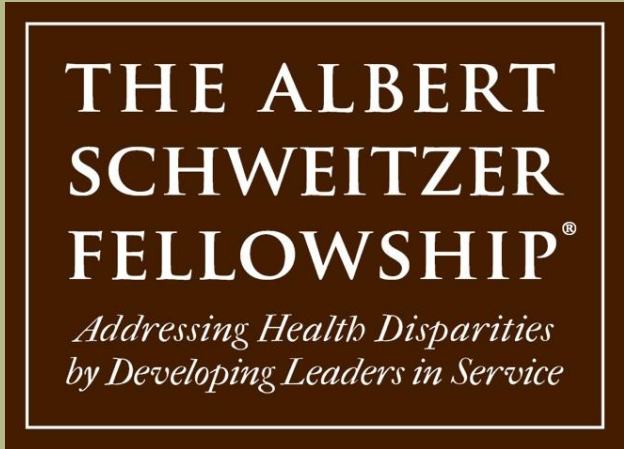


THE COLUMBUS-ATHENS SCHWEITZER FELLOWS PROGRAM

Purpose: To facilitate service projects to benefit the Columbus and Athens communities, and simultaneously develop emerging professionals who have the skills to address unmet health-related needs throughout their careers.



“Start early to instill in your students awareness that they are on this earth to help and serve others; that is as important to pass on to them as knowledge.”

—Albert Schweitzer, PhD, MD

Happy, Healthy, Hooligans!

Methods

- Designed and facilitated weekly teambuilding and educational activities involving the four main topics of the project: nutrition, dental hygiene, puberty, and fitness
- Distributed materials to participants to encourage healthy habits, including: tooth brushes, tooth paste, dental floss, pads, tampons, deodorant, and soap
- OU-HCOM medical students consistently volunteered and assisted with Fellowship activities

Goals

- Design and implement creative, fun, and educational activities which encourage healthy habits and improved long-term health outcomes
- Recruit dedicated volunteers to assist with the project and serve as positive role models for Kids’ Club participants
- Provide a safe learning environment

Partnership

Good Works, Inc.

- A non-profit organization creating a community of hope for individuals struggling with poverty and homelessness in rural Appalachia
- Friday Night Life, an initiative of Good Works, consists of a weekly family-style dinner for families in Athens County
- Kids’ Club, directed at Friday Night Life attendees between the ages of 4-17, provides inspirational and educational activities for children of Athens County

Impact

- Engaged Kids’ Club participants in activities and conversations regarding health
- Successfully introduced four health-related topics
- Encouraged participation and feedback from participants
- Recruited four volunteers, each committed to six months of service as a Kids’ Club leader
- Distributed supplies (tooth brushes, tooth paste, deodorant, pads, tampons) to participants

Future

- Continued support and participation at Kids’ Club from medical students at OU-HCOM
- Further implementation of health-related activities into Kids’ Club, facilitated by Kids’ Club leaders



Emily Loosli
Ohio University Heritage
College of Osteopathic
Medicine



2015-2016 Albert Schweitzer Fellow