



## Exposure to environmental tobacco smoke

Population between 25-74 years, living in Portugal in 2015

Inquérito Nacional de Saúde com  
Exame Físico 2015-2016

INSA has developed in 2015 the first national HES (INSEF) to collect epidemiological information on the health state, health determinants and healthcare of the Portuguese population.

## Are you exposed to environmental tobacco smoke?

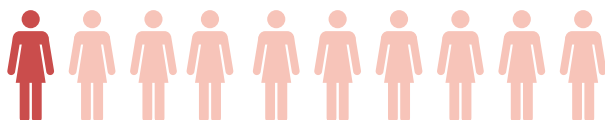
(at home, in transports or public areas or in the workplace, more than one hour per day)

**855 thousand** Portuguese (12.8%) have reported exposure to environmental tobacco smoke**The exposure to environmental tobacco smoke was more frequent...**

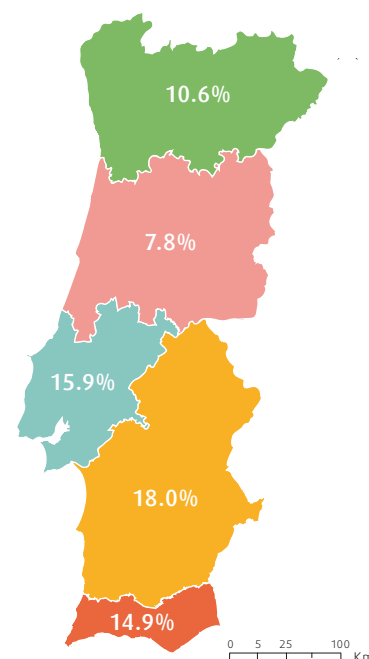
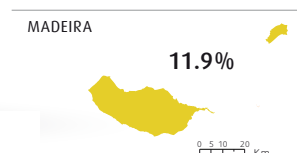
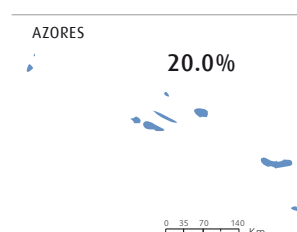
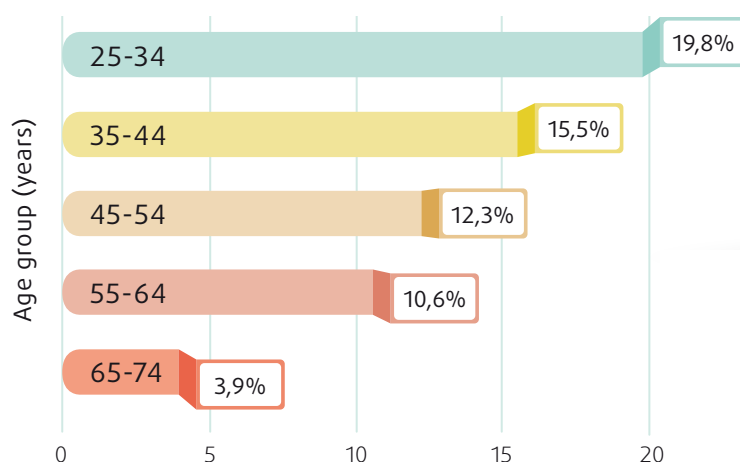
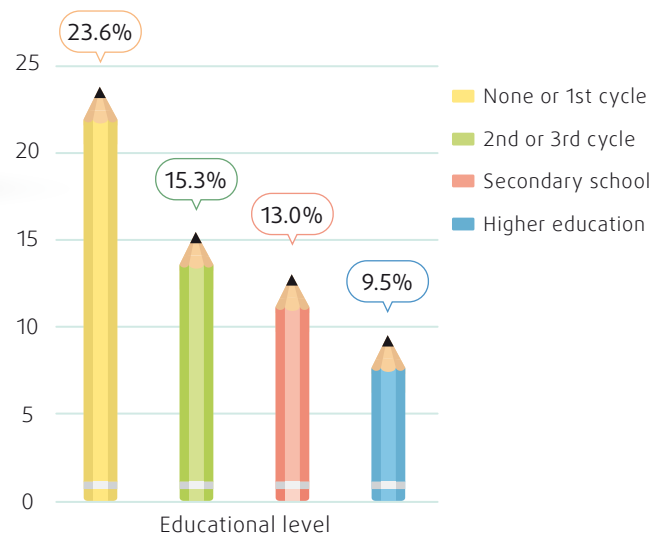
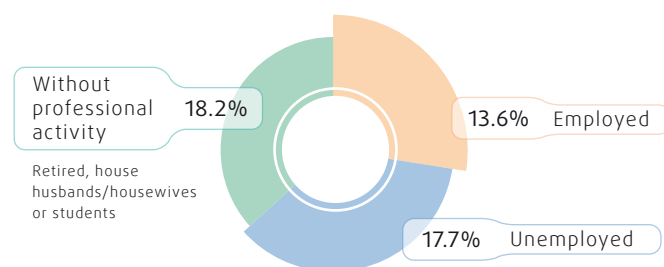
...in men,



1,5 in 10 (14.9%)



1 in 10 (10.8%)

...in the **Autonomous Region of Azores\***,...in the age group **25-34 years**,...and in the persons **with less education.\***...among persons **without professional activity\***,

\* standardized prevalences for sex and age group.

Source: INSEF 2015: Determinants of Health  
<http://repositorio.insa.pt/handle/10400.18/4795>  
For more information: [www.insef.pt](http://www.insef.pt)