 baker's wife with acute myeloid leukaemia. Br. J. Haematol. 2012, 158, 298-298. Seng, P., Cerlier, A., Cassagne, C., Coulange, M., et al., Saccharomyces cerevisiae 406 [24] 407 osteomyelitis in an immunocompetent baker. IDCases 2016, 5, 1-3.

- 408 [25] Nyirjesy, P., Vazquez, J.A., Ufberg, D.D., Sobel, J.D., et al., *Saccharomyces cerevisiae*409 vaginitis: Transmission from yeast used in baking. *Obstet. Gynecol.* 1995, 86, 326–
 410 329.
- 411 [26] de Llanos, R., Querol, A., Planes, A.M., Fernández-Espinar, M.T., Molecular
 412 characterization of clinical *Saccharomyces cerevisiae* isolates and their association
 413 with non-clinical strains. *Syst. Appl. Microbiol.* 2004, *27*, 427–35.
- de Llanos, R., Querol, A., Pemán, J., Gobernado, M., et al., Food and probiotic strains
 from the *Saccharomyces cerevisiae* species as a possible origin of human systemic
 infections. *Int. J. Food Microbiol.* 2006, *110*, 286–90.
- 417 [28] Pérez-Torrado, R., Querol, A., Opportunistic strains of *Saccharomyces cerevisiae*: A
 418 potential risk sold in food products. *Front. Microbiol.* 2015, *6*, 1522.
- 419 [29] Stier, H., Bischoff, S.C., Influence of *Saccharomyces boulardii* CNCM I-745 on the
 420 gut-associated immune system. *Clin. Exp. Gastroenterol.* 2016, *9*, 269–279.
- 421 [30] McCullough, M.J., Clemons, K. V, Mccusker, J.H., Stevens, D.A., Species
 422 identification and virulence attributes of *Saccharomyces boulardii* (nom. inval.). *J.*423 *Clin. Microbiol.* 1998, *36*, 2613–2617.
- [31] Llopis, S., Hernández-Haro, C., Monteoliva, L., Querol, A., et al., Pathogenic potential
 of *Saccharomyces* strains isolated from dietary supplements. *PLoS One* 2014, *9*,
 e98094.
- de Llanos, R., Llopis, S., Molero, G., Querol, A., et al., In vivo virulence of
 commercial *Saccharomyces cerevisiae* strains with pathogenicity-associated
 phenotypical traits. *Int. J. Food Microbiol.* 2011, *144*, 393–399.
- [33] Cassone, M., Serra, P., Mondello, F., Girolamo, A., et al., Outbreak of *Saccharomyces cerevisiae* subtype *boulardii* fungemia in patients neighboring those treated with a probiotic preparation of the organism. *J. Clin. Microbiol.* 2003, *41*, 5340–5343.
- 433 [34] Muñoz, P., Bouza, E., Cuenca-Estrella, M., Marı, J., et al., *Saccharomyces cerevisiae*434 fungemia: An emerging infectious disease. *Clin. Infect. Dis.* 2005, *40*, 1625–1634.
- 435 [35] Cohen, L., Ranque, S., Raoult, D., *Saccharomyces cerevisiae boulardii* transient
 436 fungemia after intravenous self-inoculation. *Med. Mycol. Case Rep.* 2013, 2, 63–64.
- 437 [36] Fung, K.S., Scheel, O., Lyon, D.J., Cheng, A.F., et al., Self-inflicted bacteraemia and
 438 fungaemia in Vietnamese migrants. *Scand. J. Infect. Dis.* 1996, 28, 83–5.
- [37] Pfliegler, W.P., Sipiczki, M., Does fingerprinting truly represent the diversity of wine
 yeasts? A case study with interdelta genotyping of *S. cerevisiae* strains. *Lett. Appl. Microbiol.* 2016, *63*, 406–411.[38] Cotter, G., Doyle, S., Kavanagh, K.,
 Development of an insect model for the in vivo pathogenicity testing of yeasts. *FEMS*
- 443 *Immunol. Med. Microbiol.* 2000, 27, 163–169.
- 444 [39] Junqueira, J.C., *Galleria mellonella* as a model host for human pathogens: recent studies and new perspectives. *Virulence* 2012, *3*, 474–6.
- [40] Sipiczki, M., Diversity, variability and fast adaptive evolution of the wine yeast *Saccharomyces cerevisiae* genome—a review. Ann. Microbiol. 2011. *61*, 85–93.
- [41] Lopandic, K., Pfliegler, W.P., Tiefenbrunner, W., Gangl, H., Sipiczki, M., Sterflinger
 K, Genotypic and phenotypic evolution of yeast interspecies hybrids during high-sugar
 fermentation. *Appl. Microbiol. Biotechnol.* 2016, *100*, 6331–43.
- [42] McCusker, J.H., Clemons, K.V., Stevens, D.A., Davis, R.W., *Saccharomyces cerevisiae* virulence phenotype as determined with CD-1 mice is associated with the ability to grow at 42 degrees C and form pseudohyphae. *Infect. Immun.* 1994, 62, 5447–5455.
- [43] Klingberg, T.D., Lesnik, U., Arneborg., N., Raspor, P. et al., Comparison of *Saccharomyces cerevisiae* strains of clinical and nonclinical origin by molecular typing
 and determination of putative virulence traits. *FEMS Yeast Res.* 2008, 8, 631–640.

458	[44]	Strope, P.K., Skelly, D.A., Kozmin, S.G., Mahadevan, G., et al., The 100-genomes
459		strains, an S. cerevisiae resource that illuminates its natural phenotypic and genotypic
460		variation and emergence as an opportunistic pathogen. Genome Res. 2015, 25, 762-
461		774.
462	[45]	Ding, C., Festa, R.A., Chen, Y.L., Espart, A., et al., Cryptococcus neoformans copper
463		detoxification machinery is critical for fungal virulence. Cell Host Microbe 2013, 13,
464		265–276.
465	[46]	Ramarao, N., Nielsen-Leroux, C., Lereclus, D., The insect Galleria mellonella as a
466		powerful infection model to investigate bacterial pathogenesis. J. Vis. Exp. 2012,
467		e4392.
468	[47]	Wheeler, R.T., Kupiec, M., Magnelli, P., Abeijon, C., Fink, G.R. A Saccharomyces
469		cerevisiae mutant with increased virulence. Proc. Natl. Acad. Sci. USA 2003, 100,
470		2766–2770.
471	[48]	Seider, K., Heyken, A., Luttich, A., Miramon, P., et al., Interaction of pathogenic
472		yeasts with phagocytes: survival, persistence and escape. Curr. Opin. Microbiol. 2010,
473		13: 392–400.
474	[49]	Smith, I.M., Christensen, J.E., Arneborg, N., Jespersen, L., Yeast modulation of human
475		dendritic cell cytokine secretion: An in vitro study. PLoS One 2014, 9, 12-14.
476	[50]	Yáñez, A., Murciano, C., Llopis, S., Fernández-espinar, T., et al., In Vivo and In Vitro
477		Studies on Virulence and Host Responses to Saccharomyces cerevisiae Clinical and
478		Non-Clinical Isolates. Open Mycol. J. 2009, 3, 37–47.
479	[51]	Magditch, D.A., Liu, T.B., Xue, C., Idnurm, A., DNA Mutations Mediate
480		Microevolution between Host-Adapted Forms of the Pathogenic Fungus Cryptococcus
481		neoformans. PLoS Pathog. 2012, 8, e1002936.
482	[52]	Moré, M.I., Swidsinski, A., Saccharomyces boulardii CNCM i-745 supports
483		regeneration of the intestinal microbiota after diarrheic dysbiosis – a review. Clin. Exp.
484		Gastroenterol. 2015, 8, 237–255.

[53] Cohen, L., Ranque, S., Raoult, D., *Saccharomyces cerevisiae boulardii* transient
fungemia after intravenous self-inoculation. *Med. Mycol. Case Rep.* 2013, 2, 63–64.

487 Figure I	Figure 1.	487
--------------	-----------	-----

- 488 Comparison of commercial yeasts' and their clinical counterparts' genotyping profiles. a:
- 489 interdelta fingerprinting with primers delta1-2. b: interdelta fingerprinting with primers
- delta12-2. c: interdelta fingerprinting with primers delta12-21. d: RAPD pattern with primer
- 491 24. e: microsatellite typing for locus YPL009c. f: microsatellite typing for locus YOR267c. g:
- 492 mtDNA-RFLP with enzyme RsaI. h: electrophoretic karyotype. Lane 1: BY1. Lane 2: Sz1.
- 493 Lane 3: BY2. Lane 4: Sz7. Lane 5: Sz9. Lane 6: PY1. Lane 7: DE27020.

495 Figure 2.

496 Possible outcomes of the intake of *S. cerevisiae* probiotic and baker's strains: clearence,

497 commensal, or pathogenic persistence with studies describing these highlighted. Question

498 mark represents inconclusive records (*e.g.* the pathogenicity of isolates was not estimated).

499

500 Table 1.

501 Phenotypic differences in commercial–clinical yeast pairs. Each clinical isolate is compared

to the commercial counterpart. Significant changes in the obtained continuous values,

503 >twofold differences in MIC values, and differences in stress tolerance, pseudohyphal type,

```
504 etc. are indicated.
```

505

- 506 Supplementary File S1.
- 507 Supplementary File 1: Supplementary materials and methods.

509	Supplementary File S2.
510	Supplemtary File S2. Comparison of commercial strains using interdelta and microsatellite
511	typing; interdelta genotyping and dendrogram of the strains and isolates; chromosomal band
512	patterns and chromosome polymorphisms of the strains and their clinical counterparts.
513	
514	Supplementary File S3.
515	Supplementary file 3. Phenotypic features and macrophage interactions of the commercial
516	strains and clinical isolates (measurements).
517	
518	Supplementary File S4.
519	Macrophage activation and extent of phagocytosis of the commercial strains and clinical
520	isolates. Donor-dependent differences are visualized as web graphs of obtained fold-change
521	values. Phagocytosis visualized with confocal laser scanning microscopy is presented for the
522	strain PY1.
523	
524	Supplementary File S5.
525	Survival data and statistics of larvae inoculated with different commercial yeast strains and

526 clinical isolates.