

Community Engagement Conference

Partnering to Advance Health and Wellness



IGNITE

January 24 and 25, 2018

Designing and Implementing a Person-Centered Intervention: A Novel Academic and Community Partnership

- **Presenters: Morgan Liddic** – graduate student, Miami University;
- **Chelsea Goldstein** – graduate student, Miami University;
- **Anjali BK** – graduate student, Miami University;



THE OHIO STATE UNIVERSITY

Communicating Nursing Home Resident Important Preferences Across Care Team Members



Morgan Liddic, BA, Anjali BK, BSN,
Chelsea Goldstein, BA, Katy Abbott, PhD, MGS

Person-Centered Care (PCC)

- Providing care that is tailored to each individual
- Honoring individual choice and autonomy
- Community effort



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- Community effort



- Improve Quality of Life
- Increase resident satisfaction
- Increase staff satisfaction
- Meet regulatory mandates

One component of PCC: Honoring Preferences

- Clothing
- Music
- Outdoors
- Family
- Bathing
- Wake-up & Bedtime
- Room
- Exercise



- Meals & Snacks
- Privacy
- Religion & Culture
- Reading Material
- Movies & Shows
- Games

How can we **assess** and **communicate** nursing home resident preferences?




Preferences for Everyday Living Inventory (PELI)



- 72 item questionnaire
- Validated instrument that has been developed, tested, and modified using the feedback from over 350 nursing home residents

Preferences for Everyday Living Inventory (PELI)

Q41. How important is it to you to spend time by yourself?

Importance	Check all that Apply															
<div data-bbox="125 644 645 839"><input type="checkbox"/> Very important (1) <input type="checkbox"/> Somewhat important (2) <input type="checkbox"/> Important, but can't do, no choice (5)</div> <div data-bbox="125 853 645 991"><input type="checkbox"/> Not very important (3) <input type="checkbox"/> Not important at all (4) <input type="checkbox"/> Non response (9)</div> 	<div data-bbox="730 586 1812 668"><p><i>41a. In which ways do you like to spend time by yourself?</i></p></div> <div data-bbox="749 686 1773 829"><table border="0"><tr><td><input type="checkbox"/> Reading</td><td><input type="checkbox"/> Lying down</td><td><input type="checkbox"/> Looking out the window</td></tr><tr><td><input type="checkbox"/> Thinking</td><td><input type="checkbox"/> Meditating</td><td><input type="checkbox"/> Praying</td></tr><tr><td><input type="checkbox"/> Watching a movie</td><td><input type="checkbox"/> Listening to music</td><td><input type="checkbox"/> Napping</td></tr><tr><td><input type="checkbox"/> Crossword puzzle/games</td><td colspan="2"><input type="checkbox"/> Other: _____</td></tr></table></div> <div data-bbox="730 851 1812 932"><p><i>41b. In which places do you like to spend time by yourself?</i></p></div> <div data-bbox="749 943 1789 972"><table border="0"><tr><td><input type="checkbox"/> Bedroom</td><td><input type="checkbox"/> Outside</td><td><input type="checkbox"/> Other: _____</td></tr></table></div> <p>Notes:</p>	<input type="checkbox"/> Reading	<input type="checkbox"/> Lying down	<input type="checkbox"/> Looking out the window	<input type="checkbox"/> Thinking	<input type="checkbox"/> Meditating	<input type="checkbox"/> Praying	<input type="checkbox"/> Watching a movie	<input type="checkbox"/> Listening to music	<input type="checkbox"/> Napping	<input type="checkbox"/> Crossword puzzle/games	<input type="checkbox"/> Other: _____		<input type="checkbox"/> Bedroom	<input type="checkbox"/> Outside	<input type="checkbox"/> Other: _____
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Example PELI Item

Ohio Department of Medicaid has included the PELI as one of five pay for performance indicators.

Problem:

Providers are completing the PELI interview, but experiencing challenges to *communicating* resident important preferences across care team members and shifts.



Challenges to communicating nursing home resident preferences



- High Staff turn-over
- Outsourced agency staff
- Limited access to medical records
- Communicating between departments
 - Nursing
 - Activities
 - Direct care
 - Housekeeping
 - Dietary
 - Maintenance
 - Volunteers

Sue

9/28/2017



- I'm originally from northern Indiana and I have lots of family in the Oxford area. I have 8 nephews nearby, as well as two nieces whom I see often.
- I enjoy talking to my aunts, Nancy and Denise, who call me frequently.
- I earned my teaching certificate and used to teach Art at Fairfield High School. I also worked with the activities department at Butler County Care Facility in Hamilton.
- In my pastime, I like to crochet and have even made some of my own clothes. I enjoy growing flowers, and used to take care of a vegetable garden.
- I like to cook, and Salisbury steak is my favorite meal to make. I enjoy watching the History Channel and the Travel Channel on TV.

PAL Cards

- Met with providers to learn about what they were doing with the PELI data.
- Asked about barriers to communicating preferences and ideas they might have.
- **Collaboratively** developed between four Ohio nursing homes and researchers at Miami University.

Children

Loves being around kids of all ages and enjoys playing games with them, likes keeping track of nephews and nieces as they grow up and taught them how to drive.

Sports

Dad got her interested in football when she was young, has liked pro sports ever since. Favorite NFL team is the Bengals and favorite NBA team is the Lakers. Used to enjoy watching European soccer on TV.

Pets

Enjoys having pets around, especially dogs. Used to keep dogs and cats as pets, enjoys their company.

Reading

Likes going to the Oxford library to pick up copies of Science journals. Enjoys learning about science and technology. Loves books and was once in a book club. Favorite genres include mystery novels and biographies about important people. Fern Michaels is a favorite author.

Music

Loves the era of 60s rock. Some favorite artists are Neil Diamond, the Rolling Stones, and the Beach Boys. Saw Neil Diamond live in concert.

Current Events

Enjoys keeping up with current events and likes to watch the news on TV, favorite newspaper to read is the Hamilton Journal.



Example PAL Card, Front

Sue

9/28/2017



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Example PAL Card, Back

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Resident Feedback

- Residents appreciated their PAL Cards
 - Brought joy
- Reported the PAL Card accurately reflected their preferences
- Helped residents spark conversation with staff, family, and other residents
 - New connections
 - Proud to share

Staff Feedback



- Helped staff, especially new, to get to know their residents
 - Quick, easy to read
 - Useful for covering staff

Engaging Community Providers

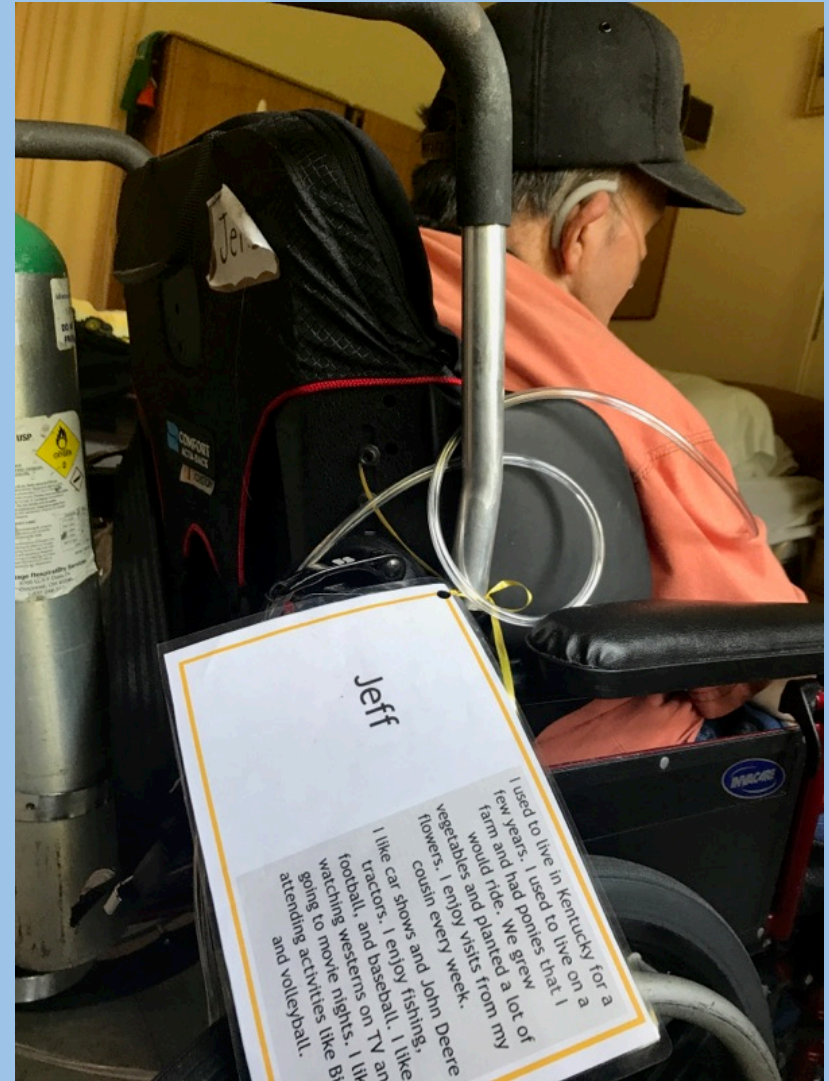
PreferenceBasedLiving.com

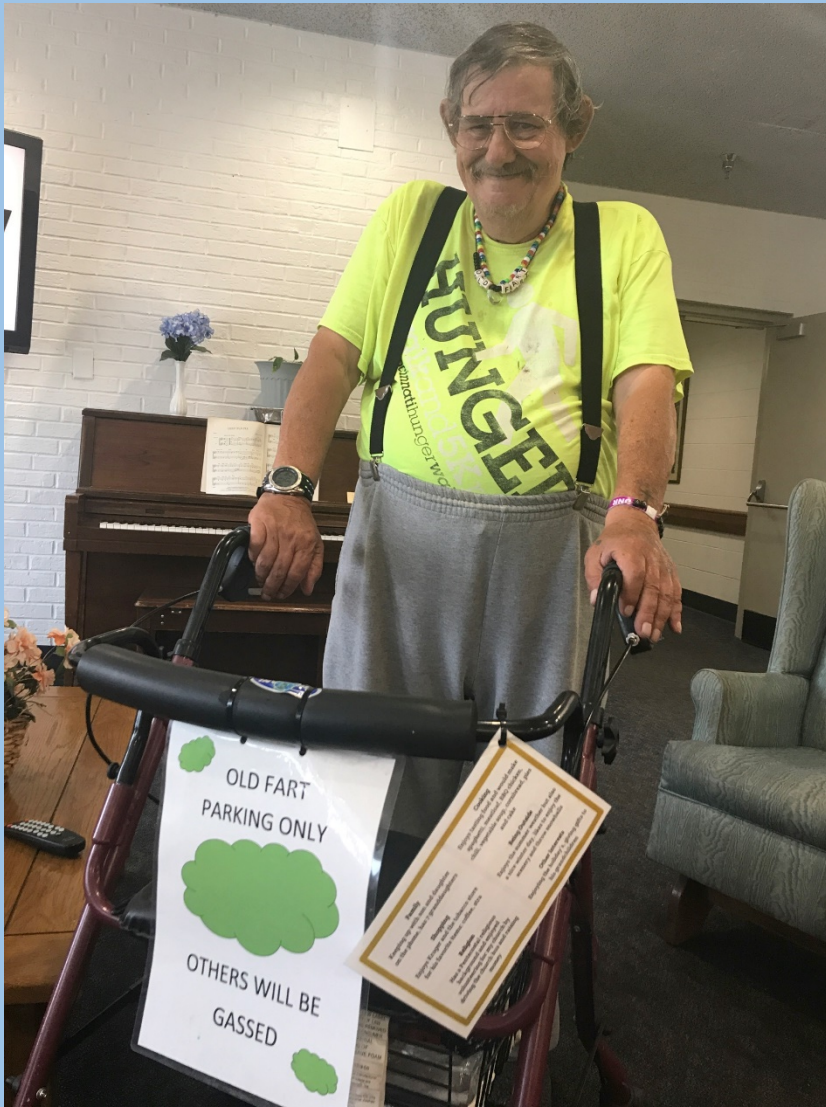
- How-to Video
- Tip Sheet for implementation
- Customizable Template
- Example PAL Cards
- 33 item PELI Interview

FIRST NAME HERE		Resident Bio Here
MM/DD/YYYY date completed		
 PreferenceBasedLiving.com		
Preference Here Brief description here		Preference Here Brief description here
Preference Here Brief description here		Preference Here Brief description here
Preference Here Brief description here		Preference Here Brief description here

Next Steps

- Support nursing homes implementing the PAL Card intervention independently
 - Learn what barriers and facilitators exist
- Expand PAL Cards into different care settings (home health, assisted living, independent living)





Take Home Message

- Successfully leveraged resources through a community/academic partnership to create one solution for a systemic problem
- Allowed for both student learning and nursing home community benefit that could not have been accomplished without engaging with community partners.



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Thank you!

Learn More about our work:

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