# Food & Community – OSU Extension Local Foods Signature Program

## **Purpose**

Farm to Plate. Thirty Mile Meals.
Feeding our friends and neighbors,
funding the local economy and
improving the environment can all
be accomplished by participating in
the local foods movement. Ohio State
University Extension's Local Foods
Signature Program addresses the
critical need for outreach education
around the broad topic of local food
systems. One of our themes, Food
and Community, features education
connecting local food to community
gardens, farmers markets, food banks
and schools.

## **Impact**

Buying local foods has a ripple effect on the economy. The farmer/producer benefits as well as their employees, local businesses they frequent, charities they support and the local tax base.

Food raised on local farms not only reduces pollution from long-distance transportation, but also helps to protect our water sources, conserve nutrientrich soil and provide habitat for local wildlife.

Over two million Ohioans are food insecure. Community gardens, farm markets, food banks and simply sharing your extra garden produce can feed these families and connect them to the community.

FAMING CHEO TREE TO THE DELLA T

**Ohio State Colleges/Units Involved** College of Food, Agricultural and **Environmental Sciences OSU Extension** Department of Food Science and Technology Ohio Agricultural Research and **Development Center** College of Engineering Department of Food, Biological and Agricultural Engineering College of Education and **Human Ecology** Department of Human Sciences Ohio AgrAbility Program John Glenn School of Public Affairs

### **Community Partners Involved**

**Knowlton School of Architecture** 

Americorps VISTA
Appalachian Center for Economic
Networks (ACEnet)
Godman Guild Association
Innovative Farmers of Ohio
Local Matters
Mid-Ohio Regional Planning
Commission
Ohio Department of Agriculture Ohio
Ecological Food and Farming
Association
Ohio Farm Bureau
Ohio Farmers' Market Management
Network
Ohio Market Maker

Ohio Market Maker
Rural Action Council of Ohio
Sustainable Agriculture Research
and Education Program



# Contact

Kate Shumaker
Extension Educator
Family & Consumer Sciences
OSU Extension, Holmes County
shumaker.68@osu.edu
localfoods.osu.edu





