



forfangsröðinni. Til framtíðar sjáum við fyrir okkur að tilvísun til næringarfræðings í mæðraværd muni ekki byggja á sjúkdómsgreiningu (t.d. offitu, sykursýki, háþrýsting) heldur niðurstöðu skýrnunar á fæðuvali konunnar. Það hvort skýrnunin muni eiga sér stæð á vefsíðu sem ætluð er barnshafandi konum, í tengslum við fósturskýmun við 11-14. viku meðgöngu eða í mæðraværd heilsgæslunnar skiptir ekki höfuðmáli. Mikil vægast er að verkefnið haldi áfram, innviðir verði byggð upp og að rannsóknaniðurstöðurnar verði nýttar til að bæta þjónustu við barnshafandi konur á Íslandi.

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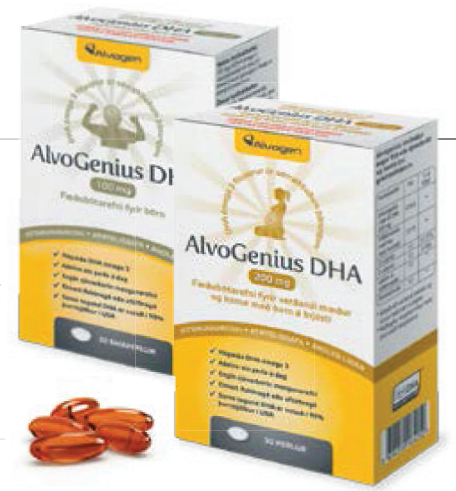
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