

# Art on the Brain & Vets at the Wex: Wellness at the Wexner Center for the Arts



## Purpose

Art on the Brain, a gallery-based program created for individuals living with chronic effects of brain/mind injury, and Vets at the Wex, a similar program designed with veterans in mind, are expanding how we think about the art-gallery space. Both programs challenge participants to think deeply as they work to explore contemporary art. Group discussions push each person to see from the perspective of others, building community and new friendships along the way.

## Impact

Participants reported an increased expansiveness in their thinking: “You pushed (my) limitations and expanded my appreciation of every aspect of our world. I now observe the world in a different light.”

Participants felt supported by their new community:

“I liked that each individual opened up and felt comfortable to share very private things.”

Participants gained a deeper appreciation of the arts:

“I now have an appreciation of all forms of arts and the complexity of all the different art mediums!”



**Ohio State Colleges/Units Involved**  
Wexner Center for the Arts

**Community Partners Involved**  
Chalmers P. Wylie VA Ambulatory  
Care Center

## How you can get involved:

- Spread the word about these programs to people who you feel might benefit and enjoy participating!

## To get involved, contact:

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