

Urban Communities, Clinics & Committees - A Model for Addressing Health Disparities and Building Clinician Community Engagement



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Background

Near Eastside Community (NEC) is:

- an under-served, urban community
- over 20,000 residents
- 80% African American
- 33% at or below poverty levels
- bordering the east of downtown Columbus

Near Eastside Community has:

- many non-profit, governmental and university partners; and
- like many inner-city communities, suffered from a history of disparities, especially healthcare disparities.

Introduction

Near Eastside Health Advisory Committee is:

- A grass-roots, community led consortium
- It is a monthly meeting forum, for the many partners to come together to create and implement programming solutions that address historical and novel healthcare disparities.

OSU Care Point East Clinic is:

- One avenue OSU has to contribute to resolving the NEC healthcare disparities.

OSU Internal Medicine, Primary Care Tract is:

- Another avenue, in which OSU is creating a generation of physicians dedicated to serving under-served communities.

Community Engagement in Action

Selected NEC Health Disparities

Addressed:

- High Infant Mortality
- Chronic Disease Prevention Education
- Greater Access to Healthy Foods
- African American Male Wellness Walk Initiative
- Adult and Youth recreational programs



Principles of Engagement Fulfilled

Building Clinician Capacity for Engagement with D.R.I.V.E.:

- **D** – Develop community health leaders
- **R** – Reaffirm Patient Trust
- **I** – Identify Barriers and Resources
- **V** – Valuable Health Asset
- **E** – Enhance community wellness through Participation and Promotion



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Take Away Points

- Anyone, including physicians, can make an impact in local underserved communities
- Partnerships are essential in addressing community health issues from a nonclinical perspective
- Sustainable engagement is established by including innovative strategies and practical tools in existing practices

How YOU can be involved

- Join the e-mail distribution list
- Attend the NEHAC monthly meeting/2nd Wednesday of each month at 2 p.m.
- Bring your institution's resources and knowledge to the people of NEC
- Participate in community health and wellness events and initiatives

References:

1. Tim Anderson, "The Health Ecosystem," The Columbus African American News Journal, February 2016
2. Health Research and Educational Trust, The Robert Wood Johnson Foundation and the American Hospital Association: "Hospital-Community Partnerships To Build a Culture of Health: A Compendium of Case Studies", August 2017