



## A&E

Poet, activist uses voice to encourage conversations on generational trauma

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## Editor's Note:

This is the final edition of Spring 2018, the Spartan Daily will resume publication in August

## Sports

Linebacker says transferring to SJSU was 'God's plan'

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# SPARTAN DAILY



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## ON-CAMPUS DINING

# Chartwells to take over Spartan Shops

BY SAVANNAH HARDING AND JONAS ELAM  
PHOTO EDITOR AND OPINION EDITOR

Chartwells Higher Education Dining Services will replace Spartan Shops as the primary on-campus food service provider for San Jose State starting July 1.

The campus community received an email on May 4 from the Office of the Vice

President Administration and Finance announcing the new company to take over operations after an extensive application process in Fall 2017.

While some students were frustrated with the risk of losing their jobs, there are also those who are optimistic about the change after receiving the notification Friday and doing further research into

Chartwells as a company. "I looked up some of what this Chartwells company does, and it honestly seems somewhat promising," Student Union employee Ryan Vega said. "Spartan Shops definitely had some glaring weaknesses, so I hope these guys can turn stuff around."

However, Chief Financial Officer Charlie Faas and regional vice president of

Chartwells Joe Fischioni guaranteed that all current student employees will get their jobs back as long as they fill out the appropriate paperwork.

"We have committed to hiring every single student worker in the exact same position, with the exact same pay," Fischioni said. "What we need to do is collect profile information. We need students to come and sign



Faas

change in food service providers was a survey sent to students who lived on campus in Spring 2017.

up, and create their profile, so we can pay them."

What prompted this

The survey found that students were unsatisfied with the available food options available, Faas said. "Over 50 percent said that it wasn't meeting expectations ... that was the bell that sounded from the students saying that we need something different."

Chartwells was selected by a scoring committee

SHOPS | Page 2

# Celebrating DIVERSITY

PHOTOS BY SARAH KLIEVES, EXECUTIVE EDITOR



(Top) Members of M.E.Ch.A (Movimiento Estudiantil Chicano de Aztlan) teach students how to play Loteria, which is a game of chance similar to bingo. After an entire card is filled with beans, the winner gets to choose his or her favorite hand-crafted coffee mug as a prize.

(Middle) Civil engineering senior Crystal Perez dances in front of Tower Hall Wednesday afternoon at the Molcajete Fest. Perez is a member of Grupo Folklórico Luna y Sol de San Jose State. She and three other dancers from the group performed at the sixth annual event.

(Bottom) Business sophomore Flor Sario dances on Tower Lawn Wednesday afternoon at the sixth annual Molcajete Fest.

## SJPD

# Female officers increase with new swear-in

BY SAVANNAH HARDING  
PHOTO EDITOR

Women are joining the police force at record-breaking rates. On April 20, nine women swore into the San Jose Police Department (SJPD) reaching a new record. SJPD swore in 47 total graduates, the largest class in over a decade.

Previously, the average number of female officers sworn in at the same time was five to six but was reduced to three to four before this class.

The next step for the graduates is to go through training with the department and then work in the field to put their knowledge and skills to use in San Jose.

One of the recent graduates, SJPD officer Sabrina Robinson, moved from Las Vegas, Nevada to San Jose.

Prior to being sworn in, Robinson worked at Las Vegas Professional Institute of Technology, a post-secondary education school for veterinarians.

"The police have a bad image right now to the public. I just want to be that good face to a lot of people and let them know that there are good officers out there. We are doing what we can to help people and we are serving our community," Robinson

“I just want to be that good face to a lot of people and let them know that there are good officers out there.”



Sabrina Robinson  
SJPD officer

said. "I want to get bad people off the street so that the community feels safer. And there's a lot of things tied into why I wanted to become a police officer."

One thing Robinson said she enjoys about San Jose is the diversity.

She is one of the few African-Americans on the force and firmly believes diversity is what makes a good police force. This is why she believed SJPD was a perfect fit for her.

As for newly sworn-in SJPD officer Denise Alvarez, she looks at this new record as a chance for aspiring female officers to know women

POLICE | Page 2

# California Gubernatorial Debates

Diaz Compean Student Union Theater

TODAY

5:30pm-7:30pm



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# Shoe-hurling journalist runs for Iraqi parliament



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## CONTACT US

### EDITORIAL

**PHONE:**  
(408) 924-5577

**EMAIL:**  
SPARTANDAILY@GMAIL.COM

### ADVERTISING

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**EMAIL:**  
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BY JANA KADAH  
CONTRIBUTING WRITER

Muntadhar al-Zaidi made international headlines about a decade ago when he threw both of his shoes at former President George W. Bush during a news conference held in the Iraqi Capital in 2008.

At the time, al-Zaidi was a journalist for the Egypt-based television network, al-Baghdadia. Now he is looking for a new career in politics.

He is running for a seat in the Iraqi Parliament and intends to eventually run for president, according to CNN.

Al-Zaidi was protesting the United States invasion of Iraq. As he threw his shoes, he yelled in Arabic to Bush, "This is a farewell kiss from the Iraqi people, you dog."

Bush was making his farewell visit in Iraq. He calmly dodged both shoes and made light of the situation by joking about al-Zaidi's size 10 shoes.

"This is for the widows and orphans and all those killed in Iraq," he continued before the Iraqi prime minister's bodyguards

tackled him to the ground.

Al-Zaidi was sentenced to three years in prison for that incident, but was released after nine months for good behavior, according to the New York Post.

While this act of protest received a lot of scrutiny from people in and outside of Iraq, it also made al-Zaidi a local hero in the eyes of many.

In fact, there is a bronze shoe monument that replicates al-Zaidi's shoe at an orphanage center in Tikrit, a town that was severely impacted by the American invasion in 2003.

"I still remember sitting in the living room in our apartment in Syria watching television and everybody, my family and everyone I knew was extremely happy when al-Zaidi threw his shoe," economics senior Abdulrahman Abdulrahman said.

Abdulrahman left Iraq in 2005 at the age of nine. He initially sought refuge in Syria with his family before they received asylum in the U.S. in 2010.

Al-Zaidi stands a chance

“  
**Just the fact that he threw his shoe at Bush has shown that he is more courageous than the current government.**

**Abdulrahman Abdulrahman**  
economics senior

at winning because of his popularity after the shoe incident, Abdulrahman said.

He is leaning toward supporting al-Zaidi because he believes he has more integrity and honesty than the other candidates.

Abdulrahman said, "Just the fact that he threw his shoe at Bush has shown that he is more courageous than the current government. He didn't actually come to Iraq with the American military, like most of the current members of the parliament did, so that by itself is a huge plus."

Abdulrahman mentioned that at the time, only half of Iraqi citizens supported al-Zaidi throwing his shoe, but as time went on sentiments changed.

"Even people who completely opposed Saddam Hussein like I have, they look at the current situation, and despite the tyranny of Saddam and the killing and all the torture he committed, the situation was still better and Iraq was a safer country than it is right now," Abdulrahman said.

Martin T. L. Madrigal, an applied mathematics senior at San Jose State and veteran from the Iraq War, shared a similar sentiment.

"We did our best to live and let live and not harm the Iraqi people ... but we were [in Iraq] under false pretenses," Madrigal said.

Madrigal served as a Sergeant in the 43rd Combat Engineer Company from 2003 until 2011.

"In all fairness, [Bush] came to [al-Zaidi's] shores, so Bush was already an invader technically. So al-Zaidi was really just

defending his homeland so to speak—politically. In the moment him throwing his shoes was warranted and understandable."

Madrigal said he would be happy to see al-Zaidi in Parliament as long as he acts courageously, like he did in that news conference.

In a CNN interview, al-Zaidi said, "I don't have any issue with America or Americans, my only issue is with the former president George W. Bush. He occupied my country and he killed my people."

Al-Zaidi has a plan for the initial steps he will take in respect to American-Iraqi relations.

"If I become the prime minister of Iraq or the president then the first thing I will do is to ask the United States of America to officially apologize to all Iraqis, to compensate the victims and hold former president George W. Bush accountable," al-Zaidi said.

Parliament elections will take place in Iraq on May 12.

Follow Jana on Twitter  
@Jana\_Kadah

## POLICE

Continued from page 1

can succeed in a male-dominated environment.

"It's a very masculine-ran career path and a lot of it has to do with gender expectations," Alvarez said. "The way these social constructs impact women

growing up, usually people will say 'policeman' and that pretty much narrows down the options for, like, let's say, a little girl who hopes to be a police officer but people consider it a job for like a male."

Alvarez said there is a shift now for more empowerment between women. Though the number of women being

sworn in is slow, more women will start to break through the gender stereotypes and expectations.

"The little girl who is watching the graduation could see it as a possibility now," Alvarez said.

Not only do little girls, who want to become police women one day, see this as their chance, but women currently studying to become one can

see it as an opportunity to continue pursuing their dreams, Alvarez said.

"With the police department swearing in more women, it made me happy and hopeful because things are finally changing," justice studies junior Mindy Perla said.

"Women are able to provide a different set of skills and can also help

when it comes to crimes against women. This news does inspire and motivate me because I believe that if these women can do it then so can I."

Soon the newly sworn-in female officers will finish their training and be out in the field protecting and serving San Jose.

Follow Dominoe on Twitter  
@dominoeibarra

## SHOPS

Continued from page 1

consisting of students, faculty, administrators, athletics representatives, housing and Student Union representatives. During the request for proposal process, the committee gathered a list of criteria that was needed from the food service vendor.

"The four respondents came in, one of which was Spartan Shops, and three which were external companies, and they all did a good job. Chartwells did a phenomenal job," said Faas.

Chartwells was founded in 1997 and is based out of New York.

Though the nationally-known food service provider has no major university partners in New York, Washington or Oregon, it has partnered with more than 290 colleges including University of Illinois at Chicago, Texas A&M University and University of Texas.

California State University Maritime Academy, a university in Vallejo with 1,100 students, is the only other Californian university with which Chartwells has partnered with, aside from SJSU.

Out of 411 employee reviews, Chartwells has an average of 3.1 stars out of five on Glassdoor.

Glassdoor is a website in which employees and former employees can anonymously review their work experience with a particular company.

On top of the 3.1 star rating, 52 percent of current and former employees would recommend working for Chartwells to a friend, and 77 percent

“  
**Spartan Shops definitely had some glaring weaknesses, so I hope these guys can turn stuff around.**

**Ryan Vega**  
Student Union employee

approved of the company's Chief Executive Officer and President Lisa McEuen.

Some employee reviews of the food service company include it having a very friendly, healthy environment, but they also describe lower pay than other companies in the industry.

The average salary for a part-time Chartwells employee according to Glassdoor is \$9 per hour. The minimum wage in San Jose is \$13.50, but there are no employee reports of wages at Chartwells in the Bay Area.

Like Spartan Shops, part-time students have no formal benefits, but employees of Chartwells reported across a number of schools that employees are permitted a free lunch with each shift. Spartan Shops removed this benefit in Fall 2017.

"One of my biggest concerns when I looked them up online is that the employees complain about store-by-store management," Vega said. "This is one of Spartan Shops' weaknesses too, but I guess we'll see how it goes."

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ARTIST PROFILE

# Passionate poet pushes the boundaries

BY PAYJE REDMOND  
CONTRIBUTING WRITER

Weaving through a crowd of about 50 people, Asha Sudra yelled into a megaphone that had the phrases “White supremacy was killing me,” and “#BlackLivesMatter,” written on the sides.

On August 17, 2017, Content Magazine’s August issue release party had Sudra’s portrait on the cover to feature her artist profile inside.

Guest and community members gathered on the rooftop of Hammer Theatre Center networking with vendors.

Sudra said her experience with Content Magazine was rough, starting with having her name incorrectly spelled on the cover.

“If they weren’t going to represent me authentically, I needed to come corrected,” Sudra said. “By the time I left that event, they were going to know who I was and what I was about.”

Sudra said her name derives from the bottom of the caste system in Hinduism and while she won’t let that define her, it is a part of who she is and her legacy.

A caste system is a class structure determined at birth.

Sudra is a San Jose poet, teacher, activist,

musician, social justice warrior and more.

Art has been a major influence in Sudra’s life.

“I’ve been painting my whole life but usually portraits and real life things,” Sudra said. “The urban surrealism series was the first of my paintings to be completely from my head.”

Her website displays paintings made of a mixture of short and long strokes.

Pianos appear in several portraits, whether it’s horizontal across the width of the canvas, curved and looped or circling a fist, it’s clear music is centered.

Sudra’s art piece “Things Fall Apart” features a piano staircase climbing up the roots of a tree.

Appearing on that piece and several other paintings are short poems. “When things fall apart I crave nurture, but naturally am unable to ask for it,” reads part of the poem on “Things Fall Apart.”

Sudra is authentic and unapologetic. Her long brown curly hair falls free and her earlobes are pierced with gages. Her skin is an inked canvas.

Like her paintings, her tattoos also reveal her love for music.

She got her first tattoo when she turned 18. Her

mom went with her as she got a treble clef and bass clef tattooed on her inner wrist.

“It made sense to me that everything that I do with my hands, music is there,” Sudra said.

The tattoos descend down her body to her arms, legs and feet. The dots on her fingers are connected to the same dots her grandmother had inked on her skin.

Each cluster represents something different from a mango tree to the feet of the Hindu Goddess Lakshmi.

Sudra spent the last couple years getting rooted in the Bay Area as an artist, now she has a full-time teaching position.

Not long after Sudra received her teaching credential from University of California, Santa Cruz, she was offered a permanent position as a United States history teacher for middle school students.

Sudra teaches history in a way children of color and minority backgrounds participate in the conversation.

“If we could tell stories and it still be academic, let us see what we end up with,” Sudra said.

Before the magazine release party in August, Sudra said the content editor warned her that people attending were there to network, not necessarily

to listen to performers.

This was about a week after a white supremacist drove their car into counter-protesters in Charlottesville, Virginia.

While racism was not the sole purpose of her spoken-word piece she touched on the issue in her piece titled “Broken.”

“All these folks had this platform to talk and no one was talking about what was going on,” Sudra said.

She wanted to make people listen.

“You bet, challenge accepted,” Sudra said.

She stood on a platform that night with an audience of about folks gawking. She spoke of her heritage, her skin color and her tattoos all of which embody her spirit.

Being a spoken word performance artist takes up the majority of Sudra’s time when she’s not teaching. She has performed at “March For Our Lives San Jose” and San Jose Jazz Festival.

She has made mentors along the way like Tshaka Campbell who said Sudra has developed her own voice, mastered her style and created clear messages. “She respects the craft,” Campbell said.

Sudra grew up in Los Angeles, where she learned the importance of community and family. She is close to her older



PHOTO COURTESY OF ASHA SUDRA

Poet, activist and teacher Asha Sudra uses her voice to encourage conversations on generational trauma.

brother Asher Sudra.

As children, they both loved music.

“We’d jam out with pots and pans in the kitchen,” Asher Sudra said.

He said Asha was always the creative one.

“I am usually taken aback and in awe when I see her perform,” Asher Sudra said.

Sudra has let her art transcend all aspects of her life and inspires

others to do the same.

“I am feeling all these things and I don’t necessarily have justifications for those feelings and the reason is because they are in the past,” Sudra said. “I had the privilege to stop and feel.”

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San Jose California

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ALBUM REVIEW

# Rock band tries to find its identity

BY ALEX MARTINET  
STAFF WRITER

Heavy metal music isn’t everyone’s cup of tea and there are few bands that embrace the early 2000’s rock sound, but after 16 years, the “Ember” still burns for Breaking Benjamin in their latest album.

“Ember” is Breaking Benjamin’s sixth studio album, but it marks a band still in transition after front man Ben Burnley fired all the members in 2011, according to Billboard.

Burnley wanted to push the group into a new direction but they are still trying to find their own sound.

Breaking Benjamin now has three guitarists clashing against each other, but it never feels that way.

“Ember” follows the same blueprint that made them popular in the early 2000s using recycled riffs and melodies to make the record feel aged.

Structurally, “Ember” is comprised of ten songs, alongside two brief ambient instrumentals that serve as the intro and outro for the album.

The album is very consistent in its heavy sound and never strays too far off the path.

I think the brightest spots of this album are

when the entire band writes together. The first album featuring its new members called “Dark before the Dawn” was written in 2015, entirely from Burnley’s point-of-view.

Towards the middle of the song “Tourniquet,” there is a bass breakdown right before it jumps back into the group’s guitar dynamic. I was able to sink my teeth into that one because once you get to the hook, it definitely has a lot of power.

The drums pack a strong punch on this record while managing not to take over the song. Jeremy Hummel lays down a thick drum roll in “Blood,” allowing more focus on the guitars.

My favorite track is “The Dark of You.” The creeping piano riff and the slow, earnest pace the song moves along at, makes it feel like a true moment. The song blends nicely with the rest of the album while still managing to show the softer side of the band.

It’s one of the few times the band is quiet, allowing the vocal dynamic between Benjamin Burnley and Derek Hough to be on display.

Towards the end of the setlist, Burnley vocally knocks it out of the park with “Close your Eyes” where the strong strums

of the guitars and slams on the drums definitely catch your attention. It is definitely one of the best songs on the album.

“Vega” is the outro song on the album and it is about a minute long. I like how it uses a little bit of light synthesizer work that slowly fades to back. It is a great way to end the album.

The new members in Breaking Benjamin add new energy and meaning behind the music.

At the end of the day, it is more Burnley trying to give the band a second life in “Ember.”

Follow Alex on Twitter @almartinet

## GOOD TUNES

“Ember”

Artist:

Breaking Benjamin

Release Date:

April 13, 2018

Genre:

Rock

Rating:

★★★★★

FOOD REVIEW

# Restaurant serves up the pots but not the pans

BY JOE ROIAS  
STAFF WRITER

Smoke rises as boiling broth rumbles and creates a chimney effect over every table. The aroma overwhelmed my nostrils immediately upon opening the door and it literally made my mouth water.

The family-style serving method combined with a vast menu makes Little Lamb Hot Pot & BBQ an endless sea of Mongolian cuisine.

The restaurant's atmosphere was calm and the walls have beautiful murals depicting Mongolian warriors riding their horses toward battle.

Little Lamb's lamb was succulent, buttery and practically melted in my mouth.

If you are going to name your restaurant after an ingredient like lamb, it must be cooked to perfection and I am glad to report that it was indeed.

However, the star of the meal for me was the broth. You choose between seven broths and I went with spicy.

The heat of the broth was not overwhelming, but the spice did bring a nice kick to the seafood and lamb dumplings.

If the broth weren't scalding hot and I didn't have to share it, I would



Different foods are served at Little Lamb Hot Pot & BBQ including spicy broth, cuttlefish, lamb skewers and seafood dumplings.

have drank it straight out of the pot.

Watching the dumplings cook in the broth was nice and the sheer anticipation only made me hungrier while I waited for the dumplings to rise to the top of the pot.

My waitress recommended the cuttlefish, a fish I had never tried. It brought a nice brightness to the dish.

It was soft in texture and tasted like a long strip of calamari or octopus.

The staff was friendly

and helped me work around the menu because it was so large.

This was my first experience with a hot pot restaurant and the recommendations they made created a very pleasant meal.

Little Lamb's variety and quality makes it a great destination for anyone.

Its all you can eat option give customers the opportunity to get a bang for their buck.

The pricing of the food is a little expensive if you decide to order

individual items, but the all-you-can eat option gives broke college students, like myself, a massive meal for \$22.

The service was great and made for a pleasurable experience.

I was able to get seated immediately and it only took about 10 minutes for everyone to get their food.

The staff was friendly, effective and made sure nobody went home hungry.

Little Lamb Hot

Pot & BBQ has over 500 locations, mostly based in China, but it is slowly developing more locations in the states.

San Jose is home to the first Little Lamb restaurant in California and I recommend you visit.

I think it is better than its competitor, Little Sheep Mongolian Hot Pot.

## GOOD EATS

**"Little Lamb Hot Pot & BBQ"**

**Cuisine:**

Mongolian

**Location:**

979 Story Rd.  
San Jose, Calif.

**Price:**

\$\$

**Rating:**

★★★★★

Follow Joe on Twitter  
@joe\_roias

MOVIE REVIEW

# Film leaves you feeling slightly over bored

BY WILLIAM DELA CRUZ  
STAFF WRITER

If you are looking for a nice, yet bland riches to rags story, about a man finding out that money isn't the most important thing, then "Overboard" might just be the movie for you.

While this romantic comedy is fun and touching at times, it feels entirely too predictable.

With movies like this, the performances by the main stars can make that same predictable plot enjoyable and worthwhile. The film stars Eugenio Derbez and Anna Faris as its two main leads.

Derbez plays Leonardo Montenegro, a selfish and spoiled womanizer who is the son of the third richest man in the world.

Faris plays Kate Sullivan, a single mom of three girls who has to take on a myriad of part-time jobs in order to support herself and her family.

One day, Kate is called upon to clean one of Leonardo's yachts for one of her jobs. After refusing to fetch him some fruit, he pushes her overboard.

Later that day, in a drunken state, Leonardo falls overboard, hits his head and ends up washed up on the beach the next morning with amnesia.

Kate uses this opportunity to convince Leonardo that he is her

husband in order to exploit him for labor and ease her workload.

He works to provide for the family and watches the kids to give Kate time to study for her nursing exam.

He makes a complete 180 degree turn from his original life and becomes a loving family man who does whatever necessary to provide for his family.

Viewer interest grows when watching how long Kate can keep up the charade and the moment when Leonardo finally gets his memory back.

I had not heard of Derbez prior to this film but learned before watching that he is an immensely popular actor in Mexico. He was even recognized by "Variety" in 2014, as the most influential Hispanic male actor in the entertainment industry.

So I had pretty big expectations heading into it but was left feeling underwhelmed.

It's not that his performance was bad per se, I just felt he was not the right actor to portray this role.

When hearing that a character is the son to a wealthy family, you would expect a young, suave and handsome pretty boy. But Derbez felt like an old man in contrast to Faris' character who seemed fairly young.

The film also makes you think just how amnesia works.

I personally have never experienced amnesia — the film made me wonder if they accurately portrayed someone with it.

Leonardo has never done any sort of work at all before losing his memory. But while living with Kate and her children, he happened to know how to cook multiple dishes.

He also knows how to speak multiple languages and knows how to drive, which made me think if this is something that someone with amnesia would be able to do.

So while there are little questionable things like this throughout the film, it is an OK watch if you are into cheesy rom-coms.

Follow William on Twitter  
@liamotsd

## IN THEATERS

**"Overboard"**

**Directed by:**

Rob Greenberg

**Starring:**

Eugenio Derbez,  
Anna Faris

**Genre:**

Romantic Comedy

**Rating:**

★★★★★

EVENT RECAP

# Keep your friends close and your farmers closer

The Farmers' Market is open Fridays from 10 a.m. to 2 p.m.

BY AMANDA WHITAKER  
STAFF WRITER

On a beautiful, sunny afternoon people filled the streets of San Pedro Square purchasing fresh fruit, gifts and indulged in gourmet street foods.

Locals took in all the Downtown Farmers' Market had to offer last Friday during its opening day.

The farmers' market is located between Santa Clara and St. John streets.

Starting this month it is set up every Friday 10 a.m. to 2 p.m. until Nov. 16.

The market is located on a perfect, cozy street spot right next to popular drink and eateries such as, The Farmers Union, The Old Spaghetti Factory, O'Flaherty's Irish Pub and more.

As you walk down the street and look up, you'll notice a string of hanging jerseys from players on the San Jose Sharks hockey team.

This small touch pays homage to our local sports team and add to the market's overall experience.

Opening day consisted of live music, games and prize giveaways by Mix



At the market, guests can purchase local produce, shop at a variety of different booths and enjoy street food.

AMANDA WHITAKER | SPARTAN DAILY

106.5 FM.

An art board, set up by Local Color, allowed guests to freehand their own drawings and more.

"Well first of all, I am so stoked that the farmers market is back," engineering junior Kira Hilali said. "You can tell that the produce is fresh and it just tastes great, it's a great place to come."

The market was filled with numerous booths, most of those selling fresh, local produce.

Guests could purchase

baskets of strawberries, artichokes, tomatoes, oranges and a variety of other fruits and veggies.

"Having the opportunity to come and sell my local fruits is a blessing," local fruit vendor from the Pacific Coast Farmers Market Association Jose Fuentes said. "I have met a lot of people and noticed that some of the same faces always come back when we have this event."

There were also booths selling everything from

colorful clothes, jewelry, incense, to handbags.

Another booth sold a variety of plants and succulents in beautiful shaped glasses and pots.

The street food was also a big hit among guests. Some vendors sold popcorn, kettle corn, Thai food and Mexican food.

The savory smells followed you as you moseyed on down the street. The nice part about having the market located in San Pedro Square are all

the restaurants that the booths face.

If people did not desire any of the street foods, there is an alternative right across the street.

Another plus about it facing the restaurants is that it is a nice place for attendees to sit, relax and grab a drink.

But that is only if they did not purchase any fresh groceries because they had to go home and refrigerate them.

"I work right around the corner, and look

“ Having the opportunity to come and sell my local fruits is a blessing.

Jose Fuentes  
Pacific Coast Farmers  
Market Association  
local vendor

forward to these every time they come around," San Jose resident Michael Mogannam said. "It is a perfect place to try different foods, but also pick up local fresh produce."

The market is a great place to do your grocery shopping and what better way to shop than supporting your local farmers and small business owners in the area.

No matter what age you are, there is something for everyone to enjoy.

It is a beautiful way to spend a Friday afternoon and enjoy yourself with friends and family.

Follow Amanda on Twitter  
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# Natural hair is a lifestyle



**Chioma Lewis**  
STAFF WRITER

As a black woman, embracing my natural hair is a big deal. It is a lifestyle choice I am very proud to have made. I decided to go natural my junior year of high school after a lifetime of braids, perms and straightening my hair.

Wearing my natural hair was a decision I made because I wanted to embrace my natural beauty.

Growing up, I rarely ever saw black women wearing their natural hair. Sporting an afro was seen as a type of political statement rather than just a woman letting her hair be free.

If your hair wasn't tamed or straight, it was a problem for other people. This is why relaxers became widely popular among black women.

A relaxer is a type of cream used to make hair easier to straighten by chemically "relaxing" the natural curls. I think it is unfair that black women have to straighten their hair to make other people feel comfortable.

It's not just people from other ethnic groups that disapprove of black women wearing their natural hair, but there is some criticism from black

people too.

Some people in the black community still choose to follow western standards of beauty, thinking straight hair is better.

It's more disappointing when someone who looks like you disapproves of you choosing to embrace your hair versus someone from a different ethnic group.

Some black women choose not to be natural. They wear weaves, wigs, get perms or just straighten their hair. That is their choice and they are free to make that choice because the natural hair lifestyle isn't for everybody.

It takes a lot of determination and commitment to give the chemicals heat a break from your hair.

Afro textured or kinky hair is harder to manage because of the tight curls. This is one reason why some women choose not to go natural because of the maintenance it requires.

My hair has to be moisturized and cared for daily. I find pride in the fact that my hair is so precious it needs extra special care. When you go natural, you can use store bought products to moisturize or

condition your hair, or you can create your own.

In the beginning, it might be frustrating trying to figure out what works best for your hair but when you find the right products it becomes easier.

Natural hair shouldn't be washed daily because it can cause damage. It should be washed every week or two. The washing process can be time-consuming for me, this is why I understand being natural isn't for everyone.

To wash my hair, I have to separate it into six sections then wash, condition, detangle and deep condition all of it.

After my hair wash routine, I air dry my hair. The entire process takes about three hours. It might seem excessive but it is necessary for my hair to be healthy.

Sometimes when I want to give my hair a break, I will wear a protective style such as braids or twists.

This allows my hair to grow without daily manipulation. I love being natural because it gives me power as a black woman. It makes me feel beautiful and truly connected with myself.

Being on the natural hair journey is frustrating and often confusing, but it is absolutely exciting and worth the time.

Follow Chioma on Twitter | @clevermindlewis

# SPARTUNE

## SPARTAN DAILY EDITORS' FAVORITE METAL SONGS

**FUCKING HOSTILE**  
Pantera  
selected by Sarah Klieves

**SYMPHONY OF DESTRUCTION**  
Megadeth  
selected by Jonas Elam

**THE GREEN MANALISHI**  
Judas Priest  
selected by Thomas Soares

**JESUS BUILT MY HOTROD**  
Ministry  
selected by Jessica Howell

**ANTI-PROCRASTINATION SONG**  
Stormtroopers of Death  
selected by Marci Suela

**HOLY DIVER**  
Dio  
selected by Savannah Harding

**FEED MY FRANKENSTEIN**  
Alice Cooper  
selected by Nick Girard

**ACES HIGH**  
Iron Maiden  
selected by Noe Magana

**ENTER SANDMAN**  
Metallica  
selected by William Yap

**BORN TO RAISE HELL**  
Motörhead  
selected by Jackie Contreras

**HALLOWED BE THY NAME**  
Iron Maiden  
selected by Jose F. Govea

**SEASONS IN THE ABYSS**  
Slayer  
selected by Mike Corpos



Listen to this playlist on Spotify:  
<http://spoti.fi/2nutckE>

# Campaign mode is better than Battle Royale Mode



**Alex Martinet**  
STAFF WRITER

This year's version of "Call of Duty" won't include a traditional single-player campaign, according to video game website Kotaku.

This will be the first time that a mainline edition won't offer the mode, which fits with "Black Ops 4" marketing slogan of "forget what you know."

According to video game website Polygon, "Black Ops 4" developer Treyarch decided the traditional single-player story mode had to be cut to hit development goals to release in the fall window.

This switch has put more focus on "Call of Duty" multiplayer esports offerings and zombies horde mode.

Publishers set the bar at the price at \$60 because it guarantees their cut will be substantial enough to support them, and that's excluding collector's editions and downloadable content.

With the growing popularity of iOS games, this traditional model is changing.

A battle royale mode makes players search for weapons and armor while competing against a large number of players.

Games like "Fortnite"

and "Player Unknown: Battle Ground," allow players to buy loot crates with in-game currency.

With "Call of Duty" one of the biggest video game franchises, this seems like an attempt to cash in on a trend.

Just simply having a battle royale mode doesn't mean it's worth the full price.

A big problem this mode has from the ground up is there is no continuity. "Fortnite" and "Player Unknown," are built as digital online platforms with the freedom to expand.

"Call of Duty" relies on yearly installments with cosmetic items that don't carry over from game to game.

A "Call of Duty campaign" are training wheels before you jump into the multiplayer side. It places the entire game into the proper context.

I have always enjoyed the five to seven hour campaign that combined the best moments from Michael Bay's films without the cliché acting.

It can be a meta commentary about our fascination with the American military that always saves the day from an evil

villain at the last possible moment.

The "Call of Duty" series has been played by more than 20 million people since its release in 2012, according to a video game website Polygon. The single-player campaign explored three different settings.

It has allowed players to storm the beaches of Normandy in WWII, the final years of the Vietnam War in the late 1980s and an imagined second war in space.

We don't know how many people play the single-player story mode in each game, but achievements give us a pretty good idea of how many people do.

According to Steam's achievement tracker for "Call of Duty: WWII," 38 percent of players finished the campaign. Xbox's achievements list it at 22.35 percent.

For "Call of Duty: Black Ops III," the numbers are much lower. Nine percent of Steam players finished the campaign while Xbox players followed suit with just eight percent.

It's a fun diversion from the only chaotic multiplayer shooting gallery. It was the main reason I pick up the latest installment every fall.

Follow Alex on Twitter | @almartinet

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# There is more to life than getting laid



**Thomas Soares**  
MANAGING EDITOR

“Everyone Else Has Had More Sex Than Me.” That’s the name of one of my favorite rock songs by the band TISM and my second favorite music video.

The animated video features a cute bunny that is terrified and sad by the notion that all of the other bunnies around him are having more sex than he is.

All of the animals have numbers on their bellies that indicate the number of times each of them has had sex. The singing bunny that stars in the video has the number 1 on his belly.

With all of the news and opinion columns popping up on my Twitter feed related to the current hot-button topic of “incels,” I have become reminded of this silly and ridiculous music video.

“Incels,” for those lucky enough not to know, are an internet subculture of self-described “beta males” who complain on chat boards, like 4chan or Reddit, about their lack of a sex life.

The word “incel” means, according to this group, “involuntary celibate” and their primary reason for existing is to blame women for the fact that

they are not having sex. Some of the terms they use are “Chads” to describe “alpha males” and “Stacys” to describe the girls and women who “refuse” to have sex with them.

I really wish this subculture could have stayed in the shadows, but the fact that recent mass-murderers such as Alek Minassian and Elliot Rodger have been self-described as “incels” has made this obnoxious concept into a potential terrorist threat.

Minassian, 25, killed 10 people in Toronto on Monday, April 21. According to the New York Times, he wrote on Facebook that Elliot Rodger, who shot and killed six people in 2014 in Isla Vista, California, was an inspiration of his.

To any man who has ever thought about doing anything like what these two did, it’s not going to work.

I’m 5 feet 8 inches tall and maintain a very consistent panda bear shape. I’ve seen photos of both Minassian and Rodger. I would be so lucky if I looked like them, especially when I was in high school.

Of course I’ve felt



ILLUSTRATION COURTESY OF GATSBY YEH

resentment and felt like no one would ever love me romantically, but I never took the moral leap from resentment to murderous anger.

These individuals had no one to blame but themselves for their sick worldview.

I’m just as obsessed with sex as the next guy, though I am bisexual, which is very helpful.

Sex and sexuality should be mainstream and not brushed under the carpet.

The real problem our culture has about sex is rooted in misogyny.

Far too much of the types of sex and sexual imagery portrayed in our culture is of sex with women presented to men as trophies, rewards and entitlement. This is the lens so many young straight men view sex through.

As someone who used to pass for straight and had many straight male friends over the years, I remember the kinds of shows and movies we’d watch and the kinds of conversations we’d have.

The idea of sex and women’s bodies as rewards or trophies is as old as storytelling, so the

notion that society will be able to make a dramatic, immediate 180 degree turn for the better is silly.

The first step is for men to recognize this problem. Be blunt and honest with the person you’re interested in. Strike up a conversation in a reasonable setting.

“Hey, I really like you and I think you’re pretty, attractive, fine, etc. Do you want to go out?” If the answer is no, then just move on.

This is why Tinder works, though it fills all of us who’ve used it with existential dread until we finally find a match.

Of course being rejected hurts. But if your only goal in that situation is to get with that person purely because you want to fuck them, then you probably deserve to be rejected.

This took me literally a decade to finally understand and how I was able to meet the love of my life.

Shyness won’t get you anywhere, but being a creeper, mean, aggressive or gross won’t either.

Follow Thomas on Twitter | @ThomasSoares9

## CLASSIFIEDS

### CROSSWORD PUZZLE



**ACROSS**

- 1. Apex
- 5. Grille
- 10. A fish similar to cod
- 14. Buddy
- 15. Not lemons
- 16. Midmonth date
- 17. Up to now
- 19. Large bottles
- 20. Antlered animal
- 21. Parts of eggs
- 22. Not true
- 23. Not nighttime
- 25. Decree
- 27. One or more
- 28. Breathing devices for swimming
- 31. Slowly losing life
- 34. A watery discharge
- 35. Regret
- 36. Horse feed
- 37. Earthquake
- 38. Sensed
- 39. Female sheep
- 40. Orderlies
- 41. A ring-shaped surface
- 42. Spread-eagled
- 44. Regulation (abbrev.)
- 45. Cold manner
- 46. Reprimand
- 50. In base 8

**DOWN**

- 1. Hurt
- 2. Pincer
- 3. Turbid
- 4. An uncle
- 5. Downcast
- 6. A shoulder firearm
- 7. Rabid
- 8. Conciseness
- 9. East southeast
- 10. Commander
- 11. Cheater
- 12. Small casks
- 13. Being
- 18. Fastening
- 22. Strong and sure
- 24. Bronzes
- 26. Gingerbread palm
- 28. Startled
- 29. Humdinger
- 30. Collections

- 31. Accomplishes
- 32. Complain whiningly
- 33. Doing or saying again
- 34. Delimited
- 37. Storage cylinder
- 38. Mists
- 40. Absent Without Leave
- 41. Basic belief
- 43. Warning devices
- 44. Time in power
- 46. Quibble
- 47. Deep brown
- 48. Governs
- 49. Excrete
- 50. Was indebted
- 51. Formally surrender
- 53. Fix
- 56. Actress Lupino
- 57. Gibbon

### SUDOKU PUZZLE

Complete the grid so that every row, column and 3x3 box contains every digit from 1 to 9 inclusively.

		7						
			6				9	8
				1		2		
		4			7		3	
8	2				3	4	7	
7					4			6
	9		3				7	4
4		5						
	6				8			

### SOLUTIONS 05/09/2018

9	3	7	2	6	4	1	8	5
5	8	2	1	9	3	4	7	6
6	4	1	7	5	8	3	9	2
4	5	8	3	2	1	7	6	9
2	6	9	4	7	5	8	3	1
1	7	3	9	8	6	2	5	4
8	1	4	5	3	9	6	2	7
3	2	5	6	1	7	9	4	8
7	9	6	8	4	2	5	1	3

A	P	I	S	H	A	U	N	T	U	R	S	A	
L	E	N	T	O	G	R	O	W	N	U	M	B	
P	E	C	A	N	L	I	I	I	A	B	E	L	
S	K	A	T	E	B	O	A	R	D	F	L	A	Y
			Y	O	W	D	E	F	E	R			
C	O	R	N	E	A	P	U	L	S	E			
O	V	O	I	D	B	O	R	E	S	C	O	P	E
D	E	A	N	W	A	U	L	S	T	W	A	S	
A	R	M	C	H	A	I	R	S	H	E	E	L	S
			O	U	S	T	S	D	I	D	D	L	E
D	A	M	N	S	B	O	P						
G	I	M	P	A	F	T	E	R	S	H	A	V	E
U	N	I	O	I	R	I	S	T	E	N	O	R	
S	A	G	O	L	A	K	E	E	R	A	T	O	
T	R	A	P	S	U	E	T	R	O	L	E	S	

## JOKIN' AROUND

A red and a blue ship have just collided in the Caribbean.

(-: :ənoʊnd  
Apparently the survivors are

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FOOTBALL

# Harmon says transferring to SJSU was God's plan

BY LUKE JOHNSON  
CONTRIBUTING WRITER

When his professor at the University of California, Berkeley tried to convince the class that Jesus Christ is not real, Kyle Harmon knew he had to leave.

His childhood dream school quickly turned into a nightmare.

Harmon signed a mutual release agreement with Cal's football team for various reasons in August.

However, letting this opportunity slip away was not easy. Harmon said his departure from Cal was more devastating than the death of his father as a teenager.

"I went from a hero to a zero really quick," Harmon said.

He fell into the temptation of college's social experience and said he was surrounded by negative influences in Berkeley. He lost his drive and it showed at practices — which is why head coach Justin Wilcox agreed it was best for the linebacker to part ways with the team per Harmon's request.

However, Harmon felt his decision was blurred by fear and attempted to rejoin the team days later, but was rejected by Wilcox.

"I was embarrassed to leave the house. I was embarrassed to go out to eat," Harmon said. "People I thought were my friends — thought they were for me — looked at me differently."

This was not the same, focused, 4.0-GPA-achieving

role model who coaches knew in high school.

Within 10 months, he went from leading Freedom High School (Oakley, California) toward its first-ever undefeated regular season to being left out of the NCAA.

Prior to receiving a scholarship from Cal, Harmon was verbally committed to Cal Poly, San Luis Obispo.

After one summer in Berkeley, the two-time All-State linebacker was about head to Central California before San Jose State head coach Brent Brennan jumped on an opportunity.

"He was a guy, when we got hired here, that we tried to recruit right away," Brennan said. "We knew what a physical, dynamic playmaker he was. Then he signed with Cal, [but] when that thing started to change for him, it all depended on how our numbers fit, [but] we knew we wanted him here."

When Harmon was 14 years old, his dad passed away from a hereditary heart disease. Despite his young age, Harmon got a tattoo on his left forearm to honor his father, Kevin.

Kevin Harmon played football at Weber State, and just like his father, Kyle Harmon was determined to play Division-I college football too.

"We want to be that family for him," Brennan said. "We want to be that place he feels really good about coming to



PHOTO COURTESY OF LUNS LOUIE OF DELTA SPORTS MAGAZINE

In high school, SJSU linebacker Kyle Harmon reads a passing play in the 2016 Bell Game in Brentwood.

work with everyday."

Kyle Harmon broke a school record with 405 career tackles in three varsity seasons at Freedom. The linebacker also had 30.5 tackles for loss, 11 sacks, six forced fumbles, four fumble recoveries and four interceptions. Additionally, he won league Defensive Player of the Year as a senior.

Although it might sound "ridiculous," Harmon said he was "homesick" in Berkeley — which is only 36 miles from his hometown of Antioch. He didn't know anyone and said all of his previous accomplishments went underappreciated.

However, at SJSU, Harmon is united with two

players from his hometown: Dominic Fredrickson and Jamaar Hardy. One of his best friends, Kairiee Robinson of De La Salle High School, signed a letter of intent to SJSU in February.

Harmon said his roller coaster path to SJSU was through God's guidance and his humbling experiences were from God testing his strength.

"I feel like this is where I'm supposed to be and everyone here has shown a lot of love," Harmon said. "I felt like Berkeley was a radical place and felt a lot of evil spirits."

In the philosophy course he took over summer, Harmon said his professor told the class that Jesus Christ

is for "the weak people" and that Harmon was "being brainwashed." This was one of the biggest factors that influenced Harmon to leave Cal.

Since transferring to SJSU, Harmon said everything changed and he regained the focus and determination he had in high school. Brennan described Harmon as a "grinder" in the weight room and loves how he embraces the physicality of football.

"I think he can be an All-Conference football player," Brennan said. "Now, there's a lot of work, a lot of plays [and] a lot of time in the weight room between now and that moment... [But] the way he goes about his

business, his desire to be a great player is so high. He wants to be the best."

Former SJSU linebacker Frank Ginda led the nation in tackles last season, but left with a year of eligibility remaining to play in the NFL — which leaves a job opening for the Spartans at middle linebacker. Harmon is willing to accept any role on the team, but hopes to capitalize on that vacancy.

"If [Ginda] was still on the team, I would be as hungry as I am now," Harmon said. "I don't care if he led the nation in tackles. Why can't I?"

Follow Luke on Twitter  
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