

# Ballet Met and Performing Arts Medicine

## BalletMet Company

We are proud to provide comprehensive care for BalletMet, Columbus' professional ballet company. These services include on-site athletic training, physical therapy and chiropractic care, pre-season screenings and various wellness workshops for dancers.

Ohio State provides essential backstage treatments and performance coverage for each and every show. The company has priority scheduling to our team of multi-disciplinary practitioners.

## BalletMet Academy

In order to help educate the young dancer in health and wellness, our staff has developed a series of wellness workshops and cross training classes for the adolescent and pre-professional dancers of BalletMet Academy. Students have access to the multi-disciplinary team that serves the company.

The following Summer Intensive programs are offered:

- Lectures
- Wellness screening
- Individual screen results and intervention
- Injury checks and treatments
- Performance coverage
- Referrals with priority scheduling

**Ohio State Colleges/Units Involved**  
Wexner Medical Center  
OSU Sports Medicine

**Community Partners Involved**  
Ballet Met



## Contact

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THE OHIO STATE UNIVERSITY

WEXNER MEDICAL CENTER

OSU Sports Medicine | Performing Arts Medicine  
Where Medicine Meets The Arts

ballet  
*met*  
COLUMBUS  
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