

# Community Engagement Conference

Partnering to Advance Health and Wellness



# IGNITE

January 24 and 25, 2018

## Mental Health within the LGBTQ+ Population

- **Presenters: Ashley Hill** – clinical coordinator, Ohio State College of Optometry;
- **Diana Maier** – OSU Extension program coordinator, 4-H youth development, State 4-H Office



THE OHIO STATE UNIVERSITY



## MENTAL HEALTH WITHIN THE LGBTQ+ POPULATION

---





## Shayla Krecklow, MA, LPC

- Holistic Consultation, LLC
- <https://holisticconsultationllc.com/index.html>

## Levana Slabodnick, MSW, LISW-S

- Silverlinings Psychotherapy-Owner
- <http://silverliningspsychotherapy.com/>



## Evan Mackenzie, MSW, LSW

- Trans Outreach Coordinator
- Kaleidoscope Youth Center
- <http://www.kycohoio.org/>





© @dougalcorn via Twitter



(2014, December 29). Transgender teen struck and killed on Ohio Interstate in apparent suicide. *LGBTQ Nation*. Retrieved from <https://www.lgbtqnation.com/2014/12/transgender-teen-struck-and-killed-on-ohio-interstate-in-apparent-suicide/2/>



(2014, December 29). Transgender teen struck and killed on Ohio Interstate in apparent suicide. *LGBTQ Nation*. Retrieved from <https://www.lgbtqnation.com/2014/12/transgender-teen-struck-and-killed-on-ohio-interstate-in-apparent-suicide/2/>



(2017, June 21). *Lesbian, gay, bisexual, and transgender health*. Retrieved from <https://www.cdc.gov/lgbthealth/youth.htm>

(n.d.). *Lesbian, gay, bisexual, and transgender health*. Retrieved from <https://www.healthypeople.gov/2020/topics-objectives/topic/lesbian-gay-bisexual-and-transgender-health>



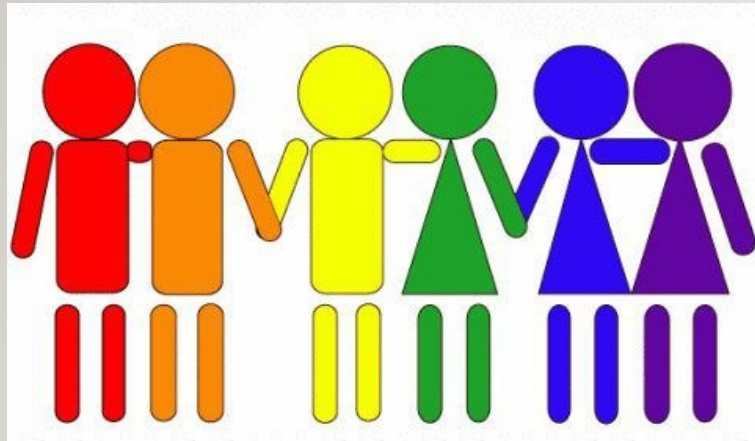
VS.



Austin, A. & Craig, S. L. (2015). Transgender affirmative cognitive behavioral therapy: Clinical considerations and applications. *Professional Psychology: Research and Practice*, 46(1), 21-29.



**U.S. Department of  
Health and Human Services**  
Centers for Disease  
Control and Prevention



**2015**

## Sexual Orientation of 9<sup>th</sup>-12<sup>th</sup> Grade Students

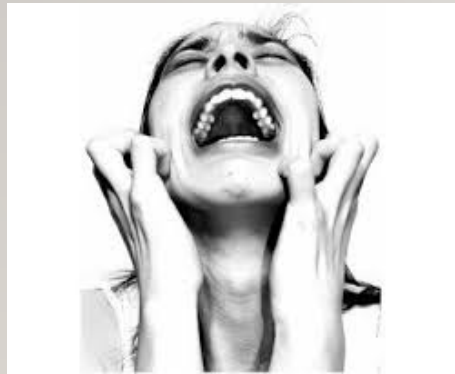


Kann, L., Olsen, E., McManus, T., Harris, W. A., Shanklin, S. L., Flint, K. H., ... Zaza, S. (2016). Sexual identity, sex of sexual contacts, and health-related behaviors among students in grades 9-12 – United States and selected sites, 2015. *Surveillance Summaries*, 65(9), 1-202.



34  
%

LGB youth experience bullying



59%

LGB youth experience sexual violence (23%), domestic violence (18%), or rape (18%)







**HOMELESS**



**STOP  
DISCRIMINATION**

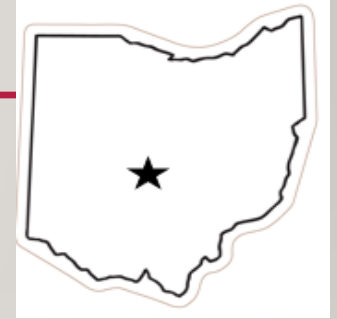


**STOP  
BULLYING**  
**STAND UP. SPEAK OUT.**

McCormick, A., Schmidt, K., & Clifton, E. (2014). Gay-Straight alliances: Understanding their impact on the academic and social experiences of lesbian, gay, bisexual, transgender, and questioning high school students. *Children & Schools, 37*(2), 71-77. doi:10.1093/cs/cdu028



## EFFORTS



- Safe Spaces
- Community Education
- Access to Mental Health Care
- Organization Collaborations





WE BELIEVE  
IN MAKING  
A DIFFERENCE

Served 500  
Youth in 2016





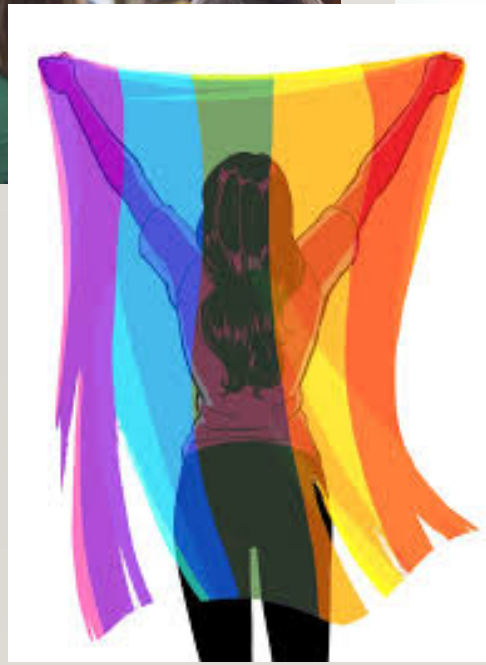


**STOP**  
**DISCRIMINATION**



**WE NEED  
YOUR  
HELP!**





## UPCOMING EVENTS TO

---



- Support Groups for Families of Trans\* Youth
  - Meets every Tuesday from 7-8:30pm
- Gay Straight Alliance (GSA) Summit
  - Date TBD; end of March 2018





*“All people  
should be treated  
like **human  
beings** with valid  
feelings & rights”*

~Leelah Alcorn