

# Article

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#### 25 ABSTRACT

Environmental factors may increase colon cancer (CC) risk. It has been suggested 26 that pesticides could play a significant role in the etiology of this malignancy. As 27 agriculture is one of the mainstays of the Brazilian economy, this country has been 28 the largest pesticides consumer worldwide. The CC burden is also increasing in 29 Brazil. Herein, we examined data from the Brazilian Federal Government to 30 determine whether CC mortality and pesticide consumption may be associated. 31 Database of the Ministry of Health provided CC mortality data in Brazil, while 32 pesticides use was accessed at the website of Brazilian Institute of Environment 33 and Renewable Natural Resources. The CC mortality in the Brazilian states was 34 calculated as standard mortality rates (SMR). All Bayesian analysis was performed 35 using a Markov chain Monte Carlo method in WinBUGS software. We observed 36 that colon cancer mortality has exhibited a steady increase for more than a 37 decade, which correlated with the amount of sold pesticides in the country. Both 38 observations are concentrated in the Southern and the Southeast regions of Brazil. 39 Although ecological studies like ours have methodological limitations, the current 40 dataset suggests the possibility that pesticide exposure may be a risk factor for 41 colon cancer. It warrants further investigation. 42

- 43
- 44 **Keywords:** Xenobiotics; carcinogens; environment; tumors; intestines
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#### 49 **1. Introduction**

Colon cancer (CC) has afflicted humans for millennia. Chronic exposure to certain 50 environmental factors appears to be the key to better understanding the etiology of 51 this malignancy (David and Zimmerman, 2010). Over-nutrition and sedentary 52 lifestyle may also be responsible for up to 75% of cancers today (Nebert and 53 Dalton, 2006; David and Zimmerman, 2010). Notably, CC is one of the leading 54 cause of cancer-related deaths (Torre et al., 2015). By 2030, developing countries 55 are expected to exhibit a sharp increase in CC cases (Arnold et al., 2016). Also, it 56 57 should be pointed out that recent epidemiological trends highlight that the CC burden is shifting towards a younger population (de Magalhaes, 2013; Siegel et al., 58 2014). 59

Cancer risk, including CC, appears to be profoundly influenced by 60 environmental factors (Wu et al., 2016). Thus, CC etiology is complex, meaning 61 that a multiple of environmental factors may cause this disease. One of many 62 hazardous and carcinogenic factors promoting malignancies, pesticides have been 63 suggested by the International Agency for Research on Cancer (IARC) to increase 64 cancer risk in humans (Guyton et al., 2015; Guyton et al., 2016). Extensive 65 epidemiological studies support the idea that pesticides are a risk factor for solid 66 tumors (Parron et al., 2014). There has also been some evidence that pesticides 67 promote CC in both humans and rodents (Soliman et al., 1997; Tellez-Banuelos et 68 al., 2016; Hong et al., 2017). It seems feasible that pesticides contaminate human 69 food sources (Nagao and Sugimura, 1993; Lodovici et al., 1997; Sakita et al., 70 2017), a fact that may be related to increased cancer risk (Arrebola et al., 2015). 71 Another point underlying to study the relationship between pesticides and cancer 72

must be considered: disease incidence is increasing dramatically (Lodovici et al.,
1997; Soliman et al., 1997; Agudo et al., 2009; Andreotti et al., 2010; Boccolini Pde
et al., 2013; Parron et al., 2014; Arrebola et al., 2015; Carnero et al., 2015; Coggon
et al., 2015; Guyton et al., 2015; Guyton et al., 2016; Tellez-Banuelos et al., 2016;
Hong et al., 2017).

Furthermore, the lack of epidemiological and experimental data that 78 accurately correlate CC incidence with detection of individual cancer initiators 79 impairs our current ability to determine the impact of environmental factors on the 80 CC development in humans (Tomasetti and Vogelstein, 2015). For instance, 81 various environmental pollutants were reported to induce DNA damage and 82 adducts, but the precise evolution of such genomic damages into mutations that 83 promote CC remains unknown (Tomasetti and Vogelstein, 2015; Poirier, 2016). 84 Then, it should be considered that instead of those DNA-damaging effects induced 85 by initiators, endogenous and exogenous cancer promoters are classically 86 determined to lead mutated cells towards clonal expansion, enabling them to 87 collect further genomic changes by either high proliferative activity or new 88 carcinogenic hits (Irigaray and Belpomme, 2010). Rather than binding to DNA, a 89 cancer promoter usually activates transcriptional and epigenetic mechanisms that 90 induce proliferation but inhibit apoptosis (Irigaray and Belpomme, 2010; Engstrom 91 et al., 2015). Such mechanistic activity has for long been known to induce 92 proliferation intrinsic errors leading to mutations and the development of CC (Ames 93 and Gold, 1990; Bartkova et al., 2005; Gorgoulis et al., 2005). Interestingly, 94 pesticides may act either as carcinogens or cancer promoters (Agudo et al., 2009; 95 Andreotti et al., 2010; Arrebola et al., 2015; Carnero et al., 2015; Coggon et al., 96

97 2015). Of note is the fact that Brazil has been the most significant consumer of
98 pesticides worldwide for years (Boccolini Pde et al., 2013). Recently, we have
99 hypothesized that pesticides could impact on the CC risk (Uyemura et al., 2017).

Herein, we propose an association between increased CC mortality and pesticide consumption in Brazil. This could suggest that pesticides alter the risk of CC in a human population.

103

#### 104 **2. Materials and methods**

105 2.1. Collection of public data

CC mortality (http://www2.datasus.gov.br/DATASUS/index.php?area=0205) was 106 collected from the database of the Ministry of Health. The quantity of pesticides 107 (tonnes) sold within the country was downloaded from the website of the Brazilian 108 Institute of Environment Renewable and Natural Resources 109 (http://dados.contraosagrotoxicos.org/pt\_PT/dataset/comercializacao-ibama-2014; 110 http://www.ibge.gov.br/). Complementary data on pesticides and farmed land area 111 for each Brazilian state (Km<sup>2</sup>) were collected from the Brazilian Institute of 112 Geography and Statistics (http://www.ibge.gov.br/). 113

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115 2.2. Statistical analyses

The CC mortality in the Brazilian states was calculated as standard mortality rates (SMR). Further information on SMR can be found in a previous report authored by Ulm (Ulm, 1990). We determined SMR to be the ratio of observed mortality to expected mortality adjusted for age and gender group. An SMR value >1 indicates excessive mortality. Expected numbers of death were calculated using age and

gender-specific mortality rates for the Brazilian general population (assumed to be the standard population). Within this approach, w(s,t,f) was the death rate for the Brazilian population at the year t (t = 1 if 2000, t = 2 if 2001, and so on) considering gender s (s = 1 if women and s = 2 if man) and age group f (f = 1 if <50 y old, f = 2 if 50 to 59 y, f = 3 if 60 to 69 y, f = 4 if 70 to 79 y and f = 5 if ≥80 y). The expected number of death for each Brazilian state p (p = 1, ..., 27) in the year (t) according to the gender (s) is given by:

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$$E(p,s,t) = \sum_{f=1}^{5} w(s,t,f) \times m(p,s,t,f),$$

129

where m(p,s,t,f) is the number of inhabitants of the state (p) with gender (s) at theyear (t) and group age (f). The SMR is thus given by:

 $SMR(p, s, t) = \frac{Y(p, s, t)}{E(p, s, t)},$ 

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133

where Y(p,s,t) is corresponding observed mortality. Spatio-temporally smoothed SMR values were obtained from a Bayesian model based on the Poisson distribution. This statistical model is given by:

- 137
- 138  $Y(p,s,t) \mid \mu(p,s,t), E(p,s,t) \sim Poisson [E(p,s,t) \times \mu(p,s,t)],$

where  $\mu(p,s,t) = \exp[\alpha_0 + \alpha_{sp} + \omega(p,s,t)]$  is the parameter that describes the SMR, 140  $\alpha_0$  is an intercept,  $\alpha_{sp}$  are bivariate random effects that capture spatial dependence 141 in the data (s = 1,2, p = 1,...,27) and  $\omega(p,s,t)$  models the longitudinal trend of 142 annual mortality rate for the federation unit p and gender s, considering a 143 multivariate Gaussian process with a mean vector 5 x 1 with all components equal 144 to zero and a given covariance function. In the Bayesian analysis, it was assumed 145 that  $\alpha_{sp}$  follows a conditionally bivariate autoregressive (CAR) structure and  $\alpha_0$ 146 147 follows a non-informative normal distribution with mean zero and a large variance.

Then, we verified the association between the HDI of each Brazilian state and the corresponding SMR, for which a Bayesian model was fitted to the data. Thus,  $\mu(p,s,t)$  was replaced by:

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 $\mu(p,s,t) = \exp[\alpha_0 + \alpha_{sp} + \beta_{st}x(p)],$ 

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where x(p) is the amount of sold pesticide (measured in tonnes) recorded in each 154 Brazilian state (p) at the year 2000, divided by its respective total cultivated area in 155 hectares (including permanent and temporary crops) and multiplied by 1,000, and 156  $\beta_{st}$  is the corresponding effect. Credible intervals for  $\beta_{st}$  that do not include zero 157 indicates a significant correlation between the amount of sold pesticide and the 158 mortality rate. Credible intervals are the Bayesian analogues to the traditional 95% 159 confidence intervals. In all Bayesian analysis, the posterior distributions were 160 simulated using a Markov chain Monte Carlo (MCMC) method in WinBUGS 161 162 software.

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#### 164 **3. Results**

165 CC has not only been suggested to be one of the commonest malignancy types in 166 Western countries (Torre et al., 2015) but also that its incidence and mortality may 167 increase throughout the next decade in developing countries (Arnold et al., 2016). 168 This notion inspired us to apply the Bayesian model to calculate SMR values for 169 CC mortality in the Brazilian population. Heatmaps revealed that mortality by CC 170 mainly occurred in the Southern Brazilian states (Figure 1 and 2).

Environmental factors are well-known able of increasing cancer risk (Wu et 171 172 al., 2016). In addition, the IARC has suggested that pesticide can promote human risk of developing different types of cancer (Guyton et al., 2015; Guyton et al., 173 2016). In developing countries, some research groups report that pesticides may 174 increase cancer incidence (Soliman et al., 1997; Fonnum and Mariussen, 2009; Yi, 175 2013; Arrebola et al., 2015). Herein, we analyzed the quantity of pesticide sold in 176 Brazil. We should note that these records were reported by the Federal 177 Government in tonnes for each state, and are the most accurate dataset available 178 to the public. To provide a better perspective of pesticide distribution in each 179 Federal unit, we rated pesticide values by the total cultivated area that was 180 officially reported for each of those Brazilian states. We observed a dramatic 181 182 increase in pesticide usage from 2000 to 2012 within the country, mainly in the Southern, Southeast and Central-West regions of Brazil (Figure 3). 183

184 Next, we examined whether both events were correlated in the Brazilian 185 population. We found an increase in SMR values correlating with the amount of 186 pesticide sold by 2000 in Brazil (Figure 4 and 5). Smoothed curves fitted by loess 187 were added on each graph. Moreover, it shows 95% credible intervals for the

effects ( $\beta_{st}$ ) of the amount of sold pesticide on the SMR values for each year (*t*) and gender (*s*), obtained from the Bayesian spatiotemporal regression models. From 2000 to 2007, the credible intervals do not contain zero, thus suggesting a significant effect of the amount of sold pesticide recorded in each Brazilian state on their corresponding SMR for CC (Figure 6).

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#### 194 **4. Discussion**

195 We should initially consider that some environmental chemicals damage the DNA, whereas other promote the expansion of mutated cells during the development of 196 CC (Lawrence et al., 2013; Tomasetti and Vogelstein, 2015; Poirier, 2016), 197 meaning that we can no longer hypothesize that only DNA damaging compounds 198 impact on the cancer risk in humans. Indeed, it seems that the mutation rate 199 intrinsic to mitosis might be sufficient in invoking oncogenic changes in the rapidly 200 201 dividing colonic epithelial cell population (Bartkova et al., 2005; Gorgoulis et al., 2005). This was initially observed in classical experiments of rodents exposed to 202 cancer promoters (Ames and Gold, 1990). Persistent epithelial self-renewal 203 requires precise molecular regulation of proliferation in component cells that is, 204 consequently, prey to corruption by environmental and mutational factors. It is, 205 therefore, no surprise that the majority of cancers originated in epithelial tissue are 206 207 due to somatic mutations that deregulate the molecular constraints on cell pluripotency and proliferation (Lawrence et al., 2013; Tomasetti and Vogelstein, 208 2015; Vogelstein and Kinzler, 2015). 209

210 Manmade compounds (xenobiotics) can access the human body *via* multiple 211 routes, each modifying the risk of cancer (Sakita et al., 2017; Uyemura et al.,

2017). This requires that the increasingly large number of chemicals whose 212 cancer-causing effects remain unknown should be taken into account while 213 discussing the impact of environmental factors on CC risk (Guha et al., 2016). 214 Indeed, most pesticides might have endocrine-disrupting and metabolic effects, as 215 well as bio-accumulating in the human body (Irigaray and Belpomme, 2010; Soto 216 and Sonnenschein, 2010; Walker and Gore, 2011; Ellsworth et al., 2015; Espin 217 Perez et al., 2015; Magbool et al., 2016). It means that whether pesticides interact 218 at low levels and may increase the risk of cancer, their activity does not need to be 219 220 simultaneous or continuous. Combining several exposures to different pesticides at multiple time-points could, thus, induce far greater cancer-related effects than 221 single compounds in humans (Goodson et al., 2015). 222

The massive number of modern xenobiotics has made almost impossible to 223 determine what their precise impact on human cancer risk is (Bouvard et al., 2015; 224 Goodson et al., 2015). For instance, a research group analyzed 6000 human-made 225 compounds and found that 16.3% of those chemicals were pesticides, from which 226 less than 1% had been investigated in the context of cancer (Guha et al., 2016). 227 Alavanja and colleagues studied the effects of 50 commonly used pesticides in 228 56,813 pesticide applicators and found a potential relationship between exposure 229 230 to chlorpyrifos and aldicarb with the incidence of colorectal cancer (CRC) (Lee et al., 2007). A meta-analysis study suggested that aldicarb could increase the CC 231 232 risk, imazethapyr may promote the cancer risk in the proximal colon region, and CRC risk was probably enhanced by exposure to pendimethalin, chlorpyrifos, 233 chlordane, and toxaphene (Alexander et al., 2012). Considering the complex CC 234 etiology together with the little number of epidemiological and experimental data 235

correlating CC development with the environmental pollution by pesticides becomes clear that further efforts are required to clarify this matter.

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In Tunisia, foodstuffs containing pesticides were suggested to increase the 238 risk of breast cancer in women (Arrebola et al., 2015). Different Brazilian research 239 groups have reported high-pesticide levels in human milk in the country (Matuo et 240 al., 1992; Beretta and Dick, 1994; Dorea et al., 1997). Pesticide levels in bovine 241 milk have been reported to exceed safety standards in the Midwest region of Brazil 242 (Avancini et al., 2013). Then, public data from the Brazilian National Health 243 244 Surveillance Agency (Anvisa; http://portal.anvisa.gov.br/en/programa-de-analisede-registro-de-agrotoxicos-para) show that 20% of food samples analyzed 245 between 2013 and 2015 were unsafe for human use. In 2013, Meyer and 246 colleagues revealed that pesticides could be related to increased non-Hodgkin's 247 lymphoma mortality found in Brazil (Boccolini Pde et al., 2013). Koifman and 248 colleagues hypothesized that cancer-related mortality in Brazilian farm workers 249 could be related to their exposure to pesticides from 1979 to 1998 (Meyer et al., 250 2003). Meyer and colleagues suggested that the amount of pesticides selected in 251 1985 could be related to breast, prostate, and ovarian cancer mortality ten years 252 later (Koifman S., 2002). In Martinique, pesticides increased the risk of prostate 253 cancer (Landau-Ossondo et al., 2009). In South-Korea, pesticides increased CC 254 risk (Fonnum and Mariussen, 2009; Yi, 2013). Indeed, high-pesticide serum levels 255 were detected in CC patients in Egypt (Soliman et al., 1997). In rats, pesticides 256 increased the risk of CC (Hong et al., 2017). Then, another research group 257 suggested that pesticides might increase CC risk by promoting inflammation in the 258 colon (Tellez-Banuelos et al., 2016). 259

Although there has been some evidence that pesticides could be a risk 260 factor for CC (Soliman et al., 1997; Lee et al., 2007; Fonnum and Mariussen, 2009; 261 Alexander et al., 2012; Yi, 2013; Hong et al., 2017), other limitations in studying the 262 effects of these chemicals in cancer have to be considered. Carcinogenic effects of 263 human-made pollutants usually require protracted exposure to be detectable. For 264 instance, asbestos-related effects increasing lung mesothelioma have been 265 reported to take over 63 years to develop (Hodgson et al., 2005). However, we 266 should also consider that asbestos has an established effect in promoting this type 267 of malignancy in the lungs (Hodgson et al., 2005), while the complex activity of 268 multiple pesticides in different types of cancer makes almost impossible to suggest 269 which pesticide directly increases the CC risk in the human population. Moreover, 270 other confounding factors could also have similar effects promoting CC risk. For 271 instance, dietary factors seemed to be one of the main risk factors promoting this 272 disease in humans (Sakita et al., 2017). Notably, a 10% increase in the intake of 273 ultra-processed food furthered by 10% the cancer risk in humans (Fiolet et al., 274 2018). In Brazil, the risk of developing CRC was related to the high consumption of 275 meat (Angelo et al., 2016). Here, we should also consider that human food sources 276 have been suggested to be contaminated by pesticides in Brazil (Matuo et al., 277 278 1992; Beretta and Dick, 1994; Dorea et al., 1997; Avancini et al., 2013; Uyemura et al., 2017). This scenario is quite severe since some types of food with known 279 280 carcinogenic potential could have a more hazardous effect if they contained pesticides in their composition. Indeed, we do not claim to have found that 281 pesticides cause CC mortality in Brazil, but current evidence should not be ignored 282 and requires further study. 283

Nevertheless, from our perspective, the CC mortality rates in the Brazilian 284 state Amapá, located at the North region of the country, seems to be an outlier. 285 CC-related death numbers varied from the lowest to the highest rates in the 286 country by 2005. This increase reversed over the subsequent period. Lima and 287 Queiroz analyzed the Brazilian death registry system and found that completeness 288 of death registration in this state was one of the poorest in the country (Lima and 289 Queiroz, 2014). Hence, we advise future studies to have careful consideration on 290 291 this matter while investigating mortality rates during this period in that Brazilian 292 state.

293

#### **5. Conclusion**

We believe that protracted exposure to pesticide may be a potential risk factor for CC. This fact requires urgent attention from the Federal Government monitoring the exposure of Brazilians to such chemicals. Whereas authorities must oversee the activity of multinational agrochemical and agricultural biotechnology corporations, as well as pesticide usage in agriculture, farmers should be informed by awareness programs to improve their product quality without harming the human population with high pesticide residue levels in the environment and food.

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#### 303 Conflict of interest statement

The authors disclose that no competing interests exist.

305

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#### 312 Authors' role

313 Study concept and design: VK; Acquisition of data: VK and EZM; Statistical 314 analysis: EZM; Analysis and interpretation of data: All; Drafting the first version of 315 the manuscript: FLM and VK; Critical revision of the manuscript: All; Obtained 316 funding: VK; Study supervision: FLM, EZM and VK.

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#### **Figure Legends**

**Fig.1.** Smoothed standard mortality rates for CC in the Brazilian male population in each state of the country, as calculated by the Bayesian model.

**Fig.2.** Smoothed standard mortality rates for CC in the Brazilian female population in each state of the country, as calculated by the Bayesian model.

**Fig.3.** Heatmaps show the amount of sold pesticide recorded in each Brazilian state by total cultivated area (1000 x tonne /hectare) from 2000 to 2012.

**Fig.4.** Scatterplots of the relationship in the Brazilian male population between SMR values and the amount of sold pesticide recorded in each state of the country by total cultivated area (1000 x tonne/ hectare) from 2000 to 2012.

**Fig.5.** Scatterplots of the relationship in the Brazilian female population between SMR values and the amount of sold pesticide recorded in each state of the country by total cultivated area (1000 x tonne/ hectare) from 2000 to 2012.

**Fig.6.** Credible intervals for the effects  $\beta_{st}$  of the amount of sold pesticide on the SMR values for each year (*t*) and gender (*s*), obtained from the Bayesian spatiotemporal regression models.









Amount of sold pesticide (tonne/hectare)x1000

Amount of sold pesticide (tonne/hectare)x1000

Amount of sold pesticide (tonne/hectare)x1000



Amount of sold pesticide (tonne/hectare)x1000

Amount of sold pesticide (tonne/hectare)x1000

Amount of sold pesticide (tonne/hectare)x1000



### Highlights

- Human exposure to xenobiotics occurs worldwide, largely;
- Pesticides may promote cancer risk;
- Brazil is the world major pesticides consumer;
- Colon cancer (CC) mortality is steadily increasing in Brazil;
- We found CC mortality and pesticide levels may be correlated events in Brazil.

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