

Canadian Parliament Internship May 2017

Education: I was able to learn analytical thinking, legal writing, and negotiation skills. I also gained valuable social skills. I was able to interact with some of Canada's and the world's most powerful leaders. This internship allowed invaluable education opportunities that allowed me to grow as a student that I am now applying to my studies as I continue my academic career. I became more globally aware.

Experience: In May 2017 I interned with the Canadian Parliament in Member of Parliament, Wayne Stetski, New Democratic Party, Kootenay-Columbia. The Canadian Parliament Internship Program is a five-week program during which interns work in the office of a Member of the Canadian Parliament in Ottawa. Students may choose which party and what area of expertise the Member represents. Students may be asked to answer constituency mail, assist in writing and editing materials to be sent to the Member's Riding, research issues of importance to the Member, write a statement/question for Question Period, write speeches, conduct tours of Parliament, and complete general office work. Interns will live and socialize at the University of Ottawa with other students from the U.S., Canada, and other countries. Students will receive three credit units for PS 4191 for their internship experience.

STEP
SECOND-YEAR TRANSFORMATIONAL
EXPERIENCE PROGRAM

Name: Anna Novak

STEP Faculty Member: Dr. Mark Bender

Major: Marketing



Impact on academics, personal and life goals moving forward: The impact that this internship has had on my personal and life goals moving forward is tremendous. I have never aimed higher. I have discovered through this internship that I would like to eventually be a Foreign Officer working for a United States Embassy. This internship has only increased my love to travel and set my goals higher to travel even more. My personal goals have changed and molded to revolve around this internship.



Personal Impact: Personally, I have grown in so many ways. I was able to live in a different country for five weeks on my own and meet so many amazing people. I have learned to be more independent and more open minded. I grew to love my office and a country that was not my own. This internship ended up having such a huge personal impact on me that I can't really put onto paper. The experience is once in a life time, I was amazed and the things that I was able to accomplish and do in the short period that I was there.



Favorite Part of Experience: My favorite part of this experience was being able to do something new everyday. Whether it was running errands on the hill or writing letters to the Prime Ministers office, I was never doing repeat tasks. I was literally interning in a castle in a beautiful city. I could never have imagined the experiences and opportunities that I was given while abroad with the Canadian Government. Another one of my favorite parts was going to Montreal. It is the most beautiful places I have been to in North America.