

# Environmental Monitoring and Assessment

## Examination of honeys and flowers as soil element indicators

--Manuscript Draft--

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<b>Abstract:</b>	Detection of soil element deficiencies is time consuming, requiring a major commitment for field work and analysis. Bees concentrate some elements in their honey which could allow soil element concentrations to be predicted without having to take large numbers of soil samples. We measured 14 element concentrations in soil, sunflower, acacia flower and honey samples from two different regions of Hungary. Across sites, the elements with significant correlation coefficients between honey and soil concentrations, in descending order of probability, were Cu > Ba > Sr = Ni > Zn > Mn = Pb > As. Bioconcentration from soil to honey was similar for areas with acacia and sunflower flowers. In the macroelements it was greatest for K, S and P and least for Mg and Na, and in the microelements greatest for B, then Zn, then Cu, then As, Mo and Sr and least for Fe, Ba, Mn and Pb. It is concluded that in acacia and sunflower growing regions, honey can give an accurate estimate of soil element concentrations for Cu and Ba, and provides relevant information for Sr, Ni, Zn, Mn, Pb and As.
<b>Response to Reviewers:</b>	

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# 1                    **Examination of honeys and flowers as soil element indicators**

2

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7

## 8                    **Abstract**

9                    Detection of soil element deficiencies is time consuming, requiring a major commitment for  
10                    field work and analysis. Bees concentrate some elements in their honey which could allow  
11                    soil element concentrations to be predicted without having to take large numbers of soil  
12                    samples. We measured 14 element concentrations in soil, sunflower, acacia flower and honey  
13                    samples from two different regions of Hungary. Across sites, the elements with significant  
14                    correlation coefficients between honey and soil concentrations, in descending order of  
15                    probability, were Cu > Ba > Sr = Ni > Zn > Mn = Pb > As. Bioconcentration from soil to  
16                    honey was similar for areas with acacia and sunflower flowers. In the macroelements it was  
17                    greatest for K, S and P and least for Mg and Na, and in the microelements greatest for B, then  
18                    Zn, then Cu, then As, Mo and Sr and least for Fe, Ba, Mn and Pb. It is concluded that in  
19                    acacia and sunflower growing regions, honey can give an accurate estimate of soil element  
20                    concentrations for Cu and Ba, and provides relevant information for Sr, Ni, Zn, Mn, Pb and  
21                    As.

22

23                    *Keywords:* bioconcentration, honey, element, flower, soil

24

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## 25 **1. Introduction**

26 Honey is a natural substance produced by *Apis mellifera* from flower nectar and/or honeydew.  
27 Environmental conditions are favourable for honey production in Hungary, with 18500 tons  
28 produced in 2013, and approximately 15000 tons per year exported (FAOSTAT 2016). The  
29 most important flowers used for honey production in Hungary are acacia, sunflower, linden,  
30 silk grass and oilseed rape.

31 Honey is a complex food and its properties depend on the botanical, environmental  
32 and postharvest conditions, including storage and extraction techniques (Pohl, 2009). It has a  
33 low mineral content (0.1-0.2% in nectar honeys) that depends on the botanical origin, soil  
34 conditions and treatment, rendering it suitable as an environmental indicator (Almeida-Silva  
35 et al. 2011). Soil is the main source of both essential and non-essential elements to plants,  
36 with uptake depending on soil properties, plant type, and farming method. The soils and  
37 flowers have a major influence on the mineral composition of honeys, and the mineral profile  
38 of honeys can be used to determine the floral and geographical origin of honeys (Pohl, 2009;  
39 Pohl et al., 2012). Anthropogenic activities, e.g. smelting, mining, burning of fossil fuel, use  
40 of fertilizers, pesticides, transport, may also affect soil properties, which change trace element  
41 behaviour (Kabata-Pendias and Mukherjee 2007). As bees collect pollen from flowers in a  
42 large area, about 7 km<sup>2</sup> (Crane 1984), honey potentially gives valuable environmental  
43 information from this area. This could obviate the need to take large numbers of soil samples  
44 to identify regional element deficiencies or toxicities. Determination of element content of  
45 honeys as a bioindicator has been studied by several authors, e.g. Conti and Botrè (2000),  
46 Bratu and Georgescu (2005), Rashed et al. (2009), Pohl et al. (2012), Bastias et al. (2013), Al  
47 Naggar et al. (2013). In these works the element content of honeys, pollens or waxes were  
48 determined, however they did not simultaneously examine the element content of soils and  
49 flowers from the honey collecting area. Al Naggar et al. (2014) measured the Cu, Zn Cd, Pb

50 and Fe concentrations in soil and flower samples and determined the transfer rates of these  
51 metals from soil to cotton and clover flowers; however there have been no studies in which  
52 the bioconcentration factors have been determined from soil to honey.

53 The aims of this study were (i) to determine the element content of soil, flower and  
54 honey samples; (ii) to calculate the bio-concentration factors between the flower and soil,  
55 honey and flower, honey and soil; and (iii) to determine relations between the element content  
56 of soil, flower and honey.

57

## 58 **2. Materials and methods**

### 59 ***2.1. Sampling and sample preparation***

60 Five-five soil, flower and honey samples were collected from five different regions of  
61 Hungary in 2015 (Table 1). Two flowers that predominate in these regions are acacia  
62 (*Robinia pseudoacacia*) and sunflower (*Helianthus annuus*). Samples of acacia flowers, the  
63 soils in which they grew and acacia honeys were collected from one area of Békés County  
64 (No.1) and two areas of Szabolcs-Szatmár-Bereg County (No. 2 and 3). Samples of soil in  
65 sunflower-growing regions, sunflower flowers and sunflower honeys (No. 4 and 5) came from  
66 two agricultural areas of Békés County. Soil of Szabolcs-Szatmár-Bereg County (Northern  
67 Hungary) is acidic and sandy, and Békés County (East Hungary) has alluvial meadow soil.  
68 Every collecting area was free from industrial activity and traffic.

69

70 The sampling of soil and flower samples was carried out during the bees' collecting time. In  
71 the case of soil samples, five samples were collected from every examined area at five  
72 randomly selected locations per hectare and from the top 15 cm of the soil. The size of  
73 sampling areas was five hectares, so the number of samples was 25 in each area. Samples  
74 were homogenized by areas and 1-1 kg of soil was used for element determination. Before the

75 digestion, soil samples were oven-dried at 105°C for 5 hours (Mettler UF 75 Universal  
76 Oven, Mettler GmbH+Co. KG, Schwabach, Germany) and then ground.

77

78 The sampling of flowers was carried out at the same locations as those used for the sampling  
79 of soils. Flower samples were oven-dried at 60°C for 12 hours before digestion. For honey  
80 sampling, at each location five hives were chosen randomly. Honey centrifugation from the  
81 hives was conducted separately for each collecting area, so at the end of centrifuging five  
82 honey samples were available. The sampling of honey samples (100 g) was carried out  
83 immediately after centrifuging from these five plastic barrels. In case of honey samples the  
84 element concentrations were determined in the dry matter.

85

86 All samples were stored in sterile glass jars at room temperature before the analysis.

87

## 88 ***2.2. Determination of the content of elements***

89 All chemicals were analytical grade or better. Ultrapure water (18.2 MΩ·cm) was used to  
90 prepare of solutions and dilutions produced by a Milli-Q water purification system (Millipore  
91 S.A.S., Molsheim, France). Nitric acid (69% v/v) and hydrogen-peroxide (30% v/v) were  
92 from VWR International Ltd. (Radnor, USA). The element standard solutions were prepared  
93 from mono-elemental standard solutions (1000 mg L<sup>-1</sup>; Scharlab S.L., Barcelona, Spain).

94

95 The digestion of samples for element analysis was carried out according to the method of  
96 Kovács et al. (1996). This method has been validated using animal and plant materials in our  
97 accredited laboratory (ISO/IEC 17025:2005). For 3 g plant honey samples and 2 g flower  
98 samples 10 ml, and for 3 g soil samples 5 ml, of nitric acid was added, and the samples were  
99 allowed to stand overnight. In the pre-digestion phase the samples were heated at 60°C for 30

100 min (plant and honey samples) or 60 min (soil samples). After the samples had cooled, 3 ml  
101 hydrogen-peroxide (plant and honey samples) or 5 ml hydrogen-peroxide (soil samples) was  
102 added and the main-digestion was carried out at 120°C for 90 min (plant and honey samples)  
103 or 4.5 hours (soil samples). After digestion, ultrapure water was added to make a final volume  
104 of 50 ml. Samples were homogenized and filtered using qualitative filter paper (Sartorius  
105 Stedim Biotech S.A., Gottingen, Germany). The concentrations of potassium, magnesium,  
106 sodium, phosphorus and sulphur were determined by Inductively Coupled Plasma Optical  
107 Emission Spectrometer (ICP-OES) (Thermo Scientific iCAP 6300, Cambridge, UK). The  
108 applied wavelengths (nm) were the following: 769.896 nm for K, 279.806 nm for Mg,  
109 818.326 nm for Na, 213.617 nm for P and 182.563 nm for S. The determination of arsenic,  
110 barium, boron, cadmium, cobalt, chromium, copper, iron, manganese, molybdenum, nickel,  
111 lead, strontium and zinc contents was carried out using Inductively Coupled Plasma Mass  
112 Spectrometer (ICP-MS) (Thermo Scientific XSeries 2, Bremen, Germany). The measured  
113 isotopes (amu) were 75 for As, 11 for B, 137 for Ba, 111 for Cd, 59 for Co, 52 for Cr, 65 for  
114 Cu, 55 for Mn, 95 for Mo, 60 for Ni, 206 for Pb, 80 for Se, 88 for Sr and 66 for Zn. Rhodium  
115 was used as internal standard (40 µg L<sup>-1</sup>).

116

117 The operating parameters of ICP-OES and ICP-MS are reported in Table 2. For ICP-OES the  
118 detection limits (DL) were determined for reagent blank samples (n=10) using the software  
119 for ICP-OES (iTEVA) at a confidence level of 99.0%: 0.525 mg kg<sup>-1</sup> for K, 0.104 mg kg<sup>-1</sup> for  
120 Mg, 0.488 mg kg<sup>-1</sup> for Na, 0.489 mg kg<sup>-1</sup> for P and 0.108 mg kg<sup>-1</sup> for S. For ICP-MS, the DLs  
121 were determined by using the following equation:  $DL = 3 * SD_{\text{reagent blank}} (n=10) / \text{sensitivity}$ .  
122 DLs were as follows: 0.0366 µg kg<sup>-1</sup> for As, 2.74 µg kg<sup>-1</sup> for B, 0.185 µg kg<sup>-1</sup> for Ba, 0.00963  
123 µg kg<sup>-1</sup> for Cd, 0.008 µg kg<sup>-1</sup> for Co, 0.0375 µg kg<sup>-1</sup> for Cr, 0.789 µg kg<sup>-1</sup> for Cu, 0.09 µg kg<sup>-1</sup>

124 for Mn, 0.0187  $\mu\text{g kg}^{-1}$  for Mo, 0.0998  $\mu\text{g kg}^{-1}$  for Ni, 0.643  $\mu\text{g kg}^{-1}$  for Pb, 0.395  $\mu\text{g kg}^{-1}$  for  
125 Sr and 2.57  $\mu\text{g kg}^{-1}$  for Zn.

126

### 127 **2.3. Statistical analysis**

128 Analytical analysis was carried out in triplicate. Data was described by using general terms  
129 (mean, standard deviation, minimum and maximum values), and Independent-Samples T  
130 Test, ANOVA. SPSS for Windows Version 13 (SPSS Inc. Chicago, Illinois, USA) was used  
131 for the calculations. Bio-concentration factors (BCF) were determined for flower/soil,  
132 honey/flower and honey/soil comparisons by using the following equations:

$$133 \quad BCF (\text{flower/soil}) = \frac{\textit{element concentration of flower sample}}{\textit{element concentration of soil sample}}$$

$$134 \quad BCF (\text{honey/flower}) = \frac{\textit{element concentration of honey sample}}{\textit{element concentration of flower sample}}$$

$$135 \quad BCF (\text{honey/soil}) = \frac{\textit{element concentration of honey sample}}{\textit{element concentration of soil sample}}$$

136 Differences between elements were analysed by one-way analysis of variance with the  
137 statistical package Minitab, using Fisher's Pairwise comparisons test to compare means post  
138 hoc. Pearson's correlation coefficients and probabilities were calculated for flower/soil,  
139 honey/soil and honey/flower mean measurements at each of the five locations, after  
140 ascertaining that data was normally distributed by the Anderson Darling test.

141

## 142 **3. Results and discussion**

### 143 **3.1. Macro, micro and trace element content of soil, flower and honey samples**

144 The element concentrations of examined soil, flower and honey samples are presented in  
145 Table 3. Analysing the macro element concentrations of soil samples, No.1S sample showed  
146 the highest K, Na and S contents. The highest Mg and P concentrations were determined in  
147 No.4S and No.5S samples. Examining the mean macro element concentrations, K was present

148 in the highest contents followed by Mg, P, S and Na. Examining the micro element contents  
149 the lowest element concentrations were measured in No.2S sample, and No.3S sample  
150 showed similar low element contents, except for Mo that was at a high concentration  
151 compared to other samples. The highest As, B, Fe and Mn contents were determined in No.1S  
152 sample, and No.4S sample showed the highest Ba, Cd, Cu, Pb and Sr concentrations. For the  
153 other micro elements (Co, Cr, Ni and Zn), the highest contents were measured in the other  
154 sunflower soil sample (No.5S). All of the soil samples contained Fe at the highest  
155 concentration and Mo and Cd were measured at the lowest contents. According to the mean  
156 micro element contents, Ba was the second most abundant element, followed by Mn, Zn, Cr,  
157 Ni, Cu, Sr and Pb. Concentrations of Co, As and B were less than 10 000 µg/kg.

158

159 Examining the mean macro, micro and trace elements concentration of soil samples, the  
160 sunflower soil samples showed higher element concentrations than acacia soil samples, except  
161 for Na, S and Mo, however statistically verified differences were determined only in the case  
162 of Ba, Cd, Cr, Cu, Pb, Sr and Zn contents (Table 4). Comparing the results of two different  
163 counties, the determined element concentrations were higher in samples from Békés County  
164 than in samples from Szabolcs-Szatmár-Bereg County, except for Mo. Significant differences  
165 (P value < 0.05) were found in K, Mg, P, As, Co, Cr, Cu, Fe, Mo, Ni, Pb, Sr and Zn  
166 concentrations (P values = 0.01, <0.001, 0.01, 0.02, 0.002, 0.03, 0.05, <0.001, 0.05, 0.01,  
167 0.03, 0.02 and 0.02, respectively). Note we also found that, comparing the soils used for the  
168 growing of acacia and sunflowers, there were significant increases in the following elements  
169 in the sunflower soils, compared with the acacia soils: Cd (P=0.005), Cr (P=0.04), Cu  
170 (P=0.02), Pb (P=0.04), Sr (P=0.04) and Zn (P=0.04).

171



172 In table 3 the element concentrations of flower samples are shown. Examining the macro  
173 element concentrations No.1F sample showed the highest Na and S contents, and the highest  
174 K and P concentrations were determined in No.2F sample. No.5F sample showed the highest  
175 Mg content. In every samples K was present in the highest concentration and based on mean  
176 element contents P was the second most abundant element followed by S, Mg and Na. The  
177 highest As, Fe and Ni contents were measured in No.2F sample and No.3F sample showed the  
178 highest Cr, Mn and Mo concentrations. Sunflower flower samples showed the highest Cd, Pb  
179 and Sr (No.4F) as well as the highest B, Ba, Co, Cu and Zn (No.5F) contents. Examining the  
180 sunflower flower samples more than 90 times Cd concentration was determined in these  
181 flower samples compared to acacia flower samples. Based on mean micro element  
182 concentrations, the most abundant element was the Fe followed by Zn, B, Mn, Cu, Sr, Ni and  
183 Ba. The concentrations of Mo, Cd, Cr, Co, As and Pb were under 1000  $\mu\text{g}/\text{kg}$ . Comparing the  
184 two sunflower samples the concentrations of Cr, Cu, Mo and Pb were very similar, however  
185 No.4F sample showed higher Cd and Sr concentrations than No.5F sample. Comparing acacia  
186 flower samples No.1F samples showed higher Ba, Cd, Pb and Sr concentrations than the other  
187 two acacia flower samples. Higher B, Ba, Cd, Co, Cu, Pb, Sr and Zn contents were measured  
188 in sunflower flowers than acacia flowers (Table 4), however significant differences ( $P$  value <  
189 0.005) between the acacia and sunflower flowers existed for B, Ba, Co, Cu, Fe, Mn, Pb, Sr  
190 and Zn contents. Examining the flower samples from two different soil types showed  
191 significant differences for P, Co, Cr and Mo ( $P=0.02, 0.04, 0.002$  and  $0.007$ , respectively).

192

193 Examining the macro element contents of honey samples, K was present in the highest  
194 concentrations followed by P and S in all of the honey samples (Table 3). In the case of acacia  
195 honey samples, No.1H sample showed higher K, Mg, Na and S contents than the other two  
196 acacia honey samples. No.2H and No.3H acacia honey samples showed very similar K, Mg,

197 Na and P concentrations. Examining the sunflower honeys, No.5H sample showed higher  
198 macro element concentrations except for Mg, however major differences were not detected  
199 between these two samples. Sunflower honey also tended to have lower P content, which  
200 together with the high K in all honey samples, and more in sunflower than acacia honey,  
201 confirms our previous studies (Czipa et al., 2015). The macro element concentration orders  
202 were the following: Mg<Na<S<P<K for acacia honeys and Na<Mg<S<P<K for sunflower  
203 honeys. Comparing the two honey types, higher macro element contents were measured in  
204 sunflower honeys than acacia honeys; and significant differences were determined in K and  
205 Mg concentrations. Acacia honey samples from Italy, Malaysia and Saudi Arabia have been  
206 reported with higher K ( $719\pm390$ ,  $1277\pm123$  and  $429-491$  mg kg<sup>-1</sup>, respectively) Mg  
207 ( $70.0\pm27.0$ ,  $14.1\pm5.8$  and  $189-196$  mg kg<sup>-1</sup>, respectively) and Na ( $91.0\pm29.0$ ,  $529\pm61$  and  
208  $15.9-19.0$  mg kg<sup>-1</sup>, respectively) concentrations than ours (Di Bella et al. 2015, Chua et al.  
209 2012 and Alquarni et al. 2014, respectively). Fermo et al. (2013) found similar concentrations  
210 in Italian honeys to those of our samples, but they were not from acacia or sunflower. Oroian  
211 et al. (2015) also measured high K (554 and 849 mg kg<sup>-1</sup>), Mg (51.2 and 63.8 mg kg<sup>-1</sup>) and Na  
212 (171 and 154 mg kg<sup>-1</sup>) in Romanian acacia and sunflower honeys. However, Atanassova et al.  
213 (2012) determined similar K (126 and 247 mg kg<sup>-1</sup>), Mg (6.00 and 14.0 mg kg<sup>-1</sup>), Na (8.11  
214 and 7.58 mg kg<sup>-1</sup>), P (24.0 and 41.0 mg kg<sup>-1</sup>) and S (12.0 and 20.0 mg kg<sup>-1</sup>) concentrations in  
215 Bulgarian acacia and sunflower honeys. North Indian sunflower honey showed higher K  
216 ( $176\pm0$  mg kg<sup>-1</sup>) and Na ( $690\pm0$  mg kg<sup>-1</sup>) concentrations than ours (Nanda et al., 2003).

217

218 Examining the micro element contents of honey samples, the Cr concentrations were under  
219 DL in every honey sample and Cd and Co concentrations were both under DL in acacia  
220 honeys (Table 3.). Micro element contents in No.2H and No.3H acacia honey samples were  
221 very similar. Acacia honey sample from Békés county (No.1H) showed higher micro element

222 concentrations than the other two acacia honeys from Szabolcs-Szatmár-Bereg county, except  
223 for Mo. In the sunflower honey samples (No.4H and No.5H), the concentrations of examined  
224 micro elements were similar, however much higher B and Zn contents were measured in  
225 No.5H sample.

226

227 Overall, honey from sunflowers had higher B, Ba, Cu, Fe, Pb, Sr and Zn contents and lower  
228 Ni than honey from acacia flowers, however significant differences (P value < 0.005) were  
229 determined only for Ba, Cu, Pb, Sr and Zn contents (Table 4). In relation to micro and trace  
230 element content, B, Zn and Fe had the highest values. Mn and As concentrations were similar  
231 in both honey types, but Ba, Cu, Sr and Pb were all higher in sunflower than acacia honey  
232 samples. However Mo and Ni contents were higher in acacia than sunflower honey samples.  
233 The micro element order was as follows: Mo<Pb<As<Ba<Ni<Sr<Cu<Mn<Fe<Zn<B for  
234 acacia honey and Mo<Cd<Co<Ni<Pb<As<Ba<Sr<Cu<Mn<Fe<Zn<B for sunflower honey,  
235 thus the order from Sr to B was the same.

236

237 Oroian et al. (2015) measured higher Ba, Cr, Cu, Fe, Mn, Ni, Pb and Sr but lower As  
238 concentrations in acacia (28.0; 51.0; 1820; 19390; 1720; 191; 62.0; 264 and 9.00  $\mu\text{g kg}^{-1}$ ,  
239 respectively) and sunflower (349; 37.0; 2390; 24010; 1000; 183; 40.0; 351 and 5.00  $\mu\text{g kg}^{-1}$ ,  
240 respectively) honeys from Romania. Bulgarian acacia and sunflower honeys (Atanassova et  
241 al., 2012) had higher Fe (830 and 1930  $\mu\text{g kg}^{-1}$ ) and Sr (150 and 210  $\mu\text{g kg}^{-1}$ ) but lower Zn  
242 (220 and 610  $\mu\text{g kg}^{-1}$ ) content than our samples. Micro and trace element contents of Egyptian  
243 honeys from sandy soil measured by Rashed et al. (2009) (5.00-430  $\mu\text{g kg}^{-1}$  for Cd, 80-800  $\mu\text{g}$   
244  $\text{kg}^{-1}$  for Co, 650-1600  $\mu\text{g kg}^{-1}$  for Cr, 1400-1900  $\mu\text{g kg}^{-1}$  for Cu, 35000-64000  $\mu\text{g kg}^{-1}$  for Fe,  
245 630-1400  $\mu\text{g kg}^{-1}$  for Mn, 200-700  $\mu\text{g kg}^{-1}$  for Ni, 1500-2100  $\mu\text{g kg}^{-1}$  for Pb and 8800-11000  
246  $\mu\text{g kg}^{-1}$  for Zn) were much higher than in our samples and Al Nagggar et al. (2013) determined

247 much higher Fe (2800-3730  $\mu\text{g kg}^{-1}$ ), and Pb (110-1590  $\mu\text{g kg}^{-1}$ ), but lower Zn (1020-1430  $\mu\text{g}$   
248  $\text{kg}^{-1}$ ), concentrations in their Egyptian honey samples. Conti and Botrè (2000) measured  
249 higher Cd (<2.00-63.0  $\mu\text{g kg}^{-1}$ ) and Cr (8.40-102  $\mu\text{g kg}^{-1}$ .) concentration in Italian honey  
250 samples.

251

252 Examining the element concentration of sunflower soil and honey samples, the honey  
253 collected from soil with higher element contents also had higher element concentrations. In  
254 the case of acacia soil and honey samples a similar tendency was observed, except for P, Mo  
255 and Ni concentrations.

256

### 257 ***3.2. Comparing the element contents of soil, flower and honey samples***

258 Combined with the soil, flower and honey samples confirmed that those from soils with high  
259 element concentrations showed high element contents for several examined elements.  
260 Because the element uptake and transport is influenced by soil properties and plant type, the  
261 samples were analysed separately for the different plant types. Examining the acacia samples,  
262 the flower and honey samples followed a tendency that was observed in soil samples, namely  
263 the flowers and honeys collected from soils with higher Mg, Na, S, Ba, Cu and Pb contents  
264 showed higher concentrations of these elements. In the case of K, Fe, Mn and Zn, the element  
265 content of flower samples did not follow the element content of soils; however the honeys did  
266 showed a similar tendency. Flower samples had similarly high concentrations to soil samples  
267 in the case of Mo and Sr, however honey samples did not follow this trend. In the case of P  
268 the order of element content of flower and honeys samples was the same but soils showed a  
269 different order. In the case of As, B and Ni relations were not able to be determined.  
270 Examining the sunflower soils, the order of examined elements of soil, flower and honey  
271 samples was the same except for K, Mg, Ba and Fe. In the case of K, Mg and Fe, the element

272 content of soil samples was followed by honey samples; however the flower samples did not  
273 show this tendency. In the case of Ba, only the flower and honey samples showed the same  
274 trends.

275  
276 From the BCF values of acacia and sunflower samples, it is evident that flower/soil values  
277 were greater than 1.00 for K, P, S, B, Cu, Mo, Ni and Zn (acacia) and for K, P, S, B and Mo  
278 (sunflower); BCF (honey/flower) values were less than 1.00 in case of all samples; BCF  
279 (honey/soil) values were higher than 1.00 for B in both samples (Table 5). In acacia samples  
280 considered separately, BCF (flower/soil) values were much lower for samples from Békés  
281 County; samples from Szabolcs-Szatmár-Bereg County showed increased BCF  
282 (honey/flower) values for Na, S, Ba, Cu, Fe, Mo, Ni and Sr. Examining the honey/soil values  
283 for acacia samples, those from Békés County had lower values (except Mn, Mo and Pb) than  
284 the other two samples. Sunflower samples showed similar BCF (flower/soil) values for Na, P,  
285 Ba, Cd, Co, Cu, Pb, Sr and Zn, however the samples from Sarkad (No.5.) showed higher  
286 values for Mg, As, B and Fe. Examining the BCF (honey/flower) values, the sunflower  
287 honeys from Sarkad showed higher values for K, Na, S, Co, Mn, Ni and Zn, and sunflower  
288 samples from Sarkadkeresztúr had higher values for Mg, P, As, Ba, Cd and Fe. For other  
289 elements the values were very similar. Examining the BCF (honey/soil) values, the sunflower  
290 samples showed similar values for Mg, As, Ba, Cu, Fe, Mn, Ni and Pb. Samples from  
291 Sarkadkeresztúr showed higher values for K, P and Cd.

292  
293 Considering the samples together (five soils, five flowers and five honeys) the BCF  
294 (flower/soil) values were greater for B, K, P, S and Mo than all other elements. The lowest  
295 values were determined for As, Co, Cr, Fe and Pb. BCF (honey/flower) values were highest  
296 for B and As, then all the other elements, except Ni, which was lower than all of these and

297 Cd, Co and Cr, which were not determinable. In the case of honey samples, the BCF  
298 (honey/soil) values were low (except B), thus the translocation of examined elements from  
299 soil to nectar (honey) was low. The BCF (honey/soil) values were highest for B, then K, then  
300 all other elements, except Cd, Co and Cr, which were non determinable and P and S which  
301 were intermediate between K and the other elements. The BCF orders were very similar for  
302 acacia flowers and sunflowers.

303

304 Examining the results, there was little movement of Fe through the soil-flower-honey system.  
305 Since Fe can be bound to the cell wall of the root rhizodermis of root (Szabó 1998), the  
306 translocation of this element from root to other organs (e.g. flower) is limited. Similarly the  
307 translocation of two potentially toxic elements, Pb and As, was very low. The translocation of  
308 Mo was high between the soil and flower; however this movement was very low to honey.  
309 The translocation of Mn and Ba was moderate in this system. In relation to micro elements,  
310 the two highest movements were for Zn and B.

311

312 Comparing the bio-concentration factors with elements as replicates, these were higher for  
313 flower/soil (mean 2.57) than honey/flower and honey/soil (means 0.098 and 0.038,  
314 respectively (SED = 0.816, P = 0.005).

315

316 Table 6 shows the results of Pearson's correlation between elements of flower and soil, honey  
317 and soil or honey and flower system. The elements with significant correlations between  
318 honey and soil, in descending order of P value, were Cu > Ba > Pb > Sr = Ni > Zn > Mn > As. The  
319 elements with significant correlations between honey and flower, in descending order of P  
320 value, were Pb = Sr > Zn > Cu > Ba > Fe > B > Mo. The elements with significant correlations

321 between flower and soil, in descending order of P value, were  
322 S>Cd>Ba>Pb>Cu>Co=Mo>Sr>Zn>Cr>Na

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#### 324 **4. Conclusions**

325 In this study 19 elements were measured in five-five soil, flower and honey samples (acacia  
326 and sunflower) from two Hungarian Counties (Békés and Szabolcs-Szatmár-Bereg County)  
327 and BCF values were determined using these samples. Soil samples were collected from  
328 unpolluted areas and our results showed low contaminant concentrations, with little  
329 bioconcentration in the case of Pb and As, and with Cd undeterminable due to low  
330 concentrations. The highest bioconcentration from soil to honey was for B, which was the  
331 only element in higher concentrations in honey than soil. K, P, S and Na showed higher  
332 bioconcentration than other elements. The strongest correlations between soil and honey were  
333 for Cu, Ba and Sr. The results have potential for detecting regional deficiencies in soil, for  
334 example as suggested by the correlation coefficients of 0.99 and 0.95 for Cu and Zn,  
335 respectively, since bees gather pollen from a region of about 7 km<sup>2</sup>, thus avoiding the need to  
336 take soil samples over large areas. High Pb and As (CC 0.98 and 0.88, respectively)  
337 concentrations in soils may also be successfully determined from their concentrations in  
338 honey, but this is yet to be confirmed in contaminated regions. In the literature there are many  
339 studies about honey as a bioindicator, however the examination of soils, flowers and honeys  
340 element content together is very rare. With this study we are able to verify the relations  
341 among the element contents of honeys, flowers and soils.

342

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345

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Table 1. Sample type and floral and geographical origin

Type of sample	Sample number	Sample name	County	Town
Soil	No.1S	Acacia soil	Békés	Sarkadkeresztúr
	No.2S	Acacia soil	Szabolcs-Szatmár-Bereg	Nyírlugos
	No.3S	Acacia soil	Szabolcs-Szatmár-Bereg	Önböly
	No.4S	Sunflower soil	Békés	Sarkadkeresztúr
	No.5S	Sunflower soil	Békés	Sarkad
Flower	No.1F	Acacia flower	Békés	Sarkadkeresztúr
	No.2F	Acacia flower	Szabolcs-Szatmár-Bereg	Nyírlugos
	No.3F	Acacia flower	Szabolcs-Szatmár-Bereg	Önböly
	No.4F	Sunflower flower	Békés	Sarkadkeresztúr
	No.5F	Sunflower flower	Békés	Sarkad
Honey	No.1H	Acacia honey	Békés	Sarkadkeresztúr
	No.2H	Acacia honey	Szabolcs-Szatmár-Bereg	Nyírlugos
	No.3H	Acacia honey	Szabolcs-Szatmár-Bereg	Önböly
	No.4H	Sunflower honey	Békés	Sarkadkeresztúr
	No.5H	Sunflower honey	Békés	Sarkad

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Table 2. Operating parameters of ICP-OES and ICP-MS

<b>Parameters (ICP-OES)</b>		<b>Parameters (ICP-MS)</b>	
Operating power	1350 W	Rf power	1400 W
Plasma gas flow rate	16 l min <sup>-1</sup>	Plasma gas flow rate	14.0 l min <sup>-1</sup>
Auxiliary gas flow rate	1.0 l min <sup>-1</sup>	Auxiliary gas flow rate	1.0 l min <sup>-1</sup>
Nebuliser gas flow rate	1.0 l min <sup>-1</sup>	Nebuliser gas flow rate	0.9 l min <sup>-1</sup>
Rinsing time	30 sec	CCT gas flow rate	6.0 ml min <sup>-1</sup>
Rinsing pump speed	75 rpm	Sample uptake rate	0.5 ml min <sup>-1</sup>
Stabilization time	5 sec	CCT gas	7% H <sub>2</sub> in 93% He
Integration time		Dwell time	100 ms
Low WL* range	10 sec	Sweeps	9
High WL* range	10 sec	Main runs	3

\*WL: wavelength

Table 3. Results of element contents of examined soil, flower and honey samples. For the county of origin for each sample see table 1.

Elements	No.1S	No.2S	No.3S	No.4S	No.5S	Mean±SD
<i>K (mg kg<sup>-1</sup>)</i>	3451±11	825±12	1009±5	2410±17	3322±29	2203±1243
<i>Mg (mg kg<sup>-1</sup>)</i>	2729±70	653±9	792±9	3039±18	2891±32	2021±1191
<i>Na (mg kg<sup>-1</sup>)</i>	215±4	27.7±1.1	42.4±0.3	89.7±3.3	103±2	94.9±74.0
<i>P (mg kg<sup>-1</sup>)</i>	772±19	225±5	233±14	600±20	834±14	533±290
<i>S (mg kg<sup>-1</sup>)</i>	731±9	161±10	140±4	209±2	229±5	294±247
<i>As (µg kg<sup>-1</sup>)</i>	10869±323	1473±5	1423±76	7014±46	8003±53	5756±4180
<i>B (µg kg<sup>-1</sup>)</i>	3216±23	2359±15	2304±18	2611±6	3152±8	2728±432
<i>Ba (µg kg<sup>-1</sup>)</i>	73142±144	15334±102	17029±180	300105±559	297000±694	140521±146129
<i>Cd (µg kg<sup>-1</sup>)</i>	176±4	63.9±1.0	34.5±2.9	594±12	518±5	277±261
<i>Co (µg kg<sup>-1</sup>)</i>	8608±58	1498±1	1984±32	9479±52	10706±58	6455±4371
<i>Cr (µg kg<sup>-1</sup>)</i>	39269±158	5376±84	6734±84	66163±176	72447±506	37998±31714
<i>Cu (µg kg<sup>-1</sup>)</i>	22444±174	6556±153	4874±102	46070±149	45278±428	25044±20043
<i>Fe (mg kg<sup>-1</sup>)</i>	25426±3	4505±2	5561±6	24343±2	22638±2	16495±10516
<i>Mn (µg kg<sup>-1</sup>)</i>	161472±452	94823±554	137426±614	139722±319	155627±716	137814±26120
<i>Mo (µg kg<sup>-1</sup>)</i>	79.4±1.8	110±1	152±6	45.8±4.3	69.3±4.3	91.2±40.9
<i>Ni (µg kg<sup>-1</sup>)</i>	39170±379	4218±23	5471±16	56797±217	63504±447	33832±27918
<i>Pb (µg kg<sup>-1</sup>)</i>	18201±143	7689±10	5426±63	30834±151	27523±164	17935±11400
<i>Sr (µg kg<sup>-1</sup>)</i>	22071±441	5625±75	4206±90	38416±232	33558±252	20775±15655
<i>Zn (µg kg<sup>-1</sup>)</i>	64310±201	14204±137	15137±114	105993±2123	109102±833	61749±46475
Elements	No.1F	No.2F	No.3F	No.4F	No.5F	Mean±SD
<i>K (mg kg<sup>-1</sup>)</i>	17036±157	18636±242	16344±354	17458±122	16447±21	17184±929
<i>Mg (mg kg<sup>-1</sup>)</i>	941±23	838±13	907±22	1320±11	1663±18	1134±350
<i>Na (mg kg<sup>-1</sup>)</i>	65.8±1.8	33.3±1.5	35.4±0.9	31.8±1.1	34.4±0.8	40.1±14.4
<i>P (mg kg<sup>-1</sup>)</i>	2292±52	3796±182	3726±104	2150±54	2918±98	2976±773
<i>S (mg kg<sup>-1</sup>)</i>	2849±107	1735±26	1647±23	1751±25	1809±1	1958±501
<i>As (µg kg<sup>-1</sup>)</i>	119.5±0.6	135±4	104±3	61.4±1.3	89.2±2.3	102±28
<i>B (µg kg<sup>-1</sup>)</i>	11670±192	13990±132	14711±681	51793±411	78061±48	34045±29703
<i>Ba (µg kg<sup>-1</sup>)</i>	4218±45	2011±14	3175±12	7094±45	7456±14	4791±2402
<i>Cd (µg kg<sup>-1</sup>)</i>	6.28±0.01	3.18±0.09	2.22±0.06	393±11	328±2	147±197
<i>Co (µg kg<sup>-1</sup>)</i>	120±1	59.5±1.2	61.3±0.1	161±1	191±2	119±59
<i>Cr (µg kg<sup>-1</sup>)</i>	86.6±1.7	251±19	300±1	89.8±4	86.2±0.1	163±104
<i>Cu (µg kg<sup>-1</sup>)</i>	9888±13	9537±58	6679±62	16084±15	16203±101	11678±4262
<i>Fe (mg kg<sup>-1</sup>)</i>	108±1	128±1	93.8±0.6	49.6±0.0	67.9±0.0	89.4±31.2
<i>Mn (µg kg<sup>-1</sup>)</i>	25885±184	25608±245	29970±389	11771±26	17394±57	23326±5521
<i>Mo (µg kg<sup>-1</sup>)</i>	261±24	413±2.24	481±21	207±1	211±1	315±125
<i>Ni (µg kg<sup>-1</sup>)</i>	5933±84	10518±60	6079±84	3671±5	3749±86	5990±2780
<i>Pb (µg kg<sup>-1</sup>)</i>	65.2±1.9	45.7±2.6	41.0±8.2	138±4	127±0.13	83.3±45.9
<i>Sr (µg kg<sup>-1</sup>)</i>	4360±17	2575±13	2159±21	17504±41	16132±64	8546±7612
<i>Zn (µg kg<sup>-1</sup>)</i>	33023±111	32151±182	30631±249	41366±58	44059±109	36246±6040
Elements	No.1H	No.2H	No.3H	No.4H	No.5H	Mean±SD
<i>K (mg kg<sup>-1</sup>)</i>	285±2	209±1	228±1	431±9	492±4	329±126
<i>Mg (mg kg<sup>-1</sup>)</i>	2.82±0.15	1.22±0.01	1.37±0.22	15.1±0.1	13.8±0.0	6.88±6.99
<i>Na (mg kg<sup>-1</sup>)</i>	2.75±0.11	2.31±0.42	2.36±0.49	3.61±0.0	4.97±0.12	3.20±1.12
<i>P (mg kg<sup>-1</sup>)</i>	28.9±1.5	31.2±0.8	30.7±1.2	52.9±0.8	61.8±1.6	41.1±15.2
<i>S (mg kg<sup>-1</sup>)</i>	18.7±1.5	17.3±0.6	12.7±2.4	20.3±0.1	23.6±0.3	18.5±4.0
<i>As (µg kg<sup>-1</sup>)</i>	15.4±0.1	11.2±0.1	11.7±0.2	15.6±0.1	16.9±0.1	14.1±2.5
<i>B (µg kg<sup>-1</sup>)</i>	2971±44	2797±60	2851±90	3244±90	4775±18	3328±827
<i>Ba (µg kg<sup>-1</sup>)</i>	18.9±0.2	10.7±0.5	15.1±1.8	39.9±1.6	34.6±1.2	23.8±12.7
<i>Cd (µg kg<sup>-1</sup>)</i>	<DL	<DL	<DL	1.18±0.19	0.750±0.012	0.967±0.306
<i>Co (µg kg<sup>-1</sup>)</i>	<DL	<DL	<DL	0.871±0.050	1.71±0.15	1.29±0.60
<i>Cr (µg kg<sup>-1</sup>)</i>	<DL	<DL	<DL	<DL	<DL	<DL
<i>Cu (µg kg<sup>-1</sup>)</i>	76.3±3.0	57.5±1.2	51.9±2.0	129±3	131±4	89.3±38.6
<i>Fe (mg kg<sup>-1</sup>)</i>	0.437±0.026	0.287±0.004	0.421±0.008	0.612±0.011	0.553±0.009	0.462±0.126
<i>Mn (µg kg<sup>-1</sup>)</i>	191±4	123±3	140±3	146±2	172±4	154±27
<i>Mo (µg kg<sup>-1</sup>)</i>	0.514±0.560	0.871±0.026	0.831±0.048	<DL	0.326±0.02	0.636±0.261
<i>Ni (µg kg<sup>-1</sup>)</i>	14.8±0.9	20.9±1.9	25.9±0.3	3.90±0.19	6.38±1.26	14.3±9.3
<i>Pb (µg kg<sup>-1</sup>)</i>	2.45±0.0	0.516±0.014	0.451±0.041	7.46±0.30	6.77±0.12	3.53±3.38
<i>Sr (µg kg<sup>-1</sup>)</i>	44.5±2.9	28.4±0.3	31.9±1.9	98.2±0.6	93.2±2.6	59.2±33.9
<i>Zn (µg kg<sup>-1</sup>)</i>	967±46	420±4	575±5	2866±130	3233±21	1612±1333

Table 4. Element concentrations of samples of soil, flowers and honeys in acacia and sunflower-growing regions

<i>Element</i>	<i>Soil, acacia mean±SD*</i>	<i>Soil, sunflower mean±SD</i>	<i>SED**</i>	<i>P value</i>	<i>Flower, acacia mean±SD*</i>	<i>Flower, sunflower mean±SD*</i>	<i>SED**</i>	<i>P value</i>	<i>Honey, acacia mean±SD*</i>	<i>Honey, sunflower mean±SD*</i>	<i>SED**</i>	<i>P value</i>
<b>K (mg kg<sup>-1</sup>)</b>	1762±1466	2866±645	1144	0.406	17339±1176	16953±715	954	0.713	241±40	462±43	37.2	0.010
<b>Mg (mg kg<sup>-1</sup>)</b>	1391±1161	2965±105	867	0.167	895±52	1492±243	174	0.169	1.80±0.88	14.5±0.9	0.818	0.001
<b>Na (mg kg<sup>-1</sup>)</b>	95.0±104	94.9±11.5	77.9	0.998	44.9±18.2	33.1±1.8	13.6	0.450	2.47±0.24	4.29±0.96	0.694	0.216
<b>P (mg kg<sup>-1</sup>)</b>	410±314	717±165	249	0.306	3271±849	2534±543	694	0.366	30.3±1.2	57.4±6.36	4.55	0.098
<b>S (mg kg<sup>-1</sup>)</b>	344±335	219±14	250	0.651	2077±670	1780±41	500	0.594	16.2±3.1	22.0±2.3	2.64	0.119
<b>As (µg kg<sup>-1</sup>)</b>	4588±5439	7509±699	4071	0.525	120±16	75.4±19.7	15.5	0.065	12.8±2.3	16.3±0.9	1.48	0.145
<b>B (µg kg<sup>-1</sup>)</b>	2626±511	2882±383	431	0.596	13457±1598	64927±18574	9861	0.014	2873±89	4010±1083	767	0.376
<b>Ba (µg kg<sup>-1</sup>)</b>	35168±32897	298553±2196	24546	0.002	3135±1104	7275±256	834	0.016	14.9±4.1	37.3±3.7	3.64	0.009
<b>Cd (µg kg<sup>-1</sup>)</b>	91.5±74.7	556±54	62.4	0.005	3.89±2.12	361±46	32.5	0.058	<DL***	0.965±0.304	-	-
<b>Co (µg kg<sup>-1</sup>)</b>	4030±3972	10093±868	2996	0.136	80.3±34.4	176±21	28.0	0.042	<DL	1.29±0.59	-	-
<b>Cr (µg kg<sup>-1</sup>)</b>	17126±19188	69305±4443	14492	0.037	213±112	88.1±2.6	83.3	0.232	<DL	<DL	-	-
<b>Cu (µg kg<sup>-1</sup>)</b>	11291±9695	45674±560	7232	0.018	8701±1760	16143±84	1313	0.011	61.9±12.8	130±1	9.56	0.006
<b>Fe (mg kg<sup>-1</sup>)</b>	11830±11786	23490±1206	8807	0.277	110±17.2	58.8±12.9	14.5	0.039	0.382±0.082	0.583±0.042	0.065	0.054
<b>Mn (µg kg<sup>-1</sup>)</b>	131240±33752	147675±11247	25846	0.570	27154±2442	17583±267	1826	0.014	151±35	159±18.4	28.1	0.803
<b>Mo (µg kg<sup>-1</sup>)</b>	114±36	57.6±16.6	28.5	0.143	385±113	209±3	84.0	0.127	0.739±0.196	<DL	-	-
<b>Ni (µg kg<sup>-1</sup>)</b>	16286±19828	60150±4743	14999	0.061	7510±2606	3710±54	1943	0.145	20.5±5.6	5.12±1.78	3.45	0.036
<b>Pb (µg kg<sup>-1</sup>)</b>	10438±6816	29179±2341	5228	0.037	50.6±12.8	133±8	10.4	0.004	1.14±1.14	7.12±0.49	0.885	0.007
<b>Sr (µg kg<sup>-1</sup>)</b>	10634±9930	35987±3435	7620	0.045	3031±1169	16818±971	1010	0.001	34.9±8.47	95.7±3.54	6.58	0.003
<b>Zn (µg kg<sup>-1</sup>)</b>	31217±28663	107548±2198	21396	0.038	31935±1211	42713±1904	1350	0.004	654±282	3050±260	251	0.002

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Table 5. Bioconcentration factors for the flower/soil, honey/flower and honey/soil transitions

	<b>Flower/Soil</b>			<b>Honey/Flower</b>			<b>Honey/Soil</b>		
	Acacia	Sun-flower	Overall	Acacia	Sun-flower	Overall	Acacia	Sun-flower	Overall
K	14.6	6.10	11.2	0.014	0.027	0.019*	0.188	0.164	0.178
Mg	0.924	0.505	0.757	0.002	0.010	0.005	0.002	0.005	0.003*
Na	0.781	0.351	0.609	0.059	0.129	0.087*	0.051	0.045	0.048
P	11.9	3.54	8.58	0.010	0.023	0.015	0.103	0.081	0.094
S	8.80	8.15	8.54	0.008	0.012	0.010	0.074	0.100	0.085
As	0.059	0.010	0.039	0.108	0.222	0.153*	0.006	0.002	0.004
B	5.32	22.2	12.1	0.216	0.062	0.154*	1.12	1.38	1.22
Ba	0.125	0.024	0.085	0.005	0.005	0.005	0.0006	0.0001	0.0004
Cd	0.050	0.647	0.289*	-	0.003	-	-	0.002	-
Co	0.028	0.017	0.024	-	0.007	-	-	0.0001	-
Cr	0.031	0.001	0.019	-	-	-	-	-	-
Cu	1.09	0.353	0.795	0.007	0.008	0.008	0.008	0.003	0.004
Fe	0.017	0.003	0.011	0.004	0.010	0.006	0.0000	0.00002	0.00004
							5		
Mn	0.216	0.119	0.177	0.006	0.009	0.007	0.001	0.001	0.001
Mo	3.41	3.79	3.56	0.002	-	-	0.007	-	-
Ni	1.25	0.062	0.776	0.003	0.001	0.002	0.003	0.0001	0.002
Pb	0.006	0.005	0.005	0.020	0.054	0.033	0.0001	0.0002	0.0002*
Sr	0.390	0.468	0.421	0.012	0.006	0.009*	0.005	0.003	0.004
Zn	1.60	0.397	1.12	0.020	0.071	0.041*	0.028	0.028	0.028

427 \* Correlation is significant at the 0.05 probability level

Table 6. Pearson's correlation coefficients for flowers and soils, honeys and soils, and honeys and flowers

	<b>Flowers and soils</b>		<b>Honeys and flowers</b>		<b>Honeys and soils</b>	
	Corr.	P value	Corr.	P value	Corr.	P value
K	-0.422	0.479	-0.374	0.535	0.694	0.194
Mg	0.717	0.173	0.911	0.031	0.784	0.117
Na	0.895*	0.040	-0.235	0.703	0.184	0.767
P	-0.796	0.107	-0.394	0.512	0.583	0.302
S	0.998*	<0.001	0.139	0.824	0.166	0.790
As	-0.290	0.636	-0.600	0.285	0.884*	0.046
B	0.414	0.488	0.916*	0.029	0.592	0.293
Ba	0.976*	0.004	0.975*	0.005	0.982*	0.003
Cd	0.981*	0.003	-	-	-	-
Co	0.962*	0.009	-	-	-	-
Cr	-0.903*	0.036	-	-	-	-
Cu	0.964*	0.008	0.981*	0.003	0.993*	0.001
Fe	-0.601	0.284	-0.972*	0.006	0.765	0.132
Mn	-0.271	0.659	-0.220	0.722	0.893*	0.041
Mo	0.963*	0.009	0.951*	0.049	0.843	0.157
Ni	-0.827	0.084	0.700	0.188	-0.954*	0.012
Pb	0.972*	0.006	0.995*	<.001	0.979*	0.004
Sr	0.935*	0.020	0.996*	<.001	0.954*	0.012
Zn	0.930*	0.022	0.989*	0.001	0.950*	0.013