# Entanglement of the Antisymmetric State 

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Received: 21 January 2011 / Accepted: 7 October 2011
Published online: 7 March 2012 - © Springer-Verlag 2012


#### Abstract

We analyse the entanglement of the antisymmetric state in dimension $d \times d$ and present two main results. First, we show that the amount of secrecy that can be extracted from the state is low, more precisely, the distillable key is bounded by $O\left(\frac{1}{d}\right)$. Second, we show that the state is highly entangled in the sense that a large number of ebits are needed in order to create the state: entanglement cost is larger than a constant, independent of $d$. The second result is shown to imply that the regularised relative entropy with respect to separable states is also lower bounded by a constant. Finally, we note that the regularised relative entropy of entanglement is asymptotically continuous in the state.

Elementary and advanced facts from the representation theory of the unitary group, including the concept of plethysm, play a central role in the proofs of the main results.


## 1. Introduction

Entanglement is a quantum phenomenon governing the correlations between two quantum systems. It is both responsible for Einstein's "spooky action at a distance" [1] as well as the security of quantum key distribution [2,3]. Quantum key distribution, or QKD for short, is a procedure to distribute a perfectly secure key among two distant parties, something that is not possible in classical cryptography without assumptions on the eavesdropper.

In the early days of quantum information theory, it was quickly realised that the universal resource for bipartite entanglement is the ebit, that is, the state $|\psi\rangle:=\frac{1}{\sqrt{2}}(|00\rangle+$ $|11\rangle$ ) [4]. Ebits are needed for teleportation [5], superdense coding [6] and directly lead to secret bits [3,7]. It is therefore natural to associate the usefulness of a quantum state with the amount of ebits that can be extracted from it or the amount of ebits needed to create the state [8]. Formally, one considers the distillable entanglement

$$
\begin{equation*}
E_{D}(\rho)=\lim _{\epsilon \rightarrow 0} \lim _{n \rightarrow \infty} \sup _{\Lambda_{n} \in \operatorname{LOCC}}\left\{\frac{m}{n}:\left\|\Lambda_{n}\left(\rho^{\otimes n}\right)-\psi^{\otimes m}\right\|_{1} \leq \epsilon\right\} \tag{1}
\end{equation*}
$$

and the entanglement cost

$$
\begin{equation*}
E_{C}(\rho)=\lim _{\epsilon \rightarrow 0} \lim _{n \rightarrow \infty} \inf _{\Lambda_{n} \in \operatorname{LOCC}}\left\{\frac{m}{n}:\left\|\Lambda_{n}\left(\psi^{\otimes m}\right)-\rho^{\otimes n}\right\|_{1} \leq \epsilon\right\} \tag{2}
\end{equation*}
$$

where the supremum and infimum ranges over all completely positive trace preserving (CPTP) maps that can be obtained from local operations and classical communication (LOCC) on the state (this is, operations which can be implemented using a multi-round protocol where in every round, both parties carry out some local operation, followed by an exchange of classical information [9]). For ease of notation we write $\psi$ short for $|\psi\rangle\langle\psi|$.

An important result relating to these quantities has been the discovery of bound entanglement, that is of states that need ebits for their creation but from which no ebits can be extracted asymptotically: $E_{C}(\rho)>0$ and $E_{D}(\rho)=0$ [10]. A recent surprise has been the realization that there exist bound entangled states from which secrecy can be extracted [11], a result that overthrew previous beliefs that secrecy extraction and entanglement distillation would go hand in hand.

This has motivated research into the amount of key that can be distilled from a quantum state as an entity in its own right. The distillable key is defined as

$$
\begin{equation*}
K_{D}\left(\rho_{A B}\right)=\lim _{\epsilon \rightarrow 0} \lim _{n \rightarrow \infty} \sup _{\Lambda_{n} \text { LOCC }, \gamma_{m}}\left\{\frac{m}{n}:\left\|\Lambda_{n}\left(\rho^{\otimes n}\right)-\gamma_{m}\right\|_{1} \leq \epsilon\right\}, \tag{3}
\end{equation*}
$$

where $\gamma_{m}$ denotes a quantum state which contains $m$ bits of pure secrecy (see Definition 4).

A fundamental question at this point is this: Do there exist states which require key to create them but from which no key can be distilled? Note that a mathematical formulation of this question appears to require the definition of a "key cost" of a state, which is problematic since the states $\gamma_{m}$ containing $m$ bits of pure key, the private states of Definition 4, form a heterogenous class of states which are not all equivalent to each other. Even the weaker form of this question, whether there exist states with $E_{C}(\rho)>0$ but $K_{D}(\rho)=0$, seems too difficult at the moment, since we have apart from the separability of $\rho$ no criterion for $K_{D}(\rho)=0$. Here we show that in an asymptotic sense the answer is yes: in the spirit of [12], we show that there exists a family of states with constant lower bound on their entanglement cost, but arbitrarily small distillable key. These results have been previously reported in [13].

In order to derive this result, we make use of the theory of entanglement with its many entanglement measures. The motivation for this is the following. Due to the asymptotic nature of the definitions it is a difficult task to evaluate the distillable entanglement, the entanglement cost and the distillable key on specific quantum states. All three quantities have in common that they measure the amount of entanglement in a quantum state, i.e. they do not increase under LOCC operations, they vanish on separable states (i.e., states which can be written as a convex combination of product states, $\left.\rho=\sum_{i} p_{i} \rho_{i}^{A} \otimes \rho_{i}^{B}\right)$, and they equal one when evaluated on an ebit. This has led to an axiomatisation of the quantities that measure entanglement and to the definition of a whole zoo of entanglement measures (cf. [14]). One of the main uses of all the new entanglement measures is that they are mostly sandwiched between distillable entanglement (or even distillable key) and entanglement cost and hence form upper and lower bounds for these quantities. Even though these new entanglement measures often involve complicated minimisations or asymptotic limits they are sometimes easier to calculate than distillable entanglement, distillable key and entanglement cost.

The states for which entanglement measures have been calculated are typically characterised by their symmetry. The most prominent example are so-called Werner states in dimension $d \times d$, defined by the property

$$
(g \otimes g) \rho\left(g^{\dagger} \otimes g^{\dagger}\right)=\rho
$$

for all $g \in U(d)$, the unitary group. Werner states can be given explicitly as the one parameter family

$$
\rho=p \sigma_{d}+(1-p) \alpha_{d}
$$

where $p \in[0,1]$. Here, $\sigma_{d}$ is the state proportional to the projectors onto the symmetric subspace and $\alpha_{d}$ is the state proportional to the projector onto the antisymmetric subspace. In this work we will bound the value of certain entanglement measures for the totally antisymmetric states $\alpha_{d}$.

The first entanglement measure we use is the squashed entanglement [15],

$$
\begin{equation*}
E_{S q}\left(\rho_{A B}\right)=\inf _{\rho_{A B E}: \rho_{A B}=\operatorname{Tr}_{E} \rho_{A B E}} \frac{1}{2} I(A ; B \mid E)_{\rho} \tag{4}
\end{equation*}
$$

where $I(A ; B \mid E)_{\rho}=H(A E)_{\rho}+H(B E)_{\rho}-H(A B E)_{\rho}-H(E)_{\rho}$ is the quantum conditional mutual information, with $H(X)_{\rho}=H\left(\rho_{X}\right)$ the von Neumann entropy of the reduced state on $X, H(\sigma):=-\operatorname{Tr} \sigma \log _{2} \sigma$. We show that squashed entanglement is an upper bound on the distillable key and hence establish the chain of inequalities

$$
\begin{equation*}
E_{D} \leq K_{D} \leq E_{s q} \leq E_{C} \tag{5}
\end{equation*}
$$

A concrete calculation of a bound on the squashed entanglement of the antisymmetric states will yield our first main result, an upper bound on the distillable key.

## Theorem 1.

$$
K_{D}\left(\alpha_{d}\right) \leq\left\{\begin{array}{ll}
\log _{2} \frac{d+2}{d} & \text { ifd is even }  \tag{6}\\
\frac{1}{2} \log _{2} \frac{d+3}{d-1} & \text { ifd is odd }
\end{array}\right\}=O\left(\frac{1}{d}\right)
$$

In order to find a lower bound on the entanglement cost of the antisymmetric state, we will use its charaterisation as the regularised entanglement of formation $E_{C}=E_{F}^{\infty}$. The entanglement of formation is defined as

$$
\begin{equation*}
E_{F}(\rho)=\min _{\left\{p_{i},|\varphi \backslash \varphi|_{i}\right\}_{i}: \rho=\sum_{i} p_{i}\left|\varphi_{i}\right\rangle\left\langle\varphi_{i}\right|} \sum_{i} p_{i} H\left(\operatorname{Tr}_{B}\left|\varphi_{i}\right\rangle\left\langle\varphi_{i}\right|\right), \tag{7}
\end{equation*}
$$

and its regularisation is given by

$$
\begin{equation*}
E_{F}^{\infty}(\rho):=\lim _{n \rightarrow \infty} \frac{1}{n} E_{F}\left(\rho^{\otimes n}\right) \tag{8}
\end{equation*}
$$

Making heavy use of the symmetry of the antisymmetric state we will relax the minimisation in the definition of the entanglement of formation to a linear programme and obtain the second main result of this paper.
Theorem 2. $E_{C}\left(\alpha_{d}\right) \geq \log _{2} \frac{4}{3} \approx 0.415$.

It is not difficult to see that the entanglement of formation of $\alpha_{d}$ equals one and hence that the truth of the additivity conjecture for entanglement of formation would have implied $E_{C}\left(\alpha_{d}\right)=1$. Since Hastings has provided a counterexample [16] to the additivity conjecture [17], this consequence is put into doubt and the only evidence for $E_{C}\left(\alpha_{d}\right)=1$ was Yura's brute force calculation which proved this statement for $d=3$. Our result can therefore be seen as supporting evidence for $E_{C}\left(\alpha_{d}\right)=1$, and at least provides a further example where some weak form of additivity holds. At present the techniques in this paper are not sufficient to prove $E_{C}\left(\alpha_{d}\right)=1$, but further development may be capable of doing so.

Using the tools developed to prove Theorem 2, we obtain a lower bound to the regularised relative entropy of entanglement with respect to separable states.

Corollary 3. $E_{R, \text { sep }}^{\infty}\left(\alpha_{d}\right) \geq \log _{2} \sqrt{\frac{4}{3}} \approx 0.2075$.
Here, the relative entropy of entanglement (with respect to separable states) is defined as

$$
E_{R, \text { sep }}(\rho):=\min _{\sigma \text { separable }} D(\rho \| \sigma),
$$

where $D(\rho \| \sigma):=\operatorname{Tr} \rho[\log \rho-\log \sigma]$, and the regularised relative entropy of entanglement is

$$
\begin{equation*}
E_{R, \text { sep }}^{\infty}(\rho)=\lim _{n \rightarrow \infty} \frac{1}{n} E_{R, \text { sep }}\left(\rho^{\otimes n}\right) \tag{9}
\end{equation*}
$$

From the point of view of entanglement theory, this result is interesting for at least three reasons. First, it shows that the additivity violation of the relative entropy of entanglement for the antisymmetric state, first observed in [18], is not very strong in the asymptotic limit. Secondly, the regularised relative entropy of entanglement with respect to separable states behaves very differently from the relative entropy of entanglement with respect to PPT states, as the latter takes the value $\log _{2} \frac{d+2}{d}$ on $\alpha_{d}$ [19]. Thirdly, it shows that the relative entropy of entanglement can sometimes be larger and sometimes be smaller than the squashed entanglement. Finally, we note that as an entanglement measure, the relative entropy of entanglement with respect to separable states satisfies [11]

$$
E_{D} \leq K_{D} \leq E_{R, \text { sep }}^{\infty} \leq E_{C}
$$

and that it is asymptotically continuous, as we show in Proposition 13.
In order to derive both main results of the paper we make use of the symmetry properties of the antisymmetric state and the associated representation theory of the unitary group in dimension $d$ [20]. For the lower bound on entanglement cost, we relax the calculation of $E_{F}\left(\alpha_{d}^{\otimes n}\right)$ in a first step into a semidefinite programme which we reduce in a second step with the help of representation theory (for the first time using the concept of a plethysm in quantum information theory) into a linear programme [21]. We then find a feasible point of the dual for the latter, which results in our lower bound of $\log _{2} \frac{4}{3}$ for entanglement cost. On the way we recover Yura's result for $d=3$.

The rest of the paper is organised as follows. In Sect. 2 we introduce the notation from representation theory that will be used throughout the paper. In Sect. 3 we prove the upper bound on the squashed entanglement and distillable key. In Sect. 4 we exhibit the sequence of relaxations that will lead to the lower bound on the entanglement cost. In Sect. 5 we will derive the lower bound on regularised relative entropy of entanglement
of the antisymmetric state with respect to separable states. Furthermore, we establish that it is asymptotically continuous as a function of the state. We will conclude the paper with remarks and open questions in Sect. 6. The appendices contain details on the representation-theoretic calculations and the linear programme.

## 2. Representation Theoretic Preliminaries

Representations of the unitary group $U(d)$ can be taken to be unitary and decompose into a direct sum of irreducible representations. The latter are classified according to their highest weight. For each dominant weight $\lambda$, i.e. $\lambda=\left(\lambda_{1}, \ldots, \lambda_{d}\right)$ with $\lambda_{i} \geq \lambda_{i+1} \in \mathbf{Z}$, there is exactly one irreducible representation $V_{\lambda}$. When $\lambda_{d} \geq 0$, we write $\lambda \vdash_{d} n$ if $n:=|\lambda|:=\sum_{i} \lambda_{i}$. Such $V_{\lambda}$ can be viewed as a subrepresentation of the $n$-fold diagonal action of the unitary group on $\left(\mathbf{C}^{d}\right)^{\otimes n}$ :

$$
T^{n}: g \mapsto g^{\otimes n}
$$

since by Schur-Weyl duality

$$
T^{n} \cong \bigoplus_{\lambda \vdash_{d n} n} V_{\lambda} \otimes \mathbf{C}^{\operatorname{dim}[\lambda]}
$$

where $[\lambda]$ denotes the $S_{n}$-Specht module corresponding to the Young frame $\lambda$. In the following we will often use the interpretation of $\lambda$ as a Young frame, i.e. as a diagram of boxes arranged in $d$ rows with $\lambda_{i}$ boxes in row $i$, and use the corresponding diagrammatic notation. As a vector space, $V_{\lambda}$ can be constructed as the image of the Young symmetriser, a certain element in the group algebra of $S_{n}$, when applied to $\left(\mathbf{C}^{d}\right)^{\otimes n}$. The projector onto $V_{\lambda}$ is denoted by $P_{\lambda}$.

Two types of representations are of particular importance. First, the symmetric representations with Young diagram $\lambda=(n, 0, \ldots, 0)$ which act on the totally symmetric subspace $\operatorname{Sym}^{n}\left(\mathbf{C}^{d}\right)$ of $\left(\mathbf{C}^{d}\right)^{\otimes n}$. Second, the fundamental representations with Young diagram $\lambda=(1,1, \ldots, 1,0,0, \ldots, 0)$ which act on the totally antisymmetric subspace $\wedge^{n}\left(\mathbf{C}^{d}\right)$ of $\left(\mathbf{C}^{d}\right)^{\otimes n}$. Note that the latter are zero-dimensional for $d<n$.

The dimension of $V_{\lambda}$ is given by Weyl's dimension formula

$$
\begin{equation*}
\operatorname{dim} V_{\lambda}=\frac{\prod_{i<j}\left(\lambda_{i}-\lambda_{j}-i+j\right)}{\prod_{k=1}^{d-1} k!} \tag{10}
\end{equation*}
$$

and specializes in the case of a fundamental representation to $\binom{d}{n}$.
The first case of interest to us is $n=2$, where

$$
T^{2} \cong V_{(1,1)} \oplus V_{(2,0)}
$$

or in diagrammatic notation

$$
\square^{\otimes 2} \cong 日 \oplus \oplus .
$$

It then follows immediately from Schur's lemma that the $U(d)$-invariant states on this space must be of the form

$$
\rho=p \sigma_{d}+(1-p) \alpha_{d}
$$

where $p \in[0,1]$ and with the totally antisymmetric and totally symmetric states

$$
\begin{aligned}
\sigma_{d} & =\frac{2}{d(d+1)} P_{\varpi}, \\
\alpha_{d} & =\frac{2}{d(d-1)} P_{\boxminus},
\end{aligned}
$$

respectively. Note that we suppress the dependence on $d$ when the dimension is clear from the context. Later we will compute similar decompositions of more complicated type.

## 3. Upper Bound on the Distillable Key

In this section we will first show that squashed entanglement is an upper bound to the amount of key that one can distill from quantum states. Then we will find an upper bound on squashed entanglement of the antisymmetric state. Together, this proves Theorem 1.

Recall the definition of squashed entanglement and the definition of the key rate. The latter contains a maximisation over private states that contain $m$ bits of pure secrecy, the formal definition of such states follows.

Definition 4 ([11]). A private state containing $m$ bits of secrecy is a state $\gamma_{m}$ of the form

$$
\gamma_{m}=U \sigma_{A A^{\prime} B B^{\prime}} U^{\dagger}
$$

for some unitary $U=\sum_{i}|i i\rangle\langle i i| \otimes U_{i}$ and $\sigma_{A A^{\prime} B B^{\prime}}=\Phi_{A B} \otimes \sigma_{A^{\prime} B^{\prime}}$, where $|\Phi\rangle=$ $\frac{1}{\sqrt{2^{m}}} \sum_{i=1}^{2^{m}}|i\rangle|i\rangle$ is the maximally entangled state of rank $2^{m}$. System $A B$ is known as the key part of the state and system $A^{\prime} B^{\prime}$ is known as the shield part.

Lemma 5 ([14]). For all bipartite quantum states $\rho_{A B}$,

$$
K_{D}\left(\rho_{A B}\right) \leq E_{s q}\left(\rho_{A B}\right)
$$

Proof. Let $\Lambda_{n}$ be a CPTP map that can be implemented with an LOCC protocol and that satisfies

$$
\left\|\Lambda_{n}\left(\rho^{\otimes n}\right)-\gamma_{m}\right\|_{1} \leq \epsilon,
$$

and assume that the dimension of the $A^{\prime} B^{\prime}$ part is at most exponential in $n$. This last assumption can be made without loss of generality since the optimal key distillation protocol can be approximated by a sequence of protocols satisfying this requirement. In order to see this, note that one can stop the optimal protocol when the extracted bits are almost perfect and use privacy amplification [22] to make them perfect. The communication needed in order to achieve privacy amplification amounts to the choice of a function from a set of two-universal hash functions. Classes of such functions of size exponential in $n$ exist [23]. This shows that privacy amplification needs an amount of communication that is at most linear in the amount of bits extracted. Therefore, without loss of generality, the dimension of the shield size can be assumed to grow at most exponentially in $n$, say $\leq c^{n}$ for some $c \geq 1$.

Since squashed entanglement is a monotone under LOCC [15] and asymptotically continuous [24],

$$
E_{s q}\left(\rho^{\otimes n}\right) \geq E_{s q}\left(\Lambda_{n}\left(\rho^{\otimes n}\right)\right) \geq E_{s q}\left(\gamma_{m}\right)-16 c \sqrt{\epsilon} n \log _{2} d-4 h(2 \sqrt{\epsilon}) .
$$

Recall from Definition 4 the form of the state $\gamma_{m} \equiv \gamma_{A A^{\prime} B B^{\prime}}$. In order to show that $E_{s q}\left(\gamma_{m}\right) \geq m$, consider an arbitrary extension $\gamma_{A A^{\prime} B B^{\prime} E}$ of $\gamma_{A A^{\prime} B B^{\prime}}$, which induces an extension $\sigma_{A A^{\prime} B B^{\prime} E}=\left(U^{\dagger} \otimes \mathbb{1}_{E}\right) \gamma_{A A^{\prime} B B^{\prime} E}\left(U \otimes \mathbb{1}_{E}\right)=\Phi_{A B} \otimes \sigma_{A^{\prime} B^{\prime} E}$ of $\sigma_{A A^{\prime} B B^{\prime}}$ in Definition 4. Clearly,

$$
H\left(A A^{\prime} B B^{\prime} E\right)_{\gamma}=H\left(A A^{\prime} B B^{\prime} E\right)_{\sigma}=H\left(A^{\prime} B^{\prime} E\right)_{\sigma}=H\left(A^{\prime} B^{\prime} E\right)_{\sigma_{i}}
$$

with $\sigma_{i}:=U_{i} \otimes \mathbb{1}_{E} \sigma_{A^{\prime} B^{\prime} E} U_{i}^{\dagger} \otimes \mathbb{1}_{E}$. Since furthermore $H(E)_{\gamma}=H(E)_{\sigma}=H(E)_{\sigma_{i}}$, we have that

$$
H\left(A A^{\prime} B B^{\prime} \mid E\right)_{\gamma}=H\left(A^{\prime} B^{\prime} \mid E\right)_{\sigma_{i}}
$$

Also, since $H\left(A A^{\prime} E\right)_{\gamma}=m+\frac{1}{2^{m}} \sum_{i} H\left(A^{\prime} E\right)_{\sigma_{i}}$, it follows that

$$
H\left(A A^{\prime} \mid E\right)_{\gamma}=m+\frac{1}{2^{m}} \sum_{i} H\left(A^{\prime} \mid E\right)_{\sigma_{i}}
$$

and similarly for $H\left(B B^{\prime} E\right)_{\gamma}$. Altogether this gives

$$
\begin{aligned}
I\left(A A^{\prime} ; B B^{\prime} \mid E\right)_{\gamma} & =H\left(A A^{\prime} \mid E\right)_{\gamma}+H\left(B B^{\prime} \mid E\right)_{\gamma}-H\left(A A^{\prime} B B^{\prime} \mid E\right)_{\gamma} \\
& =2 m+\frac{1}{2^{m}} \sum_{i} I\left(A^{\prime} ; B^{\prime} \mid E\right)_{\sigma_{i}} \\
& \geq 2 m
\end{aligned}
$$

where the non-negativity of the quantum conditional mutual information was used in the last inequality. This shows that $E_{s q}\left(\gamma_{m}\right) \geq m$ and therefore

$$
E_{s q}(\rho) \geq \frac{m}{n}-16 c \sqrt{\epsilon} \log _{2} d-\frac{4}{n} h(2 \sqrt{\epsilon})
$$

with the right-hand side of this inequality converging to $K_{D}\left(\rho_{A B}\right)$.
The following lemma provides an upper bound on the squashed entanglement of the antisymmetric state.

Lemma 6. For even $d$ we have

$$
E_{s q}\left(\alpha_{d}\right) \leq \log _{2} \frac{d+2}{d}
$$

For odd d,

$$
E_{s q}\left(\alpha_{d}\right) \leq \frac{1}{2} \log _{2} \frac{d+3}{d-1}
$$

Proof. Let $P_{k}$ be the projector onto the $\wedge^{k}\left(\mathbf{C}^{d}\right)$ in $\left(\mathbf{C}^{d}\right)^{\otimes k}$. Recall that $d_{k}:=$ $\operatorname{dim} \wedge^{k}\left(\mathbf{C}^{d}\right)=\binom{d}{k}$ and define $\rho_{A B E}:=\frac{P_{k}}{d_{k}}$, where $\mathcal{H}_{A} \cong \mathcal{H}_{B} \cong \mathbf{C}^{d}$ correspond to the first and the second tensor factor and $\mathcal{H}_{E} \cong\left(\mathbf{C}^{d}\right)^{\otimes k-2}$ to the last $k-2$ factors. It is clear that the reduced density matrix $\rho_{A B}:=\operatorname{Tr}_{E} \rho_{A B E}$ equals the totally antisymmetric
state $\alpha_{d}$, or conversely, that $\rho_{A B E}$ is an extension of $\alpha_{d}$. For this extension we evaluate the conditional mutual information:

$$
\begin{aligned}
I(A ; B \mid E)_{\rho} & =H(A E)_{\rho}+H(B E)_{\rho}-H(E)_{\rho}-H(A B E)_{\rho} \\
& =\log _{2} \frac{d_{k-1}^{2}}{d_{k-2} d_{k}}=\log _{2} \frac{k}{k-1} \frac{d-k+2}{d-k+1}
\end{aligned}
$$

Minimising this function over different values of $k \in\{2, \ldots, d\}$ we find that for even $d$ the minimum value $I(A ; B \mid E)_{\rho}=2 \log _{2} \frac{d+2}{d}$ is reached when $k=\frac{d}{2}+1$ and for odd $d$ the minimum value $I(A ; B \mid E)_{\rho}=\log _{2} \frac{d+3}{d-1}$ is reached when $k=\frac{d+1}{2}$.

It is surprising that the bound from Lemma 6 for even dimension coincides with values of other entanglement measures [19]:

$$
E_{R, \mathrm{PPT}}^{\infty}\left(\alpha_{d}\right)=E_{\mathrm{Rains}}\left(\alpha_{d}\right)=E_{N}\left(\alpha_{d}\right)=\log _{2} \frac{d+2}{d}
$$

where $E_{R, \mathrm{PPT}}^{\infty}$ is the regularised relative entropy of entanglement with respect to PPT states (a PPT state is a state whose partial transpose is a positive semidefinite operator), $E_{\text {Rains }}$ is the Rains bound and $E_{N}$ is the logarithmic negativity. In the light of these results we are tempted to conjecture that $E_{s q}\left(\alpha_{d}\right)=\log _{2} \frac{d+2}{d}$, at least for even $d$.

With the upper bound on squashed entanglement we not only match the best known upper bounds on distillable entanglement (for even dimension) but obtain new bounds even on the distillable key, since Lemma 5 and Lemma 6 prove Theorem 1.

Note also that our bound gives $E_{s q}\left(\alpha_{d}\right) \leq \frac{2 \log _{2} e}{d-1}=O\left(\frac{1}{d}\right)$ which improves over the bound $E_{s q}\left(\alpha_{d}\right)=O\left(\frac{\log _{2} d}{d}\right)$ that was obtained using the monogamy of squashed entanglement [25]. Note finally, that the best known lower bound for both $E_{D}$ and $K_{D}$ is given by $\frac{1}{d}$. Up to a constant, the bound that we have obtained for squashed entanglement, distillable key (and distillable entanglement, but this we knew before) is therefore optimal. Previously the best known upper bound for distillable key was one half and stems from a computation of the relative entropy of entanglement with respect to separable states (for two copies) of Vollbrecht and Werner who showed that $E_{R, \text { sep }}\left(\alpha_{d}^{\otimes 2}\right) \leq 1-\log _{2} \frac{d-1}{d}$ [18] and hence $E_{R, \text { sep }}^{\infty}\left(\alpha_{d}\right) \leq \frac{1}{2} E_{R, \text { sep }}\left(\alpha_{d}^{\otimes 2}\right)=\frac{1}{2}+O\left(\frac{1}{d}\right)$. The latter is an upper bound on $K_{D}$ [11].

## 4. Lower Bound on the Entanglement Cost

The calculation of the entanglement cost using its characterisation as the regularised entanglement of formation, Eq. (8), seems very daunting in general due to the infinite limit; but in fact, even the computation of entanglement of formation according to Eq. (7) is a very difficult task. However, for the antisymmetric states $\alpha_{d}$ (and many copies thereof), the $g \otimes g$ symmetry (for unitary $g$ ) comes to help:
Lemma 7. For all $d \geq 3$,

$$
E_{F}\left(\alpha_{d}^{\otimes n}\right) \geq-\log _{2} \max _{|\psi\rangle_{A^{n}}{ }^{n} \in \square^{\otimes n}} \operatorname{Tr} \psi_{A^{n}}^{2}
$$

where $\psi_{A^{n}}=\operatorname{Tr}_{B^{n}}|\psi\rangle\left\langle\left.\psi\right|_{A^{n} B^{n}}\right.$. Consequently,

$$
\begin{equation*}
E_{C}\left(\alpha_{d}\right) \geq-\lim _{n \rightarrow \infty} \frac{1}{n} \log _{2} \max _{|\psi\rangle_{A^{n} B^{n} \in B^{\otimes n}}} \operatorname{Tr} \psi_{A^{n}}^{2} . \tag{11}
\end{equation*}
$$

The quantity $\operatorname{Tr} \psi_{A^{n}}^{2}$ is also known as the purity of $\psi_{A^{n}}$ ；it equals one for pure states， and is strictly smaller than one if the state is mixed．

Proof．Recall the definition of entanglement of formation in the case of a ten－ sor product state $E_{F}\left(\alpha_{d}^{\otimes n}\right)=\min _{\left\{p_{i},\left|\psi_{i}\right\rangle\right\}: \alpha_{d}^{\otimes n}=\sum_{i} p_{i}\left|\psi_{i}\right\rangle\left\langle\psi_{i}\right|} \sum_{i} p_{i} H\left(\psi_{A, i}\right)$ and note that all states appearing in the ensembles are contained in $\square^{\otimes n}$ ．Thus $E_{F}\left(\alpha_{d}^{\otimes n}\right) \geq$ $\min _{|\psi\rangle_{A^{n} B^{n}} \in 母^{\otimes n}} H\left(\psi_{A^{n}}\right)$ ．［This is in fact an equality，as any minimizer $|\psi\rangle_{A^{n} B^{n}}$ yields an optimal decomposition $\int\left|\psi_{g_{1} \ldots g_{n}}\right\rangle\left\langle\psi_{g_{1} \ldots g_{n}}\right| d g_{1} \cdots d g_{n}$ of $\alpha_{d}^{\otimes n}$ ，with $\left|\psi_{g_{1} \ldots g_{n}}\right\rangle=$ $\left(g_{1} \otimes \cdots \otimes g_{n}\right)^{\otimes 2}|\psi\rangle_{A^{n} B^{n}}$ ，and $d g_{i}$ the Haar measure on $U(d)$ ．］The proof follows by noting that the von Neumann entropy is lower bounded by the quantum collision entropy（or quantum Rényi entropy of order two）$H_{2}(\sigma)=-\log _{2} \operatorname{Tr} \sigma^{2}$ and from the formula $E_{C}(\rho)=\lim _{n \rightarrow \infty} \frac{1}{n} E_{F}\left(\rho^{\otimes n}\right)$ ．

Yura［26］has used this bound and shown that the right hand side of（11）equals 1 if $d=$ 3．Together with the observation that the $E_{C}(\rho) \leq E_{F}(\rho) \leq \frac{2}{d(d-1)} \sum_{i<j} H\left(\psi_{A, i j}\right)=$ 1，where $\left|\psi_{i j}\right\rangle=\frac{1}{\sqrt{2}}(|i j\rangle-|j i\rangle)$ ，he has thus calculated the entanglement cost of the anti－ symmetric state in this case．In the following，we will reproduce Yura＇s result for $d=3$ and furthermore show that the right hand side of（11）is lower bounded $\log _{2} \frac{4}{3} \gtrsim 0.415$ for all $d$ ．

In order to do so，we will first employ representation theory of the unitary and sym－ metric group as well as a relaxation in order to reduce the problem to a linear programme． In a second step，we will put a lower bound on the optimal value of this programme using linear programming duality．

Lemma 8．We have

$$
\begin{equation*}
\max _{|\psi\rangle_{A^{n} B^{n} \in 母^{\otimes n}}} \operatorname{Tr} \psi_{A^{n}}^{2}=\max \operatorname{Tr} \Omega_{A^{n} B^{n} A^{\prime n} B^{\prime n}}\left(F_{A^{n}: A^{\prime n}} \otimes \mathbb{1}_{B^{n} B^{\prime n}}\right), \tag{12}
\end{equation*}
$$

where $F_{C: D}$ is the operator that permutes（＂flips＂）systems $C$ and $D$ ，and where the maximisation on the right hand side is over all states of the form

$$
\begin{equation*}
\Omega_{A^{n} B^{n} A^{\prime n} B^{\prime n}}=\sum_{y^{n} \in\{日, \boxplus, \boxplus\}^{n}} p_{y_{1} \ldots y_{n}} \rho_{y_{1}} \otimes \cdots \otimes \rho_{y_{n}} \tag{13}
\end{equation*}
$$

that are separable across the $A^{n} B^{n}: A^{\prime n} B^{\prime n}$ cut．The $p_{y^{n}}$ form a probability distribution symmetric under interchange of the variables．$p_{y^{n}}$ vanishes if the number of $\boxplus$＇s is odd． The states $\rho_{y}$ are proportional to projectors onto orthogonal subspaces of $\mathrm{E}^{\otimes 2}$ which are isomorphic to irreducible representations of $U(d)$ with Young diagrams $⿴ 囗 十$ ，$\boxplus$ and $\boxminus-$ see Lemma 14 in Appendix A．
Proof．Note that $\operatorname{Tr} \psi_{A^{n}}^{2}=\operatorname{Tr}\left(\psi_{A^{n}} \otimes \psi_{A^{\prime n}}\right) F_{A^{n}: A^{\prime n}}$ ．Since $A^{n}=A_{1} \cdots A_{n}$ and likewise for $A^{\prime n}$ ，we have $F_{A^{n}: A^{\prime n}}=F_{A: A^{\prime}}^{\otimes n}$ and therefore

$$
\operatorname{Tr} \psi_{A^{n}}^{2}=\operatorname{Tr}\left(\psi_{A^{n} B^{n}} \otimes \psi_{A^{\prime n} B^{n}}\right)\left(F_{A: A^{\prime}}^{\otimes n} \otimes \mathbb{1}_{B^{n} B^{n}}\right)
$$

Because $F_{A: A^{\prime}}$ commutes with $g^{\otimes 2}$ for all unitary $g$ ，we can replace $\psi_{A^{n} B^{n}} \otimes \psi_{A^{\prime n} B^{\prime n}}$ by the twirled state

$$
\Omega_{A^{n} B^{n} A^{\prime n} B^{\prime n}}=\mathcal{T}_{A B A^{\prime} B^{\prime}}^{\otimes n}\left(\psi_{A^{n} B^{n}} \otimes \psi_{A^{\prime n} B^{\prime n}}\right)
$$

where $\mathcal{T}_{A B A^{\prime} B^{\prime}}$ is the twirling（CPTP）map defined by $\mathcal{T}_{A B A^{\prime} B^{\prime}}(X)=\int_{g} \mathrm{~d} g g^{\otimes 4} X\left(g^{\dagger}\right)^{\otimes 4}$ ， where $d g$ is the Haar measure on $U(d)$ normalised to $\int d g=1$ ．By Lemma 14 we have

$$
\mathrm{B}^{\otimes 2} \cong \operatorname{Sym}^{2}(\text { 日 }) \oplus \wedge^{2}(\text { 日 }) \cong(\text { 日 } \oplus \boxplus) \oplus 日,
$$

where $⿴, ~ \boxplus$ and $\boxplus$ are irreducible representations of $U(d)$ ．It is furthermore remarkable that all irreducible representations have multiplicity at most one for general $d$ ．Such a case is called multiplicity－free and will be one of the main reasons why we can carry out our computation．

By elementary representation theory we can pull this result to the $n$－fold systems and conclude that

$$
\Omega_{A^{n} B^{n} A^{\prime n} B^{\prime n}}=\sum_{y_{1}, \ldots, y_{n}} p_{y_{1} \ldots y_{n}} \rho_{y_{1}} \otimes \cdots \otimes \rho_{y_{n}}
$$

where the constants $p_{y^{n}}$ are non－negative and sum to one，and $y_{i} \in\{日, ~ \boxplus, ~ \boxplus\}$ are indi－ ces keeping track in which irreducible representation we are（denoted by their Young diagram）．The states $\rho_{y}$ are proportional to the identity on the respective representa－ tion．The probability distribution can furthermore be taken to be invariant under per－ mutation of the labels．Note also that the state $\left|\psi_{A^{n} B^{n}}\right\rangle \otimes\left|\psi_{A^{\prime n} B^{\prime n}}\right\rangle$ is invariant under $F_{A^{n} B^{n}: A^{\prime n} B^{\prime n}}=\bigotimes_{i=1}^{n} F_{A_{i}: A_{i}^{\prime}} \otimes F_{B_{i}: B_{i}^{\prime}}$ ，this implies $F_{A^{n} B^{n}: A^{\prime n} B^{\prime n}} \Omega=\Omega$ ．We now observe
 identity，and when restricted to $\boxplus$ acts as minus the identity．In order to see this note that $F_{A: A^{\prime}} \otimes F_{B: B^{\prime}}$ acts trivially on $\operatorname{Sym}^{2}(\boxminus)=\operatorname{Sym}^{2}\left(\wedge^{2}\left(\mathbf{C}^{d}\right)\right)=\mathrm{B} \oplus \boxplus$ and flips the sign on the orthogonal complement $\wedge^{2}\left(\wedge^{2}\left(\mathbf{C}^{d}\right)\right)$ which equals $\boxminus$ ．This shows that sequences $y^{n}$ with nonzero $p_{y^{n}}$ must have an even number of $\boxminus$＇s．In summary，

$$
\Omega_{A^{n} B^{n} A^{\prime n} B^{\prime n}}=\sum_{y^{n}: \# \text { 丹's even }} p_{y_{1} \ldots y_{n}} \rho_{y_{1}} \otimes \cdots \otimes \rho_{y_{n}} .
$$

Note further that the state $\Omega_{A^{n} B^{n} A^{\prime n} B^{\prime n}}$ is of the form

$$
\Omega_{A^{n} B^{n} A^{\prime n} B^{\prime n}}=\int \mu(\alpha)|\alpha\rangle\left\langle\left.\alpha\right|_{A^{n} B^{n}} \otimes \mid \alpha\right\rangle\left\langle\left.\alpha\right|_{A^{\prime n} B^{\prime n}} d \alpha\right.
$$

for some probability density $\mu(\alpha)$ with respect to the Haar measure $d \alpha$ ．This state is therefore separable across the $A^{n} B^{n}: A^{\prime n} B^{\prime n}$ cut．Note also that every separable state on $\operatorname{Sym}^{2}\left(\mathrm{E}^{\otimes n}\right)$ takes this form．

We have thus succeeded to transform the maximisation of the purity of the reduced state over quantum states，which is a quadratic objective function，in Eq．（12）to a linear optimisation problem over finitely many non－negative real numbers，but with an addi－ tional separability constraint，as given by Eq．（13）．Since this requirement of separability is difficult to handle we will now relax the optimisation problem by only demanding that the state should have a positive partial transpose（PPT）．

Since the PPT constraint，unlike separability，is a semidefinite constraint，we are then dealing with a semidefinite programme，and that duality theory should be able to give some information on the maximum value－see a similar line of argument in［19］．As we will now show，the resulting problem［obtained by relaxing Eq．（13）to PPT states in the right hand side optimization in Eq．（12）］is indeed a linear programme．In order to do
so we need to express the PPT condition as a linear constraint in the variables $p_{y^{n}}$ and the target function as a linear function in them．This is accomplished by the following lemma．

Lemma 9． $\max _{|\psi\rangle_{A^{n} B^{n}} \in 日^{\otimes n}} \operatorname{Tr} \psi_{A^{n}}^{2} \leq \zeta_{n, d}$ ，where

$$
\begin{equation*}
\zeta_{n, d}:=\max \vec{t}^{\otimes n} \cdot \vec{p} \quad \text { s.t. } \vec{p} \geq 0, \overrightarrow{1} \cdot \vec{p}=1, T_{d}^{\otimes n} \vec{p} \geq 0 \tag{14}
\end{equation*}
$$

Here，$\vec{t}=\left(-1, \frac{1}{2}, 0\right)$ ，and the matrix $T_{d}$ is given by

$$
T_{d}=\left(\begin{array}{ccc}
1 & 1 & -1 \\
-2-\frac{6}{d-2} & 1 & \frac{2}{d-2} \\
1+\frac{2\left(d^{2}-d+1\right)}{d(d-1)(d-2)} & 1-\frac{d+1}{d(d-1)} & 1-\frac{2 d-3}{d(d-1)(d-2)}
\end{array}\right)
$$

Proof．The objective function takes the form

$$
\begin{aligned}
\operatorname{Tr} \Omega_{A^{n} B^{n} A^{\prime n} B^{\prime n}}\left(F_{A^{n}: A^{\prime n}} \otimes \mathbb{1}_{B^{n} B^{\prime n}}\right) & =\operatorname{Tr} \Omega_{A^{n} A^{\prime n}} F_{A^{n}: A^{\prime n}} \\
& =\sum_{y^{n} \in\{, \notin, \boxplus, \boxplus\}^{n}} p_{y_{1} \ldots y_{n}} \operatorname{Tr}\left(\tilde{\rho}_{y_{1}} \otimes \cdots \otimes \tilde{\rho}_{y_{n}}\right) F_{A^{n}: A^{\prime n}} \\
& =\sum_{y^{n} \in\{日, \boxplus, \boxplus\}^{n}} p_{y_{1} \ldots y_{n}} \prod_{i=1}^{n} \operatorname{Tr} \tilde{\rho}_{y_{i}} F_{A_{i}: A_{i}^{\prime}} \\
& =\sum_{y^{n} \in\{日, \boxplus, \boxplus\}^{n}} p_{y_{1} \ldots y_{n}} \prod_{i=1}^{n} t_{y_{i}} \\
& =\vec{t}^{\otimes n} \cdot \vec{p},
\end{aligned}
$$

where we defined $\tilde{\rho}_{y}=\operatorname{Tr}_{B B^{\prime}} \rho_{y}$ and $t_{y}=\operatorname{Tr} \tilde{\rho}_{y} F_{A: A^{\prime}}$ ．The calculation of the coeffi－ cients $t_{y}$ ，which we arrange in the vector $\vec{t}:=\left(t_{\square}, t_{\boxplus}, t_{\boxplus}\right)$ can be found in Lemma 16 in Appendix A．

We will now relax the constraints of the optimisation problem．As a first step we remove the constraint that the number of $\boxminus$＇s in a string $y^{n}$ is even．As a second step we replace the separability constraint by the weaker constraint that the state is PPT．The partial transposes of $\rho_{y}$ with respect to the $A B: A^{\prime} B^{\prime}$ cut，denoted by $\rho_{y}^{\Gamma}$ ，are computed in Appendix A．Since these $\rho_{y}^{\Gamma}$ commute with all $g \otimes g \otimes \bar{g} \otimes \bar{g}$ ，it is natural to first find the decomposition of the space $\wedge^{2}\left(\mathbf{C}^{d}\right) \otimes \wedge^{2}\left(\mathbf{C}^{d}\right) \subset\left(\mathbf{C}^{d}\right)^{\otimes 4}$ into the spaces of irreducible representations of $U(d)$ when $U(d)$ acts on $\wedge^{2}\left(\mathbf{C}^{d}\right) \otimes \wedge^{2}\left(\mathbf{C}^{d}\right)$ via its action $g \otimes g \otimes \bar{g} \otimes \bar{g}$ on $\left(\mathbf{C}^{d}\right)^{\otimes 4}$ ．It turns out that the space has three components of multiplicity 1 each，given by projectors

$$
\begin{aligned}
\Psi & =|\Psi\rangle\langle\Psi| \text { for }|\Psi\rangle=\frac{1}{\sqrt{\binom{d}{2}}} \sum_{i<j}\left|\psi_{i j}\right\rangle\left|\psi_{i j}\right\rangle, \\
Q & =\frac{2 d}{d-2}\left(P_{\boxminus} \otimes P_{\boxminus}\right)\left((\mathbb{1}-\Phi)_{A A^{\prime}} \otimes \Phi_{B B^{\prime}}\right)\left(P_{\boxminus} \otimes P_{\boxminus}\right), \\
\mathbb{P} & =P_{\boxminus} \otimes P_{\boxminus}-Q-\Psi,
\end{aligned}
$$

having dimensions $1, d^{2}-1$ and $\left(\frac{d(d-1)}{2}\right)^{2}-d^{2}$ ，respectively；see Lemma 17 in Appendix A．Here，$\Phi$ denotes the maximally entangled state．Using the symmetries of the states and these projectors，it is not hard to compute the overlap of all $\rho_{y}^{\Gamma}$ with each of the above（Lemma 18 in Appendix．A）．The result is

$$
\begin{aligned}
& \rho_{\text {首 }}^{\Gamma}=\frac{1}{\binom{d}{2}} \Psi-\frac{2(d+1)}{d(d-2)} \tilde{Q}+\left(1+\frac{2(d+1)}{d(d-2)}-\frac{1}{\binom{d}{2}}\right) \tilde{\mathbb{P}}, \\
& \rho_{\boxplus}^{\Gamma}=\frac{1}{\binom{d}{2}} \Psi+\frac{1}{d} \tilde{Q}+\left(1-\frac{1}{d}-\frac{1}{\binom{d}{2}}\right) \tilde{\mathbb{P}}, \\
& \rho_{\boxminus}^{\Gamma}=-\frac{1}{\binom{d}{2}} \Psi+\frac{2}{d(d-2)} \tilde{Q}+\left(1-\frac{2}{d(d-2)}+\frac{1}{\binom{d}{2}}\right) \tilde{\mathbb{P}} .
\end{aligned}
$$

Here，we defined $\tilde{Q}=Q /\left(d^{2}-1\right)$ and $\tilde{P}=P /\left((d(d-1) / 2)^{2}-d^{2}\right)$ ．
We now introduce the matrix

$$
\hat{T}_{d}:=\left(\begin{array}{ccc}
\frac{2}{d(d-1)} & \frac{2}{d(d-1)} & -\frac{2}{d(d-1)}  \tag{15}\\
-\frac{2(d+1)}{d(d-2)} & \frac{1}{d} & \frac{2}{d(d-2)} \\
1+\frac{2(d+1)}{d(d-2)}-\frac{2}{d(d-1)} & 1-\frac{1}{d}-\frac{2}{d(d-1)} & 1-\frac{2}{d(d-2)}+\frac{2}{d(d-1)}
\end{array}\right),
$$

where the rows of the matrix are labelled by $\Psi, \tilde{Q}$ and $\tilde{\mathbb{P}}$ ，and the columns of the matrix $\hat{T}_{d}$ are labelled by $月, \boxplus$ and $巴$ ，in that order．The PPT constraint on the state $\Omega$ then turns into the following linear constraints on the probability vector $\vec{p}$ ：

$$
\begin{equation*}
\hat{T}_{d}^{\otimes n} \vec{p} \geq 0 \tag{16}
\end{equation*}
$$

Without loss of generality，$p_{y^{n}}$ is permutation invariant．
A little later，we will take the limit $d \rightarrow \infty$ ．Observe therefore that some of the matrix entries of $T_{d}$ tend to zero as $d \rightarrow \infty$ and the linear programme would become trivial under this limit．For the linear programme，however，only the positivity condition in Eq．（16）plays a role．This condition remains unchanged if we choose a new operator basis

$$
\frac{2}{d(d-1)} \Psi, \frac{1}{d} \tilde{Q}, \tilde{\mathbb{P}},
$$

which transforms $\hat{T}_{d}$ into

$$
T_{d}=\left(\begin{array}{ccc}
1 & 1 & -1 \\
-\frac{2(d+1)}{d-2} & 1 & \frac{2}{d-2} \\
1+\frac{2(d+1)}{d(d-2)}-\frac{2}{d(d-1)} & 1-\frac{1}{d}-\frac{2}{d(d-1)} & 1-\frac{2}{d(d-2)}+\frac{2}{d(d-1)}
\end{array}\right)
$$

This concludes the proof of the lemma．
As a corollary to Lemma 9 we can already reproduce the result regarding $\alpha_{3}$ ：
Corollary 10 （Yura［26］）．For all n，$E_{F}\left(\alpha_{3}^{\otimes n}\right)=n$ ，hence $E_{C}\left(\alpha_{3}\right)=1$ ．

Proof．As mentioned earlier，the case $d=3$ is special because the irreducible represen－ tation 目is zero－dimensional，and hence doesn＇t appear in the above linear programme： $p_{y^{n}}=0$ if any $y_{i}$ equals 目．But then the objective function of the linear programme （14）is upper bounded by $2^{-n}$ since that is the largest coefficient $t_{y^{n}}, y^{n} \in\{\boxplus, \boxplus\}^{n}$ and $\sum_{y^{n}} p_{y^{n}}=1$ ．Thus，by Lemmas 7 and $8, E_{F}\left(\alpha_{3}^{\otimes n}\right) \geq-\log _{2} 2^{-n}=n$ ，while the opposite inequality is trivial．

For $d \geq 4$ the irreducible representation $⿴ 囗 ⿱ 一 一$ is present，and for all $y^{n}$ with an even number of it，the objective function of the linear programme（14）gets a contribution potentially larger than $2^{-n}$ ．Motivated by the fact that（thanks to the LOCC monotonicity of $E_{F}$ under twirling）$E_{F}\left(\alpha_{d}^{\otimes n}\right)$ monotonically decreases with $d$ ，we aim to understand this linear programme for fixed $n$ but asymptotically large $d$ ．Note that in the limit $d \rightarrow \infty$ ，the matrix $T_{d}$ converges to

$$
T_{\infty}=\left(\begin{array}{rrr}
1 & 1 & -1 \\
-2 & 1 & 0 \\
1 & 1 & 1
\end{array}\right)
$$

Thus we find that $E_{F}\left(\alpha_{d}^{\otimes n}\right)$ for fixed $n$ and arbitrary $d$ is lower bounded by $-\log _{2} \zeta_{n}$ ， where

$$
\begin{array}{rr}
\zeta_{n}:=\max \vec{t}^{\otimes n} \cdot \vec{p} \quad \text { s.t. } \vec{p} \geq 0, \\
\overrightarrow{1} \cdot \vec{p}=1,  \tag{17}\\
T_{\infty}^{\otimes n} \vec{p} \geq 0,
\end{array}
$$

with the additional constraint that $p_{y^{n}}$ is permutation invariant．
From the linear programme we now eliminate all constraints that involve the first row of $T_{\infty}$ ，thereby only increasing the value of the linear programme．Mathematically，we delete the first row of $T_{\infty}$ and now have

$$
\left(\begin{array}{rrr}
-2 & 1 & 0 \\
1 & 1 & 1
\end{array}\right) .
$$

We then see that we do not need to consider vectors $y_{n}$ which contain one $\boxminus$ or more． Namely，in the expansion of the state $\Omega$ every single occurrence of $\rho_{\boxminus}$ may be replaced with $\frac{1}{3} \rho_{\exists}+\frac{2}{3} \rho_{\boxplus}$ ，turning a feasible point into a new feasible point，and not changing the value of the objective function．But then，since the entries of the last column are never used again in the constraints，we may delete it leaving a truncated matrix and a truncated vector

$$
T:=\left(\begin{array}{rr}
-2 & 1 \\
1 & 1
\end{array}\right), \quad \vec{t}=\left(-1, \frac{1}{2}\right) .
$$

（Note that we may relax the normalization condition $\overrightarrow{1} \cdot \vec{p}=1$ w．l．o．g．to $\leq 1$ ．）
Corollary 11．For any $d$ and $n, E_{F}\left(\alpha_{d}^{\otimes n}\right) \geq-\log _{2} \zeta_{n}$ ，where

$$
\begin{array}{r}
\zeta_{n}=\max \vec{t}^{\otimes n} \cdot \vec{p}=2^{-n} \sum_{y^{n} \in\{\in, \nexists\}^{n}} p_{y^{n}}(-2)^{\left|y^{n}\right|} \text { s.t. } \vec{p} \geq 0,  \tag{18}\\
\overrightarrow{1} \cdot \vec{p} \leq 1, \\
-T^{\otimes n} \vec{p} \leq 0,
\end{array}
$$

where $p_{y^{n}}$ only depends on the number $\left|y^{n}\right|$ of occurrences of 目. Note that in this form the linear programme does not refer to $d$ any more; it reflects the limit $d \rightarrow \infty$ completely.

Now, all that is left to do is to find an upper bound on $\zeta_{n}$, which we obtain by writing down the dual linear programme [21] and guessing a dual feasible point.

Lemma 12. $\zeta_{n} \leq\left(\frac{3}{4}\right)^{n}$, hence $E_{F}\left(\alpha_{d}^{\otimes n}\right) \geq n \log _{2} \frac{4}{3}$.
Proof. The dual linear programme to (18) is given by

$$
\begin{equation*}
\min z \quad \text { s.t. } \vec{q} \geq 0, z \overrightarrow{1}-S^{\otimes n} \vec{q} \geq \vec{t}^{\otimes n} \tag{19}
\end{equation*}
$$

where $S=T^{\top}$ and $\top$ denotes matrix transposition. Its value equals $\zeta_{n}$ by linear programming duality.

In words, a feasible $z$ in the dual linear programme is an upper bound on all the vector entries of $\vec{t}^{\otimes n}+S^{\otimes n} \vec{q}$. (Caution: some of these may be negative, and so we are not talking about the sup-norm of this vector.) By duality, any such $z$ is going to be an upper bound on $\zeta_{n}$ [21].

The entries of $\vec{q}$ are labelled by strings $w^{n} \in\{\Psi, Q\}^{n}$, and it is clear from the permutation symmetry of the matrix $S^{\otimes n}$ and the vector $\vec{t}{ }^{\otimes n}$ that we may assume that $q_{w^{n}}$ only depends on the number $k$ of $Q$ 's in $w^{n}$ :

$$
\delta_{k}:=q_{\Psi^{n-k}} Q^{k} \text { for } k=0, \ldots, n .
$$

Then, also the constraints in the dual linear programme (20), which are labelled by strings $v^{n} \in\{0,1\}^{n}$, depend only on the number $m$ of 0 's: for each string $v^{n}=0^{m} 1^{n-m}$, $m=0, \ldots, n$, we get an inequality

$$
\begin{equation*}
z \geq(-1)^{m} 2^{m-n}+\sum_{k=0}^{n} \delta_{k} \sum_{\ell=\max (0, k+m-n)}^{\min (k, m)}(-2)^{\ell}\binom{m}{\ell}\binom{n-m}{k-\ell} . \tag{20}
\end{equation*}
$$

Numerical solutions of the linear programme (20) suggest that in the dual only $\delta_{1}$ is populated and the $\delta_{j}$ with $j \approx n$. Here we guess a dual feasible solution motivated by this. The ansatz is only an approximation to the numerical findings; for some non-negative $\beta<1$ and $\gamma$,

$$
\begin{aligned}
& \delta_{k}=\gamma \beta^{n-k}, \text { for } k<n, \\
& \delta_{n}=0 .
\end{aligned}
$$

Clearly, all $\delta_{j}$ are now nonnegative; inserting the above into the dual constraint (20) yields, for all $m$, that

$$
z \geq(-2)^{m} 2^{-n}+\sum_{k=0}^{n} \gamma \beta^{n-k} \sum_{\ell=\max (0, k+m-n)}^{\min (k, m)}(-2)^{\ell}\binom{m}{\ell}\binom{n-m}{k-\ell}-\gamma(-2)^{m},
$$

noticing that the coefficient of the variable $\delta_{n}$ in Eq. (20) is $(-2)^{m}$. First we evaluate the double sum; observe that it involves all pairs of $k$ and $\ell$ for which the binomial
coefficients are nonzero. Hence, it is

$$
\begin{aligned}
\sum_{k, \ell} \gamma \beta^{n-k}(-2)^{\ell}\binom{m}{\ell}\binom{n-m}{k-\ell} & =\sum_{k, \ell} \gamma \beta^{n-(k-\ell)-\ell}(-2)^{\ell}\binom{m}{\ell}\binom{n-m}{k-\ell} \\
& =\gamma \beta^{n} \sum_{k, \ell}\left(\frac{1}{\beta}\right)^{k-\ell}\left(\frac{-2}{\beta}\right)^{\ell}\binom{m}{\ell}\binom{n-m}{k-\ell} \\
& =\gamma \beta^{n}\left(1+\frac{1}{\beta}\right)^{n-m}\left(1-\frac{2}{\beta}\right)^{m} \\
& =\gamma(\beta+1)^{n-m}(\beta-2)^{m} .
\end{aligned}
$$

This simplifies the constraints to

$$
\forall m \quad z \geq(-2)^{m}\left(2^{-n}-\gamma\right)+\gamma(\beta+1)^{n-m}(\beta-2)^{m}
$$

so $z$ is the maximum of the right-hand side over all $m=0, \ldots, n$, and we want to choose $\beta$ and $\gamma$ in an optimal way to minimize this maximum. First of all, the first term can grow very large due to the occurrence of $2^{m}$ - so the only reasonable choice is $\gamma=2^{-n}$. This reduces the constraints to

$$
\forall m \quad z \geq 2^{-n}(1+\beta)^{n}(-1)^{m}\left(\frac{2-\beta}{1+\beta}\right)^{m}
$$

so choosing $\beta=1 / 2$, and neglecting the signs, makes the right-hand side $(3 / 4)^{n}$.
In conclusion, we obtain a dual feasible solution with this value, yielding an upper bound $\zeta_{n} \leq(3 / 4)^{n}$, which gives this as an upper bound on the maximum purity of a reduced state in $n$ copies of the antisymmetric subspace.

Theorem 2 is now a direct consequence of Lemma 12.

## 5. Regularised Relative Entropy of Entanglement

Here we show that the constant lower bound on the entanglement cost of the antisymmetric state that we have calculated above implies a constant lower bound on the regularised relative entropy of entanglement with respect to separable states [Eq. (9)],

$$
\begin{equation*}
E_{R, \text { sep }}^{\infty}\left(\alpha_{d}\right) \geq \log _{2} \sqrt{\frac{4}{3}} \gtrsim 0.2075 \tag{21}
\end{equation*}
$$

as stated in Corollary 3.
Proof of Corollary 3. We want to prove the lower bound (21) of Corollary 3. Since $\alpha_{d}$ is invariant under $g \otimes g$ (for unitary $g$ ), the minimisation in the relative entropy can be taken over states obeying the same symmetry condition, i.e.

$$
E_{R, \mathrm{sep}}\left(\alpha_{d}^{\otimes n}\right)=\min D\left(\alpha_{d}^{\otimes n} \| \sigma\right)
$$

where $\sigma$ is separable and $\sigma=\sum_{y^{n} \in\{0,1\}^{n}} p_{y^{n}} \rho_{y_{1}} \otimes \cdots \otimes \rho_{y_{n}}$ for $\rho_{0}=\alpha_{d}$ and $\rho_{1}=\sigma_{d}$. The relative entropy evaluates in this case to

$$
\operatorname{Tr} \alpha_{d}^{\otimes n} \log _{2} \alpha_{d}^{\otimes n}-\operatorname{Tr} \alpha_{d}^{\otimes n} \log _{2} p_{00 \cdots 0} \alpha_{d}^{\otimes n}=-\log _{2} p_{00 \cdots 0 .} .
$$

In summary, $E_{R, \text { sep }}\left(\alpha_{d}^{\otimes n}\right)=-\log _{2} \max _{\sigma} \operatorname{Tr} \sigma P_{\boxminus}^{\otimes n}$, where the maximum is over states $\sigma$ separable across $A^{n}: B^{n}$. Furthermore,

$$
\begin{aligned}
\max _{\substack{\sigma \text { separable } \\
\text { across } A^{n}: B^{n}}} \operatorname{Tr} \sigma P_{\boxminus}^{\otimes n} & =\max _{|\alpha\rangle \in A^{n},|\beta\rangle \in B^{n}}\langle\alpha|\langle\beta| P_{\boxminus}^{\otimes n}|\alpha\rangle|\beta\rangle \\
& =\max _{|\alpha\rangle \in A^{n},|\beta\rangle \in B^{n},|\psi\rangle \in B^{\otimes n}} \mid\left.\langle\alpha|\langle\beta \mid \psi\rangle\right|^{2} \\
& =\max _{|\psi\rangle \in B^{\otimes n}} \| \operatorname{Tr}_{B^{n}}|\psi\rangle\langle\psi| \|_{\infty},
\end{aligned}
$$

where the first equality is by convexity, the second by choosing $|\psi\rangle$ as the projection of $|\alpha\rangle|\beta\rangle$ into $\square^{\otimes n}$, and the third by the Schmidt decomposition. The expression in the last line is upper bounded by the square root of the maximum purity, which we showed above to be smaller or equal to $(3 / 4)^{n}$. Hence, $E_{R, \text { sep }}\left(\alpha_{d}^{\otimes n}\right) \geq n \log _{2} \sqrt{\frac{4}{3}}$, and we get the constant lower bound of $\log _{2} \sqrt{\frac{4}{3}} \approx 0.2075$ for $E_{R, \text { sep }}^{\infty}\left(\alpha_{d}\right)$.

In contrast, the calculation of [19] gave $E_{R, \mathrm{PPT}}^{\infty}\left(\alpha_{d}\right)=\log _{2} \frac{d+2}{d}$. This shows, in particular, that $E_{R, \text { PPT }}^{\infty}$ differs from $E_{R, \text { sep }}^{\infty}$ on Werner states. We conclude that squashed entanglement can be much smaller than the regularised relative entropy of entanglement with respect to separable states; the opposite separation was known thanks to the "flower states" of [27].

We close this section by showing the asymptotic continuity of the regularised relative entropy of entanglement.

Proposition 13 ([14]). The regularised relative entropy of entanglement $E_{R, \text { sep }}^{\infty}$ is asymptotically continuous, i.e. there is a function $\delta(\epsilon)$ with $\delta(\epsilon) \rightarrow 0$ for $\epsilon \rightarrow 0$ such that for all $\|\rho-\sigma\|_{1} \leq \epsilon$,

$$
\left|E_{R, \text { sep }}^{\infty}(\rho)-E_{R, \text { sep }}^{\infty}(\sigma)\right| \leq \delta(\epsilon) \log d
$$

where $d$ is the dimension of the system supporting $\rho$ and $\sigma$. In fact the proof shows that $\delta(\epsilon)$ can be taken as $2(\epsilon+h(\epsilon))$, where $h$ denotes the binary entropy function. The same statement is true for the regularised relative entropy of entanglement with respect to PPT states, $E_{R, \text { PPT }}^{\infty}$.

Proof. Let $\|\rho-\sigma\|_{1}=\epsilon>0$, where $\rho$ and $\sigma$ are $d$-dimensional states. According to Alicki and Fannes [24], there are states $\gamma, \tilde{\rho}$ and $\tilde{\sigma}$ with $\gamma=(1-\epsilon) \rho+\epsilon \tilde{\rho}=(1-\epsilon) \sigma+\epsilon \tilde{\sigma}$. If we succeed to prove asymptotic continuity on mixtures, i.e.

$$
\begin{equation*}
\left|E_{R, \text { sep }}^{\infty}(\rho)-E_{R, \text { sep }}^{\infty}(\gamma)\right| \leq \frac{\delta(\epsilon)}{2} \log d \tag{22}
\end{equation*}
$$

then continuity for $\rho$ and $\sigma$ follows by use of the triangle inequality:

$$
\begin{aligned}
\left|E_{R, \text { sep }}^{\infty}(\rho)-E_{R, \text { sep }}^{\infty}(\sigma)\right| & \leq\left|E_{R, \text { sep }}^{\infty}(\rho)-E_{R, \text { sep }}^{\infty}(\gamma)\right|+\left|E_{R, \text { sep }}^{\infty}(\gamma)-E_{R, \text { sep }}^{\infty}(\sigma)\right| \\
& \leq \delta(\epsilon) \log d .
\end{aligned}
$$

The main step in the proof of the estimate (22) is the following inequality for an ensemble $\left\{p_{i}, \tau_{i}\right\}$,

$$
\begin{align*}
\sum_{i} p_{i} E_{R, \mathrm{sep}}\left(\tau_{i}\right)-E_{R, \text { sep }}\left(\sum_{i} p_{i} \tau_{i}\right) & \leq H\left(\sum_{i} p_{i} \tau_{i}\right)-\sum_{i} p_{i} H\left(\tau_{i}\right) \\
& \leq H\left(\sum_{i} p_{i}|i\rangle\langle i|\right) \tag{23}
\end{align*}
$$

where $|i\rangle$ denotes an orthonormal basis. Inequality (23) has first been proven for the relative entropy with respect to the set of separable states [28] (see also [29]) and then been extended to hold for any convex set that includes the maximally mixed state [30]. Here, it implies the following estimate:

$$
E_{R, \text { sep }}\left(\gamma^{\otimes N}\right) \geq \sum_{k} \epsilon^{k}(1-\epsilon)^{N-k}\binom{N}{k} E_{R, \text { sep }}\left(\rho^{\otimes(N-k)} \otimes \tilde{\rho}^{\otimes k}\right)-N h(\epsilon),
$$

where $h(\epsilon)$ is the Shannon entropy of the distribution $(\epsilon, 1-\epsilon)$. We will now replace all $\tilde{\rho}$ 's on the RHS by $\rho$ 's. This is done in two steps: i) remove the states of the form $\tilde{\rho}$ on the RHS, since the partial trace operations is an LOCC operation the RHS can only decrease, ii) append the states $\rho$ and apply the inequality

$$
E_{R, \operatorname{sep}}\left(\rho^{\otimes N}\right) \leq E_{R, \text { sep }}\left(\rho^{\otimes(N-k)}\right)+k E_{R, \text { sep }}(\rho),
$$

which holds by subadditivity of $E_{R, \text { sep }}$. This gives

$$
\begin{aligned}
E_{R, \text { sep }}\left(\gamma^{\otimes N}\right) & \geq \sum_{k} \epsilon^{k}(1-\epsilon)^{N-k}\binom{N}{k} E_{R, \text { sep }}\left(\rho^{\otimes(N-k)} \otimes \tilde{\rho}^{\otimes k}\right)-N h(\epsilon) \\
& \geq \sum_{k} \epsilon^{i}(1-\epsilon)^{N-k}\binom{N}{k} E_{R, \text { sep }}\left(\rho^{\otimes(N-k)}\right)-N h(\epsilon) \\
& \stackrel{i i)}{\geq} \sum_{k} \epsilon^{k}(1-\epsilon)^{N-k}\binom{N}{k}\left(E_{R, \text { sep }}\left(\rho^{\otimes N}\right)-k E_{R, \text { sep }}(\rho)\right)-N h(\epsilon) \\
& =E_{R, \operatorname{sep}}\left(\rho^{\otimes N}\right)-\sum_{k} k \epsilon^{k}(1-\epsilon)^{N-k}\binom{N}{k} E_{R, \text { sep }}(\rho)-N h(\epsilon) \\
& =E_{R, \text { sep }}\left(\rho^{\otimes N}\right)-N \epsilon E_{R, \operatorname{sep}}(\rho)-N h(\epsilon) \\
& \geq E_{R, \operatorname{sep}}\left(\rho^{\otimes N}\right)-N(\epsilon \log d+h(\epsilon)) \\
& \geq E_{R, \operatorname{sep}}\left(\rho^{\otimes N}\right)-N(\epsilon+h(\epsilon)) \log d
\end{aligned}
$$

The last equality sign is the evaluation of the mean value of the binomial distribution. Since the above calculation holds for all $N$, this shows

$$
E_{R, \text { sep }}^{\infty}(\gamma) \geq E_{R, \text { sep }}^{\infty}(\rho)-\frac{\delta(\epsilon)}{2} \log d
$$

for $\delta(\epsilon):=2(\epsilon+h(\epsilon))$. Conversely, the convexity of $E_{R, \text { sep }}^{\infty}$ [31] implies

$$
E_{R, \text { sep }}^{\infty}(\gamma) \leq(1-\epsilon) E_{R, \text { sep }}^{\infty}(\rho)+\epsilon E_{R, \text { sep }}^{\infty}(\tilde{\rho}) \leq E_{R, \text { sep }}^{\infty}(\rho)+\epsilon \log d
$$

This concludes the proof of the estimate (22) and the proposition. The exact same reasoning applies to $E_{R, \mathrm{PPT}}^{\infty}$.

A vital ingredient in the proof was inequality (23), which bounds the strength of the convexity of the relative entropy. Prior to this work, the same inequality has been used in [32] to prove that the relative entropy of entanglement cannot be locked. As both entanglement of purification and formation are lockable, a simple translation of inequality (23) to these measures is not possible. Other ways to verify that entanglement cost under LOCC and LOq (local operations with a sublinear amount of quantum communication) are asymptotically continuous will have to be found.

## 6. Conclusion

We have shown a way of - in principle - calculating the Rényi-2 entropic version of the entanglement of cost of the $d \times d$-antisymmetric state via convex optimisation and more specifically, semidefinite programming. Using a linear programming relaxation we showed a constant lower bound, independent of $d$. Tighter relaxations are possible, in principle capable of obtaining the exact value of the maximum purity of the reduced state over all $|\psi\rangle \in \mathrm{E}^{\otimes n}$ : in addition to the PPT condition of the state between $A B$ and $A^{\prime} B^{\prime}$, we should impose that the state is shareable (or extendible) to more parties [3337]. At the same time, we could show that the squashed entanglement of these states is asymptotically small, implying that also their distillable key is asymptotically small.

We believe that our result is the strongest indication so far that "quantum bound key" exists: states with positive key cost to create them (a notion not yet defined in the literature, and a little tricky to formalize cleanly), while their distillable key is zero. At least we show that the states have asymptotically vanishing distillable key (it cannot be zero, as a lower bound of $\frac{1}{d}$ on $E_{D}$ is known); on the other hand, their entanglement cost does not vanish.

The technique to obtain the lower bound on $E_{C}\left(\alpha_{d}\right)$ is yet another demonstration of the power of symmetry in entanglement theory; but to our knowledge, with this work we provide first application of plethysms in this field. Unfortunately, we could not prove the conjectured $E_{C}\left(\alpha_{d}\right)=1$ as our PPT relaxation cannot give anything better than $\approx 0.45$ as computer solutions of the linear programme up to $n=12$ show (see App. B). It remains to be investigated whether further constraints, for instance of shareability, can improve the lower bound to 1 , or whether $E_{C}\left(\alpha_{d}\right)<1$ holds. The latter would provide the first explicit counterexample to additivity.

In comparison to the large gap observed between the entanglement of formation and distillable key [38], our work exhibits three advantages. Firstly, our example is constructive, secondly, we show that the distillable key can be made arbitrarily small and thirdly, we consider the entanglement cost, which is the right measure to compare with the distillable key, and which can be strictly smaller than the entanglement of formation [16]. The distinction between entanglement cost and entanglement of formation is crucial here, as it was for the discovery of bound entanglement [39], since the asymptotic measure of distillable key has to be compared to an asymptotic measure of preparing the state. A further result in [38] shows that the one-way distillable key is generically small, even if entanglement of formation is large. In our work, in contrast, the one-way distillable key of the antisymmetric state $\alpha_{d}$ vanishes for all $d \geq 3$.

Our results can readily be generalised to the multiparty entanglement of the state proportional to the antisymmetric projector onto several parties. The multiparty squashed entanglement and distillable key [40] exhibit a behaviour similar to the two-party case. Due to the difficulty of classifying multiparty entanglement, it is not clear which multiparty generalisation of entanglement cost to use. Any such generalisation, however,
should be larger than entanglement cost of the two－party state，to which our lower bound applies．

Acknowledgements．After completion of this work，F．Brandão kindly pointed out to us that the states from［27］ can be used to construct states with $E_{C}(\rho) \geq \frac{1}{2}$ and $K_{D}(\rho) \leq \frac{2}{\log _{2} d}$ ．MC was supported by the Swiss National Science Foundation（grant PP00P2－128455），the National Centre of Competence in Research＇Quan－ tum Science and Technology＇and the German Science Foundation（grants CH 843／1－1 and CH 843／2－1）．NS acknowledges support by the EU（QUEVADIS，SCALA），the German cluster of excellence project MAP，the Gordon and Betty Moore Foundation through Caltechs Center for the Physics of Information，and the NSF Grant No．PHY－0803371．AW is supported by the European Commission，the U．K．EPSRC，the Royal Society， and a Philip Leverhulme Prize．The Centre for Quantum Technologies is funded by the Singapore Ministry of Education and the National Research Foundation as part of the Research Centres of Excellence programme．

## Appendix A．Representation Theory

Here we review certain facts of the representation theory of $U(d)$ ，the unitary group in dimension $d$ ，particularly related to plethysms．For the basic concepts we refer the reader to textbooks such as［20］．The concatenation of two representations is a called a plethysm．In our case，we consider a representation $V_{\mu}$ of $U(d)$ and concatenate it with a representation $V_{\lambda}$ of $U\left(\operatorname{dim} V_{\mu}\right)$ to yield the $U(d)$－representation

$$
V_{\lambda}\left(V_{\mu}\right): g \mapsto V_{\lambda}\left(V_{\mu}(g)\right)
$$

Lemma 14．Let $d \geq 3$ ．The following two plethysms of $U(d)$ decompose into irreducible representations of $U(d)$ as follows：

$$
\begin{aligned}
\operatorname{Sym}^{2}\left(\wedge^{2}\right) & \cong 日 \oplus \boxplus, \\
\wedge^{2}\left(\wedge^{2}\right) & \cong \boxtimes .
\end{aligned}
$$

The dimensions are given by

$$
\begin{aligned}
\operatorname{dim} \operatorname{Sym}^{2}\left(\wedge^{2}\right) & =\frac{d(d-1)\left(d^{2}-d+2\right)}{8}, \\
\operatorname{dim} ⿴ 囗 ⿱ 一 一 寸 ⿱ 日 一 & =\frac{d(d-1)(d-2)(d-3)}{24}, \\
\operatorname{dim} \boxplus & =\frac{(d+1) d^{2}(d-1)}{12}, \\
\operatorname{dim} \wedge^{2}\left(\wedge^{2}\right)=\operatorname{dim} \boxminus & =\frac{(d+1) d(d-1)(d-2)}{8}
\end{aligned}
$$

Note that $\operatorname{dim} \mathrm{B}=0$ for $d=3$ ．
Proof．We will compute the decomposition of the representations by a decomposition of the corresponding characters．The character of an irreducible representation of $U(\ell)$ with highest weight $\lambda$ is given by

$$
\begin{equation*}
s_{\lambda}\left(z_{1}, \ldots, z_{\ell}\right)=\sum_{T} z_{T(1)} \cdots z_{T(\ell)} \tag{A1}
\end{equation*}
$$

where the sum extends over all semi－standard Young tableaux of shape $\lambda$ with numbers $1, \ldots, \ell$ ，that is，over all fillings of the boxes of the Young diagram $\lambda$ with the numbers $1, \ldots, \ell$ such that they strictly decrease downwards and decrease weakly to the right．

The characters of $\operatorname{Sym}^{2}$ and $\wedge^{2}$ as representations of $U(\ell)$ are

$$
\begin{aligned}
s_{\operatorname{Sym}^{2}}\left(z_{1}, \ldots, z_{\ell}\right) & =\sum_{i \leq j} z_{i} z_{j}, \\
s_{\wedge^{2}}\left(z_{1}, \ldots, z_{\ell}\right) & =\sum_{i<j} z_{i} z_{j} .
\end{aligned}
$$

Reducing the $U(\ell)$ representation，where $\ell=\frac{d(d-1)}{2}$ to a representation of $U(d)$ via its action on $\wedge^{2}$ corresponds to making the replacement $z_{i} \mapsto x_{k} x_{l}$ ，where $1 \leq k<l \leq d$ ． Hence

$$
s_{\operatorname{Sym}^{2}\left(\wedge^{2}\right)}\left(x_{1}, \ldots, x_{d}\right)=s_{\operatorname{Sym}^{2}}\left(x_{1} x_{2}, \ldots, x_{d-1} x_{d}\right)=\sum_{k<l, m<n,(k l) \leq(m n)} x_{k} x_{l} x_{m} x_{n}
$$

The summation can be rewritten as $k<l, m<n, k<m, l \leq n$ or $k<l, m<n, k<$ $m, l>n$ or $k<l, m<n, k=m, l \leq n$ which can be condensed to $k<l, m<n, k \leq$ $m, l \leq n$ or $k<m<n<l$ ，and which results in the decomposition

$$
s_{\operatorname{Sym}^{2}\left(\wedge^{2}\right)}\left(x_{1}, \ldots, x_{d}\right)=s_{\boxplus}\left(x_{1}, \ldots, x_{d}\right)+s_{\boxminus}\left(x_{1}, \ldots, x_{d}\right)
$$

by use of Eq．（A1）．The second character takes the form

$$
s_{\wedge^{2}\left(\wedge^{2}\right)}\left(x_{1}, \ldots, x_{d}\right)=s_{\wedge^{2}}\left(x_{1} x_{2}, \ldots, x_{d-1} x_{d}\right)=\sum_{k<l, m<n,(k l)<(m n)} x_{k} x_{l} x_{m} x_{n}
$$

The summation can be rewritten as $k<l, m<n, k<m$ or $k<l, m<n, k=m, l<n$ which is equivalent to $k<l, k<m<n$ or $k=m, k<l<n$ ．Relabeling in the sec－ ond clause $m \leftrightarrow l$ ，we can combine both clauses to $k \leq l, k<m<n$ ．Hence，we obtain $s_{\wedge^{2}\left(\wedge^{2}\right)}\left(x_{1}, \ldots, x_{d}\right)=\sum_{k \leq l, k<m<n} x_{k} x_{l} x_{m} x_{n}=s_{\boxminus}\left(x_{1}, \ldots, x_{d}\right)$ ，where the lat－ ter equation follows from Eq．（A1）．The lemma follows since the decomposition of the characters is unique and in one－to－one relation with the decomposition of the representa－ tions themselves．The dimensions are computed with help of Weyl＇s dimension formula， Eq．（10）．

Lemma 15．Let $d \geq 3$ ．The projectors onto the subspaces $⿴ 囗 ⿱ 一 一 ;$ ，$\boxplus$ and $\boxminus$ embedded into $\operatorname{Sym}^{2}\left(\wedge^{2}\right)$ and $\wedge^{2}\left(\wedge^{2}\right)$ ，both embedded into $A B A^{\prime} B^{\prime}$ as in Lemma 14 are given by

$$
\begin{align*}
P_{母} & =\frac{1}{24} \sum_{\pi \in S_{4}} \operatorname{sign}(\pi) \pi,  \tag{A2}\\
P_{\boxplus} & =\frac{1}{48}(e-(12))(e-(34))(e+(13))(e+(24))(e-(12))(e-(34)),  \tag{A3}\\
P_{\boxplus} & =\frac{1}{4}(e-(12))(e-(34))-P_{母}-P_{\boxplus}, \tag{A4}
\end{align*}
$$

where the order of the systems is $A B A^{\prime} B^{\prime}$ ．

Proof．All three representations are subrepresentations of $g \mapsto g^{\otimes 4}$ which decomposes， according to Schur－Weyl duality，into irreducible representations in the following way （for $d=3$ ，目 does not appear）：

$$
\mathrm{R} \oplus 3 \boxminus \oplus 2 \boxplus \oplus 3 \boxminus \oplus \oplus \text {. }
$$

The isotypical subspaces can be constructed with help of Young projectors which are proportional to the formula（for $\lambda$ being one of the five irreducible representations）

$$
Q_{\lambda}=\sum_{T} Q_{T}
$$

where the sum goes overall all standard tableaux of shape $\lambda$ with numbers $1, \ldots, 4$ ，and where

$$
Q_{T}=\left(\sum_{\pi \in \mathcal{C}(T)} \operatorname{sign}(\pi) \pi\right)\left(\sum_{\pi \in \mathcal{R}(T)} \pi\right)
$$

is proportional to the projector onto one copy of an irreducible representation with high－

 the guess $T=$| 1 | 3 |
| :--- | :--- |
| 2 | 4 | when we exchange 1 and 2 and also when we exchange 3 and 4 it is contained in $\left(\wedge^{2}\right)^{\otimes 2}$ ． The projector onto $\boxplus$ follows from observing that the projector onto $\left(\wedge^{2}\right)^{\otimes 2}$ is given by $\frac{1}{4}(e-(12))(e-(34))$ and that all three，, ，$\boxplus$ and $巴$ ，have to add to this space．

We define the corresponding quantum states by

$$
\begin{align*}
\rho_{母} & =\frac{24}{d(d-1)(d-2)(d-3)} P_{\boxminus},  \tag{A5}\\
\rho_{\boxplus} & =\frac{12}{(d+1) d^{2}(d-1)} P_{\boxplus},  \tag{A6}\\
\rho_{\boxminus} & =\frac{8}{(d+1) d(d-1)(d-2)} P_{\boxminus} . \tag{A7}
\end{align*}
$$

## Lemma 16.

$$
\vec{t}:=\left(t_{\mathrm{B}}, t_{\boxplus}, t_{\boxplus}\right)=\left(-1, \frac{1}{2}, 0\right),
$$

where $t_{y}=\operatorname{Tr} \tilde{\rho}_{y} F_{A: A^{\prime}}$ and $\tilde{\rho}_{y}=\operatorname{Tr}_{B B^{\prime}} \rho_{y}$ ．Equivalently，we can write

$$
\begin{align*}
& \tilde{\rho}_{\mathrm{Z}}=\alpha,  \tag{A8}\\
& \tilde{\rho}_{\boxplus}=\frac{1}{4} \alpha+\frac{3}{4} \sigma,  \tag{A9}\\
& \tilde{\rho}_{\boxplus}=\frac{1}{2} \alpha+\frac{1}{2} \sigma, \tag{A10}
\end{align*}
$$

where $\sigma$ and $\alpha$ are proportional to the projectors onto the symmetric and antisymmetric subspace，respectively．

Proof．Since all three states commute with the action of $g \otimes g(g \in U(d))$ they are Werner states and thus of the form $p \alpha+(1-p) \sigma$ for $0 \leq p \leq 1$ ．Note that the $p_{i}$ satisfy the equation $1-2 p_{i}=\operatorname{Tr} \tilde{\rho}_{i} F_{A A^{\prime}}=\operatorname{Tr} \rho_{i}\left(F_{A A^{\prime}} \otimes \mathbb{1}_{B B^{\prime}}\right)$ ．

We will now verify the claim state by state：The state $\tilde{\rho}_{\text {相 }}$ is the partial trace over a totally antisymmetric state and thus totally antisymmetric itself，hence $p_{\square}=1$ and thus ${ }^{t}{ }^{1}=-1$ 。

The state $\rho_{\boxplus}$ is the normalisation of the projector

$$
\begin{aligned}
P_{\boxplus}= & \frac{1}{24}(2 e-2(12)-2(34)+(13)+(14)+(23)+(24)+2(12)(34)+2(13)(24) \\
& +2(14)(23)-(123)-(132)-(124)-(142)-(134)-(143)-(234)-(243) \\
& +(1234)+(1243)+(1342)+(1432)-2(1324)-2(1423)) .
\end{aligned}
$$

Multiplying it from the right with the flip operator results in

$$
\begin{aligned}
& P_{\boxplus}\left(F_{A A^{\prime}} \otimes \mathbb{1}_{B B^{\prime}}\right)=P_{\boxplus}(13) \\
&= \frac{1}{24}(2(13)-2(132)-2(142)+e+(134)+(123)+(13)(24)+2(1432)+2(24) \\
& \quad+2(1234)-(23)-(12)-(1324)-(1342)-(14)-(34)-(1423) \\
&\quad-(1243)+(14)(23)+(243)+(142)+(12)(34)-2(124)-2(234)) .
\end{aligned}
$$

We now take the trace of this equation and find，since the trace of a cycle equals $d$ ， $t_{\boxplus}=\operatorname{Tr} \rho_{\boxplus} F_{A A^{\prime}} \otimes \mathbb{1}_{B B^{\prime}}=\frac{1}{2}$ or $p_{\boxplus}=\frac{1}{4}$ ．

Finally，$t_{\nexists}$ is proportional to

$$
\begin{aligned}
\operatorname{Tr} P_{\boxplus}\left(F_{A A^{\prime}} \otimes \mathbb{1}_{B B^{\prime}}\right)= & \left(\frac{d(d-1)}{2}\right)^{2} \operatorname{Tr}\left(\alpha_{A B} \otimes \alpha_{A^{\prime} B^{\prime}}\right)\left(F_{A A^{\prime}} \otimes \mathbb{1}_{B B^{\prime}}\right) \\
& -\operatorname{Tr} P_{\boxminus} F_{A A^{\prime}} \otimes \mathbb{1}_{B B^{\prime}}-\operatorname{Tr} P_{\boxplus} F_{A A^{\prime}} \otimes \mathbb{1}_{B B^{\prime}} \\
= & \left(\frac{d(d-1)}{2}\right)^{2} \frac{d}{d^{2}}-(-1) \frac{d(d-1)(d-2)(d-3)}{24} \\
& -\frac{1}{2} \frac{(d+1) d^{2}(d-1)}{12}=0 .
\end{aligned}
$$

This implies $p_{\boxminus}=\frac{1}{2}$ and concludes the proof．
Next we derive some formulas regarding the partial transposes of the states $\rho_{y}$ ， $y \in\{日, \boxplus, \boxplus\}$ with respect to the $A B: A^{\prime} B^{\prime}$ cut．Due to the partial transpose we have to deal with decomposing tensor products that involve dual representations．In order to be able to continue to use the Young frame notation（rather than the highest weight notation）in this situation，we use $S U(d)$ rather than $U(d)$ ．The action of $S U(d)$ on $\wedge^{d}\left(\mathbf{C}^{d}\right)$ is namely trivial and allows us therefore to add full columns and convert nega－ tive weights into positive ones．For the spaces，this difference is immaterial and therefore of no concern to us．

Lemma 17．The decomposition of the representation $日 \otimes \overline{\bar{B}}$ of $S U(d)$ is given by

$$
\mathrm{\theta} \otimes \overline{\mathrm{~B}} \cong d\left\{\begin{array}{l}
\mathrm{B} \oplus d-1
\end{array} \text { 目 } \oplus d-2\{\text { 田, }\right.
$$

where $\overline{\bar{B}}$ denotes the representation dual to $\square$ ．These irreducible representations have dimensions $1, d^{2}-1$ and $\left(\frac{d(d-1)}{2}\right)^{2}-d^{2}$ ，respectively，and their projections are

$$
\begin{aligned}
\Psi & =\frac{2 d}{d-1}\left(P_{\boxminus} \otimes P_{\boxminus}\right)\left(\Phi_{A A^{\prime}} \otimes \Phi_{B B^{\prime}}\right)\left(P_{\boxminus} \otimes P_{\boxminus}\right) \\
& =|\Psi\rangle\langle\Psi|, \text { for }|\Psi\rangle=\frac{1}{\sqrt{\binom{d}{2}}} \sum_{i<j}\left|\psi_{i j}\right\rangle\left|\psi_{i j}\right\rangle, \\
Q & =\frac{2 d}{d-2}\left(P_{\boxminus} \otimes P_{\boxminus}\right)\left((\mathbb{1}-\Phi)_{A A^{\prime}} \otimes \Phi_{B B^{\prime}}\right)\left(P_{\boxminus} \otimes P_{\boxminus}\right), \\
\mathbb{P} & =P_{\boxminus} \otimes P_{\boxminus}-Q-\Psi .
\end{aligned}
$$

Proof．The abstract decomposition follows from $\overline{\mathrm{B}} \cong \mathrm{d}-2\{$ 目 and from the Littlewood－ Richardson rule that governs the decomposition of tensor products of irreducible repre－ sentations of $S U(d)$（see e．g．［41］）．The dimensions follow from Weyl＇s formula．

For the explicit form of the projectors，we only need to guess the invariant one－dimen－ sional subspace，and one other invariant operator，which are our $\Psi$ and $Q$－since they are orthogonal to each other and have the correct trace，they must be projectors．The third one is then their complement with respect to $P_{\square} \otimes P_{\square}$ ．

Lemma 18．For $\Psi$ and $Q$ as in Lemma 17，

$$
\operatorname{Tr} \rho_{\boxminus}^{\Gamma} \Psi=\frac{2}{d(d-1)}, \quad \operatorname{Tr} \rho_{\boxplus}^{\Gamma} \Psi=\frac{2}{d(d-1)}, \quad \operatorname{Tr} \rho_{巴}^{\Gamma} \Psi=-\frac{2}{d(d-1)},
$$

and

$$
\operatorname{Tr} \rho_{\boxminus}^{\Gamma} Q=-\frac{2(d+1)}{d(d-2)}, \quad \operatorname{Tr} \rho_{\boxplus}^{\Gamma} Q=\frac{1}{d}, \quad \operatorname{Tr} \rho_{\boxminus}^{\Gamma} Q=-\frac{2}{d(d-2)}
$$

（Then the expectations of $\mathbb{P}$ are determined by $\operatorname{Tr} \rho_{y}^{\Gamma} \mathbb{P}=1-\operatorname{Tr} \rho_{y}^{\Gamma} \Psi-\operatorname{Tr} \rho_{y}^{\Gamma}$ Q．）
Proof．For the expectations of $\Psi$ ，note that

$$
\begin{aligned}
\operatorname{Tr} \rho_{y}^{\Gamma} \Psi & =\frac{2 d}{d-1} \operatorname{Tr} \rho_{y}^{\Gamma}\left(\Phi_{A A^{\prime}} \otimes \Phi_{B B^{\prime}}\right) \\
& =\frac{2 d}{d-1} \frac{1}{d^{2}} \operatorname{Tr} \rho_{y}\left(F_{A A^{\prime}} \otimes F_{B B^{\prime}}\right)
\end{aligned}
$$

since $\Phi^{\Gamma}=\frac{1}{d} F$ ．From the symmetries of the irreducible representations we know that $\operatorname{Tr} \rho_{\text {目 }}\left(F_{A A^{\prime}} \otimes F_{B B^{\prime}}\right)=\operatorname{Tr} \rho_{\boxplus}\left(F_{A A^{\prime}} \otimes F_{B B^{\prime}}\right)=1$ and $\operatorname{Tr} \rho_{\boxminus}\left(F_{A A^{\prime}} \otimes F_{B B^{\prime}}\right)=-1$ ．

For $Q$, we proceed similarly:

$$
\begin{aligned}
\operatorname{Tr} \rho_{y}^{\Gamma} Q & =\frac{2 d}{d-2} \operatorname{Tr} \rho_{y}^{\Gamma}\left((\mathbb{1}-\Phi)_{A A^{\prime}} \otimes \Phi_{B B^{\prime}}\right) \\
& =\frac{2 d}{d-2} \operatorname{Tr} \rho_{y}\left(\left(\mathbb{1}-\frac{1}{d} F_{A A^{\prime}}\right) \otimes \frac{1}{d} F_{B B^{\prime}}\right) \\
& =\frac{2}{d-2} \operatorname{Tr} \tilde{\rho}_{y} F_{B B^{\prime}}-\frac{2}{d(d-2)} \operatorname{Tr} \rho_{y}\left(F_{A A^{\prime}} \otimes F_{B B^{\prime}}\right),
\end{aligned}
$$

where we have used the partial traces $\tilde{\rho}_{y}=\operatorname{Tr}_{A A^{\prime}} \rho_{y}$ from Lemma 16. The same lemma and the symmetries of the $\rho_{y}$ already used above yield the claimed values.

## Appendix B. The Linear Programme

Here we record some observations on the linear programming relaxation studied in Sect. 4.
The cases of $n=1,2,4, \ldots, 12$. For $n=1$ the linear programme is nearly trivial, and indeed it can be seen almost immediately that the optimal solution is $p_{母}=0, p_{\boxplus}=1$, giving a value of $1 / 2$ for the objective function.

For $n=2$, the objective function is given by

$$
\vec{t}^{\otimes 2}=\left[1,-\frac{1}{2},-\frac{1}{2}, \frac{1}{4}\right],
$$

while the constraint matrix is

$$
T^{\otimes 2}=\left[\begin{array}{rrrr}
1 & 1 & 1 & 1 \\
-2 & 1 & -2 & 1 \\
-2 & -2 & 1 & 1 \\
4 & -2 & -2 & 1
\end{array}\right]
$$

From this it becomes clear by inspection of the LP that the optimal vector has the form $\vec{p}=[x, 0,0,1-x]^{\top}$, leaving as the only nontrivial constraint, apart from $0 \leq x \leq 1$, that $-2 x+(1-x) \geq 0$. Consequently, the optimal solution is $x=1 / 3$, yielding a maximum value of $1 / 2$ of the objective function. I.e., our method cannot give anything better than $E_{C}\left(\alpha_{d}\right) \geq 0.5$ For $n=4$, one can confirm (using a computer) that the optimal value is $1 / 4$; for $n=6$ it is $1 / 7$, and for $n=8, n=10$ and $n=12$, one finds optimal values $\frac{5}{66} \approx 0.075757, \frac{12}{283} \approx 0.0424023$ and $\frac{26}{1119} \approx 0.023235$. The latter shows that the best lower bound obtainable with the present method cannot be better than $E_{C}\left(\alpha_{d}\right) \geq \frac{1}{12} \log _{2} \frac{1119}{26} \approx 0.452$.

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Communicated by M. B. Ruskai

