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Appendix A: Supplementary Information

Practical three-minute synthesis of acid-coated fluorescent carbon dots with tuneable core structure

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B)



Figure S1. Photograph of FCD **4** (left) and **5** (right) under: A) natural light and B) under UV irradiation.

COOH-FCD Characterisation



Figure S2A: DLS profile of 5 with a hydrodynamic diameter from 5-11 nm



Figure S2B: DLS profile of 4 with a hydrodynamic diameter from 2-6 nm



Figure S3A. Illustrative HR-TEM images and sizing of β -alanine-derived FCD 5



Figure S3B. Ilustrative HR-TEM images and sizing of FCD 4



Figure S4 UV-vis absorbance spectrum of COOH-FCD A) 4 and B) 5



Figure S5: Fluorescence excitation and emission spectrum of COOH-FCD 5



Figure S6: Quantum yield of fluorescence for COOH-FCDs 4 and 5.

The quantum yield of fluorescence (QY or Φ) for **4** and **5**, in aqueous media (refractive index; η = 1.33) was calculated by measuring the integrated fluorescence intensity (excitation 340 nm) at a range of absorbance values below 0.10. The resulting curve was plotted and compared against quinine sulfate (QS) in 0.1M H₂SO₄ (refractive index; η = 1.33), which is a standard of known QY of 54%. (I = slope η = refractive index)

$$\Phi_{FCD} = \Phi_S x \left(\frac{I_{FCD}}{I_{QS}}\right) x \left(\frac{\eta_{FCD}^2}{\eta_{QS}^2}\right)$$

$$\Phi_{Long \ Linker \ COOH-FCD \ 4} = 0.54 \ x \ \left(\frac{104690}{968694}\right) \ x \ \left(\frac{1.33^2}{1.33^2}\right) = 0.06$$

$$\Phi_{Short \ Linker \ COOH-FCD \ 5} = 0.54 \ x \ \left(\frac{78428}{968694}\right) \ x \ \left(\frac{1.33^2}{1.33^2}\right) = 0.04$$



Figure S7: Fluorescence emission intensity of COOH-FCD **5** (λ_{ex} 340 nm, λ_{em} 440 nm) and Rhodamine 6G (λ_{ex} 360 nm, λ_{em} 600 nm) with continuous irradiation



Figure S8: Fluorescence emission intensity of TTA-derived COOH-FCD 4 ($\lambda_{ex} = 340$ nm, $\lambda_{em} = 440$ nm) and Rhodamine 6G ($\lambda_{ex} 360$ nm, $\lambda_{em} 600$ nm) with continuous irradiation



Figure S9: Fluorescence emission intensity of **4** and **5** (λ_{ex} = 340 nm, λ_{em} = 440 nm) as a function of pH. Fluorescence is presented as percentage of output at pH 7



Figure S10: Fluorescence emission intensity of **4** and **5** (λ_{ex} = 340 nm, λ_{em} = 440 nm) as a function of ionic strengths. Fluorescence is presented relative to 0M

Table S1: Elementa	l composition	of COOH-FCD	4 and 5
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COOH-FCD 4	С	Н	Ν	Cl	0
1	42.86	7.79	7.16	8.47	33.70
2	38.44	8.22	6.45	7.19	39.68
3	32.83	8.44	5.48	6.28	46.95
Average	38.04	8.15	6.37	7.31	40.11

COOH-FCD 5	С	Н	Ν	Cl	0
1	50.12	7.37	8.56	5.69	28.24
2	45.14	7.46	7.58	6.25	33.54
3	46.54	8.21	6.92	4.25	34.06
Average	47.27	7.68	7.69	5.4	31.95

The differences found between batches are due to small differences between samples and also are within the standard error of the measurement.



Figure S11: FTIR spectrum of COOH-FCD **4**; Key features: 3360 cm⁻¹ (N-H/O-H); 2929 cm⁻¹ (C-H (sp³)); 1633 cm⁻¹ (NHCO group); 1084 cm⁻¹ (C–O); 626 cm⁻¹ (C–Cl)



Figure S12: FTIR spectrum of COOH-FCD **5**; Key features: 3361 cm⁻¹ (N-H/O-H); 2931 cm⁻¹ (C-H (sp³)); 1635 cm⁻¹ (NHCO group); 1082 cm⁻¹ (C–O); 625 cm⁻¹ (C–Cl)



Figure S13: XPS spectrum of COOH-FCD **4**; Key Features: 285 eV (C 1s), 532 eV (O 1s), 400 eV (N 1s) and 197 eV (Cl 2p)



Figure S14: High-resolution XPS for C, O, N, and Cl plus deconvolutions (blue lines are raw data) for COOH-FCD **4**

Element	Binding Energy Max / eV	Deconvolution Functionality
С	285.00	C-C
С	286.13	C-O-C/C-O or C-N
С	286.93	C=O
С	288.97	O-C=O (ester)
0	531.16	Aromatic C=O
0	532.37	Aliphatic C=O
0	533.34	Aromatic OH
Ν	399.56	NH ₂ (amine or pyridine)
Ν	401.26	Imide/N-C=O
Cl	198.10	C-Cl
Cl	199.75	C-Cl

 Table S2: 4 - XPS deconvolution and functional group assignments



Figure S15: XPS spectrum of COOH-FCD **5**. Key Features: 285 eV (C 1s), 532 eV (O 1s), 400 eV (N 1s) and 197 eV (Cl 2p)



Figure S16: High-resolution XPS for C, O, N, and Cl plus deconvolutions (blue lines are raw data) of COOH-FCD **5**

Element	Binding Energy Max / eV	Deconvolution Functionality
С	285.00	C-C
С	286.13	C-O-C/C-O or C-N
С	286.93	C=O
С	288.97	O-C=O (ester)
0	531.16	Aromatic C=O
0	532.37	Aliphatic C=O
0	533.54	Aromatic OH
Ν	399.56	NH ₂ (amine or pyridine)
Ν	401.25	Imide/N-C=O
Cl	198.11	C-Cl
Cl	199.74	C-Cl

 Table S3: 5 - XPS deconvolution and functional group assignments



Figure S17: Zeta-potential of 4 (-6.91 to +3.01 mV)



Zeta Potential Distribution

Figure S18: Zeta-potential of 5 (-6.73 to +2.29 mV)



Figure S19: ¹H NMR spectra in D₂O of **4** (500 MHz, D₂O) δ : 3.61-3.45 (d-g), 3.43 (t, J = 10 Hz, c, h), 3.12 (t, J = 10 Hz, j), 2.98 (t, J = 10 Hz, a), 2.50 (t, J = 10 Hz, l), 2.38 (t, J = 10 Hz, k), 1.83 (p, J = 5 Hz, b), 1.65 (p, J = 5 Hz, i)



Figure S20: ¹H Presat NMR of **5** (500 MHz, D₂O) δ: 3.15 (t, J = 12 Hz, a) 2.65 (t, J = 12 Hz, b)



Figure S21: ¹H - ¹³C HSQC of **4** (500 MHz, D₂O)



Figure S22: ¹H - ¹³C HSQC of 5 (500 MHz, D₂O)



Figure S24: ¹H - ¹³C HMBC of 5 (500 MHz, D₂O)



Figure S25: ¹H NMR of 6 - lactose-functionalised COOH-FCD 4 (D₂O, 500 MHz)



Figure S26: ¹H NMR of 7 - lactose-functionalised COOH-FCD 5 (D₂O, 500 MHz)



Figure S27: Section of ¹H-NMR showing integrals of key signals (lactose anomeric proton $\delta 4.57$ ppm/signal from core at $\delta 5.07$ ppm) to determine ratios of glycan functionalisation with respect to the different FCD cores. A) FCD 4 (left) and Lactose FCD 6 (right); B) FCD 5 (left) and Lactose FCD 7 (right) and FCD-TTDA derived (left) and Lactose FCD-TTDA¹ (right).

Table S4: Qualitative Ratio of different NMR signal integrals taken from Figure S27. Ratios are calculated by dividing a signal assigned to anomeric proton of lactose with respect of a signal assigned to the core (found on unfunctionalised FCDs 4, 5 and TTDA-derived FCD^1).

Clycan CD species	Ratio	
Giycan-CD species	Glycan / core	
Lactose-FCD 6	20.3±5	
Lactose-FCD 7	13.9±2	
Lactose-FCD (TTDA -derived) ¹	2.16±0.5	

It is important to take into account the dynamics of the system, the size and 3D presentation of each glycan and the propensity of the conjugated sugars to adopt different conformation in solution. Anomeric signals used for the integration are representative of the glycan population present (only the major anomeric signal for each CD-conjugate were considered as signal overlap of minor anomeric signals associated to a small population of glycan conformers present in solution made their accurate integration impossible).

The data suggests an increase of lactose functionalization for FCDs **4** and **5** when compare to lactose-functionalised FCDs that were prepared using TTDA as the diamine.¹

FCD Formation NMR monitoring



^{8.6 8.4 8.2 8.0 7.8 7.6 7.4 7.2 7.0 6.8 6.6 6.4 6.2 6.0 5.8 5.6 5.4 5.2 5.0 4.8 4.6 4.4 4.2 4.0 3.8 3.6 3.4 3.2 3.0 2.8 2.6 2.4 2.2 2.1} fl (ppm)

Figure S28: ¹H NMR reaction monitoring of COOH-FCD **5** up to 180 secs highlighting significant spectral differences post 120 s (500 MHz, D₂O)



Figure S29: ¹³C NMR reaction monitoring of COOH-FCD **5** up to 180 s highlighting significant spectral differences post 120 s (125 MHz, D₂O)



Figure S30: Photoluminescence monitoring of COOH-FCD 5 at different time points from 30 s to 150 s at different excitation wavelengths. No significant changes in the emission profile of 5 was observed at any excitation wavelength, with the exception of ex=300 which was optimum at 120 s. These results suggest that fluorophores contributing to the PL properties of the material are generated early on in the synthesis with an optimum profile at 120 s.



Figure S31: Proposed mechanism of COOH-FCD formation proceeding via head-to-tail dimerization of ring-opened glucosamine via a key pyrazine intermediate (blue) and iminium-mediated oligomer dehydration (red)

COOH-FCD Metal Detection Studies



Figure S32: Fluorescence emission intensity of 4 (λ_{ex} = 340 nm, λ_{em} = 440 nm) as a function of metal salt concentration (500 µM). Fluorescence is presented relative to 0M



Figure S33: Comparison of **4** and **5** fluorescence quenching (λ_{ex} = 340 nm, λ_{em} = 440 nm) as a function of Fe³⁺ concentration (0-500 μ M)

Cell Toxicity Studies



Figure S34: MDA-MB-231 exposure to COOH-FCD **4** – (A) reductive metabolism; (B) viable cell numbers and (C) reductive metabolism (RM) per cell compared to untreated cells



Figure S35: MDA-MB-231 exposure to COOH-FCD **5** – (A) reductive metabolism; (B) viable cell numbers and (C) reductive metabolism (RM) per cell compared to untreated cells

Cell Internalisation and Confocal Microscopy Images



Figure S36: Fluorescence per unit area of differentially functionalised COOH-FCD inside MDA after exposure at 500 µgmL⁻¹ for 2hrs at 4°C and 37°C



Figure S37: Confocal images of untreated MDA-MB-231 cells



Figure S38: Confocal images of MDA cells exposed to 500 µgmL⁻¹ of 5 for 2h at 37°C



Figure S39: Confocal images of MDA cells exposed to 500 µgmL⁻¹ of 5 for 2h at 4°C

References:

1. Hill, S. A.; Benito-Alifonso, D.; Morgan, D. J.; Davis, S. A.; Berry, M.; Galan, M. C., Three-minute synthesis of sp3 nanocrystalline carbon dots as non-toxic fluorescent platforms for intracellular delivery. *Nanoscale* **2016**, *8* (44), 18630-18634.