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## Failure of voriconazole to cure disseminated zygomycosis in an immunocompromised child

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**Abstract** Voriconazole is increasingly used as a first-line agent for empirical antifungal therapy of prolonged febrile neutropenia in paediatric cancer patients. We describe the case of a 9-year-old patient with stage IV Burkitt lymphoma, who developed pulmonary and splenic zygomycosis while receiving voriconazole for persistent febrile neutropenia. The causative agent, *Absidia corymbifera*, was identified by broad-range fungal PCR in a lung biopsy sample. The patient was successfully treated with a combination of partial resection of the left upper lobe and antifungal therapy with high-dose liposomal amphotericin B followed by oral itraconazole as demonstrated by resolving pulmonary infiltrates on serial high resolution CT scans. **Conclusion:** This case emphasises that the lack of in vitro activity of voriconazole against zygomycetes is clinically relevant. Failure of voriconazole in suspected fungal infection should be investigated for the possibility of zygomycosis. Broad-range polymerase chain reaction may be able to identify the causative organism when cultures remain sterile.

**Keywords** *Absidia corymbifera* · Broad-range polymerase chain reaction · *Mucor* · Voriconazole · Zygomycosis

**Abbreviations** BAL: bronchoalveolar lavage · HRCT: high-resolution computed tomography · PET: positron emission tomography

### Introduction

Febrile neutropenia is a common complication of chemotherapy in paediatric cancer patients. Standard management consists of broad-spectrum antibacterial therapy [7] and, if fever and neutropenia persist for more than 5 to 7 days, of antifungal therapy [7]. This strategy is based on the high risk of invasive fungal disease in prolonged febrile neutropenia, poor sensitivity of diagnostic procedures, and high case-fatality rate [6]. Amphotericin B has almost always been the drug of choice for empirical antifungal therapy; however, the disadvantages of conventional amphotericin B (infusion-related adverse events, nephrotoxicity, poor oral bioavailability) led to the development of new broad-spectrum antifungal agents, which include lipid formulations of amphotericin B, the echinocandins and new triazoles. Among the latter, voriconazole is of particular interest. Clinical trials in adults indicated comparable efficacy and a lower rate of adverse events in comparison with liposomal amphotericin B in neutropenia and persistent fever [17]. In addition, voriconazole can be administered orally. It is thus an attractive alternative to amphotericin B for empirical antifungal therapy in children, although no comparative trials have been conducted in this age group, and the clinical relevance of genetically determined variation of voriconazole metabolism has not been clarified [16]. Another potential disadvantage is the lack of antifungal activity against zygomycetes. Indeed, breakthrough

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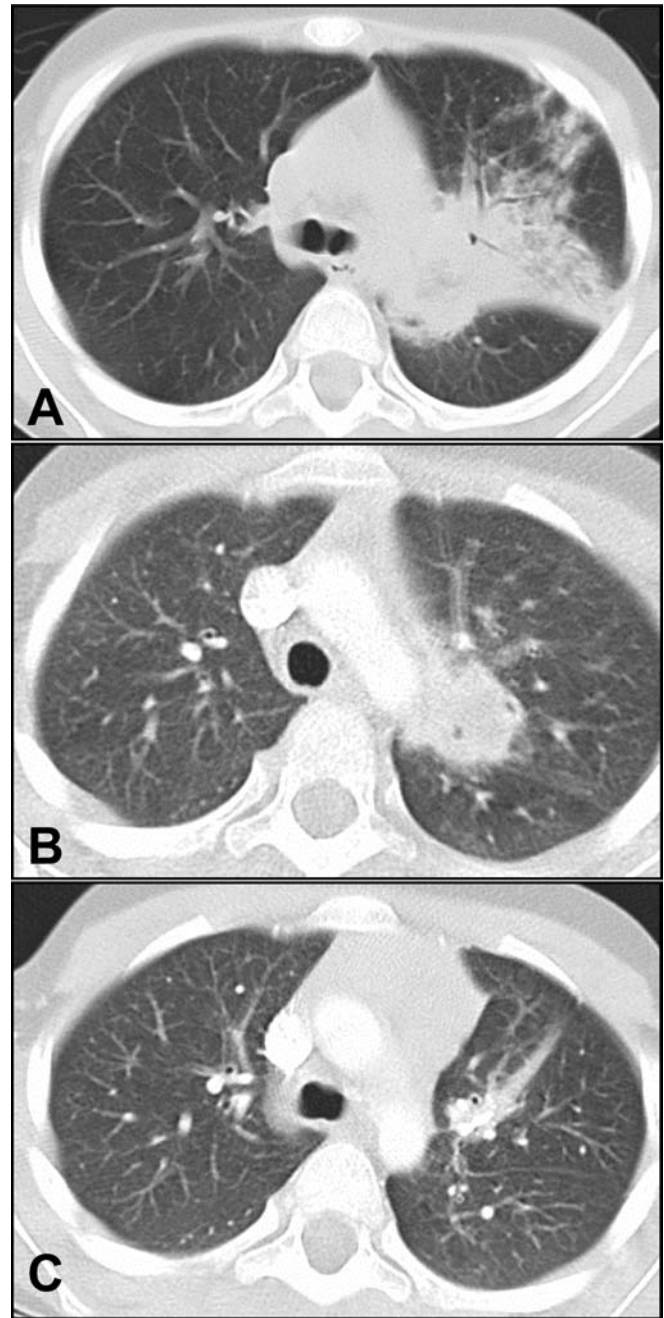
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zygomycoses have recently been reported in adults receiving voriconazole [2, 10, 12]. This is the first report of voriconazole failure in a child with disseminated zygomycosis.

### Case report

A 9-year-old girl with stage IV Burkitt lymphoma diagnosed 5 months earlier developed fever after the last course of chemotherapy with methotrexate, cytarabine and dexamethasone (10 mg/m<sup>2</sup> per day for 5 days). On physical examination, temperature was 40.2°C, heart rate was 100 bpm, blood pressure was 100/60 mmHg, and O<sub>2</sub> saturation was 96%. There was a small skin papule at a former venipuncture site on the dorsum of the right hand. No other source of fever was found. Laboratory evaluation revealed a WBC of  $0.1 \times 10^9/l$ , a platelet count of  $11 \times 10^9/l$ , and a CRP level of 26 mg/l. At that time, she had been severely neutropenic (WBC  $< 0.5 \times 10^9/l$ ) for 17 days. Empirical therapy with cefepime and amikacin was started. Routine blood cultures grew *Enterobacter cloacae* and  $\alpha$ -haemolytic streptococci. On day 6 of persistent fever, the WBC was  $0.3 \times 10^9/l$ , the platelet count was  $30 \times 10^9/l$ , and the CRP level had risen to 158 mg/l. A chest X-ray film showed a parenchymal consolidation in the left upper lobe suggestive of pneumonia and one of two blood cultures grew coagulase-negative staphylococci. Since these blood cultures were drawn from a central line and growth was reported after 60 h of incubation only, contamination was assumed. Nevertheless, antimicrobial therapy was changed to vancomycin, meropenem and clarithromycin. PCR for *Mycoplasma pneumoniae* from a nasopharyngeal aspirate and urinary *Legionella pneumophila* serotype 1 antigen test were negative. On day 10 of persistent fever, intravenous voriconazole (6 mg/kg per dose every 12 h on day 1 and 4 mg/kg every 12 h thereafter) was added to the regimen. High-resolution computed tomography (HRCT) confirmed the presence of a consolidation in the left upper lobe (Fig. 1A), but failed to show a cavitory lesion, a “halo” sign or an “air-crescent” sign. Sonography of the abdomen was normal. On day 13, the WBC count rose to  $4.4 \times 10^9/l$  (neutrophils  $2.2 \times 10^9/l$ ) and the CRP was 175 mg/l. Serum galactomannan assays (Platelia Aspergillus, Bio-Rad) were negative on days 12, 18 and 24. On day 17, vancomycin and clarithromycin were discontinued. On day 19, the patient became afebrile and a HRCT scan demonstrated a decreased size of the consolidation. On discharge (day 26), the WBC was  $6.8 \times 10^9/l$  (neutrophils  $5.8 \times 10^9/l$ ) and the CRP level was 20 mg/l. Voriconazole was continued orally for 4 weeks (until day 52). On day 36, post-chemotherapy evaluation demonstrated a small, persistent pulmonary lesion in the left upper lobe by HRCT. Positron emission tomography (PET) revealed a focal splenic lesion, which was confirmed by a repeat PET scan on day 52. Open spleen biopsy on day 61 showed granulomatous inflammation



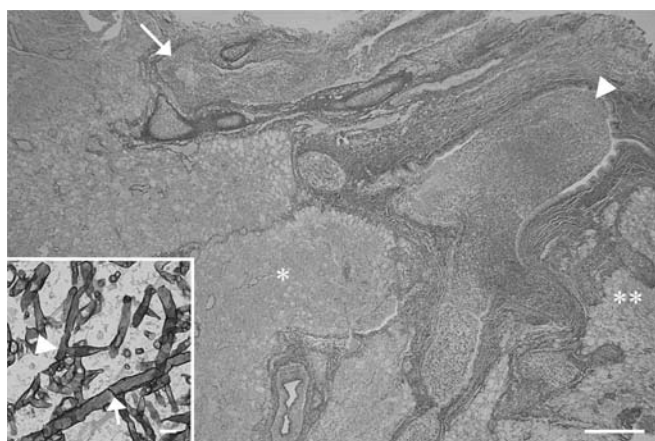
**Fig. 1** HRCT of the lung. **A** Extensive left upper lobe infiltration on day 10. **B** A left hilar pulmonary abscess with inclusions of air (day 76). **C** Follow-up HRCT performed on day 110 shows residual changes following partial left upper lobe resection on day 81

with fungal elements. Hyphal morphology suggested zygomycosis. Fungal cultures remained negative. Liposomal amphotericin B (Ambisome) was started at 3 mg/kg per day on day 66 and increased to 10 mg/kg per day on day 77. On day 76, an episode of haemoptysis occurred. HRCT showed a parenchymal abscess of 3 cm in diameter adjacent to the left hilum (Fig. 1B) and bronchoscopy revealed a 3 mm, round, ulcerated plaque in the left upper lobe bronchus. Bronchoalveolar lavage

(BAL) fungal cultures remained negative. Partial left upper lobe resection was performed on day 81. Zygomycosis was confirmed on a pulmonary biopsy specimen by histology (Fig. 2) and by broad-range fungal PCR targeting the 28S rRNA gene performed on DNA extracted from the embedded tissue. DNA sequencing of the amplified 28S rRNA fragment identified *Absidia corymbifera*. Fungal culture was negative. Follow-up HRCT and PET (both on day 92, 110 and 173) showed a gradually resolving pulmonary infiltrate (Fig. 1C) and persistent splenomegaly without focal lesions. On day 111, antifungal therapy was changed to oral cyclodextrine-itraconazole (5 mg/kg once daily) for an additional 4 months.

## Discussion

We describe the case of an immunocompromised child with disseminated *A. corymbifera* infection during empirical voriconazole treatment for prolonged febrile neutropenia. Recovery of two bacterial pathogens from blood cultures and early clinical improvement during treatment with antibacterial agents and voriconazole suggested that the initial pulmonary infiltrate was caused by a bacterial pathogen or a fungus susceptible to voriconazole (e.g. *Aspergillus spp.*), and that subsequent zygomycosis was a true breakthrough infection. Alternatively, occult zygomycosis could have been present from the beginning and temporary clinical improvement the result of concomitant bone marrow recovery. The term “breakthrough” infection is also applicable to this scenario [1]. Irrespective of the sequence of events, standard dose voriconazole failed to either treat or prevent *A. corymbifera* infection in this patient.



**Fig. 2** The lumen of a bronchus (arrow) and the corresponding pulmonary artery (arrowhead) are occluded by loose aggregates of hyphae, visible in the insert. To the left of the pulmonary artery, the alveolar scaffold (asterisk) is less well delineated than to its right (double asterisk), corresponding to a necrotic area (silver methenamine stain, bar = 1000µm). Insert: note the irregular diameter, the rare septa (arrow) and the nearly rectangular branching (arrowhead) of the thin-walled hyphae (silver methenamine stain, bar = 10 µm)

Voriconazole demonstrates broad-spectrum antifungal activity in vitro. Zygomycetes, however, are mostly resistant [8]. Limited clinical evidence in adults indicates that voriconazole may also be ineffective against zygomycetes in vivo. As mentioned above, voriconazole and liposomal amphotericin B were compared in a recent multicentre trial of antifungal therapy in febrile neutropenia in adults [17]. Breakthrough invasive fungal infections occurred significantly less frequently in the voriconazole group, but there were two cases of zygomycosis in the voriconazole group and none in the liposomal amphotericin B group. Overall, voriconazole failed to demonstrate statistical equivalence to liposomal amphotericin B. Consequently, voriconazole was not approved by the United States Food and Drug Administration for empirical therapy of persistent fever during neutropenia. Failure of intravenous voriconazole in zygomycosis caused by *Cunninghamella bertholletiae* had previously been described in a 33-year-old male with acute myeloblastic leukaemia [12]. More recently, four cases of breakthrough zygomycosis in adult patients with allogeneic haematopoietic stem-cell transplants, who received voriconazole either as prophylaxis or empirical treatment, were reported from a single institution in the United States where zygomycoses were rarely seen before the advent of voriconazole [10]. A similar cluster of four cases of zygomycoses was reported from a transplant unit in France [2].

Here we report the first case of zygomycosis being diagnosed during voriconazole treatment in a child. The responsible organism, the ubiquitous mould *A. corymbifera*, has occasionally been implicated as a pathogen in immunocompromised children (Table 1). The reported locations of *A. corymbifera* infection in these cases were the nose, sinuses and skin. All patients were treated with conventional (1 mg/kg per day) or liposomal (1–15 mg/kg per day) amphotericin B. Two of five patients died, although death was attributable to *A. corymbifera* infection in one patient only. These cases are unlikely to reflect the entire spectrum of invasive *A. corymbifera* infection in children because fungal culture is insensitive for detection of zygomycetes in tissue specimens and BAL fluid. It is thus likely that many cases remain undiagnosed. The present case emphasises that nucleic acid detection methods such as pathogen-specific and broad-range fungal PCR followed by DNA sequencing of the amplified fragment may be useful tools for diagnosing zygomycoses. Documentation of *A. corymbifera* infection in our patient provided the rationale for continuing high-dose liposomal amphotericin B and offered the opportunity for switching to oral itraconazole, which exhibits in vitro activity against this particular organism [3, 8]. Posaconazole would have been an alternative. This investigational azole has excellent in vitro activity against most zygomycetes including *Rhizopus spp.* [3], and both experimental [4] and anecdotal clinical evidence [14] suggest efficacy in vivo. No dosage recommendations are currently available for children.

**Table 1** Reports of *Absidia corymbifera* infections in immunocompromised children. (ALL acute lymphoblastic leukaemia, AMB conventional amphotericin, AML acute myeloblastic leukaemia, BMT allogeneic bone marrow transplant, L-AMB, liposomal amphotericin B)

Age (years)	Underlying disease	Location of infection	Start of antifungal therapy <sup>a</sup>	Antifungal regimen	Outcome	Reference
3	ALL, induction	Maxillary and ethmoid sinuses	Day 4	AMB (1 mg/kg/day) followed by L-AMB (3 mg/kg/day) for 262 days L-AMB (4 mg/kg/day) for 10 days	Survived (follow-up, 30 months)	[5]
12	Aplastic anaemia, BMT	Skin	Day 7	L-AMB (10 mg/kg/day) for 56 days L-AMB (3–10 mg/kg/day) for 7 days AMB (1 mg/kg/day) followed by L-AMB (6 mg/kg/day) for 31 days	Survived (follow-up, 8 months) Died from leukaemia Died on day 13 Survived (follow-up, 10 months)	[9] [11] [13] [15]

<sup>a</sup>Day 1 is the first day of fever or appearance of local signs subsequently shown to be the focus of zygomycosis

Voriconazole is an attractive agent for empirical antifungal therapy. This case, however, demonstrates that its lack of activity against zygomycetes is clinically relevant not only in adults, but also in children. Moreover, the case emphasises that aggressive diagnostic measures (e.g. BAL and tissue biopsy) for identification of a causative organism remain critical in prolonged febrile neutropenia with a pulmonary infiltrate, even if the obvious advantages of voriconazole encourage its empirical use. Finally, the case illustrates that cases of clinical failure of voriconazole should be investigated thoroughly for the possibility of zygomycosis, ideally by applying broad-range fungal PCR in culture-negative patients.

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