

Making a Difference Program: Health and Wellness One Street at a Time

Purpose

The Making a Difference Program is a community-engaged project designed to address health disparities in the Near East Side. The program implements health and wellness activities with community residents in prevention and self-management of their health, while creating enhanced experiential learning for nursing students, and research opportunities for faculty and graduate students. The program also helps build community capacity through skill development and funding community-initiated projects.

Impact

Faculty and students volunteer at the Ask a Buckeye Nurse Forums, a health initiative that provides free health screenings and education, conducted biweekly at a local barbershop.

Community grants provide seed money for community initiated health-based programs for Near East Side residents. Thirteen community grants have been awarded over the past two years, with impactful outcomes.

The program provides community-engagement opportunities for students and faculty. "Knowing that I was participating in the needs assessment of the under-served Mt. Vernon area added authenticity to our interactions in the community and provided a more engaging educational environment."



Ohio State Colleges/Units Involved

College of Nursing
College of Dentistry
African American and African
Studies Community
Extension Center

Community Partners Involved

Making a Difference, Inc.
Eldon and Elsie Ward Family YMCA



Contact

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<http://nursing.osu.edu/sidebar-content/making-a-difference/>



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