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1 Twelve autologous blood transfusions in eight cats with haemoperitoneum

2

3 Abstract

4

5 **Objective:** The objectives of this study were to describe the clinical use and outcome of autologous transfusions in cats with intracavitary haemorrhage 6 7 Methods: A retrospective descriptive study was performed. Computerised 8 medical records of a single referral centre were searched for cats receiving an 9 autotransfusion. Medical records were evaluated for underlying disease process, autotransfusion technique, autotransfusion volume, time period over which the 10 autotransfusion was given, packed cell volume (PCV) pre and post 11 12 autotransfusion, percentage rise in PCV, use of other blood products and any 13 complications of the procedure. Survival to discharge and survival at 2 months 14 was documented. 15 **Results:** Between July 2012 and March 2018 a total of 12 autotransfusions were 16 performed in 8 cats. All patients were diagnosed with haemoperitoneum. Four of 17 the 8 cats were diagnosed with abdominal neoplasia, 3 had post-operative 18 haemorrhage and 1 had a traumatic haemoperitonuem. Three cats received more 19 than one autotransfusion. Blood was collected using a 23g butterfly catheter and 20 20ml syringe in 7/12 collections, a 23g needle and 20ml syringe in 2/1221 collections and directly into syringes from the open abdomen at the time of 22 surgery in 3/12 collections. A median volume of 50ml (range 25-80ml) was 23 collected and administered, meaning a median volume of 16.5ml/kg (range 9-24 26ml/kg) was administered. The autologous transfusions were given over a 25 median of 3 hours (0.25-6 hours). Five cats were given another blood product 26 alongside the autotransfusion. Median percentage PCV increase was 5% (range 27 1-7%). Anti coagulant was used in 5/12 autotransfusions. No clinically relevant 28 adverse effects were reported. Six of the 8 cats survived to discharge. Two month 29 survival was 60% (3/5). 30 **Conclusions and relevance:** Autologous transfusion appears to be a safe and 31 effective technique for stabilising cats with haemoperitoneum. This technique 32 allows rapid and cheap provision of blood and avoids the need for an allogenic 33 blood donor. 34 35 **Authors** 36 Cole, L.P MA Vet MB PgCert VPS Cert AVP (ECC) MRCVS 37 lcole3@rvc.ac.uk (correspondence).

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48 **Twelve autologous blood transfusion in eight cats with haemoperitoneum**

49

50 Introduction

51 The transfusion of blood products to anaemic patients is an important part of 52 critical care. However, access to feline blood products can be limited due to 53 technical difficulties in collecting and storing feline blood products and 54 difficulties in recruiting feline blood donors. ¹ Both haemoglobin based oxygen 55 carriers (HBOCs) and xenotranfusion with canine blood products have been used 56 as alternative strategies for the anaemic cat. ^{2,3,4} However, HBOCs have well 57 documented adverse effects and transfused canine red blood cells have a short 58 life span a result of intravascular haemolysis. ^{2,5} An alternative method to allogenic transfusion, that is well described in the human literature, is 59 60 autotransfusion. ⁶ Autotransfusion has been reported in dogs with intracavitary 61 haemorrhage in the veterinary literature, but there are no clinical reports in cats. 62 ^{7,8,9,10,11,12} In these canine studies minor, non-clinically significant adverse effects 63 were reported and autotransfusion appeared to be a successful management 64 option. This study aimed to investigate the frequency and efficacy of feline 65 autotransfusion in a referral hospital setting, as well as describing the reasons 66 for performance of autotranfusion and the methods used. 67 Materials and methods 68

- 69
- 70 Inclusion criteria

- 71 The electronic clinical and surgical records from the Queen Mother Hospital for
- 72 Animals (Hatfield, UK). were searched for cats that were administered an

autotransfusion between July 2012 and March 2018.

74

75 Retrieved data

- The following data was extracted from the clinical records; signalment,
 underlying disease, technique of blood collection, volume of blood collected, use
- of anticoagulant, volume of autologous blood transfused, transfusion time
- 79 period, pre and post transfusion PCV, serum calcium, prothrombin time and
- 80 partial thromboplastin time post transfusion and administration of other blood
- 81 products. Survival to discharge and 2 month survival were also documented.

82

- 83 Results
- 84

A total of 8 cats had at least one autotransfusion during the time period. Six
were female (5 neutered) and 2 were male (1 neutered). Five were Domestic
short hairs and 3 were pure breeds (British short hair, Ragdoll and Bengal). The
median weight of the cats was 3.67Kg (range 1.38-5.5Kg). All cats were blood
typed. Six cats were blood type A and 2 cats were blood type B.

90

Four of the 8 cats had spontaneous hemoperitoneum secondary to abdominal
neoplasia (2 cats had splenic haemangiosarcoma, 1 cat had both splenic and liver
haemangiosarcoma and one cat had liver and splenic lesions consistent with
neoplasia on ultrasound but histological diagnosis was not made). Three of the 8
cats required an autotransfusion for management of post-operative

96 haemorrhage (the surgical procedures were routine ovariohysterectomy

97 performed at the primary care vets in two cats, and extra-hepatic shunt ligation

98 and liver biopsy in the other cat). One cat presented with a traumatic

99 haemoperitoneum. Six out of 8 cats required surgery for management of their

- 100 condition.
- 101

102 A total of 12 autotransfusions were performed over the study period. Three cats 103 had an autologous transfusion performed on more than one occasion. Case 1, a 104 cat with a traumatic haemoperitoneum, required autotransfusion on presentation and 12 hours later due to continuing haemorrhage. Surgical 105 106 exploration revealed a splenic fracture with bleeding splenic artery. An 107 autotransfusion was performed on case 3 prior to surgery for removal of a 108 poorly differentiating splenic haemangiosarcoma and it required repeat 109 autotransfusion 10 days post discharge to due recurrence of the 110 haemoperitonuem. Case 5 received an autotransfusion during cardiopulmonary 111 arrest suspected to be due to haemorrhage post surgery for extra-hepatic 112 portosystemic shunt ligation and liver biopsy. Autotransfusion was performed 113 again at the time of revision surgery (0.5 hours later) and also in the post-114 operative period (2 hours later). 115 116 Autotransfusion was performed in all cats to treat their anaemia and 117 hypovolaemia. Three of the 12 autotransfusions were performed intra-118 operatively, 1/12 was performed post-operatively and 2/12 were performed

119 peri-cardiopulmonary arrest.

Out of the total 12 autotransfusions performed, blood was collected using a 23g
butterfly catheter and 20ml syringe in 7 collections, a 23g needle, three-way tap
and 20ml syringe in 2 collections and directly into syringes from the open
abdomen at the time of surgery in 3 collections. Ultrasound guided sampling was
performed in all cases except collection at the time of surgery.

126

127 Anti-coagulant acid citrate dextrose (ACD-A, USA) was used in 5/12 of the

autotransfusions performed with 0.14ml of ACD used per 1ml of blood collected

129 as described in previous studies. ¹³ In all cases the collected blood was transfused

130~ through an $18\mu m$ blood filter (Utah Medical Products, USA). A median volume of

131 50ml (range 25-80ml) was collected and administered, equivalent to median

volume of 16.5ml/kg (range 9-26ml/kg) over a median of 3 hours (range 0.25-6

133 hours, the time over which the autotransfusion was administered was not

134 recorded in one case). Three autotransfusions were given in one hour or less at a

- 135 rate from 0.28ml/kg/min-1.2ml/kg/min.
- 136

137 The median PCV pre-autotransfusion was 12% (range 7-20%, n = 11). Post

autotransfusion, the median PCV was 18% (range 9.5-23%, n = 11) with the

139 median percentage PCV increase being 5% (range 1-7%, n =10).

140

141

142 During the administration of the autotransfusions there were no documented

143 report of urticaria, erythema, increased rectal temperature or other signs

144 consistent with transfusion reaction. Post-transfusion ionised calcium levels

145 were available after 7/12 autotransfusions. The median ionised calcium value

was 1.22mmol/L (range 0.92-1.3mmol/L). Total calcium was measured in 1
patient and this was 2.03mmol/L (RI 2.07-2.8mmol/L). Out of these 8 patients 2
were documented as having a mild hypocalcaemia of which one received
anticoagulant. No patient showed clinical signs of hypocalcaemia.

Five of the 8 cats received other blood products. Case 2 and case 8 who
presented with haemoperitonuem post routine ovariohysterectomy received
both packed red blood cells and type specific fresh frozen plasma. Case 8
received type specific feline packed red blood cells and case 2 received canine
packed red blood cells due to the lack of availability of feline blood at the time of
admission. Case 5 received feline whole blood and oxyglobin and case 4 and 7
received feline packed red blood cells (Table 1).

158

159 Coagulation tests were assessed in three cats prior to the first autotransfusion 160 and were found to be within normal limits. Two cats had prothrombin time (PT) 161 and activated partial thromboplastin time (aPTT) measured post 162 autotransfusion; one had had mild prolongation of aPTT and one had moderately 163 prolonged PT and aPTT as well as a severe thrombocytopaenia of 40×10^9 /l (RI 164 200-800x10⁹/L). This cat (case 2) had received canine packed red blood cells 165 and autologous transfusion in less than 2 hours. A total of 10ml/kg fresh frozen 166 plasma transfusion was given for management of the coagulopathy. Four hours 167 post all transfusions the patient was found to have an increased respiratory 168 effort and documented pleural effusion, suspected to the result of fluid overload. 169 The patient was treated with oxygen and 2mg/kg frusemide (Diamzon, MSD 170 Animal Health).

171

Gross haemolysis was detected in one cat (case 3) post autotransfusion on
examination of serum, but this had also been present prior to autotransfusion.
This patient's PCV increased by 2 and 2.5% after each autotransfusion.
Three cats had cytology performed on the abdominal fluid and 2 cats had culture
of the abdominal fluid used for autotransfusion. None of these cases had
cytological evidence of bacteria. One cat out of the 2 (case 6) that had culture of

179 the abdominal fluid cultured positive for *Enterococcus faecalis*. This case was

180 given an autologous transfusion after respiratory arresting and was euthanased181 due to progressive neurological deterioration.

182

183 **Outcome**

184 Six of the 8 cats survived to discharge. No delayed adverse reactions to the 185 autotransfusions were reported in any patient. Both of the patients that died in 186 hospital were given an autotransfusion peri-cardiopulmonary arrest. Case 5 187 arrested post operatively after extra-hepatic portosystemic shunt ligation and 188 hepatic biopsy. This patient regained spontaneous circulation and had repeat 189 surgery to performed isolate the bleeding vessel. The patient was euthanased on 190 recovery from general anaesthesia due to severe hypoxaemia, despite further 191 autotransfusion, whole blood, crystalloid and colloid and vasopressor therapy. 192 Case 6 neurologically deteriorated and was euthanased post respiratory arrest. 193

Two-month survival was 60% (3/5). Two patients (cases 3 and 4) were
diagnosed with splenic and liver haemangiosarcoma and were euthanased 4 and

196 6 weeks post discharge respectively. Both patients re-presented collapsed and 197 pale, one with a recorded PCV of 9%. This latter patient was presumed to have 198 had a repeat abdominal haemorrhage. The other case (case 7) diagnosed with 199 splenic haemangiosarcoma was lost to follow up. Case 1 with traumatic 200 hemoperitoneum and case 2 and case 8 with haemoperitoneum post 201 ovariohysterectomy are reported to be well on follow up. 202 203 204 Discussion

205

206 The aim of this case series was to examine the use of autotransfusion in feline patients in a referral hospital setting. We report eight cats, which had an 207 208 autotransfusion to aid treatment of their anaemia. Given the high caseload of 209 the hospital, this is not a frequently performed procedure, probably helping to 210 explain the lack of literature on the use of autotransfusion in cats. A recent 211 survey of canine and feline transfusion practice found that autotransfusion is 212 performed in 36% of both primary care and tertiary referral centres in the USA. 13 213

Three main autotransfusion techniques have been described in man; pre-

215 operative autologous donation (PAD) whereby blood is collected in advance of

an elective procedure, stored in the blood bank and transfused back to the

217 patient when required, acute normovolaemic haemodilution where blood is

collected immediately prior to surgery and blood volume restored by crystalloid

or colloid, and cell salvage in which blood is collected from suction, surgical

drains, or both and re-transfused back to the patient after filtration or washing. ⁶
There is one experimental report of autologous transfusion in cats and one
clinical report of PAD in cats performed prior to planned craniotomy surgery. ^{15,}
¹⁶ There are various reports of canine cell salvage in the veterinary literature.
^{8,9,10,11,12}

225

226 Autotransfusion can be considered an underused method in cats as it has several advantages when compared to the use of allogenic blood products. The blood is 227 228 readily available and is cheaper than allogenic blood products as there is no need for blood typing or cross matching. This is particularly useful outside large 229 230 referral hospitals in the UK as there is no commercial feline blood bank and 231 access to blood donors, particularly type B and AB cats can be limited. 232 Autotransfusion has the proposed advantage of reducing the risk of transmission 233 of disease or isoimmunisation associated with allogenic blood transfusion. A 234 meta-analysis in man found that red cell salvage reduced exposure to allogenic 235 blood by 40%. ¹⁶ In this case series 40% of cats did not require allogenic blood products, compared to 30% dogs undergoing autotransfusion.¹⁰ 236

237

Cell salvage in man has been predominantly used intra-operatively in
cardiothoracic, vascular, orthopaedic, neurological and transplantation surgery
and there are rare reports of its use in the emergency department. ^{6,17} In dogs
autotransfusion has been used primarily for resuscitation in emergencies, the
management intra-operative haemorrhage and coagulopathy, post operative
haemorrhage and bleeding secondary to neoplasia where surgical intervention

may or may not be required. ^{8, 10,12} In this case series, autotransfusion was a key
part of stabilisation in all 8 of the cats as well as providing intra-operative
support and included similar causes as the aforementioned studies. Surgery was
performed as well as autotransfusion in 66.7% (8/12) autotransfusion events,
similar to the number requiring surgery in dogs undergoing an autotransfusion.

250

Techniques for red cell salvage in man and dogs include direct collection from 251 252 the abdomen using a syringe or suction device and the use of a cell saver device 253 whereby shed blood is collected, anticoagulated and washed or filtered prior to 254 re-transfusion via a filter. ^{6,8,9,11} A cell salvage device has the advantage of 255 washing and filtering the blood and thus removing potentially antigenic cells 256 such as leukocytes, neoplastic cells. ¹⁸ However, most cell salvage systems 257 require a predetermined volume of erythrocytes prior to washing, making it less 258 suitable for most cats were collected blood volumes are usually small. The 259 techniques described for autotransfusion in the cats of this case series were 260 percutaneous collection by ultrasound guidance using a butterfly catheter 261 connected to 20ml syringe or direct collection via a 20ml syringe at the time of 262 surgery, similar to that reported in the case series of 25 dogs. ¹⁰ 263

In 5 out of the 12 autotransfusion cases blood was collected into acid citrate
(ACD-A). The use of anticoagulant in autotransfusion is controversial. Some
literature suggests that blood in contact with peritoneal surface greater than one
hour become defribinated and thus systemic anti-coagulant is unnecessary and
the citrate itself may lead to hypocalcaemia. ¹⁸ In 2/8 autotransfusion events

269 where ionised or total calcium was available post transfusion there was a 270 documented mild non-clinically significant hypocalcaemia. Acid citrate was used 271 only in one of these cases. Hypocalcaemia has been reported in dogs undergoing 272 autotranfusion via cell saver device and direct collection. ^{10,11} In one study of 273 autotransfusion in dogs, 50% of the cases were administered blood with 274 anticoagulant and 50% without and there was no association seen between the 275 use of anticoagulant and survival. ¹⁰ Further studies are required to investigate the clinical relevance of anti coagulant use in autotransfusion in cats. 276

277

278 The use of a blood filter is recommended for re-delivery of blood in attempt to 279 remove microaggreates that could promote an inflammatory reaction. Platelets 280 and platelet products have been found to incite an inflammatory reaction, which 281 can lead to the development cutaneous oedema and acute respiratory distress 282 syndrome. ¹⁹ The filter size of 18 micron used in the cats of this case series has a 283 high microaggregatory retention preventing platelet and leukocyte passage. 284 However, this size filter will not filter serotonin, histamine or catecholamine, 285 which are reported to lead to an increase risk of system inflammatory response. 286 ²⁰ No patient in this case series showed any clinical signs consistent with an 287 inflammatory response post transfusion. 288 289 Each patient, where recorded, received between 9-26ml/kg of autologous

blood during each transfusion. Two cats cases received in in excess of 30ml/kg

total blood product in 4-6 hours and thus by definition underwent a massive

transfusion. ²⁰ The one patient who received a massive transfusion, and

293 survived, was found to have prolonged PT and APTT and severe 294 thrombocytopenia post transfusion requiring fresh frozen plasma therapy. 295 Autotransfusions have been previously documented to cause consumptive 296 coagulopathy; PT and APTT were prolonged post transfusion in 80% of cases of 297 canine autotransfusions where post transfusion PT and APTT were measured 298 in one study. ¹⁰ This hypocoagulability is thought to occur as a result of 299 widespread activation of coagulation system and secondary fibrinolysis when 300 the blood is re-infused.²¹ The cat in this case series that had a prolonged PT and 301 APTT post transfusion received a large volume of crystalloid, massive transfusion of canine packed red blood cells and autologous blood. It is 302 303 therefore difficult to determine the contribution of the autotransfusion to this 304 coagulopathy. Only one other patient, diagnosed with a traumatic 305 haemoperitoneum had coagulation values measured post the transfusion and 306 this revealed a mild coagulopathy, which could be the result of continual 307 bleeding or the effect of the autotransfusion, or a combination of both. Ideally 308 post transfusion platelet count and clotting times should be assessed to 309 monitor for development of a consumptive coagulopathy.

310

Other reported complications of autotransfusion include haemolysis secondary
to prolonged exposure to serosal membrane and mechanical injury during
collection and re-infusion. ^{10, 22, 23} Haemolysis results in the release free
haemoglobin that can lead to acute kidney injury. To minimise the risk of
mechanical injury to the red blood cells aspiration was performed gently using
low suction pressure to minimise cell damage during the retrieval. One cat,

317 diagnosed with a haemangiosarcoma, was reported to have haemolysed serum 318 post autotransfusion, compared to 5/19 (26%) of dogs in a previous study.¹⁰ 319 This patient was also shown to have haemolysed serum pre transfusion and no 320 evidence of worsening post transfusion suggesting it was likely part of the 321 patients disease state. This patient's PCV showed a mild increase in (PCV 322 increase 2-2.5%) post the transfusions, which could have been the result of 323 ongoing haemolysis. Larger studies of feline autotransfusions are required to 324 assess the true prevalence and consequence of haemolysis in these cases.

325

One patient suffered from suspected transfusion associated circulatory overload
(TACO). This patient had received massive transfusion of canine packed red
blood cells and autologous blood products alongside crystalloid therapy and
fresh frozen plasma. It is therefore likely it was due to the volume of product
versus the type of transfusion. This patient responded well to therapy and went
on to make a complete recovery.

332

333 Reported contraindications for autotransfusion in man are surgeries for 334 malignancy, bacterial contamination and contamination of the blood with 335 products that can cause haemolysis such as hypotonic fluids.⁶ The use of 336 autotransfusion for management of haemorrhage secondary to neoplasia is 337 controversial. It is unclear how well malignant cells are removed by filtration 338 and it has been suggested that autotransfusion can contribute to metastatic 339 spread of the tumour. ²⁴ However, autotransfusion has been described in dogs 340 with haemoperitoneum secondary to neoplasia with no reported complications 341 and studies in man have not shown an increased metastatic rate when auto

transfusions have been performed in patients with neoplasia. ^{8, 10, 25} In this study
50% of patients (4/8) had an autotransfusion due to a ruptured neoplasm, of
which 3/4 died within 6 weeks of the autotransfusion. These patients likely
already had metastatic disease so we cannot elucidate if the transfusion
contributed to disease progression. In this case transfusion itself was life saving
treatment and prevented the use of feline blood products, a scare resource, in a
terminal patient.

349

350 In one cat the autotransfusion may have involved infusion of blood contaminated 351 with bacteria. Microbiological culture was performed on the abdominal fluid of 2 352 cats and in 1 case this led to a positive culture for *Enterococcus faecalis*. Bacterial 353 growth of salvaged blood has not previously been reported in the veterinary 354 literature but has been reported in up to 12.7% of blood salvaged in humans.²⁶ 355 Patients in this study were followed up for 2 months post autotransfusion and no 356 statistically significant correlation between bacteriologic results of 357 autotransfused blood and infectious complications could be found. The cat with 358 the positive culture in this case series was euthanased shortly after its 359 autotransfusion and therefore it was not possible to determine its clinical 360 significance.

361

362 Two-month survival was 75% for cats available for follow up in this study. In
363 the cats that died the cause of death was euthanasia due to underlying disease
364 and continued haemorrhage, similar to that reported in dogs. ¹⁰ This case series

365 supports other studies in man and veterinary species that autotransfusion does
366 not appear to adversely affect mortality or lead to significant complications. ^{10, 16}

367

368	This case series describes the successful use of a simple cost effective
369	autotransfusion technique using 23g needle or butterfly catheter, 20ml syringe
370	and a blood filter to manage life threatening abdominal haemorrhage and to
371	provide intravascular support under general anaesthesia. This technique is
372	cheap and requires minimal equipment with no clinically significant adverse
373	effects and should be considered in unstable cats with a confirmed non-septic
374	haemoperitoneum. Monitoring for post transfusion haemolysis, coagulopathy
375	and hypocalcaemia are recommended post transfusion.
376	
377	In conclusion autologous transfusion appears to be a safe and effective technique
378	for stabilising cats with haemoperitoneum. This technique allowed rapid and
379	cheap provision of blood and avoids the need for an allogenic donor.
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