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1 **Comparison of medical and/or surgical management**  
2 **of 23 cats with intracranial empyema or abscessation**

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15 Key Words:

16 Intracranial empyema, intracranial abscessation, feline, otitis media, otitis interna,  
17 craniectomy  
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40 Objectives

41  
42 Feline intracranial abscessation or empyema is infrequently reported in veterinary  
43 literature, to date the largest study is based on a population of 11 cats with otogenic  
44 infection. The aim of this study is to review a larger population of cats with intracranial  
45 empyema from multiple aetiologies and document their signalment, imaging findings,  
46 treatment protocols including medical and/or surgical management and compare  
47 outcomes.

48

49 Methods

50  
51 Cases presenting to a single referral centre over a ten-year period with compatible history,  
52 neurological signs and imaging findings consistent with intracranial abscessation and  
53 empyema were reviewed retrospectively.

54

55 Results

56  
57 Twenty-three cats met the inclusion criteria. Advanced imaging (CT and/or MRI) was  
58 performed in 22/23 cats, one case was diagnosed via ultrasound. Ten cases underwent  
59 medical and surgical management combined, ten underwent solely medical management  
60 and 3 were euthanised at the time of diagnosis. Short-term outcome showed that 90% of  
61 surgically managed and 80% of medically managed cats were alive at 48 hours post-  
62 diagnosis. Long-term survival showed that surgically managed cases and medically  
63 managed cases had a median survival time of 730 days (range 1-3802 days) and 183  
64 days (range 1-1216 days) respectively. No statistical significance in short or long-term  
65 survival ( $P>0.05$ ) was found between medically and surgically managed groups.

66

67 Conclusions and relevance

68  
69 Feline intracranial abscessation and empyema are uncommon conditions that have  
70 historically been treated with combined surgical and medical management. This study  
71 documents that in some cases, intracranial abscessation and empyema can also be  
72 successfully treated with medical management alone.

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81 Introduction

82

83 Intracranial abscessation (intra-axial collection of purulent material, IA) and intracranial  
84 empyema (suppuration within a pre-existing anatomical cavity, IE) arise as a  
85 consequence of bacterial infection within the cranial cavity.<sup>1,2</sup> IA and IE is infrequently  
86 seen in cats. Infection originating from local extension (eg, adjacent spread from the eyes,  
87 ears and sinuses), haematogenous spread, secondary to trauma (eg, skull fractures,  
88 penetrating foreign bodies) and iatrogenic infection are reported in the literature.<sup>3-7</sup>  
89 These cases present with a wide range of neurological deficits due to the inflammatory  
90 response induced by the bacteria and/or secondary mass effect. Both aerobic and  
91 anaerobic bacteria have been isolated, with culture results typically yielding  
92 polymicrobial growth.<sup>3,7-9</sup>

93

94 IA and IE are severe and life-threatening diseases requiring emergency intervention;  
95 mortality rates as high as 100% have been reported.<sup>8,10</sup> Treatment modalities consist of  
96 medical treatment with broad-spectrum antibiotics and supportive care, or combined  
97 medical and surgical intervention via craniectomy.<sup>3-5,11</sup> Little information is currently  
98 available as to which treatment modality carries the most favourable prognosis.

99

100 The aim of this study is to describe medical and surgical treatment protocols for IA and  
101 IE and compare their effect on short and long-term survival in feline patients.

102

103 Materials and Methods

104

105 Ethical approval was granted by the Clinical Research Ethical Review Board at the Royal  
106 Veterinary College (RVC). Cats presenting to the RVC Queen Mother Hospital between  
107 April 2008 and August 2017 that had been diagnosed or treated for possible IA and/or  
108 IE were reviewed retrospectively. Terms entered into the search engine database  
109 included: 'intracranial empyema', 'intracranial abscess', 'meningoencephalitis' and 'otitis  
110 media/interna'.

111

112 Cats were included in the study if they had complete clinical records with MR images,  
113 CT or ultrasound findings consistent with IA and/or IE. Data was collected regarding  
114 signalment, history and previous treatment prior to referral. All cases were required to  
115 have full medical records and a documented neurological examination upon  
116 presentation. Pyrexia was defined by a rectal temperature over 39.2°C.<sup>12</sup> Disease  
117 progression, imaging findings, additional diagnostics and therapeutics were recorded for  
118 the study. Where available, ancillary test results such as feline immunodeficiency virus  
119 (FIV) and feline leukaemia virus (FeLV) status, cerebrospinal fluid (CSF) analysis and  
120 CSF and surgical swab culture and sensitivity results were collected.

121

122 CT images were obtained using a Philips MX8000 16 MDCT unit, with 1.5mm slice  
123 thickness for brain and 1-2mm slice thickness for head sequences. Pre- and post-contrast  
124 exams were performed, with bone and soft tissue recons. All MRI images were obtained  
125 using a 1.5 Tesla Intera System (Philips Medical Systems). Each cat had a minimum series  
126 including pre- and post-gadolinium contrast T1-weighted (T1W) series and T2-weighted  
127 (T2W) series in transverse and sagittal planes and fluid-attenuated inversion recovery  
128 (FLAIR) sequences.

129

130 All images were independently reviewed by a board-certified veterinary neurologist and  
131 board-certified veterinary radiologist. A diagnosis of IA and/or IE was described further  
132 by location (intra/extra axial lesion and corresponding area of the brain), heterogenous  
133 or homogenous contrast enhancement, demarcation to surrounding tissues and  
134 secondary overlying soft tissue changes. Evidence of skull fractures and raised  
135 intracranial pressure such as midline shift, herniation through a craniotomy defect,  
136 caudal transtentorial, subfalcine and foramen magnum herniation were recorded.<sup>13</sup>

137

138 Cats were subsequently divided into solely medically treated or combined surgically and  
139 medically treated groups. Only those cases treated via craniectomy were defined as  
140 surgically treated, cases undergoing any other form of surgery (e.g. ventral bulla  
141 osteotomy) were therefore categorised as medically managed.

142

143 Information regarding outcome was obtained via telephone consultation with the  
144 referring veterinarian and/or owner, combined with the referring vet clinical records and  
145 findings of re-examination appointments at the RVC. Short-term outcome was reviewed  
146 at 48 hours (h) and one month after diagnosis, longer-term outcome was assessed at three  
147 and six months. Outcome was classified as alive or dead, but where available, survival  
148 was further categorised with a 1-3 grading system alongside neurological examination  
149 findings. The grading system is as follows; Grade 1 was given if cats returned to being  
150 neurologically normal, Grade 2 was defined as persistent mild neurological deficits that  
151 did not affect the normal ambulation and behaviour of the cat, Grade 3 was defined as  
152 persistent neurological abnormalities that significantly affected the patients' ability to  
153 ambulate and display normal behaviours.

154

155 The two-tailed Fisher's Exact Test was used to ascertain the significance of short and long-  
156 term survival between surgically and medically managed groups. Other variables  
157 assessed included the effect of empyema location, use of steroids, and the development  
158 of seizures upon outcome.

159

## 160 Results

161

162 A total of 27 cats presented to the Queen Mother Hospital for Animals between April  
163 2008 and August 2017. One cat was excluded as initial diagnostics and surgery were  
164 performed at an alternative referral centre, a second cat was excluded due to a lack of

165 pre-operative imaging. A further two cats were excluded as they failed to fulfil the  
166 imaging criteria of IA and/or IE. Twenty-three cats were included in the study  
167 population.

168

169 The included cats had a median age of 7.4 years at presentation (range 7 months-16 years)  
170 and had a male predominance with 15 neutered males (65.3%), two entire males (8.7%),  
171 five neutered females (21.7%) and one entire female (4.3%). Male cats were  
172 overrepresented in comparison to the hospital population over the same time period.  
173 Cats encompassed a range of breeds including Domestic Shorthair (n=13), Domestic  
174 Mediumhair (n=1), Domestic Longhair (n=4), Bengal (n=2), British Shorthair (n=1),  
175 Siamese (n=1) and Exotic Shorthair (n=1).

176

### 177 Clinical Signs at Presentation

178

179 Cats had a variable duration of clinical signs prior to presentation reflecting the  
180 underlying aetiology and location of the IA and/or IE. Cats presenting with IE due to  
181 otitis media/interna (OMI) generally had a longer history (median duration 34 days,  
182 range 7-183 days) compared with other aetiologies such as trauma (median duration 6  
183 days, range 2-21days). A history of cat bites and associated abscessation was the most  
184 common finding, reported in 13/23 cases, 11 of which were male.

185

186 Only two cats had normal clinical examination findings on presentation. Nine cats had



187 visible wounds on their heads with two of these still actively discharging purulent  
188 material. Six cats had concurrent grade II-III/IV (n=5) heart murmurs or a gallop rhythm  
189 (n=1) on auscultation. These cats did not have a history of cardiac disease and no further  
190 cardiac assessment was performed at the time of presentation. Two cats had unilateral  
191 serous nasal discharge and one cat bilateral purulent nasal discharge with stertor. One  
192 cat had aural discharge and otitis externa noted on clinical examination, with concurrent  
193 Horner's syndrome ipsilateral to the otitis.

194

195 Other clinical examination findings included tachycardia (n=10), tachypnoea (n=3), pale  
196 mucous membranes (n=2) and a dull or quiet demeanour (n=9). Rectal temperature was  
197 recorded in 21/23 cats; two cats were pyrexia at presentation, a further five cats had  
198 pyrexia documented prior to referral but had recently received anti-inflammatory  
199 medication (non-steroidal anti-inflammatory drugs (NSAIDs) or anti-inflammatory  
200 doses of steroids).

201

### 202 Neurological Examination Findings at Presentation

203

204 All cats had a history of progressive, multifocal neurological dysfunction that reflected  
205 the location of their IA and/or IE. The most common neurolocalisation was to the  
206 forebrain, commonly described examination findings included altered mental status and  
207 an absent menace response (Table 1). Seizure activity was infrequently reported; two cats  
208 exhibited generalised seizures and one partial seizures prior to referral.

209

210 **Table 1** Neurological exam findings

211

212 Imaging

213

214 MR images were available for 21 cats. Fourteen cats had extra-axial lesions consistent  
215 with IE, four intra-axial IA and three had findings compatible with IA and IE (Table 2).  
216 Distribution was classified as forebrain (13), brainstem (4), cerebellar (1) or multifocal (3);  
217 and localisation further described by affected lobes of the cerebrum. Specifically the  
218 temporal (14) and frontal (10) lobes were the most affected. Solitary and well-defined  
219 lesions were the most common finding in 18/21 cats. Nine cats had concurrent overlying  
220 bite wounds, of these seven had associated skull fractures. In two cases nasal infection  
221 with associated sinus pathology was visible.

222

223 Lesions had an overall mixed homogenous and heterogeneous appearance on T1 and  
224 T2W images. All lesions were hyper-intense to normal grey matter on T2W series and  
225 partially suppressed on FLAIR series. Post-gadolinium contrast uptake was present in all  
226 cases and heterogeneous in all but 3/21 cases, eight cats had evidence of rim  
227 enhancement. Changes consistent with mass effect suggestive of raised intracranial  
228 pressure were visible in all cases.

229

230 **Figure 1** MR T2-weighted transverse image

231 **Table 2** MR imaging findings of 21 cats

232

233 CT exams were available for four cases, lesion location included the forebrain (1),  
234 cerebellum (1) and brainstem (2) and was further defined as extra-axial (3) or mixed intra  
235 and extra-axial (1). All lesions were hypo-attenuating pre-contrast, with heterogeneous  
236 rim enhancement post contrast. Three of the cats had well demarcated lesions with  
237 concurrent mass effect. Concurrent findings included otitis media (n=2) and abscessated  
238 overlying soft tissues.

239

240 **Figure 2** Transverse CT images

241

242 One case was diagnosed via ultrasonography; flocculent material was observed passing  
243 between the subcutaneous space and the cranium via a defect in the overlying skull  
244 (Figure 3).

245

246 **Figure 3** Ultrasound image

247 Ancillary Tests

248 Haematology results were available for 12 cats; only two had mild to moderate  
249 inflammatory neutrophilias with evidence of mild left shift and/or toxicity, six had  
250 leukograms most consistent with glucocorticoid response and four had values all within

251 reference intervals. FIV and FeLV status was available for seven cats, all of which were  
252 negative for both diseases.

253

#### 254 Cerebrospinal Fluid Analysis

255 Four out of 23 cats had CSF analysis (three from the cerebellomedullary cistern and one  
256 from the lumbar cistern) performed, all of which demonstrated neutrophilic  
257 inflammation. Two out of 4 cats had increased total nucleated cell count (TNCC 1005/uL,  
258 1310/uL) and total protein concentration (0.79 g/L, 2.21 g/L). Intracellular bacteria were  
259 identified on cytology in 2 cats (Figure 4) When cultured in enrichment medium, one cat  
260 had a growth of coagulase-negative *Staphylococcus spp.*, the second cat had insufficient  
261 sample for culture however a polymicrobial infection with gram-positive organisms was  
262 identified from direct smears.

263

264 **Figure 4** Cytology image of cerebrospinal fluid

#### 265 Culture Results

266

267 Bacterial culture yielded growth in 1/3 CSF samples and 6/9 samples taken at the time  
268 of craniectomy. Isolated bacteria encompassed both aerobic and anaerobic species  
269 including *Escherichia*, *Corynebacterium*, *Bacteroides*, *Streptococcus*, *Staphylococcus*,  
270 *Actinomyces*, *Nocardia* and *Enterococcus* species. Polymicrobial growth occurred in two  
271 cases.

272

273 Treatment

274

275 Prior to referral, 13/23 cats had been treated with a range of both broad and narrow  
276 spectrum antibiotics for variable duration. Eight of which had also been given either  
277 NSAIDs, or anti-inflammatory or immunosuppressive doses of steroids (dexamethasone)  
278 but exhibited no improvement in their clinical signs.

279

280 Treatment groups consisted of solely medically treated (10/23) or combined medically  
281 and surgically treated (10/23) cats. Three out of 23 cats were euthanised at the time of  
282 diagnosis but were included for descriptive purposes. Surgically managed cases and  
283 medically managed cases were hospitalised for a median duration of 6 and 5 days,  
284 respectively.

285

286 *Antibiosis*

287 All treated cases received broad-spectrum antibiosis; amoxicillin clavulanic acid  
288 (20mg/kg q12h) was the most common agent used (17/20 cases). Metronidazole (10-  
289 25mg/kg q12h) was the most common second agent used and was administered to 10  
290 cats. Antibiosis chosen was clinician dependant or influenced by antibiosis given prior to  
291 referral, with a combination of up to four types of antibiotic used for a variable duration  
292 of 4 to 16 weeks.

293

294 *Steroids*

295 Twelve out of 20 cats received anti-inflammatory doses of dexamethasone ranging from  
296 0.1-0.3mg/kg intravenously (median dose 0.15mg/kg) as either a single intra-operative  
297 dose or up to three days.<sup>14</sup>

298

### 299 *Anti-epileptics*

300 Seven cats received anti-epileptic medication consisting of phenobarbital (2-3mg/kg  
301 q12h) and/or levetiracetam (20mg/kg q8h followed by 20mg/kg q12h dosing) post-  
302 operatively. Four cats were treated for seizure activity and three received prophylactic  
303 anti-epileptic medication.

304

### 305 Outcome

306

307 Of the surgically managed group, most (90%) cats had a good short-term prognosis  
308 (survived 48 h post-operatively). One case failed to regain spontaneous ventilation after  
309 surgery and was euthanised. All 9/10 remaining cats were alive 6 months post-  
310 operatively and had a Grade 1 neurological status. The median survival time for  
311 surgically managed cases was 730 days (range 1-3802 days). One cat was euthanised 7  
312 years after diagnosis due to development of seizures and deterioration to status  
313 epilepticus; repeat imaging was not performed prior to euthanasia.

314

315 The medically managed group had a similar short-term prognosis, with 80% of cases  
316 surviving the first 48 h after diagnosis. Of the two cases that did not survive, one had

317 cardiopulmonary arrest whilst receiving treatment and another was euthanised after 24  
318 h of medical therapy due to financial constraints. Six-month survival information was  
319 available for the eight remaining medically managed cats. Six out of 8 cats had good long-  
320 term outcome, all of which were reported to be neurologically normal (grade 1).  
321 Medically managed cases had a median survival time of 183 days (range 1-1216 days).

322

323 It is important to note that two cats, one of each treatment group, were still alive at the  
324 time of writing this paper.

325

326 **Figure 5** Kaplan Meier curve

327 Two-tailed Fisher's Exact Test demonstrated no statistical significance in short or long-  
328 term survival ( $P > 0.05$ ) between surgically and medically managed groups. The empyema  
329 location, use of steroids, and the development of seizures were also not statistically  
330 significant when compared to outcome.

331

332 Discussion

333

334 To the authors' knowledge, this study is the largest of its kind in cats. Six studies and four  
335 case reports within the literature describe IA and/or IE in 47 cats in total, with variable  
336 aetiologies including cat bites, haematogenous spread, fungal infection and OMI. Of  
337 these, 11 cats were treated surgically and 35 medically with overall short-term mortality

338 of 27% and 26%, respectively. The outcomes of each treatment group in this paper  
339 demonstrate a lower mortality rate than that of the literature.<sup>3-11,15</sup>

340

341 Interestingly, the described treatment regimens for IA and IE in the human literature  
342 typically involve a surgical approach.<sup>16</sup> Human patients are treated via burr holes, a  
343 small craniectomy or craniotomy to facilitate drainage of pustular material and irrigation  
344 with antibiotics.<sup>17,18</sup> Published reports evaluating solely medical management in  
345 humans do exist, with some reporting a favourable prognosis comparable to that of  
346 surgical intervention.<sup>19</sup> The over-representation of males in this study was also found to  
347 be a consistent finding with human literature.<sup>16,17</sup> Male cats typically presented with IA  
348 and/or IE secondary to cat bite abscesses overlying their calvarium; we hypothesised this  
349 finding may be due to the increased likelihood of entire male cats to fight and roam larger  
350 areas.

351

352 The absence of prominent inflammatory leukogram changes (marked neutrophilia or  
353 neutropenia) on haematology, and absence of pyrexia upon physical examination in the  
354 majority of cases is consistent with previous reports.<sup>4,6,7</sup> This may reflect a lack of  
355 systemic response to intracranial infection; it is important therefore that IA and IE is still  
356 considered as a differential in normothermic cases without peripheral neutrophilia .

357



358 As with other case reports, CSF analysis was rarely undertaken, likely due to a greater  
359 risk of complications when performing this procedure in cases with increased intracranial  
360 pressure.<sup>5</sup> When performed, CSF results consistently demonstrated neutrophilic  
361 inflammation and were diagnostic (exhibited intracellular bacteria or had positive culture  
362 results) in two cases with empyema. Intracellular organisms are less frequently seen with  
363 intra-axial abscesses unless they have ruptured into the subdural space.<sup>8</sup> When available,  
364 CSF analysis provides valuable diagnostic information. It may be argued that these  
365 results are of more use in medically managed cases, as intra-operative findings and the  
366 ability to culture direct swabs taken at the time of craniectomy may make CSF findings  
367 redundant in surgical cases.

368

369 Reports of predisposition to both aerobic and anaerobic bacteria exist within the  
370 literature.<sup>8</sup> A mixed cohort of both aerobic and anaerobic isolates were identified in this  
371 study. This likely reflects the underlying aetiology of the IA and/or IE as both OMI and  
372 cat bite abscesses can yield polymicrobial growth.<sup>20,21</sup> In this study only 33% of CSF  
373 samples and 67% of surgical swabs yielded positive culture results; this finding is  
374 consistent with the existing literature.<sup>22</sup> A likely explanation for the high incidence of  
375 negative culture results may be that many cases were exposed to antibiotics prior to  
376 referral. Additionally, species such as *Actinomyces* and *Nocardia* often require extended  
377 cultures and therefore may give false negative results.<sup>23</sup>

378

379 Potentiated amoxicillin and metronidazole were the two most commonly prescribed  
380 antibiotics whilst pending culture and sensitivity results. These broad-spectrum  
381 antimicrobials provide activity against aerobic and anaerobic bacteria. When selecting  
382 antibiotics in these cases, consideration must be given to penetration of agents across the  
383 blood-brain barrier to allow therapeutic concentrations to be reached within the CSF.  
384 High intravenous doses of beta-lactam antibiotics and metronidazole both readily  
385 penetrate the blood-brain barrier and therefore are suitable choices for intracranial  
386 infections, a likely explanation for their frequent use in this study.<sup>24</sup> Consideration  
387 should also be given to the duration of antibiotics prescribed, as our results showed a  
388 large variation from four to 16 week courses. A minimum course of 6-8 weeks is advised  
389 to treat IA within humans, alongside surgical drainage of the abscess.<sup>25,26</sup>

390

391 In this study, IA and/or IE was typically localised to the forebrain, likely due to the  
392 overlying tissues being a common site of cat bite injury. Of the 11 cases that received  
393 treatment, eight were managed surgically. Perhaps, the comparative ease of a  
394 craniectomy to access the forebrain led to surgical treatment being the favoured choice.

395

396 Brainstem IE was infrequently documented and associated with infection spread from  
397 OMI or retrobulbar disease. Conversely, these cats were all managed medically, likely  
398 due to the challenging nature of a craniectomy at the skull base. Two out of 4 cases died

399 or were euthanised within three months. Our findings demonstrated a more favourable  
400 50% mortality than those of Klopp *et al.* 18 years previously, who found 100% mortality  
401 in two cats with brainstem abscessation.<sup>10</sup>

402

403 Limitations of this retrospective study include a possible inherent bias between treatment  
404 groups as cases were not randomly allocated. Information regarding decision making  
405 between different treatment modalities was not available for all cases. Those cases  
406 managed medically may have had other prognostic factors associated with their  
407 treatment choice; such as advanced disease, patient instability or financial limitations.

408

409 Analysing IA/IE secondary to multiple aetiologies may also make interpretation of  
410 results challenging, as analysis of one aetiology alone may have yielded different results.  
411 Furthermore, treatment regimens varied widely with inconsistent use of steroids, anti-  
412 epileptic medication and type and duration of antibiotics. Follow up examination was  
413 not always performed by a board-certified neurologist, therefore return to a  
414 neurologically normal status was sometimes based upon referring veterinarian reports  
415 or owner communication. This means milder persisting neurological deficits (Grade 2)  
416 may have been missed in some cats.

417

418 Our results found no significant difference between survival of those cases managed  
419 medically and those cases managed with combined surgical and medical therapy. These

420 results are however based upon a relatively small sample size. A larger study population  
421 will increase the statistical power and may yield different results; therefore, future work  
422 in the form of a multi-centric retrospective study is required. A prospective randomised  
423 control trial would provide the most reliable data, however due to the low prevalence of  
424 this disease would be challenging to conduct.

425

## 426 Conclusions

427

428 IA/IE is an uncommon disease in cats and often presents a challenging diagnosis due to  
429 its non-specific and variable clinical signs; if not diagnosed early it can prove fatal. This  
430 study suggests that IA/IE can be successfully treated with medical management alone.

431

## 432 Conflict of interest

433

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441

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443

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445

446

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