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1	Practical considerations in high-precision compound-specific radiocarbon analyses:
2	eliminating the effects of solvent and sample cross-contamination on accuracy and
3	precision
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15	
16	Abstract
17	Preparative capillary gas chromatography (pcGC) is widely used for the isolation of single
18	compounds for radiocarbon determinations. While being effective at isolating compounds,
19	there are still genuine concerns relating to contamination associated with the isolation
20	procedure, such as incomplete removal of solvent used to recover isolated samples from the
21	traps and cross-contamination, which can lead to erroneous ¹⁴ C determinations. Herein we
22	describe new approaches to identifying and removing these two sources of contamination.
23	First, we replaced the common "U" trap design, which requires recovery of compounds using

organic solvent, with a novel solventless trapping system (STS), consisting of a simple glass 24 tube fitted with a glass wool plug, allowing the condensation of isolated compound in the 25 wool and their solventless recovery by pushing the glass wool directly into a foil capsule for 26 graphitization. With the STS trap, an average of 95.7 % of the isolated compound was 27 recovered and contamination from column bleed was reduced. In addition, comparison of ¹⁴C 28 determinations of fatty acid methyl ester (FAME) standards determined offline to those 29 30 isolated by pcGC in STS traps showed excellent reproducibility and accuracy compared to those isolated using the traditional "U" traps. Second, "cold-spots" were identified on the 31 32 instrument, i.e. the termini of capillaries in the preparative unit, which can be cleaned of compounds condensed from earlier runs using a heat gun. Our new procedure, incorporating 33 these two modifications, was tested on archaeological fat hoards, producing ¹⁴C dates on 34 isolated C_{16:0} and C_{18:0} fatty acids statistically consistent with the bulk dates of the 35 archaeological material. 36

37

38 Introduction

39 Compound-specific radiocarbon analysis (CSRA) has proven to be a powerful tool in understanding C dynamics in the earth system at a mechanistic/process level by allowing the 40 fluxes and turnover rates of individual compounds or compound classes with well-defined 41 42 sources to be determined. The use of preparative capillary gas chromatography (pcGC) for the isolation of pure compounds for CSRA has been used widely in the environmental 43 sciences since its inception by Eglinton and co-workers¹ wherein the authors demonstrated 44 the application of the technique to radiocarbon determinations of *n*-alkanes and *n*-fatty acids. 45 The technique has since been extended to the analysis of a range of various organic 46 compounds in a diversity of matrices $^{2-6}$. 47

An important potential application of this approach is the radiocarbon dating of archeological 48 organic residues, particularly the $C_{16:0}$ and $C_{18:0}$ fatty acids derived from animal fats which 49 occur widely adsorbed within the clay matrix of archaeological potsherds. Although the 50 results of initial studies⁷⁻⁹ were promising, it was evident that the accuracy and precision of 51 52 these determinations did not meet the high standards demanded by archaeological dating, 53 making this perhaps the most challenging application of the technique. Any exogenous C 54 added to the samples (especially on small sample sizes) isolated from the archaeological matrix would reduce the accuracy of ¹⁴C measurements and require correction^{10, 11}. 55 56 Furthermore, it is critical for many archaeological applications that small chronological differences between samples (and therefore events) can be observed after calibration. The 57 accuracy and precision that is therefore required for archaeological samples exceeds those 58 often deemed reasonable for other CSRA applications. 59

Assuming sufficient analyte C is available, the major factors which can limit the achievable 60 61 levels of accuracy and precision during compound-specific radiocarbon dating are: i) introduction of exogenous C during isolation by pcGC, oxidation and reduction to graphite; 62 and ii) cross contamination or sample "carryover" between samples within the pcGC system 63 (i.e. GC or preparative fraction collector (PFC)). The samples and standards prepared in this 64 study were not considered to be 'small', however, for applications where only small samples 65 can be isolated and analyzed (ca. 10-100 µg C), the assessment of blank contributions and 66 correcting for their effects is critical and much research has been dedicated to such studies¹⁰⁻ 67 13 68

69 The matter of contamination of analytes with exogenous C incorporated during isolation of 70 compounds by pcGC, whether from column "bleed" and/or due to residual solvent in isolated 71 compounds after drying, has always been a matter of concern for users of the technique ^{1, 11,} 72 ^{14, 15}. In their original validation of the method, Eglinton et al.¹ used capillary columns coated with thin films of stationary phase to limit the effects of column "bleed" arising through thermal degradation, concluding that "There is minimal ¹⁴C background contamination (<<5 μ g of C) introduced by the pcGC system or by the GC column". Recently, we demonstrated for the first time that although present in analytes isolated by pcGC, cyclic poly(dimethyl siloxanes) resulting from the degradation of the stationary phase of the GC column, were not present in sufficient quantities to affect high precision ¹⁴C determinations¹⁶.

The potential for organic solvents, used to manipulate analytes post-trapping, to persist after 79 drying of compounds appears not to have been systematically investigated. The commercially 80 available glass traps used with the Gerstel PFC consist of a coaxial glass tube fitted with a 81 side-arm (Fig. 1A) whereby the column eluent flows down the interior channel, before 82 83 flowing up the exterior and leaving the trap via a side-arm. It is this outward flow which is switched on and off by the PFC system to direct the column eluent to different traps. The 84 isolated compounds are generally trapped when they condense in the initial few mm of the 85 86 trap. They are subsequently recovered by back-flushing the trap with an organic solvent followed by removal of the solvent from the resulting solution by blowing down under a 87 gentle stream of N₂ (Fig.1B). Since the compounds isolated by pcGC are generally lipophilic, 88 their affinity for organic solvents could result in the incomplete removal of the organic 89 solvents used to remove them from the traps. The low quantities of analyte trapped, combined 90 91 with their often relatively high volatilities means that it is undesirable to blow analytes down too strongly or for too long, as this could result in evaporative losses. Considering that any 92 exogenous C present at the permil level would have a significant effect on the determined 93 94 radiocarbon date of an isolated compound, it is conceivable that this could represent a significant source of exogenous C in such samples. Indeed, although they were unable to 95 identify or quantify any residual solvent using high-resolution GCMS or shifts in δ^{13} C values. 96 in 1996 Eglinton et al.¹ noted that, "Incomplete removal of solvent prior to combustion is the 97

major potential source of carbon contamination" in compounds isolated by pcGC. Commonly
adopted characterizations of, and corrections for, the effect of this contamination are
performed using the deviation of the determined F¹⁴C values for standards and blank
materials covering a range of sample sizes^{10, 11, 15}. An obvious solution to the effects of
incomplete solvent removal would be to recover isolated compounds without the use of
organic solvents.

A further challenge recognized in the radiocarbon determination of organic compounds 104 isolated by pcGC is cross-contamination between trapping sequences^{15, 12, 17}. Strategies for 105 avoiding cross-contamination involve "washing" the entire system by performing repeat 106 injections (10x) of aliquots of the new sample, discarding the resulting isolates and replacing 107 the traps with clean^{15, 12, 17}. This practice highly is undesirable, as it constitutes loss of 108 precious analyte especially given that isolating enough C is one of the major challenges in 109 CSRA. Furthermore, the efficacy of this practice has not, as far as we know, been rigorously 110 111 tested. It is most likely that any cross-contamination occurs as a result of compounds from earlier trapping sequences becoming condensed at 'cold spots' in the pcGC system but are re-112 mobilized, contaminating the subsequently isolated compound. The most likely location for 113 114 this to occur is where the fused silica capillaries protrude from the heated sections of the PFC unit and enter the unheated glass traps. We propose that any residual analyte adhering to the 115 116 capillaries at these locations could be removed with the application of heat.

Herein, we report a new trap design and the results of experiments conducted to: i) quantify
residual transfer solvent persisting in analytes, trapped using the traditional Gerstel "U" traps,
after blowing to dryness under a stream of N₂, ii) compare the sample trapping efficiency,
the mass of exogenous carbon introduced, and both the accuracy of ¹⁴C determinations (by
comparison with off-line preparation) and the precision (scatter of ¹⁴C dates) observed in
replicate analyses of compounds isolated using the traditional "U" traps and our new

solventless trapping system (STS trap), iii) determine the degree of cross-contamination
between isolated analytes and its potential impact on ¹⁴C determinations, and iv) assess the
efficacy of a simple heat gun cleaning procedure in reducing or eliminating analyte crosscontamination. We show through these modifications that high precision archeological
calendrical dates can now be routinely obtained.

128

129 Materials and Methods

130 Standards, solutions and samples

All glassware was washed with Decon 90, ultrapure (18.2 MΩ.cm) MilliQ[™] water and 131 acetone then pre-combusted ($450^{\circ}C > 5 h$) before use. All solvents were of HPLC grade and 132 purchased from Rathburn (Walkerburn, UK). Deuteriated chloroform (>99.96 atom % D), 133 $C_{16:0}$ and $C_{18:0}$ FAMEs were purchased from Sigma-Aldrich (Poole, UK). The $F^{14}C$ values of 134 135 these standards was determined and the weighted average of the five replicates used as a reference value. From these standards, a FAME standard solution was prepared in hexane, 136 containing each FAME at a concentration equivalent to 5 μ g C. μ L⁻¹, which is our target 137 concentration for FAMEs extracted for the pcGC isolation of archaeological samples in order 138 to obtain ca. 200 µg C. Glass wool (Assistent, Sondheim, Germany) was pre-combusted 139 $(450^{\circ}\text{C} > 5 \text{ h})$ prior to insertion in the glass tubes, which were then foil wrapped and pre-140 combusted again before use. 141

Archeological bog butters (large quantities of fats) were selected as ideal archaeological
samples to demonstrate the effectiveness of this method, due to their size and hydrophobic
nature. These samples were recovered from peat bogs of Ireland and their lipid compositions
revealed them to be animal fats deriving mainly from dairy products^{18, 19}. Samples were taken
from the center of these hoards (to avoid environmental contamination) and directly

147	combusted and graphitized. For CSRA of their lipids, FAMEs were prepared from the bog
148	butters using the method established by Correa-Ascensio and Evershed ²⁰ .
149	
150	pcGC parameters
151	The pcGC consisted of a Hewlett Packard 5890 series II gas chromatograph coupled to a
152	Gerstel Preparative Fraction Collector by a heated transfer line. Details of the pcGC
153	parameters were previously published in Casanova et al. ¹³ and are given in supplementary
154	materials.
155	The $C_{16:0}$ FAMEs were isolated in trap 'T1' and the $C_{18:0}$ FAMEs were isolated in trap 'T2'.
156	Trap,'T0' was used as the waste trap and all column effluent passed through this trap outside
157	the trapping time-windows.
158	
159	Quantification of residual solvent after transfer from "U" traps
160	$C_{16:0}$ and $C_{18:0}$ FAMEs were isolated by pcGC using the "U" traps, before transfer of the
161	isolated compounds into glass vials by flushing with 1 mL of dichloromethane. The isolated
162	FAME solutions were then blown to dryness under a gentle stream of N_2 . The samples were
163	then re-dissolved in deuterated chloroform and transferred to 1.7 mm NMR (nuclear
164	magnetic resonance) tubes for analysis by 700 MHz microcryoprobe ¹ H NMR as described
165	by Casanova et al. ¹⁶ .

166

167 Comparison of "U" traps and STS traps

FAMEs standards isolated using both trap designs were quantified by GC-FID (flame 168 ionization detector) after either flushing traps into glass vials with 1 mL of hexane ("U" 169 traps) or by transferring the glass wool into glass vials by pushing it out using the tip of a pre-170 combusted glass Pasteur pipette and dissolving the trapped FAMEs in hexane (STS traps). 171 This extract was split for both GC-FID analysis, to determine trapping efficiency, and the 172 quantification of exogenous C by NMR. After removal of glass wool, any remaining FAMES 173 174 on the inside of the STS traps were extracted with hexane to assess the partitioning of trapped compounds between the glass wool and the walls of the glass tubes. Compounds were 175 176 quantified by GC-FID using the internal standard method.

177

178 Quantification of exogenous carbon

FAME standards isolated by pcGC using both trap designs were extracted and ¼ of the
extract transferred to 1.7 mm NMR tubes in deuterated chloroform and analyzed using 700
MHz spectrometer equipped with microcryoprobe for the quantification of poly(dimethyl
siloxanes), deriving from 'column-bleed', and screening for residual solvent and other
sources of exogenous C as described previously ¹⁶.

184

185 Accuracy and precision of radiocarbon dates

186 Compounds isolated by pcGC (~200 μ g C) were transferred to tin capsules by either (i) using 187 the 'Russian doll' technique outlined by Stott et al.⁸ in the case of the traditional "U" traps; or 188 (ii) direct transfer of glass wool to a tin capsule in the case of the new STS traps. Samples 189 (including the pure FAME standards) were combusted using a Vario Isotope Select elemental 190 analyzer (EA, Elementar, Langesenbold, Germany) and the resulting CO₂ graphitized using

an automated graphitization system (AGE3, IonPlus, Zurich, Switzerland) using Fe (Aefa 191 Aesar, Heysam, UK) as a catalyst²¹. Graphitized samples were pressed into Al targets using a 192 pneumatic sample press (PSP, IonPlus, Zurich, Switzerland) and radiocarbon determinations 193 performed using size-matched standards and blanks on the BRIS-MICADAS system (ETH 194 Zurich, Zurich, Switzerland). 195 A mass-balance approach (outlined by Stott et al.⁸) was adopted to correct for the 196 contribution of the methyl group added in the derivatization of fatty acids, where appropriate. 197 Processing standards and blanks were prepared by performing trapping sequences whereby 198 only solvent was injected into the pcGC injector, but the trapping 'windows' were the same 199 as for real samples in order to mirror the concentrations of any exogenous C introduced by 200 this process. A total of 200 µg of C of radiocarbon-dead blank material (phthalic anhydride, 201 Sigma Aldrich) or standards (IAEA C7 and IAEA C8 oxalic acids) were added to the tin 202 capsule after the transfer of the trap contents and analyzed alongside the isolated FAMEs. 203

204

205 Cross-contamination between pcGC isolated compounds

Cross contamination was assessed by isolating FAMEs from the FAME standard solution
before injecting pure solvent onto the GC column, then the column eluent was trapped for 30s
at the retention times when the FAMEs would elute. This method was performed both
without cleaning the instrument, or after cleaning the end of the capillaries where they exit
the PFC using a heat gun at 300 °C under elevated He flow to evaporate any condensed
FAMEs. The contents of the traps were extracted and analyzed by GC-FID and any FAME
contamination was quantified using the internal standard method.

213

215 **Results and discussion**

The analysis presented below builds on our previous work^{7-9, 16} and provides two significant modifications to the pcGC protocol: (i) the use of a new trap design to overcome the incomplete removal of solvent during the handling of compounds post-isolation in the "U" traps, and (ii) the use of a heat-based cleaning method for the transfer capillary system, which removes cross-contamination between trapping sequences.

221

222 Incomplete removal of solvent

After trapping, FAMEs were recovered from the "U" traps by rinsing with organic solvent, 223 such as DCM, then 'removing' the solvent under a stream of N₂, (Fig. 1B) Despite the vials 224 which contain the isolated compounds appearing to be solvent-free, the ¹H NMR spectra 225 show a clear signal at 5.32 ppm corresponding to DCM protons (Fig. 2A). The amount of C 226 227 in the final trapped FAME, which is derived from the residual DCM as a proportion of the FAME C was found to be 7.4 % (or 1.8 μ g of C) in trap T1 (C_{16:0}) and 9.3 % (or 2.1 μ g of 228 C) in trap T2 ($C_{18:0}$). Since DCM is a petroleum-derived product and thus contains no 229 230 radiocarbon (i.e. it is radiocarbon 'dead'), this would equate to a shift in the determined radiocarbon dates of 60 and 75 years older than the true age, respectively. These offsets 231 would be outside the 2σ (95%) range of high-precision and typical archaeological 232 radiocarbon determinations, where 1σ errors are in the range of 25-30 years. These results 233 clearly demonstrate the potential for problems resulting from incomplete removal of solvent 234 prior to radiocarbon analysis, as originally recognized by Eglinton et al.¹. The compounds 235 isolated above were considered to be free of solvent before NMR analysis; although 236 determining the presence of such solvent by GC is impossible. These results emphasize the 237

need for using a solventless system for the recovery of compounds isolated by pcGC forradiocarbon dating for archeological applications.

240

241 Comparison of "U" and STS traps

242 Description of STS-trap design

The trap design for a solventless recovery (STS trap) tested herein consists of a borosilicate 243 glass capillary (3 mm OD, 1 mm ID, 70 mm in length) containing a 10 mm glass wool plug 244 positioned 15 mm from the top of the trap (Fig. 1C). The capillary tubes are connected to the 245 PFC via PTFE ferrules in the same manner as the "U" traps and the silicone tube connecting 246 the trap to the valve cluster in the PFC is attached to the bottom of the STS traps. The analyte 247 248 is condensed onto the glass wool, which can be physically removed from the trap by pushing, with the tip of a pre-combusted glass Pasteur pipette, directly into a tin/foil capsule for 249 250 combustion in an elemental analyzer or into a glass tube for offline combustion (Fig. 1D).

251

252 **Determination of trapping efficiency**

The percentages of C lost to waste (trap T0), successfully trapped and recovered in the "U" 253 and STS traps, and in the case of the STS traps, lost to the walls of the traps, were determined 254 by GC-FID (detailed results in supporting information Table S1). The proportion of C from 255 the FAME which was collected in the 'waste' trap, T0, was found to be 1.3 % in the case of 256 the "U" traps, and 1.2 % in the case of the STS traps. Any C transferred to the waste trap is 257 likely to be a consequence of the switching of the traps during the tail of the chromatographic 258 peaks and should therefore be independent of the trap design; our data support this as the 259 260 amount of FAMEs lost in the waste is identical for both designs.

Using the STS trap, a potential source of analyte loss would be due to condensation on the 261 internal walls of the glass tube. Determination of the proportion of C lost on the sides of the 262 tubes in the STS traps was shown to be 3.2 ± 4.4 % (1 σ). Losses of up to 12.2 % were 263 observed for the two most extreme cases, in traps where the PFC capillary was not in contact 264 with the glass wool. It can therefore be concluded that it is critical that the end of the 265 capillary from the fraction collector is positioned to be in contact with the glass wool. Any 266 267 dead-volume before the glass wool will promote turbulent flow and lead to analyte condensation on the walls of the tubes. However, the capillary termini must not be buried 268 269 within the glass wool as this can cause blockage that would prevent collection of the analyte. The average trapping efficiency of the glass wool in the STS traps was found to be 95.7 % of 270 the C introduced to the pcGC and the entirety of this C can be combusted directly for 271 graphitization and radiocarbon analysis without any risk of evaporative loss during solvent 272 removal or contamination with residual organic solvent. 273

274

275 Qualitative and quantitative assessment of exogenous carbon contributions

276 The amount of exogenous carbon introduced to samples isolated by pcGC into the STS traps was quantified by 700 MHz microcryoprobe ¹H NMR (detailed results in supporting 277 information Table S2 alongside data for the "U" traps reported by Casanova et al.¹⁶ and Fig. 278 2B). The mean amount of contaminant C (as a proportion of total C) introduced during 279 trapping into the STS traps was found to be 0.03 ‰. This level of radiocarbon-dead 280 contamination would cause a shift in the determined radiocarbon date of <1 y to older values. 281 This is a lower level of contamination than was determined for compounds isolated in the 282 traditional "U" traps (0.14 %; ~1 y shift to older values). Neither of the samples recovered 283 from the "U" traps or the STS traps showed any detectable form of exogenous C other than 284

column bleed poly(dimethyl siloxanes). The mean amount of column bleed isolated alongside 285 the FAME standards was 28 ng C for the "U" traps and 4 ng C for the STS traps. Neither 286 represent a significant level of contamination, however, it is interesting that less column 287 bleed was trapped using the new STS trap design. This observed difference is unlikely to be 288 due to differences in the condition of the GC column, as these trapping sequences were 289 carried out 1 week apart on the same instrument with the same GC column installed. It could 290 291 be that the internal walls of the STS trap tube have a higher affinity for trapping poly(dimethyl siloxanes) than the glass wool or that being more volatile, the PDMSs are not 292 293 retained on the glass wool, but the length of the "U" traps is sufficient to allow their condensation and recovery, although, this has yet to be fully tested experimentally. 294

295

296 Accuracy and precision assessment

The scatter, measured as the standard deviation (SD) of true replicate analyses observed 297 within radiocarbon determinations of replicate isolations and analyses of the same FAME 298 standards was assessed for both trap designs. This gives a measure of the overall precision of 299 300 the data obtained with each trap design. The radiocarbon determinations were then compared to those performed off-line for the same FAME standard (combusted and graphitized directly 301 without isolation by pcGC) to assess the accuracy of the compound-specific radiocarbon 302 303 determinations (detailed results in supporting information Table S3). It is clear from Fig. 3 that the scatter observed in the F¹⁴C values determined for FAMEs isolated using the 304 traditional "U" traps with solvent recovery (SD=0.0088 and 0.0120 for the C_{16:0} and C_{18:0} 305 306 FAMEs, respectively) is far higher than the same FAMEs measured off-line (SD=0.0030 and 0.0021 for the $C_{16:0}$ and $C_{18:0}$ FAMEs, respectively). The F¹⁴C values of FAMEs isolated 307 using the new STS trap design (SD=0.0041 and 0.0020 for the C_{16:0} and C_{18:0} FAMEs, 308

respectively) demonstrate a much lower degree of scatter than the "U" traps and more closely 309 reflect the accuracy and precision of the $F^{14}C$ values determined without pcGC isolation. 310 Interestingly, the scatter observed in radiocarbon contents of FAMEs isolated from the "U" 311 traps was not solely towards lower F¹⁴C values, as would be expected due to differing 312 amounts of radiocarbon 'dead' C from residual solvent. Some replicates demonstrated 313 significantly higher F¹⁴C values. The transfer of FAMEs in organic solvents from the "U" 314 traps to tin capsules and the subsequent solvent removal under a stream of N₂ involves much 315 sample handling in the open, and it is possible that additional ('modern') exogenous C could 316 be introduced at this stage²². Sources of this more modern exogenous C using this system 317 were not identified in this study, but this further highlights the need for minimal sample 318 handling post-isolation, as enabled by solventless traps. The quick and simple transfer of the 319 glass wool from the STS traps into tin capsules minimizes these sources of contamination. 320 The weighted means of the $F^{14}C$ values determined for the $C_{16:0}$ and $C_{18:0}$ FAME standards 321 322 and their 1 σ uncertainties were determined as 0.9882 ± 0.0015 and 1.0326 ± 0.0014,

respectively. The weighted means for the $C_{16:0}$ and $C_{18:0}$ FAMEs from the "U" traps were

 0.9905 ± 0.0020 and 1.0253 ± 0.0020 , respectively, and those from the STS traps were

325 0.9872 ± 0.0015 and 1.0297 ± 0.0014 , respectively.

A χ^2 test was applied to determine whether replicate radiocarbon analyses of the FAME standards isolated using each trap design demonstrated unacceptably high levels of scatter²³. The χ^2 test compared each replicate with the weighted mean of all replicates and the calculated χ^2 statistic was compared with the critical values for the relevant number of degrees of freedom. The χ^2 test was considered 'passed' if the χ^2 statistic was below the critical value corresponding to the 5% level. The ¹⁴C dates obtained for the C_{16:0} and C_{18:0} FAMEs isolated using the "U" traps both failed the χ^2 test at the 5 % level (T' = 27.7, T'(5%)

= 9.5, v = 4 and T' = 28.4, T'(5%) = 9.5, v = 4, respectively)²³, indicating a far higher level 333 of scatter than would be expected on a purely statistical basis. The $C_{16:0}$ and $C_{18:0}$ FAMEs 334 isolated using the STS traps both passed the χ^2 test at the 5 % level (T' = 6.2, T'(5%) = 14.1, 335 v = 7 and T' = 1.5, T'(5%) = 14.1, v = 7, respectively) indicating acceptable levels of 336 sample scatter (and therefore precision). As a further test of the equivalence of the values 337 obtained off-line for the pure FAME standards and those isolated by pcGC using the STS 338 traps, the replicates from both sets of analyses were combined and again subjected to χ^2 tests 339 (both comparing all replicates with the overall weighted mean value and with the weighted 340 341 mean from the off-line measurements alone) and passed at the 5 % level in each case (T' =0.2, T'(5%) = 3.8, v = 1 for the C_{16:0} and T' = 1.9, T'(5\%) = 3.8, v = 1 for the C_{18:0}). This 342 not only indicates that the precision of the STS method is excellent, but (in addition to the 343 fact that the weighted means agree to within 2σ) that the dates produced are accurate. The 344 same tests were performed on the replicate measurements from the "U" traps, however, these 345 failed the χ^2 test at the 5 % level in case of the C_{18:0} (T' = 0.8, T'(5%) = 3.8, v = 1 for the 346 $C_{16:0}$ and T' = 8.9, T'(5%) = 3.8, v = 1 for the $C_{18:0}$). 347

It is therefore clear that the use of the new STS trap design avoids the contamination of isolated analytes by residual solvent first raised by Eglinton and co-workers¹ and confirmed unambiguously in this study. The reduced analyte handling between trapping and combustion afforded by the direct transfer of analyte on glass wool to sample capsules minimizes the introduction of exogenous C at this stage, such that the resulting radiocarbon dates are both accurate and precise.

354

355 Cross contamination considerations

The possibility for cross contamination between trapping sequences was assessed by GC 356 analysis of the contents of clean trap installed immediately after a typical 40 run trapping 357 sequence with a FAME standard, followed by a solvent only trapping run immediately after 358 installation of clean traps (see supporting information Table S4). The GC analysis showed 359 that residual FAMEs are carried over into the new traps and this is independent of the trap 360 design (Fig. 4A). The amount of FAME transferred into the clean traps ranged from 0.1 to 361 362 38.0 μ g of C. The variation observed between residual C_{16:0} and C_{18:0} probably relates to the differences in volatility of the analytes and the amount injected. If we consider a typical 363 364 trapped amount of analyte to be 200 µg of C then the proportion of cross contamination would range from 0.04 % to 13.6 %, which would have significant impact on radiocarbon 365 determinations. This clearly demonstrates a further source of contamination in pcGC and 366 emphasizes the need for cleaning the instrument between trapping sequences. 367

A simple cleaning method involved the use of a heat gun to effect evaporation of residual condensed compounds from the end of the transfer capillaries connecting the switching valve to the traps. Repeating the analysis described above, but with the use of a heat gun to clean the capillaries following the FAME trapping sequence, confirms that this approach entirely eliminates any FAMEs condensed at the end of the capillaries (Fig. 4B). The method is fast, efficient, and preserves precious sample.

374

375 Application of the method to archeological fats

The new trapping method, involving the STS traps and heat gun cleaning, was tested to
evaluate accuracy of radiocarbon measurements using archaeological fats of varying age.
Bog butters offer a unique material for this study, being found as singly deposited hoards in
amounts up to 50 kg (commonly recovered from peat bogs) which have been shown to be

pure fats, largely butter, and are thus composed entirely of fatty acids that can be isolated by
pcGC ^{24, 25}. Critically, due to their purity they present a unique opportunity to rigorously
validate the CSRA dating method, as they can be directly radiocarbon dated and used as
'known age' standards for CSRA.

In order to test the homogeneity of the archaeological fats prior to CSRA dating, bulk ¹⁴C 384 measurements of 4 bog butters out of 6 selected for CSRA were performed. The triplicate ¹⁴C 385 dates of each bog butter were found to be identical within a 2σ error. The fatty acids of the 386 six bog butters that yielded bulk dates of $3,311 \pm 26$ BP (IB3), $3,069 \pm 16$ BP (IB1), $2,192 \pm$ 387 16 BP (IB18), $1,971 \pm 16$ BP (IB12), $1,153 \pm 25$ BP (IB6) and 509 ± 16 BP (IB19) were 388 isolated using the STS traps, with the heat gun cleaning between trapping sequences 389 (supporting information Table S5, Fig. S1). These tests were not performed using the U traps 390 as samples isolated in this manner failed to achieve the necessary accuracy and precision⁷⁻⁹. 391 Individual ^{14}C dates on the $C_{16:0}$ and $C_{18:0}$ FAs were identical within a 2σ error for each bog 392 butter showing a uniformity of measurements obtained from two different single compounds. 393

Two of the bog butters (IB18 and IB19) were re-sampled, methylated and CSRA performed a second time and no significant differences in the dates were observed, as the χ^2 test at the 5 % level (T' = 4.5, T'(5%) = 9.5, υ = 3 and T' = 1.7, T'(5%) = 9.5, υ = 4, respectively) was successfully applied in both cases, highlighting once again excellent reproducibility of the method.

399 Comparison of the weighted averages of the bulk dates with single ¹⁴C determinations on 400 FAMEs showed they were identical within 1 or 2σ error, with one exception, IB18-C_{16:0} 401 (BRAMS-1102.4.1) for which the ¹⁴C measurement was just outside the 2σ error of the 402 weighted average. All bulk and CSRA determinations for each of bog butter were subjected 403 jointly to the χ^2 test at the 5 % level, which they all passed successfully (IB1: T' = 1.9,

T'(5%) = 7.8, v = 4; IB3: T' = 4.8, T'(5%) 5.9, v = 2, IB6: T' = 1.6, T'(5%) = 5.9, v = 2; 404 IB12: T' = 1.8, T'(5%) = 9.5, v = 3; IB18: T' = 6.7, T'(5%) = 12.6, v = 6; IB19: T' = 2.4, 405 T'(5%) = 12.6, v = 6, indicating statistically identical measurements between bulk and 406 CSRA with an acceptable level of scatter. Thus, there is extremely good agreement between 407 bulk and CSRA dates; this is further emphasized when plotting the CSRA dates against bulk 408 dates (Fig. 5). Over a 3,000 year range the data points can be described by a linear function, y 409 = 0.9875x + 8.7082, R² = 0.999. The slope indicates almost a 1/1 ratio for CSRA/bulk 410 measurements, in addition the line intercepts close to the origin at ~9 years, suggesting no 411 significant offsets exist within the CSRA measurements. 412

These results demonstrate the possibility for generating radiocarbon dates on single FAs statistically indistinguishable from the bulk fats using the new STS traps combined with cleaning of the capillaries between trapping sequences using the new heat gun method.

416

417 Conclusions

The results presented in this paper demonstrate the effectiveness of an entirely new approach 418 to the isolation and handling of individual compounds for high precision ¹⁴C determinations. 419 The STS presented completely eliminates the need to use organic solvent for the transfer of 420 isolated compounds to the combustion/graphitization system, thereby overcoming concerns 421 and shortcomings surrounding the previously described trapping system and transfer method. 422 The new STS is extremely simple and can be immediately adopted by any pcGC user after 423 fashioning the new traps as described in this paper (Fig. 1C). The analytes accumulated in the 424 425 glass wool fitted in the STS trap can be transferred from the traps directly into a tin/aluminum capsule for graphitization without using solvent, which is a major advance for CSRA. The 426 427 effectiveness of the approach has been assessed through the AMS analysis of a range of

reference and archaeological materials. The validation of the method has also benefited from 428 the application of microcyroprobe ¹H NMR technology operating at high field (700 MHz) 429 which allowed the magnitude of contamination by the transfer solvent to be rigorously 430 assessed. The advantages of this new trapping approach include: (i) elimination of organic 431 solvent for handling of isolated compounds, (ii) reduced GC column stationary phase column 432 bleed, (iii) direct transfer of the single compounds from the trap to the tin/foil capsule for 433 434 graphitization allowing fast recovery of single compounds from the traps, thereby minimizing the introduction of exogenous contaminants prior graphitization, and (v) reproducible and 435 accurate ¹⁴C determinations. 436

A further critical modification has resulted from our identification of a cold spot at the 437 terminus of the deactivated fused silica transfer capillaries connecting the switching value to 438 the borosilicate traps. The cold spot results in condensation of analytes which can 439 contaminate subsequent trapped compounds unless remedial action is taken. This condensate 440 is eliminated very simply through the application of a heat gun between trapping sequences to 441 clean the transfer capillaries; the effectiveness of this was confirmed through the GC analysis 442 of 'blank' trap contents after a trapping sequence. The advantages of the heat gun cleaning 443 method are that it is fast, easy to use and extremely efficient. 444

Together these modifications constitute significant practical advances in compound-specific radiocarbon analysis of lipids isolated by pcGC. The recognition and elimination of contamination is important to all applications of compound-specific radiocarbon analysis but the minimizing of contamination will be most significant in the area of archeology where the highest precision calendrical dates are demanded.

450

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Figure 2: (A) Partial ¹H NMR spectrum of $C_{16:0}$ isolated in "U" trap, recovered with DCM and blown down to dryness prior to NMR analysis. (B) Partial ¹H NMR spectrum of $C_{16:0}$

isolated in STS trap without using solvent for the recovery. The resonances between 0.89 ppm and 3.69 ppm derived from the $C_{16:0}$ FAME¹⁵ and the resonance at 5.32 ppm

corresponds to DCM.



517 Figure 3: $F^{14}C$ values of (A) the $C_{16:0}$ and (B) $C_{18:0}$ FAME standards. Black dots represent

518 off-line measurements, white squares represent compounds isolated in the "U" traps and

519 black diamonds represent compounds isolated in the STS traps. The error bars correspond the

520 1σ analytical uncertainty.

521

516



Figure 4: Partial gas chromatograms of the trap contents $(T2(C_{18:0}))$ of pure solvent injection after a trapping sequence of the FAME standard solution. (A) No cleaning of the capillaries

525 prior to solvent injection and (B) cleaning of the capillary with a heat gun prior to solvent

526 injection. IS is the internal standard.



Figure 5: CSRA measurements (in years BP) plotted against the weighted average of bulk
measurements for 6 bog butters of age ranging between 3,000-500 BP. The C_{16:0} FAs dates

are represented by "x" and " $C_{18:0}$ FAs by "+" Dashed line corresponds to the linear trendline

533 modelled for the data points (y = 0.9875x + 8.7082, $R^2 = 0.999$).

