

# Central Ohio Diabetes Association

## Purpose

The Central Ohio Diabetes Association is an independent, local, non-profit, human service agency that “helps Central Ohioans living with diabetes detect their condition, prevent onset and complications, and learn to live well with the challenge of diabetes.”

100% of our funding comes from this community and remains in this community to provide diabetes-related services to local people. For 50 years the Central Ohio Diabetes Association has been providing direct clinical services to central Ohioans regardless of their ability to pay. We offer:

- Community blood glucose screenings to identify undetected/uncontrolled diabetes
- Diabetes medical, nutrition, and pharmaceutical education
- Social services and emotional support groups
- Diabetes prevention education
- Cooking classes and grocery store tours
- Community-based diabetes education
- Emergency testing supplies
- Camp and youth programs

## Impact

Diabetes is a disease that causes high blood glucose (sugar) levels. Diabetes occurs when the body doesn't make or properly use a hormone called insulin. When insulin doesn't do its job, blood sugar rises to toxic levels and damages vital organs.

Over 25% of people with diabetes are undiagnosed. Uncontrolled diabetes can cause blindness, stroke, heart disease, kidney failure, nerve, and blood vessel damage.

Fortunately education, proper medical treatment, regular exercise, weight control, and healthy eating can prevent or delay these serious health problems.



## How you can get involved:

- Be trained and volunteer at diabetes detection events
- Serve on various agency committees
- Volunteer at fundraising events

## To get involved, contact:

**Roy Bobbitt, LISW-S, MBA**  
**Central Ohio Diabetes Association**  
**Director of Programs and Services**  
[rbobbitt@diabetesohio.org](mailto:rbobbitt@diabetesohio.org)  
<http://diabetesohio.org>

