



Use of sun protection

Population living in Portugal in 2015
25-74 years

Inquérito Nacional de Saúde com Exame Físico 2015-2016

INSA has developed in 2015 the first national HES (INSEF) to collect epidemiological information on the health state, health determinants and healthcare of the Portuguese population.

Between June to September, when you are in the sun for 1 hour or more, do you frequently use sun protection?
(including sunscreen, hat or protective clothing)

4.6 million Portuguese (68.7%) have reported to frequently use some sun protection

The use of some sun protection was more frequent...

...in women,

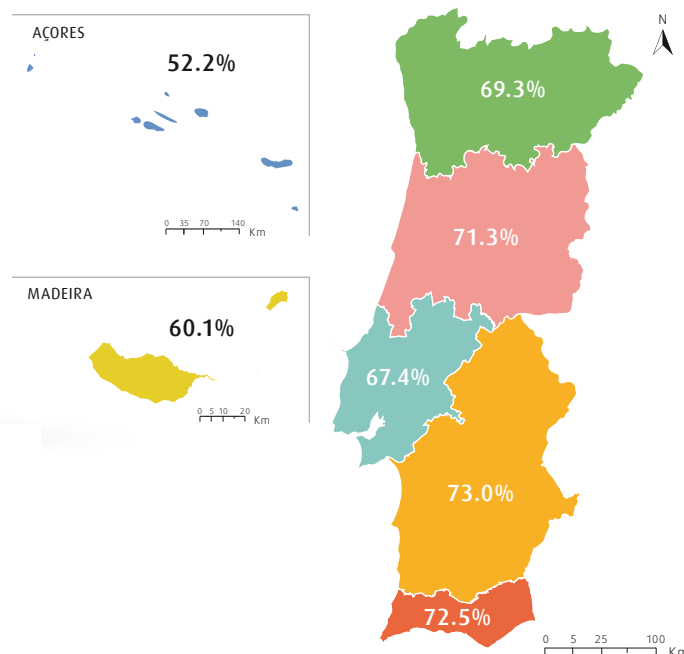


6 in 10 (61.3%)

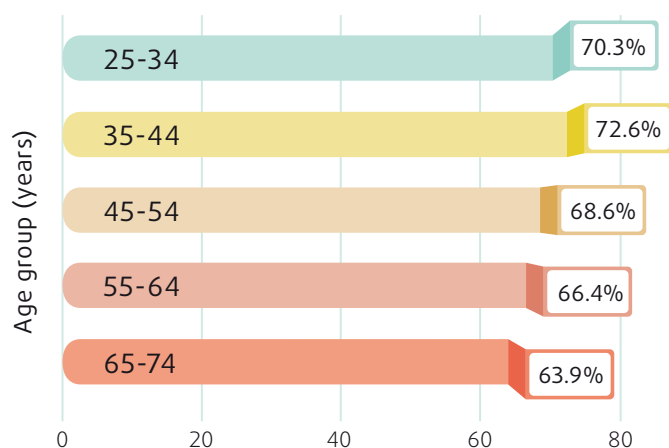


7.5 in 10 (75.3%)

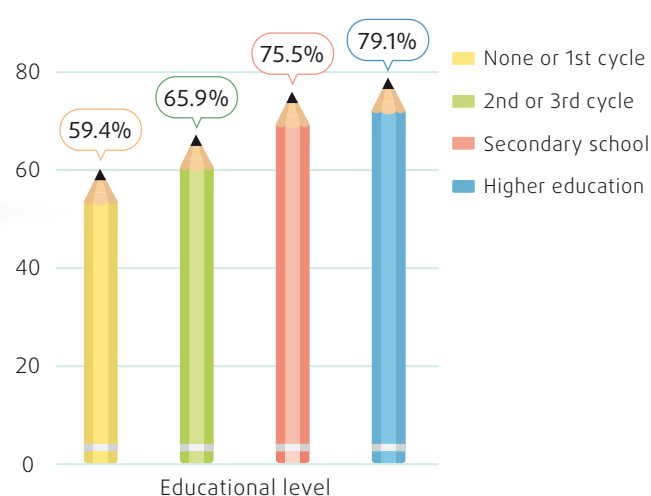
...in the region of Alentejo,



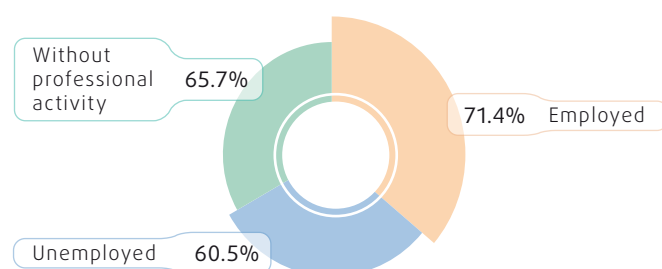
...in the age group 35-44 years,



...and in the persons with higher educational level.



...among employed persons,



Source: INSA, Inquérito Nacional de Saúde com Exame Físico 2015.

For more information:
www.insef.pt