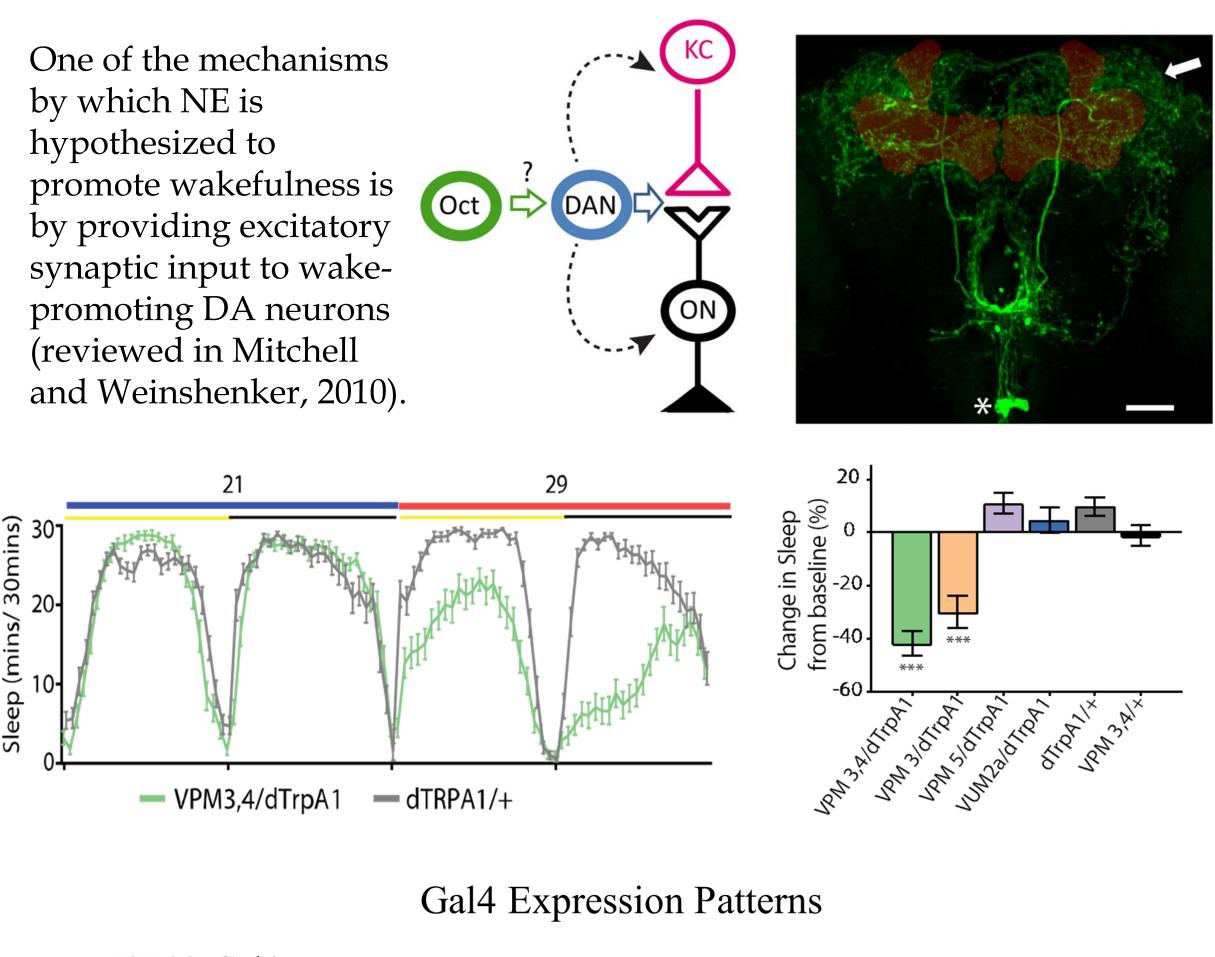


Purpose

 To combine genetic manipulations and behavioral assessments on the fruit fly model to investigate sleep/wake promoting neurocircuits and pathways by which octopamine (OA), an invertebrate homolog of norepinephrine (NE), regulates sleep.

Background

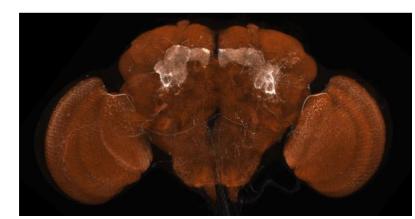
- The Fruit Fly (*Drosophila melanogaster*) serves as a great model organism for neural investigations due to their relatively small neural network, their short life cycle, and the molecular, genetic, and behavioral approaches available to understand underlying mechanisms of sleep regulation.
- The fruit fly shares many characteristics with human sleep, including well established diurnal sleep/wake cycles, homeostatic reaction to sleep deprivation, and an elevated arousal threshold (Nall & Sehgal, 2014).
- Many classes of OA neurons project to the mushroom body (MB), a region of the fly brain that shares similarities with the mammalian neocortex known to be critical for propagation of homeostatic sleep signals (Sitaraman et al., 2015).
- Subset of OA releasing neurons in the ventral paired median (OA-VPM 4-6) identified as a **wake promoting signal** in the fly brain.
- Activation of OA = wakefulness promotion
- Inhibition of OA = sleep promotion (Crocker & Sehgal, 2008)
- The details of communication in neural circuits involving OA and MB on sleep and arousal remain unclear.
- Anatomical analysis reveals putative interactions with the dopamine sleep circuit in the fly brain.



58E02-Gal4

35B12-GAL4

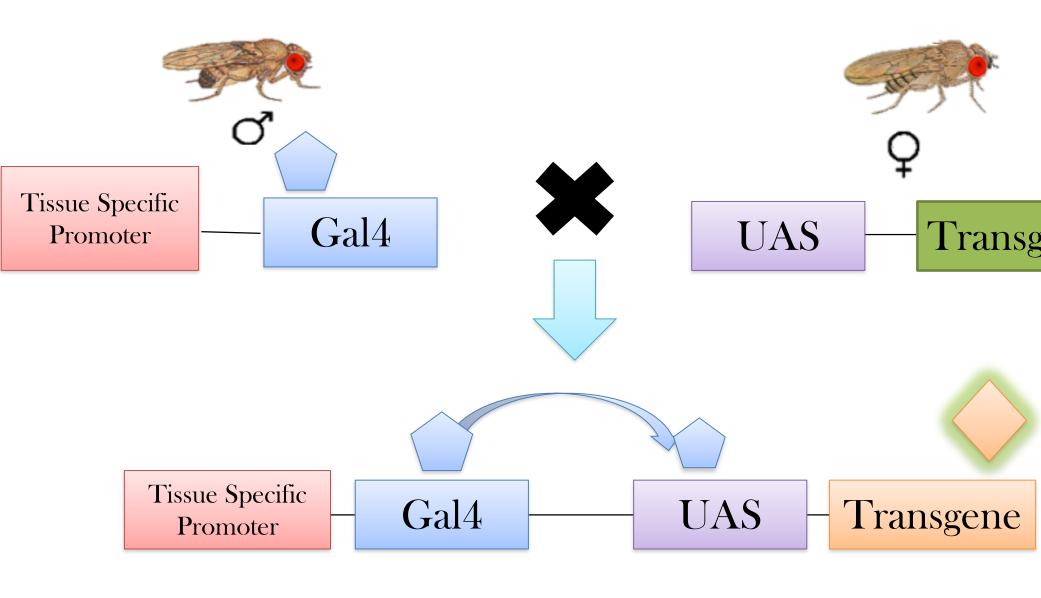
14H06-GAL4



Octopaminergic Sleep Regulation in the Fruit Fly Amanda Nguyen, Roxanne Moghadam, & Divya Sitaraman, PhD. Behavioral Neuroscience, Department of Psychological Sciences, University of San Diego, San Diego, CA

Methods

GAL4-UAS System: Two part-system used to express target genes, where UAS (Upstream Activating Sequences) serves as the binding site for GAL4, a promoter for the transcription of the desired gene. Thus, genes under control of UAS are only expressed in cells containing GAL4.





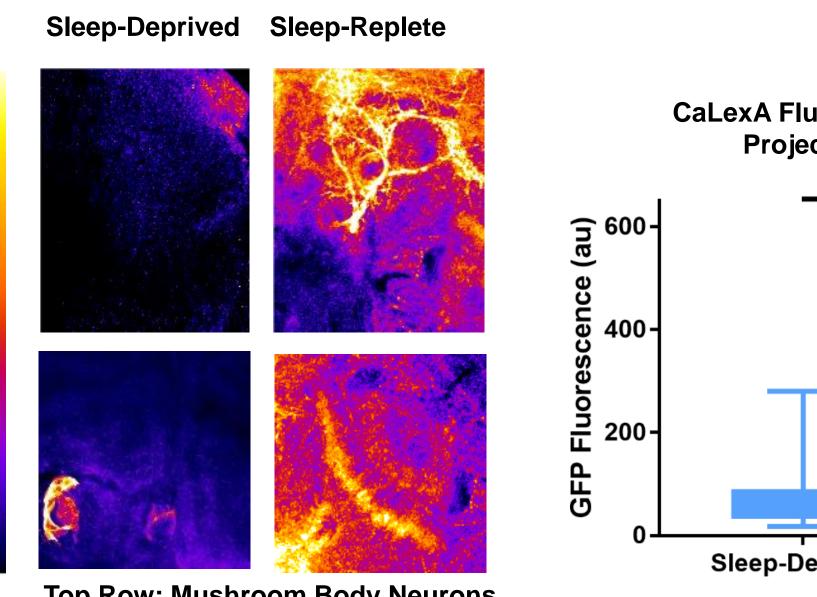
Sleep Experiments

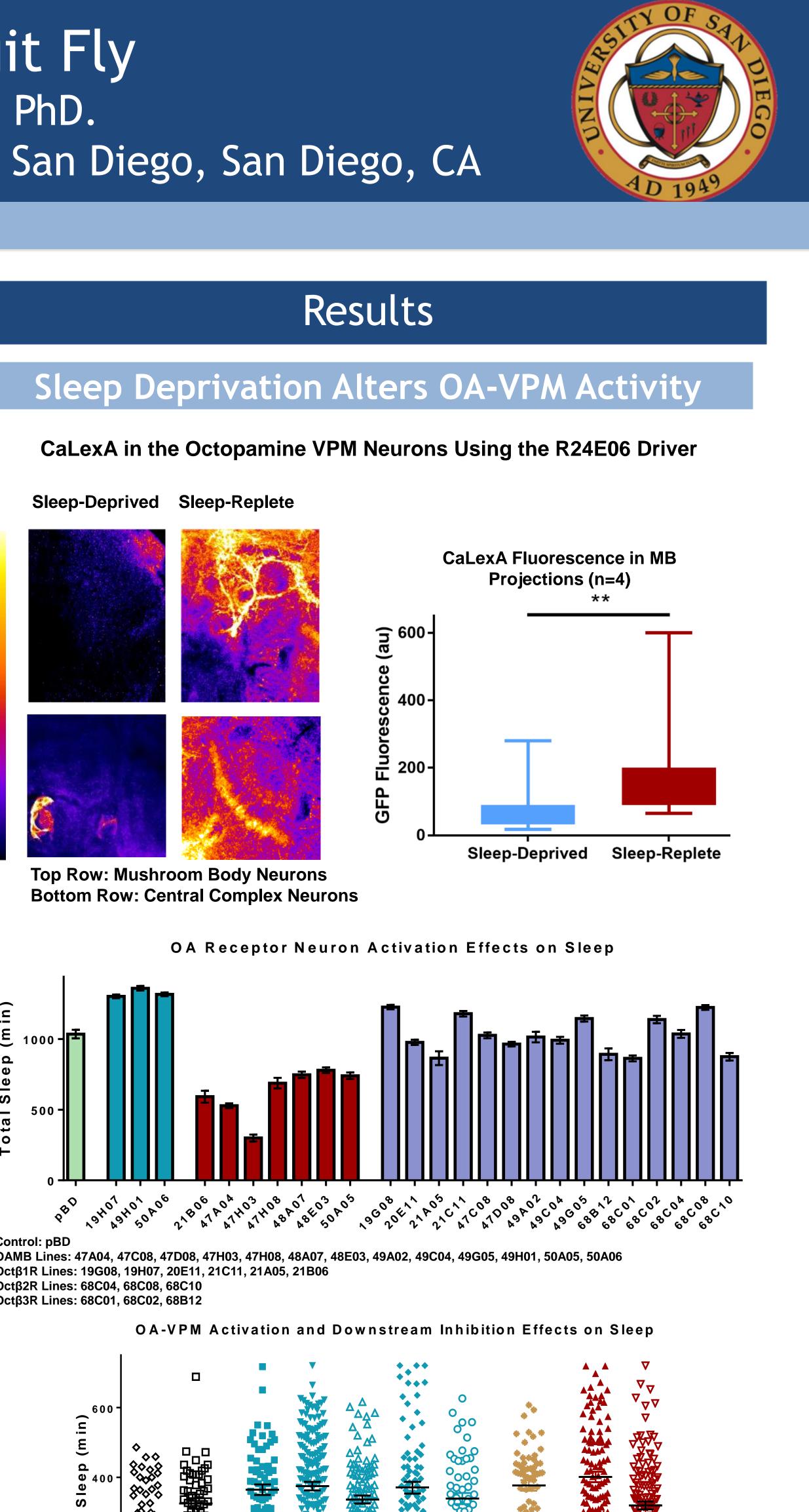
- Set up genetic crosses
- Collected male progeny
- Loaded males into sleep tubes, which are placed in Drosophila Activity Monitors (DAMs) within an incubator
- Experiment lasts 5 days total: Days 1 & 2: Entrainment
 - Day 3: Baseline
 - Day 4: Temperature Elevation
 - Day 5: Recovery
- Temperature change on Day 4 activates and/or inhibits targeted neurons that may be implicated in sleep behavior. Experiment 1: dTrpA1 activation of OA receptor neurons.
- Experiment 2: Activation of OA-releasing neurons (24E06) and simultaneous inhibition of downstream targets.
- Sleep was quantified as *D. melanogaster* inactivity tracked using Drosophila Activity Monitor System.
- Data was analyzed using MATLAB software.

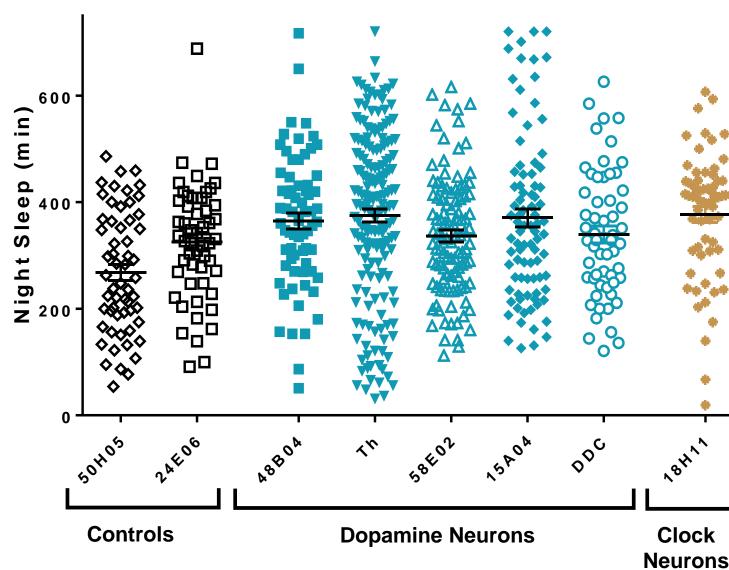
Sleep Deprivation

- CaLexA was crossed to 24E06-Gal4 and progeny was collected.
- Ca²⁺ is an indicator of neuronal activity and allows a quantification of OA-VPM activity.
- Experimental flies were mechanically shaken for a 16 hour period to induce acute sleep deprivation.
- Control flies slept normally on a 12 hour light/dark cycle.
- Brains were dissected in 1xPBS, fixed in 2% PFA, and had undergone IHC steps adapted from Janelia FlyLight Protocols.









Summary and Implications

- Sleep-deprived flies displayed significantly reduced OA-VPM neuronal activity than sleep-replete flies.
- This supports the finding that OA is wake-promoting because flies that are sleep-deprived are expected to rebound from sleep loss: OA levels are lowered \rightarrow flies sleep more.
- Through a screen of multiple lines with downstream OA receptor neuron expression, we have identified some to be sleep-promoting and sleep-suppressing when activated.
- Future direction: To activate OA-VPM neurons and inhibit the activity of these downstream OA receptor neuron targets.

References

Crocker, A., & Sehgal, A. (2008). Octopamine Regulates Sleep in Drosophila through Protein Kinase A-Dependent Mechanisms. *Journal of Neuroscience*, 28(38), 9377-9385. Mitchell, H. A., & Weinshenker, D. (2010). Good night and good luck: Norepinephrine in sleep pharmacology. *Biochemical Pharmacology*, 79(6), 801-809. Nall, A., & Sehgal, A. (2014). Monoamines and sleep in Drosophila. *Behavioral Neuroscience*, 128(3), 264-272. Protocols. (n.d.). Retrieved April 17, 2018, from https://www.janelia.org/project-team/flylight/protocols Sitaraman, D., Aso, Y., Jin, X., Chen, N., Felix, M., Rubin, G., & Nitabach, M. (2015). Propagation of Homeostatic Sleep Signals by Segregated Synaptic Microcircuits of the Drosophila Mushroom Body. Current Biology, 25(22), 2915-2927.

Acknowledgements: We would like to thank the Office of Undergraduate Research for funding through the Summer Undergraduate Research Experience (SURE) award and the National Institutes of Health (NIH) award #R15GM125073-01.

Transgene

- Kenvon Cell

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